

# Glossary

## A

**abenida** avenue  
**aklatan** library  
**aba** exclamation of surprise or wonder; so!  
**abay** wedding sponsor  
**abiso** notice  
**abot-tenga ang ngiti** smiling from ear to ear  
**abuhin** salt and pepper [refers to hair]  
**agila** eagle  
**aksiyon** action  
**alagad ng batas** literally, officers of law; refers to police officers  
**alak** wine  
**alalahanin** remember  
**ale/aleng** used to address an older woman  
**alika bok** dust  
**alimango** crab  
**alipin** slave  
**alon** wave  
**alon-alon** wavy  
**alta presyon** high blood pressure  
**ama** father  
**ama-amahan** one who acts like a father to you  
**amain** stepfather  
**ambag** contribute  
**amihan** northeast wind  
**anak** child  
**anak na babae** daughter (literally, child that is a woman/girl)  
**anak na lalaki** son (literally, child that is a boy/man)  
**Ang ganda ganda!** So beautiful!  
**ang mabuti ho siguro** perhaps it would be good if...  
**ang nakapatay** the person who killed [the victim]  
**Ang saya saya!** So happy!  
**anghitin** stinky

**anino** shadow  
**anino ng pagkalunos** literally, shadow of despair; desperation  
**aniya** according to him/her  
**ano** what  
**ano-ano** what  
**antukin** always sleepy  
**apelyido** last name/family name  
**apo** grandchild  
**apo sa talampakan** great-great-grandchild  
**apo sa tuhod** great grandchild  
**araw at gabi** day and night  
**araw-araw** everyday  
**Arayat** a mountain in Luzon  
**arkitektura** architecture  
**armado** armed  
**artista** actor  
**asawa** husband or wife  
**asin** salt  
**at** and  
**atake sa puso** heart attack  
**atay** liver  
**ate** elder sister  
**awtor** author  
**ayaw umandar** would not work or start

## B

**baba** chin  
**babae** woman  
**babalutin** will wrap  
**baboy** pork/pig  
**bago** before  
**bago** new  
**bago magluto** before cooking  
**bagong huli** freshly caught  
**bagoong** fermented fish or shrimp  
**bagyo** storm  
**baha** floods  
**bahay kubo** house made of bamboo and **nipa**  
**bahay na bato** stone house; architectural style during the Spanish colonial period  
**bahura** coral reef  
**bakante** vacant  
**bakanteng lote** vacant lot  
**bakas** traces  
**bakas na bakas** can be seen  
**bakasyunan** vacation house  
**bakla** gay man  
**balak** plan/intention  
**balak mong lutuin** plan to cook  
**balakang** hips  
**balangkas** outline  
**balatan** peel  
**balat-sibuyas** sensitive; easily hurt  
**baligtarin** turn  
**balikan** return  
**balikat** shoulder  
**balingkinitan** has a small waist  
**balutin** wrap  
**banal** sacred  
**bandang** around  
**bandera** flag  
**bango** fragrant  
**banta** threat  
**baon** money/food one brings from home  
**bara-bara** made without care  
**barangay** smallest political unit in Philippine society  
**barongbarong** shanties  
**baso** glass  
**basta't** as long as  
**Batas Militar** Martial Law  
**batayan** basis  
**batayang mga bilihan** basic commodities  
**batihin** beat  
**batuta** truncheon  
**bawal** forbidden  
**bawang** garlic  
**bawat** each  
 **bayan** town/country/people

**baywang** waist  
**belo** veil  
**bibig** mouth  
**bibisita** will visit  
**bida** hero/heroine/  
 protagonist  
**bigas** uncooked rice  
**bigat** heaviness  
**bigla** suddenly  
**biglang-bigla** suddenly  
**bihira** rarely  
**bilang** two meanings:  
 “number” and “as a”  
**bilang ng kuwarto** number  
 of rooms/bedrooms; note  
 that **kuwarto** can mean “a  
 room” or “a bedroom”  
**bilasa** putrescent/decaying/  
 not fresh  
**bilis** speed/fast  
**bilugan** round  
**bilugan ang mukha** round-  
 faced  
**binabalak** planning  
**binabasahan** to read to  
 someone  
**binabati** congratulate  
**Binabati kita sa iyong**  
**kasal.** I congratulate you  
 on your wedding.  
**Binabati kita sa iyong**  
**pagtatapos.** I congratulate  
 you on your graduation.  
**Binabati kita!**  
 Congratulations!  
**binalaan** warned  
**binata** single man  
**binatikos** criticized  
**binatilyo** young single man  
 (early teens)  
**binhi** seedling  
**binti** leg  
**binubugbog** being beaten  
 up  
**binubulaga** used metapho-  
 rically; surprised by  
**binubungkal** being  
 cultivated  
**Birheng Maria** Virgin  
 Mary  
**bisikleta** bicycle  
**bituka** intestines  
**biyahe** trip  
**Biyernes Santo** Good

Friday  
**bolo** native knife  
**botika** drugstore  
**braso** arms  
**bubong** roof  
**budburan** sprinkle  
**bugaw** pimp  
**buhay** living/alive  
**buhok** hair  
**bukal ng lakas** literally,  
 wellspring of strength;  
 source of strength  
**bukod-tangi** unique  
**bukongbukong** ankle  
**bulalo** beef soup made using  
 bones with marrow  
**bulsa** pocket  
**bumaba** get off  
**bumabangon** gets up  
**bumagsak** fell  
**bumalandra** laid across  
**bumati** greeted  
**bumibili** buying  
**bumula** become frothy  
**bunganga** mouth  
**bungang-araw** prickly heat  
**bunso** youngest child  
**buod** summary  
**buong araw** all day  
**buong buwan** all month  
**buong gabi** all night  
**buong linggo** all week  
**buong mag-anak** the whole  
 family  
**buong pangalan** full name  
**buong taon** full year  
**buong umaga** all morning  
**bus** bus  
**butlig** cyst-like growth on  
 the skin  
**buwanang hulugan**  
 monthly payments  
**buwan-buwan** every month  
**buwis** tax

## C

**chamorado** rice soup with  
 chocolate

## D

**dagat** ocean  
**dagdagan** add  
**dahan-dahan** slowly  
**dahil** because  
**dahil sa/sapagkat** because  
**dahilan** because  
**dahon ng saging** banana  
 leaves  
**daigdig** world  
**dala-dala** being carried  
**dalaga** single woman  
**dalagita** young single  
 woman (early teens)  
**dalawang beses isang araw**  
 twice a day  
**daliri** finger  
**daliri sa paa** toe  
**daloy** flow  
**dambuhala** huge  
**dapat** should  
**dati** former  
**dekada** decade  
**de-lata** canned  
**detenidong politikal**  
 political detainees  
**de-uling** uses charcoal  
**dibdib** chest  
**dibuho** drawing  
**digmaang bayan** people’s  
 war  
**dikdikin** pound  
**di-makabasag pinggan**  
 prim and proper; fragile  
 looking  
**dinumog** was flocked  
**diputado** congressman/  
 congresswoman; also  
 deputy  
**direktor** director  
**disenyo** design  
**diskuwento** discount  
**diyabetes** diabetes  
**doon na nga lamang** then...  
 just there  
**dos siyentos** two hundred  
**dumaraing** complains  
**dumiretso** go straight  
**dumiskarte** devise a way  
**dumulog** appealed  
**duwag** cowardly  
**dyipni** jeepney

## E

**edad** age  
**eksperimental** experimental  
**ekspresyonistiko** expressionistic  
**elementarya** elementary  
**embahada** embassy  
**engkuwentro** encounter  
**ensalada** salad  
**eskinita** alley  
**eskuwelahan** school  
**estasyon ng pulis** police station  
**estatwa** statue  
**etnisidad** ethnicity

## G

**gaano kahaba** how long  
**gaano kalayo** how far  
**gaano katagal** how long  
**galaw** movement  
**gawa ng** because  
**gayatin** dice/ shred  
**gilagid** gums  
**gilid** side  
**giniling na karne** ground meat  
**ginugunita** remembering  
**girian** facing off  
**gisa** sauté  
**gisado** sautéed dish  
**giting** valor  
**gradwadong pag-aaral** graduate school  
**gramo** gram  
**gula-gulanit** torn  
**gulay** vegetables  
**gulo** commotion  
**gumawa** made  
**gumigising** wakes up  
**gusto** likes/wants  
**gutom** hunger

## H

**haba** length  
**habagat** south wind  
**habang** while

**habang buhay**  
**habambuhay** forever  
**hakbang** steps  
**halamang gamot** medicinal plants  
**halang ang bituka** a person with no moral compass  
**haluin** mix  
**hanay** ranks  
**hanggang sa balikat** shoulder-length  
**hanggang sa puwet** reaching up to one's backside [refers to hair]  
**hanggang sa/hangga't** until  
**hangin** wind/air  
**hanguin mula sa tubig** remove from water/liquid  
**hanguin mula sa kawali** remove from the pan  
**harap/harapan** in front of  
**higop** gulp  
**hihimitayin** will faint  
**hika** asthma  
**himagsikan** revolution  
**himayin** to dissect; analyze; also used to mean "to break up in small pieces"  
**hinahambalos** pummeling  
**hinambalos** hit with extreme force; usually right and left with a stick  
**hinarang** blocked  
**hinatak/hinila** pulled  
**hindi** no  
**hindi inaasahan** not expected  
**hindi kaaya-aya** unpleasant  
**hindi kagandahan** not too beautiful  
**hindi kailanman** never  
**hindi kalakihan** not too big  
**hindi maidudulot** cannot be given  
**hindi makahinga** cannot breathe  
**hindi matanggihan** could not refuse  
**hindi matatawaran** literally, cannot be discounted; means "exemplary"

**hindi mo masisisi** cannot be blamed  
**hindi na maabot** cannot be reached  
**hindi namamalayan** without noticing; have not been noticing  
**hindi pa nakarating** reach  
**hindi pagtanggap** not accepting  
**hiniling** requested  
**hinimatay** fainted  
**hinimay** flaked  
**hinlalaki** thumb  
**hintuturo** index finger  
**hipon** shrimp  
**hita** thigh  
**hiwa** cut  
**hiwa ng baboy** cut of pork  
**hiwain** cut/slice  
**hiwain nang pahaba** slice lengthwise  
**hugis-puso** heart-shaped  
**hukbo** army  
**hulugan** periodic payments  
**humaharap** facing  
**humangos** rushed  
**humapon** perched  
**humikab** yawned  
**humuhugot** draws from  
**huni** chirping  
**hurno** oven  
**huwag** do not

## I

**ibaba** down  
**ibabad** marinate  
**ibabaw** above  
**ibon** bird  
**ibuhos** pour  
**idinaos** was held  
**igiit** insist  
**iginapos** tied  
**iginigiit** insists on  
**igisa** sauté  
**ihain** serve  
**ihawin** grill  
**ikinalulugod** makes me pleased  
**ikinalalungkot** makes me sad

**ikinasa** was started  
**ilagay** put  
**ilagay sa cast** put in a cast  
**ilalim** below  
**ilang isyu** certain issues  
**iling** shaking of the head  
**ilong** nose  
**ilubog** immerse  
**impeksiyon** infection  
**ina** mother  
**inaanak** godchild  
**inahin** stepmother  
**ina-inahan** one who acts like a mother to you  
**inanod** was carried by the flow of water  
**inihagis** was thrown  
**inihanda** prepared  
**inihaw** grilled dish  
**iniibig** loves; used only for the “beloved” or the country  
**iniirog** loves/adores  
**iniisip** thinking  
**iniligtas** saved  
**inirarasyon** rationed  
**interesante** interesting  
**inumín** [accent on the second syllable] drink  
**ipaabot** tell; literally, reach  
**ipapahanda/ipahahanda** to ask someone to prepare something  
**ipapaluto** will ask [someone] to cook  
**ipinagkaloob na pangalan** given name/first name  
**ipinagkaroon** reason for obtaining  
**ipinaglilinis** to clean for someone  
**ipinagluluto** to cook for someone  
**ipinagmamalaki** boasts of  
**ipinagpaplantsa** to iron for someone  
**ipinagsasaing** to cook rice for someone  
**ipinagtanggol** defended  
**ipinalabas** performed  
**ipinanganak** was born  
**ipinapasyal** to take someone around  
**iprito** fry

**isang beses isang araw** once a day  
**isip** mind  
**iskultor** sculptor  
**iskultura** sculpture  
**isda** fish  
**isla** island  
**istorya** story  
**itaas up**  
**itatayo** will be built  
**itik** duck  
**itim** black  
**itinalaga** assigned/established  
**itinatag** formed  
**itsura** looks like  
**iwan** leave  
**iwasan** avoid

## K

**kaagad** at once  
**Kaano-ano mo si...** What is your relation to...  
**kabado** nervous  
**kabataan** youth  
**kabayanihan** heroism  
**kabisera** town center  
**kabiyak** husband or wife  
**kapit-bisig** linked arms  
**kagila-gilalas** amazing  
**kagubatan** forest  
**kagyat** immediate  
**kahalagahan** importance  
**kahihintay** waiting  
**kahoy** wood  
**kahoy na pamalo** wood used to hit something/someone  
**kailangan** need  
**Kailangan kong ihanda** I need to prepare...  
**Kailan kong ipaghanda** I need to prepare [something for someone]  
**kailangang tahiin** has to be sewn  
**kakapit-kuwarte** adjacent room  
**kakayanan** ability  
**kakulangan** lack of  
**kalahok** participant  
**kalakaran** usual ways  
**kalamnan** muscles  
**kalan** stove  
**kalbo** bald  
**kaldero** pot  
**kalesa** horse-drawn carriage  
**kaligtasan** safety  
**kalingkingan** little finger  
**kalye** street  
**kamag-anak** relative  
**kamanyang** incense  
**kamatis** tomato  
**kamay** hands  
**kampana** bells  
**kangkong** water spinach  
**kanin** cooked rice  
**kanser** cancer  
**kantidad** quantity  
**kanto** corner; also used when referring to “blocks”  
**kapag** if, when  
**kung** if, when  
**kapakanan** welfare; benefit  
**kapal** thickness  
**kapamilya** of the same family  
**kapanganakan** date of birth  
**kapangyarihan** power  
 **kapatid** sibling  
 **kapatid na babae/lalaki** sister/brother  
**karamelo** caramel  
**karangalan** honor/award  
**Karapat-dapat ka talaga!** You are well deserving!  
**karatula** sign  
**kasaganaan** prosperity  
**kasama** comrade; literally, companion  
**kasamahan** companion  
**kasambahay** domestic worker  
**kasarian** gender  
**kasaysayan** history  
**kasi** because  
**kasunduan** agreement  
**katamtaman** medium build; neither big nor small  
**katamtaman ang taas** average height  
**katapatan** trustworthiness; loyalty  
**katas** juice  
**katotohanan** truth

**katutubo** indigenous  
**katutubong pamumuhay**  
 indigenous way of life  
**katuwang** assisted by  
**katuwiran** reason  
**kaukulan** appropriate  
**kawalan** nothingness  
**kawali** pan/wok-like frying pan  
**Kawawa!/Kawawa ka naman!** Poor you! [=I feel bad for you!]  
**kawayan** bamboo  
**kaya** and so/therefore/since  
**kayumanggi/kulay kape**  
 brown-skinned  
**kilawin** method of preparing raw food, usually fish, using vinegar  
**kilay** eyebrow  
**kilo** kilogram  
**kinagisanan** grew up with; literally, woke up to  
**kinaladkad** was dragged  
**kinatawan** representative  
**kinatay** killed and butchered  
**kintsay** celery  
**kinukuha** getting/taking  
**kobre kama** bed sheets; bed covers  
**kolehiyo** college  
**komedi** comedy  
**komposisyon** composition  
**kompositor** composer  
**kontrabida** antagonist  
**koreograpiya** choreography  
**koreograpo** choreographer  
**koryente** electricity  
**kotse** car  
**kubling kuwarta** concealed rooms  
**kudkurin/kayurin** grate  
**kuko** fingernail  
**kulay mais** blonde [refers to hair]  
**kulay tsokolate** brown  
**kulot** curly  
**kulangan** prison  
**kumakain** eats  
**kumalabog** made a sound  
**kumaliwa** turn left  
**kumanan** turn right  
**kung** if/when

**kung ganoon ho...** if that is so...  
**kung kinakailangan** as needed  
**kung sakali** in case  
**kung sakali man** in case  
**kura** parish  
**kuro-kuro** opinion  
**kusinera** female cook  
**kusinero** male cook  
**kutsara** spoon  
**kutsarita** teaspoon  
**kutsilyo** knife  
**kuwadrado** square-shaped  
**Kuwaresma** Lent  
**kuwentista** fictionist

## L

**labag sa konstitusyon**  
 violates the constitution  
**lagi** always  
**lagnat** fever  
**lagyan ng benda** put a bandage  
**lahi** race  
**lalaki** man  
**lalawigan** province  
**laman** contents; also used to mean “flesh” or “meat”  
**lamang-tiyan** literally, stomach contents; means one only has enough food to get by  
**lamok** mosquito  
**lang** just  
**langit** sky  
**lapad** width  
**lapu-lapu** grouper  
**larawan** painting/photographs  
**lasing** to be drunk  
**lasong asul** blue ribbon  
**lawin** hawk  
**lawiswis** swishing sound made by bamboo  
**lechong kawali** pan-fried pork with crispy skin  
**leeg** neck  
**lesbiana** lesbian  
**libog** desire  
**liham** letter  
**likod** at the back

**lindol** earthquake  
**linggo-linggo** every week  
**litson/lechon** roasted whole pig known for its crispy skin  
**liwayway** daybreak  
**lola** grandmother  
**lolo** grandfather  
**lubhang nagagalak** very happy  
**lugami** feeling sad; feeling of failure  
**luma** old  
**lumaki** grew up  
**lumalala** worsening, to become worse; usually referring to sickness  
**lumampas** go past  
**lumangoy** swam  
**lumapit** approached  
**lumilikas** evacuates  
**lumilipad** flying  
**lumulutang-lutang** floating  
**lunan** setting  
**lupaing ninuno** ancestral land  
**luya** garlic

## M

**maaabala ka pa** you will be bothered  
**maaalalahanin** thoughtful  
**maabala** bothered  
**maalat** salty  
**maaliwalas** bright/open/spacious/sunny  
**maanghang** spicy  
**maaraw** has a lot of sunlight  
**maasim** sour  
**mababa ang kisame** has low ceilings  
**mababang lugar** low-lying place  
**mababang paaralan**  
 elementary school  
**mababaw ang luha** cries easily  
**mabagal** slow  
**mabaho** foul-smelling  
**mabait** kind  
**mabango** fragrant

**mabigat** heavy  
**mabigat ang loob** with a heavy heart  
**mabilis** fast  
**mabilis** quickly  
**mabuhay** long live  
**mabuti ang kalooban** has a good heart  
**madalas** frequent  
**madasalin** likes to pray  
**madilim** dark  
**madla** people; public  
**madre** nun  
**madumi/marumi** dirty  
**magaan** light  
**magaan ang kamay** easily prone to hurt another person  
**magaganda** beautiful  
**maganda ang tanawin** has a good view  
**maganda ang ugali** has a good personality  
**magapi** to defeat  
**magasgas** scratched  
**magaspang** rough skin  
**magbalikan** to get together with  
**magdamag** all night  
**magdiriwang** will celebrate  
**magdiwang** celebrate  
**maghalughog** search well for something that is concealed  
**maghapon** all afternoon  
**maghinang** to join together by welding  
**maghukay** dig  
**mag-iina** mother and her children  
**mag-init** heat  
**magiting** brave; heroic  
**magkabilang-panig** both sides  
**magkagirian** had a face off  
**magkakabit** adjoining  
**magkakatuluyan** will end up as a couple  
**magkano** how much  
**magkasosyo** business partners  
**magkutingting** tinker  
**magmekaniko** to be a mechanic

**magpaeksamen** to have an examination or a test taken  
**magpagaling** to work on getting well  
**magpahinga** to rest  
**magpainiksiyon** to get injected  
**magpakuha ng presyon** to ask someone to take one's blood pressure  
**magpaopera** to get an operation  
**magpasuri ng dugo** to have one's blood examined  
**magpa-therapy** to get therapy  
**magpatingin/ magpakonsulta** to see/consult a doctor  
**magpa-x-ray** have one's x-ray taken  
**magsaing** cook rice  
**magsaulian ng kandila** part ways; cease to be friends  
**magtapon** throw  
**magulang** parent  
**magwagi** to win  
**mahaba** long  
**mahal** expensive  
**mahal na** dear; also used to mean "love"  
**mahal/minamahal** loves  
**mahigit-kumulang** approximately; literally, more or less  
**mahilig** fond of  
**mahimbing** sleeping soundly  
**mahusay ang pagkakagawa** well-made  
**maiksi** short  
**maiksing pelikula** short film  
**mainam** good  
**maingat** carefully  
**mainit** hot  
**mainitin ang ulo** hot-tempered  
**mairerekomenda** can recommend  
**maitim** dark-skinned  
**maitim ang budhi** evil  
**makabago/modern** modern

**makakarating** will be able to arrive  
**makakaya** what one could do  
**makalipas ang limang minuto** after five minutes  
**makapal ang kilay** has thick eyebrows  
**makapal ang mukha** shameless  
**makapal/manipis ang labi** has thick/thin lips  
**makasapat** will be able to suffice  
**makasarili** selfish  
**makata** poet  
**makati ang balat** itchy skin  
**makinis ang balat/pino ang balat** smooth-skinned  
**makunat** tough, difficult to chew  
**malabnaw** thin [referring to soup]  
**malaki** huge  
**malaki ang mata** huge eyes  
**malaki/maliit ang tenga** has big/small ears  
**malalakad** can be reached by walking  
**malambing** affectionate  
**malambot** soft/tender  
**malamig** cold  
**malamig na tubig sa naghahapding sugat** literally, cold water on a painful wound; comfort to assuage pain  
**malansa** fishy  
**malapad ang ilong** wide nose  
**malapad ang noo** wide forehead  
**malapit** near  
**malapit na malapit** very close  
**malapit sa baybayin** near the seashore  
**malapit sa palengke** close to the market  
**malapit sa pinagtatrabahuhan** close to place of work  
**malas** bad luck  
**malasa/malinamnam** tasty

**malasutla ang balat** skin as smooth as silk  
**malawak** expansive  
**malayo** far  
**maligamgam** tepid  
**maligayang-maligaya** very happy  
**maliit** small  
**malikot ang kamay** a person who steals things  
**malinamnam** tasty  
**malinis** clean  
**maliwanag** bright  
**malumbay** sad  
**malungkot** sad  
**malumbay na malumbay** very sad  
**malungkutin** always sad  
**malunok** swallow  
**malupit** cruel  
**malutong** crispy  
**maluwang** roomy; means “too loose” when used to describe clothes  
**mamahalin** expensive  
**mamamahayag** reporter  
**mamilipit** to squirm; literally, to twist  
**mananayaw** dancer  
**mandudula** playwright  
**mang-aawit** singer  
**mangkok** bowl  
**manipis ang kilay** has thin eyebrows  
**manok** chicken  
**mantika** oil  
**manumbalik** return to what it once was  
**manunulat** writer  
**mapagbasag-ulo** always fighting with others  
**mapag-isa** wants to be alone  
**mapagkawanggawa** charitable  
**mapagkumbaba** humble  
**mapagmahal** loving  
**mapagmataas** arrogant  
**mapait** bitter  
**mapalad** fortunate  
**mapang-aping diktadurya** oppressive dictatorship  
**mapangarapin** dreamy  
**mapapanagot** will be held accountable

**mapasakanila** to be theirs  
**mapayapa** peaceful  
**mapuno** place where there are many trees  
**maputi** fair  
**maraming kailangang kumpunihin** many things need to be fixed  
**maraming peklat ang balat** has a lot of scars on the skin  
**maraming tagiyawat** has a lot of pimples  
**marmol** marble  
**mas mainam** better  
**masahin** knead  
**masamang tao** bad/evil person  
**masarap** delicious  
**masaya/maligaya/nagagalak** happy  
**masayang-masaya** very happy  
**masigla** lively  
**masikip** not roomy enough; depends on the number of people occupying a house  
**masipag** industrious  
**maskara** mask  
**maskulado** well-muscled  
**masukal na lugar** dense place; less accessed part of a forest  
**masungit** ill-tempered; surly  
**masunurin** obedient  
**masustansiya** nutritious  
**mata** eyes  
**mataas** tall  
**mataas ang kisame** has high ceilings  
**mataas na lugar** high place  
**mataas na paaralan** high school  
**mataba** weight-challenged  
**matagumpay** successful  
**matamis** sweet  
**matamis ang dila** honey-tongued  
**matangkad** tall  
**matangos ang ilong** has a high-bridged nose  
**matao** has a lot of people

**matapang** brave  
**matapat** honest  
**matapobre** looks down on the poor  
**matarik** steep  
**matigas** hard/tough  
**matipuno ang pangangatawan** muscular  
**matrapik** has a lot of traffic  
**matris** uterus; womb  
**matulungin** helpful  
**matunton** to find  
**may asawa** married person  
**may balbas** has a beard  
**may bigote** has a mustache  
**may daga sa dibdib** afraid; worried  
**may kulay** colored hair; in the Philippines this refers to “lightened hair”  
**may kulay ang buhok** has colored hair  
**may mga pasa** has bruises  
**may natapakan** there was something I slipped on  
**mayabang** boastful  
**mayamang hapag** dining table with lots of food  
**mayroon/may/meron** has/have  
**melodrama** melodrama  
**mestisa/mestiso** fair-skinned; used to refer to people of mixed race  
**metal** metal  
**mga** approximately  
**mga** word used to indicate plurality  
**mga katulong na actor** supporting actors  
**mga kulay** colors  
**milagro** miracle  
**minsan sa isang linggo** once a week  
**minura** cursed  
**misua** kind of noodle soup  
**moderno ang disenyo** has a modern design  
**morena/moreno** brown-skinned  
**mukhang Biyernes Santo** looks sad

**mumu** a very small amount  
**munisipyo** municipal hall  
**mura** cheap/inexpensive  
**museo** museum  
**musikero** musician

## N

**naaawa** pities; feels sad for someone  
**naanod** was swept away by water/mud  
**nabagsakan** something fell on you  
**nabali ang buto/braso/binti** bones/arm/leg got broken  
**nabangga** got hit  
**nabartil** was shot  
**nabasag** got broken  
**nabugbog** were beaten up  
**nabuntis/nagdalang-tao** got pregnant  
**nadaganan** pinned down  
**nadamay** got involved  
**nadaplisan ng bala** was grazed by a bullet  
**nadudulot sa katawan** effect on the body  
**nadulas** slipped  
**nag-aalimpuyo ang dibdib** very angry  
**nag-aalmusal** eats breakfast  
**nag-aaral** studies  
**nagagalit** angry  
**naganap** happened  
**nag-aral** studied  
**nagbabasa** reads  
**nagbago** changed  
**nagbakasyon** went on vacation  
**nagbibihis** dresses up  
**nagbibisikleta** rides a bicycle  
**nagdaramdam** feels hurt  
**nagdilim ang paningin** became really angry  
**nagdududa** being doubtful/skeptical  
**naghahangad** aspires  
**naghahapunan** eats dinner  
**naghanda** prepared  
**naghihilamos** washes face  
**naghihilom** healing/healing of; usually referring to wounds  
**naghihinagpis** grieving; feeling resentful  
**naghulasan** dispersed  
**nag-iiba-iba** changing  
**naging** became  
**naging kasapi** became a member  
**nagkaanak** had a child  
**nagkabatuhan** threw stones at each other  
**nagkagulo** had a commotion  
**nagkaroon** had  
**nagkaroon ng impeksiyon** had an infection  
**nagkasakit** had an illness  
**nagkokompyuter** uses a computer  
**nagkumbulsiyon** had convulsions  
**nagkuwenta** computed/counted  
**naglalakad** walks  
**naglalaro** plays  
**naglilinis** cleans  
**nagliyab** blazed  
**nagluluksa** mourning  
**nagluluto** cooks  
**nagmamadali** in a hurry  
**nagmamaneho** drives  
**nagmartsa** marched  
**nagmiminindal** eats a snack  
**nagngitngit** angry/feeling of indignation  
**nagpabakuna** to get vaccinated  
**nagpamasahe** had a massage given by someone  
**nagpapahinga** rests  
**nagpapraktis** practices  
**nagpasya** decided  
**nagpatiwakal** committed suicide  
**nagpumilit** insisted  
**nagpupumiglas** trying to break free  
**nagsalubungan** met each other  
**nagsama-sama** came together  
**nagsanay** trained  
**nag-scuba diving** went scuba diving  
**nagsesepilyo** brushes teeth  
**nagsisibili/nagsisipagbili** buying  
**nagsisikanta/nagsisipagkantahan** singing  
**nagsisimula** starts  
**nagsisisigaw** kept on shouting  
**nagsusulat** writes  
**nagsusulong** advances  
**nagtago** hid  
**nagtapos** graduated  
**nagtatae** diarrhea  
**nagtataka** wondering  
**nagtitinda/nagbebenta** selling  
**nagtrabaho** worked  
**nagtulungan** helped each other  
**nagulat** was surprised  
**nagyakapan** embraced each other  
**nahawaan** got infected by  
**nahihilo** dizzy  
**nahuli** was caught  
**nahulog** fell  
**nahulugan** was hit by something  
**naiinis** irritated  
**naipit sa crossfire** got caught in a crossfire  
**naiwan** was left behind  
**nakababagot/nakakabagot** boring  
**nakabaon** buried/entrenched/immersed  
**nakaduduwag** makes one feel cowardly  
**nakagalit/nakakagalit** makes one angry  
**nakagapos** tied wrists  
**nakagat** was bitten  
**nakahahalina** enticing  
**nakailag** was able to evade  
**nakaipon** able to save  
**nakakaantok** makes one sleepy  
**nakakahiya naman** I feel ashamed [to ask this favor]



**nakakasulasok** makes one want to vomit  
**nakakataba ng puso** gives pleasure; something one might say when given a compliment  
**nakakita** was able to see  
**nakakulong** in jail  
**nakaladkad** was dragged  
**nakalilibang/nakakalibang** makes one amused  
**nakangiti** smiling  
**nakapagpaalam** was able to say goodbye  
**nakapagpigil** stopped  
**nakapanghihilakbot** evokes feeling of fear; hair-raising  
**nakapanlulumo** tragic  
**nakasaad ito** it is written  
**nakasagasa** the person who was responsible for hitting/running over [the victim]  
**nakasalang** put on the stove; also means “on the line”  
**nakasimangot** grimacing  
**nakatagilid** tilted  
**nakatakbo** was able to run  
**nakatatawa/nakakatawa** makes one laugh  
**nakatutok** aimed at  
**nakayod** were scraped  
**nakialam** intervened  
**nakikinig** listens  
**nakikipasada** plying the tricycle or jeepney route of someone who actually owns the vehicle  
**Nakikiramay ako.** My condolences.  
**nakiluto** asked someone the favor of cooking in his/her house  
**nakinig** listened  
**nakipag-agawan** struggled for the possession of  
**nakipaggitigan** jostled with  
**nakipaghiwalay** broke up with, separated from  
**nakisakay** asked someone the favor of hitching a ride

**naku!** oh my!  
**nalalakad ang sakayan ng bus** the bus stop can be reached by walking  
**nalalaman** knowledge/information  
**nalantad** was exposed  
**nalilibugan** lusts for  
**naliligo** takes a bath/shower  
**nalubog** sunken  
**nalunod** drowned  
**namaalam** had said goodbye; had passed away  
**namamaga** swelling  
**naman** so likewise  
**namanhikan** asked for a woman’s hand in marriage from her parents  
**namataan** was seen  
**namatay** died/passed away  
**namumugad** nesting  
**namumuti ang mata** waiting for a long time  
**namumutiktik** teeming  
**nana** pus  
**nanalo/nagwagi** won  
**nananaghoy** feeling of lament; mourning  
**nanananghalian** eats lunch  
**nananawagan** calling on  
**nandidilat ang mata** has popping eyes  
**nang** when  
**nang kaunti** a little  
**nangagsisayaw/nagsisipagsayawan** dancing  
**nangako** promised  
**nanganak/nagsilang** gave birth  
**nangangalahati** half  
**nangangamba** fears  
**nanganganib** in danger  
**nangyari** happened  
**naninikip ang dibdib** tightening of the chest  
**naniniwala** believe  
**nanlulumo** feeling devastated  
**nanonood ng telebisyon** watches television  
**napabayaan** was uncared for

**napagbintangan** was falsely accused  
**napakaagap** very prompt  
**napakaganda** very good/very beautiful  
**napakalumbay** very sad  
**napakalungkot** very sad  
**napakasaya** very happy  
**napasigaw** suddenly shouted, caused by something  
**napatay** the person who was killed  
**napatunayan** was proven  
**naratibo** narrative  
**narekober** was recovered  
**nasa ika-\_\_\_ na palapag** on the \_\_\_th floor  
**nasabuyan** was thrown with liquid  
**nasagasaan** got hit or run over by a vehicle  
**nasaksak** was stabbed  
**nasalanta** devastated by  
**nasasanay** getting used to  
**nasindak** felt fear; terror and shock  
**Nasugatan ako.** I got wounded.  
**nasunog** burned down  
**nasunog ang balat** flesh/skin got burned  
**nasususklam/napopoot** feeling intense anger/hatred  
**nasyonalidad** nationality  
**natagpuan** found  
**natalo** lost  
**natamaan** got hit  
**natamaan ng bala** was hit by a bullet  
**natanggap** was accepted  
**natapos** finished  
**natatakot/nangangamba** feels afraid  
**natutulog** sleeps  
**natutuwa** pleased  
**Natutuwa ako para sa iyo.** I am happy for you.  
**naulanan** got rained on  
**nawala** got lost  
**nawalan ng buhay** died  
**nawalan ng malay** lost consciousness

**nawasak** destroyed  
**NCR** National Capital Region  
**nga** really; truly  
**ngipin** teeth  
**nilaga** boiled  
**nililigawan** is being courted  
**ninakawan** was robbed  
**ninanasa** desires  
**nipa** a kind of palm tree  
**niyuping mga lata** flattened cans  
**noo** forehead  
**noong Batas Militar** during Martial Law (1972–1986)  
**noong panahon ng giyera** during war time  
**noong panahon ng kolonyalismong Amerikano** during the American colonial period  
**noong panahon ng kolonyalismong Kastila** during the Spanish colonial period  
**noong panahon ng pananakop ng mga Hapon** during the Japanese Occupation  
**nunal** mole

## O

**oo** yes  
**opinyon** opinion  
**oras na** when; the time has come  
**orderin** to order  
**ospital** hospital

## P

**pa** still  
**paa** feet  
**paakyatin** ask someone to come up  
**paaralan** school  
**paaralang bayan** municipal school  
**pabalik-balik** kept going back

**pabrika** factory  
**padabog** showing annoyance  
**pag-aayuno** fasting  
**pagkahubog** the way something was sculpted  
**pag-ambag** contribution  
**pagbalat/pagbabalat** peeling  
**pagbalot** wrapping  
**pagbati/pagbabati** beating  
**pagbubuwis ng buhay** giving of life; martyrdom  
**pagbudbod/pagbubudbod** sprinkling  
**pagbuhos** pour  
**pagdagdag** adding  
**pagdama ng karalitaan** feels/understands poverty  
**pagdarahop** poverty  
**pagdarasal** praying  
**pagdarausan** will hold  
**pagdating** arrival  
**pagganap** acting  
**pagguho ng lupa** landslide  
**paghalo** mixing  
**paghihilik** snoring  
**paghihilom** healing/healing of; usually referring to wounds  
**paghiwa** cutting/slicing  
**paghuhugas ng kasalanan** washing of sins  
**pag-ihaw/pag-iihaw** grilling/broiling  
**pag-iisang dibdib** wedding; marriage  
**pag-init/pag-iinit** heating  
**pagkain** food  
**pagkakabalot** a way of wrapping  
**pagkakabuhos** a way of pouring  
**pagkakaganap/pagkaka-arte** the way someone acted out a role  
**pagkakaguhit** the way something was drawn  
**pagkakahalo** a way of mixing  
**pagkakahiwa** a way of slicing  
**pagkaka-ihaw** a way of grilling  
**pagkakakanta** the way someone sang a song  
**pagkakalagay** a way of putting  
**pagkakapinta** the way something was painted  
**pagkakaprito** a way of frying  
**pagkakasayaw** the way someone danced  
**pagkakakuha** as soon as I received  
**pagkalampas** after you go past  
**pagkanta** singing  
**pagkatapos** after  
**pagkatapos kumain** after eating  
**pagkatapos ng limang minuto** after five minutes  
**pagkilos** action  
**pagkulo** boiling  
**paglagay/paglalagay** putting  
**paglala** worsening, to become worse; usually referring to sickness  
**paglambot** tenderizing  
**paglamig** cooling  
**pagmasa/pagmamasa** kneading  
**pagpapadala** sending  
**pagpapakulo** boiling  
**pagpapalambot** tenderizing, for example, meat  
**pagpapalamig** cooling  
**pagpapasingaw** steaming  
**pagpapaubaya** relinquishing  
**pagprito** frying  
**pagsadsad** skidding  
**pagsaing/pagsasaing** cooking rice  
**pagsama/pagsasama** combining  
**pagsasalaksak** to put down  
**pagsayaw** dancing  
**pagsingaw** steaming  
**pagsubaybay** guidance  
**pagsumikapan** try to achieve  
**pagsuway** defiance

**pagtaguyod** support  
**pagtambalin** pair up  
**pagtatayo** putting up  
**pagtitipon** gathering  
**pagtotroso** logging  
**pag-uusapan** future topic of conversation  
**pahaba** lengthwise/oblong-shaped/vertically  
**pahalang** crosswise/horizontally  
**pahayag** statement  
**pahina** pages  
**pahingi** ask literally  
**pahiwas/pa-dayagonal** diagonally  
**pakete** package  
**pakibalik** please return  
**pakibigyan** please give us  
**pakikibaka** struggle  
**pakikipagsapalaran** adventures  
**pakikitungo** dealing; treatment  
**pakiwari** opinion  
**paksa** topic  
**pakukuluan** boil/simmer  
**palaban** fighter  
**palabas** outwards  
**palagay** opinion  
**palagi** always  
**palaging binabaha tuwing bumabagyo** always flooded when there is a storm  
**palalambutin** will make tender or soft  
**palalayasin** will be driven away  
**palamigin** cool  
**palangiti** always smiling  
**palapag** floors/stories  
**palapit** closer  
**palatandaan** landmark  
**palayaw** nickname  
**palayo** farther  
**palayok** pot  
**palengke** market  
**palito** match  
**pamahalaan** government  
**pamahiin** superstition  
**pamamaga** swelling  
**pamangkin** nephew/niece  
**pamantayan** standards

**pamasahe** fare  
**pambansa** national  
**pambugaw** used to drive something away  
**pamilya** family  
**paminsan-minsan** sometimes  
**paminta** pepper  
**pampalasa** ingredient used to add flavor  
**panaginip** dream  
**panahon** time/period  
**panahon ng kolonyalismo** colonial period  
**pananahimik** silence  
**pananakit** pain  
**pananampalataya** faith  
**pananaw** views  
**panatilihin** let something remain  
**pandak** vertically challenged  
**pang-aapi** oppression  
**pangalan** name  
**pang-aliw** for pleasure  
**pangamba** fear  
**panganay** eldest child  
**panggatong** fire wood  
**panggitna** middle  
**panghimagas** dessert  
**pangingilin** repentance  
**pangit** not good  
**pangkaluluwa** for the soul  
**pango ang ilong** has a flat-bridged nose  
**pangunahing tauhan** main character  
**pangunahing pananim** primary crop  
**pangungumusta** saying hello  
**panig** side; for example, side in an issue  
**paniniwala** belief  
**pansamantala** temporary  
**panukala** proposition  
**panunumbat** reproach  
**papalapit** coming near  
**papunta** going towards  
**para/upang** in order to  
**paradahan** parking lot terminal  
**paraiso** paradise  
**parang** seems

**parang pusang hindi mapaanak** restless either because of excitement or tension  
**pari** priest  
**pastor** pastor  
**pasigaw** in a shouting manner  
**pataas** upwards  
**patakaran** procedure  
**patay** dead  
**patis** fish sauce  
**paunang bayad** down payment  
**payat** thin  
**pelikula/sine** film  
**pigilan** prevent  
**pigsa** boils  
**pilat** scar  
**pilikmata** eyelashes  
**pinadapa** were asked to lie on [our] stomachs  
**pinagbalatan** shell coverings  
**pinagbaunan** place where something was buried  
**pinagbibibili** what you have been buying  
**pinagbigyan** gave way to; literally, was given  
**pinaggagagawa** what you have been doing  
**pinaghandaan** prepared for  
**pinag-iisipan** thinking about  
**pinagkakaabalahan** something/things that keeps/keep you busy  
**pinagkakabuhayan** source of livelihood  
**pinagluluto** what you have been cooking  
**pinagmumukha** makes it the same; literally, makes it look the same  
**pinagmumura** cursed  
**pinagpapapalo** was repeatedly hit  
**pinagsamantalahan** exploited; raped  
**pinaiinom/pinapainom** giving someone something to drink  
**pinakakain/pinapakain** feeding someone

**pinakamataas na palapag** highest floor  
**pinakatuso** most deceitful; most cunning  
**pinakawalan** released  
**pinakinabangan** benefited from  
**pinaliliguan/pinapaliguan** giving someone a bath  
**pinamili** items bought, items shopped for  
**pinangyarihan** where the incident happened  
**pinaputok** fired  
**pinaputukan** was fired at  
**pinarangalan** was honored  
**pinasingaw** steamed  
**pinausukan** smoked  
**pinipintuho** loves; adores  
**piniringan** blindfolded  
**pinirito** fried  
**pinsala** damage  
**pinsan** cousin  
**pintor** painter  
**pinuno** leaders; chiefs  
**pipigilin** will stop  
**pisngi** cheeks  
**pitsel** pitcher  
**platito** saucer  
**plato** plate  
**porko** because  
**post office** post office  
**posturang-pustura** well-dressed  
**praning** colloquial word meaning “not of the right mind”  
**presko** fresh  
**preso** prisoner  
**prito** fry  
**programa sa telebisyon** television program  
**prusisyon** procession  
**prutas** fruits  
**pugad** nest  
**pugon** fireplace; stove  
**puki** vagina  
**pulgada** inch  
**pulmonya** pneumonia  
**pulot-gata** honeymoon  
**pulso** wrist; also “pulse”  
**pumapanig** siding with  
**pumapasok** goes to; for example, **pumapasok sa**

**opisina** goes to office  
**pumayag** agreed  
**pumupunta** goes to  
**punahin** criticized  
**punto de bista** point of view  
**puntod** cemetery; grave  
**pusali** swamp  
**puso** heart  
**putahe** dish; dishes  
**puti** white  
**putik** mud  
**putok ng baril** gunfire  
**puwede** can; may  
**puwede kong ikuwento** I can narrate [to you]  
**puwede na ako sa...** I am fine with...  
**puwesto** stall in a market; also means “position”  
**puwet** buttocks

## R

**rayuma** rheumatism/ arthritis  
**realistiko** realistic  
**rebolusyonaryong kilusan** revolutionary movement  
**rebolusyonaryong puwersa** revolutionary forces  
**rekado/sangkap** ingredients  
**relihiyoso** religious  
**restawran** restaurant

## S

**sa halip** instead  
**sa katunayan** in fact  
**sa loob ng sampung araw** in ten days  
**saan-saan** where  
**sabaw** broth; soup  
**sabik** excited  
**sagradong sagisag** sacred symbols  
**sahod** wages  
**sahog** other ingredients apart from the main ingredient  
**sakayan ng dyipni/bus** jeepney/bus stop  
**sakit sa baga** lung disease  
**sakit sa matris** illness related to a woman’s reproductive organs  
**sakit sa puso** heart ailment  
**saloobin** feelings  
**salo-salo** gathering  
**sama-sama** together  
**samut-sari** various  
**sandata** weapon  
**sandatahang lakas** armed forces  
**sandigang bato** literally, stone that props you up; something that you can lean on  
**sang-ayon** agree  
**sangkap** ingredient  
**sangkutsado** parboiled  
**sangkutsahin** parboiled  
**sapat** enough  
**sapat na kakanyahan** enough ability  
**sardinas** sardines  
**sariwa** fresh  
**sarsa** sauce  
**sasama** to go with  
**sawsawan** dipping sauce  
**Semana Santa** Holy Week  
**semento** cement  
**sentralisado** centralized  
**sibuyas** onion  
**siglo** century  
**siguro** perhaps  
**siko** elbow  
**simbahan** church  
**sinagasaan** ran over; refers to a vehicle hitting a person  
**sinahugan** added ingredients to  
**sinampahan** charged  
**sinasangkot** being implicated  
**sinehan** movie theater  
**sinematograpo** cinematographer  
**singkit ang mata** small or slanted eyes  
**sinisingil** being asked to pay  
**sinisinta** loves/adores  
**sinisismo** cynicism  
**sino-sino** who  
**sinubukan** tried

**sinulsulan** urged; prodded  
**sinusuyo** shows affection to  
**sipon** runny nose; colds  
**sisitahin** will warn; will reprimand  
**siste** jest/joke/quip  
**siyanse** cooking utensil used for sautéing  
**soberanya** sovereignty  
**sobre** envelope  
**sopas** soup  
**STL** small town lottery  
**sugat sa dibdib** heartache  
**suka** vinegar  
**suka nang suka** keeps on vomiting  
**sukbit** carried over the shoulder  
**suki** regular customer  
**sukli** change  
**sulat** letter  
**suliranin** problems  
**sumadsad** skidded  
**sumakay** ride  
**sumakay ka** ride; get on  
**sumali/lumahok** joined, for example, an organization  
**sumasakay** rides  
**sumasakit/makiro**t painful  
**sumisid** dived  
**sunod sa layaw** pampered; living in comfort  
**suso** breast

## T

**taas** height  
**taas-noo** with pride  
**tabi** beside  
**tadtarin** chop  
**tagadisenyo ng entablado** stage designer  
**tagadisenyo ng ilaw** lighting designer  
**tagadisenyo ng kasuotan** costume designer  
**tagadisenyo ng produksiyon** production designer  
**tagal** length of time  
**tagapag-alaga** caregiver  
**tagapagsalaysay** narrator  
**tagapagtatag** founder

**tagapangulo** president/chair  
**tagpuan** setting  
**tag-ulan** rainy season  
**tahong** mussels  
**taimtim na panata** solemn vow  
**takas** escapees  
**takilyera** ticket seller  
**takpan** cover  
**talaba** oyster  
**talampakan/piye** soles; foot  
**talon** waterfalls  
**talukap ng mata** eyelids  
**talupan** peel  
**tandaan** remember  
**tangkad** height, used only for people  
**tangkain** attempt  
**tanglaw** light  
**tantiya** estimate  
**taong gulang** age  
**taon-taon** every year  
**taos-pusong pakikiramay** my heartfelt condolences  
**tapat** across from  
**tapat** frank; also faithful, sincere; used in the dialogue to mean “final price”  
**tasa** cup  
**tatakasan ng bait** literally, one whose mind has escaped; refers to insane people  
**tatay** father  
**tatlong beses isang araw** three times a day  
**tatu** tattoo  
**tauhan** staff  
**taumbayan** people  
**tawad** discount; forgiveness  
**tema** theme  
**tenga** ears  
**terminal ng tren** train terminal  
**terno** traditional Filipina dress  
**terorista** terrorist  
**tig-dadalawang/tig-dalawang piraso** two pieces each  
**tig-iisang/tig-isang daang dolyar** one hundred dollars each

**tiim-bagang** to face something with willpower  
**timbang** weight  
**tinadtad** chopped  
**tinangkas** brought  
**tinatanggal** removing  
**tinataya** estimated  
**tindahan** store  
**tindahan ng bulaklak** flower shop  
**tinidor** fork  
**tiniente** lieutenant  
**tinipid** was stingy in spending  
**tinitigan** stared  
**tinuka** pecked  
**tinulak** pushed  
**tinulungan** helped  
**tinutukan** aimed at  
**tinutukan ng baril** was aimed at with a gun; was held at gunpoint  
**tisis/f.b.** tuberculosis  
**titi** penis  
**tiwalag** separate  
**tiya/tiyahin/tita** aunt  
**tiyan/sikmura** stomach  
**tiyo/tiyuhin/tito** uncle  
**torta/tortilya** omelette  
**toyo** soy sauce  
**tradisyonal** traditional  
**transgender** transgender  
**transeksuwal** transsexual  
**traysikel** tricycle  
**tren** train  
**tres siyentos** three hundred  
**tsikiting** colloquial word for children  
**tuhod** knee  
**tuloy-tuloy** continuously  
**tumaas ang lagnat** temperature became higher; literally, fever became higher  
**tumakas** escaped  
**tumambad** exposed to [our] view; was exposed  
**tumanggi** refused  
**tumaob** tipped over  
**tumatadyak** kicking  
**tumutira** stay  
**tumutugtog** plays; for example, **tumutugtog ng gitara** [plays the guitar]

**tumututol** opposes  
**tuwid** straight  
**tuwing** each/each time  
**tuwing ika-apat na oras**  
 every four hours  
**tuwing Lunes** every  
 Monday  
**tuwing makalawang araw**  
 every other day  
**tuwing umaga** every  
 morning  
**tuwiran** directly  
**tuyo** dried fish

## U

**ubo** cough  
**ubo nang ubo** constantly  
 coughing  
**ugaliin** make it a habit  
**ulam** anything eaten with  
 rice; viand

**ulila** orphan  
**ulo** head  
**ulyanin** forgetful  
**umahon** surfaced from the  
 water  
**umamin** admitted  
**umano** apparently  
**uminom ng tabletas/  
 kapsula/gamot** take  
 tablets/capsule/medicine  
**umiwas** avoid  
**umuwi** goes home  
**uri** class  
**usok** smoke  
**utang** debt  
**uyayi** lullaby

## W

**wala** does not have  
**walang pagsidlan ang tuwa**  
 very happy

**walang pakundangan**  
 without any regard  
**walang pasok** no classes  
**walang-awat** incessantly;  
 literally, cannot be  
 stopped  
**walang-takot** fearless,  
 fearlessly

## Y

**yabag** footsteps  
**yamang-dagat** marine  
 resources  
**yari sa/gawa sa** made of  
**yayaman din laman** the  
 reason is that  
**yelo** ice  
**yumao** died/went away  
**yupi-yupi** dented; flattened