

TUTTLE



NEW TITLES AND
BACKLIST HIGHLIGHTS

Fall 2024

TUTTLE

Recent Publicity Highlights



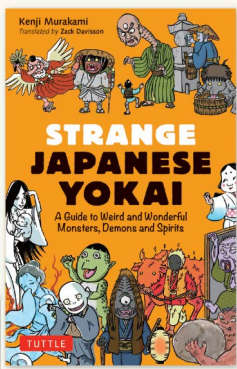
Haruki Murakami Manga Stories

Super-Frog Saves Tokyo, Where I'm Likely to Find it, Birthday Girl, The Seventh Man

Found on Page 8

"Murakami is one of the most celebrated writers alive today. Now you can experience four of his best-loved short stories in manga form, with offbeat art to match the equally bizarre subject matter. Long-time fans are sure to appreciate this new approach to Murakami's work, while newcomers will find it an evocative introduction."

—*Book Riot*



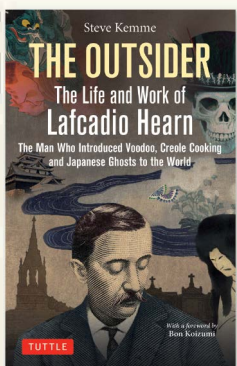
Strange Japanese Yokai

A Guide to Weird and Wonderful Monsters, Demons and Spirits

Found on Page 29

"Suppose there's something strange in your neighborhood, and it don't look very good. Your first instinct would be to call Murray and Aykroyd, right? What if you're in Japan? What if Murray and Aykroyd end up stuck on the runway? Fortunately, Kenji Murakami's *Strange Japanese Yokai* serves as a damn good backup in case the Busters miss their flight. [...] *Strange Japanese Yokai* initiates readers into this supernatural world with a strong collection of weird beings, each with its own story. Some are well known, others are more obscure, and some you've probably seen only in your nightmares. Each profile includes fun, manga-style illustrations, a few paragraphs explaining each yokai's story, and a summary of where and when it hails from. There are 122 profiles in all, with the book divided into eight sections: superstar yokai, incomprehensible yokai, yokai with a knack for grossing you out, countermeasures when dealing with yokai, and more. The colorful, whimsical illustrations capture the essence of each creature, no matter how bizarre."

—Michael Goldstein for *Otaku USA* magazine



The Outsider

The Life and Work of Lafcadio Hearn

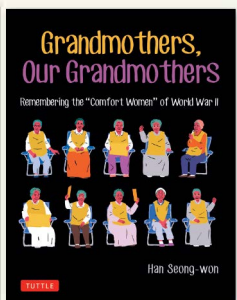
Found on Page 35

"Aficionados of history and literature should be excited about the new biography of Lafcadio Hearn. [...] Kemme ably covers Hearn's entire life with the same level of detail and insight. But this reporter concedes it is gratifying that his biography at last gives the Cincinnati chapter of Hearn's story its full share."

—Jeff Suess, *The Cincinnati Enquirer*

"...Steve Kemme's enjoyable new biography [...] There has long been a good deal of interest in the indefatigable journeyings of Lafcadio Hearn; and there have been many good biographies of his life before this latest (and very good) one – but there is probably no better time than now to appreciate what his great-grandson calls Hearn's 'philosophy of tolerance' for other people, other cultures and other religious traditions. (In fact, it's possible to argue that Hearn enjoyed most cultural traditions more than he did his own.)"

—*The Spectator*



Grandmothers, Our Grandmothers

Remembering the "Comfort Women" of World War II

Recommended by The New York Public Library among its list of '50 Best New Comics for Adults' in 2023

"With poignancy and grace, Han Seong-won honors the dwindling populations of 'comfort women,' or survivors of the atrocities of sexual slavery of WWII. Through amazing illustrations, this book offers a snapshot into the impact these injustices had on their lives and families."

—The New York Public Library

"Mixing vivid, colorful snapshot portraits with stripped-down black-and-white comics, the simply rendered testimonials are forceful. Recalling Keum Suk Gendry-Kim's 'Grass', this acts both as homage and witness, and as inspiration for new generations to speak out against stigma and silence."

—*Publishers Weekly*

Front Cover Image from *Supernatural Tales from Japan* © 2023 Nobuyoshi Hamada; page 28.

Back Cover Image from *Colors in Japanese Art* © 2023 GENKOSHA Co., Ltd.; page 14.


Table of Contents

New Titles and Backlist Highlights

Cooking	02
Graphic Novels	08
Art & Collectibles	14
Martial Arts	18
History & Current Affairs	20
Travel	22
Language	24
Literature	28
Self Help & Religion	36
Art Instruction	40
Gardening	50
Crafts	52
Children's	58
Puzzles	62
Origami	64
Origami Paper	68
Note Cards	74
Thank You Cards	76
Journals	77
Gift Wrapping Paper	78
Index	80

“Books to Span the East and West”

Tuttle Publishing was founded in 1832 in the small New England town of Rutland, Vermont (USA). Our core values remain as strong today as they were then—to publish best-in-class books which bring people together one page at a time. In 1948, we established a publishing outpost in Japan—and Tuttle is now a leader in publishing English-language books about the arts, languages and cultures of Asia. The world has become a much smaller place today and Asia’s economic and cultural influence has grown. Yet the need for meaningful dialogue and information about this diverse region has never been greater. Over the past seven decades, Tuttle has published thousands of books on subjects ranging from martial arts and paper crafts to language learning and literature—and our talented authors, illustrators, designers and photographers have won many prestigious awards. We welcome you to explore the wealth of information available on Asia at www.tuttlepublishing.com.

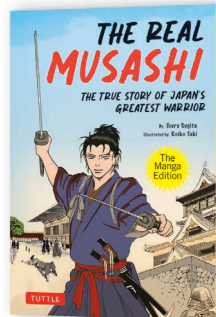
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TUTTLE

Tokyo | Rutland, Vermont | Singapore

Vietnamese Food and Food Culture

page 6

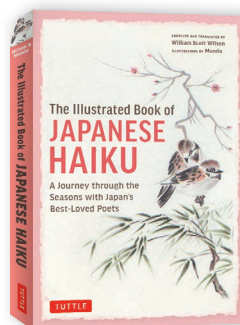
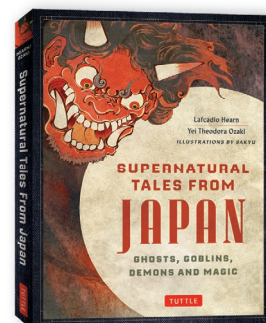


The Real Musashi Manga Edition

page 12

Supernatural Tales from Japan

page 28

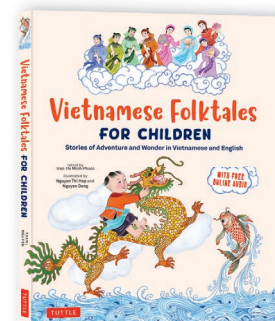


The Illustrated Book of Japanese Haiku

page 32

Vietnamese Folktales for Children

page 58



Classic comfort foods are transformed into healthy meals through the magic of fermentation!

\$19.99 hardcover

\$26.95 (CAD)

ISBN-13: 978-4-8053-1806-5

August

Cooking

7 ½ X 10 • 112 pages

with 100 recipes and
over 90 color photos

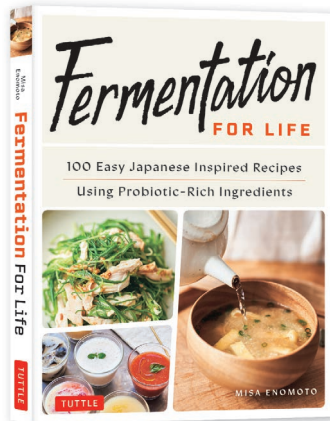
Carton Quantity: 16

Selling Territory: World

- Official author website:
futari-gohan.jp
- Official author social media:
@misa_enomoto



Misa Enomoto



Fermentation for Life

*100 Easy Japanese Inspired Recipes
Using Probiotic-Rich Ingredients*

By Misa Enomoto

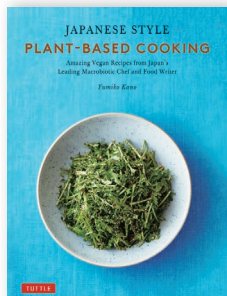
From breakfast to midnight snacks, these fermentation-forward recipes provide intensely rich flavors and healthy probiotic power in every mouthful. From simple sauces, soups, salads and stir fries to elegant main courses, savory snacks and decadent desserts, *Fermentation for Life* covers all the bases! Discover the health benefits and rich flavors that only fermented foods can provide.

Fermentation expert and lifestyle guru Misa Enomoto offers readers dozens of ways to incorporate fermented foods into your daily meals so you can eat food that tastes better and is better for you:

- **Hearty Soups**—Green Onion & Fried Tofu Skin Miso Soup, Broccoli Sprout & Bacon Miso Soup and Corn & Cheese Miso Curry Soup
- **Simple Salads**—Soybean Yogurt Salad and Avocado & Cherry Tomato Salad with Kimchi
- **Familiar Dishes Transformed**—Natto Carbonara Udon, Chicken Tenders with Sesame Miso, Amazake Chicken Teriyaki and Amazake French Toast
- **Delicious Stir Fries**—Pork and Cabbage with Miso, Chicken and Kimchi Stir Fry, Sweet and Sour Pork with Black Vinegar and Spicy Bulgogi with Bean Sprouts, Bell Peppers and Gochujang
- **Beverages**—Blueberry Honey Lassis, Carrot & Orange Vinegar Smoothies and Shio Koji Lemon Sodas
- **Decadent Desserts and Snacks**—Homemade Amazake Banana Ice Cream, Strawberry Yogurt Parfait, White Miso Shortbread Cookies with Peanuts and Sake Lees Cheesecake

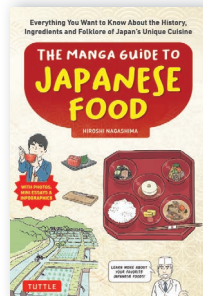
Misa Enomoto is a chef and fermentation master and the author of *Pickled Vegetables*, *Quick Miso Recipes for a Healthy Life* and *Easy Preserved Seasonal Foods*. Her areas of specialization include small-batch miso, rice bran pickles, and desserts and sweets made with mirin. Follow her @ **misa_enomoto** on Instagram, Twitter or TikTok. Check out her YouTube Channel “Misa Enomoto’s Seasonal Cooking,” @ **misa_enomoto** or visit her website: futari-gohan.jp.

Also Available:



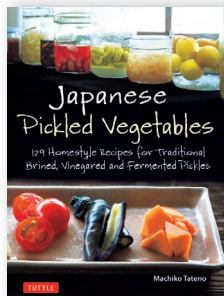
Recently Released

Japanese Style Plant-Based Cooking
Amazing Vegan Recipes from Japan's Leading Macrobiotic Chef and Food Writer
ISBN-13: 978-4-8053-1745-7
\$18.99/\$24.95 (CAD) HC



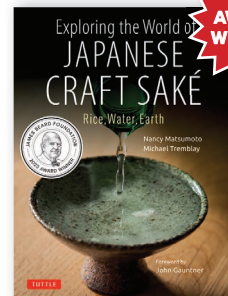
Recently Released

The Manga Guide to Japanese Food
Everything You Want to Know About the History, Ingredients and Folklore of Japan's Unique Cuisine
ISBN-13: 978-4-8053-1762-4
\$18.99/\$24.95 (CAD) PB



Bestseller!

Japanese Pickled Vegetables
129 Homestyle Recipes for Traditional Brined, Vinegared and Fermented Pickles
ISBN-13: 978-4-8053-1530-9
\$16.99/\$22.95 (CAD) PB



AWARD WINNER

Exploring the World of Japanese Craft Sake
Rice, Water, Earth
ISBN-13: 978-4-8053-1651-1
\$19.99/\$27.95 (CAD) PB



Kimchi & Yam Miso Soup



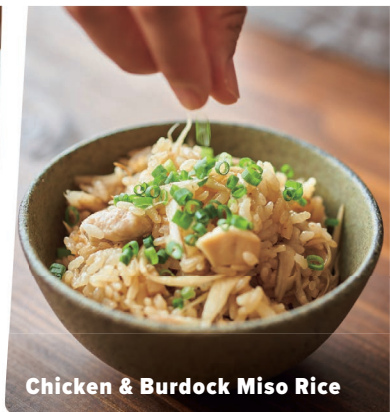
Miso Soup



Natto Cheese Toast



Sesame Cucumber Pickles



Chicken & Burdock Miso Rice



Chicken Tenders with Okahijiki Seaweed and Sesame Miso Dressing

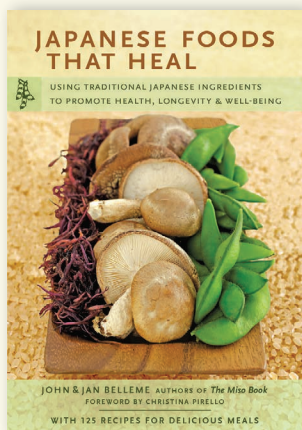


Refreshing Amazake Drinks



Vegetable Shio Koji Soup

NOW AVAILABLE AT A LOWER PRICE!

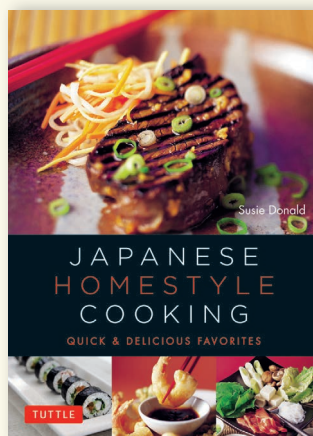


Japanese Foods That Heal

Using Traditional Japanese Ingredients to Promote Health, Longevity & Well-Being

By John & Jan Belleme
Foreword by Christina Pirello

ISBN-13: 978-0-8048-5792-5
\$8.99/\$11.95 (CAD) PB August
Previously Published ISBN:
978-0-8048-3594-7



Japanese Homestyle Cooking

Quick & Delicious Favorites

by Susie Donald
Photography by Masano Kawana & Adrian Lander

ISBN-13: 978-0-8048-5799-4
\$6.99/\$9.95 (CAD) HC August
Previously Published ISBN:
978-4-8053-1330-5

Japanese recipes you can make with your kids to get them eating more healthy meals!

\$16.99 paperback

\$22.95 (CAD)

ISBN-13: 978-4-8053-1789-1

September

Cooking

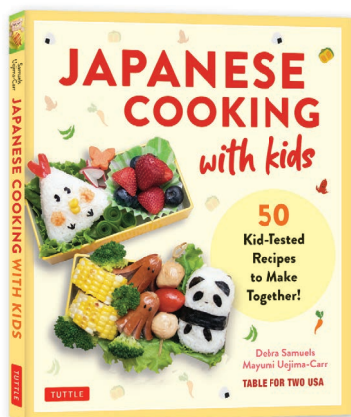
8 X 9 1/2 • 128 pages

50 recipes; 150 color photos

Carton Quantity: 20

Selling Territory: World

- For ages 8 to 14
- Official author website: cookingatdebras.com
- Official author social media: [@cookingatdebras](https://www.instagram.com/cookingatdebras)



Japanese Cooking with Kids

50 Kid-Tested Recipes to Make Together!

By Debra Samuels and Mayumi Uejima-Carr

Photography by Yumi Komatsudaira

Japanese Cooking with Kids is the perfect way for you and your kids to learn about Japanese cooking while having fun together in the kitchen. It will teach them how to eat more healthy meals, and many of these dishes may even become their new favorites!

These 50 kid-tested recipes for ages 8 to 14 get “two thumbs up” and empty plates every time:

- Onigiri Rice Balls, Sushi Rice in Tofu Pockets and Chicken & Egg Rice Bowls
- Japanese Seaweed-flavored Popcorn and Tuna Salad Sushi Rolls
- Classic favorites like steamed Gyoza Dumplings and Miso Ramen Noodles
- Drinks & Desserts like Strawberry Soy Milk, Glazed Mochi Balls & Green Tea Matcha Cakes

Each chapter in this book contains a fun, hands-on activity like counting to 10 in Japanese while washing your hands, growing your own green onions or making your own chopstick rests! In addition to preparing delicious Japanese recipes, kids will learn the basic principles of Japanese cuisine—eating foods that are in season and only eating until you feel 80% full—to help you live a longer and healthier life.

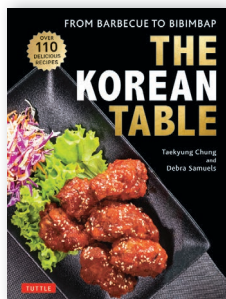
Japanese Cooking with Kids will give you and your family a whole new perspective on food and eating—the Japanese way!

Debra Samuels has written about food for over three decades and developed the popular “Kids Are Cooking” series on food, culture and nutrition for Boston’s Children’s Museum. Samuels worked for many years as a food writer and food stylist for *The Boston Globe*. She currently leads the program content and curriculum development for TABLE FOR TWO USA, traveling around the country teaching workshops on bento, the Japanese lunchbox.

Mayumi Uejima-Carr became the president of TABLE FOR TWO USA following work with Accenture and Eli Lilly and after earning an MBA. With TABLE FOR TWO USA, she has developed a program to provide healthier school meals for children across the U.S.

Yumi Komatsudaira is a recipe developer, food stylist, culinary instructor and President of K-Seaweed—a leading ocean greens provider. She is the author of *Japanese Superfoods*.

By the Same Author:



The Korean Table

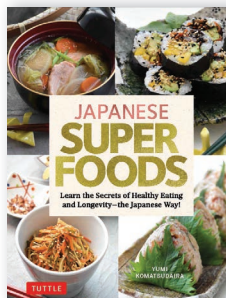
From Barbecue to Bibimbap:

110 Delicious Recipes

ISBN-13: 978-0-8048-5552-5

\$19.99/\$27.95 (CAD) HC

By the Same Photographer:



Japanese Superfoods

Learn the Secrets of Healthy Eating and Longevity - The Japanese Way!

ISBN: 978-4-8053-1642-9

\$26.99/\$34.95 (CAD) HC



Create delicious lunchboxes for the entire family in 30 minutes or less!

\$18.99 flapped paperback

\$24.99 (CAD)

ISBN-13: 978-4-8053-1819-5

October

Cooking

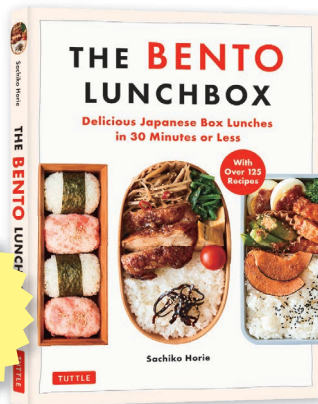
7 1/2 X 10 • 144 pages

over 125 recipes;
full-color throughout

Carton Quantity: 24

Selling Territory: World

With Over
125
Recipes



The Bento Lunchbox

Delicious Japanese Box Lunches in 30 Minutes or Less

By Sachiko Horie

Translated by Makiko Itoh

This book provides step-by-step instructions showing you how to create six easy lunchboxes with many variations and over 125 component recipes in a rainbow of colors—the key to making your lunchboxes appetizing.

Author Sachiko Horie is a trained nutritionist who provides calorie counts for each recipe along with tips for healthy,

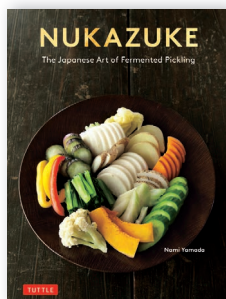
balanced lunches that appeal to kids and adults alike. Detailed menu plans, make-ahead instructions and color-coded assembly diagrams ensure that the entire family will be out the door on time with beautiful bento lunches in hand! Here are some examples:

- Steamed rice with teriyaki chicken, sesame spinach and sauteed root vegetables
- Egg salad sandwiches with crunchy carrots and cucumbers
- Ramen noodles with warm dipping sauce, savory pork and spinach
- Nori sushi rolls, crispy fried fish, miso green beans and glazed sweet potatoes
- And so much more!

Sachiko Horie is a nutritionist, food coordinator and culinary artist in Japan—renowned for her simple, tasty, and healthy recipes for bentos, home-style meals, snacks, baby food and more. She worked at the Yoko Sukenari Culinary Arts School before starting her own business.



Also Available:



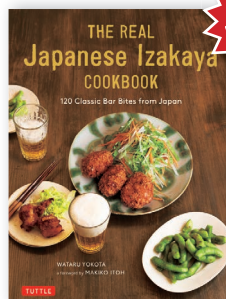
Recently Released

Nukazuke

The Japanese Art of Fermented Pickling

ISBN-13: 978-4-8053-1790-7

\$19.99/\$26.95 (CAD) PB



AWARD
WINNER

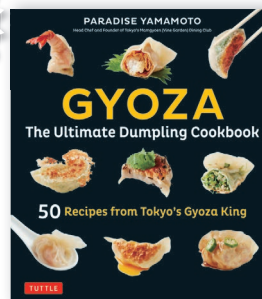
Bestseller!

The Real Japanese Izakaya Cookbook

120 Classic Bar Bites from Japan

ISBN-13: 978-4-8053-1528-6

\$18.99/\$25.95 (CAD) HC



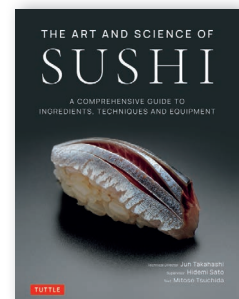
Bestseller!

Gyoza: The Ultimate Dumpling Cookbook

50 Recipes from Tokyo's Gyoza King—Pot Stickers and More!

ISBN-13: 978-4-8053-1490-6

\$16.99/\$22.95 (CAD) HC



Bestseller!

The Art and Science of Sushi

A Comprehensive Guide to Ingredients, Techniques and Equipment

ISBN-13: 978-4-8053-1713-6

\$29.99/\$39.95 (CAD) HC

Experience the vibrant street markets and bustling food stalls of Vietnam first-hand!

\$24.99 hardcover

\$34.95 (CAD)

ISBN-13: 978-0-8048-5741-3

October

Cooking

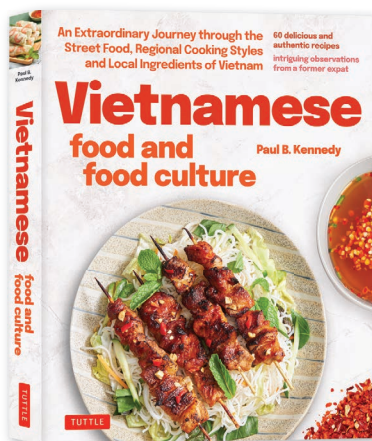
8 X 9 ½ • 176 pages

60 recipes; over 100 color photographs

Carton Quantity: 12

Selling Territory: World

- Official author website: paulbkennedy.com
- Official author X (Twitter): @paulinvietnam
- Official author Instagram: @paul_b_kennedy
- Author available for interviews; contact publicity@tuttlepublishing.com



Vietnamese Food and Food Culture

An Extraordinary Journey Through the Street Foods, Regional Cooking Styles and Local Ingredients of Vietnam

By Paul B. Kennedy

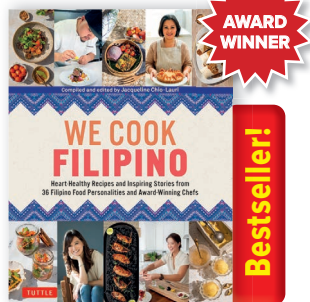
In 2018, veteran restaurateur, author, foodie and all-around travel junkie Paul Kennedy embarked on a life-changing journey to Vietnam. His main goal was to explore the nation's rich cuisine and food culture, which had always fascinated him from afar, but which he could never quite fully understand.

This book is the result of five years spent traveling the length and breadth of the country, experiencing Vietnamese food up-close as no other food writer has before. In 24 essays, 60 recipes and 100 photographs, Kennedy shares his experiences through:

- Engaging stories about tantalizing local foods and drinks—such as the unparalleled Nam Đĩnh Bahn Mi and fresh bia hơi beer—and palate-challenging delicacies like bitter melon and the foul-smelling but divine durian
- Intriguing myths, rituals and beliefs—such as the legendary sword-snatching golden turtle of Hoan Kiem Lake and the outlawed “Coconut Religion”
- Information on Vietnamese herbs, condiments and ingredients—from fish sauce and rice paper wrappers to basil, green onions and sawtooth coriander
- Recipes for classic street food dishes like Rice Paper Pizza, Bánh Mi Sandwiches and Steamed Coconut Rice Cakes with Toasted Shrimp Flakes
- Iconic restaurant and homestyle dishes like Spicy Lemongrass Chicken, Crispy Pan-Fried Trout and Baby Basket Clam Rice
- Unusual drinks and desserts like Egg Coffee, Mango Margaritas, Coconut Cream Martinis, Tofu Pudding and Vietnamese Layer Cake
- Plus many other unique flavors, dishes and food discoveries as well as dozens of insightful cultural observations from the author's time in Vietnam

Paul B. Kennedy has worked in the restaurant industry for 30 years—bringing delicious meals and welcoming environments together to create fond memories. Paul studied hotel management and received a degree in culinary arts from Johnson & Wales University. He then moved to New York where he established himself in the restaurant world while honing a passion for writing and photography. In 2018, with only a backpack and a sense of adventure, Paul headed off to Vietnam. He has traveled extensively around the country ever since, documenting Vietnamese food culture and capturing its flavors. In addition to writing, cooking and traveling, Paul is passionate about teaching and volunteers his time to help others learn and grow. This is his first cookbook.

Also Available:



We Cook Filipino
Heart-Healthy Recipes and Inspiring Stories from 36 Filipino Food Personalities and Award-Winning Chefs

ISBN-13: 978-0-8048-5466-5

\$24.99/\$34.95 (CAD) HC



Yields 6-8 Spring Rolls Prep time: TK Cook time: TK

Spring Rolls Nem Cuốn

For the peanut sauce:
 1/2 cup (120 g) creamy peanut butter
 2 teaspoons honey
 2 teaspoons low sodium soy sauce
 2 teaspoons rice wine vinegar
 2 garlic cloves, minced
 1-inch piece ginger root, grated
 1 teaspoon toasted sesame oil
 1 teaspoon freshly squeezed lime juice
 Water, as needed

For the spring rolls:
 2 ounces (57 g) dried rice noodles (vermicelli)
 1/2 cup (120 g) thinly sliced scallions
 1/2 cup (75 g) coarsely chopped cilantro
 1/2 cup (75 g) coarsely chopped mint
 1 medium carrot, julienned
 2 medium cucumbers, julienned
 12-16 rice paper wrappers
 2 cups (500 g) mixed greens
 2 cups (200 g) bean sprouts
 8 ounces (225 g) shrimp (16-20), cooked, peeled, and deveined

I've made these spring rolls often during my time in Hanoi—always in the company of a wonderful group of local friends. Connecting with others and exchanging stories about yourself or food are among my favorite things to do, and spring rolls are the perfect dish to share around a table.

1. For the peanut sauce: In a medium mixing bowl, whisk together the peanut butter, honey, soy sauce, rice vinegar, garlic, ginger, sesame oil, and lime juice until mixed thoroughly. Add water, if needed, to achieve the desired consistency: smooth, creamy, and free of lumps. Transfer the sauce to a serving bowl and garnish with julienned carrot, if desired.
2. For the spring rolls: Prepare the rice noodles according to the package instructions, rinse with cold water, and set aside. In a small bowl, combine the scallions, cilantro, and mint. In a separate bowl, combine the julienned carrot and cucumber.
3. Fill a shallow bowl with warm water. Stack two rice paper sheets and submerge them in the water for a few seconds until pliable. Carefully lay them onto a flat surface. Evenly distributing the remaining ingredients, top the herbs along the bottom edge of the rice paper, leaving about 1 inch of rice paper on either side of the filling. Top the herbs with the noodles, mixed greens, sprouts, carrots and cucumbers, and whole shrimp. Roll the sheet away from you halfway, tucking the ingredients compactly inside the wrapper. Next, fold the 1-inch sides inward over the filling and continue rolling until the spring roll is wrapped fully. Repeat with the remaining wrappers and ingredients. Serve the spring rolls with peanut sauce on the side for dipping.

Street Food and Side Dishes 39



Yields 6 Pancakes Prep time: TK Cook time: TK

Vietnamese Pancakes Bánh Xèo

For the pancake batter:
 1 cup (140 g) rice flour
 1/2 cup (65 g) all-purpose flour
 2 1/2 teaspoons turmeric
 1/2 teaspoon salt
 1 1/2 cups (360 ml) water
 1/2 cup (120 ml) full-fat coconut milk
 3 scallions, thinly sliced

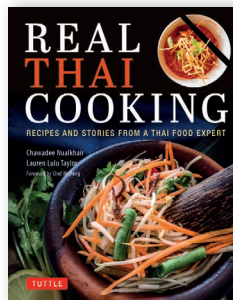
To complete:
 Anchocho, as needed
 1/2 medium yellow onion, thinly sliced
 1/2 pound (240 g) pork belly, sliced
 1/2 pound (227 g) shrimp (16-20), peeled
 6 scallions, sliced
 1/2 cup (100 g) dried split mung beans (soaked overnight)
 2 cups (200 g) fresh bean sprouts
 1 cup (200 g) mixed greens
 1/2 bunch perilla leaves
 1/2 bunch mint, stems removed
 1/2 bunch cilantro, stems removed
 Dipping Sauce (recipe on page 117)

The word xèo in this recipe's title is a nod to the sizzling sound the batter makes as it hits the hot pan. You'll find these crispy Vietnamese crêpes all over Vietnam. It's a quintessential street-food dish that's flavorful and fun to eat. There are good and bad dishes at restaurants everywhere in the world, if the first time you have this dish you don't enjoy it, keep trying it as other places until you find someone who does it well as you are sure to enjoy it!

1. For the pancake batter: Sift the rice flour, flour, turmeric, and salt together into a large mixing bowl. Add the water and coconut milk and whisk until no lumps remain. Stir in the scallions and set aside for 1 hour.
2. To complete: Heat 2 tablespoons of anchocho oil in a large skillet over medium-high heat until shimmering. Add the onions, pork, and shrimp and cook for 2-3 minutes, stirring occasionally, until almost cooked through. Add the scallions and cook for another 1-2 minutes. Remove from pan and set aside.
3. Pour about 1/2 cup of batter into the pan, filling the pan quickly to create an even layer. Add more batter if there isn't enough to coat the pan. Add mung beans and sprouts. Continue by adding 1/2 of the pork and shrimp mixture. Lower the heat to medium. Cover the skillet and cook until the batter has cooked slightly, and the edges have become translucent, 2-3 minutes. Remove the lid, lower the heat to medium-low, and continue cooking until the pancake becomes crispy, 5-7 minutes. Fold the pancake in half and transfer to a plate. Repeat with the remaining batter. Serve warm with mixed greens, herbs, and dipping sauce on the side.

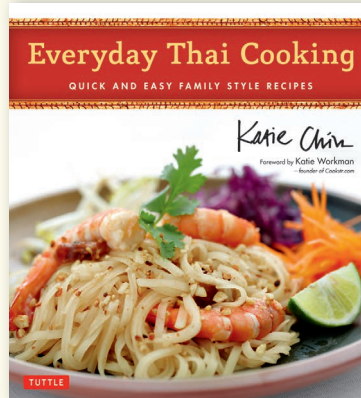
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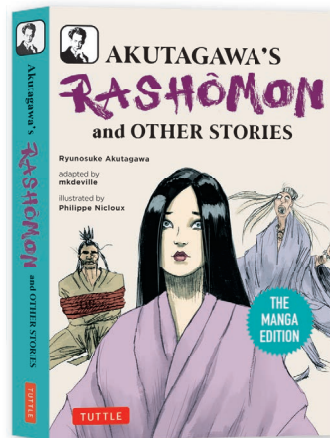
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Akutagawa's Rashōmon and Other Stories

The Manga Edition

By Ryunosuke Akutagawa

Adapted by mkdeville

Illustrated by Philippe Nicloux

A sword-swinging samurai, a corpse-robbing crone and a falsely accused trans man stand at the center of these four iconic tales, which unfold panel by panel in exciting manga form for the first time. The four stories in this volume are by Ryunosuke Akutagawa—the renowned “father of the Japanese short story”:

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Stunning graphic adaptations by **mkdeville** and **Philippe Nicloux** turn these tales into thrilling page-turners, following in the footsteps of the ground-breaking film by Akira Kurosawa.

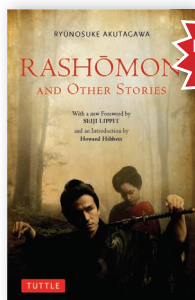
Ryunosuke Akutagawa (1892-1927) is regarded as the “father of the Japanese short story.” Japan's premier literary award, the Akutagawa Prize, is named after him.

mkdeville is an author of graphic novels and comics whose works include *Tropic of the Lamb* (with Philippe Nicloux), *Virginia Hill: Diary of a Liberated Woman* and *Rolling Riviera*.

Philippe Nicloux is an artist and illustrator whose other works include *Tropic of the Lamb* (with mkdeville), *Terra Australis*, *Terra Doloris* and *Babylone* (written by Laurent Galandon).



By the Same Author:

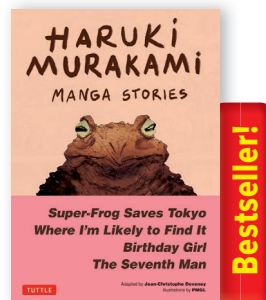


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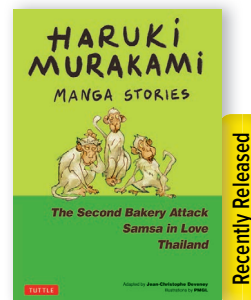


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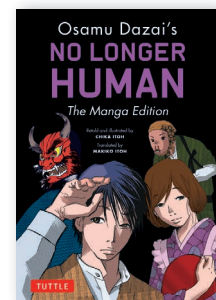


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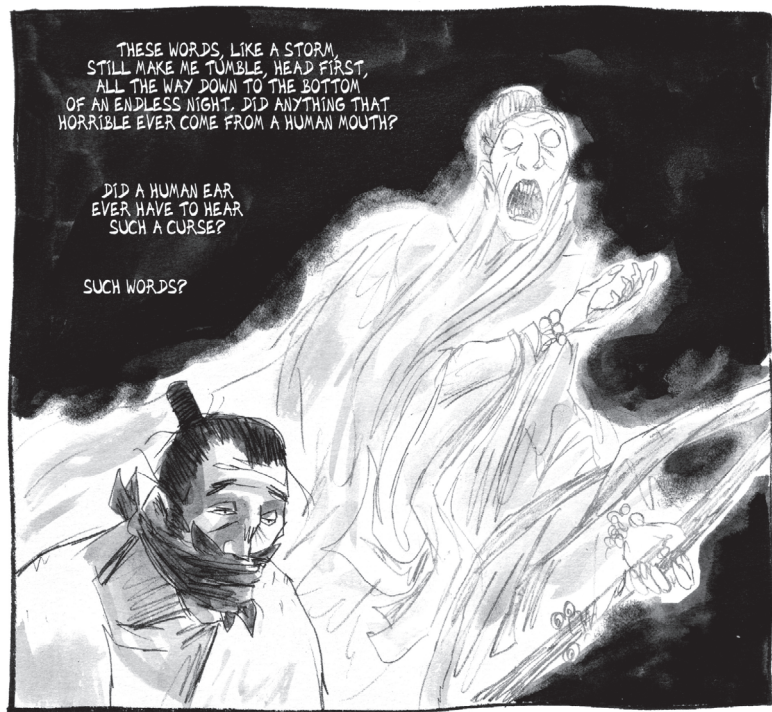
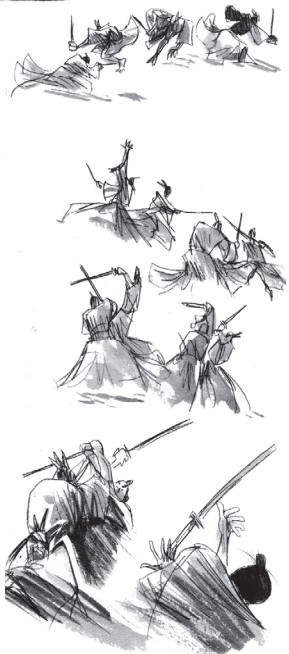


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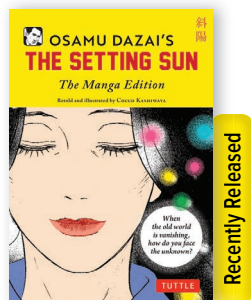
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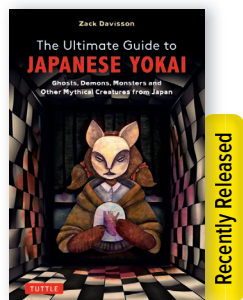
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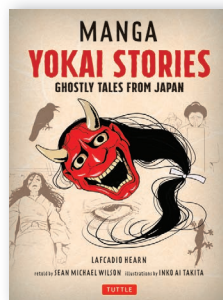
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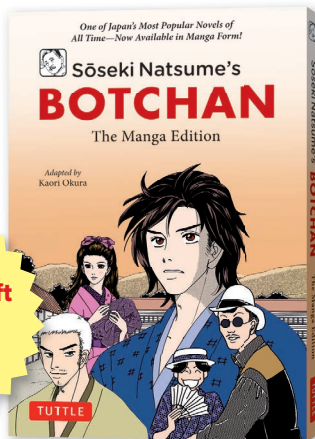
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Sōseki Natsume's Botchan

The Manga Edition

By Sōseki Natsume

Adapted by Kaori Okura

Reckless but unfailingly honest, Botchan is the youngest son in a middle-class Tokyo family. Following his graduation from college, he takes a job as a math teacher on the remote island of Shikoku, far from the city.

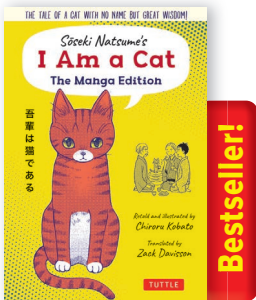
Thrust into this small-town environment, Botchan encounters nothing but trouble from the start. Among his tormentors are a pompous, two-faced vice principal and his fawning sidekick, a spineless principal and a pack of bullying

prankster students—all of whom seem out to get him. Mayhem ensues, but in the end Botchan prevails through dogged determination and forthright integrity.

A modern classic, *Botchan* rivals Sōseki's famous *I Am a Cat* in popularity in Japan. This is the funniest of Sōseki's novels—a penetrating portrait of a young man's quest to survive the suffocating hypocrisy of everyone around him while remaining true to himself.

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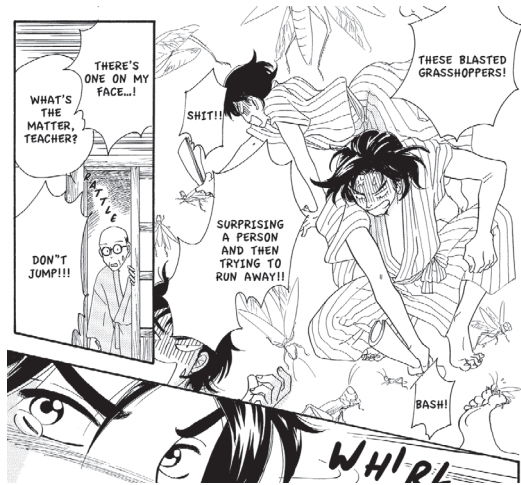
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Sōseki Natsume was born in Tokyo and taught English in a small town before studying for three years in England. Returning to teach at prestigious Tokyo University, he began his writing career and soon achieved widespread acclaim. His novels include *I Am a Cat*, *Kokoro* and *Kusamakura*.

Kaori Okura is an accomplished manga artist and adaptor in Japan. She is the creator of many comics for young adult and female readers.



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Kenji Miyazawa's The Restaurant of Many Orders and Other Stories

The Manga Edition

By Kenji Miyazawa

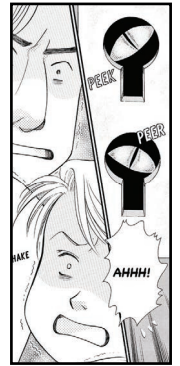
Illustrated by Yasuko Sakuno

This charming manga collection presents three modern fables by one of Japan's most gifted authors, the poet and short story writer Kenji Miyazawa.

Miyazawa is beloved in Japan, and increasingly abroad, for his masterful storytelling, poetic imagery and powerful evocation of both the shadow and light of human nature.

His fairytale world of sentient stars, enchanted forests and quirky characters, presented here in visual manga form, will appeal to imaginative readers of all ages.

- *The Restaurant of Many Orders* follows a pair of confident, self-centered young men on a hunting expedition. After entering a mysterious restaurant, the men are given peculiar orders such as to rub cream on their bodies—until they finally realize that they themselves are about to become dinner for lurking beasts!
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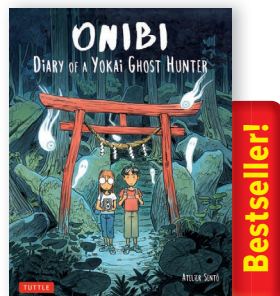


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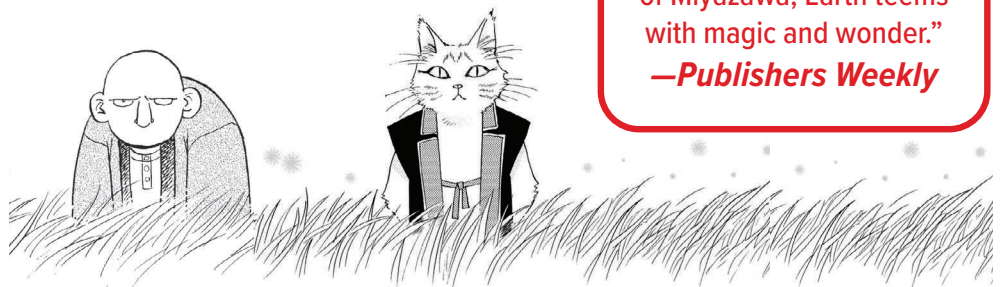


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Kenji Miyazawa (1896-1933) was born into a wealthy family in northern Japan and grew up questioning the class disparities of his time. He became a devout Buddhist and teacher of poor farmers, writing poems and children's stories depicting the interconnectedness of all things in a fantasy-world setting. He published few books before his death but achieved great acclaim posthumously. He now is featured as a character in the hugely popular *Bungo Stray Dogs* TV series.

Yasuko Sakuno is a manga artist based in Kyoto. She is the author of *The Conditions for Being a Princess* series, the cat essay collection *I Get Along Without You Very Well* and the romance *Why Me?*



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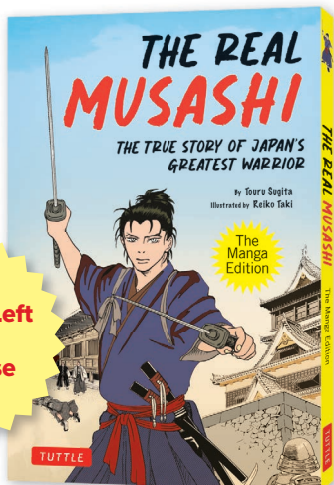
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Miyamoto Musashi was undefeated throughout his long career as a fighter and became even more famous later in life as the author of *The Book of Five Rings*—the bible of Japanese military strategy and training that is still widely read today. This book tells the incredible true story of an enigmatic man who is the greatest swordfighter in history. The exciting events recounted in this book include:

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The Real Musashi is a fast-paced, action-packed story about the most exciting figure in Japanese history—a man whose story continues to be told in countless video games and anime series.

Touru Sugita has written numerous historical manga including *Battle of Sekigahara: The Battle that Changed Japan's History*, *The Meiji Restoration* and *Romance of the Three Kingdoms*.

Reiko Taki is artist based in Japan who has illustrated many best-selling manga including *Doujinshi Project R / Project R2* and biographies of Minamoto no Yoshitune and Toyotomi Hideyoshi.

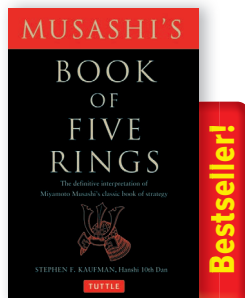


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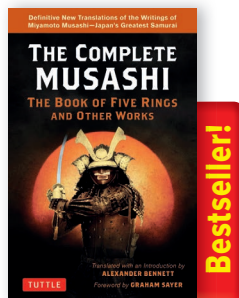


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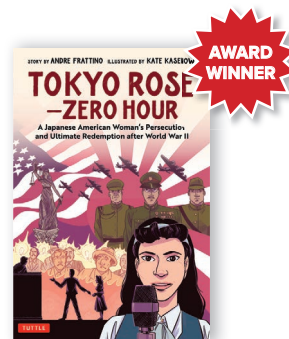
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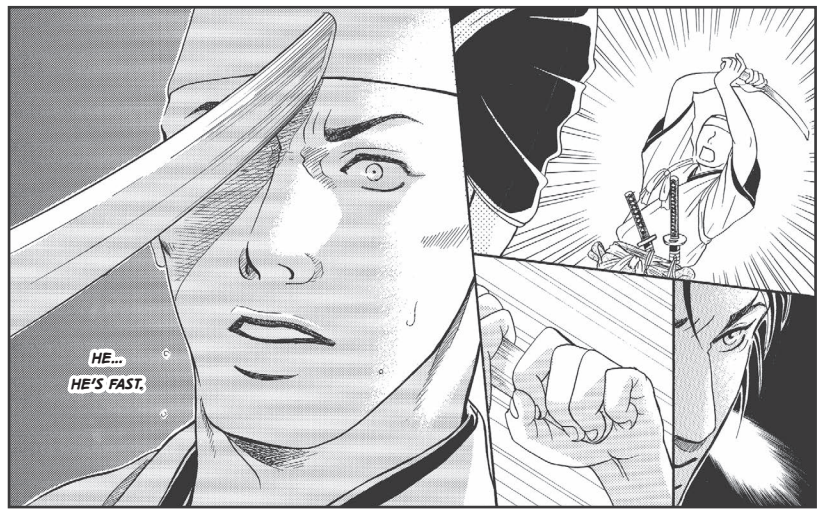
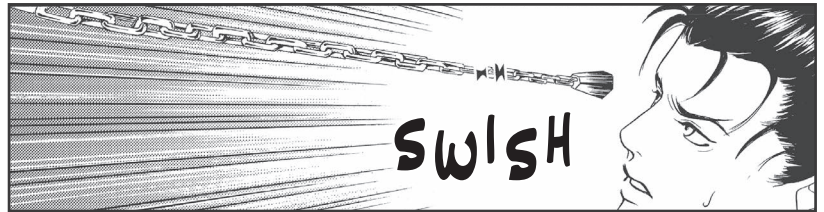
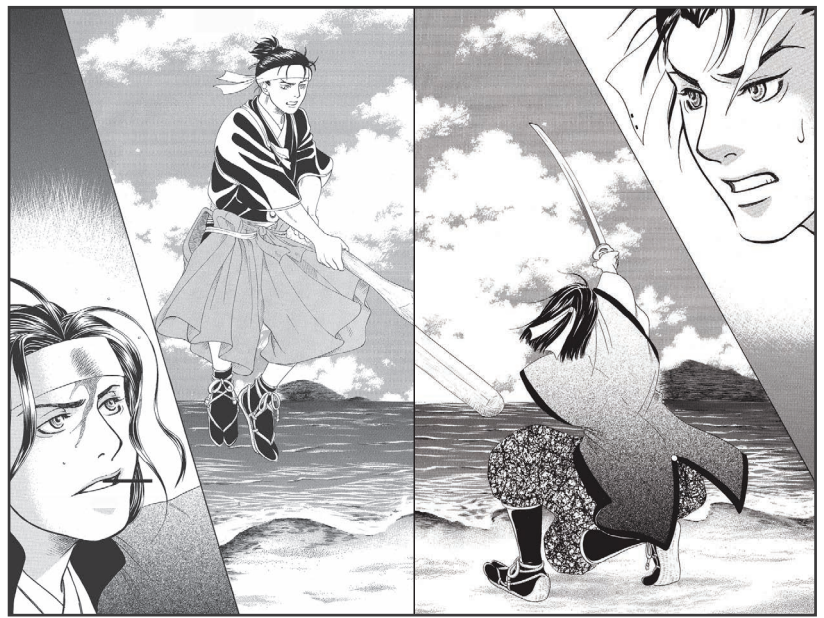
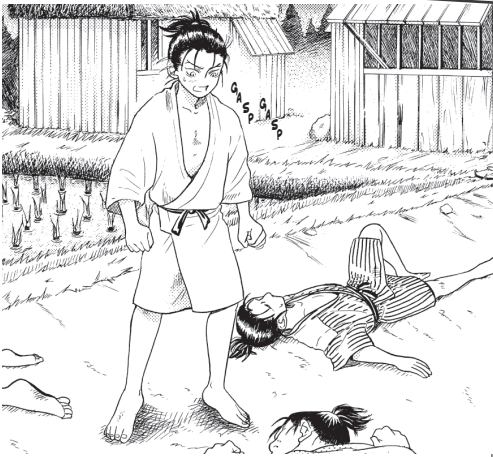
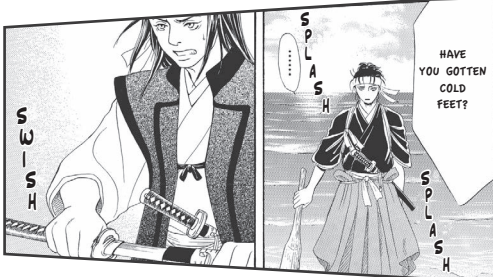
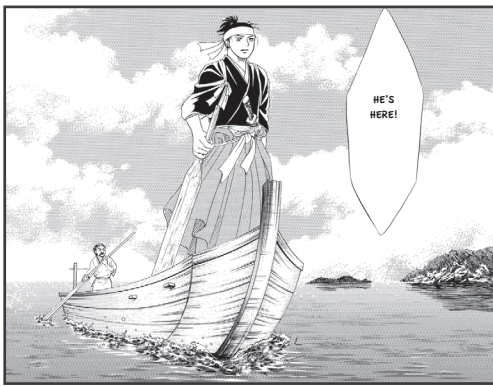
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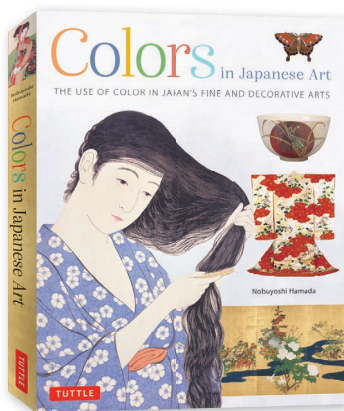
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Colors in Japanese Art

The Use of Color in Japan's Fine and Decorative Arts

By Nobuyoshi Hamada

Whether you are a student of art history or simply captivated by the rich shades, tones and hues that Japanese art presents, *Colors in Japanese Art* is your key to understanding this extraordinary artistic heritage. From the vibrant reds of traditional kimonos to the serene blues and golds of *tarashikomi* riverscapes and woodblock prints, this book demonstrates that color itself is a leading figure in Japan's long and varied artistic tradition.

This book presents over 120 great works of fine and decorative art and highlights the color schemes used in each work, including:

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- Earthy golds in fine Japanese lacquerwares dating as far back as the Heian period
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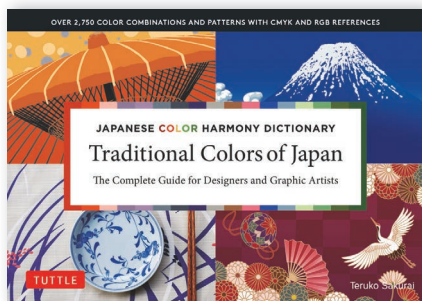
Descriptions of the colorful details found in these pieces show how various Japanese color schemes evolved over time; how their popularity waxed and waned; the social and spiritual significance of certain combinations; and the pigments and dyes used to create them.

Color swatches accompany the featured artworks to show readers how the colors are used in subtle combinations including many hues, tones and tints unique to the Japanese arts. A color chart at the end of the book summarizes the colors most characteristic of this tradition.

Nobuyoshi Hamada served as Editorial Director of Seijinsha, a leading art book publisher. He has edited numerous books on Japanese art and design including traditional motifs, family crests, manga, toys, lucky symbols, kimono patterns and, of course, color and its uses.



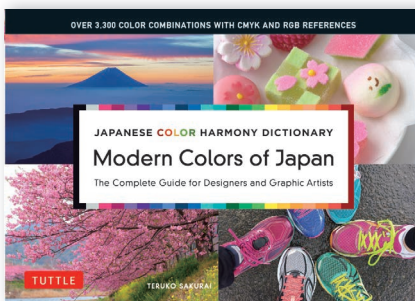
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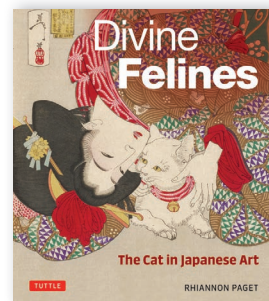
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Divine Felines

The Cat in Japanese Art

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Kinomoto Dark Brown

A dyeing method that has been used since ancient times, producing a light color using sulfurous dye. It got its name because one (1) block of sulfurous coal for one part of silk fabric, which was used to make standard pieces of fabric. During the Heian period, dark sulfurous dye was applied to the weaver's body and high-ranking courtiers. In the 12th century, from Minamoto no Yoritomo, a new dyeing method was established. Light sulfurous dye was permitted, and (17) Kinomoto became the standard color that quantified it.

Wuzumagao-iro Foggy or mist Blue

A translation of "Foggy like that blue," used to describe a light blue color. This color was originally developed during the Muji period. Foggy blue is a general name for the blue color family, which produces misty light blue flowers in spring to summer. The name "Wuzumagao-iro" refers to the color of its flowers, and its symbolic meaning is "These do not forget me."

Momiji-iro Autumn Leaf Color (Reddish Brown)

Used for a deep red color reminiscent of autumn leaves, this color is also known as "momiji-iro" to evoke trees, and the word originally came from the ancient word "momiji" which means the changing of colors in autumn or red. This color name has ancient origins and is derived from the color of its flowers, and its symbolic meaning is "These do not forget me."

Red Silk Thread with Tempura and Bamboo Strip Blue and Greenish Yellow

15th Century
16th Century
17th Century

24 Colors in Japanese Art

Hanabi or Hanabi-iro Pale Blue or Azure Blue

A traditional color name for light blue dye known since ancient times. It is lighter than indigo blue but darker than light blue. It is a pale blue color obtained from single strands of flowers, specifically referring to a plant called the blossoms of the duckweed plant (WATER HYacinth). In the past, it was known as (12) Hanabi-iro and changed to (18) Hanabi-iro during the Heian period and later to (18) Hanabi-iro during the Edo period. Today the typical name for the dye is Hanabi, from Japanese for flowers. (12) Hanabi, (18) Hanabi, (18) Hanabi, and (18) Hanabi.



This small Kinomoto features a design with scattered triangular and hexagonal patterns across the entire surface. The exact meaning of the design is not clear, but it appears to include several scattered triangles, each containing a different small pattern, which is now referred to as Hanabi (Hanabi-iro). The technique combines shibubiki (dyeing) and mitsudomoe (applying dyes to shared fabric), producing a large triangle, and then carefully cutting and unfolding the fabric, resulting in a detailed design.



Color Pattern Based on Indigo

Seshiki Jade Green

A muted blue-green color. The term Seshiki has its roots in ancient China as a term for jadeite in Japanese clothing. Seshiki is believed to be derived from the color of the jadeite. Both (1) Seshiki and (1) greenish yellow-green shades, suggesting that Seshiki falls within the blue-green color spectrum. It is a pale blue-green color, which was considered a subtle and sophisticated color suitable for the robes of monks and nobles.

Harukawa Red Orange

It refers to a vibrant orange color created by applying burnt sulfurous dye (not on a pale yellow fabric) underneath. It is a warm and vivid color. In the book "Kakemono" (Kakemono) written by Hanabishi, it is said that this color was used for a garment that was worn with a garment that was worn during the late Edo period, especially for the robes of monks and nobles. This color was favored during the late Edo period, especially for the robes of monks and nobles, which when paired with harukawa, providing a lively contrast to the plain outer fabric.

Koban Bluish Green

It is a deep and vivid moss green color, and is a general term for various green shades. During the Edo period, colors similar to Koban included "moss green" (karakusa) and "bluish green" (karakusa). Although references to moss and moss clothing can be found in Hanabishi's work, it is not yet clear what the color is.



19th Century
20th Century
21st Century

The passage goes on to describe features of Kakemono-style ceramics. The ceramics of Kakemono-style ceramics include a milky-white base with ultramarine flowers and deep blue leaf clusters. This milky-white is called "Kakemono" (kakemono) and is a term that designates its milky or porcelaine. These porcelain items, often associated with the name "Imari" ware, Kakemono-style ceramics, if modified, colorful overglaze examples, gained popularity in various parts of Europe.

Color Pattern Based on Blue

Fukuro Wisteria Color

Fukuro is representative purple color. Inspired by the color of wisteria flowers, it has long been used as a descriptor for a job shade of purple. Fukuro, which refers to the shape of people, is a general color for wisteria.



Color Pattern Based on Purple

Suzuki Catalpa Color

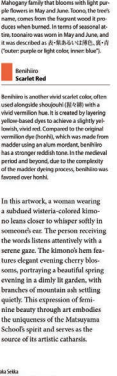
Tanzawa is a pale pinkish purple color inspired by the flowers of the tree (Suzuki) called the Catalpa tree. It is a color that is used for the traditional tea, which has been chosen for a general name. However, the term "Suzuki" is distinct from "Suzuki" and was applied by the tea master in the Makurage family that blooms with light purple flowers in May and June. Because the name comes from the legend wood if you do not know the name of the plant of this, Suzuki was used in May and June, and it is said that it is (18) Suzuki (18) Suzuki (18) Suzuki (light color, brown blue).



Color Pattern Based on Gold and Silver

Momiji Autumn Leaf Color

A deep and color is often referred to as autumn leaves color. The term "momiji" (18) comes from the color of "momiji" and color, which has the color of plants change color in autumn. The term "momiji" is published at the end of the Kamakura period, and the color of the plant is described as "momiji" and "momiji" with a touch of red to the leaf and "momiji" with dark green tint, among others.



Color in Japanese Art

Matsuri Green

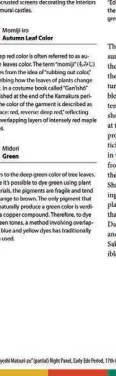
Before the deep green color of two leaves. While it is possible to use green pigment materials, the green is an organic dye that changes in season. The only pigment that can naturally produce a green color is urushiol, a copper compound. Thanks to the use of green tea, a method involving urushiol-based and yellow-green has traditionally been used.



Color Pattern Based on Gold and Silver

Kinoko Chestnut Color

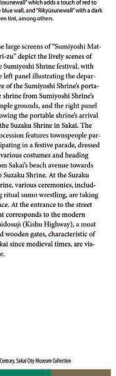
A deep yellow color with a slight reddish tint that shines like gold. Gold color has been used to produce green and, since the late Momoyama period, it became one of the dominant colors in painting, bringing strong contrast to the overall composition along with the presence of gold and green of encircled circles, decreasing the intensity of various colors.



Color in Japanese Art

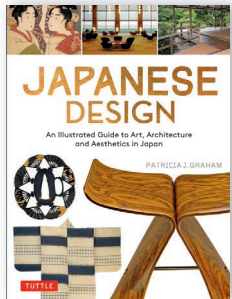
Hanabishi Light Blue/White

I used to describe the very milky-white color of gold that has been used daily. This color, part of the color palette for other colors, became popular during the mid-to-late Edo period. It is a color that is used for the portable shrine (portable shrine) published at the end of the Kamakura period, and the color of the plant is described as "hanabishi" and "hanabishi" with a touch of red to the leaf and "hanabishi" with dark green tint, among others.



Color Pattern Based on Gold and Silver

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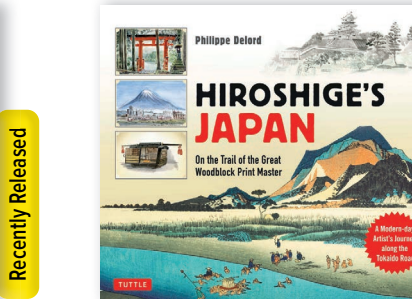
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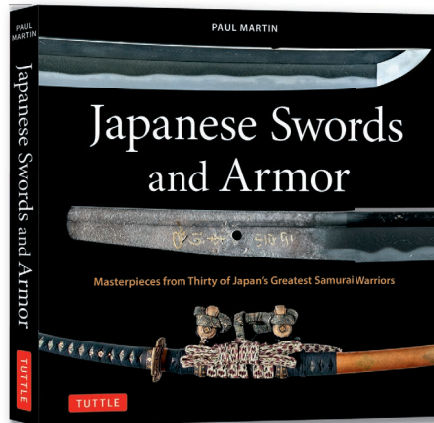
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Japanese Swords and Armor

Masterpieces from Thirty of Japan's Greatest Samurai Warriors

By Paul Martin

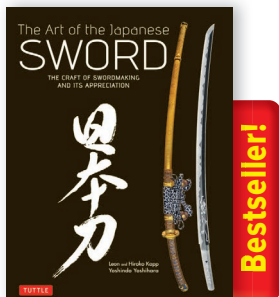
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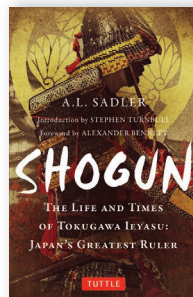
The wonderful artistry of these works, many of which are Japanese National Treasures and Important Cultural Properties, rival the greatest military artifacts found anywhere in the world. They are presented in 200 stunning color photographs including three 8-page double gatefolds.

Paul Martin is a Japanese sword and culture specialist residing in Tokyo. He is a former curator of the Japanese arms and armor collections at the British Museum. He has a master's degree in Asian Studies from the University of California, Berkeley, and is currently a Trustee for the Society for the Promotion of Japanese Sword Culture (NBSK), a recognized specialist for the Japanese Ministry of Land Infrastructure, Transport and Tourism (MLIT), and the founder of the Shin-Gobankaji Project. He has appeared on TV worldwide including the Discovery Channel, History Channel, National Geographic, NHK World and the BBC. He is a three-time English Karate champion and England Team Member, a 4th Dan in Kendo, and a 5th Dan in Iaido. He is recipient of the 2022 Scottish Samurai (Sir Thomas Glover) Taisho Award as well as the 2022 Shibusawa Eiichi Abacus and Analects Award from the Eiichi Shibusawa Honor Society.

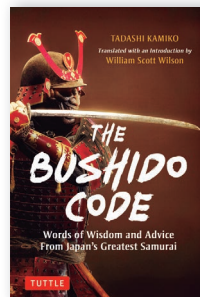
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Also see left
Sakai Ichijū (1761-1828),
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宮本武蔵



◎ **BOKUTO** - ATTRIBUTED TO MIYAMOTO MUSASHI
LENGTH 49 3/4 IN (126.7 CM)

PERIOD EDO PERIOD, 17TH C.
YATSUSHIRO MUNICIPAL MUSEUM, KUMAMOTO PREF.

TOSŌGU

These *menuki* (decorative hand grips) are made from Japanese copper (*suica*) and feature geese in flight. The matching *kozuka* (decorative handle for a utility knife), is also made in *suica* with a goose in flight design. The set was given to Musashi's student Terao and then passed down for many generations in the Hosokawa family. It is the only known *kozuka* in existence made by Musashi.

It is said that following Musashi's enlightenment he began to excel in many things, calligraphy, painting, sculpture, and making sword fittings. This *suica tsuba* is one of several that have been attributed to the hand of Musashi. He also made other *tsuba* and *menuki*, but this design is his most famous and has been replicated many times by craftsmen and on mass-production swords. It is a *tsuba* design called *sayū namako-sukashi* (pierced), as it is a symmetrical depiction of two sea cucumbers.

BOKUTO

This wooden sword was made by Miyamoto Musashi at the request of the lord of Matsui Castle, Matsui Yoriyuki. He asked Musashi to make a *bokuto* (wooden sword) to the same dimensions as he had used in his last duel on Ganryūjima. The *bokuto* is of fairly standard dimensions ensuring its ease of use, just in an extended length.

MIYAMOTO (ca. 1584-1645)

Miyamoto Musashi is engrained in the minds of most Japanese and non-Japanese alike as a most fearless and famous warrior. He was a master duelist killing his first opponent aged thirteen, and winning sixty duels. He formed the Ni-Ten Ichi Ryū school of swordsmanship and attained spiritual enlightenment before writing his treatise on sword combat, *The Book of Five Rings*, that has been translated many times and published all around the world. However, his history has become muddled with fiction from *kabuki* plays, the novel by Eiji Yoshikawa and various movies and manga.

His last duel on Ganryūjima (formerly Funajima), with a man said to be Sasaki Kojirō, has also been heavily embroidered and is beset by several theories. However, the oldest actual surviving record of Musashi's life is inscribed on a monument that stands in Kokura Park, Kyūshū, that was written and commissioned by his adopted son, Miyamoto Iori. It quite simply states that he had a duel on the island with a man known as Ganryū and that he beat him with a long wooden sword. In later years, the lord of Yatsushiro castle, Matsui Yoriyuki, asked Musashi to make him a replica of the wooden sword that he used in the duel. That wooden sword is in the collection of the Yatsushiro Municipal Museum in Kumamoto. It is a standard wooden sword but with an extended length of 126.7 cm.



Utagawa Yoshitasa (act. c. 1840-1860), *The Famous Duel between the Sword Master Miyamoto Musashi (left) and Sasaki Kojirō (Ganryū) on the Island Later Named Ganryūjima*, c. 1843-1847.



KATCHŪ
甲冑

KURODA KANBEI

黒田官兵衛

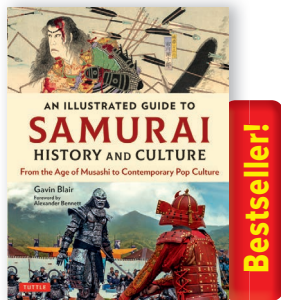


According to Kuroda family records, this Momoyama period *gomai-dō* (five plate cuirass) laced with black cord is said to have been worn by Kuroda Kanbei. However, the accompanying helmet was re-commissioned in Kanbei's honor by his grandson, Mitsuoki in 1688. The original helmet is known as "Jōsai's *akagasa*" (Kuroda Kanbei's bowl helmet) and is said to have struck fear into his enemies when seen on the battlefield. Kanbei gave the helmet to Kariyama Toshiyasu. It was later passed to the Naha clan, and currently resides at the Morioka History and Culture Museum, Iwate prefecture.

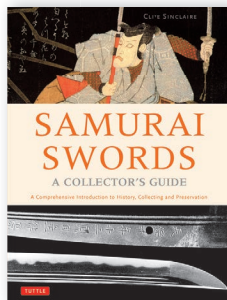
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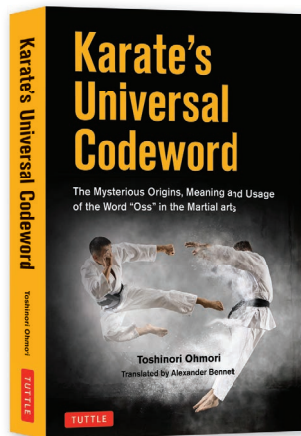
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Translated by Alexander Bennett

No matter where in the world you are, enter any karate dojo and the term most frequently heard is “Oss!” *Karate's Universal Codeword* is the first thorough examination of the origins and use of this word in the martial arts, and the fascinating story behind its spread to other martial arts disciplines.

The word *Oss* is used as a basic salutation, but has many other meanings and functions as well. It is also a response—when

your name is called, when saying goodbye or goodnight, and before and after meals. Essentially, *Oss* has been adopted globally as a universal sign of respect reflecting the fundamental spirit of the martial arts. Use of the word has exploded far beyond karate into other martial arts like judo, aikido, Brazilian jiu-jitsu, kickboxing and mixed martial arts—making it arguably the most frequently uttered Japanese word in the world.

Yet ironically, few martial artists (even in Japan) know the true origins and the deeper meaning behind the term. Although it is universally used, it remains a total mystery to everyone. This book promises to finally reveal the secrets behind the word *Oss* and its fascinating origins!

Toshinori Ohmori is a graduate of Nihon University and a former professional kickboxer. His 8-second knockout in the first round of his debut fight stands as the shortest knockout in the history of Japan's pro kickboxing league. In addition to running Japan's first martial arts café, Ohmori serves as a K-1 certified referee and judge. He currently manages Nice Middle, a kickboxing event for middle-aged and older athletes, and is a director of Athlete Foods.

Alexander Bennett is a professor of Japanese history, martial arts and Budo theory at Kansai University. He co-founded and publishes *Kendo World*, the first English-language journal dedicated to Kendo. He holds black belts in several martial arts disciplines—Kendo Kyoshi 7-dan, Iaido 5-dan and Naginata 5-dan. His published works include *The Complete Musashi: The Book of Five Rings and Other Works* and *The Insider's Guide to The Japanese Martial Arts*.

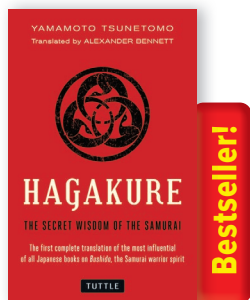


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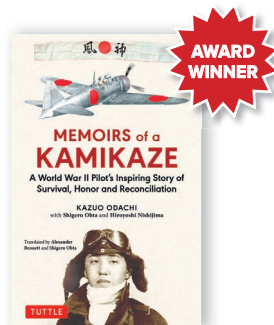


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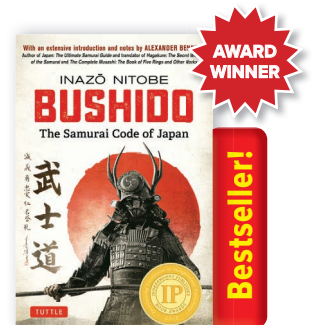


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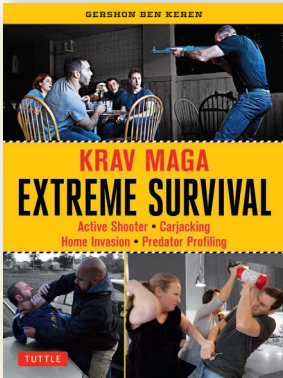
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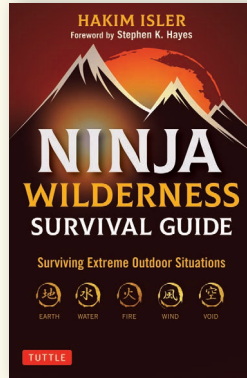
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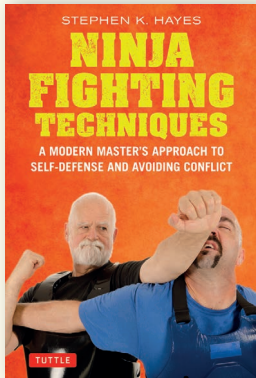
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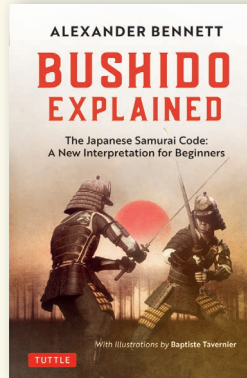
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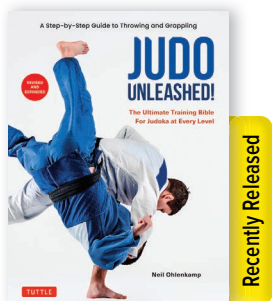
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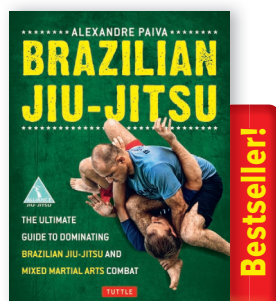
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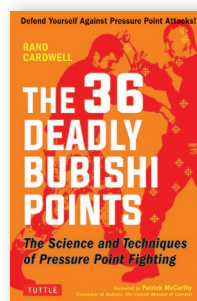
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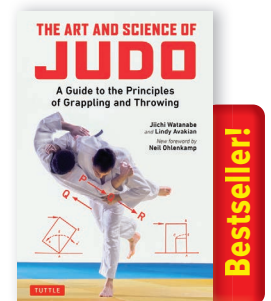


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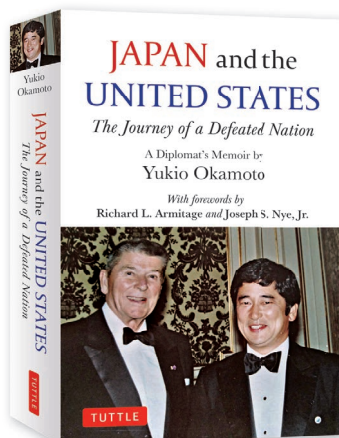
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Forewords by Richard L. Armitage & Joseph S. Nye, Jr.

As one of the most distinguished and gifted Japanese diplomats of his generation, Yukio Okamoto navigated the corridors of power at the highest levels. In *Japan and the United States: The Journey of a Defeated Nation*, Okamoto recounts the compelling story of his diplomatic service and his role as a steadfast advocate for strong Japan-United

States relations during an era of political crises, wars and fierce economic competition.

Okamoto was born in 1945 just two months after Japan surrendered to the Allies. During the war, his father served in the infamous Unit 731, a secret project that committed horrific war crimes. Okamoto was deeply affected by his country's devastation and his family's shame.

During a 20-year career in the Japanese Foreign Ministry and after he left government, Okamoto was an indispensable advisor to several Japanese prime ministers including Ryutaro Hashimoto, Junichiro Koizumi and Shinzo Abe. He worked tirelessly to strengthen relations with the United States even as other government officials advocated for the dismantling of the U.S.-Japan Security Alliance. The survival of this alliance is due in no small part to Okamoto's influence.

This book features contributions from former Deputy Secretary of State Richard L. Armitage and former Assistant Secretary of Defense Joseph S. Nye Jr., who both worked with Okamoto and share their thoughts on his life, career and legacy as an influential friend of the United States.

Yukio Okamoto was a career diplomat in Japan's Ministry of Foreign Affairs from 1968 to 1991 with postings in Paris (OECD), Cairo and Washington. Following his retirement, he became a political and economic consultant. He served as Special Advisor to Prime Ministers Ryutaro Hashimoto and Junichiro Koizumi, sat on the boards of several major Japanese multinationals and served as an advisor to several others. Okamoto joined the Center for International Studies at MIT in 2012 as a Robert E. Wilhelm fellow. He was a well-known commentator and author, publishing regular columns and contributing to major newspapers and magazines on Japanese diplomacy.

Richard L. Armitage is founding partner and President of Armitage International. He served as Deputy Secretary of the Department of State and as the Assistant Secretary for International Security Affairs at the Department of Defense. In addition, he has held a wide variety of high-ranking U.S. diplomatic positions.

Joseph S. Nye, Jr. is Professor Emeritus and former Dean of Harvard's Kennedy School of Government. He has served as Assistant Secretary of Defense for International Security Affairs, Chair of the National Intelligence Council, and Deputy Under Secretary of State. He is a fellow of the American Academy of Arts and Sciences, the British Academy, and the American Academy of Diplomacy. In 2011, Foreign Policy named him one of the top 100 Global Thinkers. In 2014, Japan awarded him the Order of the Rising Sun, its highest civilian honor for a non-Japanese.



Yukio Okamoto

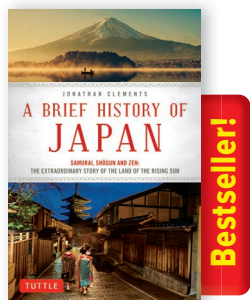


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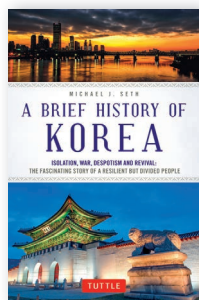


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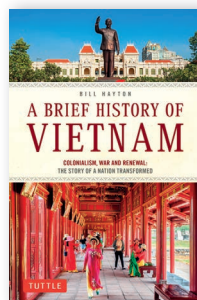
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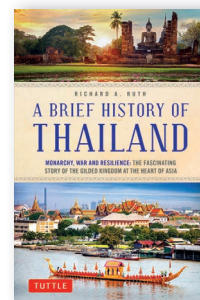
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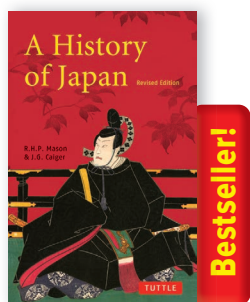
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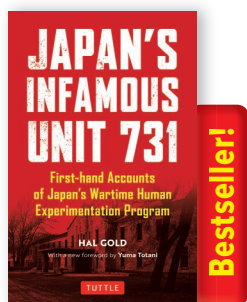
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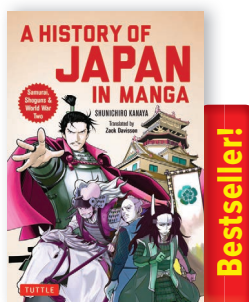
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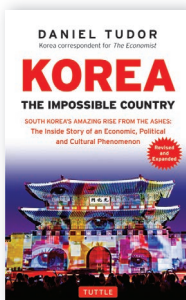
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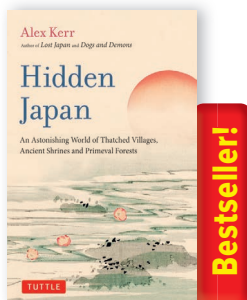
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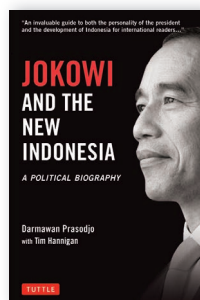
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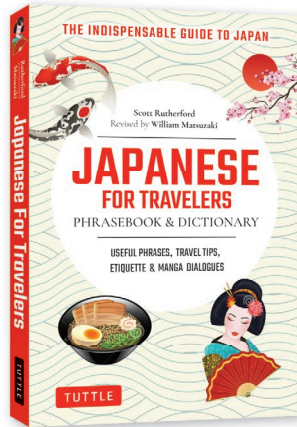
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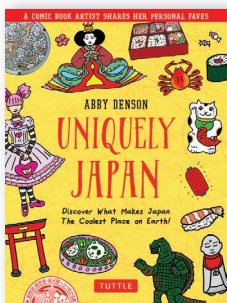
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Scott Rutherford is an experienced travel writer and editor with several books to his credit.

William Matsuzaki has been a Japanese teacher for the last 15 years. He received his BA in Japanese from Carlton College, an MEd in Technology Education and a doctorate in education from Johns Hopkins. He is the author of several Tuttle titles including *Let's Learn Japanese* and *Japanese Hiragana and Katakana Language Practice Pad*.



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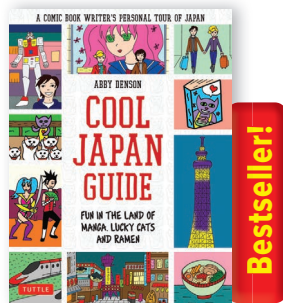


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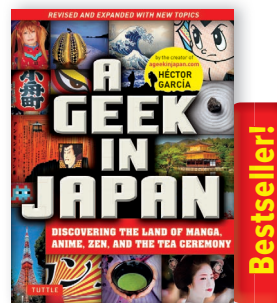
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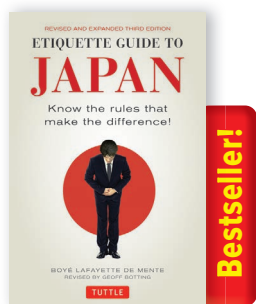


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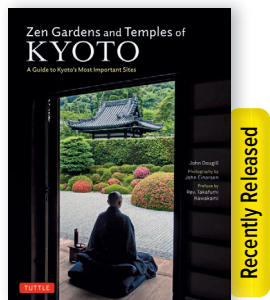
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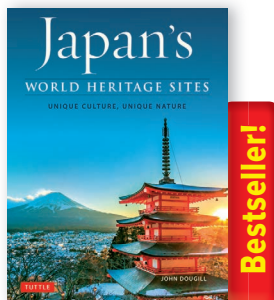
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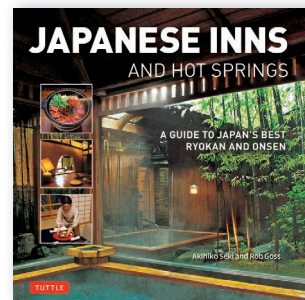
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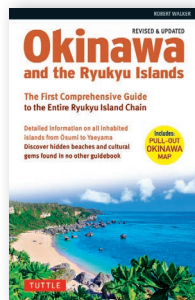
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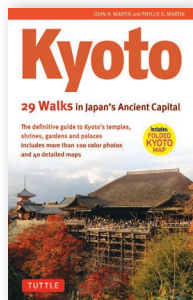
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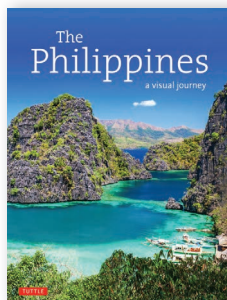
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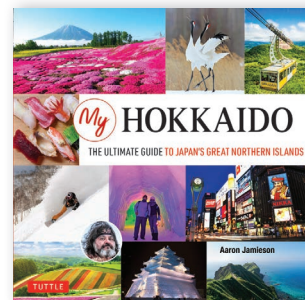
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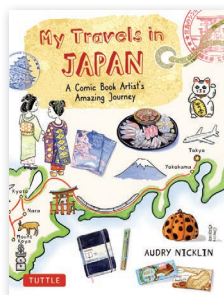
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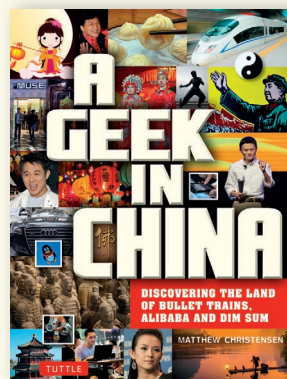


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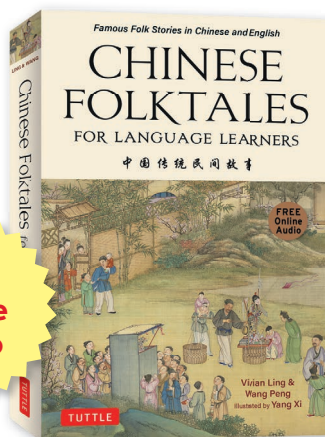
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By Vivian Ling & Wang Peng

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Welcome to the fascinating world of Chinese folklore. The fifteen stories in this book address universal concerns such as the origins of humankind, the impact of wars and natural disasters, the great deeds of cultural heroes, the struggle for dignity and justice for the common man, and the yearnings of the human heart. These stories can be enjoyed in English by readers with no knowledge of Chinese, while

the bilingual format and extensive notes are an added bonus for language students.

Each story is accompanied by a brief essay explaining its relationship to historical events in China and a charming illustration by artist Yang Xi. Detailed vocabulary lists, cultural notes, reading comprehension exercises, discussion questions and free online audio recordings in Chinese are also provided for each story.

The fifteen classic tales in this book include:

- **Taming the New Year's Beast**—How the Lunar New Year's festival came about when the ferocious monster Nian was frightened away by sparks, explosive noises and the color red
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- **Judge Bao Takes on the Emperor's Son-in-Law**—How the famous Judge Bao decides to right a wrong at all cost when he discovers that the emperor's son-in-law, Chen Shimei, lied that he is single in order to marry the emperor's daughter

Vivian Ling was a professor of Chinese language and literature for over four decades. She taught at Oberlin College and Indiana University, and directed various Chinese language study-abroad programs in Taipei, Shanghai, Kunming and Beijing. She is the author of many Chinese language learning books including *The Field of Chinese Language Education in the U.S.* Vivian has co-authored four books with Wang Peng: *Chinese Stories for Language Learners*, *Essential Chinese Grammar*, *Bilingual Treasury of Chinese Folktales* and *The Twelve Animals of the Chinese Zodiac*.

Wang Peng has been on the faculty at Georgetown University since 2002, teaching various Chinese language courses including Business Chinese and Chinese for Heritage Learners. She was formerly the Chief Instructor at the Inter-University Program for Chinese Language Studies at Tsinghua University, as well as a visiting faculty at Oberlin College and Brown University.

Yang Xi is an up-and-coming artist and illustrator in China. Her distinctive style can be characterized as an amalgamation of classical and contemporary, Chinese and Western. She is currently a Master of Arts candidate at the Nanjing Art Institute College of Fine Arts.

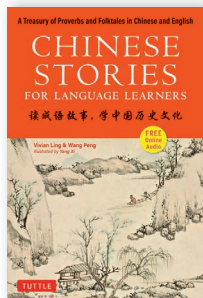


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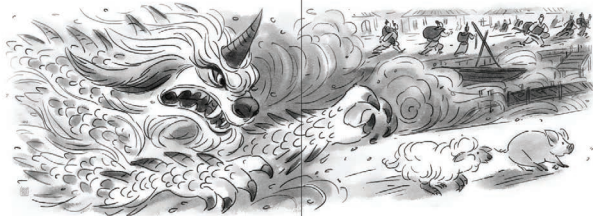
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Taming the New Year's Beast

Every culture in the world has its major holidays and each holiday has a story behind it. This folktale tells the story behind China's most important holiday, the Lunar New Year.

In ancient times there was a strange beast by the name of "Nian," which means "year." This beast had a huge unicorn jutting out from its forehead, sharp teeth, laser eyes that could pierce through one's heart, and spikes all over its body. This fabulous beast lived at the bottom of the ocean all year round, but on New Year's Eve it came on shore to gobble up domestic animals and attack people, especially children. Every



148 Taming the New Year's Beast

年兽的故事 149

年兽的故事

世界上每一种文化都有自己主要的节日，而每个节日都有一个故事。这一身讲述的是中国最重要的节日，也就是农历新年的故事。

古时候，有一种名叫“年”的怪兽。它的额头上长着一只又长又尖的特角，牙齿很锋利，凶恶的目光可以刺穿人的心脏，而且全身也长满了尖刺。这种怪兽常年生活在海底，但每年的除夕会上岸来吞食家畜并伤害人们，尤其是小孩

China's Romeo and Juliet

During the Eastern Jin Dynasty (317–420), in Shangyu County, Kuaili Prefecture, there was a local official named Master Zhu, who had a daughter named Yingli. While this family raised their daughter to be a proper young lady of the times, she grew up with several older brothers and was allowed to study poetry and literature with them. She especially admired the historical and literary works of two eminent women writers of the Han Dynasty—Ban Zhao and Cai Wenji—and saw them as role models for herself. When she became a teenager, she longed to become a serious scholar, but there were no qualified teachers near her hometown. She begged her father to let her go study at the Wangsong Academy in Hangzhou, and of course he refused. Not one to give up easily, she dressed herself up as an itinerant fortune-teller and went to her father to plead again, saying "according to my divination, it would be best to let your beloved daughter go to Hangzhou." Master Zhu could not bear to disappoint his daughter, and she did indeed look and sound like a young man, so he reluctantly agreed. But he ordered Yingli's handmaid to also dress up like a young man to accompany her. Before the pair left home, Master Zhu also made Yingli promise to return home after three years, when she would have reached the proper age to be married.

¹ Between the two great dynasties of Han and Tang, China went through a period of disunion that lasted almost four centuries. As one of the Six Dynasties, Eastern Jin occupied a large territory that included the major cultural centers. It was politically unstable and disunited, but was notable for its cultural achievements.

84 China's Romeo and Juliet

梁山伯与祝英台

东晋时期（317年—420年），会稽郡上虞县的祝员外家有一个女儿，名叫英台。英台从小就接受传统大家闺秀的家庭教育，但她跟几个哥哥一起长大，于是家里也让她跟哥哥们一起习读诗书。英台特别欣赏汉代两位著名女作家班昭和陈文姬的历史文学作品，并视她们为自己的偶像。英台年长的英台渴望成为一名学者，但家附近没有正规的老师。她名在父亲让她去杭州的万松书院读书，父亲当然不允。英台不甘心，乔装打扮成游走的算命先生，又去找父亲求情。她说：“根据来看，最好让英台去杭州求学。”祝员外不忍心让女儿失望，再说，她女扮男装的面相和声音都是一个标准的年轻小生，于是父亲很不情愿地答应了。不过，他吩咐英台的侍女也扮成童童，陪伴在女儿身边。英台和侍女离家前，父亲让英台保证三年后回到家中，那时她也有了出嫁的年龄了。

¹ 在东晋两大盛世王朝之间，中国经历了将近四个世纪的分裂时期。作为六朝之一，东晋虽然政治不稳定，疆域也不统一，但在文化上取得显著成就。

梁山伯与祝英台 85

The Chinese Story of Creation

In prehistoric times there was no sky and earth. The universe was just one undefined mass. Within this mass a giant by the name of Pan Gu had lain asleep for eighteen thousand years. One day he suddenly woke up to find himself plunged in total darkness. In a panic he grabbed a hatchet and swung it at the dark nothingness. "Huala! The nothingness split open, the part above the crack slowly rose to form the sky the part below gradually fell to become the earth.

To prevent the earth and sky from merging again, Pan Gu stood tall with his feet firmly planted on the earth and his arms holding up the sky. Every day the sky continued to rise, and Pan Gu continued to grow taller. Finally, the earth and sky became stable, and Pan Gu collapsed from exhaustion.

From this time on, Pan Gu's body continued to transform into various earthly elements. His breath became the winds and clouds, his voice became roaring thunder, his eyes became the sun and the moon, his four limbs became the four cardinal directions, his skin spread out to form plains, his blood became flowing rivers, even his sweat became the rain that nourished a myriad of plants. That's how the natural world was created.

Eons later the goddess Nü Wa came into this world. But she found it to be a lonely place, as though something was missing.

118 The Chinese Story of Creation

华夏民族的创世纪

在远古时代，天地还没有分开，宇宙还是一团混沌。一个名叫盘古的巨人在这团混沌中沉睡了一万八千年。有一天，盘古突然醒过来了，发现自己困在一片漆黑当中。盘古拿起一把斧头，在虚空一挥，“哗啦”一声巨响，这团漆黑突然分开了，缓缓上升的一片变成了天，渐渐下沉的一片变成了地。

为了防止天地再次融合，盘古双脚牢牢地站在地上，双臂高高地撑着天。天一天天升高，盘古也一日日长高。终于有一天，天地终于分开，盘古也筋疲力尽地倒在了地上。

后来，盘古的身体慢慢地变成了世间万物。他的呼吸变成了风和云，他的声音变成了隆隆的雷声，他的眼睛变成了太阳和月亮，四肢变成了东南西北四个方向，皮肤变成了平原大地，血液变成了川流不息的江河，甚至他的汗水都变成了滋润万物的雨露。盘古就这样创造了自然界。

很久以后，女娲来到了这个世界上，不过她觉得很难，好像生活里缺少了一些东西。

华夏民族的创世纪 119



The Invention of Chinese Writing

The reign of the Yellow Emperor was a golden age of inventions. With the rise in civilization, governing a society became more complex and the need for record keeping grew enormously. Cang Jie had an amazing memory, so he was appointed by the emperor to keep accounts of domesticated animals and stored food. Eventually, Cang Jie realized that his memory was no longer adequate, so he devised an ingenious system of tying objects to strings. To designate different objects and denominations, he used strings of various colors, different knots, and tokens like shells of different sizes and shapes. This system made Cang Jie's

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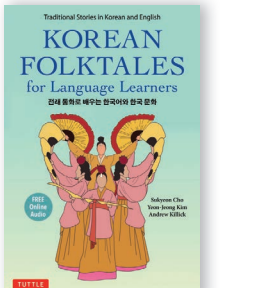
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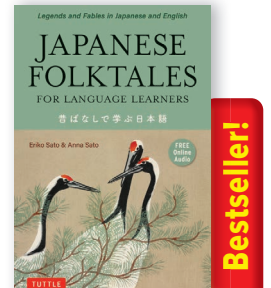
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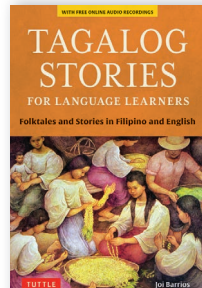
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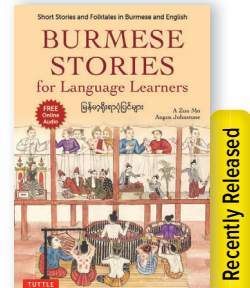
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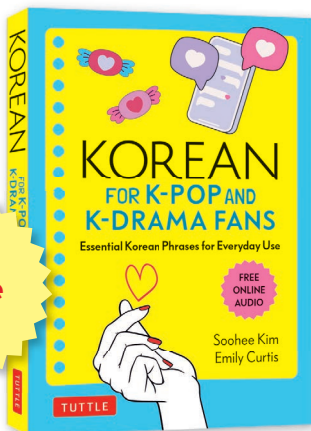
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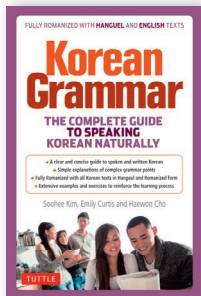
- Pandora's new song is an All-Kill!
- I got a ton of followers
- Online shopping is my downfall
- I drank five bomb shots last night
- U so cute!
- You and your girlfriend are just so cringe!
- OMG, no way!
- My hubby's on a biz trip

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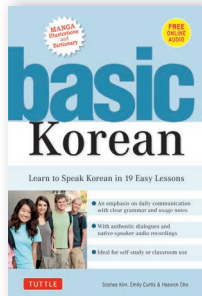
Soohee Kim received her Ph.D. in Linguistics from the University of Washington, where she taught Korean language, culture and linguistics for 17 years. She is the author of *Korean Flash Cards* and the lead author of *You Speak Korean!*, *Easy Korean* and *Korean Hangul for Beginners*.

Emily Curtis holds a Ph.D. in Linguistics and an Ed.D. from the University of Washington. She teaches courses in general linguistics, phonology and morphology at Western Washington University and is a consultant in intercultural communication and language pedagogy. She is the co-author of the Korean textbook series *You Speak Korean!* as well as *Easy Korean* and *Korean Hangul for Beginners*.

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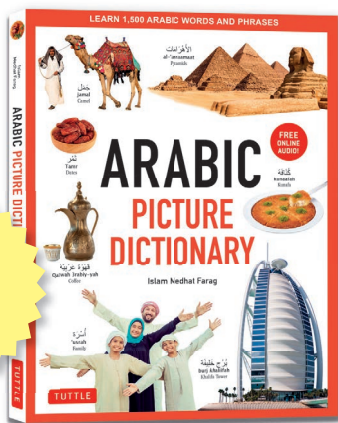
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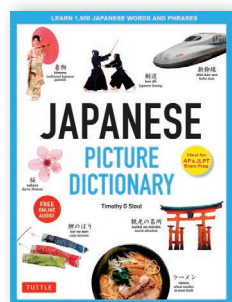
By Islam Medhat Farag

This lavishly-illustrated dictionary presents 1,500 Arabic words and phrases that beginning learners need to know.

The book has 38 thematic sections. Each section presents 25-35 vocabulary items and 5-8 sentences demonstrating their use. Each word and sentence is given in the Arabic script along with a Romanized version to help you pronounce it correctly, and the English meaning.

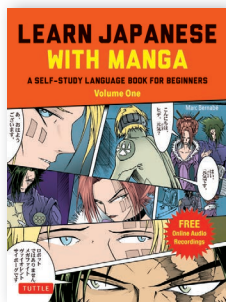
Richly illustrated with over 700 color photographs, this incredible language tool includes an introduction to the Arabic script and pronunciation as well as an English-Arabic index for quick reference. Free online recordings by native Arabic speakers are available for all the Arabic words.

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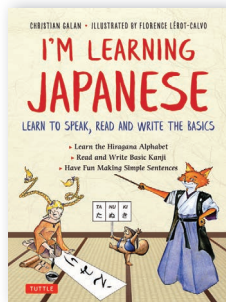
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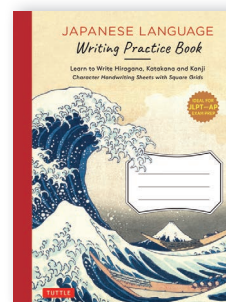
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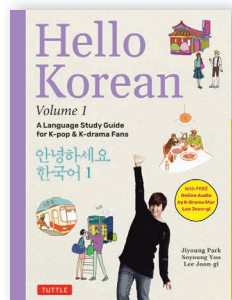
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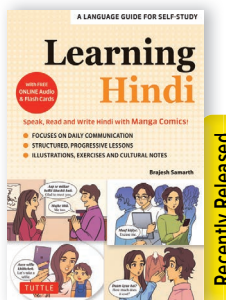
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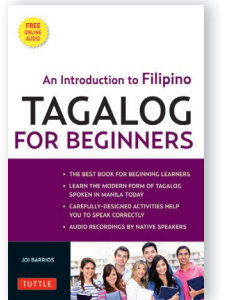
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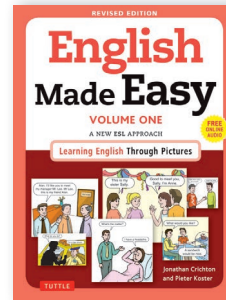


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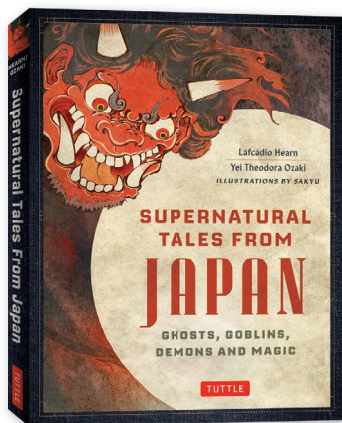
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Selling Territory: World



Supernatural Tales from Japan

Ghosts, Goblins, Demons and Magic

By Lafcadio Hearn and Yei Theodora Ozaki

Illustrated by Sakyu

This collection of fifteen chilling tales brings to life a world where the supernatural and earthly realms are seamlessly intertwined. The ghosts, goblins and magical creatures in its pages are by turns mischievous, terrifying, protective and tender. The stories included in this anthology are:

- ***The Badger Haunted Temple***—A brazen group of friends attempts to rid a temple of a gluttonous, shape-shifting goblin who has taken up residence there
- ***A Cherry Flower Idyll***—A young man falls in love with the ethereal spirit of a cherry blossom tree and vows to find her in the mortal world
- ***The Story of Mimi Nashi Hoichi***—A blind bard is summoned to recite the tale of a famous battle to the ghosts of its victims, only to find that his own life is at risk
- ***And twelve other fabulous tales***—Including several that rarely appear in English!

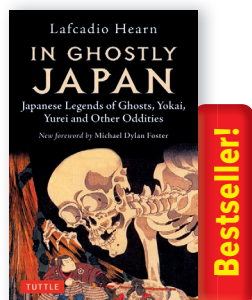
Passed down through many generations, these classic tales are beautifully retold by Lafcadio Hearn and Yei Theodora Ozaki, two great interpreters of Japanese folk traditions. This volume features a deluxe hardcover binding and sixteen all new, full-color illustrations by contemporary Japanese yokai artist Sakyu. It will be treasured by fans of yokai and Japanese culture, as well as anyone who enjoys a good ghost story.

Lafcadio Hearn was one of the earliest Western writers to publish stories and essays about supernatural Japan. He arrived in Japan in 1890 and fell in love with the country and its people. After marrying a samurai's daughter, he became a Japanese citizen and changed his name to Yakumo Koizumi. He began publishing books on Japan in 1894, soon becoming known as the great interpreter of all things Japanese to the West.

Yei Theodora Ozaki was born in Victorian England to a Japanese father and an English mother. After her parents' marriage ended, Ozaki began to travel the world, and to retell in English the traditional Japanese stories she loved. She later married Yukio Ozaki, a Japanese politician, and went on to publish several collections of Japanese folk tales.

Sakyu is an illustrator based in Osaka whose work frequently depicts yokai and other supernatural beings. Blending traditional styles with modern content, she brings humorous insights to life in Japan. Her work has appeared in museums in Japan and abroad, including the Museum of International Folk Art exhibit "Yokai: Ghosts & Demons of Japan" and the video game *Samurai Bringer*.

By the Same Authors:

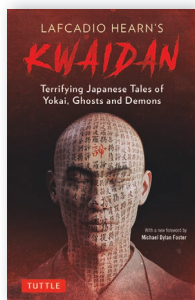


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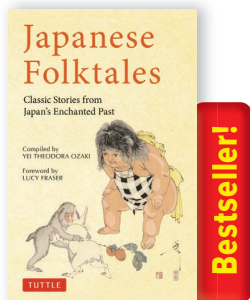


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THE BADGER HAUNTED TEMPLE

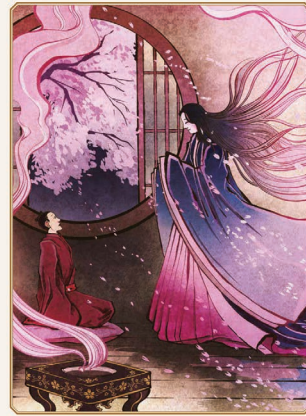
Once long ago, in southern Japan, in the town of Kamamoto, there lived a young samurai, who had a great devotion to the sport of fishing. Armed with his large hooker and tackle, he would often cast out in the early morning and pass the whole day at his favorite pastime, returning home only at midnight.

One fine day he had more than usual luck. In the late afternoon, when he examined his basket, he found it full to overflowing. Highly delighted at his success, he waded his way home with a light heart, singing catches of merry songs as he went along.

It was already dark when he happened to pass a deserted Buddhist temple. He noticed that the gate stood half open, and being thirsty on his rainy night, and the whole place had a dilapidated and run-down appearance.

When was the young man's acquaintance to see, in striking contrast to such a desolate environment, a pretty young girl standing just within the gate. As he approached she came forward, and looking at him with a meaning

THE BADGER-HAUNTED TEMPLE
177-181



A CHERRY FLOWER IDYLL

About one hundred years ago, in the old capital of Kyoto, there lived a young man named Taira Shunbo. At the time this story opens he was about twenty years of age, of pre-pubescent appearance, amiable disposition, and refined tastes, his favorite pastime being the composition of poetry. His father decided that Shunbo should finish his education in Edo, the Eastern capital, where he was accordingly sent. He proved himself an apt scholar, more clever than his comrades-students, which won him the favor of the tutor in whose charge he had been placed.

Some months after his arrival in Edo, he went to stay at his uncle's house during convalescence from a slight illness. By the time he was well again the spring had come, and the call of the cherry-blossom season found a ready response in Shunbo's heart, so he determined to visit Koganei, a place famous for its cherry trees.

One fine morning he arose at dawn, and, equipped with a small lunchbox box and a good filled with sake, set out on his way.

A CHERRY FLOWER IDYLL
182-186



URASHIMA

Urashima was a fisherman of the Inland Sea. Every night he piled his trade. He caught fishes both great and small, being upon the sea through the long hours of darkness. Thus he made his living.

Upon a certain night the moon shone brightly, making plain the paths of the sea. And Urashima knelt in his boat and dabbed his right hand in the green water. Low he leaned, till his hair lay spread upon the waves, and he paid no heed to his boat that listed or to his trailing fish-net. He drifted in his boat till he came to a haunted place. And he was neither waking nor sleeping, for the moon made him mad.

Then the Daughter of the Deep Sea arose, and she took the fisherman in her arms, and sank with him, down, down, to her cold sea cave. She laid him upon a sandy bed, and long did she look upon him. She cast her sea spell upon him, and sang her sea songs to him and held his eyes with hers.

He said, "Who are you, lady?"

She told him, "The Daughter of the Deep Sea."

URASHIMA
187-191

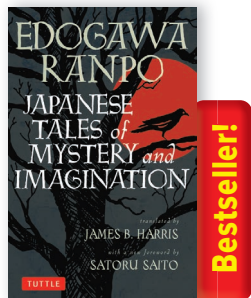


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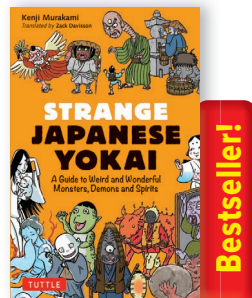
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September

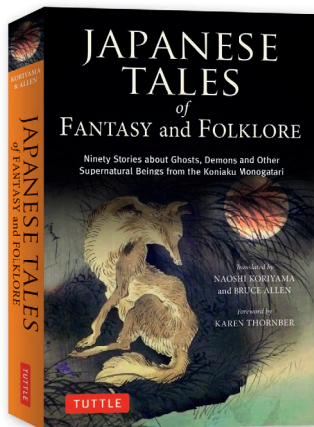
Literature

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90 short stories

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Japanese Tales of Fantasy and Folklore

Ninety Stories about Ghosts, Demons and Other Supernatural Beings from the Konjaku Monogatari

Translated by Naoshi Koriyama and Bruce Allen
Foreword by Karen Thornber

The *Konjaku Monogatari* is a collection of tales from Buddhist and popular Japanese folklore that was compiled in the twelfth century. The stories tell of fearsome demons, tengu goblins, kitsune fox spirits, flying hermits and gods who suddenly appear out of nowhere to rescue foolish humans.

This volume contains the largest collection of *Konjaku Monogatari* stories ever published in English. It presents the low and the high, the humble and the devout—and the flirting, farting and fornicating of everyday men and women. The ninety tales in this book include:

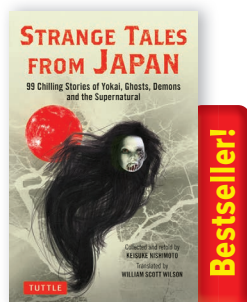
- ***A Clerk from Higo Province Escapes from a Demon's Scheme***—A man on horseback is invited to rest in a woman's house. But he soon realizes she is a demon and takes refuge in a cave, as the demon eats his horse. From deep in the cave comes the voice of another demon and the man prays to Kannon, the Goddess of Mercy. Will his prayers be heard?
- ***Empress Somedono is Seduced by a Tengu Goblin***—A beautiful princess is plagued by an evil spirit, who is banished by a mystical high priest. Delighted, her father asks the priest to live in the palace, where the priest falls in love with her. However, the only way he can make her fall in love with him is to take the form of a tengu goblin and cast a spell over her.
- ***A Fox Whose Ball is Returned Repays a Man's Kindness***—A sorceress is called to exorcise a haunted house and discovers the spirit is a kitsune fox. A beautiful white ball materializes, belonging to the kitsune. A samurai watching the scene snatches it. Desperate, the kitsune begs for its ball back, promising to protect the samurai, who reluctantly agrees. One night, lost in the dark, the samurai calls out to the kitsune for help and is guided safely home.

Naoshi Koriyama taught at Toyo University in Tokyo, where he is now Professor Emeritus. He is the translator of *Like Underground Water: The Poetry of Mid-Twentieth Century Japan* and numerous other books of verse.

Bruce Allen is Professor in the Department of English Language and Literature at Seisen University in Tokyo. He has translated several works of the Japanese writer Ishimure Michiko, including her novel *Lake of Heaven*.

Karen Thornber is Harry Tuchman Levin Professor in Literature and Professor of East Asian Languages and Civilizations at Harvard University. Her books include *Gender Justice* (2024), *Global Healing* (2020), *Ecoambiguity* (2012), and *Empire of Texts in Motion* (2009).

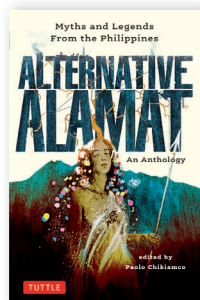
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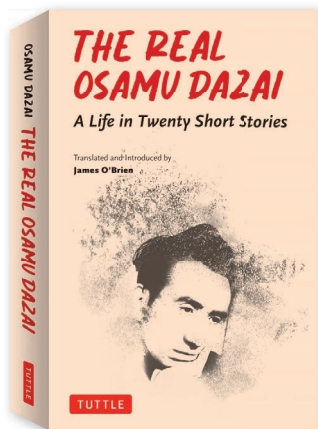
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20 short stories

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For ages 16 and up



The Real Osamu Dazai

A Life in Twenty Short Stories

By Osamu Dazai

Translated and Introduced by James O'Brien

Best-known for his novels *No Longer Human* and *The Setting Sun*, Dazai was also an acclaimed writer of short stories, experimenting with a wide variety of styles and bringing to each work a sophisticated sense of humor, a broad empathy for the human condition and a tremendous literary talent. The twenty stories in this collection include:

- **Memories**—An autobiographical tale in which Dazai relates episodes from his own childhood and adolescence, highlighting his difficult relationship with his family and his tendency toward introspection and self-dramatization
- **On the Question of Apparel**—A comic tour-de-force in which Dazai examines the hold that fashion has over him and how it relates to his own negative self-image
- **A Poor Man’s Got His Pride**—A retelling of a story by the 18th-century master of burlesque fiction, Ihara Saikaku, about a fallen samurai who lives in abject poverty
- **The Sound of Hammering**—A love story set against the backdrop of the rebuilding of Tokyo after the city was completely destroyed during World War II
- **And sixteen other fascinating stories!**

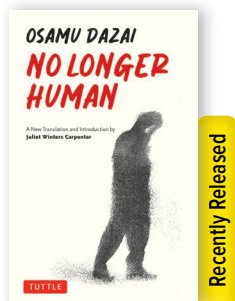
By turns hilarious, ironic, introspective, mystical and sarcastic, these present a fully rounded portrait of a talented writer who tried several times to take his own life and ultimately succeeded. An introduction by translator James O'Brien gives the background to Dazai's life and shows how the stories in this book, whether autobiographical or fictional, contribute to an understanding of one of Japan's greatest writers.

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Osamu Dazai (1909-1948) was the pen name of Shuji Tsushima, the tenth of eleven children born to a wealthy landowner and politician in the far north of Japan. Dazai studied French literature at the University of Tokyo, but never received a degree. He first attracted attention in 1933 when magazines began to publish his work. Between 1930 and 1937, he made three suicide attempts, a subject he deals with in many of his short stories. Despite his troubled life and rebellious spirit, Dazai wrote in a simple and colloquial style, conveying his personal torments through literature. Dazai's life ended early in a double suicide with a married lover.

James O'Brien is Professor Emeritus at the University of Wisconsin-Madison and has published several translations of both modern Japanese fiction and poetry. His most notable work is the short story collection *Crackling Mountain and Other Stories* by Osamu Dazai. He has also published modern translations of poetry by Hagiiwara Sakutarō, Kitahara Hakushū, Miyoshi Tatsuji, Takamura Kotarō, and Murano Shiro, and modern tanka by Yosano Akiko.

By the Same Author:



No Longer Human

New Translation

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October

Literature / Poetry

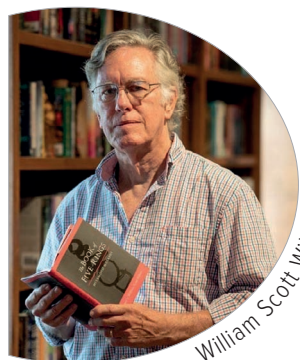
6 X 9 • 144 pages

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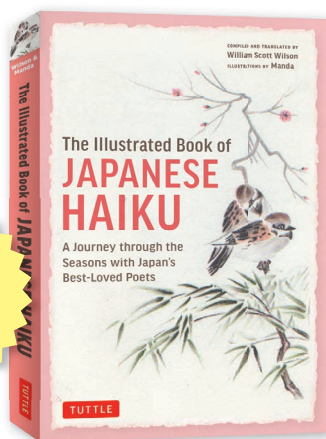
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- Author available for interviews and events; contact publicity@tuttlepublishing.com



William Scott Wilson

Free Online Audio



The Illustrated Book of Japanese Haiku

A Journey Through the Seasons with Japan's Best-Loved Poets

Compiled and Translated by William Scott Wilson
Illustrated by Manda

This charming collection of haiku by Japan's best-known poets is perfect for poetry lovers and anyone who wants to learn more about Japanese haiku. Selected, introduced and exquisitely translated by William Scott Wilson, the book features 340 haiku by 100 famous poets, with commentaries by the translator.

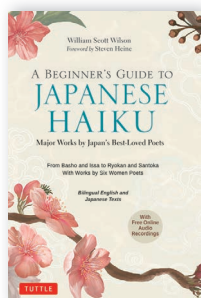
Seasonal poems by the "Great Four" poets—Basho, Shiki, Buson and Issa—are featured alongside the works of other well-known poets like Ryokan, Kikaku and Santoka. Wilson provides fresh new translations of these classics and includes many other delightful works by poets who are rarely found in English anthologies, including the female poets Kaga no Chojo and Hisajo, as well as haiku written by the famous Japanese novelist Sōseki Natsume.

The book is illustrated with 30 lovely haiga illustrations by award-winning French artist Manda, who has received the Order of the Rising Sun from the Japanese government for her work. All of the poems are presented in Japanese script with Romanized text and English translation. Audio recordings of the Japanese and English versions of the haiku are available online.

William Scott Wilson has published 20 books that have been translated into 21 foreign languages, including *The Lone Samurai: The Life of Miyamoto Musashi*. His translation of *Hagakure*, an 18th century treatise on samurai philosophy, was featured in the film *Ghost Dog* by the director Jim Jarmusch. Wilson was awarded a Commendation from the Foreign Ministry of Japan and inducted into the Order of the Rising Sun by the Japanese emperor.

Around thirty years ago, **Manda** felt the need to free herself from the academic art world and distance herself from Western culture. She decided to travel to Japan. Frequent stays there gave her the opportunity to adopt new perspectives. She learned from Japanese masters the "art of the line" as well as the mysteries of *haiga*, compositions where painted images and calligraphy come from the same brush, forming an integrated whole. She has published many books of *haiga* illustrations and poems in her native France, notably on the works of Basho and Santoka.

By the Same Translator:

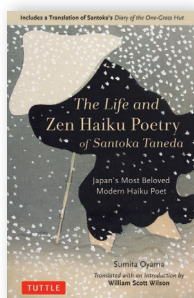


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*Ongoing spring;
a nameless mountain
under a light mist*
—*Basho*

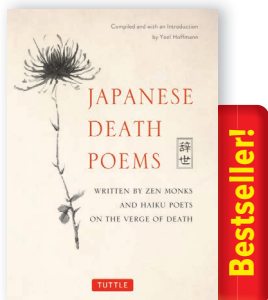
*Though its flowers are blooming,
it looks difficult
for the old tree*
—*Keio Mokusetsu*

*Unaware that I am getting old,
the flowers
in full bloom*
—*Chigetsu*

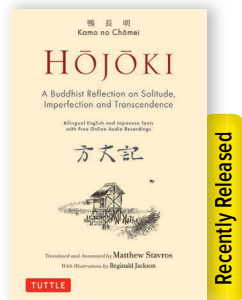
*Wisteria blooming;
my hut now seems
not so simple.*
—*Kukuu*



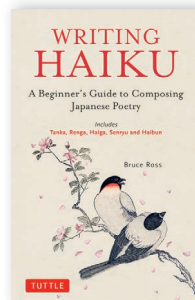
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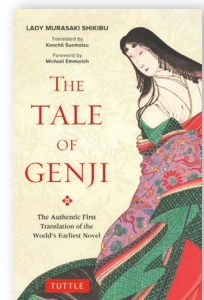
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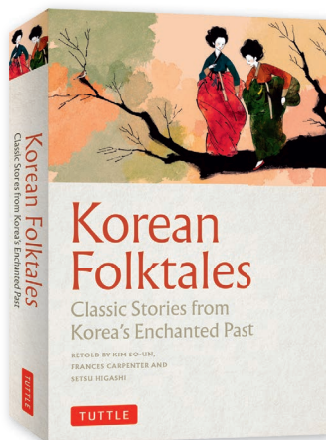
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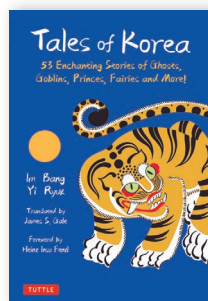
This collection is unparalleled in its scope and is the perfect introduction to Korea's rich storytelling tradition—containing classic legends and fables that will delight young and old alike!

Kim So-un studied poetry and folklore before working for a major newspaper in Seoul and as Chief Editor of the Korean Children's Educational Institute. He published 23 works in Korean and Japanese in a range of genres including poetry, folktales, folklore, folk songs and critical essays.

Frances Carpenter had a love of foreign lands and cultures, which she observed closely during her extensive travels—first with her journalist and author father and later with her diplomat husband. She traveled extensively throughout the world and served as a fellow of the Royal Geographical Society and Vice President of the International Society of Woman Geographers.

Setsu Higashi was raised and educated in Vancouver, Canada and moved to Tokyo in 1940 when her husband, Shinobu Peter Higashi, was transferred there by the Associated Press. She honed her storytelling style on her son, an avid listener of her bedtime tales.

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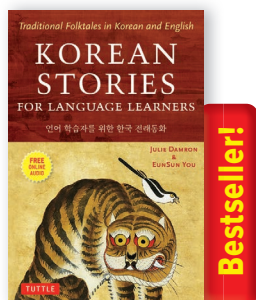


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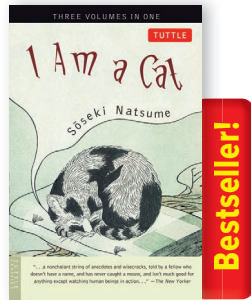
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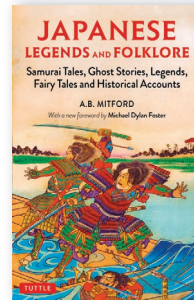
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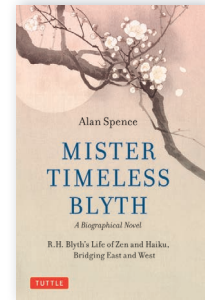
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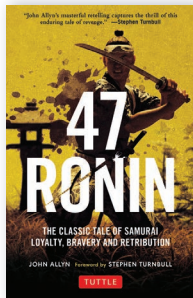
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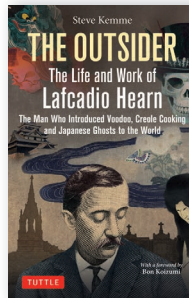
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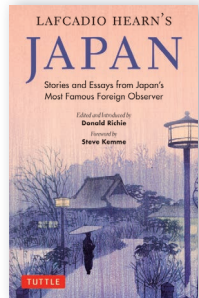
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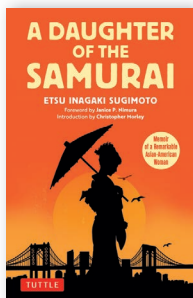
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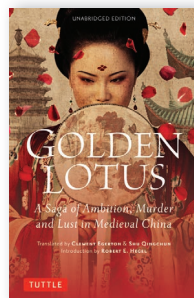
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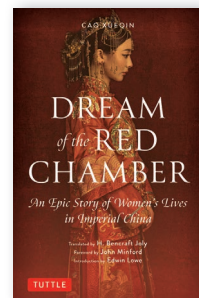
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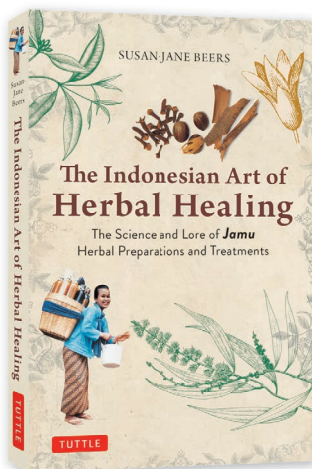
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The Indonesian Art of Herbal Healing

The Science and Lore of Jamu Herbal Preparations and Treatments

By Susan-Jane Beers

Jamu herbal preparations are part of an integrated system of inner and outer health and beauty that has been honed and practiced for centuries by Indonesians. This book is the result of ten years of research and over 100 interviews with jamu practitioners and producers—from housewives and home apothecaries to the CEOs of multinational corporations who produce modern jamu products for export. It is designed for anyone who is interested in traditional herbal medicine, health and beauty.

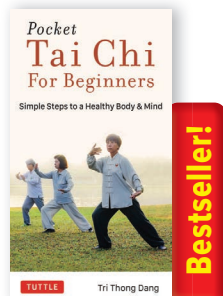
Jamu treatments have been used in Indonesia since at least the 16th century but until recently were unknown in the west. How, when and where were these treatments developed and used? What is so special about them and why are they now becoming popular in spas and health retreats worldwide? In the pages of this book, you'll learn about:

- The secret world of ancient Javanese palaces where Indonesian jamu was perfected
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- Detailed information about the natural herbs and ingredients found in jamu preparations
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- How jamu is sold traditionally, and the female pioneers of the modern jamu industry
- And many other fascinating topics!

The Indonesian Art of Herbal Healing is lavishly illustrated with over 100 photographs and is the first definitive reference in English on this exotic and practical healthcare system.

Susan-Jane Beers is an Irish-born writer with a background in public relations and journalism. While living in Indonesia in the 1990s, she became interested in traditional Indonesian herbal medicine when it solved a chronic ailment within days. This led her to embark on ten years of in-depth research into the archipelago's health and beauty treatments. Beers wrote for regional magazines, including *Attention*, *The Peak* and *B International* in Hong Kong and *Expat* magazine in Singapore. She moved into television production working for The Complete Picture Company and Bang Productions, Singapore, before joining Indonesian health and beauty company, Martha Tilaar Group. In 2010 Beers returned to London and now lives in Malaysia.

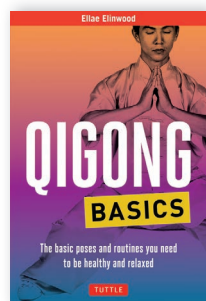
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Indonesian Healing Through the Ages

THE USE OF HERBS IN A CURATIVE OR HEALTH-GIVING CAPACITY IS AS OLD AS JAVANESE CIVILIZATION ITSELF.

Tracking down the origins of jamu is no easy task. The use of herbs in a curative or health-giving capacity is as old as Javane civilization itself. Indonesians believe herbal medicine originated in the ancient palaces of Surakarta (Solo) and Yogyakarta in Central Java. The culture of the courts also developed as a result of various exotic influences—Chinese, Indian and Arab—and these influences are reflected in their herbal medicine. But as with many things Indonesian, solid evidence is hard to find.

Early Evidence

Experts agree the use of plants for medicinal purposes in Indonesia dates from prehistoric times. The theory is substantiated by the impressive collection of Neolithic stone implements in Jakarta's National Museum that were almost certainly used for daily health-care. Tools such as mortars or rubbing stones were used to grind plants and obtain powders and plant extracts.

Further proof can be found in stone reliefs depicting the human life cycle at the famous Borobudur temple dating from c. AD 800–900. In these carvings the *kalaputra* leaf (from the 'mythological tree that never dies') and other ingredients are being pounded to make mixtures for women's health and beauty care. These reliefs also depict people giving body massage, a healing process recorded in many parts of the world, particularly in China, Japan and India. With the establishment of early trade routes between Asia and Asia Minor, healing techniques would have quite easily passed from East to West, and vice versa.



Archival photograph showing Javanese from the kebon making jamu.



The Raw Ingredients of Jamu

DESPITE THE LARGE NUMBER OF PLANTS AVAILABLE, ONLY A HANDFUL OF SPECIES ARE THE UNDISPUTED SUPERSTARS OF JAMU—THEY ALL BELONG TO THE GINGER OR ZINGEBERACEAE FAMILY.

Of the 40,000 species of tropical plants in the world, an estimated 30,000 grow in Indonesia. The archipelago is one of the most biodiverse regions in the world. To date, some 7,000 cultivated species have been identified. Close to 1,000 of these are commonly used in the preparation of Indonesia's traditional medicine, although only 286 plants have been registered in the *Materia Medika Indonesia* at the Department of Health.

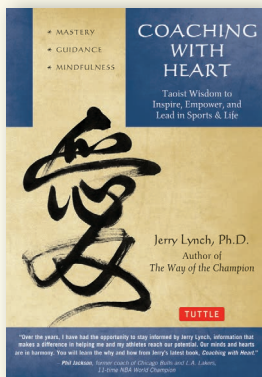
This last figure reflects those species used by the major jamu producers, who struggle to keep 200 essential ingredients in stock at any one time. Jamu sellers working from home use up to 100 plants on an ad hoc basis, but focus on only 10 or 12 when preparing their daily stocks. The balance of 700 to 800 plants is used by villagers for a vast range of formulae that never appear in official records. By contrast, the Ministry of Agriculture maintains that the industry needs no more than 20 medicinal plants.

Over the centuries, Indonesians have experimented with their botanical heritage in numerous ways. There is no doubt that huge number of medicinal plants were selected for their effective healing powers; others may have been used because of similarities between the characteristics of the plant and the ailment, as dictated by the popular doctrine of signatures or similarities. This suggests that the shape, colour or texture of each plant is a sign virtually telling us what ailments it can cure. Thus, hair-like plants are supposed to make hair grow, flowers with eyes give sharper vision, heart-shaped leaves cure heart disease, red blooms are effective against bleeding, while orchids are excellent aphrodisiacs.



Raw materials about to go under the gandas, or grinding stone for the first crushing.

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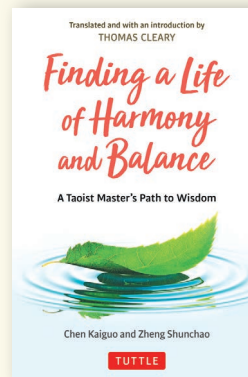
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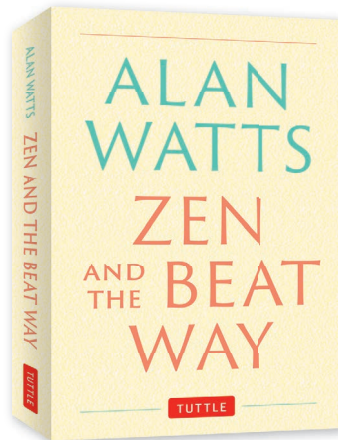
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Zen and the Beat Way

By Alan Watts

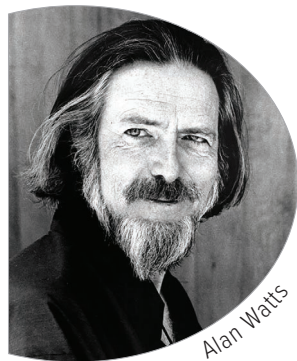
When Jack Kerouac wrote his novel *Dharma Bums*, his views on Zen Buddhism echoed the sentiments of the Beat Generation, who found in Zen a way of life unencumbered by the limitations of “square” society. And it was the philosopher Alan Watts who first spoke about Zen in terms that were accessible to mainstream Western audiences. Watts was an engaging speaker and an icon of America’s Counterculture movement who named among his friends Aldous Huxley, Lawrence Ferlinghetti, John Cage and Joseph Campbell.

Through his popular series of radio talks, *Way Beyond the West*, Alan Watts presented the practical side of Zen, which he described as “a cure for education and culture.” By the early sixties, his radio programs were renowned for their synthesis of Eastern wisdom and everyday life. This book is an engaging introduction to Watts’ enduring teachings. The fascinating essays in this collection include:

- **The Beat Way of Life**—How the Beats lived an uncomplicated Zen life and despite being denigrated as worthless slackers, like Eastern thinkers they actively pursued “an arduous course of spiritual and psychological discipline”
- **Return to the Forest**—How the popular works of the writer Joseph Campbell influenced the earliest Beat traditions by advocating an internal search for individual truth over learned schools of thought
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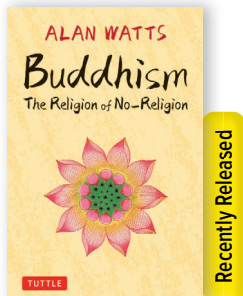
Watts’ teachings—delivered during an era of turmoil and political strife—are as timely today as they were half a century ago.

Alan Watts was a former Episcopal priest, born in London in 1915. He came to the U.S. in the 1930s, where he became a scholar of Eastern religions. He moved to San Francisco in 1951 where he began teaching Buddhist studies and in 1956 began his popular radio show, *Way Beyond the West*. By the early 1960s, his radio talks aired nationally and the Counterculture movement adopted him as its spiritual spokesman. He went on to write more than twenty books. He died in 1973.



Alan Watts

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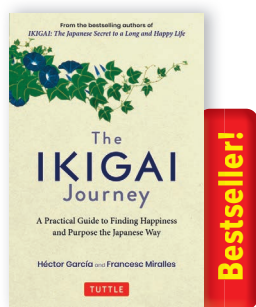
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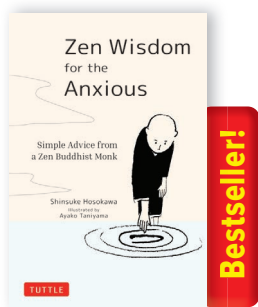


From left to right:
Timothy Leary, Allen Ginsberg,
Alan Watts and Gary Snyder.

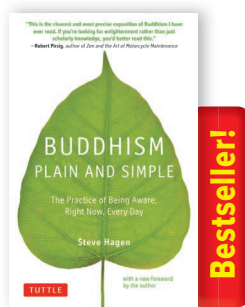
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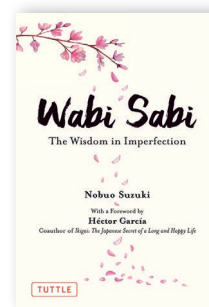
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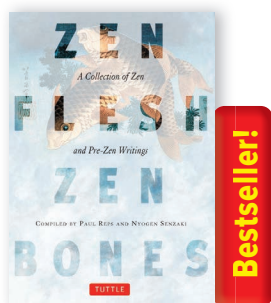
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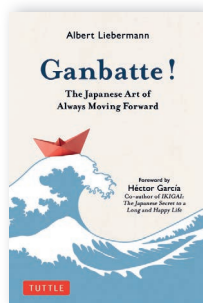
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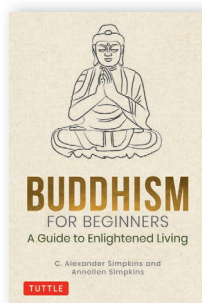
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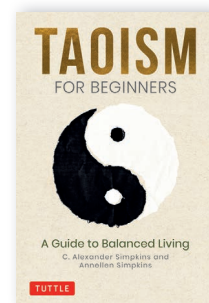
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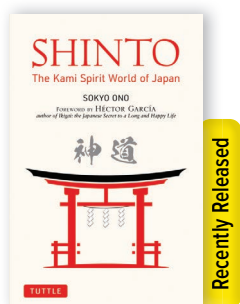
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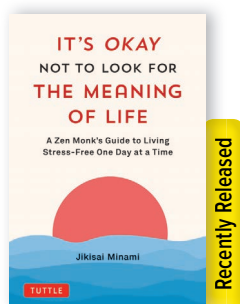
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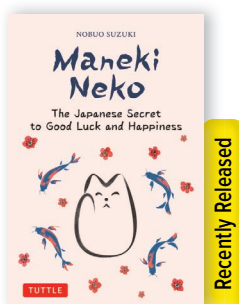
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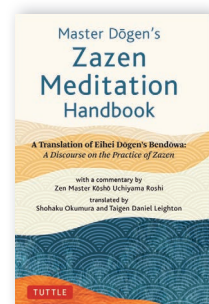
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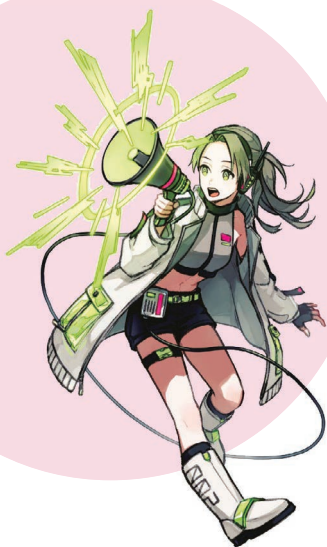
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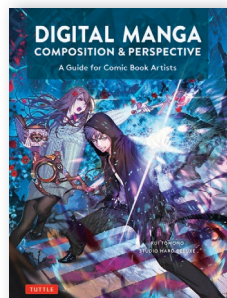
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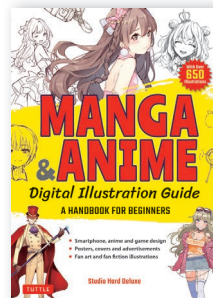


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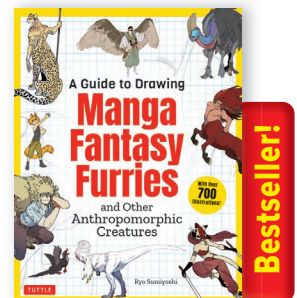


Manga & Anime Digital Illustration Guide

A Handbook for Beginners

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A Guide to Drawing Manga Fantasy Furies and Other Anthropomorphic Creatures

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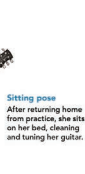
Poses Tailored to Items & Objects

Certain items have specific ways they are held or used, which can somewhat limit the range of poses. Always imagine the scene, setting or situation in which the character is using the item. Here we'll look at various poses associated with a young aspiring rocker.

Jumping pose
On the day of the live performance, she leaps into the air during the climax of the song.



Standing pose
Practicing with band members for the upcoming cultural festival, she plays while standing and moving to the rhythm.



Sitting pose
After returning home from practice, she sits on her bed, cleaning and tuning her guitar.

Even when using the same generic description, such as "girl in a sailor suit," if the character design and mode of expression are changed, the result will be completely different.

Variations on a Theme

- Serious and cool, yet dignified
- Likes to read and seems to be easy-going
- Cheerful and athletic, up for anything

So if I meld my character design with my style and modes of expression, will the result be what I imagined?

Let's try it!

Let's start with the character design.

The image you want to express is innocence, the freedom of youth in that right? Exactly!

Original Design

Her hairstyle and skirt length give her a more lively, mature look.

Brighter hair color or sprayed make

Short skirt length

Well-worn sneakers

A More Tailored Look

Giving the design a fresh reinvention.

A darker hair color, while the short bangs make her look a little younger.

The body is emphasized by making the uniform slightly larger.

Add a school bag for visual variety.

The shoes should be brand-new loafers.

How about a design like this?

Wow, when I first sketched the character, I didn't think about it in such detail!

Distinctive Bodies

You can always add distinctive parts to a human shape, but sometimes an altogether different species or creature is needed. The impression can vary depending on how much you utilize these distinctive features and whether they're applied to portions of the body or the whole frame.

Examples of Special Settings

Ghosts & monsters

Some might lack feet or be entirely disembodied or have orbs of fire floating around them. Other monsters have a single eye, white zombies and jiangshi are comprised of oozing, rotting flesh.



Furries & anthros

In addition to adding a tail to a human form, you could also design the face to resemble an animal, cover the body with fur or incorporate beauty features. Consider also mermaids, with a human upper body and a fish lower body, or centaurs, with a human upper body and a horse lower body.



Robots & bipedal humans

Human-robot hybrids can be blended in with human forms, or a robot model in its shape might be used, but with emphasis that it is not a robot.

Basic Body Design

Distinctive Body Parts

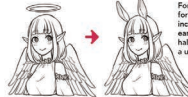
Especially in fantasy, adding parts to the body such as wings, horns or tails can emphasize a character's individuality and make their identity and backstory clearer to the audience.

Body Part Elements

Adding distinctive parts can certainly amplify the fantasy element of your creations. But it's important to integrate them into the characters' overall appearance and the world he, she or they occupy.

Type of parts

Wings, horns and tails use non-human appendages and features. By showing their shape and texture, you can convey the nature of the creature and the character's background.



For instance, even for an angel, by incorporating rabbit ears instead of a halo, you can achieve a unique design.

Number and position of parts

The number and placement of the parts can express a character's individuality. Even when drawing multiple characters of the same species, you can differentiate each character by varying these aspects.



Even if you're incorporating the same demon horns, you can express individual differences by varying their number and position, thus expanding the design possibilities.

Size of parts

Making them larger in proportion to the body can emphasize that feature or create a focal point. Making a part larger can also convey power or strength. On the contrary, making them smaller can make them appear cute.



For example, on the left, making the tall larger conveys strength, while on the right, enlarging the wings emphasizes flying ability.

Be Conscious of the Balance with Surrounding Colors

In the initial design, the colors of the hair and clothing were decided based on the skin tone. Changing that skin color disrupted the color balance!

When you change a color somewhere, always remember to adjust its balance with the surroundings!

Comparison Before and After Changing the Skin Color



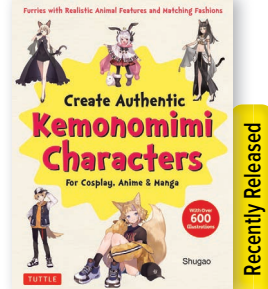
While brown tones dominate over all, there's a significant difference in brightness between the skin and the other colors, creating a visually clear arrangement around the face.

Adjusting the Balance with the Surroundings

Once the colors were changed, the skin tone became more prominent!



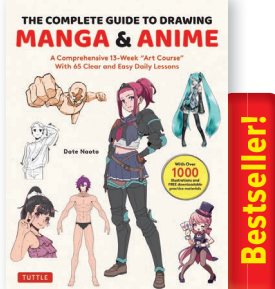
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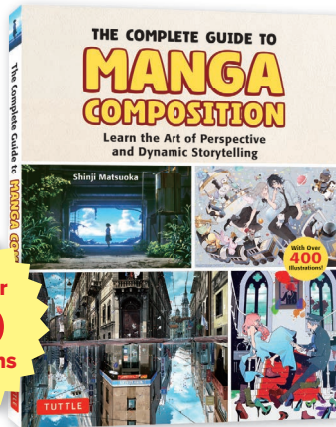
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The Complete Guide to Manga Composition

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In this complete coursebook, award-winning author and manga illustrator Shinji Matsuoka provides 80 full-color manga drawings by talented professional artists as case studies to show you how to improve and upgrade your own drawing skills. The illustrations serve as examples demonstrating how to use the time-honored principles of composition and perspective to create balance and

stability, establish focus and direct the viewer's eye dynamically around an artwork.

In hundreds of detailed notes and tips, Matsuoka also teaches you about the use of color, shapes, framing, shadows and focal points to communicate your stories in a clear and engaging way. The illustrated case studies in this book show you how to:

- Ground your illustrations by using time-tested compositional principles as you position elements on the canvas
- Make the characters stand out through the use of framing to direct the viewer's gaze
- Create a sense of dynamism by using the lines formed by elements in your drawing to form a flowing path around the frame
- Depict scenes from unexpected angles like low angle, telephoto and bird's-eye views to create a more dramatic impression
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Panorama Composition

- A composition with a wide-angle, longshot frame, creating a strong visual impact.
- It can express a free and relaxed image.
- Achieving balance in the frame is challenging, requiring a good sense of design.

Creating a Feeling of Freedom and Openness

A "panorama composition" refers to a layout that is horizontally or vertically elongated, allowing one to overview a vast area. Due to its lack of verticality, it offers the most relaxed impression, allowing viewers to look at the artwork with a generous spirit.

When drawing an artwork with an irregular angle like the panorama composition, it's important to effectively highlight the scene's focus. For instance, when multiple characters are introduced, depending on their arrangement, the artwork might lack contrast, making it difficult to distinguish between main and supporting characters.

While the panorama composition allows for free and fun drawing, balancing the whole image is challenging. To utilize the wide angle and bring everything together harmoniously, the artist's experience and sense of design are crucial.



Angle of View
Refer to the angle depicted in the frame. In illustrations, any angle, whether extremely wide or tall, can be expressed. Refer to the various angles shown in the text.

The artist provides a wide, open feeling that evokes a pleasant atmosphere for the viewer. You can relax the body, mind or emotions from the scene. Additionally, the wide angle of the horizon provides a sense of freedom, allowing the viewer to enjoy the scene. The artist uses the wide-angle perspective to create a sense of freedom and openness.

ART INSTRUCTION 131

Golden Ratio/Golden Spiral Composition

- Incorporates the ratio the humans find beautiful, known as the "Golden Ratio."
- A technique widely used in architecture and paintings about ancient times.
- The "Golden Spiral" is based on the Golden Ratio, can also be utilized in composition.

A Ratio that Produces Beautiful Balance

The Golden Ratio is a proportion of a ratio presented as a beautiful by humans, appearing in a 1.618 or roughly a 1:1.618 ratio. It is said that by incorporating the Golden Ratio into illustrations, one can create "the most aesthetically pleasing composition."

The Golden Ratio is a proportion that can also be found in nature and has been used in architectural structures and paintings for centuries. Examples include the Parthenon temple in Greece, Leonardo da Vinci's "Mona Lisa," and Raphael's "The School of Athens." Even today, it is believed to be used in large ranges of composition like Apple, as well as "Twitter" and "YouTube."

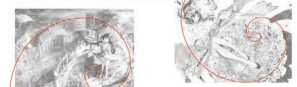
Here, we would like to explore compositions that utilize the "Golden Spiral," a derivative of the Golden Ratio composition.

Golden Ratio
One of the "divine ratios" named after a model that humans find aesthetically pleasing. Apart from the Golden Ratio, there are other ratios like the "Silver Ratio," "Fibonacci Ratio," and "Platonic Ratio."

How to Draw the Golden Spiral



- 1 Draw a rectangle with a 1:1.618 ratio. This is called the Golden Rectangle.
- 2 Draw a square with a side length of 1.000. This is called the Golden Square.
- 3 Draw a square with a side length of 1.618. This is called the Golden Square.
- 4 Draw a square with a side length of 2.618. This is called the Golden Square.
- 5 Draw a square with a side length of 4.236. This is called the Golden Square.



The line connecting the Golden Spiral and the Golden Ratio is a key element in the artist's work. In the illustration, the Golden Spiral and the Golden Ratio are used to create a sense of balance and harmony. The Golden Spiral is a derivative of the Golden Ratio, and it is used to guide the viewer's eye through the composition.

ART INSTRUCTION 130-131

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balloon options, followed by 124 sketchbook drawing pages—more than any other book!

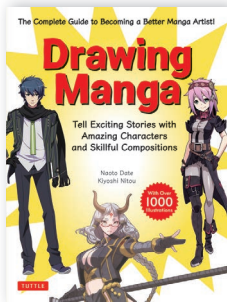
The variety and flexibility of templates in this book allow you to sketch your own story and design your own comic exactly the way you want it. The introductory tutorials offer:

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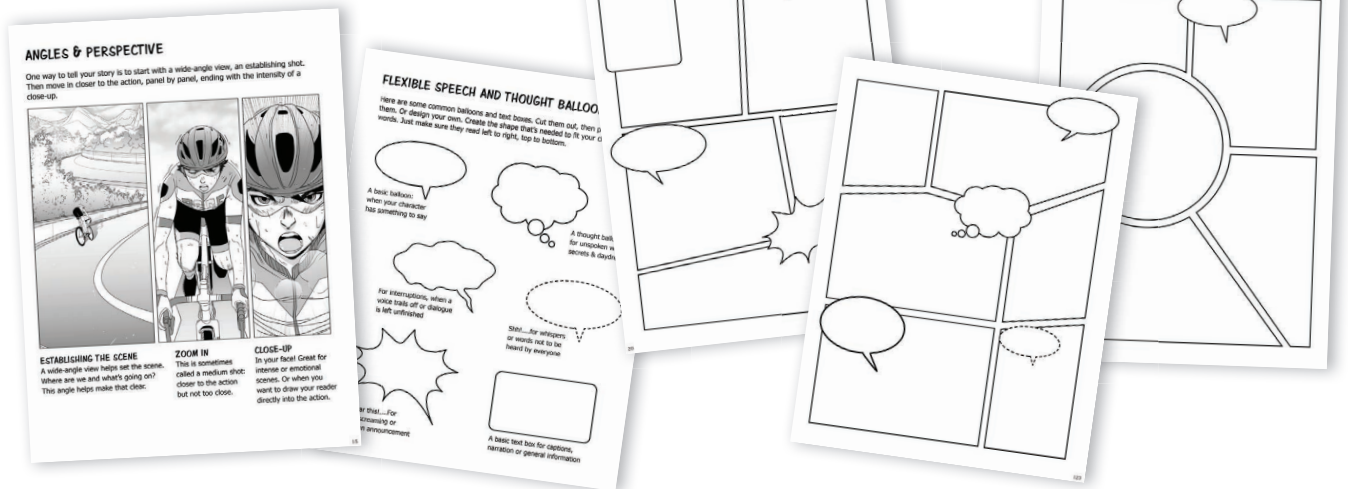
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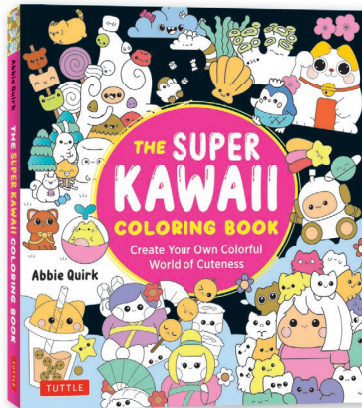
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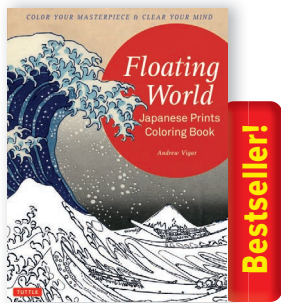
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Providing hours of mindful activity and fun, this book allows you to lose yourself in a colorful world of cuteness. Watch as a kaleidoscope of Kawaii fills up every page!

Abbie Quirk is a London-based artist, illustrator and graphic designer who produces original Kawaii designs for a range of international clients.

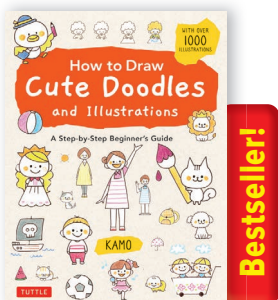
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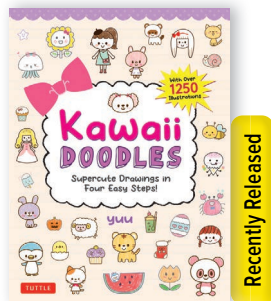
Have hours of fun learning to draw cute manga-style princesses by tracing the outlines provided in this book, coloring them in and then drawing them yourself on the practice pages. Take a princess quiz, cut out adorable cards and envelopes, learn enchanting princess



spells and much more! This exciting children's activity book features:

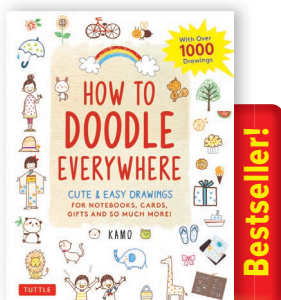
- Dozens of princesses and cute characters to trace, color and copy
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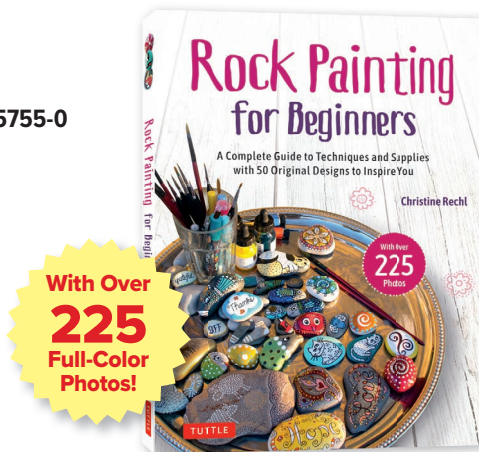
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Rock Painting for Beginners

A Complete Guide to Techniques and Supplies with 50 Original Designs to Inspire You

By Christine Rechl

Using pens, markers, paints and brushes and the easy lessons in this book, you will be able to turn inexpensive stones into gorgeous works of art that everyone will love. Design expert Christine Rechl provides all the information needed to get you started, including simple tips and techniques and over 50 inspiring designs. This book is intended for aspiring artists of all ages. It shows you how to create a wide range of different designs, including:

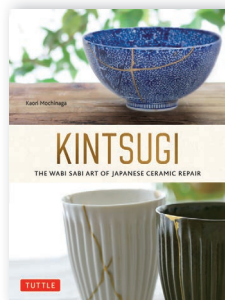
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Create a rock display in your home or send an inspiring message to a friend. You can even place them around your neighborhood for others to discover! Painted rocks make perfect gifts and keepsakes to treasure forever!

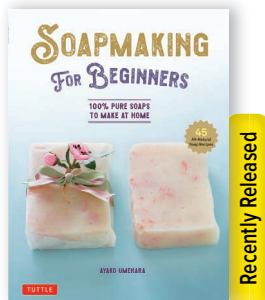
Christine Rechl designs home décor, textiles, wrapping papers and porcelains when she's not writing a new book. She lives in Coburg, Germany, with her family and is the author of many books, including *1,001 Very Easy Design Motifs*, *Creative Beading*, *Magical Stones: 30 Symbols, Oracles and Spirit Animals to Paint* and *Favorite Phrases: Sayings, Messages and Quotes Painted on Stone*.



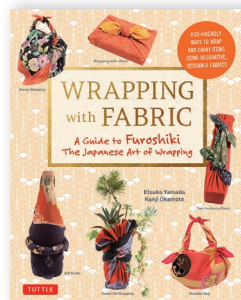
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My Tip
Spirals look like symbols from a bygone era. Give them a shabby-chic character, and with a little imagination, they can look like relics from antiquity.

Paint with the base color, then sand with sandpaper or a pot scraper, draw on it, sand again, give a hint of very diluted gold paint over it, draw, sand, decorate, varnish. Go wild until you like the stone!

45



Techniques

I'll now show you some examples to explain how you can use various techniques to set your ideas in stone. The basics I've already explained to you, now it's about the structure: How do I start, what comes at the end? You can then apply this to all motifs. I won't explain every step of every motif, because the principle is basically always the same. And the rules are the same too: There are no rules! Be free and be creative!

Using Acrylic Markers

As the name suggests, these markers contain acrylic paint and are supposed to be waterproof, but this isn't always the case—even if it says so on the packaging. In general, acrylic markers are a science in their own right: Let me try and make the selection easier for you.

If you want to paint on using simple patterns or designs and then display your colorful stones outside without varnishing them, then you need waterproof markers. The refillable ones from Neuland are waterproof and matte after drying. The tips are replaceable, the palette of 19 colors isn't lavish, but it's a workable selection. The markers from Royal Talens are available in 46 shades, the tips are interchangeable, and they're waterproof and dry matte. If you want the stones to shine, you have to paint them with acrylic paint.

Shiny drawings on bare, matte stones also have their charms like the striped fish here. You need shiny acrylic markers for this; touch-up pencils are not suitable for me because of their fumes. Get advice in a well-stocked craft or art supply store where you can try a pencil or two before you decide on a brand. I haven't found the perfect acrylic marker unfortunately!

1 For these pretty flowers and the small heart, first draw the petals and the heart with a thick acrylic marker, then let it dry. Put a white dot in the middle. Decorate with lines using fine white and red acrylic markers.

2 For the fish first paint a white eye and let dry. Then add black for the pupil, then draw in the outline and the mouth. Add blue stripes around the body and you're done!

3 If you want it to be really colorful, you need more paint! To start, paint the top of the stone with a thicker acrylic marker in a favorite color and let it dry. Paint a flower, adding purple dots, then let it dry. Paint with white, let it dry, then repeat so that the white covers well. Decorate the edge with white or colored dots—and you're done.

4 For more detailed motifs, prime stones with paint, let dry, then add the outlines with fine acrylic markers. Fill the desired areas with color and again let dry. To complete, decorate with dots.

A Little Advice
Shake, shake, shake! All acrylic and pigment markers have to be shaken vigorously again and again so that the paint flows evenly. Don't forget to put the cap on five times!

Blue
Red

18
19



1 Using a fine black pigment marker, sketch the eyes, mouth, and teeth. Typically, such a monster has only one eye, a few teeth, and sometimes a head covering. Let it dry. The eyelashes will be drawn on the colored surface later.

2 Paint the stones in vibrant colors around the outlines. Wipe them dry, and if necessary, apply a second coat.

3 Paint the eyes and teeth white; the tongue and head covering in color. Let then dry. If needed, apply a second coat and let it dry.

4 Add some dots and stripes to the hats, let them dry. Using a fine marker, redraw the black outlines, paint the eyelashes. Allow them to dry. Add white highlights to the eyes, ensuring everything is dried thoroughly. Apply a thin layer of varnish quickly, let it dry, apply a second coat, and you're done!



Enter a world of endless creativity and whimsy with this must-have drawing guide!

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September

Art Instruction

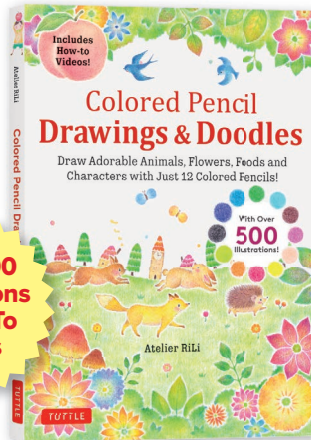
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By Atelier RiLi

Transform your journals, cards, gifts and place settings into a “canvas of cuteness” with adorable colored pencil drawings. There’s no need for expensive art supplies—these delightful doodles are brought to life with just 12 inexpensive pencils! The whimsical examples in this book will get you excited about drawing everything from baguettes, mushrooms and cherry blossoms to bluebirds, macarons and calico cats—including holiday motifs and colorful lettering!

Even if you’ve always thought “I can’t draw,” you can approach these 21 lessons with the confidence of knowing that the step-by-step instructions and demonstration videos provide all the support you need to start enjoying this wonderful pastime right away.

Get ready to draw adorable characters and objects like the following:

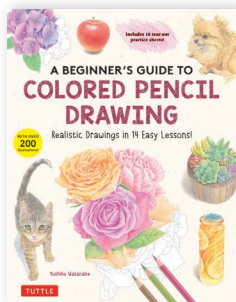
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Atelier RiLi is a multi-award-winning Japanese illustrator who focuses on picture-book illustration, and other freelance illustration work. She has illustrated many books and her artwork has appeared in advertisements and a range of commercial products. Her work has been exhibited throughout Japan in solo exhibits, group exhibits and special events.

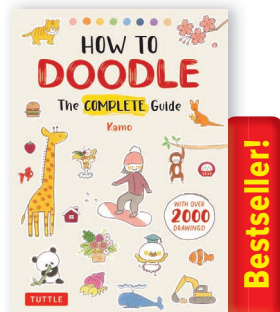
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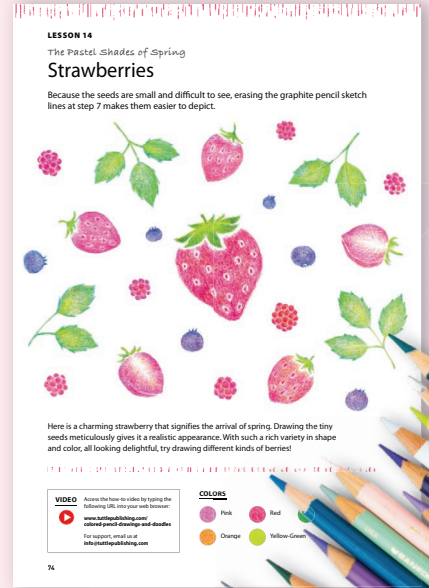
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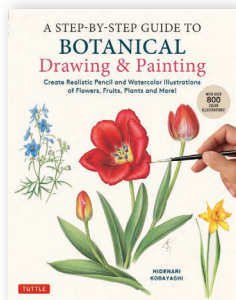
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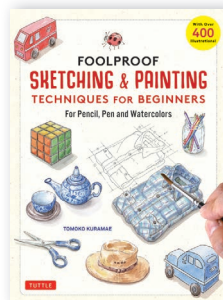




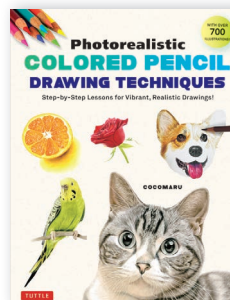
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Gardening

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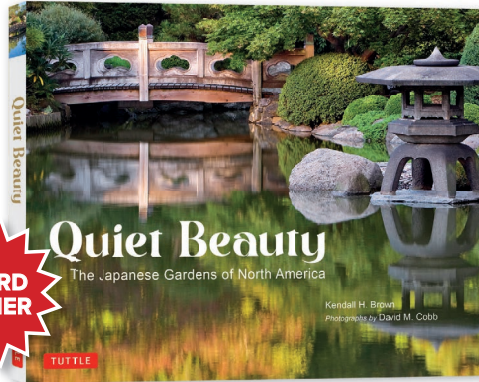
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Quiet Beauty

The Japanese Gardens of North America

By Kendall H. Brown

Photography by David M. Cobb

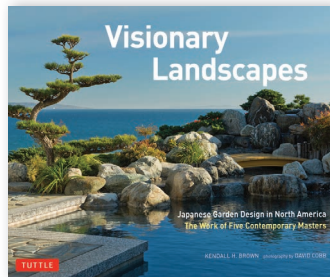
Japanese-style gardens have been a part of North American culture for over 150 years, delighting visitors with serene landscapes that instill tranquility and calm. *Quiet Beauty: The Japanese Gardens of North America* provides an intimate look

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By the Same Author & Photographer:



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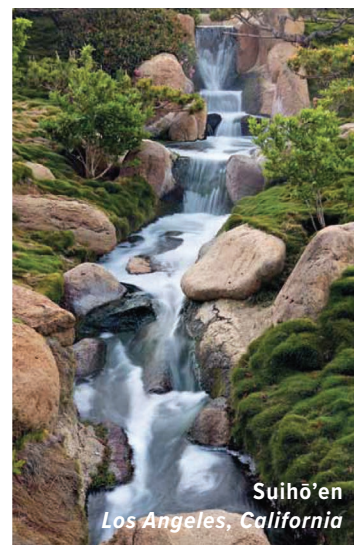
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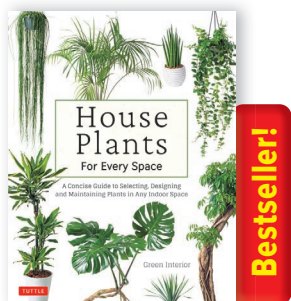
Kendall H. Brown is emeritus Professor of Asian Art History at California State University Long Beach. Holding a Ph.D. in Art History from Yale University, he publishes and curates actively in several areas of Japanese art. He is a leading figure in the study of Japanese gardens in North

America, having published the books, *Japanese-style Gardens of the Pacific West Coast* (Rizzoli, 1999) and *Visionary Landscapes* (Tuttle Publishing, 2016).

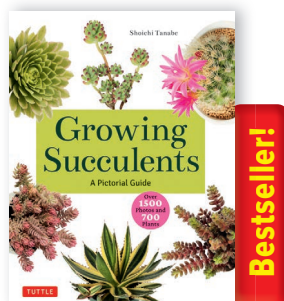
David M. Cobb is a renowned landscape and garden photographer who teaches photo work-shops around the world. His Tuttle books include *Quiet Beauty* and *Visionary Landscapes* (with writer Kendall Brown). He lives in the Pacific.



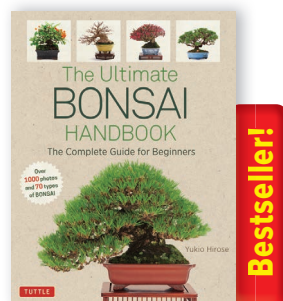
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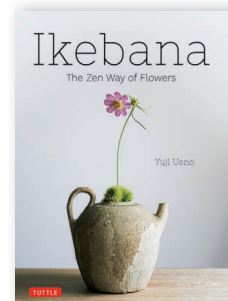
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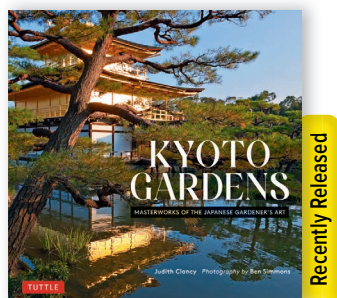
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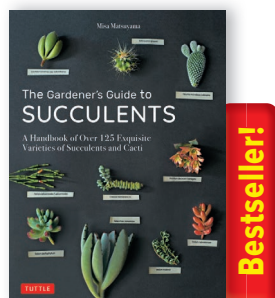
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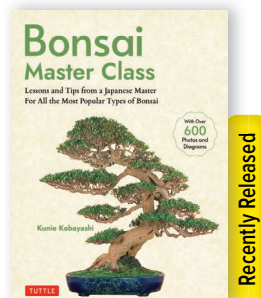
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Selling Territory: World

With Over
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Cute Plushies and Mochi Dolls

Sweet Manga-style Kawaii Characters to Sew

By Eriko Teranishi

Chibi and manga-style dolls come to life with this adorable book! Dress them, squeeze them, display them, hang them on your computer and carry them around with you. *Cute Plushies and Mochi Dolls* will quickly turn you into a plushie doll expert! This complete how-to guide features:

- One easy-to-sew basic body pattern
- 27 different dolls based on the basic body style
- Patterns for 10 adorable palm-size mini mochis
- Templates for an array of hairstyles and facial features and over 50 mix-and-match outfits

Small enough to be handstitched using very simple techniques, these tiny dolls make perfect gifts. Designing their wild hairdos is easy and fun. Try different face, hair and clothing combinations to create dolls resembling your friends—they will love it! And the adventure doesn't stop there—you'll be able to make over 50 mix-and-match outfits and accessories for everything from everyday clothes to dress-up cosplay costumes.

Illustrated instructions, patterns and templates guide you all the way from start to finish. Whether you're a seasoned sewing enthusiast or a novice just beginning to explore the world of plush toy crafting, let this book be your ticket to some serious creative fun!

Eriko Teranishi is a toy designer and prolific author of craft books in her native Japan. Many of her books are written especially for children, introducing them to handicrafts such as sewing, embroidery, knitting, crochet, felting and paper crafts. Others are written with the young-at-heart in mind, featuring toys and accessories kids love. She is the author of *Finger Knitting for Kids*.



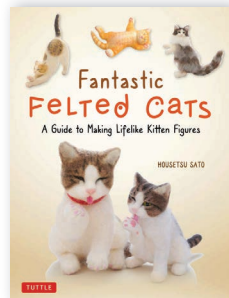
By the Same Author:



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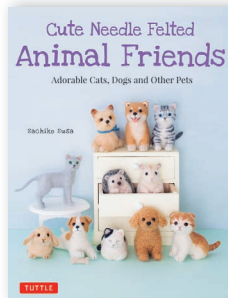
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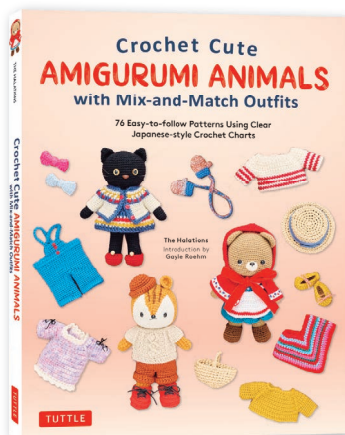
Crafts

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Over 200 photos and 40 pages of diagrams and schematics

Carton Quantity: 20

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Crochet Cute Amigurumi Animals with Mix-and-Match Outfits

76 Easy-to-follow Patterns Using Clear Japanese-style Crochet Charts

By The Halations

Introduction by Gayle Roehm

Crochet Cute Amigurumi Animals with Mix-and-Match Outfits shows crocheters how to make endearing animal dolls with a fabulous array of fun fashions to dress them in.

One basic rag-doll body shape is used to make a bunny, a bear, a dog, a cat, and many other animal cuties. And that's where the real fun starts—you then create an entire mix-and-match wardrobe of outfits and accessories that all your dolls can share! You can dress them up in all sorts of ways with:

- Classy sweaters and frilly skirts
- Pretty tops and casual pants
- Adorable sneakers, flats and boots
- A huge range of accessories from jaunty hats to a backpack with bunny ears and a tail
- Plus enchanting costumes for special occasions!

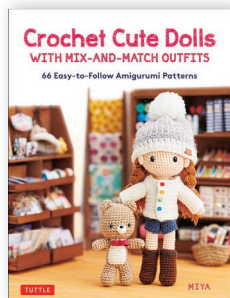
These outfits can be worn by any rag-doll of a similar body size. An illustrated step-by-step lesson in making the doll body is included. Project instructions are presented in the clear charts-and-symbols style pioneered by Japanese amigurumi enthusiasts. A detailed introduction to this notation system is provided by Gayle Roehm.

The Halations is a collaboration of four talented crafters. **AndeBoo** specializes in colorful designs with a touch of whimsy. **Green Bear** went independent after working for 12 years at a handcraft manufacturer of easy-to-make amigurumi. **Takagi Yuki** works with craft and doll knit brands in Japan, participating in craft events and creating books. **MIYA** is a teacher and writes books on crocheted toys, clothes and accessories. She is the author of the *Crochet Cute Dolls*.

Gayle Roehm teaches knitting classes around the U.S. and occasionally publishes her own designs. She has translated many bestselling books, including *Japanese Knitting Stitch Bible* and *1000 Japanese Knitting & Crochet Stitches*.



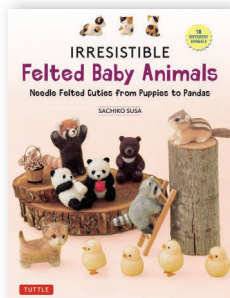
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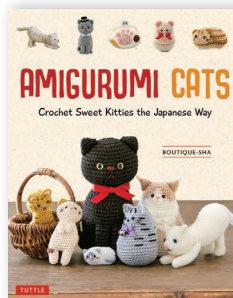
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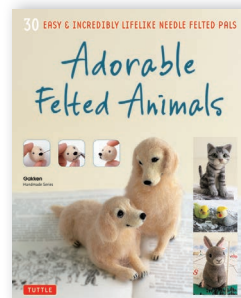


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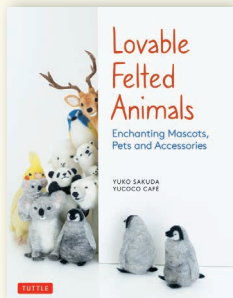
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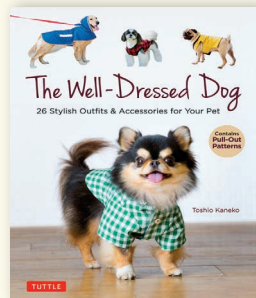
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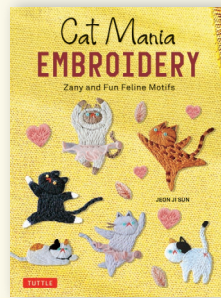
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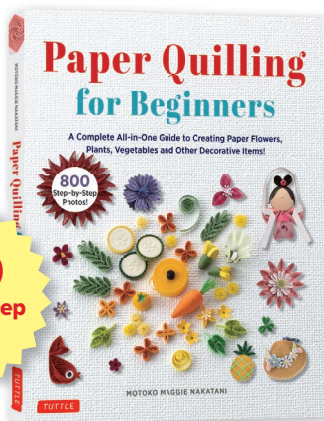
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800
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Paper Quilling for Beginners

A Complete All-in-One Guide to Creating Paper Flowers, Plants, Vegetables and Decorative Items!

By Motoko Maggie Nakatani

Under the expert guidance of Japanese quilling artist Motoko Maggie Nakatani, one of the world's top paper quilling experts, you will learn how to make many wonderful paper objects with just a few inexpensive tools and paper strips. Maggie's simple roll-shape-and-paste paper quilling method is ideal for beginners—allowing you to form dozens of shapes and objects easily.

Paper Quilling for Beginners provides all the information needed to take up this rewarding hobby. The book features easy-to-follow photographic instructions for 75 different projects, including:

- Frilly flowers with ornate petals and leaves which make sweet and romantic decorations
- Colorful vegetables, herbs and fruits that look lovely on your kitchen wall and containers
- Decorative tiles with fancy whorls and flourishes that can be framed to add a splash of color to any room
- Japanese dolls, lions and masks which add a touch of Asian flair to miniature hoop frames and shadow box arrangements
- Delicate butterfly and heart brooches and other, one-of-a-kind wearable art pieces
- And dozens of other delightful projects!

This complete how-to guide has templates as well as information on how to display and use your finished creations—as framed displays, cards, bouquets and personal accessories.

Motoko Maggie Nakatani discovered her love of quilling when she opened a toy and candy shop in Kobe, Japan. She taught herself to quill and began importing quilling tools and materials to sell in her shop. After attending her first North American Quilling Guild convention, she was inspired to offer quilling classes to customers. Maggie is now the lead instructor for Botanical Quilling Japan, a group that focuses on the seasonal beauty of plants and flowers. She is also a founding member of the Japan Quilling Guild and the Japanese representative to the North American Quilling Guild.

By the Same Author:



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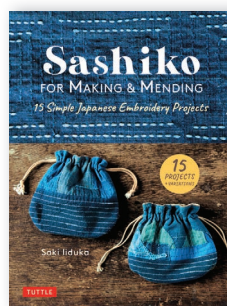




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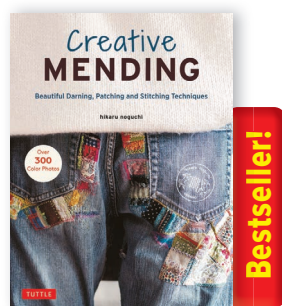
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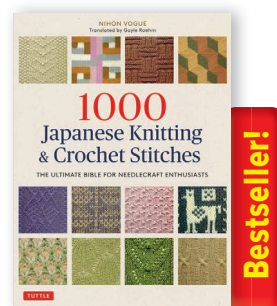
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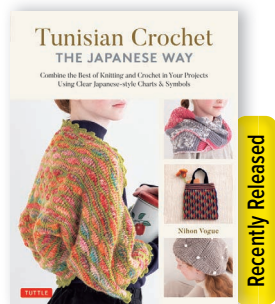
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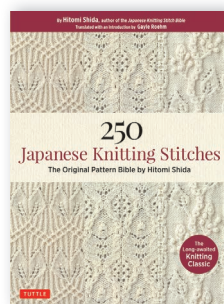
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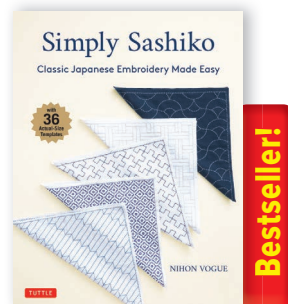
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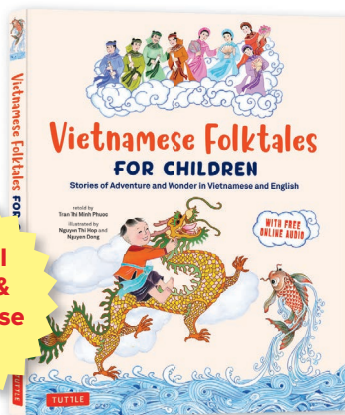
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Selling Territory: World

- For ages 5 to 13
- Official author website: phuocthminhtran.wordpress.com
- Author and illustrators available for interviews and events; contact publicity@tuttlepublishing.com

Bilingual English & Vietnamese Text



Vietnamese Folktales for Children

Stories of Adventure and Wonder in Vietnamese and English

By Tran Thi Minh Phuoc

Illustrated by Nguyen Thi Hop & Nguyen Dong

These ten delightful stories bring Vietnam's rich culture and traditions to life. This volume is perfect for story time and read-alouds, and for anyone who loves the imaginative leaps and moral lessons in traditional myths and legends. This essential anthology includes:

- **Thạch Sùng and the Cracked Earthen Pot**—A greedy man learns that it's better to be satisfied with what you have than to yearn for the unattainable
- **The Carp and the Dragon's Gate**—A fish turns into a dragon, showing that with hard work and perseverance seemingly impossible goals can be achieved
- **The Toad Is Sir Sky's Uncle**—A brave toad saves the world from drought, showing that we should never judge someone by their looks
- **And seven more fascinating tales!**

Sure to delight readers of all ages, *Vietnamese Folktales for Children* is perfect for parents who want their children to absorb the wisdom of Vietnamese folk stories while becoming familiar with the language along the way.

Tran Thi Minh Phuoc is the first Vietnamese-American librarian in Minnesota. A respected storyteller and award-winning author, her first book *Vietnamese Children's Favorite Stories* won the Anne Izard Storytellers' Choice Award, the *Creative Child Magazine* Book of the Year Award, and the Moonbeam Children's Book Gold Medal Award. Her other books include *My First Book of Vietnamese Words* and *All About Vietnam*, all published by Tuttle. She was selected as the 2023 Blue Ribbon Author by the Minnesota State Fair.

Nguyen Thi Hop & Nguyen Dong are the illustration team behind *My First Book of Vietnamese Words*, *Vietnamese Children's Favorite Stories*, *All About Vietnam* and *Vietnamese Stories for Language Learners*. They live in California.

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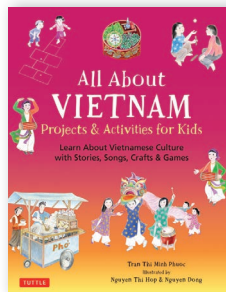
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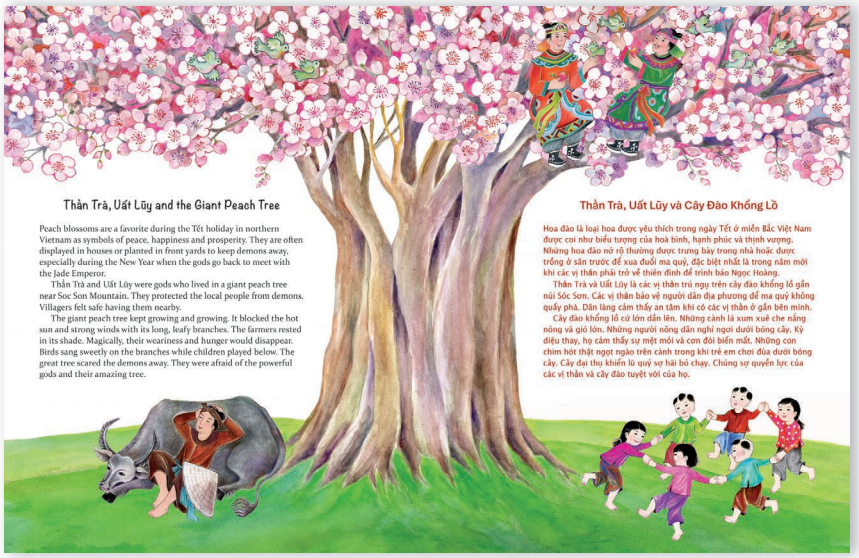
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Thần Trà, Uất Lũy và the Giant Peach Tree

Peach blossoms are a favorite during the Tết holiday in northern Vietnam as symbols of peace, happiness and prosperity. They are often displayed in houses or planted in front yards to keep demons away, especially during the New Year when the gods go back to meet with the Jade Emperor.
 Thần Trà and Uất Lũy were gods who lived in a giant peach tree near Sóc Sơn Mountain. They protected the local people from demons. Villagers felt safe having them nearby.
 The giant peach tree kept growing and growing. It blocked the hot sun and strong winds with its long, leafy branches. The farmers rested in its shade. Magically, their weariness and hunger would disappear. Birds sang sweetly on the branches while children played below. The great tree scared the demons away. They were afraid of the powerful gods and their amazing tree.

Thần Trà, Uất Lũy và Cây Đào Khổng Lồ

Hoa đào là loài hoa được yêu thích trong ngày Tết ở miền Bắc Việt Nam được coi như biểu tượng của hoà bình, hạnh phúc và thịnh vượng. Những hoa đào nở rộ thường được trưng bày trong nhà hoặc được trồng ở sân trước để xua đuổi ma quỷ, đặc biệt nhất là trong năm mới khi các vị thần phải trở về thiên đình để trình báo Ngọc Hoàng.
 Thần Trà và Uất Lũy là các vị thần trú ngụ trên cây đào khổng lồ gần núi Sóc Sơn. Các vị thần bảo vệ người dân địa phương để ma quỷ không quấy phá. Dân làng cảm thấy an tâm khi có các vị thần ở gần bên mình. Cây đào khổng lồ cứ lớn dần lên. Những cành lá xum xuê che nắng nóng và gió lạnh. Các vị thần thấy sự mệt mỏi và cơn đói biến mất. Những con chim hót thật ngọt ngào trên cành trong khi trẻ em chơi đùa dưới bóng cây. Các vị thần khiếp sợ ma quỷ bởi sức mạnh của các vị thần và cây đào tuyệt vời của họ.

The Magic Raven and the Three-Hands-Sized Pouch

Once there was a mean and greedy couple who mistreated the husband's younger brother and his wife. When the brother's father died, the older couple took most of the inheritance, leaving the young couple only a small plot of land with a single starfruit tree.
 "As the eldest son, I have more responsibilities. I should inherit everything," the older brother said. "But I want you and your wife to stay on our family land. Our parents loved these delicious starfruits. Care for the tree in memory of our loving parents."
 The young couple were happy to stay on their family land. Each day, they took care of the starfruit tree. They raised farm animals and grew rambutan, mangoes and mangoes in their small garden full of sweet-smelling flowers.



Con Quạ Thần và Chiếc Túi Ba Gang

Ngày xưa có hai vợ chồng xấu tính và tham lam đã ngược đãi em trai của chúng và vợ của anh ta. Sau khi cha mất, vợ chồng người anh lấy hết phần lớn tài sản thừa kế và chỉ để lại cho vợ chồng người em vốn vốn một mảnh đất nhỏ với duy nhất một cây khế.
 "Vì là con trai trưởng, anh có nhiều trách nhiệm hơn. Anh được thừa kế tất cả mọi thứ," người anh nói. "Nhưng anh muốn gia đình chú ở lại trên mảnh đất của gia đình mình. Cha mẹ chúng ta rất thích những quả khế ngon này. Hãy chăm sóc cây khế để tưởng nhớ đến cha mẹ yêu quý của chúng ta."
 Dẫu vợ chồng trẻ rất vui mừng khi được ở lại trên đất của gia đình. Mỗi ngày, họ chăm bón cây khế. Họ chăn nuôi gia súc và trồng chôm chôm, măng tây và xoài trong khu vườn nhỏ đầy hoa thơm ngọt.

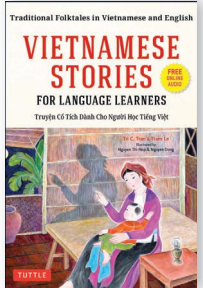
On the tenth day, a humble yellow carp appeared. With years of practice jumping, the strong fish swam upstream against the strong winds and current. He leaped over Dragon's Gate and turned into a mighty dragon. He would serve the Jade Emperor and make rain on earth.
 In many houses and restaurants, a painting of a carp-leaping over Dragon's Gate reminds people of the power of bravery, endurance and hard work.

Vào ngày thứ mười, một chú cá chép vàng khiêm tốn xuất hiện. Với nhiều năm tập nhảy, cá chép mạnh mẽ bơi ngược dòng chống lại những cơn gió mạnh và dòng nước chảy xiết. Cá chép vàng đã vượt qua Long Môn và biến mình trở nên dũng mãnh. Giờ đây, rồng sẽ phục vụ cho Ngọc Hoàng và làm mưa gió trên trái đất.
 Trong nhiều ngôi nhà và nhà hàng, bức tranh cá chép vượt Long Môn nhắc nhở mọi người về sức mạnh của lòng dũng cảm, sức chịu đựng và sự chăm chỉ.

Moral: With patience, perseverance, and hard work, you can achieve your dreams.
 Bài Học Đạo Đức: Với tinh kiên nhẫn, lòng kiên trì và sự chăm chỉ, bạn có thể đạt được ước mơ của mình.

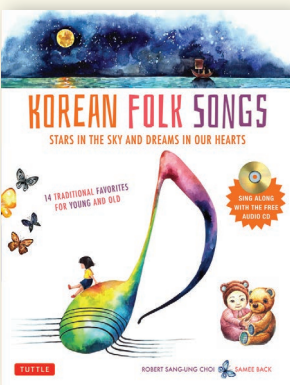


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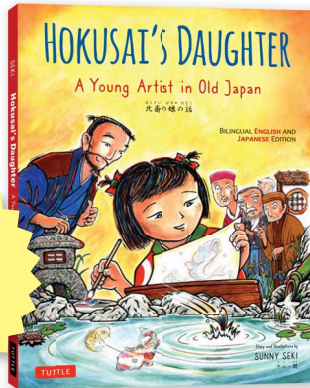
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- For ages 5 to 14
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- Author available for interviews
and events; contact
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Hokusai's Daughter

A Young Artist in Old Japan

By Sunny Seki

Whether working in his studio or out in the field, Japanese artist Hokusai had a constant companion—his youngest daughter, Eijo. Wherever they went, Eijo brought along her own bag of brushes and the same artistic brilliance and passion as her dad. *Hokusai's Daughter* tells the story of a clever girl who refuses to believe that only men can create great works of art.

Told that she cannot become an artist because she's a girl, Eijo sets out to prove everyone wrong. She's determined to become the proverbial koi that swims up the waterfall and becomes a mighty dragon—fighting against the current to become the person she is meant to be. Her creativity and spunk surprise everyone, including her father. In the end she saves the day—and her dad's honor—proving that she's not just a good artist, but a great one!

Katsushika Oi, called Eijo, created many remarkable works of art and had a hand in her illustrious father's later work. This beautifully illustrated bilingual story celebrates the power of grit and artistic expression as it introduces young readers to a trailblazing figure who, like her famous father, left a lasting impression on the world of art. *Hokusai's Daughter* is a timeless tale that teaches kids to believe in themselves and follow their passion.

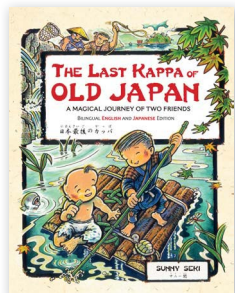
Sunny Seki is the author-illustrator of bilingual books on Japanese culture for children which highlight the values of courage, selflessness, loyalty and determination as well as the value of art. Specializing in traditional tales, he creates puppet performances, teaches Japanese poetry, and is a photographer as well as a writer and an illustrator. He lives with his wife Judy and their children in the Los Angeles area. He has authored several children's books including the award-winning *Yuko-Chan and the Daruma Doll* and *The Last Kappa from Old Japan*.



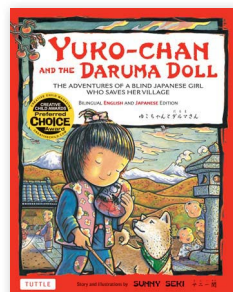
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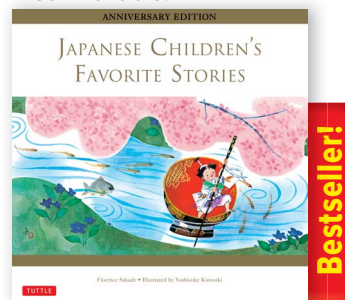


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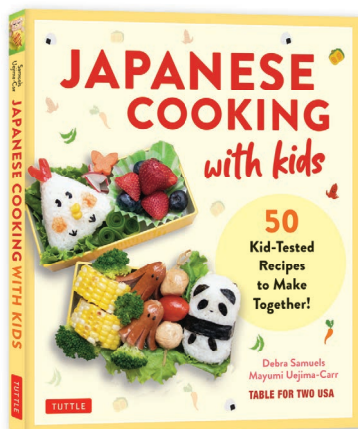
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Japanese Cooking with Kids

50 Kid-Tested Recipes to Make Together!

By Debra Samuels and Mayumi Uejima-Carr
 Photography by Yumi Komatsudaira

Are you ready to take a journey into the delicious world of Japanese food? *Japanese Cooking with Kids* is the perfect way for you and your kids to explore the art of Japanese cooking while having fun in the kitchen and getting them to eat more healthy meals. Some of these dishes may become their new favorites (helpful hint—Japanese food is far healthier than American food!).

These 50 kid-tested recipes for ages 8 to 14 get “two thumbs up” and empty plates every time. The easy-to-follow recipes in this book include:

- Onigiri Rice Balls, Sushi Rice in Tofu Pockets and Chicken & Egg Rice Bowls
- Classic Japanese Favorites like steamed Gyoza Dumplings and Miso Ramen Noodle Soup
- Bento Lunch Boxes with Octopus-shaped Hot Dogs and Japanese-style Fried Chicken
- Desserts & Drinks like Strawberry Soy Milk, Glazed Mochi Balls & Green Tea Matcha Cakes
- And so much more!

Each chapter in this book contains a fun, hands-on activity like counting to 10 in Japanese while washing your hands, growing your own green onions or making your own chopstick pillows!

For more information see page 4

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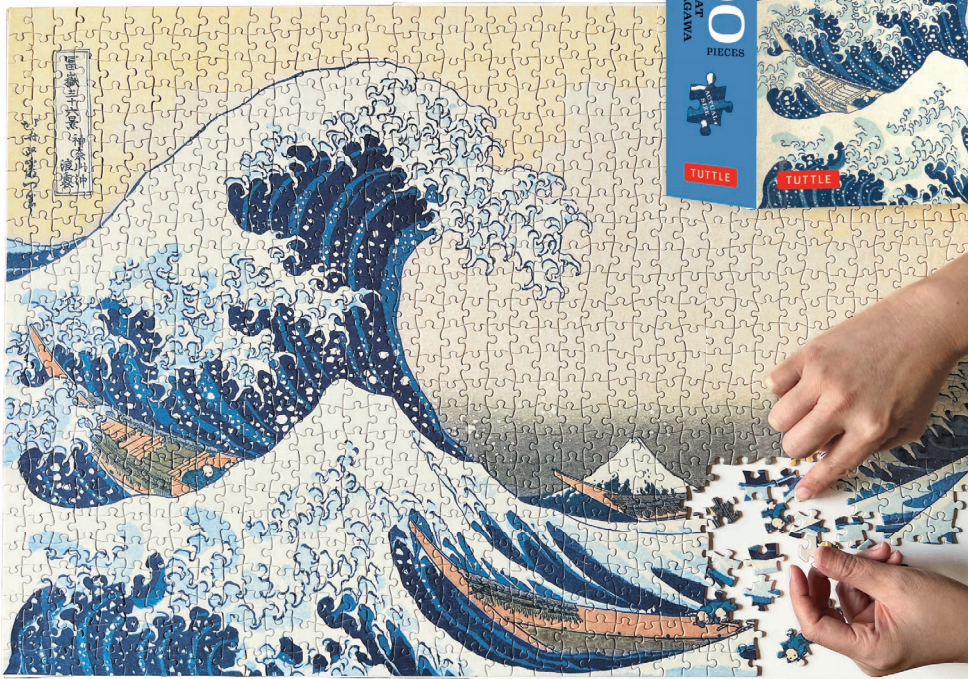
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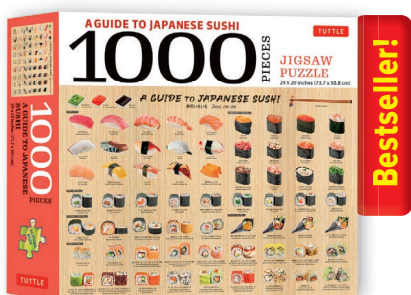
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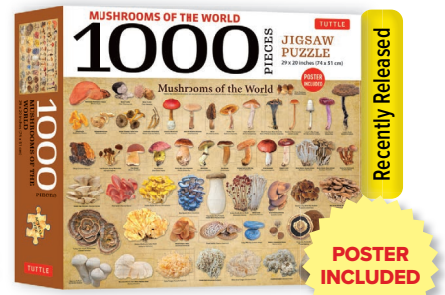
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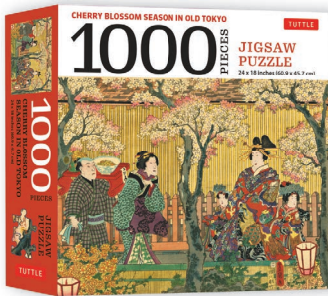
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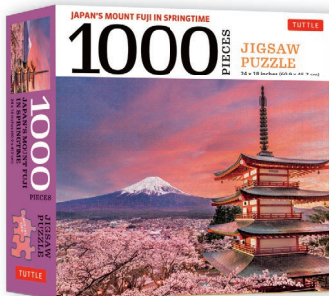
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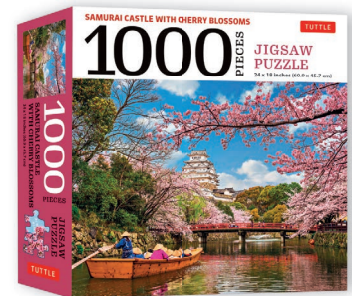
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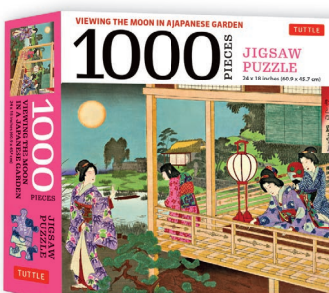
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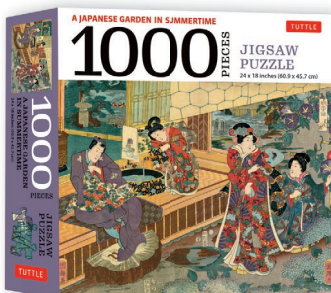
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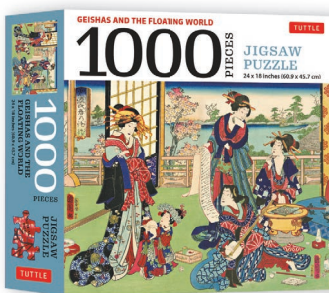
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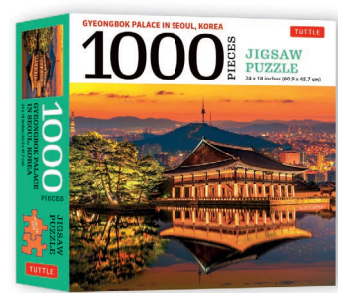
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By Isamu Sasagawa

On every page of *Origami Monsters & Magic* you'll encounter unexpected activities and instructions showing you how to make an entire world of enchanted paper models. By folding these, you will keep the dark forces of magic at bay as you battle an army of supernatural creatures and zombies—and win a fabulous prize!

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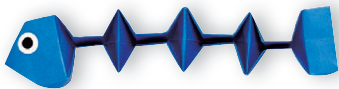
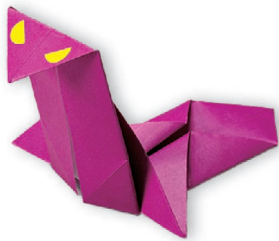
to record their achievements as they level-up—from adventurer to knight to master to hero! Young folders ages 10 and up will have great fun following the narrative in this book as they use origami to defeat imps in the Magical Forest, conjure up defenses in the School of Magic, prepare weapons in the Armory, do battle in the Graveyard and ultimately defeat a fearsome foe who hoards a valuable prize in his Dungeon!

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Isamu Sasagawa is a Japanese origami artist. He graduated from the College of Art at the University of Tsukuba. While working as a writer for children's programs and animation scripts, he became active as a picture book author. As a "hobbyist-engineer," he creates origami models and other crafts made from everyday (but unusual) materials such as mandarin oranges, paper towels and paper cups which he publishes on YouTube and his blog. He has published several books on the subject of origami.



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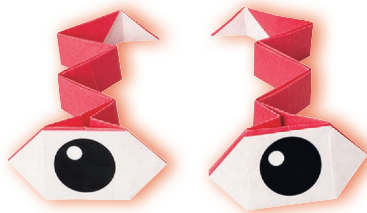


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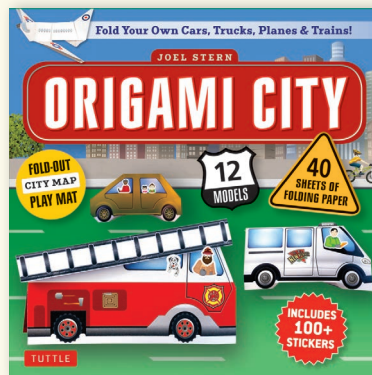


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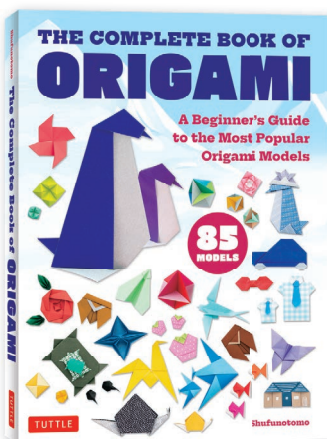
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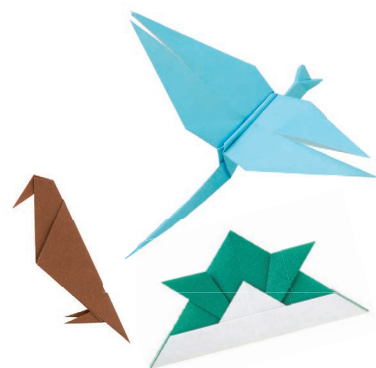
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This must-have book is for origami folders of all ages and skill levels—from novice on up. Its jam-packed pages show you how to fold the most popular origami models everyone loves. It is fully illustrated and comprehensive, with clear step-by-step instructions for 85 iconic models that include:

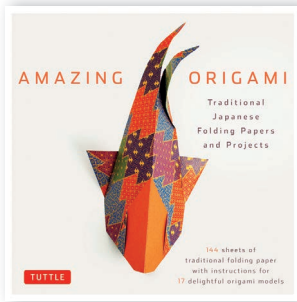
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Shufunotomo is a leading Japanese publisher of magazines and books on crafts, fine arts, cooking, health, childcare, interior decoration and more.

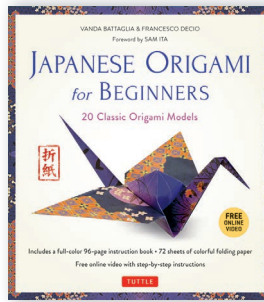


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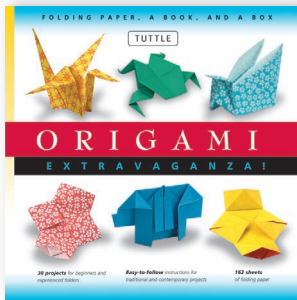
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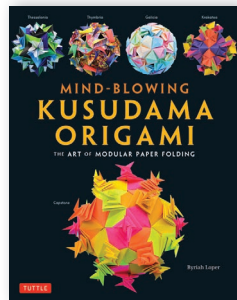
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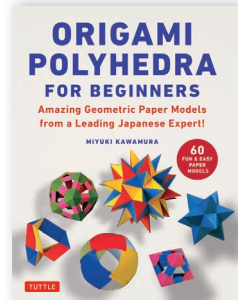
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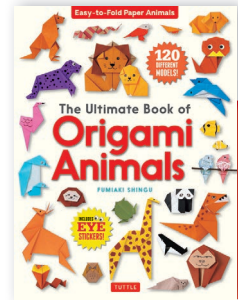
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The Art of Modular Paper Folding
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Origami for Kids! Backlist Highlights



Bestseller!

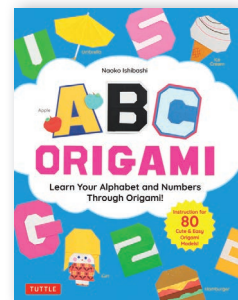
My First Origami Animals Kit
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Tuttle's 6" Origami Paper Packs (100 Sheets)

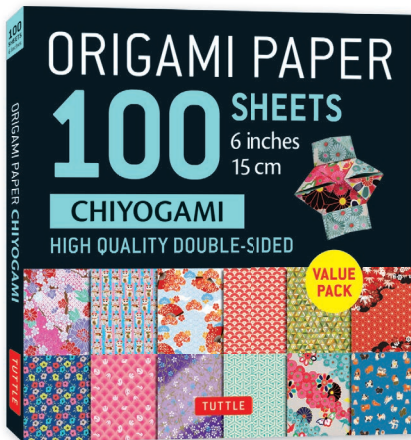
Each Pack Contains 100 Sheets of High Quality Double-Sided Folding Paper in 12 Unique Patterns with an Instruction Booklet
12 different patterns; Instructions for 5 projects • **September** • Carton Quantity: 84 • Selling Territory: World



Butterfly Patterns Origami Paper 100 Sheets 6" (15 cm)

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Chiyogami Origami Paper 100 Sheets 6" (15 cm)

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Tuttle's 6" Origami Paper Packs (100 Sheets) Backlist Highlights

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ISBN: 978-0-8048-4935-7
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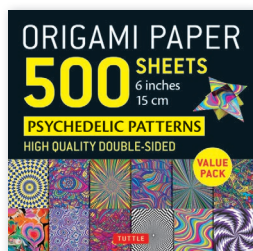
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ISBN: 978-0-8048-5701-7
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12 different patterns; Instructions for 5 projects • August • Carton Quantity: 40 • Selling Territory: World

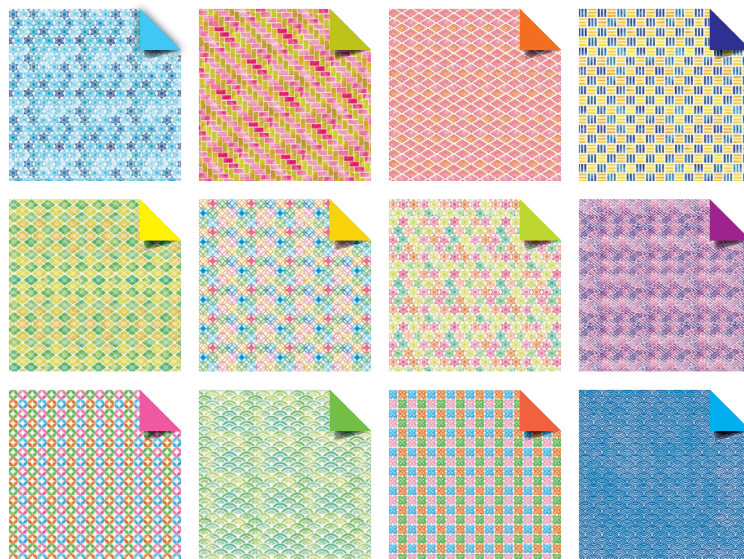


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12 different patterns; Instructions for 5 projects • Carton Quantity: 40 • Selling Territory: World



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12 different patterns; Instructions for 5 projects • Carton Quantity: 40 • Selling Territory: World



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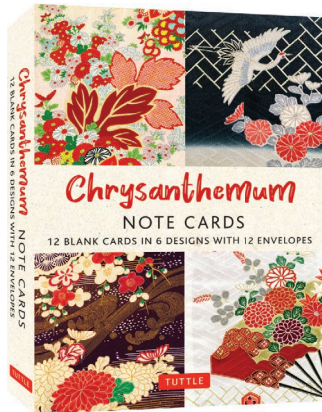
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Origami Paper Backlist



Tuttle's 12 Note Cards in a Keepsake Box!

12 Blank Cards in 6 Lovely Designs (2 each) with 12 Patterned Envelopes
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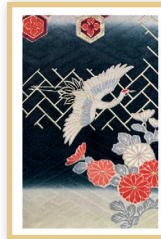
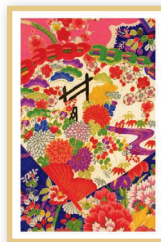
September ● Carton Quantity: 24 ● Selling Territory: World



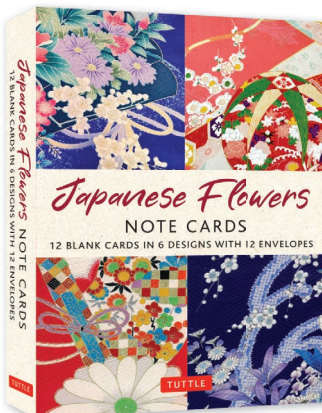
Chrysanthemum

ISBN-13: 978-0-8048-5776-5

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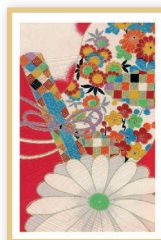
Sample envelope



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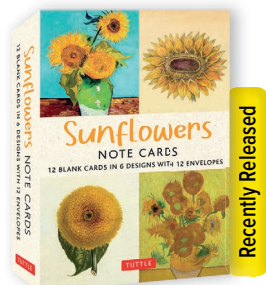
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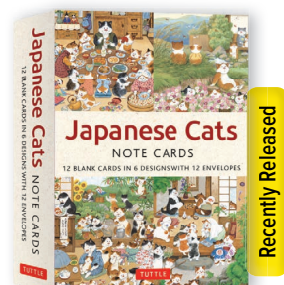
Sample envelope



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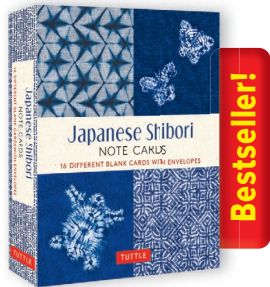


Tuttle's 16 Note Cards in a Keepsake Box! *Backlist Highlights*

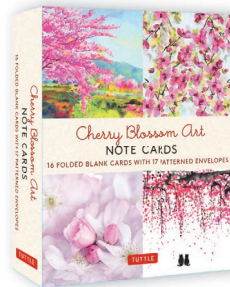
16 Folded Blank Cards in 8 Beautiful Designs (2 each) with 17 Patterned Envelopes

3 ¾ X 4 ½ inch (9.5 cm X 11.5 cm) cards with coordinating envelopes in a 4 ½ X 5 ½ inch keepsake box

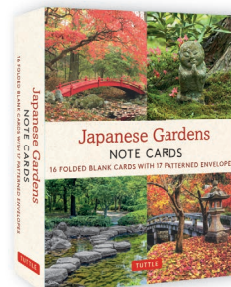
Carton Quantity: 40 • Selling Territory: World



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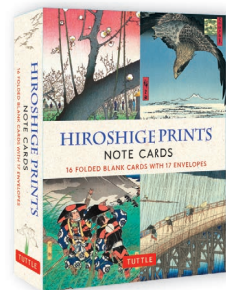
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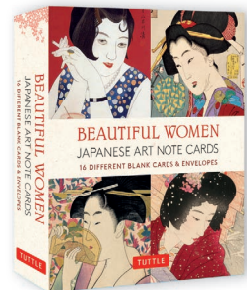
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Carton Quantity: 40 • Selling Territory: World



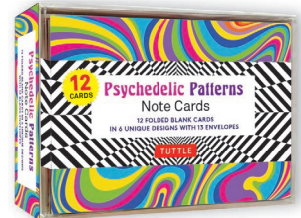
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August • Carton Quantity: 24 • Selling Territory: World



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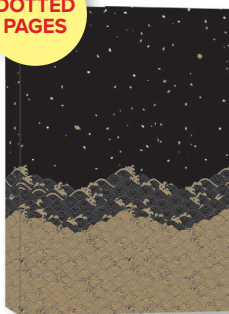
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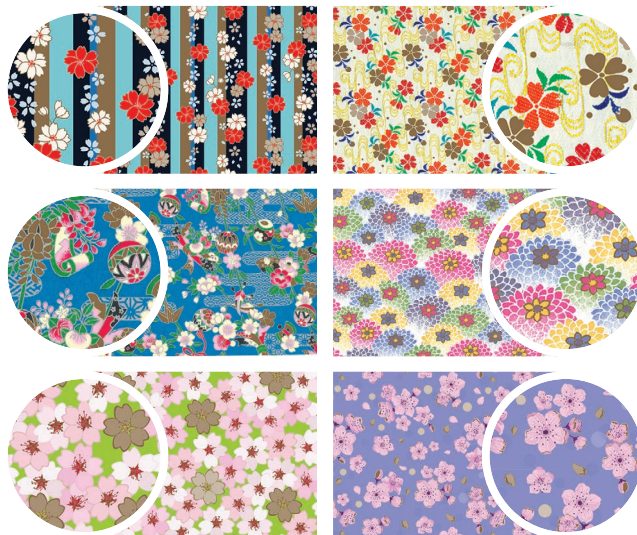
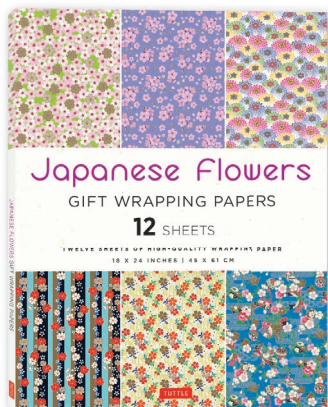


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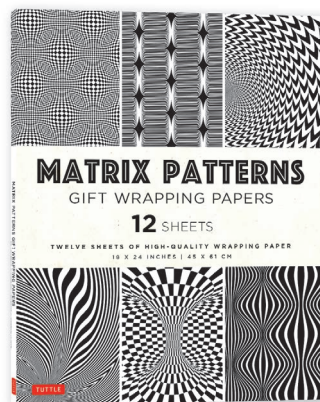
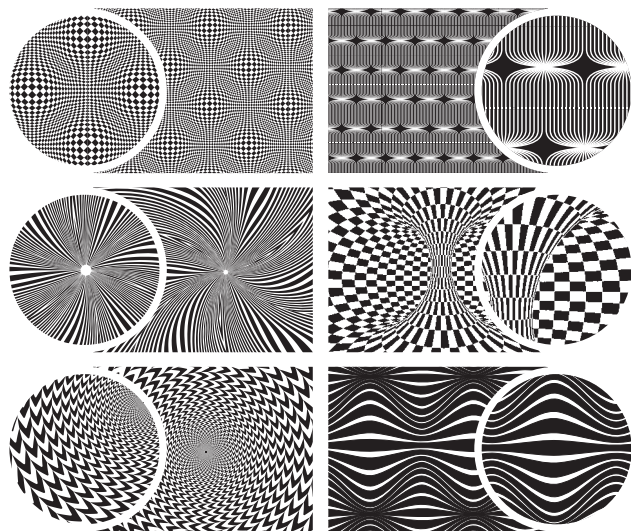
September • Carton Quantity: 34 • Selling Territory: World



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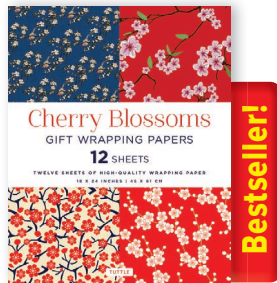
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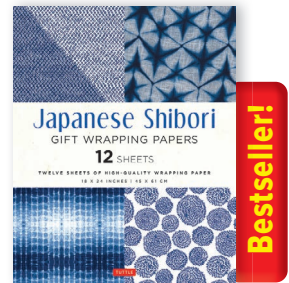
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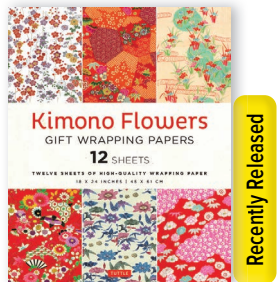
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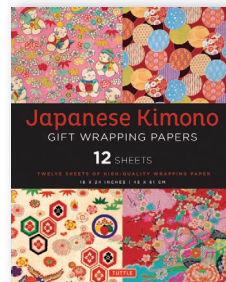
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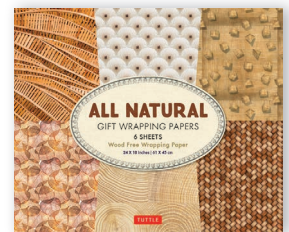
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Index

A

Akutagawa's Rashomon and Other Stories 08
 Arabic Picture Dictionary27

B

Bento Lunchbox.....05
 Bushido Explained19

C

Chinese Folktales for Language Learners 24
 Coaching with Heart.....37
 Colored Pencil Drawings & Doodles..... 48
 Colors in Japanese Art14
 Complete Book of Origami 66
 Complete Guide to Manga Composition 42
 Create Your Own Comic Book.....43
 Crochet Cute Amigurumi Animals.....54
 Cute Plushies and Mochi Dolls 52

E

Everyday Thai Cooking 07

F

Fermentation for Life.....02
 Finding a Life of Harmony and Balance37

G

Geek in China.....23
 Gift Wrapping Paper78

H

Hokusai's Daughter 60

I

Illustrated Book of Japanese Haiku..... 32
 Indonesian Art of Herbal Healing..... 36

J

Japan and the United States..... 20
 Japanese Cooking with Kids..... 04
 Japanese Foods That Heal 03
 Japanese for Travelers Phrasebook & Dictionary. 22
 Japanese Homestyle Cooking 03
 Japanese Swords and Armor16
 Japanese Tales of Fantasy and Folklore 30
 Journals77

K

Karate's Universal Codeword18
 Kawaii Princess Drawing and Activity Book 45
 Kenji Miyazawa's Restaurant of Many Orders
 and Other Stories..... 11
 Korean Folk Songs 59
 Korean Folktales 34
 Korean for K-Pop and K-Drama Fans 26
 Krav Maga Extreme Survival.....19

M

Manga Character Design 40

N

Ninja Fighting Techniques.....19
 Ninja Wilderness Survival Guide19

Note Cards74

O

Origami City Kit.....65
 Origami Monsters & Magic 64
 Origami Paper.....68

P

Paper Quilling for Beginners..... 56
 Puzzles.....62

Q

Quiet Beauty..... 50

R

Real Musashi: The Manga Edition12
 Real Osamu Dazai31
 Rock Painting for Beginners 46

S

Sōseki Natsume's Botchan: The Manga Edition10
 Super Cute Origami Kit.....65
 Super Kawaii Coloring Book 44
 Supernatural Tales from Japan 28

T

Thank You Cards76

V

Vietnamese Folktales for Children 58
 Vietnamese Food and Food Culture 06

Z

Zen and the Beat Way 38



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