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Fall 2024 Rights Catalog

TUTTLE

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Tuttle Publishing was founded in 1832 in the small New England town of Rutland, Vermont (USA). Our core values remain as strong today as they were then—to publish best-in-class books which bring people together one page at a time. In 1948, we established a publishing outpost in Japan—and Tuttle is now a leader in publishing English-language books about the arts, languages and cultures of Asia. The world has become a much smaller place today and Asia’s economic and cultural influence has grown. Yet the need for meaningful dialogue and information about this diverse region has never been greater. Over the past seven decades, Tuttle has published thousands of books on subjects ranging from martial arts and paper crafts to language learning and literature—and our talented authors, illustrators, designers and photographers have won many prestigious awards. We welcome you to explore the wealth of information available on Asia at www.tuttlepublishing.com.

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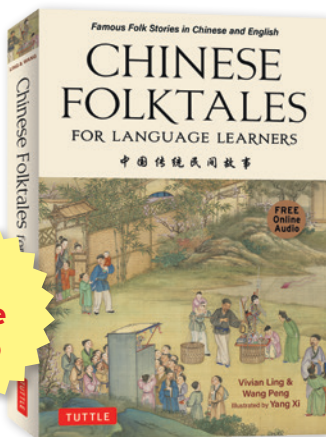
Language Learning

6 X 9 • 224 pages

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Chinese Folktales for Language Learners

Famous Folk Stories in Chinese and English

By Vivian Ling & Wang Peng

Illustrated by Yang Xi

Welcome to the fascinating world of Chinese folklore. The fifteen stories in this book address universal concerns such as the origins of humankind, the impact of wars and natural disasters, the great deeds of cultural heroes, the struggle for dignity and justice for the common man, and the yearnings of the human heart. These stories can be enjoyed in English by readers with no knowledge of Chinese, while

the bilingual format and extensive notes are an added bonus for language students.

Each story is accompanied by a brief essay explaining its relationship to historical events in China and a charming illustration by artist Yang Xi. Detailed vocabulary lists, cultural notes, reading comprehension exercises, discussion questions and free online audio recordings in Chinese are also provided for each story.

The fifteen classic tales in this book include:

- **Taming the New Year's Beast**—How the Lunar New Year's festival came about when the ferocious monster Nian was frightened away by sparks, explosive noises and the color red
- **Two Virtuous Mothers of Ancient China**—The philosopher Mencius's mother illustrates the importance of not wasting one's education through her efforts to ensure her son's success
- **The Chinese Romeo and Juliet**—A classic tale of star-crossed lovers—Zhu Yingtai, the beloved daughter of a local official, disguises herself as a young man to study in Hangzhou, where she meets her soulmate and develops strong feelings for him, with tragic results
- **Judge Bao Takes on the Emperor's Son-in-Law**—How the famous Judge Bao decides to right a wrong at all cost when he discovers that the emperor's son-in-law, Chen Shimei, lied that he is single in order to marry the emperor's daughter

Vivian Ling was a professor of Chinese language and literature for over four decades. She taught at Oberlin College and Indiana University, and directed various Chinese language study-abroad programs in Taipei, Shanghai, Kunming and Beijing. She is the author of many Chinese language learning books including *The Field of Chinese Language Education in the U.S.* Vivian has co-authored four books with Wang Peng: *Chinese Stories for Language Learners*, *Essential Chinese Grammar*, *Bilingual Treasury of Chinese Folktales* and *The Twelve Animals of the Chinese Zodiac*.

Wang Peng has been on the faculty at Georgetown University since 2002, teaching various Chinese language courses including Business Chinese and Chinese for Heritage Learners. She was formerly the Chief Instructor at the Inter-University Program for Chinese Language Studies at Tsinghua University, as well as a visiting faculty at Oberlin College and Brown University.

Yang Xi is an up-and-coming artist and illustrator in China. Her distinctive style can be characterized as an amalgamation of classical and contemporary, Chinese and Western. She is currently a Master of Arts candidate at the Nanjing Art Institute College of Fine Arts.



Vivian Ling

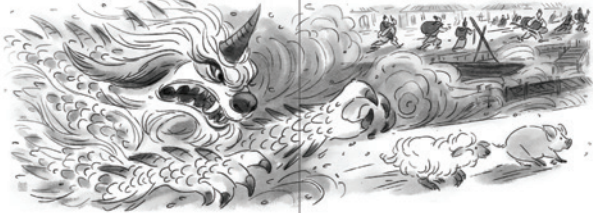


Wang Peng

Taming the New Year's Beast

Every culture in the world has its major holidays and each holiday has a story behind it. This folktale tells the story behind China's most important holiday, the Lunar New Year.

In ancient times there was a strange beast by the name of "Nian," which means "year." This beast had a huge uncoiled jumping out from its forehead, sharp teeth, laser eyes that could pierce through one's heart, and spikes all over its body. This ferocious beast lived at the bottom of the ocean all year round, but on New Year's Eve it came on shore to gobble up domestic animals and attack people, especially children. Every



148 Taming the New Year's Beast

年兽的故事 148

年兽的故事

世界上每一种文化都有自己主要的节日，而每个节日都有一个故事。这一章讲述的是中国最重要的节日，也就是农历新年的故事。

古时候，有一种名叫“年”的怪兽，它的额头上长着一只又长又尖的犄角，牙齿很锋利，凶恶的目光可以刺穿人的心脏，而且全身也长满了尖刺。这种怪兽常年生活在海底，但每年的除夕就会上岸来吞食家畜并伤害人们，尤其是小孩



The Chinese Story of Creation

In prehistoric times there was no sky and earth. The universe was just one undefined mass. Within this mass a giant by the name of Pan Gu had lain asleep for alignment thousand years. One day he suddenly woke up to find himself plunged in total darkness. In a panic he grabbed a hatchet and swung it at the dark nothingness. "Huala!" the nothingness split open, the part above the crack slowly rose to form the sky, the part below gradually fell to become the earth.

To prevent the earth and sky from merging again, Pan Gu stood tall with his feet firmly planted on the earth and his arms holding up the sky. Every day the sky continued to rise, and Pan Gu continued to grow taller. Finally, the earth and sky became stable, and Pan Gu collapsed from exhaustion.

From this time on, Pan Gu's body continued to transform into various earthy elements. His breath became the winds and clouds, his voice became roaring thunder, his eyes became the sun and the moon, his four limbs became the four cardinal directions, his skin spread out to form plains, his blood became flowing rivers, even his sweat became the rain that nourished a myriad of plants. That's how the natural world was created.

From there the goddess Ni Wa came into this world. But she found it to be a lonely place, as though something was missing.

98 The Chinese Story of Creation

华夏民族的创世纪 98

华夏民族的创世纪

在远古时代，天地还没有分开，宇宙还是一团混沌，一个名叫盘古的巨人在这团混沌中沉睡了一万八千年。有一天，盘古突然醒过来了，发现自己困在一片漆黑当中。盘古拿了一把斧头，在黑暗里“咔嚓”一声巨响，这团混沌突然裂开了，慢慢上升的一片变成了天，渐渐下沉的一片变成了地。

为了防止天地再次合并，盘古双脚牢牢地站在地上，双臂高高地撑着天。一天一天升高，盘古也一日比一日长。终于有一天，天地稳定了，盘古也筋疲力尽地倒在了地上。

后来，盘古的身体慢慢地变成了世间万物，他呼出的气息变成了风和云，他的声音变成了隆隆的雷声，他的眼睛变成了太阳和月亮，他的腿变成了东南西北四个方向，皮肤变成了平原大地，血液变成了川流不息的江河，甚至他的汗水都变成了滋润万物的雨露。盘古就这样创造了自然界。

很久很久以后，女娲来到了这个世界上，不过她觉得很难受孕，好像生活里缺少了一些东西。

China's Romeo and Juliet

During the Eastern Jin Dynasty (317-420), in Shangyu County, Kaizhi Prefecture, there was a local official named Master Zhu, who had a daughter named Yingtao. While this family raised their daughter to be a proper young lady of the times, she grew up with several older brothers and was allowed to study poetry and literature with them. She especially admired the historical and literary works of two eminent women writers of the Han Dynasty—Ban Zhao and Cai Wenji—and saw them as role models for herself. When she became a teenager, she longed to become a serious scholar, but there were no qualified teachers near her hometown. She begged her father to let her go to study at the Wansong Academy in Hangzhou, and of course he refused. Not one to give up easily, she dressed herself up as an itinerant fortune-teller and went to her father to plead again, saying "According to my divination, it would be best to let your beloved daughter go to Hangzhou." Master Zhu could not bear to disappoint his daughter, and she did indeed look and sound like a young man, so he reluctantly agreed. But he ordered Yingtao's handmaid to also dress up like a young man to accompany her. Before the pair left home, Master Zhu also made Yingtao promise to return home after three years, when she would have reached the proper age to be married.

Between the two great dynasties of Han and Tang, China went through a period of division that lasted almost four centuries. In one of the Dynasties, Kaizhi in occupied a large territory that included the major cultural centers. It was politically unstable and divided, but was notable for its cultural achievements.

98 China's Romeo and Juliet

梁山伯与祝英台 98

梁山伯与祝英台

东晋时期（317年—420年），会稽郡上虞县的祝员外家里有一个女儿，名叫英台。英台从小就接受传统大家闺秀的家庭教育，但她跟几个哥哥一起长大，于是家里也让她跟哥哥们一起学习读书。英台特别喜欢阅读汉代两位著名女作家班昭和陈文姬的历史文学作品，并把她们作为自己的偶像。英台年长的妹妹兰蕙也成为一名学者，但家附近没有优秀的老师。她央求父亲让她去杭州的万松书院读书，父亲当然拒绝。英台不甘心，乔装打扮成游走的算命先生，又去找父亲求帮忙，她说：“根据来看，最好让心爱的女儿去杭州求学。”祝员外不忍心让女儿失望，再说，她打扮算命的长相和声音都是一个标准的年轻小生，于是父亲很不情愿地答应了。不过，他吩咐英台的侍女也扮成书童，陪伴在女儿身边。英台和侍女离家前，父亲让英台保证三年后回到家中，那时她到了出嫁的年龄了。

1 在汉晋两代分裂之前，中国经历了将近四个世纪的分裂时期。作为朝代之一均东晋，其领土包括了重要的文化中心。东晋在政治上不稳定，也不统一，但在文化上成就斐然。

The Invention of Chinese Writing

The reign of the Yellow Emperor was a golden age of inventions. With the need for record keeping grew enormously. Cang Jie had an amazing memory, so he was appointed by the emperor to keep accounts of domesticated animals and stored food. Eventually, Cang Jie realized that his memory was no longer adequate, so he devised an ingenious system of tying objects to strings. To designate different objects and denominations, he used strips of various colors, different knots, and tokens like shells of different sizes and shapes. This system made Cang Jie's

58 The Invention of Chinese Writing

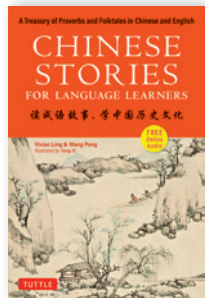
仓颉造字 58

仓颉造字

黄帝统治时期是发明创造的一个黄金时代。随着文明的兴起，需要一个社会变得愈加复杂，对记录的需求大大增加。仓颉有着惊人的记忆力，所以皇帝让他负责记录圈养的牲畜和存储的食物。后来，仓颉觉得他的脑子也不够用了，就想出了结绳记事的独特方法。他用不同颜色的线，打成不同的结，也用大小不同、形状各异的贝壳来表示不同的东西和单位。这个方法很有效，但并没有减轻仓颉的

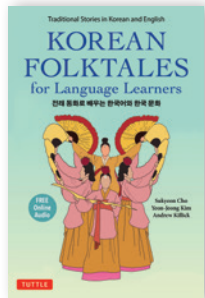


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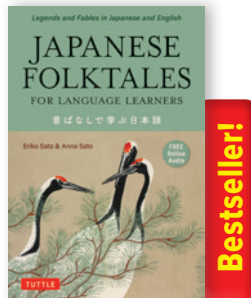


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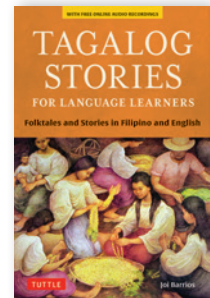
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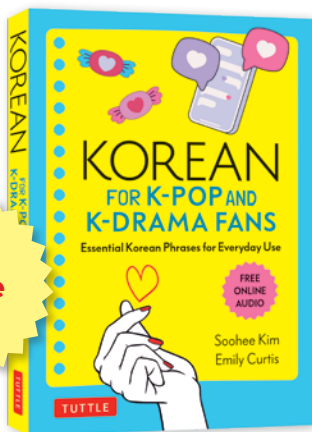
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Free Online Audio



Korean for K-Pop and K-Drama Fans

Essential Korean Phrases for Everyday Use

By Soohee Kim and Emily Curtis

Essential phrases for any situation—whether watching your favorite K-drama series, catching up on the latest K-Pop news, hanging out with your friends, dealing with your boss, posting on social media, meeting the love of your life or recovering from a broken heart.

Each chapter presents a range of short conversations with vocabulary lists and key grammar tips. Every conversation is presented in Korean Hangul script as well as romanized

Korean and English. Online audio recordings by native speakers make it easy to practice the conversations to improve your Korean pronunciation!

Korean for K-Pop and K-Drama Fans presents the language you actually need in real life situations. Useful phrases in this book include:

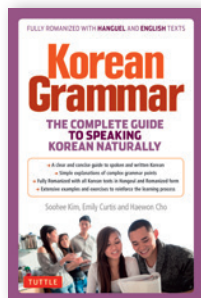
- Pandora's new song is an All-Kill!
- I got a ton of followers
- Online shopping is my downfall
- I drank five bomb shots last night
- U so cute!
- You and your girlfriend are just so cringe!
- OMG, no way!
- My hubby's on a biz trip

Whether you're looking to expand your knowledge of Korean slang, or are a K-pop and K-drama fan, this book contains a treasure trove of useful phrases and information.

Soohee Kim received her Ph.D. in Linguistics from the University of Washington, where she taught Korean language, culture and linguistics for 17 years. She is the author of *Korean Flash Cards* and the lead author of *You Speak Korean!*, *Easy Korean* and *Korean Hangul for Beginners*.

Emily Curtis holds a Ph.D. in Linguistics and an Ed.D. from the University of Washington. She teaches courses in general linguistics, phonology and morphology at Western Washington University and is a consultant in intercultural communication and language pedagogy. She is the co-author of the Korean textbook series *You Speak Korean!* as well as *Easy Korean* and *Korean Hangul for Beginners*.

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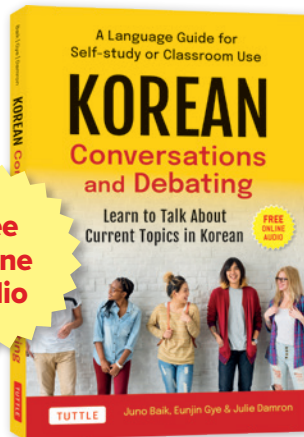
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Korean Conversations and Debating

A Language Guide for Self-study or Classroom Use—Learn to Talk About Current Topics in Korean

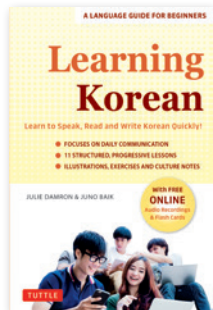
By Juno Baik, Eunjin Gye and Julie Damron

Korean is currently the fastest-growing second language in the world, with a 95 percent increase in learners in the US in the last 10 years. As students move from the beginning to intermediate levels of language study, they need to develop and practice their conversation skills actively. This book meets that need with a collection of thought-provoking readings on controversial and topical subjects including artificial

intelligence, virtual currency and declining birth rates in Asia. The book helps students develop their language skills in the following ways:

- Develop better reading skills by reading interesting passages on controversial topics
- Expand their vocabulary and ability to speak in Korean on a variety of subjects
- Consolidate their use of correct grammar and more natural-sounding sentences
- Develop the ability to express opinions clearly in both written and spoken Korean
- Use the art of persuasion and sophisticated verbal and written strategies in Korean

By the Same Author:



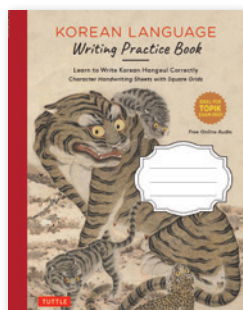
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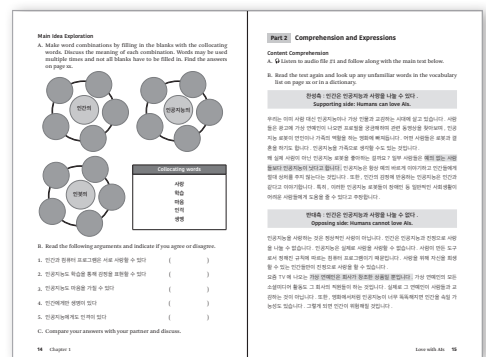
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The topics and reading passages increase in difficulty as this book progresses from the lower-intermediate level up to a more advanced level by the end. Free online audio recordings are available for all the Korean passages along with a comprehensive Korean-English glossary.

Juno Baik is Assistant Professor of Korean at Brigham Young University. He received a Ph.D. in Korean Linguistics and Pedagogy from Kyung Hee University, Korea. He has trained teachers of Korean as a second language and taught at universities, government institutions and multinational corporations in Korea and the US since 2008.

Eunjin Gye is an adjunct lecturer of Korean in the Department of Asian and Near Eastern Languages at Brigham Young University. She has taught all levels of Korean at various Korean institutes and universities and in the United States as well as within the Korean government.

Julie Damron is Associate Professor of Korean and linguistics at Brigham Young University. She received her Ph.D. from Purdue University in linguistics and second language teaching. She currently heads the Korean Section at BYU and teaches courses in Korean language, linguistics and research design. Julie has created online classes that serve more than 1,000 high school and college students around the world. She is the co-author, with Juno Baik, of Tuttle's *Learning Korean* and *Korean Stories for Language Learners*.



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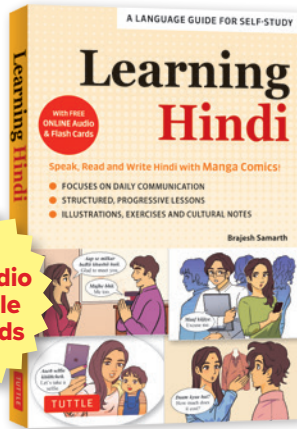
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Language Learning

6 X 9 • 224 pages

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Learning Hindi

Speak, Read and Write Hindi with Manga Comics! A Language Guide for Self-Study

By Brajesh Samarth

This book teaches you the basics of the Hindi language, including practical daily conversations and vocabulary. It enables you to begin communicating effectively from the very first day. All Hindi words and sentences are given in the native script and romanized form, with clear English translations.

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Free native-speaker audio recordings of the dialogues, vocabulary and exercises are available to stream or download and enable the reader to pronounce the Hindi words and phrases in the book correctly. Printable flash cards are available for free online.

Key features of this book include:

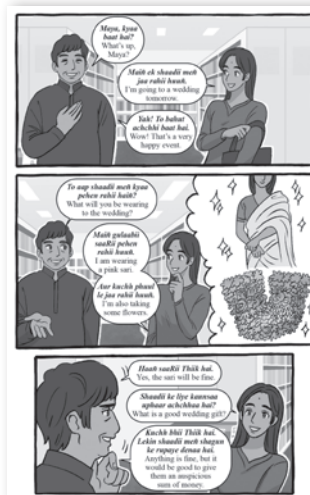
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Brajesh Samarth is a Professor and Language Coordinator in Hindi-Urdu at Emory College of Arts and Sciences. His research examines the processes of identity maintenance through language in the Indian diaspora. He has extensively studied Hindi-Urdu literature and music including South Asian diaspora poetry, Dastangoi (the lost art of Urdu storytelling), storytelling through Phad painting, Sufism, Yoga, and the cultural symbolism of Rajasthani turbans. He holds a Ph.D. in linguistics and has taught Hindi and Urdu in language programs including Stanford and the University of Wisconsin-Madison.

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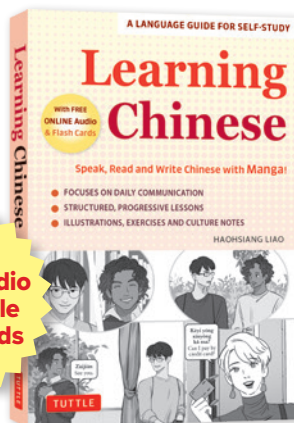
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Learning Chinese

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This book teaches you all the basics of the Chinese language, including practical conversations and vocabulary and how to write the basic characters—with manga comic strips that enable you to begin communicating effectively from the first day. All Chinese words and sentences are given in Chinese characters and Romanized form for easy pronunciation, with English translations.

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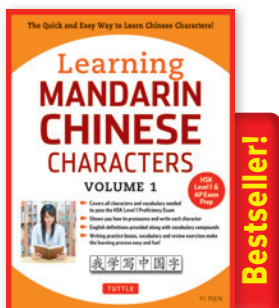
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Dr. Haohsiang Liao is the Senior Lecturer directing the Chinese Language Program at MIT. Before joining MIT, he taught at various other universities including Williams, Harvard and Ohio State.



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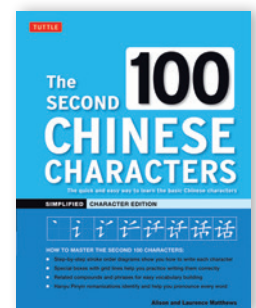


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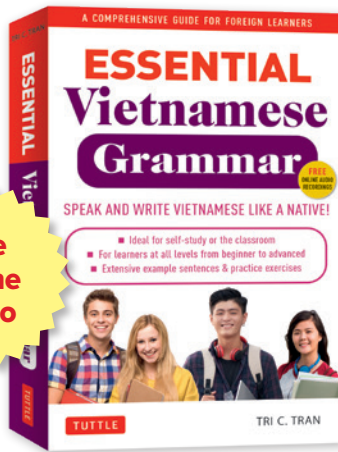
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Essential Vietnamese Grammar

A Comprehensive Guide for Foreign Learners

By Tri C. Tran

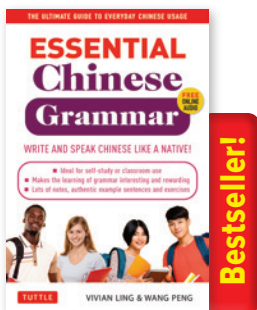
The twelve chapters in this book cover all the essential sentence constructions of Vietnamese—from beginning to advanced level. Strong emphasis is placed on the difference between translating directly from English, which yields awkward and incorrect sentences, and the use of idiomatic Vietnamese constructions and expressions. This book is suitable for self-study or for classroom instruction and is perfect for review and brushing up your language skills.

All Vietnamese grammatical patterns are clearly explained and illustrated through examples. The chapters progress from fundamental concepts (the sounds of Vietnamese, spelling, the use of accent marks and tones) to structural elements (parts of speech, grammatical functions, the structure of phrases and sentences), then to nuances expressed through word choice, word order and cultural elements.

Each chapter is accompanied by extensive exercises (with answer keys provided) that the learner can use to reinforce their understanding of the materials and their ability to apply them to real-life situations. Audio recordings by native speakers are available Online for all the Vietnamese sentences to help the learner acquire good pronunciation and intonation patterns for various types of sentences.

Tri C. Tran, PhD, teaches linguistics and Vietnamese at the University of California, Irvine. He obtained his PhD and MA in Romance Linguistics and Literatures from the University of California, Los Angeles, and his BA in Spanish Linguistics from the University of California, Irvine. His publications include Spanish and Vietnamese language textbooks and a bilingual dictionary for students of linguistics. He is the author of *Reading and Writing Vietnamese* and co-author of *Vietnamese Stories for Language Learners*, both published by Tuttle.

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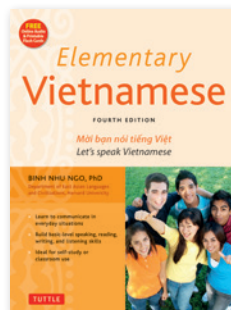


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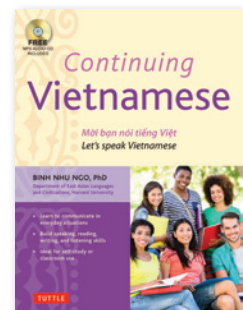
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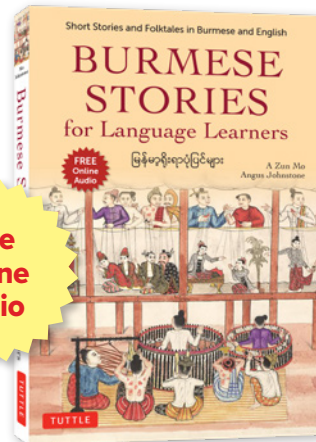
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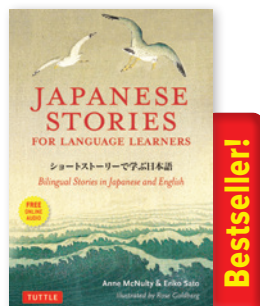
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A Zun Mo has been teaching all levels of Burmese, from beginners to advanced, since 2013. She is the author of *Essential Burmese Phrasebook and Dictionary*, and co-author of *Reading & Writing Burmese* with Angus Johnstone.

Angus Johnstone has worked as a teacher in Myanmar across a number of different settings from a social enterprise bakery to a government nursing university. His keen interest in the study of the Myanmar language continues to this day.

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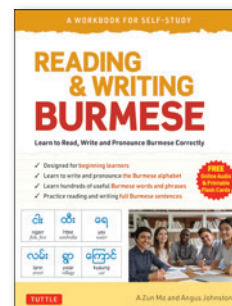
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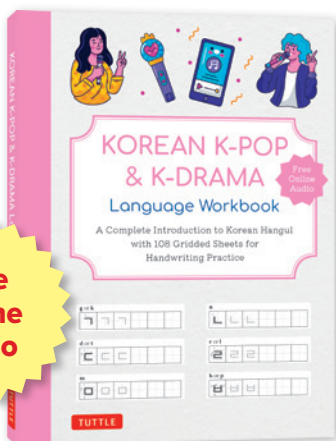
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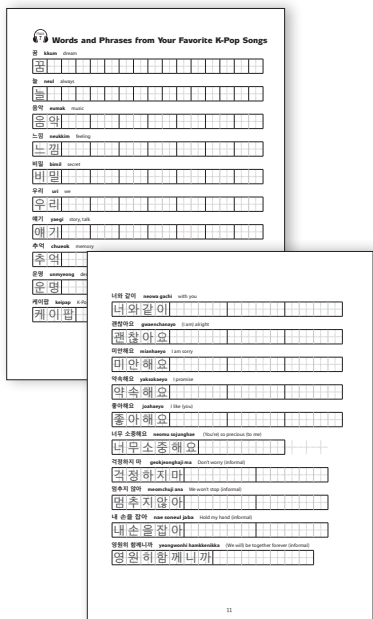
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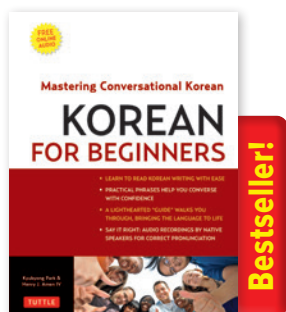
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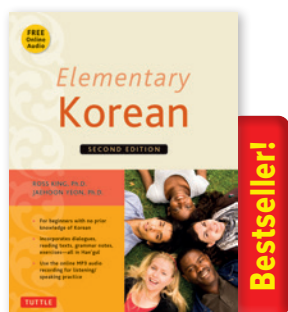
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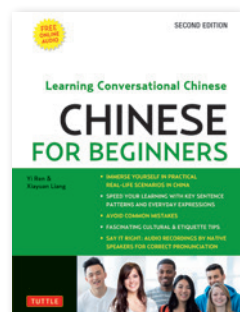
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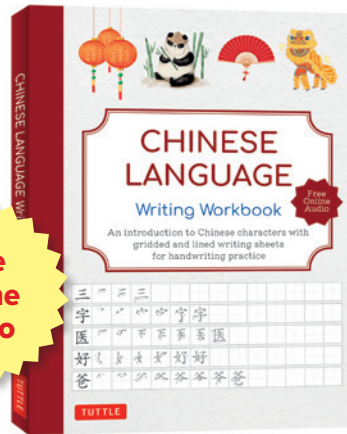
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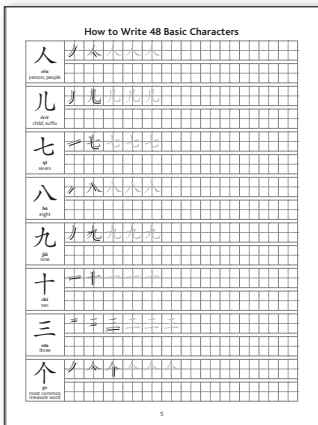
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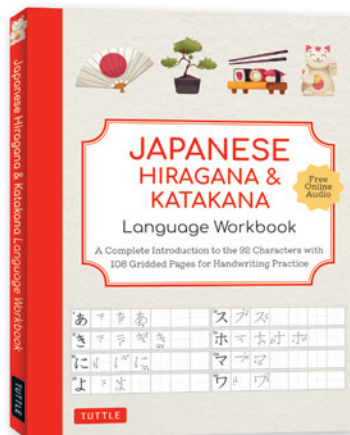
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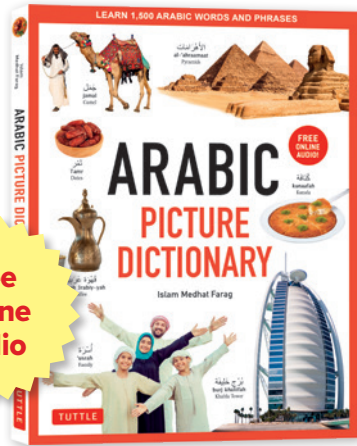
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Islam Farag is an instructor of Arabic at the University of Pittsburgh. He has been designing curricula and teaching Arabic as a foreign language for eight years at various US universities. He holds a master's degree in TESOL instruction from Missouri State University and is currently a Ph.D. candidate in Applied Linguistics at Indiana University of Pennsylvania.

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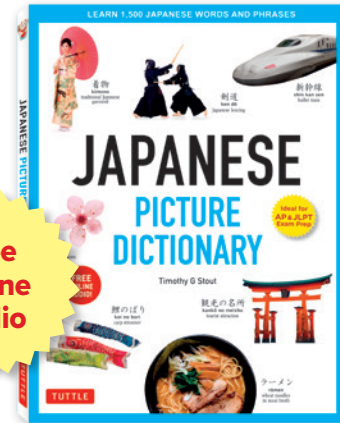
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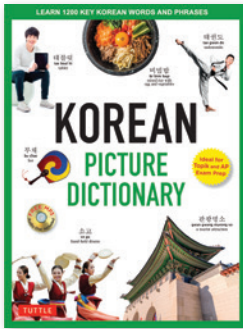
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Timothy G. Stout, Ph.D., lived and taught in Japan for 20 years. He currently teaches Japanese at Waterford School in Utah (USA).



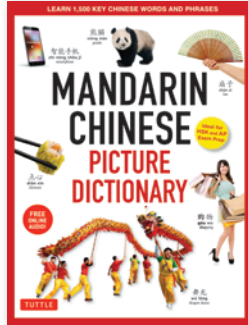
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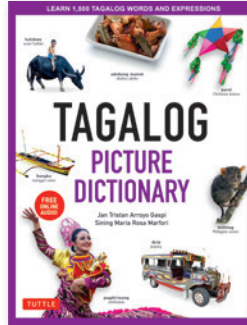
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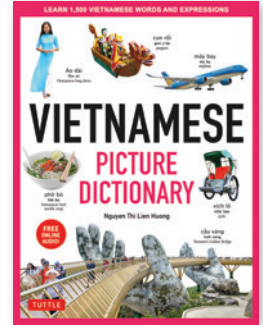
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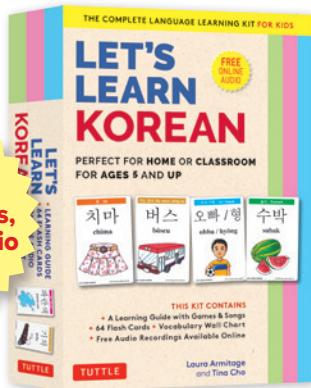
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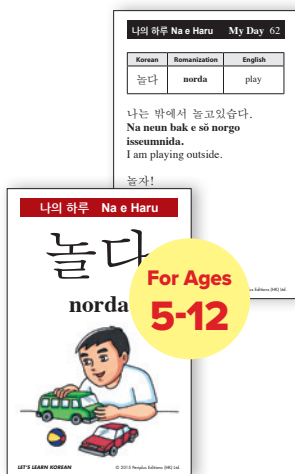
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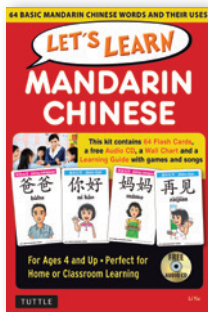
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Laura Armitage was born in Seoul and raised in Andover, NH. After receiving her BA in English from the University of NH, Laura pursued a teaching career in Korea. For four years she taught at the middle and high school levels and while there, translated the postscript of *Escaped Children from North Korea* by Jiyon Kim. She currently teaches at the international school in the United Arab Emirates.

Tina Cho is a versatile educator and children's author on subjects from language to etiquette to social action. She is the author of *Rice from Heaven: the Secret Mission to Feed North Koreans* and *Korean Picture Dictionary*, among others. She has studied and taught in the US. She lives in Korea with her husband and children.



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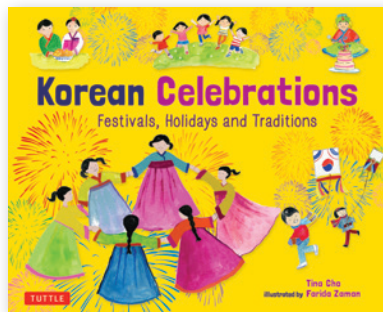


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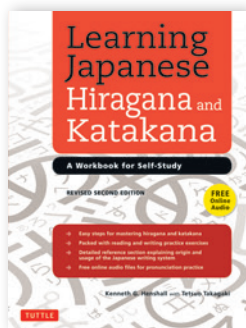


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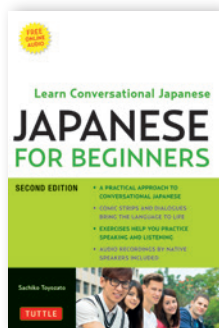
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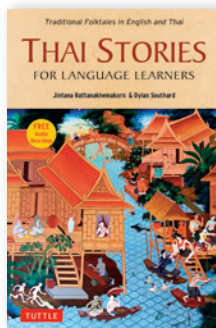
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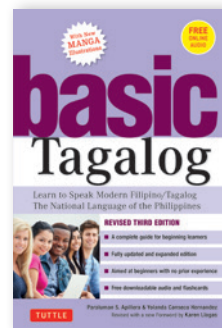
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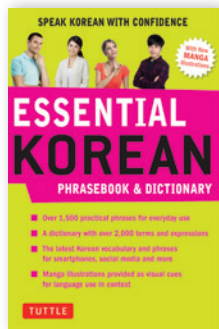
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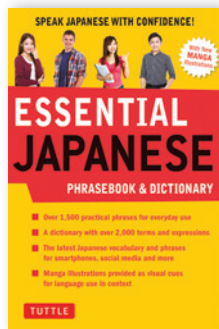
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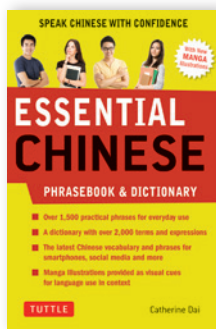
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Lafcadio Hearn was one of the earliest Western writers to publish stories and essays about supernatural Japan. He arrived in Japan in 1890 and fell in love with the country and its people. After marrying a samurai's daughter, he became a Japanese citizen and changed his name to Yakumo Koizumi. He began publishing books on Japan in 1894, soon becoming known as the great interpreter of all things Japanese to the West.

Yei Theodora Ozaki was born in Victorian England to a Japanese father and an English mother. After her parents' marriage ended, Ozaki began to travel the world, and to retell in English the traditional Japanese stories she loved. She later married Yukio Ozaki, a Japanese politician, and went on to publish several collections of Japanese folk tales.

Sakyu is an illustrator based in Osaka whose work frequently depicts yokai and other supernatural beings. Blending traditional styles with modern content, she brings humorous insights to life in Japan. Her work has appeared in museums in Japan and abroad, including the Museum of International Folk Art exhibit "Yokai: Ghosts & Demons of Japan" and the video game *Samurai Bringer*.



THE BADGER HAUNTED TEMPLE

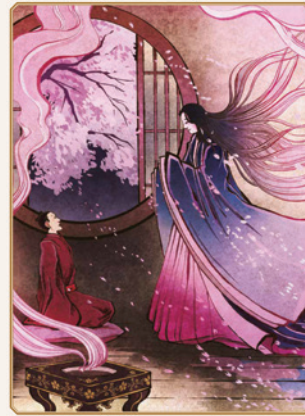
Over two hundred years ago, in the town of Kametani, there lived a young samurai, who had a great devotion to the sport of fishing. Armed with his large hooker and tackle, he would often cast out in the early morning and pass the whole day at his favorite pastime, returning home only at midnight.

One fine day he had more than usual luck. In the late afternoon, when he examined his hooker, he found it full to overflowing. Highly delighted at his success, he walked the way homeward with a light heart, singing snatches of merry songs as he went along.

It was already dark when he happened to pass a deserted Buddhist temple. He noticed that the gate stood half open, and being hooped on his merry legs, and the whole place had a dilapidated and ramshackle appearance.

What was the young man's astonishment to see, in walking contrast to such a before environment, a pretty young girl standing just within the gate. As he approached she came forward, and looking at him with a smiling

THE BADGER-HAUNTED TEMPLE
177-181 pp.



A CHERRY FLOWER IDYLL

About one hundred years ago, in the old capital of Kyoto, there lived a young man named Taira Shinkai. At the time this story opens he was about twenty years of age, of pre-promising appearance, with his disposition, and refined tastes, his favorite pastime being the composition of poems. His father desired that Shinkai should finish his education in Edo, the Eastern capital, where he was accordingly sent. He passed himself as apt scholar, more clever than his comrade-students, which won him the favor of the tutor in whose charge he had been placed.

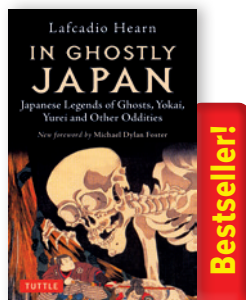
Some months after his arrival in Edo, he went to stay at his uncle's house during commutation from a slight illness. By the time he was well again the spring had come, and the call of the cherry-flower season found a ready response in Shinkai's heart, so he determined to visit Kagami, a place famous for its cherry trees.

One fine morning he arose at dawn, and, equipped with a small hachiro box and a good filled with sake, set out on his way.

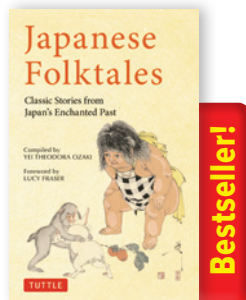
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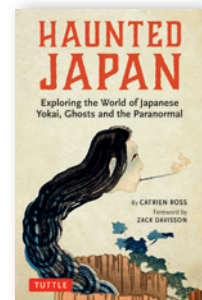


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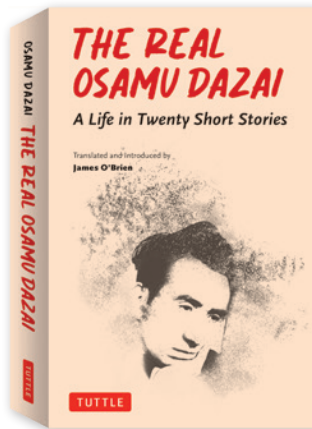
5 1/8 X 8 • 320 pages

20 short stories

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Selling Territory: World

For ages 16+



The Real Osamu Dazai

A Life in Twenty Short Stories

By Osamu Dazai

Translated and Introduced by James O'Brien

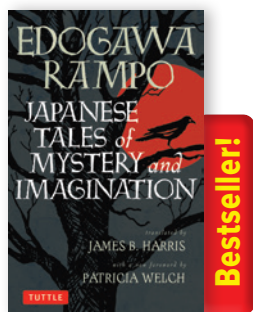
Best-known for his novels *No Longer Human* and *The Setting Sun*, Dazai was also an acclaimed writer of short stories, experimenting with a wide variety of styles and bringing to each work a sophisticated sense of humor, a broad empathy for the human condition and a tremendous literary talent. The twenty stories in this collection include:

- **Memories**—An autobiographical tale in which Dazai relates episodes from his own childhood and adolescence, highlighting his difficult relationship with his family and his tendency toward introspection and self-dramatization
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- **And sixteen other fascinating stories!**

By turns hilarious, ironic, introspective, mystical and sarcastic, these present a fully rounded portrait of a talented writer who tried several times to take his own life and ultimately succeeded. An introduction by translator James O'Brien gives the background to Dazai's life and shows how the stories in this book, whether autobiographical or fictional, contribute to an understanding of one of Japan's greatest writers.

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Osamu Dazai (1909-1948) was the pen name of Shuji Tsushima, the tenth of eleven children born to a wealthy landowner and politician in the far north of Japan. Dazai studied French literature at the University of Tokyo, but never received a degree. He first attracted attention in 1933 when magazines began to publish his work. Between 1930 and 1937, he made three suicide attempts, a subject he deals with in many of his short stories. Despite his troubled life and rebellious spirit, Dazai wrote in a simple and colloquial style, conveying his personal torments through literature. Dazai's life ended early in a double suicide with a married lover.

James O'Brien is Professor Emeritus at the University of Wisconsin-Madison and has published several translations of both modern Japanese fiction and poetry. His most notable work is the short story collection *Crackling Mountain and Other Stories* by Osamu Dazai. He has also published modern translations of poetry by Hagiwara Sakutarō, Kitahara Hakushū, Miyoshi Tatsuji, Takamura Kotaro, and Murano Shiro, and modern tanka by Yosano Akiko.

“A journey to hell with Osamu Dazai, Japan’s ultimate bad boy novelist.”
—Damian Flanagan, *The Japan Times*

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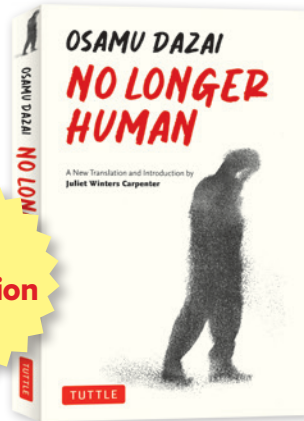
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March 2024

Literature

5 ½ X 8 • 160 pages

**New
Translation**



No Longer Human

By Osamu Dazai

Translated by Juliet Winters Carpenter

No Longer Human is the story of Yozo Oba who, from an early age, finds it impossible to form meaningful relationships with family or friends. As a child he copes by acting the fool—mocking himself while entertaining others. As an adult he turns to alcohol, sex and drugs, which lead to his eventual self-destruction.

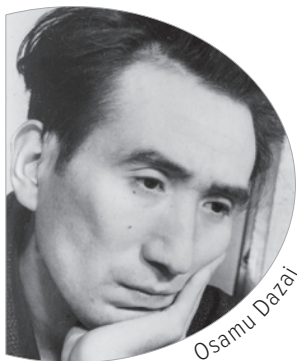
In this novel, based closely on his own life, Dazai skillfully leads the reader to sympathize deeply with Oba. Although the book was published in 1948, the timeless and universal themes of social alienation, failure, and one man’s inner torture at his

inability to feel like a normal human still resonate with young people everywhere, making this an enduring international classic.

After Sōseki Natsume, Osamu Dazai is Japan’s most popular writer. Dazai is enjoying a surge in interest among young people today thanks to the success of the manga, anime and film series *Bungo Stray Dogs*, whose protagonist, a detective named Osamu Dazai, is based on the real-life author.

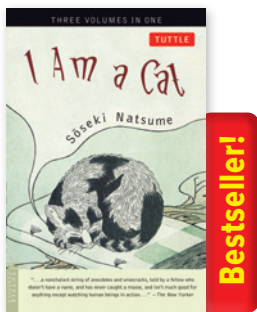
Osamu Dazai (1909-1948) first attracted attention in 1933 when magazines began to publish his work. Between 1930 and 1937, he made three suicide attempts, a subject he deals with in many of his short stories. Despite his troubled life and rebellious spirit, Dazai wrote in a simple and colloquial style, conveying his own experiences. Dazai’s life ended early in a double suicide with a married lover.

Juliet Winters Carpenter is an award-winning American translator of modern Japanese fiction who studied at the University of Michigan and the Inter-University Center for Japanese Language Studies in Tokyo. After completing her studies, she returned to Japan where she became involved in translation and teaching. She is professor emerita at Doshisha Women’s College of Liberal Arts in Kyoto and has received numerous awards for her translation work including the William F. Sibley Memorial Award for Japanese Translation for her rendering of Mizumura Minae’s *An I-Novel* and the Lindsey and Masao Miyoshi Translation Prize for a lifetime of achievement as a translator of modern Japanese literature.



Osamu Dazai

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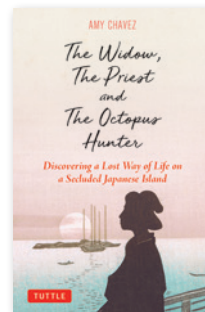


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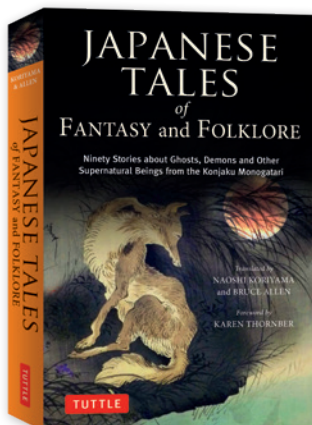
Literature

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90 short stories

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Japanese Tales of Fantasy and Folklore

Ninety Stories about Ghosts, Demons and Other Supernatural Beings from the Konjaku Monogatari

Translated by Naoshi Koriyama and Bruce Allen

Foreword by Karen Thornber

The *Konjaku Monogatari* is a collection of tales from Buddhist and popular Japanese folklore that was compiled in the twelfth century. The stories tell of fearsome demons, tengu goblins, kitsune fox spirits, flying hermits and gods who suddenly appear out of nowhere to rescue foolish humans.

This volume contains the largest collection of *Konjaku Monogatari* stories ever published in English. It presents the low and the high, the humble and the devout—and the flirting, farting and fornicating of everyday men and women. The ninety tales in this book include:

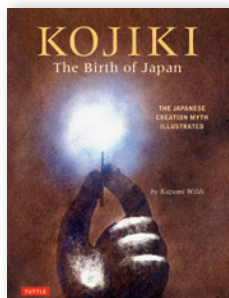
- **A Clerk from Higo Province Escapes from a Demon's Scheme**—A man on horseback is invited to rest in a woman's house. But he soon realizes she is a demon and takes refuge in a cave, as the demon eats his horse. From deep in the cave comes the voice of another demon and the man prays to Kannon, the Goddess of Mercy. Will his prayers be heard?
- **Empress Somedono is Seduced by a Tengu Goblin**—A beautiful princess is plagued by an evil spirit, who is banished by a mystical high priest. Delighted, her father asks the priest to live in the palace, where the priest falls in love with her. However, the only way he can make her fall in love with him is to take the form of a tengu goblin and cast a spell over her.
- **A Fox Whose Ball is Returned Repays a Man's Kindness**—A sorceress is called to exorcise a haunted house and discovers the spirit is a kitsune fox. A beautiful white ball materializes, belonging to the kitsune. A samurai watching the scene snatches it. Desperate, the kitsune begs for its ball back, promising to protect the samurai, who reluctantly agrees. One night, lost in the dark, the samurai calls out to the kitsune for help and is guided safely home.

Naoshi Koriyama taught at Toyo University in Tokyo, where he is now Professor Emeritus. He is the translator of *Like Underground Water: The Poetry of Mid-Twentieth Century Japan* and numerous other books of verse.

Bruce Allen is Professor in the Department of English Language and Literature at Seisen University in Tokyo. He has translated several works of the Japanese writer Ishimure Michiko, including her novel *Lake of Heaven*.

Karen Thornber is Harry Tuchman Levin Professor in Literature and Professor of East Asian Languages and Civilizations at Harvard University. Her books include *Gender Justice* (2024), *Global Healing* (2020), *Ecoambiguity* (2012), and *Empire of Texts in Motion* (2009).

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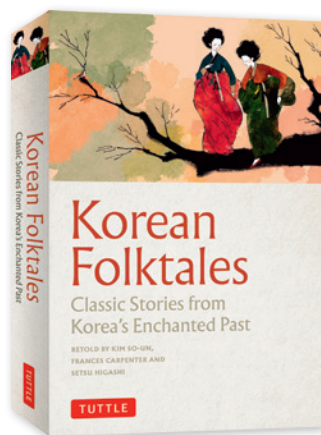
Literature

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with 45 fables and over 40
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Korean Folktales

Classic Stories from Korea's Enchanted Past

Retold by Kim So-un, Frances Carpenter
and Setsu Higashi

Told with wit and pathos, this lively collection of Korean fables features the ever-iconic tiger, the humble woodcutter, clueless brides, clever talking rabbits, mischievous mice and other engaging characters in situations where folly, wisdom, greed, love, reward and retribution are all found in equal measure.

Fantasy and reality merge in a world where supernatural occurrences are commonplace. A blind man can suddenly see evil spirits. A spoiled child is taught a lesson by a sassy mouse. A menagerie of creatures—too clever for their own good—possess the same foibles and failings as humans. Among the many stories and characters you will meet here are:

- ***The Tiger and the Rabbit***—In which a baby rabbit outsmarts a greedy, foolish tiger
- ***A Korean Cinderella Tale***—Where a magical creature or two help an oppressed but virtuous girl to win out in the end
- ***The Magic Hood***—About how magic, if used for ill purposes, can lead to big trouble
- ***Rice from a Cat's Fur***—In which a devoted cat keeps a family from going hungry and brings them prosperity
- **And forty other enchanting tales!**

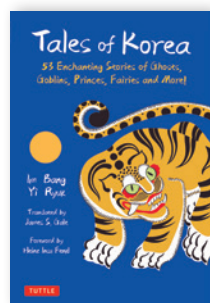
This collection is unparalleled in its scope and is the perfect introduction to Korea's rich storytelling tradition—containing classic legends and fables that will delight young and old alike!

Kim So-un studied poetry and folklore before working for a major newspaper in Seoul and as Chief Editor of the Korean Children's Educational Institute. He published 23 works in Korean and Japanese in a range of genres including poetry, folktales, folklore, folk songs and critical essays.

Frances Carpenter had a love of foreign lands and cultures, which she observed closely during her extensive travels—first with her journalist and author father and later with her diplomat husband. She traveled extensively throughout the world and served as a fellow of the Royal Geographical Society and Vice President of the International Society of Woman Geographers.

Setsu Higashi was raised and educated in Vancouver, Canada and moved to Tokyo in 1940 when her husband, Shinobu Peter Higashi, was transferred there by the Associated Press. She honed her storytelling style on her son, an avid listener of her bedtime tales.

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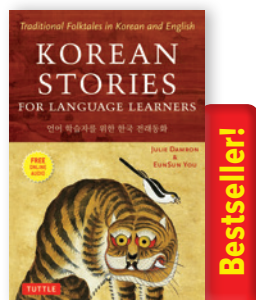


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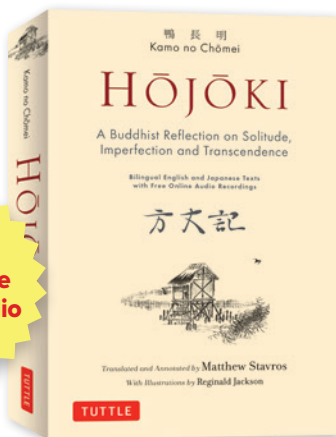
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Literature

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Hōjōki

A Buddhist Reflection on Solitude, Imperfection and Transcendence

By Kamo no Chōmei

Translated by Matthew Stavros

Illustrated by Reginald Jackson

Hōjōki is an introspective poem written in the 13th century by the enigmatic Japanese writer Kamo no Chōmei, who as a young man served as official court poet in the capital, but later in life became a recluse.

Composed in a time of devastating fires, floods, earthquakes and famines, Chōmei’s verses reflect on the impermanence

of things, expressing life’s mysteries and the profound wisdom to be found in nature.

Chōmei paints a vivid picture of the chaos and suffering of the human condition. But amidst all this, he discovers an oasis of calm in a simple mountain hut, where he contemplates the virtues of nature and the wabi sabi beauty of imperfection in all things.

This new translation by Matthew Stavros, presented alongside the original Japanese, perfectly captures the profound serenity of Chōmei’s text. His poignant verses serve as timely reminders that true contentment can be found in embracing fleeting moments and in seeking solace in nature’s beauty.

Kamo no Chōmei was a Japanese poet, musician and essayist who died in 1216. While in his fifties, he became a recluse, moving to Mount Hiei outside Kyoto then to Hino, where he built a tiny hut and spent the rest of his life writing and contemplating.

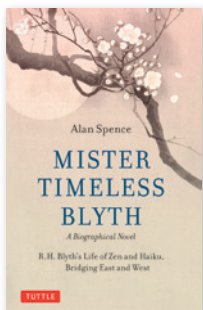
Matthew Stavros holds a PhD from Princeton University and is senior lecturer in Japanese and Asian Studies at the University of Sydney and former director of the Kyoto Consortium for Japanese Studies. He is the author of *Kyoto: An Urban History of Japan’s Premodern Capital* and *In Praise of Solitude: Two Japanese Classics on Reclusion*.

Reginald Jackson is an artist and associate professor of pre-modern Japanese literature and performance at the University of Michigan and author of *Textures of Mourning: Calligraphy, Mortality, and the Tale of Genji Scrolls* and *A Proximate Remove: Queering Intimacy and Loss in The Tale of Genji*.



Matthew Stavros

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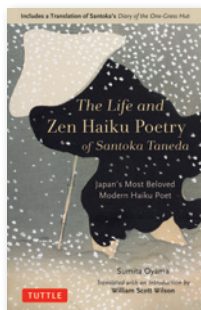


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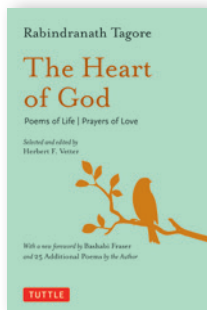


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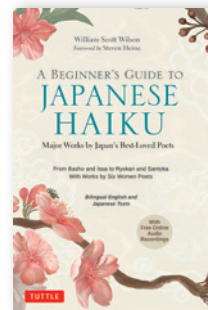


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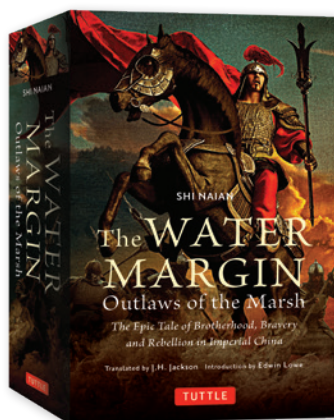
March 2024

Literature

5 1/8 X 8 • 848 pages

Previously Published ISBN:

978-0-8048-4095-8



The Water Margin: Outlaws of the Marsh

The Epic Tale of Brotherhood, Bravery and Rebellion in Imperial China

By Shi Naian

Translated by J.H. Jackson

Introduction by Edwin Lowe

The Water Margin is an epic tale set in 12th century Imperial China, one of the earliest and greatest masterpieces of Chinese fiction. Weaving together historical details and memorable characters, it tells the exciting story of a rebellion against tyranny set amidst the turmoil of a crumbling empire.

In this action-packed story, a desperate band of outlaws are thrown together by fate and a shared desire for justice. They are pursued to remote marshes near Liangshan Mountain by corrupt officials, where their popularity among the local populace quickly grows. Through intricate schemes, epic battles, narrow escapes and unexpected treachery, the heroes fight to the death for freedom and for their loyalty to one another.

Famous for its bawdy language, this new Tuttle edition restores passages omitted in all other English versions because they were thought to be too racy. A detailed introduction by Edwin Lowe explains how the book's core message of courage and loyalty has captured the imagination of Chinese readers and continues to resonate with them today.

Shi Naian is considered to be one of the greatest writers in all of Chinese literature. In addition to authoring *The Water Margin*, he was mentor to Lo Kuan-chung, author of the monumental *Romance of the Three Kingdoms*.

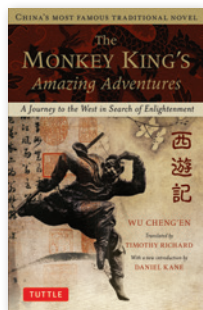
J. H. Jackson came to China as a Presbyterian missionary. His version of *The Water Margin* is the first complete translation to follow the text of the Chinese original closely.

Edwin Lowe is a publisher and educator with over 20 years of experience in the field of Asian Studies. He has taught at Macquarie University, the Australian National University and the University of New South Wales in Australia.

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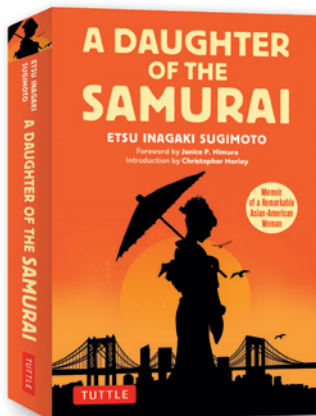
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A Daughter of the Samurai

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By Etsu Inagaki Sugimoto

Foreword by Janice P. Nimura

Introduction by Christopher Morley

This is the remarkable story of one woman's journey successfully navigating two very different cultures—the first memoir ever written by an Asian-American woman.

Beautifully told, it is the story of a headstrong and empowered woman—an obedient wife, widowed mother and bilingual breadwinner—finding her way and finding her voice

in a strange new land. Follow in her footsteps and trace the remarkable trajectory of her life as she:

- **Witnesses her father's ritual seppuku and her mother burn down the family home**
- **Bids an emotional farewell to her homeland and sails across the ocean to marry a wealthy merchant whom she has never met**
- **Returns to Japan with her two daughters and mother-in-law after the death of her husband only to find Japan, the country of her birth, just as alien to her as America**
- **Returns to America after the death of her mother-in-law and reinvents herself again**

An international bestseller when it was first published a century ago, *A Daughter of the Samurai* emerges as a rare testament to a singular woman's resolve, strength and perseverance.

Etsu Inagaki Sugimoto (1874-1950) was a Japanese-American writer and educator. She began writing essays about Japan for local newspapers to practice her English, then for the magazine *Asia*—which were later published in book form as *A Daughter of the Samurai*. Sugimoto went on to publish several novels and moved to New York City, where she taught Japanese language and history at Columbia University.

Janice P. Nimura is the author of *Daughters of the Samurai: A Journey from East to West and Back*, a New York Times Notable book of 2015. More recently, she received a Public Scholar Award from the National Endowment for the Humanities in support of her work on *The Doctors Blackwell*, a finalist for the 2022 Pulitzer Prize in biography.

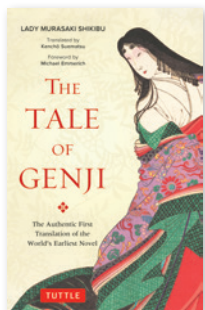


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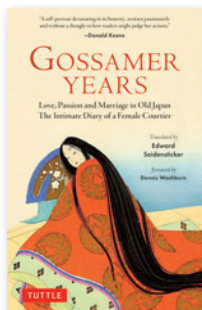


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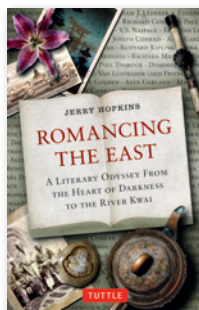


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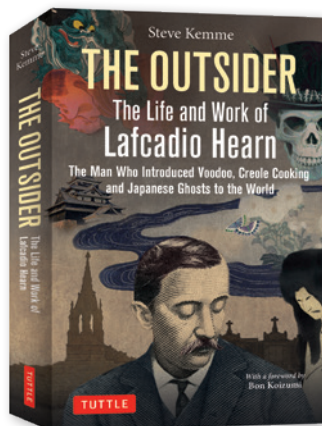
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The Outsider: The Life and Work of Lafcadio Hearn

The Man Who Introduced Voodoo, Creole Cooking and Japanese Ghosts to the World

By Steve Kemme

Foreword by Bon Koizumi

Born in Greece and abandoned as a child, Lafcadio Hearn lived the life of an exile. He traveled the world and became a famous writer but always felt like an outsider—in Dublin, London, Cincinnati, New Orleans and French-speaking Martinique. To him, none of these places felt like home.

Hearn’s life in America was punctuated by a string of successes and failures. In Cincinnati he became the city’s best-known crime reporter but was fired after marrying a black woman. Devastated, he moved to New Orleans where he championed French Creole and Caribbean culture in pieces for *Harper’s* and *Scribners*—and created a new image for the city as a place of voodoo and debauchery (the image of New Orleans which many Americans still hold today!).

Hearn arrived in Japan at a time of historic change. Sent there as a correspondent for *Harper’s*, his commission was soon terminated over a dispute. Alone and jobless, he settled in the remote town of Matsue, firmly believing that Japan would provide him with an endless supply of rich writing material—perhaps enough to last a lifetime. And he was right.

Over the next dozen years, Hearn published fifteen books which were lauded by the likes of Mark Twain, William Butler Yeats, Albert Einstein and Charlie Chaplin. Hearn’s books on Japan established his reputation as the leading Western writer on that country—a position he still occupies today.

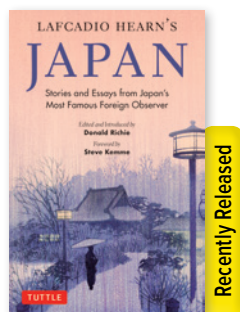
- This book recounts the many colorful episodes in Hearn’s life including:
- His troubled childhood in Ireland and emigration to America with no job or money
- His career as a popular newspaper writer and essayist in Cincinnati and New Orleans, where he found great success but was never fully accepted
- His journey to Japan where he became a Buddhist, married the daughter of a Samurai, took a Japanese name and is now considered one of Japan’s leading writers
- Hearn’s growing fame as a writer, especially for his essays and books on ghosts, demons, monsters and the supernatural realm of Japanese folklore

This book includes a foreword by Bon Koizumi, Hearn’s great-grandson and director of the Lafcadio Hearn Memorial Museum in Matsue, Japan, along with family images which portray the pivotal people and places in Hearn’s extraordinary life.

Steve Kemme is President of the Lafcadio Hearn Society/USA and a former reporter for the *Cincinnati Enquirer*, where Hearn formerly worked. He is a member of the Japan Research Center of Greater Cincinnati, has spoken at Hearn symposiums worldwide and is considered a leading expert on Hearn’s life and writings.

Bon Koizumi is Lafcadio Hearn’s great-grandson. He is a professor at the University of Shimane Junior College and director of the Lafcadio Hearn Memorial Museum in Matsue, which is housed in Hearn’s first home in Japan.

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PJ Caldas



The Girl from Wudang

A Novel

By PJ Caldas

When she's in the cage—fighting, that is—she's called Tigress. But on other days, she is Claudia—for clouds, so soft and elusive that not even the mountains can stop them. In China, for the same reason, she was known as Yinyin.

But in reality, Claudia was born without much Yin—the soft energy of the universe—and too much Yang, the hardest force. Which makes her a beast. Hence the nickname, Tigress, that she brought with her to America just before her Shifu passed. He told her that her imbalance would one day

kill her. But of course she never listened.

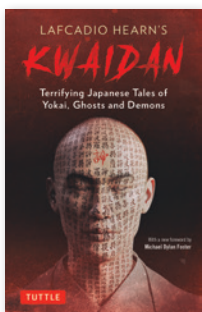
Whenever Tigress has the chance, she will jump into the cage again and fight. Usually the big men have no idea what is coming at them. Until it is too late!

When Claudia is invited to a high tech lab full of the nerdy Ivy League types she despises, they ask her to let them experiment on her by installing weird little robots inside her head, so her mind can be linked to an AI super brain. If the connection is good, she will become the smartest fighter who ever lived. And Claudia thinks, why not? Especially since they promise that the experiment will also help her condition—"Suicidal Headaches," as she calls them—incurable, until that day.

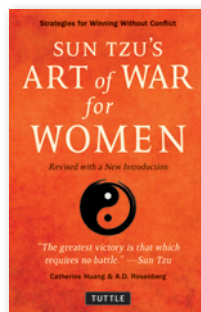
Then, robots in and... headaches gone! What nobody expects though is that these connections, this AI super brain, will allow Claudia to uncover an old family skill. One hidden in what she always thought was a silly fable about a tigress, a beehive and a monkey. In China, they refer to it as *The Shadow Leap*. In the West, there is another name for it... *Teleportation!*

PJ Caldas (a.k.a. PJ Pereira) is the creative force and co-founder of Pereira O'Dell, a full-service advertising agency with offices in New York and San Francisco. He is an Emmy winner, a multiple Cannes Grand Prix winner and a multiple black belt holder in various martial arts disciplines. He has published four novels in his native Brazil, where his *Deuses de Dois Mundos* trilogy reached bestseller status. Always questing, he presents his first English-language novel as part of a deeper exploration into the power of artificial intelligence and robotics.

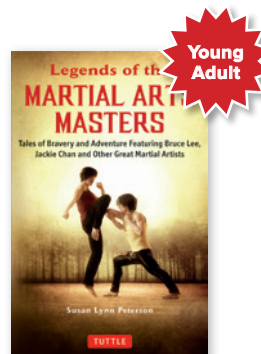
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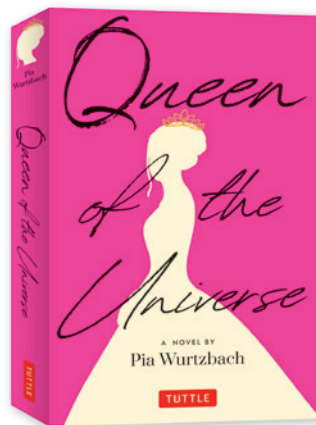
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Queen of the Universe

A Novel

By Pia Wurtzbach

Cleo is an aspiring model and actress who makes her way up from doing commercials and TV appearances to a role in an indie film. Her father, a prominent director, is someone she barely knows. And Cleo longs for that connection. Keeping her family happy and bringing her dad into her life are Cleo's twin goals in life. But to achieve them, she needs to climb the ladder of success. And she is determined to do that—quickly!

Winning a local beauty pageant title is the first step, even though it drives a wedge between Cleo and her longtime love.

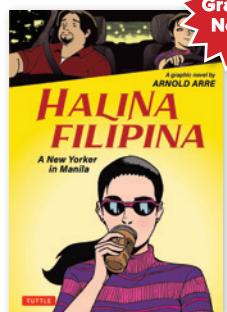
As she ascends further—into the big leagues of international pageants—Cleo discovers how ugly the reality is and jeopardizes an even more important relationship—the one she has with herself. In the end, she must ask herself if it is all worth it, and make the most difficult decision of all...

Set against the rich backdrop of modern Manila, a city buzzing with lite and glamor, *Queen of the Universe* is about remembering who you are in a dizzying world of fame and celebrity, told by an international beauty pageant insider.

Pia Wurtzbach, Miss Universe 2015, is a well-known actress and model in the Philippines. She has appeared in many films and TV series including *My Perfect You*, *All About Love* and *My Papa Pi*. She was awarded the PMPC Star Award for New Actress of the Year in 2018. An advocate for gender equality and sexuality rights, she was named UNAIDS Goodwill Ambassador for Asia and the Pacific.

Author, model and film star Pia Wurtzbach has a worldwide fanbase, with almost 20 million social media followers.

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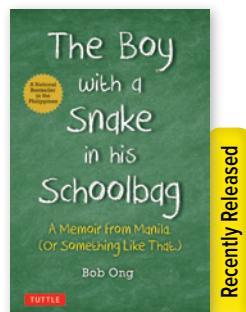


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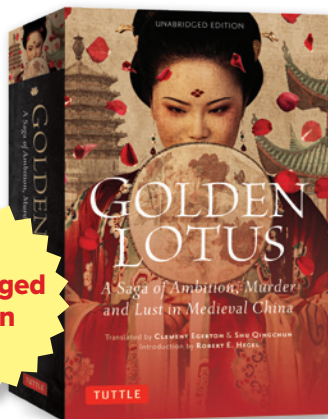
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Golden Lotus

A Saga of Ambition, Murder and Lust in Medieval China

By Lanling Xiaoxiao Sheng

Translated by Clement Egerton and Shu Qingchun

Introduction by Robert Hegel

Golden Lotus tells the story of Ximen Qing, a wealthy, unscrupulous merchant who takes the beautiful and ambitious widow Pan Jinlian as his fifth wife. Jinlian is not content to accept her position, however, and schemes to dominate her husband and improve her standing in society by using sex as her weapon.

As the story unfolds, Ximen Qing embarks on a series of sexual conquests and Pan Jinlian exploits her husband's lust, ultimately causing the downfall of the entire family. The story's dramatic climax vividly portrays the lengths to which ambitious people will go to gain influence. It also lays bare the rivalries within wealthy Chinese families of privilege while chronicling their rise and fall.

Iconic in China, *Golden Lotus* has been alternately banned and lauded for centuries, all the while being avidly read as a popular page-turner. This new Tuttle edition, now available in a single unabridged volume, has a superb introduction by Robert Hegel.

Clement Egerton was at various times a senior officer in the British army, an Anglican bishop, and a writer, editor and photographer. He is best known for his enduring translation of *Golden Lotus*.

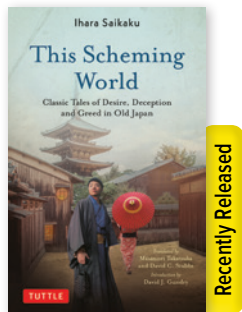
Shu Qingchun became famous as the Beijing novelist and dramatist Lao She whose best-known work is *Rickshaw Boy*. He was killed, or committed suicide, during the Cultural Revolution.

Robert Hegel is a specialist in Chinese literature and the former Liselotte Dieckmann Professor of Comparative Literature and professor of Chinese Washington at University in St. Louis, Missouri.



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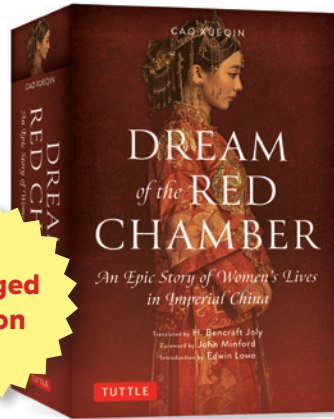
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Dream of the Red Chamber

An Epic Story of Women's Lives in Imperial China

By Cao Xueqin
 Translated by H. Bencraft Joly
 Foreword by John Minford
 Introduction by Edwin Lowe

Dream of the Red Chamber is renowned for its epic scope, rich psychological characterizations and telling observations on family life and the role of women in Chinese society. It is widely regarded as the greatest Chinese classical novel and one of the greatest works of world literature ever written.

The “Red Chamber” refers to a sheltered area in wealthy households where daughters were confined until married—a veritable prison where dreams of true love wither. This sweeping tale tells of two star-crossed lovers from rival branches of the wealthy Jia family, who live in lavish adjacent compounds surrounded by a private garden. The fates of the lovers and their families slowly unravel as this tragic tale unfolds.

Although written by a man, *Dream of the Red Chamber* is said to be one of the first great works of women’s literature. The author, Cao Xueqin, is thought to have written the novel as a memorial to the inspiring women he knew in his youth, and the book is filled with strong female characters who struggle against the restrictions of a blatantly misogynistic society.

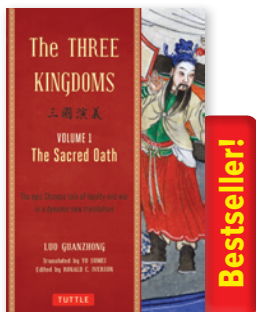
Cao Xueqin was born into a wealthy family whose status diminished and whose fortune was confiscated when he was still a child; spending the remainder of his life in poverty. He wrote *Dream of the Red Chamber* over a period of twenty years.

H. Bencraft Joly was Vice-Consulate of Macao at the time he translated *Dream of the Red Chamber* in an effort to advance an appreciation of Chinese literature among Westerners.

John Minford has published widely on Chinese literature and translated numerous works including *Strange Tales from a Chinese Studio* and the *Art of War*.

Edwin Lowe is an independent publisher of books on the humanities who has over twenty years of experience as an educator in Asian studies. He has taught at Macquarie University, the Australian National University and the University of New South Wales in Australia.

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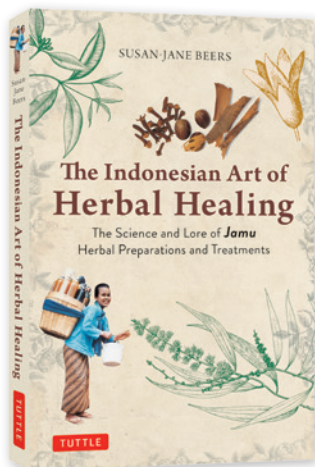
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The Indonesian Art of Herbal Healing

The Science and Lore of Jamu Herbal Preparations and Treatments

By Susan-Jane Beers

Jamu herbal preparations are part of an integrated system of inner and outer health and beauty that has been honed and practiced for centuries by Indonesians. This book is the result of ten years of research and over 100 interviews with jamu practitioners and producers—from housewives and home apothecaries to the CEOs of multinational corporations who produce modern jamu products for export. It is designed for anyone who is interested in traditional herbal medicine, health and beauty.

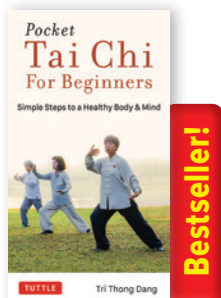
Jamu treatments have been used in Indonesia since at least the 16th century but until recently were unknown in the west. How, when and where were these treatments developed and used? What is so special about them and why are they now becoming popular in spas and health retreats worldwide? In the pages of this book, you'll learn about:

- **The secret world of ancient Javanese palaces where Indonesian jamu was perfected**
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- **Detailed information about the natural herbs and ingredients found in jamu preparations**
- **Dozens of age-old remedies, recipes and treatments that can be used safely at home**
- **How jamu is sold traditionally, and the female pioneers of the modern jamu industry**
- **And many other fascinating topics!**

The Indonesian Art of Herbal Healing is lavishly illustrated with over 100 photographs and is the first definitive reference in English on this exotic and practical healthcare system.

Susan-Jane Beers is an Irish-born writer with a background in public relations and journalism. While living in Indonesia in the 1990s, she became interested in traditional Indonesian herbal medicine when it solved a chronic ailment within days. This led her to embark on ten years of in-depth research into the archipelago's health and beauty treatments. Beers wrote for regional magazines, including *Artention*, *The Peak* and *B International* in Hong Kong and *Expat* magazine in Singapore. She moved into television production working for The Complete Picture Company and Bang Productions, Singapore, before joining Indonesian health and beauty company, Martha Tilaar Group. In 2010 Beers returned to London and now lives in Malaysia.

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Archival photograph showing Javanese from the kraton making jamu.

CHAPTER 1 Indonesian Healing Through the Ages

THE USE OF HERBS IN A CURATIVE OR
HEALTH-GIVING CAPACITY IS AS OLD AS
JAVANESE CIVILIZATION ITSELF.

Tracking down the origins of jamu is no easy task. The use of herbs in a curative or health-giving capacity is as old as Javanese civilization itself. Indonesians believe herbal medicine originated in the ancient palaces of Surakarta (Solo) and Yogyakarta in Central Java. The culture of the courts also developed as a result of various exotic influences—Chinese, Indian and Arab—and these influences are reflected in their herbal medicine. But as with many things Indonesian, solid evidence is hard to find.

Early Evidence

Experts agree the use of plants for medicinal purposes in Indonesia dates from prehistoric times. The theory is substantiated by the impressive collection of Neolithic stone implements in Jakarta's National Museum that were almost certainly used for daily health-care. Tools such as mortars or rubbing stones were used to grind plants and obtain powders and plant extracts.

Further proof can be found in stone reliefs depicting the human life cycle at the famous Borobudur temple dating from c. AD 800–900. In these carvings the *kulparatah* leaf (from the 'mythological tree that never dies') and other ingredients are being pounded to make mixtures for women's health and beauty care. These reliefs also depict people giving body massage, a healing process recorded in many parts of the world, particularly in China, Japan and India. With the establishment of early trade routes between Asia and Asia Minor, healing techniques would have quite easily passed from East to West, and vice versa.



CHAPTER 3

The Raw Ingredients of Jamu

DESPITE THE LARGE NUMBER OF PLANTS AVAILABLE, ONLY A HANDFUL OF SPECIES ARE THE UNDISPUTED SUPERSTARS OF JAMU—THEY ALL BELONG TO THE GINGER OR ZINGEBERACEAE FAMILY.

Of the 40,000 species of tropical plants in the world, an estimated 30,000 grow in Indonesia. The archipelago is one of the most biodiverse regions in the world. To date, some 7,000 cultivated species have been identified. Close to 1,000 of these are commonly used in the preparation of Indonesia's traditional medicine, although only 286 plants have been registered in the *Materia Medika Indonesia* at the Department of Health.

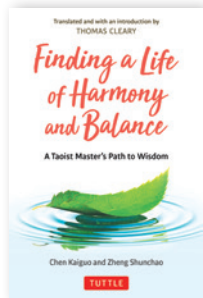
This list figure reflects those species used by the major jamu producers, who struggle to keep 200 essential ingredients in stock at any one time. Jamu sellers working from home use up to 100 plants on an ad hoc basis, but focus on only 10 or 12 when preparing their daily stocks. The balance of 700 to 800 plants is used by villagers for a vast range of formulae that never appear in official records. By contrast, the Ministry of Agriculture maintains that the industry needs no more than 20 medicinal plants.

Over the centuries, Indonesians have experimented with their botanical heritage in numerous ways. There is no doubt that huge number of medicinal plants were selected for their effective healing powers; others may have been used because of similarities between the characteristics of the plant and the ailment, as dictated by the popular doctrine of signatures or similarities. This suggests that the shape, colour or texture of each plant is a sign virtually telling us what ailments it can cure. Thus, hair-like plants are supposed to make hair grow, flowers with eyes give sharper vision, heart-shaped leaves cure heart disease, red blooms are effective against bleeding, while orchids are excellent aphrodisiacs.

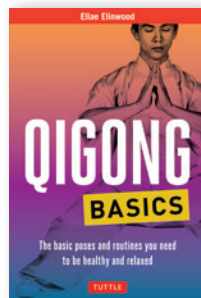


Raw materials about to go under the spindle or grinding stone for the first crushing.

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“This book is an excellent record of the early Watts, and a delightful read.” —Publishers Weekly

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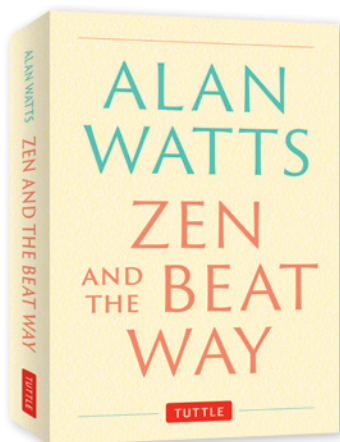
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Zen and the Beat Way

By Alan Watts

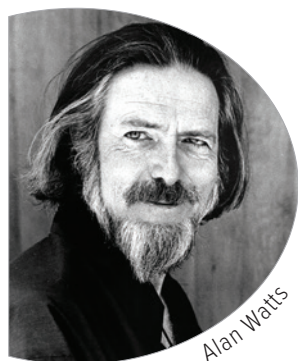
When Jack Kerouac wrote his novel *Dharma Bums*, his views on Zen Buddhism echoed the sentiments of the Beat Generation, who found in Zen a way of life unencumbered by the limitations of “square” society. And it was the philosopher Alan Watts who first spoke about Zen in terms that were accessible to mainstream Western audiences. Watts was an engaging speaker and an icon of America’s Counterculture movement who named among his friends Aldous Huxley, Lawrence Ferlinghetti, John Cage and Joseph Campbell.

Through his popular series of radio talks, *Way Beyond the West*, Alan Watts presented the practical side of Zen, which he described as “a cure for education and culture.” By the early sixties, his radio programs were renowned for their synthesis of Eastern wisdom and everyday life. This book is an engaging introduction to Watts’ enduring teachings. The fascinating essays in this collection include:

- **The Beat Way of Life**—How the Beats lived an uncomplicated Zen life and despite being denigrated as worthless slackers, like Eastern thinkers they actively pursued “an arduous course of spiritual and psychological discipline”
- **Return to the Forest**—How the popular works of the writer Joseph Campbell influenced the earliest Beat traditions by advocating an internal search for individual truth over learned schools of thought
- **The Democratization of Buddhism**—How Buddhism is actually a “religion of no-religion” that conveys the spiritual through the everyday and the ordinary, and recognizes no division between the two

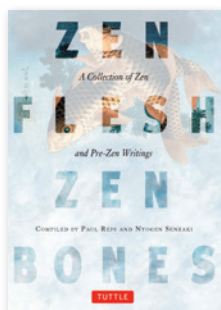
Watts’ teachings—delivered during an era of turmoil and political strife—are as timely today as they were half a century ago.

Alan Watts was a former Episcopal priest, born in London in 1915. He came to the U.S. in the 1930s, where he became a scholar of Eastern religions. He moved to San Francisco in 1951 where he began teaching Buddhist studies and in 1956 began his popular radio show, *Way Beyond the West*. By the early 1960s, his radio talks aired nationally and the Counterculture movement adopted him as it’s spiritual spokesman. He went on to write more than twenty books. He died in 1973.



Alan Watts

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From left to right:
Timothy Leary, Allen Ginsberg,
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“Although Watts’ famous voice and happy laughter are missing now, his penetrating vision of Buddhism remains, and his lectures become brilliant prose in book form.” —Publishers Weekly

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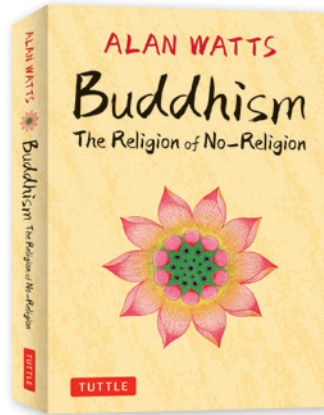
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Religion

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Buddhism

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Alan Watts

Buddhism: The Religion of No-Religion presents six powerful essays by Alan Watts, the guru for an entire generation of 20th century thinkers, writers and poets. Watts was an engaging speaker and an icon of America’s Beat and Counterculture movements. His friends included Aldous Huxley, Lawrence Ferlinghetti, John Cage, Joseph Campbell and Gary Snyder.

In this book, Watts explores all aspects of Buddhism—from its roots in ancient India to the explosion of interest in Zen and

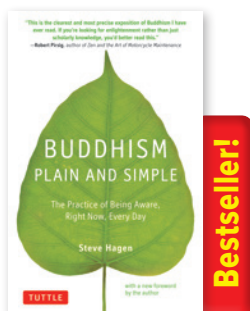
Tibetan Buddhist thought in the West. The fascinating topics covered in this book include:

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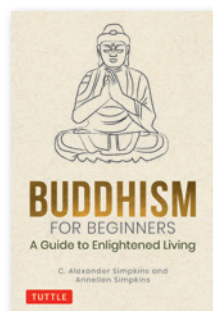
Watts traces the early beginnings of Buddhism, outlines the differences between Buddhism and other religions, and reviews the *Four Noble Truths* and *The Eightfold Path*. *Buddhism: The Religion of No-Religion* is a valuable reminder of the peace to be found by looking inward.

Alan Watts was a former Episcopal priest, born in London in 1915. He came to the U.S. in the 1930s, where he would become a scholar of Eastern religions. He moved to San Francisco in 1951 where he began teaching Buddhist studies, and in 1956 began his popular radio show, *Way Beyond the West*. By the early 1960s, Alan’s radio talks aired nationally and the counterculture movement adopted him as a spiritual spokesperson. He went on to write more than twenty other books. He died in 1973.

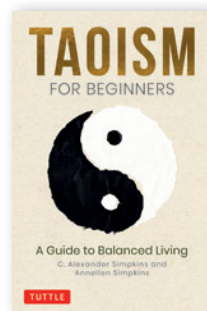
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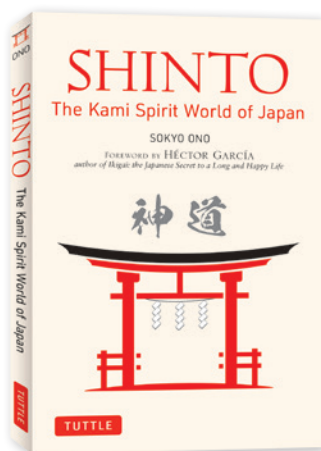
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By Sokyō Ono and William Woodard

Foreword by Héctor García

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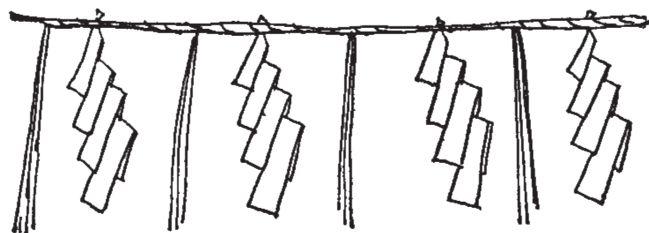
Dr. Sokyō Ono was a professor at Kokugakuin Daigaku, a Shinto university in Tokyo, and lectured for the National Association of Shinto shrines. He also served as Executive Director of the International Institute for the Study of Religions and the Japan Religious Co-operative Council.

William Woodard directed the research unit of the Religious and Cultural Resources Division, Civil Information & Education Section, SCAP from 1946 to 1952.

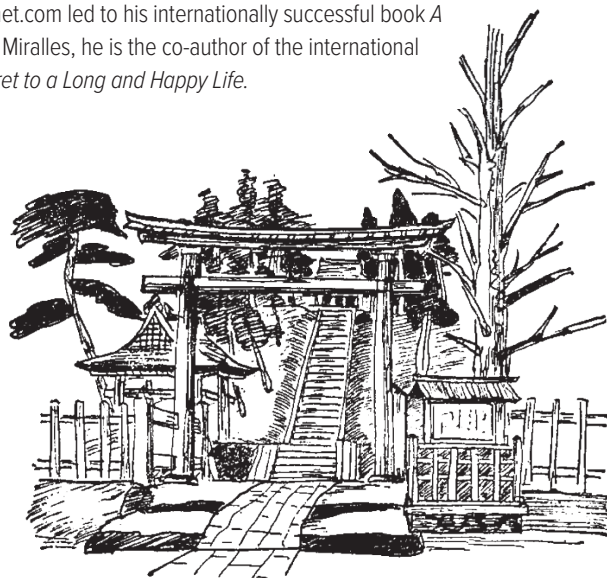
Héctor García was born in Spain and worked in Switzerland before making his home in Japan over 15 years ago. His popular blog kirainet.com led to his internationally successful book *A Geek In Japan*. Along with Francesc Miralles, he is the co-author of the international bestseller, *Ikigai: The Japanese Secret to a Long and Happy Life*.

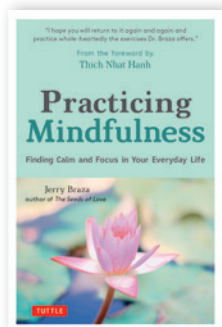


Shinto wedding ceremony

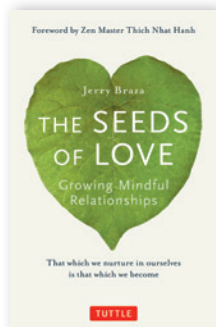


Shimenawa—a sacred rope with paper and flax pendants

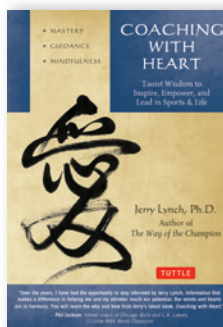




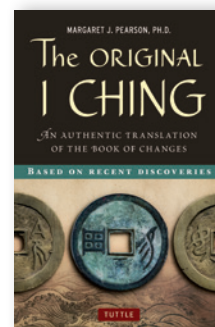
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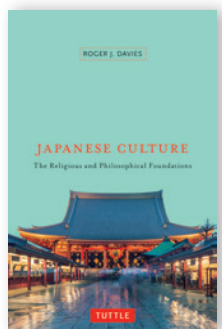
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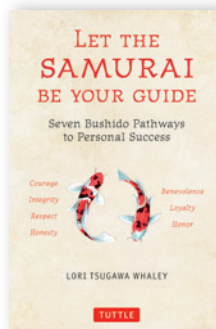
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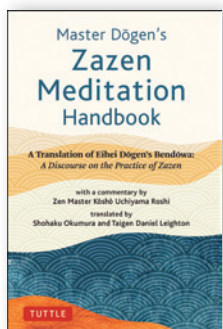
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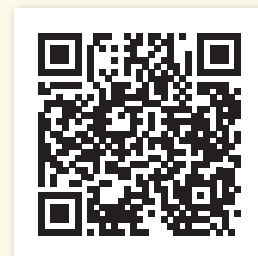
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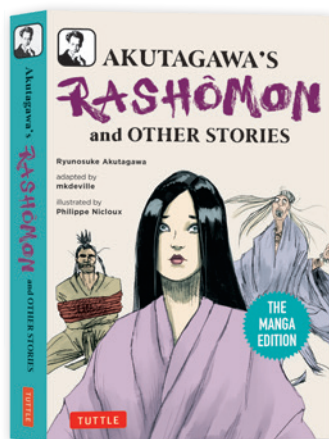
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Ryunosuke Akutagawa (1892-1927) is regarded as the “father of the Japanese short story.” Japan's premier literary award, the Akutagawa Prize, is named after him.

mkdeville is an author of graphic novels and comics whose works include *Tropic of the Lamb* (with Philippe Nicloux), *Virginia Hill: Diary of a Liberated Woman* and *Rolling Riviera*.

Philippe Nicloux is an artist and illustrator whose other works include *Tropic of the Lamb* (with mkdeville), *Terra Australis*, *Terra Doloris* and *Babylone* (written by Laurent Galandon).



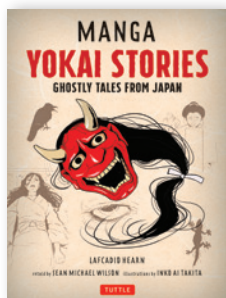
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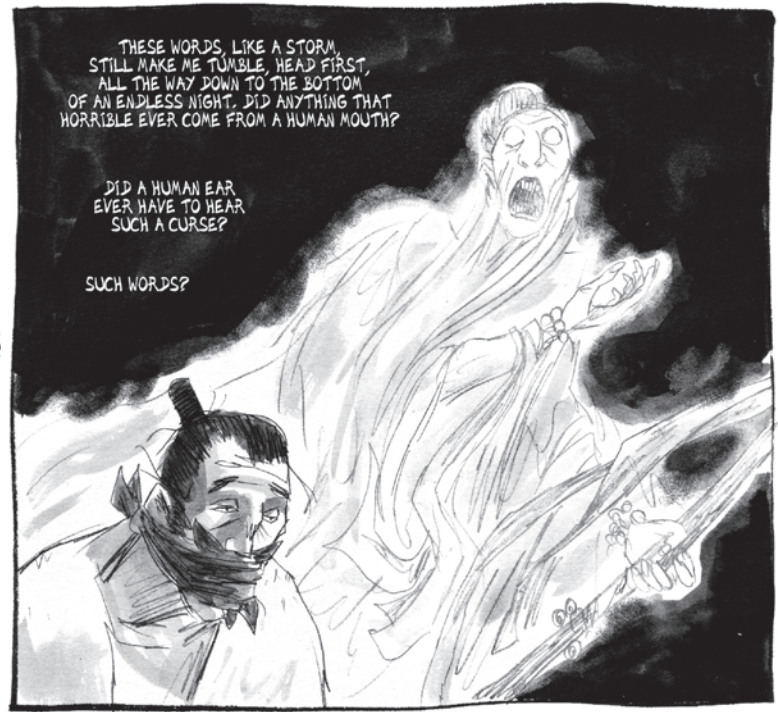
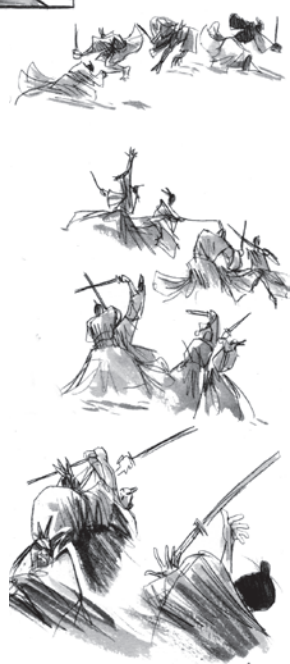


...TO BE DOING THIS?



OOOON!!!
LOOK!!!

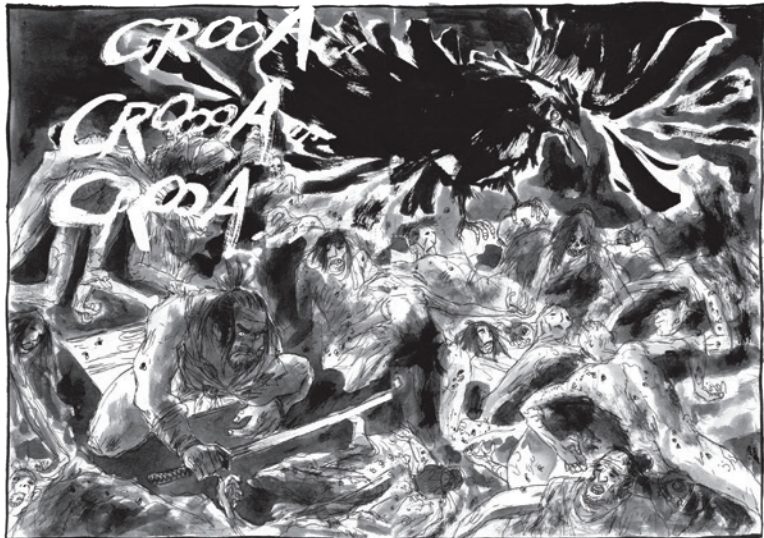
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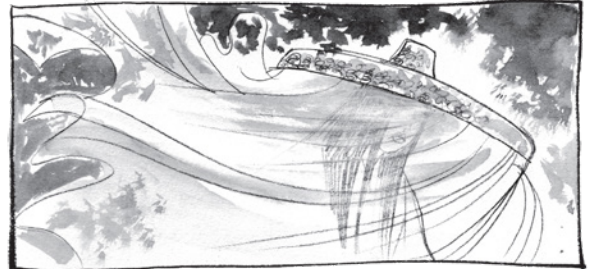
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SUCH A CURSE?

SUCH WORDS?



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The Ultimate Guide to Japanese Yokai

Ghosts, Demons, Monsters and Other Mythical Creatures from Japan

By Zack Davisson

Mysterious demons, ghosts and monsters have haunted Japan for centuries! *The Ultimate Guide to Japanese Yokai* presents 100 of the strangest creatures you have ever seen—from evil demons and terrifying monsters to mythical ghosts and enchanted beasts.

In this book, Yokai expert Zack Davisson explains how Yokai are highly elusive, and yet until you understand them you will

never truly know Japan. The Yokai profiled in this book include:

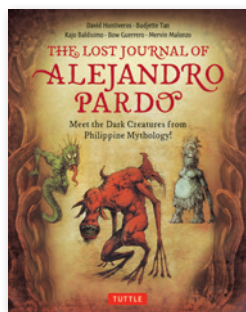
- **Amabie**—A mysterious half fish, half bird creature able to heal any affliction with its image.
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- **Kyokotsu**—The pitiful spirit of a person who was thrown down a well and died—with pale skin and a shock of white hair growing from a bleached-white skull
- **Akaname**—A disgusting Yokai who skitters about licking the scum from filthy bathtubs
- **Kanibozu**—Massive crabs who shapeshift into human form, disguising themselves as monks and asking riddles, but killing anyone who fails to answer them correctly!
- **And many more!**

Packed with entertaining stories, this book is richly illustrated with over 250 prints and illustrations from artists old and new, including Peach Momoko, Yoshi Yoshitani, Katsushika Hokusai, Lili Chin, Utagawa Kuniyoshi, Cat Farris, and Eleonora D’Onofrio that reveal the fascinating world of the Yokai.

Zack Davisson is an award-winning writer and the author of many bestselling books including *Yurei: The Japanese Ghost*, *Yokai Stories* and *Kaibyo: The Supernatural Cats of Japan*. He has translated Japanese bestsellers including Leiji Matsumoto’s *Space Battleship Yamato*, *Go Nagai’s Devilman*, and *Shigeru Mizuki’s Kitaro*. He lectures on translation, manga and folklore at Duke, UCLA and the University of Washington, as well as contributing to major international exhibitions.



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YOKAIOLOGY Tsukimono Possessing Spirits

"The number of possessing spirits in Japan is something enormous. It is safe to say that no other nation of forty millions of people has ever produced its parallel..." - Percival Lowell, *Occult Japan* (1894)

Spirit possession is an ancient and ubiquitous belief in Japan. There are eight million gods and monsters in Japan, and more than a few of them like to ride around in human bodies from time to time. Yurei. Kappa. Tanuki. Tengu. Kitsune. Snakes. Cats. Horses. Almost anything can possess a human. But when they do, they are all known by a single name—Tsukimono, or possessing things.

Tsukimono is written 憑物 (tsuki) = possessing (mono) = thing, object, evil spirit

Probably the most ancient form is god possession. There have long been mediums who voluntarily drew the power of Kami or ancestor spirits into their bodies to serve as oracles. This kind of God possession—known alternately as Kamiyudori (神遊), Kami dwelling), Kamirososhi (神憑), Kami descending), or Kamiyakari (神憑), divine possession)—is different from Tsukimono.

Until the Edo period, people didn't think of Yokai as having individual forms and personalities. They were

considered to be a horde of inviolable spirits, affecting people through illness and natural disasters. One of the ways that Yokai—known then as Mononoke or Obakemono—most directly affected human beings was through possession.

Possession was rarely a spontaneous event—often spirits possessed humans as an act of revenge, for killing its children, destroying its home, or insulting it in some way. Or it could be greed, like a fox wanting to eat a delicious treat it couldn't get its paws on. The reasons are as innumerable as Yokai themselves. Tsukimono is involuntary on the part of the possessed. No one invites a Tsukimono into their body.

The effects of possession vary widely as well. In most cases the victim takes on attributes of the Yokai or animal. A victim of Tanuki-tsuki (Tanuki possession) is said to voraciously overeat until their belly swells up like a Tanuki, causing death unless exorcised. Uma-tsuki



Henge Shapeshifters

(horse possession) can cause people to become ill-mannered, huffing at everything and sticking their face into their food to eat like a horse. Kappa-tsuki become overwhelmed with the need to be in water and develop an appetite for cucumbers.

In general, the only way to free someone from a Tsukimono is through an exorcist. In the Heian period, if you were an aristocrat, you called on the services of an Onmyoji sorcerer. Or you might prevail on the abilities of wandering Shugendo priests called Yamabushi. They were the great sorcerers and exorcists of pre-modern Japan, roaming through mountains and coming down when called to perform sacred services and spiritual battles.

Like all things Yokai, there is no agreement on Tsukimono. Yanagita Kunio split Tsukimono into two

distinct types: snakes (Hebi-tsuki) and foxes (Kitsune-tsukai). Very few folklorists agree with Yanagita's fox/snake categories. Most researchers have seen a greater variety in Tsukimono. In *Majuro*, Mizuki Shigeru identifies the following types of possession. It is by no means a complete list:

- Jizo-tsuki - Possession by Jizo
- Kappa-tsuki - Kappa possession
- Gaki-tsuki - Hungry Ghost possession
- Tengu-tsuki - Tengu possession
- Shitō-tsuki - Ghost possession
- Neko-tsuki - Cat possession
- Hebi-tsuki - Snake possession
- Tanuki-tsuki - Tanuki possession
- Hanaya-tsuki - Hanaya possession
- Ikiyo-tsuki - Living Ghost possession
- Uma-tsuki - Horse possession
- Inu-tsuki - Dog possession
- Kitsune-tsukai - Fox possession



Chochinbake Ghost Lanterns

The old lantern sitting in front of the bar had been there for years. The bar owner still lit it every night, even though it was starting to tear on the seams. She said it had been there for years, hung up by her grandmother. Why, the lantern must be almost a hundred years old. Then one night, the tear along the lantern spread all the way across, until the bottom half fell, looking like a gaping mouth. Out of the mouth lolled a gigantic red tongue. And on what was not clearly a face, an enormous eye opened. A Chochinbake was born.

Chochinbake are second only to Kasabake in being the most famous of the Tsukumogami. They can be seen all

The Yurei of Onna manifests as a Chochinbake from the series *Hyaku Monogatari* (1993). Katsuhiko Hoshino



Henge Shapeshifters



By contrast, in *Bakemono Shichi Hyobanki* (1779), artist Koikawa Harumichi claimed Rokurokubi was the wife of Mikoshi Nyudo, supreme commander of Yokai. Together they had a child, Tofu Kono.

The image of Rokurokubi as an independent Yokai was largely driven by artists who found her a fascinating subject.

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Chapter 2



was a long tail. Many bobbed their cats' tails hoping to put off the inevitable.

Legends of supernatural cats stretch back to the Kamakura period (1186–1333). The *senryū* collection *Kokon Chomonjū* (1254) mentions cats displaying mischievous behavior and suggests these are the ones who transform into monsters. There is no specific mention of Bakeneko, however, until the Edo period. Tales of Bakeneko appeared in numerous *kyōka* collections. Cats stood on their hind legs and spoke like humans. One legend told of a soy sauce merchant noticing his towels were



Henge Shapeshifters

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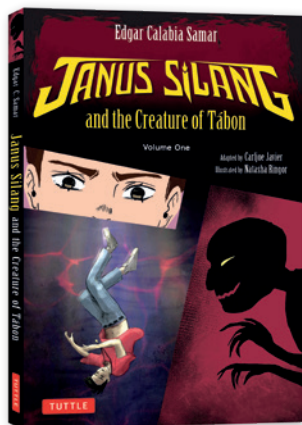
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When dreams and the waking world collide, how do we know what is real? Janus Silang and the Creature of Tábon tells the chilling tale of one boy's courageous actions in a world of shadows and terror—and his struggle to overcome a growing evil.

Janus is like most teenage boys—arguing with his parents, wishing he had a girlfriend, and playing video games

constantly. Especially one where the players battle monsters from Philippine folklore. It's all very ordinary—until one day, everything falls apart.

During an online tournament at a local internet café, all the players fall dead except for Janus. The horror deepens as deaths multiply across the country. Janus is contacted by a stranger, a survivor of the tournament like himself, who asks for his help to solve the mystery. Along the way, he discovers a hidden truth about the game he has been playing and its connection with a nightmarish creature from the ancient caves at Tábon that threatens to destroy everything he holds dear.

Adapted from the Philippine National Book Award-winning novel, Janus Silang and the Creature of Tábon takes the reader on a journey of discovery as Janus learns the truth about the realm of mythical creatures which surrounds us, and how he and his family are connected to a magical past.

Edgar Calabia Samar is a poet and novelist whose books have received numerous literary awards including the Philippine National Book Award, the Man Asian Literary Prize, the NCCA Writer's Prize and many others. He has published eight novels and four poetry collections.

Carljoe Javier is a writer who explores the psyche of the Philippine diaspora in his writing. He is an avid fan of video games, sci-fi, comic books and everything geeky. Currently he teaches creative writing at the Fine Arts Department of Ateneo de Manila University.

Natasha Ringor is an illustrator based in the Philippines. Her illustrations have appeared in numerous children's books, comic books and video games. She is an art director for McCann Worldgroup, an international marketing and advertising agency.



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Following a grisly encounter with the Tiyanak, an evil creature from Philippine folklore, Janus Silang realizes that nothing in his life will ever be the same again. He and his family are now the targets of a powerful force that must be destroyed.

Janus and his friends escape to Kalibutan, where the Tiyanak cannot follow. There, he searches for Tala, the Tiyanak's

goddess twin and the only being with the power to defeat it. This quest leads him again to the world of online gaming, where to his great dismay he discovers that he is not the only one looking for Tala!

Janus Silang and the Struggle for Kalibutan is adapted from the award-winning novel by Edgar Calabia Samar, one of Asia's best-known writers and a multiple winner of the Philippine National Book Award.

Edgar Calabia Samar is an award-winning poet and novelist whose books have won Asia's most prestigious literary prizes including the Philippine National Book Award (three times) as well as the Man Asian Literary Prize, the NCCA Writer's Prize and many others.

Mervin Malonzo is one of the best-known illustrators and graphic novel authors in the Philippines. His comic *Tabi Po* won the Philippine National Book Award and was adapted into a live action TV series by *Cignal TV*. With his wife Prin and a few friends he runs an independent publishing house, Haliya Publishing, dedicated to producing high level graphic fiction.



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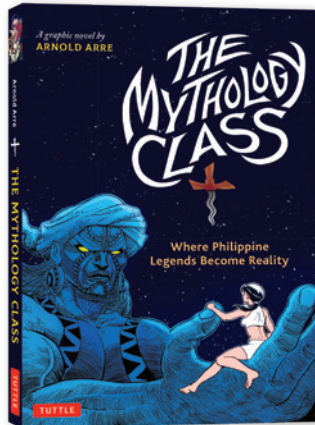
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- Author available for interviews and virtual events, contact: publicity@tuttlepublishing.com
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The Mythology Class

Where Philippine Legends Become Reality

Arnold Arre

This Philippine National Book Award winner fuses traditional myth and magic with contemporary action. Borrowing elements from *The Lord of the Rings* and *The Phantom Tollbooth*, author and creator Arnold Arre reinvents age-old Filipino fables, constructing a rich world of fantasy and adventure for a new generation.

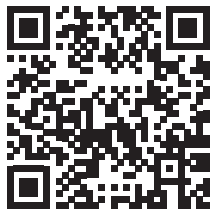
The Mythology Class follows Nicole Lacson, an anthropology student at the University of the Philippines. When she is summoned to a secret meeting by the mysterious Madame

Enkanta, Nicole finds herself face-to-face with living creatures from mythology and folklore that she never imagined existed in real life! Tikblangs, kapres and a range of engkantos—fantasy figures from her grandfather's bedtime stories—challenge her previously-held notions of reality.

Nicole embarks on a quest through the streets of metropolitan Manila with a ragtag crew of college students. With guest appearances from legendary Filipino heroes like Sulayman, Kubin and Lam-ang, Nicole's class must face down and repel an ancient evil.

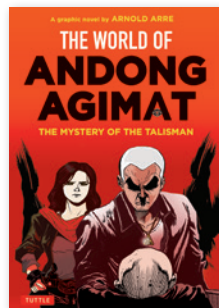
The Mythology Class features world-building of the highest order, balancing the scope and magnitude of an adventure epic with the humor, warmth and insight of a classic coming-of-age tale.

Arnold Arre won the inaugural graphic novel Philippine National Book Award in 2000 for *The Mythology Class*. He is the author and illustrator of many other popular works, including *Halina Filipina*, *Martial Law Babies*, *After Eden*, *The World of Andong Agimat* and *Trip to Tagaytay*.



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The Children of Bathala

A Mythology Class Reunion

By Arnold Arre

It's been two decades since the former classmates first met, and the ensuing years have brought their share of changes. Lane has lost her telepathic powers. Kubin is weakening, while Rey and Misha have mysteriously disappeared. To add to the problems, doubts about Madame Enkanta's true purpose are mounting.

Nicole, once the heart of the group, now senses a dark spell settling over them, her young daughter included. What the former classmates don't realize is that a new band of visitors is about to arrive from a magical realm. Will these visitors

provide a portal to an enchanting world or usher in a new age of evil? And will the former classmates still be up to the challenge?

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The Journey to Lupan-On

The Mythology Class—On the Run Again!

By Arnold Arre

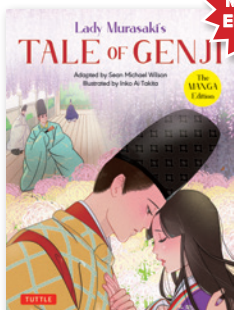
Idra's plan to hide Nicole and her friends from the Dark Forces of Anitos has failed. Now the evil Budniaan has arrived in this world with his army of zombie warriors and demented Engkanto demons—on a mission to eliminate the former *Mythology Class* members.

With Rey and Misha on the other side of the globe and the group at odds over what to do, the one course they all can agree on is the inevitable one—reunite and combine forces to thwart Budniaan's threat. Revisiting a scene of their past triumphs, the group uncovers an ancient artifact. Will it lead

them to the safety of the Skyworld, spirit realm? And will the group of intrepid adventurers be able to summon the spirit of resistance that once defined them? As the most powerful force they've ever faced reaches their borders, they're not really given any choice!

The Journey to Lupan-On is the latest chapter in *The Mythology Class* saga. This pulse-pounding epic plays out of the porous border between two worlds. The book stands on its own even though it is part of an ongoing series and a intersection recap at the onset helps to refresh the memories of readers. It also provides the background to this adventure for those who are new to the series.

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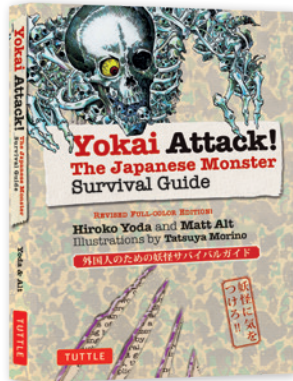
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Yokai are ethereal sorts of beings, like ghosts, nearly always encountered at night; everyone has their own take on how they might look in real life and what sorts of specific characteristics and abilities they might have. This book is the result of long hours spent poring over data and descriptions from a variety of sources, including

microfilms of eighteenth-century illustrations from the National Diet Library in Tokyo, in order to bring you detailed information on almost 50 of these amazing creatures for the first time in English.

Tatsuya Morino Illustrations detail the potential appearance of each yokai. Alongside each illustration is a series of “data points,” with each yokai's significant features at a glance.

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a dossier brimming with top-secret information, including photos, anecdotes, and dramatic stories of the individuals in action.

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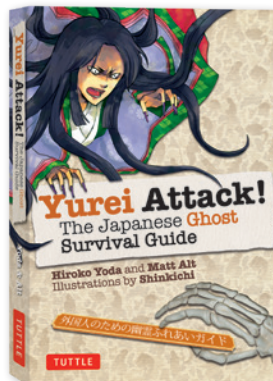
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Yurei is the Japanese word for “ghost.” It's as simple as that. They are the souls of dead people, unable—or unwilling—to shuffle off this mortal coil. Yurei are many things, but “friendly” isn't the first word that comes to

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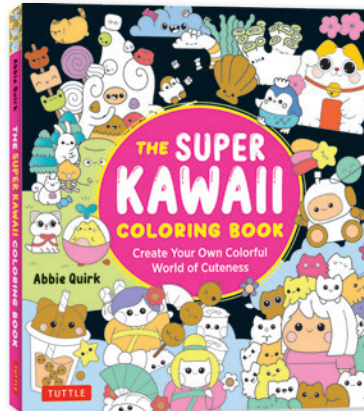
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The Super Kawaii Coloring Book

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- Hang out in Honeycomb Heaven where the bees inhabit the happiest hive in the world!
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Providing hours of mindful activity and fun, this book allows you to lose yourself in a colorful world of cuteness. Watch as a kaleidoscope of Kawaii fills up every page!

Abbie Quirk is a London-based artist, illustrator and graphic designer who produces original Kawaii designs for a range of international clients.



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Art Instruction

8 ½ X 11 • 144 pages

with 68 illustrations, 12 drawing tutorials and 124 practice pages

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Create Your Own Comic Book

A Sketchbook & Drawing Guide for Kids

By Tuttle Studio

Tuttle Studio provides the ideal tool for manga and comic book enthusiasts of all ages—a fun-filled activity book and sketchbook that is the perfect way for aspiring artists and animators to realize their dreams and bring their stories to life while sharing them with others!

This complete 2-in-1 drawing how-to guide and sketchbook provides a basic instructional course on comic book drawing. It also includes 25 different page layout templates, with multiple text boxes and speech

balloon options, followed by 124 sketchbook drawing pages—more than any other book!

The variety and flexibility of templates in this book allow you to sketch your own story and design your own comic exactly the way you want it. The introductory tutorials offer:

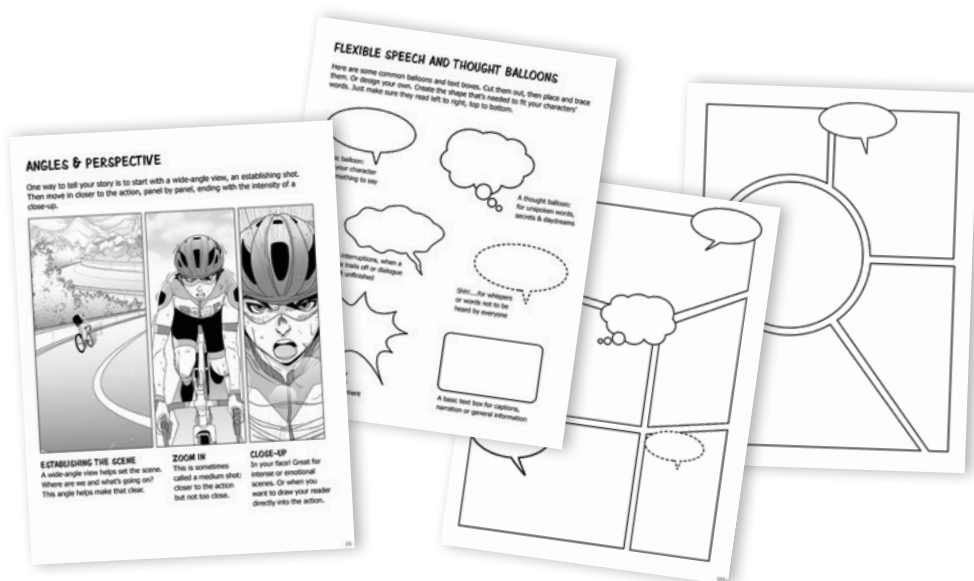
- Professional tips on story development, panel progression and the use of speech balloons and sound effects
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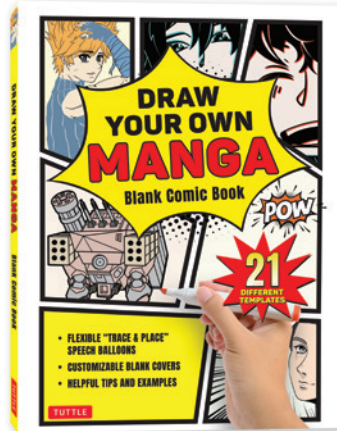
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Draw Your Own Manga

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By Tuttle Studio

Tuttle Studio brings you the ultimate do-it-yourself graphic novel sketchbook. Create your own adventure and illustrate the story only you can tell! Watch as your story comes to life, panel by panel, right before your eyes!

Dozens of blank templates in this book allow you to sketch your story and design an eye-catching cover. Then add words using the different speech balloons and text boxes provided. Tuttle Studio's *Draw Your Own Manga* offers everything aspiring artists and animators need:

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- A "Practice Pad" with a model character that you can replicate or trace
- A mini four-stage character-creation tutorial, from the rough blocking-in stage to the finishing touches and refinements
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Flesh out ideas, work on practice drafts and then create your own comic book epic. Tuttle Studio provides the guidance and the templates. Your imagination and creativity will do the rest!

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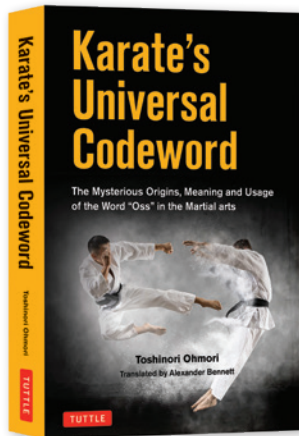
Martial Arts

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Selling Territory: World



Karate's Universal Codeword

The Mysterious Origins, Meaning and Usage of the Word “Oss” in the Martial Arts

By Toshinori Ohmori

Translated by Alexander Bennett

No matter where in the world you are, enter any karate dojo and the term most frequently heard is “Oss!” *Karate's Universal Codeword* is the first thorough examination of the origins and use of this word in the martial arts, and the fascinating story behind its spread to other martial arts disciplines.

The word *Oss* is used as a basic salutation, but has many other meanings and functions as well. It is also a response—when

your name is called, when saying goodbye or goodnight, and before and after meals. Essentially, *Oss* has been adopted globally as a universal sign of respect reflecting the fundamental spirit of the martial arts. Use of the word has exploded far beyond karate into other martial arts like judo, aikido, Brazilian jiu-jitsu, kickboxing and mixed martial arts—making it arguably the most frequently uttered Japanese word in the world.

Yet ironically, few martial artists (even in Japan) know the true origins and the deeper meaning behind the term. Although it is universally used, it remains a total mystery to everyone. This book promises to finally reveal the secrets behind the word *Oss* and its fascinating origins!

Toshinori Ohmori is a graduate of Nihon University and a former professional kickboxer. His 8-second knockout in the first round of his debut fight stands as the shortest knockout in the history of Japan's pro kickboxing league. In addition to running Japan's first martial arts café, Ohmori serves as a K-1 certified referee and judge. He currently manages Nice Middle, a kickboxing event for middle-aged and older athletes, and is a director of Athlete Foods.

Alexander Bennett is a professor of Japanese history, martial arts and Budo theory at Kansai University. He co-founded and publishes *Kendo World*, the first English-language journal dedicated to Kendo. He holds black belts in several martial arts disciplines—Kendo Kyoshi 7-dan, laido 5-dan and Naginata 5-dan. His published works include *The Complete Musashi: The Book of Five Rings and Other Works* and *The Insider's Guide to The Japanese Martial Arts*.

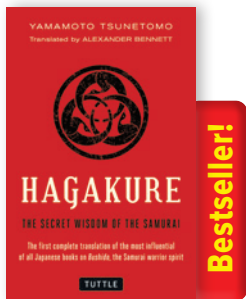


Toshinori Ohmori



Alexander Bennett

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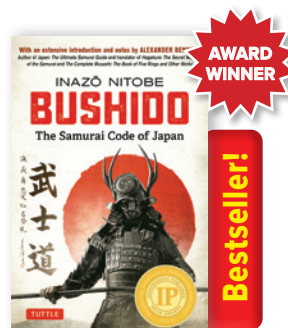


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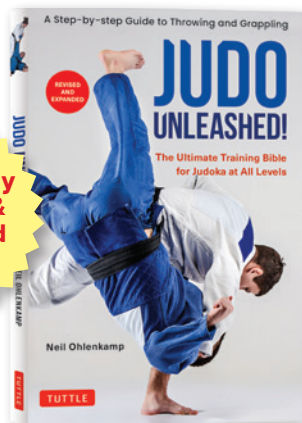
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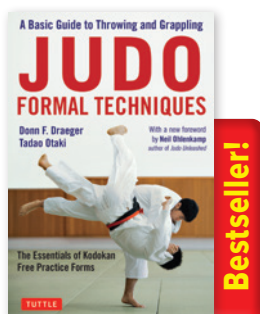
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Neil Ohlenkamp is a master Judo instructor with over 50 years of experience. He holds a 7th degree black belt and has earned the highest level of coaching certification. He is the former head instructor at the Encino Judo Club in California and was head coach of the U.S. National Judo squad at the 1988 Paralympic Games and the 1989 World Championships for the Disabled. He holds black belt certificates from the Kodokan Judo Institute in Tokyo, the United States Judo Association, the United States Judo Federation, and the United States Ju-Jitsu Federation.



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Secret Tactics

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By Kazumi Tabata

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- **"Tengu's Dialogue on the Martial Arts"** by Issai Chosanshi is a manual for students of the martial arts, presented in the form of a dialogue with a master.

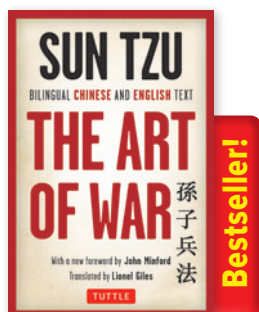
Containing these and a dozen more essays on combat tactics, psychology, leadership, good character and the exercise of power, *Secret Tactics* is an indispensable resource for students of Asian culture, martial artists and corporate executives.

Kazumi Tabata was a Grandmaster (8th degree black belt) in the Shotokan style of Japanese karate. He established and was the Chief Instructor of the North American Karate-do Federation and the New England Collegiate Karate Conference. He lived in Massachusetts until his death in 2020.

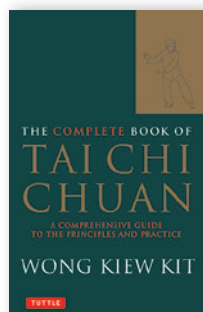


Kazumi Tabata

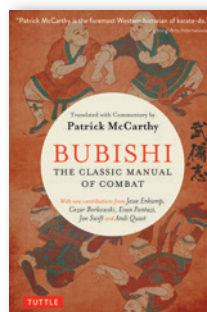
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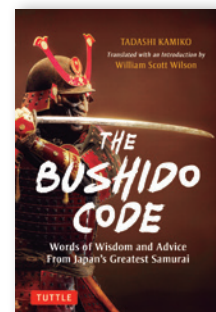
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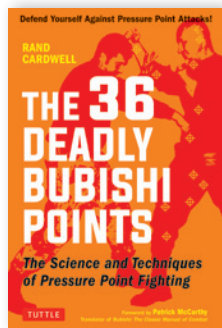
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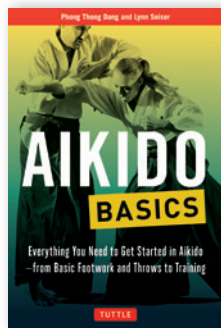


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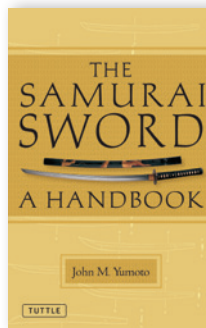


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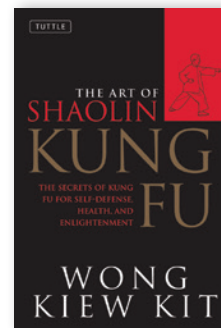
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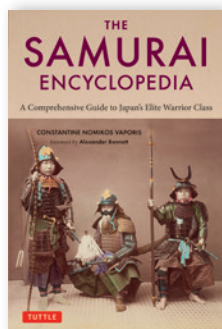


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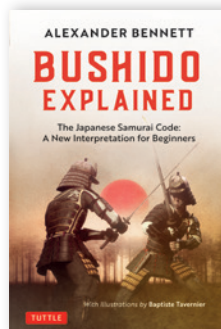


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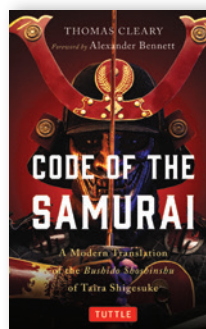


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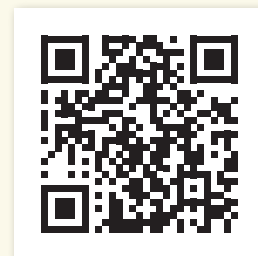


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Dr. Andreas Marks



Hiroshige's One Hundred Famous Views of Edo

The Definitive Collector's Edition

By Andreas Marks

Utagawa Hiroshige's unique landscape series *One Hundred Famous Views of Edo* (modern-day Tokyo), first published in the 1850s, is among the best-known collections of Japanese prints and was revolutionary in its day. Individual prints from this collection are regarded as among the finest works in all of Japanese art.

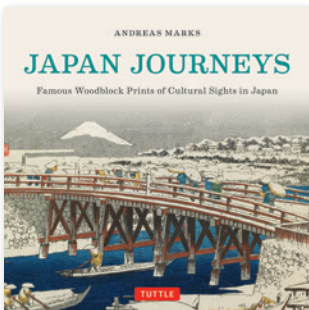
In this series, Hiroshige captures 118 locations in and around Edo, today's Tokyo, during all four seasons and often from hitherto unknown and unique perspectives. These views were first printed in exquisite luxury versions, incorporating innovative printing techniques like color gradation. No complete set of the early versions exists today and this is the first book to present a complete set of the deluxe early printings, sourced from 32 different museums and private collections.

Author Andreas Marks consulted 4,700 prints in compiling this volume in order to provide a definitive guide to the various printed versions along with reference images showing how and where Hiroshige sourced his ideas for each view—from previous books and illustrations.

Marks' introduction discusses the genesis of the series in the context of Japanese landscape art as well as Hiroshige's personal biography. The book then presents all 118 prints together with their source materials and a map showing the locations of each view, followed by a detailed appendix discussing the great color variations found in subsequent printings of the series.

Dr. Andreas Marks is the Mary Griggs Burke Curator of Japanese and Korean Art and Director of the Clark Center for Japanese Art at the Minneapolis Institute of Art. From 2008 to 2013 he was the Director and Chief Curator of the Clark Center for Japanese Art and Culture in California. He has a Ph.D. from Leiden University and a master's degree in East Asian Art History from the University of Bonn. A specialist of Japanese woodblock prints, he is the author of over 16 books. He has received awards from the International Ukiyo-e Society and the International Fine Print Dealers Association.

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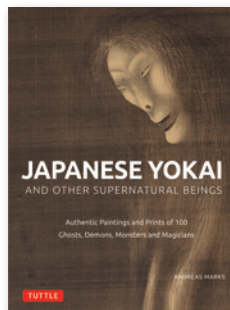


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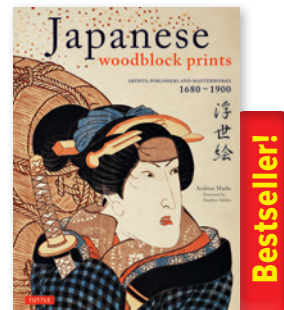


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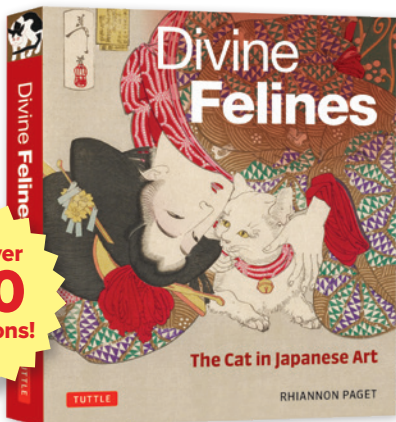
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The Cat in Japanese Art

By Rhiannon Paget

Whether lurking in corners or taking center stage, cats are a ubiquitous presence in Japanese art. Depending on the situation, they may invite good fortune, prompt the viewer to meditate on a tale or provide evidence of an unseen world of supernatural happenings.

In 200 charming woodblock prints, paintings, screens and figurines spanning three centuries, Japanese art expert Rhiannon Paget celebrates

the rich symbolism and surprising stories surrounding the feline image in Japan. Her book contains illustrated essays on the following fascinating topics:

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- **Philosophers' Cats, Teachers' Pets and Moggies with Messages: Felines employed to illustrate philosophical and religious ideas, and as conveyors of folk wisdom**
- **Plus much more!**

This delightful book will appeal to anyone with an interest in Japanese art and culture and is a must have for all cat lovers!

Rhiannon Paget is the curator of Asian Art at the John and Mable Ringling Museum of Art in Sarasota, Florida. She received her doctorate from the University of Sydney and has published widely on Japanese prints, paintings, textiles and popular visual culture as well as curating numerous exhibitions, including *Saito Kiyoshi: Graphic Awakening* in 2021.



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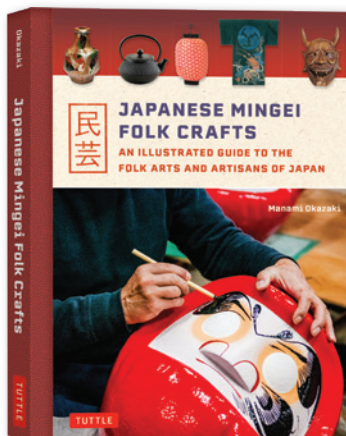
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Japanese Mingei Folk Crafts

An Illustrated Guide to the Folk Arts and Artisans of Japan

By Manami Okazaki

The Mingei Folk Crafts movement founded by philosopher and art historian Soetsu Yanagi and potters Hamada Shoji and Kawai Kanjiro and the early 20th century celebrates the utilitarian designs and functional objects hand-crafted by village artisans throughout Japan. This book offers an illustrated guide to Japan's rich folk craft traditions and shows why the Mingei philosophy is even more relevant today than when the movement began a century ago.

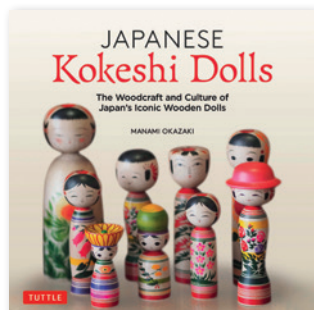
Folk crafts have become associated with the Slow Life movement and the Wabi Sabi philosophy which values simple and imperfect items above the bright and shiny mass-produced objects of our modern disposable culture. This book introduces dozens of fascinating Japanese folk craft traditions—ranging from popular, widely-known ones to many lesser-known crafts that are equally exquisite but rarely seen. The crafts covered here include:

- **Aizome Hand-dyed Indigo Textiles** which use the leaves of the indigo plant to produce a rich, deep-blue color
- **Edo Furin Wind Chimes** made of delicate hand-blown glass, one of the iconic symbols—and sounds—of the hot and humid Japanese summer
- **Maneki Neko Beckoning Cats**, one of the most popular folk crafts in Japan, with their right paw raised to bring in money and good luck
- **And 31 other fascinating craft traditions!**

Author Manami Okazaki describes each craft in loving detail and interviews nine talented folk artists. The book features 400 color photographs and a guide to buying folk crafts both in Japan and abroad.

Manami Okazaki has published over a dozen books on Japanese art and culture, including *Japanese Kokeshi Dolls* (Tuttle Publishing). Her articles have been featured in *The Wall Street Journal*, *The South China Morning Post*, *The Japan Times*, *Transit* and other international publications. She has written extensively on the Tohoku region of northern Japan and curated Kokeshi Japanese doll exhibits in London, Paris, Rome and Los Angeles.

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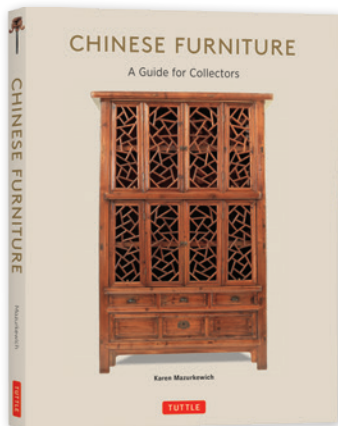
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Chinese Furniture

A Guide to Collecting Antiques

By Karen Mazurkewich

Photography by A. Chester Ong

The international market for antique Chinese furniture is booming, and masterpieces from the Ming and Qing dynasties are now selling for hundreds of thousands of dollars. *Chinese Furniture* is a survey of these collectibles—from the very best museum-quality hardwood pieces to standard softwood specimens still available at reasonable prices on the international market.

Carpenters from this era were artisans. They elevated furniture from the functional to the realm of the philosophical. By artfully aligning wood grain patterns, experimenting with spatial dimensions, and innovating new forms of joinery, simple tables and chairs came to represent something higher—the harmony and union of man and nature.

Lavishly illustrated with over 300 color photographs, historical prints and detailed drawings, this book presents an overview of:

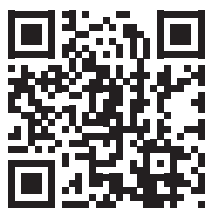
- Carving Styles
- Wood Types
- Regional Variations
- Class Distinctions
- Restoration Techniques
- And much more!



With its detailed historical overview and regional coverage, this book highlights the great diversity of antique Chinese furniture and serves as an indispensable guide to collectors, new and old.

Karen Mazurkewich is an *Asian Wall Street Journal* reporter who has covered Asian culture and the retail scene from her base in Hong Kong. Mazurkewich has investigated art forgery, interviewed countless collectors, grilled innovative businessmen, and queried carpenters—all in a quest to better understand the business and culture of fine furniture collecting in Asia.

A. Chester Ong, born in the Philippines and currently based in Hong Kong, has photographed widely throughout Asia. His photography appears in major magazines, exhibitions and books.



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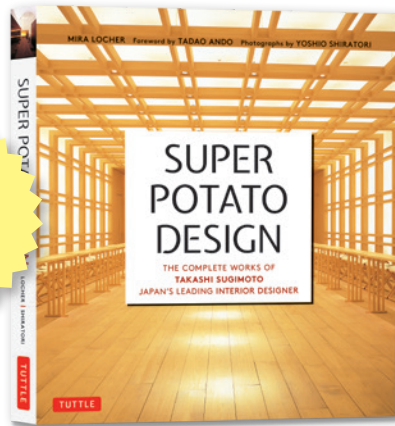
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Super Potato Design

The Complete Works of Takashi Sugimoto, Japan's Leading Interior Designer

By Mira Locher and Takashi Sugimoto

Foreword by Tadao Ando

Photography by Yoshio Shiratori

Super Potato Design presents the work of internationally-renowned Japanese designer Takashi Sugimoto. After studying metal sculpture at Tokyo University of Fine Arts, Sugimoto began his career designing a series of bars and restaurants including the iconic Radio Bar in Tokyo that became a favorite

hangout for designers like Issey Miyake, Yohji Yamamoto and Tadao Ando. He was soon recruited to design retail spaces including the original Muji “no-brand” shops along with tea ceremony spaces and wedding chapels.

Super Potato's striking interiors have revolutionized Japanese design through the use of exposed concrete surfaces, rough-hewn timber and unevenly cut stone juxtaposed with salvaged and repurposed objects to create a sense of power and timelessness. The design vocabulary created by Sugimoto is universally imitated today (in Japan and throughout the world). It is what we now think of as “modern Japanese design”—although Sugimoto's own work has never been surpassed.

Super Potato Design presents forty of Sugimoto's most important projects in 320 full-color photographs by Yoshio Shiratori, who worked with the designer since the beginning. Author and architect Mira Locher introduces Sugimoto's work and provides a description for each project. A foreword by Tadao Ando and discussions with architect Kiyoshi Sey Takeyama and graphic designer Kenya Hara explore the direction of Japanese design today. A list of Super Potato's complete works rounds off this fascinating book.

Takashi Sugimoto (1945-2018), born in Tokyo, studied metal sculpture and graduated from the Tokyo University of Fine Arts and Music in 1968. He founded Super Potato in 1973 and became a professor at Musashino University of Fine Arts in 1992. He received the Mainichi Design Award in 1985 and 1986, as well as the Interior Design Association Award in 1992, where he became a Hall of Fame inductee in 2008.

Mira Locher is an architect and educator who works in the US, Canada and Japan. She studied at Smith College before receiving her Master of Architecture degree from the University of Pennsylvania. After working for Team Zoo Atelier Mobile in Japan, she set up an architectural practice in the US with Takayuki Murakami. Locher is now dean of the Faculty of Architecture at the University of Manitoba and the author of many books including *Japanese Architecture*, *Zen Gardens* and *Zen Garden Design*.

Tadao Ando is one of the world's leading architects and winner of the 1995 Pritzker Prize. As a young man, Ando worked as a boxer then decided to become an architect after being inspired by the work of Frank Lloyd Wright, Le Corbusier and Louis Kahn. Entirely self-taught, he established Tadao Ando Architects & Associates in 1968.

Yoshio Shiratori was born in Tokyo in 1938 and graduated from the Photography Department of the School of Fine Arts of Nihon University in 1960. He founded his own photo production company, ZOOM!, in 1973. In 1988, he received the 1987 Japan Interior Designers' Association Award.



Takashi Sugimoto



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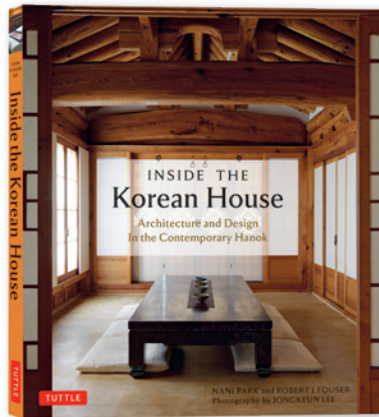
Architecture

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color photos throughout

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Inside The Korean House

Architecture and Design in the Contemporary Hanok

By Nani Park and Robert J. Fouser

Photography by Jongkeun Lee

Amidst the glass-and-steel skyscrapers and luxury apartments of modern-day Seoul, traditional Korean houses known as hanok survive and play a surprisingly important role. *Inside the Korean House* showcases 12 very special hanok that have been selected to reflect the style-conscious Korea of today, a country where traditional values are still highly respected.

While the exteriors of these homes are indistinguishable from traditional hanok of the past, the interiors have been adapted to keep up with the times. Traditional stone, wood and clay are still the basic materials used, and the houses make full use of natural elements such as wind and sunlight based on the principles of *baesanimsu*—which position the hanok in harmony with the forces of nature and the geography of their sites.

The hanok in this book all have unique stories that are told from the point of view of their owners, many of whom are well-known architects, designers and business leaders. The book provides an unparalleled look at the lifestyles of contemporary Koreans who are leading the world now in terms of design, fashion and innovation.

Nani Park was born in Korea but grew up in Hawaii, which gives her a special perspective as both an insider and outsider in Korea. An award-winning illustrator and art educator, she has worked in the art industry for over two decades.

Robert J. Fouser renovated his own hanok in 2012 and has been active in hanok preservation.

Jongkeun Lee is one of Korea's leading design and food photographers. He established his own studio, Apo Associates (www.apo.co.kr), in 1995 and contributes regularly to lifestyle magazines. His photographs are featured in *Korea Style*, also published by Tuttle Publishing.



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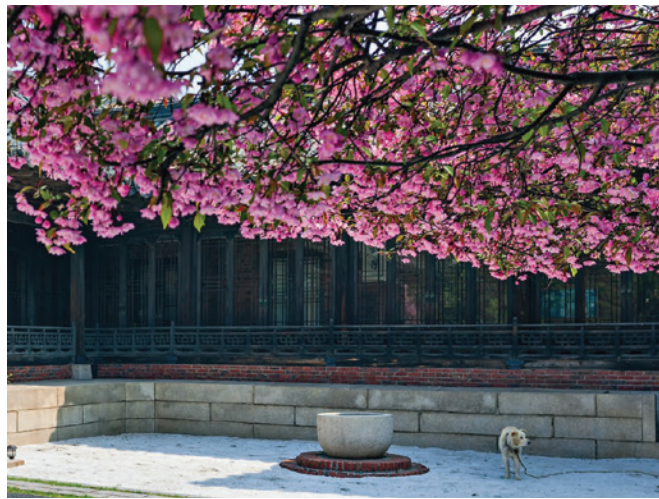
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The Amazing Beasts of Philippine Mythology

When You Have to Say: "Excuse Me, Mister Monster Sir!"

By The Ang Ink Artists Collective

This delightful compendium of mythical creatures (and where to find them) takes a tongue-in-cheek look at the ghoulish and gory things that go bump in the night—blood-sucking trolls, shape-shifting goblins and terrifying vampires who defend their turf with glee as they unleash chaos upon the world.

Monsters and magical creatures spring vividly to life on every page of this book thanks to the exceptional artistic talents of some of Asia's leading children's book illustrators. Brief bilingual descriptions and dazzling illustrations introduce 56 fun, freaky and fearsome creatures, including:

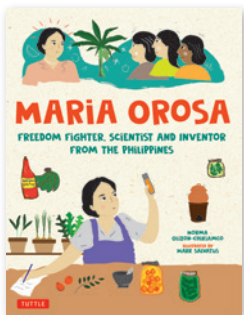
- **Mandurugos**—Whose long tongue slithers down through cracks in the ceiling to suck out the souls of unsuspecting sleepers at night
- **Busos**—Who noisily gather in cemeteries to dig up and consume freshly-buried corpses
- **Tiktiks**—Who swoop, hop and crawl as they prey on babies, the elderly and pregnant women
- **Batibats**—Who drop from the house beams and suffocate sleepers with their huge bodies

And yes, they live among us—in secret burrows, hollow trees, underwater caverns—and especially in our homes. "Tabi-tabi po" is the phrase to be invoked in their presence, meaning, "Kindly step aside, Sir, and allow me to pass." These words are respectfully addressed to the unseen creatures who don't take kindly to trespassers, intentional or otherwise.

So be forewarned as you venture into this supernatural realm. Get acquainted with these amazing beasts and remember to say, "Tabi-tabi po!" when you meet them!

The Ang Ink Artists Collective is the Philippines' first and only organization of artists dedicated to children's book illustration. Asia's leading children's book illustrator collective, established in 1991, it consists of the best visual artists working in the country today, many of whom have won local and international awards and recognition for their work.

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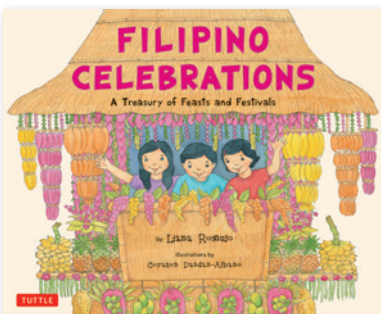


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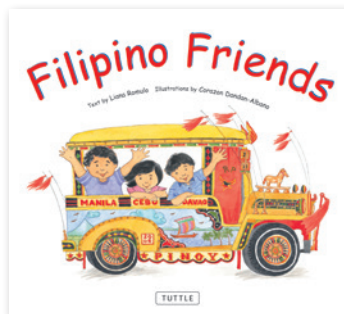


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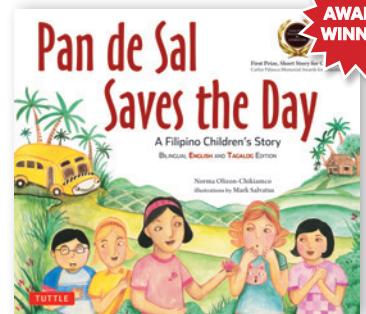
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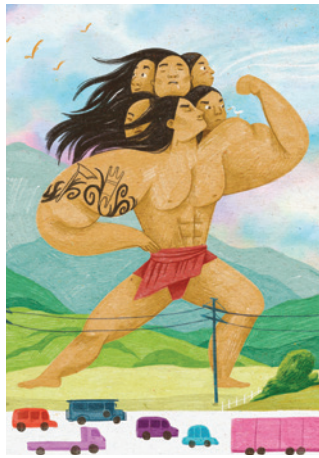


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Boroka [bo-ro-ka]
TYPE: ASIAN (ORIGINAL)

By day, the Boroka is an attractive woman, with long hair and fair skin, but at night, it sprouts bird-like wings, and its upper torso detaches from its lower body. The Boroka likes eating young children and is especially fond of their hearts and livers. Once in a while, it will save a kidnapped child alive to keep as a slave. If the child proves to be obedient and trustworthy, the Boroka will treat it to a special breakfast of fresh human heart and liver the next day.

—DANI FLORENDO

Sa araw, ang Boroka ay isang kaakit-akit na ulap na may mahabang buhok at mapuning balat, ngunit sa gabi ay kinubusan ito ng mga palapag, at mahahati ang itaas na bahagi ng katawan nito mula sa Babang babagi. Hahati na baba ang hilig kalin ng Boroka, at paborito nito ang puso at atay nito. Ang batang hindi nilo kinakain, inaalipin nito. At kung mapatunayan ng bata na itay ay masusunat at mapagkakatiwalaan, gagantimpalan ito ng Boroka ng isang espesyal na almusal ng sarawang puso at atay ng tao kinumangahan.



Buso [boo-oh]
TYPE: DANEBUHALA (ORIGIN: BAGOBO, BUKIDNON, HANAYTA)

Busos are dark, wrath-like creatures that hover in cemeteries and make their homes in the branches of the big trees there. Busos congregate around fresh graves, making a lot of noise as they chat with each other and their children play. They dig up unguarded corpses and feed on them, eating every morsel clean off the bone. It's difficult to see a Buso with the naked eye; however, if a person does see a Buso, the creature would appear as a shadow, and even then the vision will only be fleeting.

—ROBERT ALEJANDRO

Ang mga Buso ay mala-aning muling umaligid sa mga sementeryo, at nananahan sa mga sangay ng mga matalaking punong kahoy doon. Nagliliton ang mga Buso sa paligid ng mga sarawang niloo at manglay na nakaguhaitalakan sa kapuso Buso Babang nakikipaglaro ang kanilang mga anak sa ibang mga batang Buso. Nanguhukay sila ng hangay at kinakain ito, sinisimot hanggang buto. Mahirap makikita ng Buso gamit ang pawang mga mata lamang; gayunpaman, kung masipat man ito ay bilang animo, at ang pangitang ito ay panandilalan lamang.

Multo [mo-to]
TYPE: MUKTO (ORIGIN: TAGALOG)

Multos are restless spirits that wander the places where they had lived—or died, if they were murdered. Multos assume different forms—ranging from human-like to glowing orbs and from solid life-forms to disembodied spectral entities. Some Multos may be dangerous, especially if they died a violent death, and want to avenge their death. They can even cause illness or possess the body of a living person if they wish to take care of unfinished business.

—JOMIKE TEJIDO

Ang mga Multo ay mga baliang kaluluwang gumagala sa mga lugar kung saan sila huling nanahan, o namatay, kung sila ay pinatlang. May iba't-ibang anyo ng Multo—may mala-tao, disiparado, may kumakainang na globo, mayroong anyong torlong-tao at mayroon ring multomata. Ang ilan sa mga Multo ay masama at mapanganib, lalo na kung maligain ang kanilang pagkamatay at nais nilang maghiganti. Maaari silang makasabi ng karamdaman, o sumanab sa katawan ng tao kagay may bagay pa silang nais tapusin.



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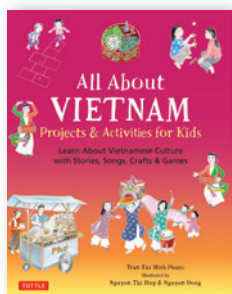
- **Thạch Sùng and the Cracked Earthen Pot**—A greedy man learns that it's better to be satisfied with what you have than to yearn for the unattainable
- **The Carp and the Dragon's Gate**—A fish turns into a dragon, showing that with hard work and perseverance seemingly impossible goals can be achieved
- **The Toad Is Sir Sky's Uncle**—A brave toad saves the world from drought, showing that we should never judge someone by their looks
- **And seven more fascinating tales!**

Sure to delight readers of all ages, *Vietnamese Folktales for Children* is perfect for parents who want their children to absorb the wisdom of Vietnamese folk stories while becoming familiar with the language along the way.

Tran Thi Minh Phuoc is the first Vietnamese-American librarian in Minnesota. A respected storyteller and award-winning author, her first book *Vietnamese Children's Favorite Stories* won the Anne Izard Storytellers' Choice Award, the *Creative Child Magazine* Book of the Year Award, and the Moonbeam Children's Book Gold Medal Award. Her other books include *My First Book of Vietnamese Words* and *All About Vietnam*, all published by Tuttle. She was selected as the 2023 Blue Ribbon Author by the Minnesota State Fair.

Nguyen Thi Hop & Nguyen Dong are the illustration team behind *My First Book of Vietnamese Words*, *Vietnamese Children's Favorite Stories*, *All About Vietnam* and *Vietnamese Stories for Language Learners*. They live in California.

By the Same Author & Illustrators:

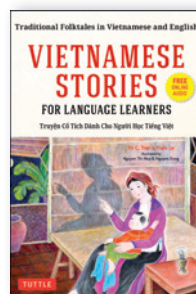


All About Vietnam
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\$14.99 HC



Vietnamese Children's
Favorite Stories
ISBN-13: 978-0-8048-4429-1
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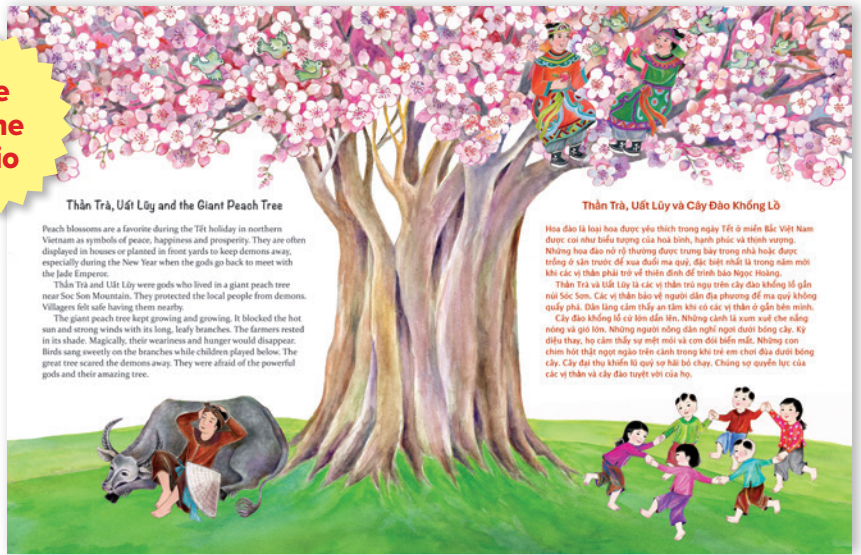
By the Same Illustrators:



Vietnamese Stories for
Language Learners
Traditional Folktales in Vietnamese and English
ISBN-13: 978-0-8048-5529-7
\$17.99 PB



Free Online Audio



Thần Trà, Uất Lũy và the Giant Peach Tree

Peach blossoms are a favorite during the Tết holiday in northern Vietnam as a symbol of peace, happiness and prosperity. They are often displayed in houses or planted in front yards to keep demons away especially during the New Year when the gods go back to meet with the Jade Emperor.

Thần Trà and Uất Lũy were gods who lived in a giant peach tree near Soc Sơn Mountain. They protected the local people from demons. Villagers felt safe having them nearby.

The giant peach tree kept growing and growing. It blocked the hot sun and strong winds with its long, leafy branches. The farmers rested in its shade. Magically, their weariness and hunger would disappear. Birds sang sweetly on the branches while children played below. The great tree scared the demons away. They were afraid of the powerful gods and their amazing tree.

Thần Trà, Uất Lũy và Cây Đào Khổng Lồ

Hoa đào là loài hoa được yêu thích trong ngày Tết ở miền Bắc Việt Nam được coi như biểu tượng của hòa bình, hạnh phúc và thịnh vượng. Những hoa đào nở rộ thường được trưng bày trong nhà hoặc được trồng ở sân trước để xua đuổi ma quỷ, đặc biệt nhất là trong năm mới khi các vị thần phải trở về thiên đình để trình báo Ngọc Hoàng.

Thần Trà và Uất Lũy là các vị thần trú ngụ trên cây đào khổng lồ gần núi Sóc Sơn. Các vị thần bảo vệ người dân địa phương để ma quỷ không quấy phá. Dải làng cảm thấy an tâm khi có các vị thần ở gần bên mình. Cây đào khổng lồ có tán rộng lớn. Những cánh lá xum xuê che nắng nóng và gió凛. Những người nông dân nghỉ ngơi dưới bóng cây. Kỳ diệu thay, họ cảm thấy sự mệt mỏi và cơn đói biến mất. Những con chim hát ngọt ngào trên cành trong khi trẻ em chơi đùa dưới bóng cây. Cây đại thụ khiến lũ quỷ sợ hãi bỏ chạy. Chúng sợ quyền lực của các vị thần và cây đào tuyệt vời của họ.

The Magic Raven and the Three-Hands-Sized Pouch

Once there was a man and a greedy couple who mistreated the husband's younger brother and his wife. When the brother's father died, the older couple took most of the inheritance, leaving the young couple only a small plot of land with a single starfruit tree.

"As the eldest son, I have more responsibilities. I should inherit everything," the older brother said. "But I want you and your wife to stay on our family land. Our parents loved these delicious starfruits. Care for the tree in memory of our loving parents."

The young couple were happy to stay on their family land. Each day, they took care of the starfruit tree. They raised farm animals and grew rambutans, mangoes and mangoes in their small garden full of sweet-smelling flowers.



Con Quạ Thần và Chiếc Túi Ba Gang

Ngày xưa có hai vợ chồng xấu tính và tham lam đã ngược đãi em trai của chồng và vợ của anh ta. Sau khi cha mất, vợ chồng người anh lấy hết phần lớn tài sản thừa kế và chỉ để lại cho vợ chồng người em vốn vẹn một mảnh đất nhỏ với duy nhất một cây khế.

"Tôi là con trai trưởng, anh có nhiều trách nhiệm hơn. Anh đừng thừa kế tất cả một thứ," người anh nói. "Nhưng anh muốn gia đình chú ở lại trên mảnh đất của gia đình mình. Cha mẹ chúng ta rất thích những quả khế ngon này. Hãy chăm sóc cây khế để tưởng nhớ đến cha mẹ yêu quý của chúng ta."

Đôi vợ chồng trẻ rất vui mừng khi được ở lại trên đất của gia đình. Mỗi ngày, họ chăm bón cây khế. Họ chăm nuôi gia súc và trồng chôm chôm, măng cụt và xoài trong khu vườn nhỏ đầy hoa thơm ngát.

On the tenth day, a humble yellow carp appeared. With years of practice jumping, the strong fish swam upstream against the strong wind and current. He leaped over Dragon's Gate and turned into a mighty dragon. He would now serve the Jade Emperor and make rain on earth.

In many houses and restaurants, a painting of a carp leaping over Dragon's Gate reminds people of the power of bravery, endurance and hard work.

Vào ngày thứ mười, một chú cá chép vàng khiêm tốn xuất hiện. Với nhiều năm tập nhảy, cá chép mạnh mẽ bơi ngược dòng chống lại những cơn gió mạnh và dòng nước chảy xuôi. Cá chép vung đã vượt qua Long Môn và hóa thành một con rồng dũng mãnh. Giờ đây, rồng sẽ phục vụ cho Ngọc Hoàng và hộ mưa gọi gió trên trái đất.

Trong nhiều ngôi nhà và nhà hàng, bức tranh cá chép vượt Long Môn nhắc nhở mọi người về sức mạnh của lòng dũng cảm, sức chịu đựng và sự chăm chỉ.



With patience, perseverance, and hard work, you can achieve your dreams. Bất kể khó khăn, lòng kiên trì, lòng kiên nhẫn và sự chăm chỉ, bạn có thể đạt được ước mơ của mình.



A girl with grit, determination, passion and a paintbrush can achieve amazing things!

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ISBN-13: 978-4-8053-1861-4

September 2024

Children's

8 ½ X 11 • 40 pages

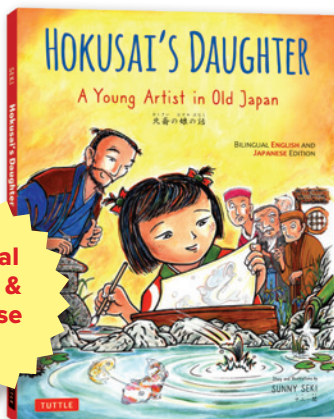
full-color woodblock prints; Bilingual English and Japanese Text

Carton Quantity: 30

Selling Territory: World

- For ages 5 to 14
- Official author website: sunnyseki.com
- Author available for interviews and events; contact publicity@tuttlepublishing.com

Bilingual English & Japanese Text



Hokusai's Daughter

A Young Artist in Old Japan

By Sunny Seki

Whether working in his studio or out in the field, Japanese artist Hokusai had a constant companion—his youngest daughter, Eijo. Wherever they went, Eijo brought along her own bag of brushes and the same artistic brilliance and passion as her dad. *Hokusai's Daughter* tells the story of a clever girl who refuses to believe that only men can create great works of art.

Told that she cannot become an artist because she's a girl, Eijo sets out to prove everyone wrong. She's

determined to become the proverbial koi that swims up the waterfall and becomes a mighty dragon—fighting against the current to become the person she is meant to be. Her creativity and spunk surprise everyone, including her father. In the end she saves the day—and her dad's honor—proving that she's not just a good artist, but a great one!

Katsushika Oi, called Eijo, created many remarkable works of art and had a hand in her illustrious father's later work. This beautifully illustrated bilingual story celebrates the power of grit and artistic expression as it introduces young readers to a trailblazing figure who, like her famous father, left a lasting impression on the world of art. *Hokusai's Daughter* is a timeless tale that teaches kids to believe in themselves and follow their passion.

Sunny Seki is the author-illustrator of bilingual books on Japanese culture for children which highlight the values of courage, selflessness, loyalty and determination as well as the value of art. Specializing in traditional tales, he creates puppet performances, teaches Japanese poetry, and is a photographer as well as a writer and an illustrator. He lives with his wife Judy and their children in the Los Angeles area. He has authored several children's books including the award-winning *Yuko-Chan and the Daruma Doll* and *The Last Kappa from Old Japan*.



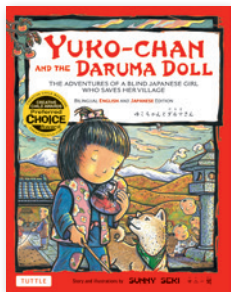
Sunny Seki

Downloadable activities including coloring pages, word search and more!

By the Same Author:

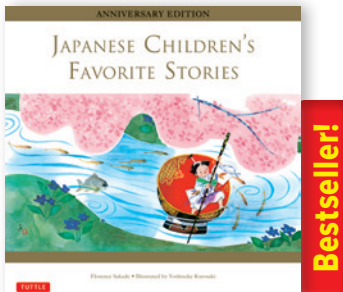


Last Kappa of Old Japan
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Yuko-chan and the Daruma Doll
The Adventures of a Blind Japanese Girl Who Saves Her Village
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Also Available:



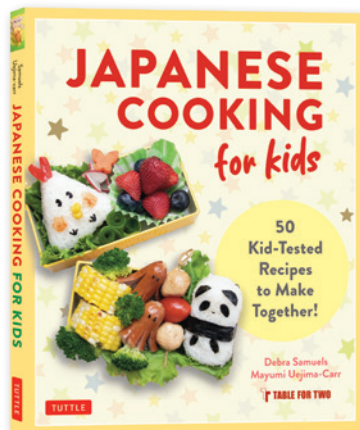
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September 2024

Cooking / Children's
 8 X 9 ½ • 128 pages
 50 recipes; 150 color photos
 Carton Quantity: 20
 Selling Territory: World

- For ages 8 to 14
- Official author website:
cookingatdebras.com
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Japanese Cooking with Kids

50 Kid-Tested Recipes to Make Together!

By Debra Samuels and Mayumi Uejima-Carr
 Photography by Yumi Komatsudaira

Are you ready to take a journey into the delicious world of Japanese food? *Japanese Cooking with Kids* is the perfect way for you and your kids to explore the art of Japanese cooking while having fun in the kitchen and getting them to eat more healthy meals. Some of these dishes may become their new favorites (helpful hint—Japanese food is far healthier than American food!).

These 50 kid-tested recipes for ages 8 to 14 get “two thumbs up” and empty plates every time. The easy-to-follow recipes in this book include:

- Onigiri Rice Balls, Sushi Rice in Tofu Pockets and Chicken & Egg Rice Bowls
- Classic Japanese Favorites like steamed Gyoza Dumplings and Miso Ramen Noodle Soup
- Bento Lunch Boxes with Octopus-shaped Hot Dogs and Japanese-style Fried Chicken
- Desserts & Drinks like Strawberry Soy Milk, Glazed Mochi Balls & Green Tea Matcha Cakes
- And so much more!

Each chapter in this book contains a fun, hands-on activity like counting to 10 in Japanese while washing your hands, growing your own green onions or making your own chopstick pillows!

For more information see page 80

Children of all ages will be entertained and inspired by this timeless, heartwarming tale

\$9.99 jacketed hardcover

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ISBN-13: 978-0-8048-5764-2

May 2024

Children's

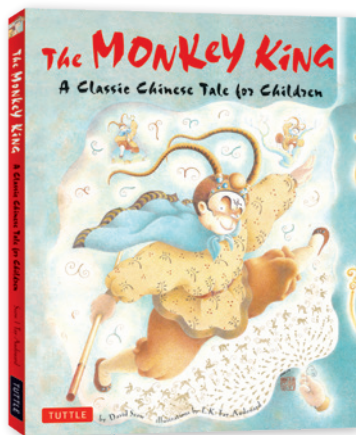
7 ½ X 10 • 32 pages

full-color illustrations throughout

Previously Published ISBN:

978-0-8048-4840-4

- For Ages 3-9



The Monkey King

A Classic Chinese Tale for Children

By David Seow

Illustrations by Lak-Khee Tay-Audouard

The Monkey King retells the story of the Buddhist monk Tripitaka who is dispatched by the Jade Emperor of Heaven on a magical quest to bring the Sacred Scriptures of the Buddha to China in order to save the nation from chaos. It describes in turn how the monk meets three brave traveling companions—Monkey, Pigsy and Sandy—each of whom has a very odd appearance but special powers and a strong personality. Along the way they face many enemies and often quarrel amongst themselves like

children. But in the end, their loyalty to each other and dedication to their common goal ultimately win the day.

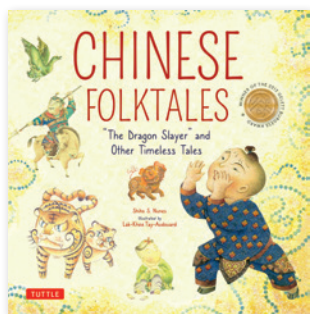
The most beloved character in this story is of course the hilarious Monkey—mischievous and full of energy, constantly on the move and constantly creating problems for the others. But Monkey has amazing magical powers that enable him to transform himself into other living beings and to summon an army of monkeys to his side at a moment's notice. Much to the consternation of his comrades, however, he is always boasting about his abilities. But in the end he is the one who saves them.

David Seow was born and raised in Singapore. He studied at Anglo-Chinese School, Oregon Episcopal School, and subsequently the University of Portland. After a stint as a sitcom writer with an award-winning television series, he embarked on a career in children's literature. David is the author of twenty-three well-received children's books, including *The Littlest Emperor*.

Lak-Khee Tay-Audouard is an award-winning artist who has illustrated several children's books including *Singapore Children's Favorite Stories* and *Adventures of the Treasure Fleet*. She is based in Singapore where she teaches at the International French School. Inspired by Tang figurines, the illustrations in this book capture the innocence and simplicity of Chinese folk art. Her original colored pencil and wash illustrations were done on bamboo rag paper. Organic materials like earth, charcoal, tea and sackcloth have been added to enhance their rustic feel.



By the Same Illustrator:



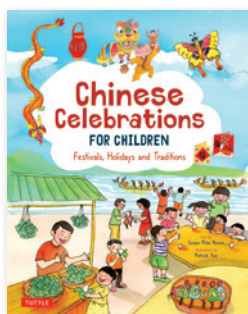
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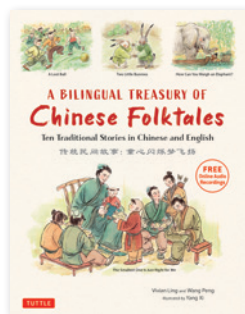


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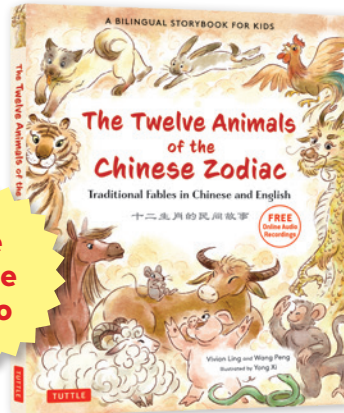
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The Twelve Animals of the Chinese Zodiac

Traditional Fables in Chinese and English—A Bilingual Storybook for Kids

By Vivian Ling and Wang Peng

Illustrated by Yang Xi

This bilingual children's book presents a charming collection of folktales and fables on the timeless theme of the twelve animals of the Chinese zodiac. All of these stories are very popular in China, retold and adapted here to appeal to young readers and children all around the world.

Each story explores a moral dilemma that young readers can easily understand, and provides a gentle lesson that they will discover for themselves. The twelve stories in this book include:

- **How a Monkey Is Doomed by His Own Pride**—A monkey is rescued by a dolphin after a shipwreck but is dumped back into the sea when his pretense of being rich is discovered.
- **What Kind of Music Do Cows Appreciate?**—A master musician does not blame the cows when they don't like his music, but learns to create music that they will appreciate.
- **How Do You Make Dragons Come to Life?**—An artist obeys the emperor's command to add eyes to his painted dragons, but when they fly away, it turns out this is not what the emperor wanted after all.

Vivian Ling has enjoyed a long career in Chinese language and literature, teaching at Oberlin College and Indiana University, and directing Chinese language programs abroad. She is the author of many books including *The Field of Chinese Language Education in the U.S.: A Retrospective of the 20th Century*. With Peng Wang she has co-authored *Essential Mandarin Chinese Grammar*, *Chinese Stories for Language Learners* and *A Bilingual Treasury of Chinese Folktales*, all published by Tuttle.

Wang Peng has been on the faculty at Georgetown University since 2002, teaching various Chinese language courses including Business Chinese and Chinese for Heritage Learners. Formerly, she was Chief Instructor at the Inter-University Program for Chinese Language Studies at Tsinghua University, as well as a visiting faculty at Oberlin College and Brown University.

Yang Xi is an artist and illustrator who combines classical and contemporary styles. She holds an MA from the College of Fine Arts at Nanjing Art Institute and illustrated *A Bilingual Treasury of Chinese Folktales* and *Chinese Stories for Language Learners*.



Vivian Ling



Wang Peng



Yang Xi

**For Ages
7-12**



It's alphabet rhyme time with this charming introduction to Arabic language and culture!

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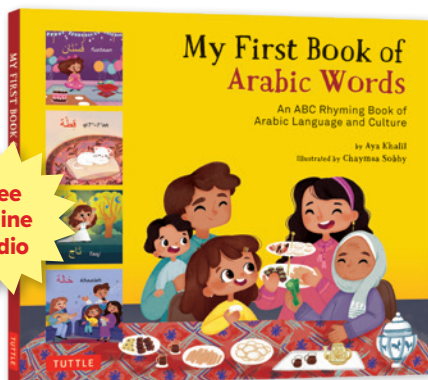
Children's

9 X 8 • 32 pages

color illustrations throughout

For ages 3-8

- Official author website: ayakhalil.com



My First Book of Arabic Words

An ABC Rhyming Book of Arabic Language and Culture

By Aya Khalil

Illustrations by Chaymaa Sobhy

A perfect read-aloud bedtime book and the ideal accompaniment to guide emerging readers, *My First Book of Arabic Words* introduces children to the basic words and simple vocabulary of Arabic through colorful rhymes and beautiful

imagery. The ABCs of Arabic life are charmingly captured in Chaymaa Sobhy's illustrations, offering a contemporary lens on the great dynamism and diversity found in Middle Eastern cultures.

A charming character, Aisha, serves as your guide. Along the way, we get an A-to-Z introduction to her family, friends and community, and follow her fun-filled adventures. Holidays and cultural traditions

E is for **Eid al-Fitr**.

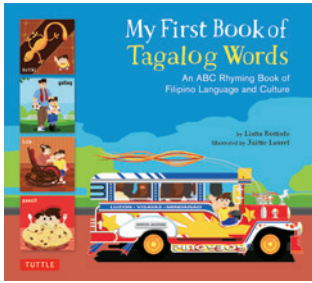
We celebrate, we eat!
Gather round the table
can you find a seat?

Aya Khalil is a freelance journalist and educator. She holds a master's degree in education with a focus on teaching English as a second language. Her first book for children, *The Arabic Quilt: An Immigrant's Story*, is based on her own move to the U.S. from Egypt at the age of one. Her articles have been published in the *Huffington Post*, *Christian Science Monitor*, *Post & Courier* and the *Toledo Area Parent*. She is the author of *One World: Egypt* and *The Night Before Eid* and she was named one of the Arab America Foundation's "40 Under 40" in 2021.

Chaymaa Sobhy lives in Cairo and is the illustrator of *Children's Favorite Arabic Stories*.



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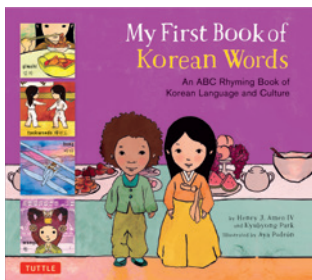


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Illustrated by Aya Padron
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Illustrated by Aya Padron
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32 pp. 9 X 8

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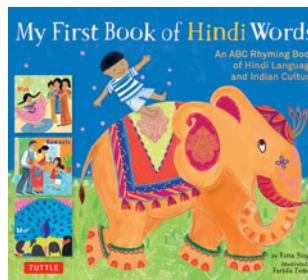


My First Book of Indonesian Words

An ABC Rhyming Book of Indonesian Language and Culture

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Illustrated by Julia Laud
color illustrations;
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Korean Children's Favorite Stories

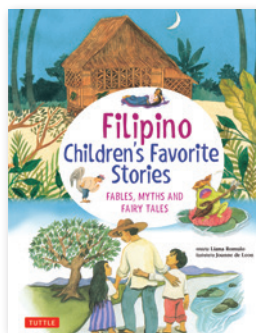
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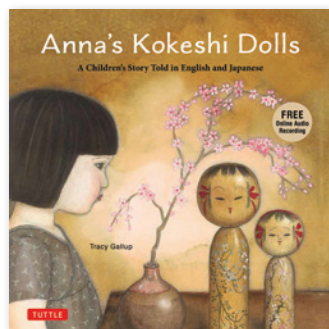
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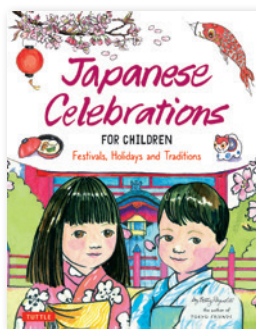
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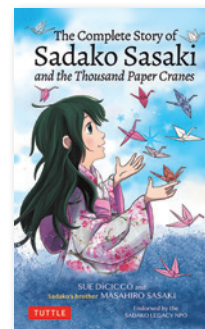
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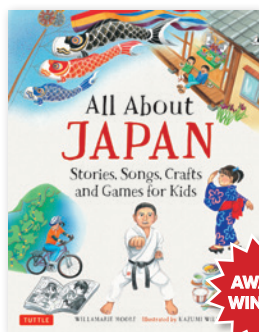
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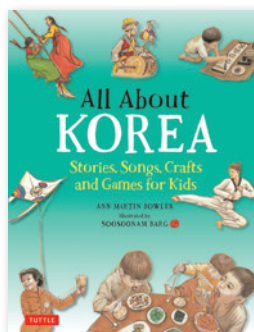
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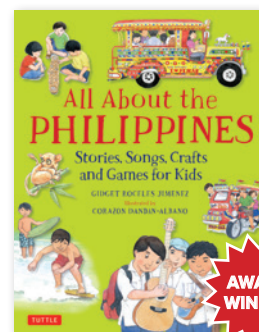
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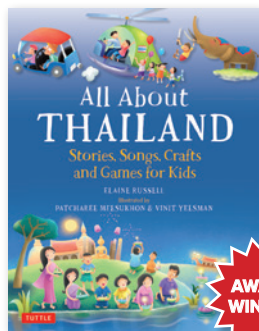
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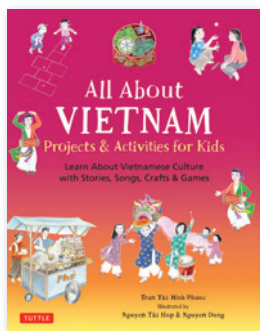
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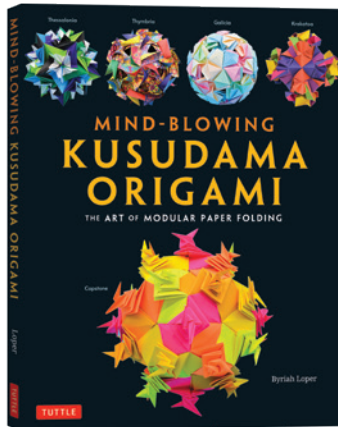
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- Official author social media:
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Mind-Blowing Kusudama Origami

The Art of Modular Paper Folding

By Byriah Loper

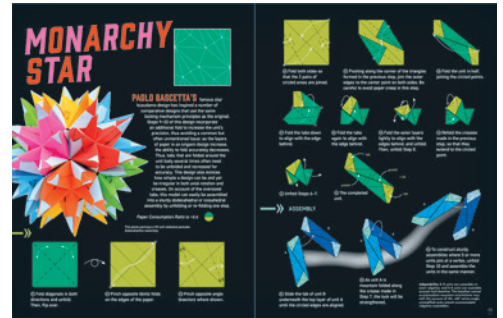
Kusudama are elaborate geodesic spheres assembled from many small folded paper modules. They were originally developed to hold incense in Japanese Buddhist temples. Modern kusudama consist of dozens of colorful papers folded and fitted together to form ornate spherical sculptures.

In this exciting new book, master paper folder Byriah Loper presents 30 of his original Kusudama models, including:

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- **Ortygia**—An unusual cube-shaped kusudama
- **Shakespeare**—An elaborate model resembling a ball of flowers
- **Trallia**—A ball with petal-like projections that looks like a large chrysanthemum
- **Plus many other amazing models!**

Assembling kusudama is an exciting challenge, however Loper's clear diagrams and clear instructions make them accessible to anyone—even if you have no prior origami paper folding experience.

Byriah Loper is an origami artist best known for his elaborate modular works and pleated tessellations. His interest in origami began in his childhood and Loper soon discovered modular origami. He has since designed and folded more than 1,000 original works. His models have been featured in major exhibitions and he is a frequent guest instructor at the annual OrigamiUSA and the Origami Tsunami conventions. Byriah lives in Wilmore, Kentucky.



Byriah Loper

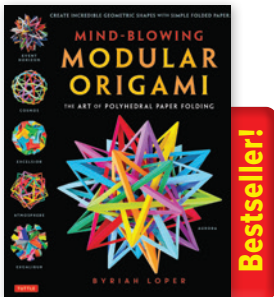
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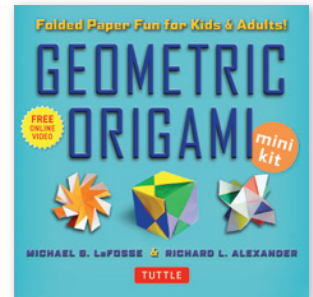
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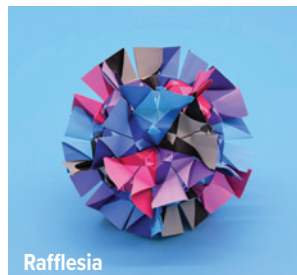
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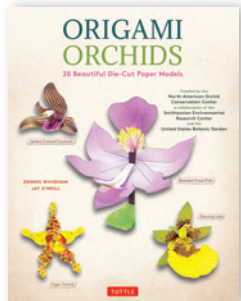


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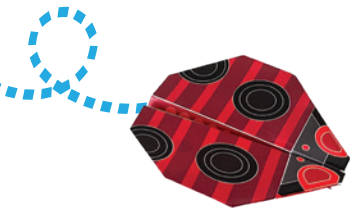
Fold 36 Paper Planes in 12 Different Designs!

By Andrew Dewar

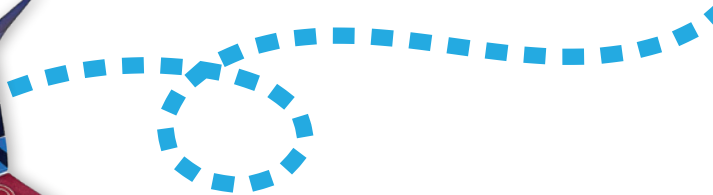
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Andrew Dewar



Andrew Dewar was born in Toronto where he received degrees in Journalism and Library Science before moving to Japan in 1988. Soon after arriving there, he rediscovered his childhood love of designing and flying paper airplanes. Dewar has published over 40 bestselling books and papercrafting kits, including *Ultimate Paper Airplanes for Kids* and the award-winning *One Minute Paper Airplanes Kit*. His books and kits have sold over half a million copies worldwide! He teaches paper airplane workshops and seminars at schools, libraries, community centers and museums.

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At the Controls

Without some way to steer an airplane in flight, it would be practically useless. Once off the ground, there's nothing to push against but air. But that's quite enough! Here's how real planes do it.

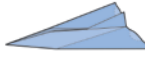
The rudder controls the direction of flight. It can be moved left or right to push the tail in the opposite direction. When the rudder (or any other control surface) is moved, the airplane pivots around its center of gravity. The motion caused by the rudder is called yaw.

The hinged portions at the back of the horizontal stabilizers are called elevators, and as you would expect, they make the plane go up or down. Both elevators move together (though in some jets or delta planes they can move separately to function as ailerons as well). When they are turned down, they create more lift at the tail and pivot the nose of the plane down. When they are turned up, the tail goes down, the nose goes up, and the plane climbs. This motion is called pitch.

The rudder alone is not enough to make turns. Ailerons, the little hinged parts on the wingspan, are used to make the plane bank when turning. The two ailerons move in opposite directions, one up and the other down. The down aileron makes more lift on that wing, and banks it up; the up aileron pushes its wing down. Banking motions are called roll.

All of these surfaces can be used at the same time to create delicate and precise maneuvers. For example, ailerons and rudder can be used together to make smooth, banking turns, but unless up elevator is added, the plane will sink as it turns.

14



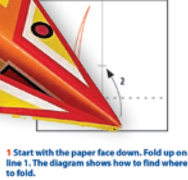
Paper airplanes often don't have separate tails or fins like real planes, so there are no ailerons or rudders to use. Instead, you have to control the plane with just the back of the wings. But that's not a big problem. Bend both sides up or down to control pitch, and one side more than the other to control roll and yaw. Easy, once you know how it works!

Warning: If your plane circles inside one that rises faster than the plane sinks, it will climb with the air, like an eagle or sailplane.

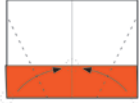
15

Voyager

Paper is easy to fold. It holds creases fairly well, but after a while it starts to relax and unfold again. Paper airplanes fly fine when they are fresh and crisp, but as the paper begins to relax, they become puffy and loose. One way to stop this is to use a lock on the nose to hold everything together. For this plane, I have borrowed world record holder Takuo Toda's excellent nose lock mechanism. It might seem tricky to fold at first, but it soon becomes familiar and easy to do, and the difference in performance is worth it!



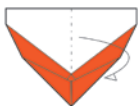
1 Start with the paper face down. Fold up on line 1. The diagram shows how to find where to fold.



2 Fold the corners on the 2 lines to the point shown.



3 Fold the new corners to the center on the 3 lines.



4 Mountain fold the plane in half.



5 Fold and unfold the nose on lines 4 and 5. Fold 4 starts where the thickness of the paper changes.



6 Spread the nose on the creases, squash it flat, fold the loose tip down on line 6, and push the bottom half around to the back.



7 Fold the wings on the 7 lines. The edge of the wing should touch the top of the centerline.



8 Open out the wings, and you're done!

34 Voyager

Voyager 35



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By Andrew Dewar

Paper airplane designer Andrew Dewar has done it again! In his new book, he presents an amazing collection of high-performance space planes for kids who are fascinated by space travel. Step-by-step instructions show you how to fold each of the sci-fi-themed planes, which are designed to fly beautifully with every launch!

The book opens with a primer on the principles of flight so kids learn about the forces that enable airplanes to fly and

how to coax the best performance from their paper models. They'll have fun practicing with these futuristic paper spaceplanes—doing loops, barrel rolls, glides and dives!

The 12 planes in this book include the following easy-to-fold models:

- **The single-winged Helix**—Designed to ferry crew members to space and back
- **The Stargo freighter**—A spacious craft with great performance due to its forward canards
- **The Shard**—The command flagship and pride of the Star Fleet
- **And many more!**

The book comes complete with 32 tear-out perforated sheets that have folding lines printed on them for quick and foolproof folding. It also has a pull-out moonbase poster which kids can spread on the floor and use to park their space planes and practice precision landing maneuvers.

Andrew Dewar was born in Toronto, Canada, and received a degree in Journalism and Library Science before moving to Japan in 1988. There he rediscovered his childhood love of designing and flying paper airplanes and has now published over 40 paper crafting books and kits. He teaches paper airplane workshops and gives seminars at schools, libraries, community centers and museums.



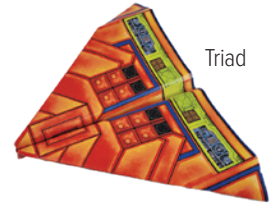
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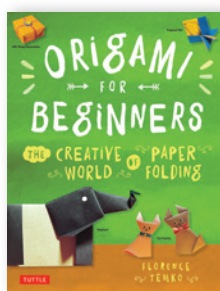
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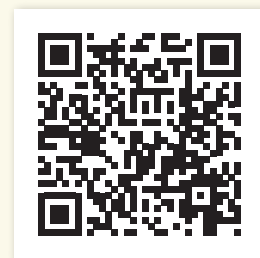
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Vietnamese Food and Food Culture

An Extraordinary Journey Through the Street Foods, Regional Cooking Styles and Local Ingredients of Vietnam

By Paul B. Kennedy

In 2018, veteran restaurateur, author, foodie and all-around travel junkie Paul Kennedy embarked on a life-changing journey to Vietnam. His main goal was to explore the nation's rich cuisine and food culture, which had always fascinated him from afar, but which he could never quite fully understand.

This book is the result of five years spent traveling the length and breadth of the country, experiencing Vietnamese food up-close as no other food writer has before. In 24 essays, 60 recipes and 100 photographs, Kennedy shares his experiences through:

- Engaging stories about tantalizing local foods and drinks—such as the unparalleled Nam Định bánh mì and fresh bia hơi beer—and palate-challenging delicacies like bitter melon and the foul-smelling but divine durian
- Intriguing myths, rituals and beliefs—such as the legendary sword-snatching golden turtle of Hoan Kiem Lake and the outlawed “Coconut Religion”
- Information on Vietnamese herbs, condiments and ingredients—from fish sauce and rice paper wrappers to basil, green onions and sawtooth coriander
- Recipes for classic street food dishes like Rice Paper Pizza, Bánh Mi Sandwiches and Steamed Coconut Rice Cakes with Toasted Shrimp Flakes
- Iconic restaurant and homestyle dishes like Spicy Lemongrass Chicken, Crispy Pan-Fried Trout and Baby Basket Clam Rice
- Unusual drinks and desserts like Egg Coffee, Mango Margaritas, Coconut Cream Martinis, Tofu Pudding and Vietnamese Layer Cake
- Plus many other unique flavors, dishes and food discoveries as well as dozens of insightful cultural observations from the author's time in Vietnam

Paul B. Kennedy has worked in the restaurant industry for 30 years—bringing delicious meals and welcoming environments together to create fond memories. Paul studied hotel management and received a degree in culinary arts from Johnson & Wales University. He then moved to New York where he established himself in the restaurant world while honing a passion for writing and photography. In 2018, with only a backpack and a sense of adventure, Paul headed off to Vietnam. He has traveled extensively around the country ever since, documenting Vietnamese food culture and capturing its flavors. In addition to writing, cooking and traveling, Paul is passionate about teaching and volunteers his time to help others learn and grow. This is his first cookbook.



Yields 6-8 Spring Rolls Prep time: TK Cook time: TK

Spring Rolls Nem Cuốn

For the peanut sauce:
 1 cup (135 g) creamy peanut butter
 2 teaspoons honey
 2 teaspoons low sodium soy sauce
 2 teaspoons rice wine vinegar
 2 garlic cloves, minced
 1-inch piece ginger, root, grated
 1 teaspoon toasted sesame oil
 1 teaspoon freshly squeezed lime juice
 Water, as needed

For the spring rolls:
 2 ounces (57 g) dried rice noodles (vermicelli)
 1 cup (24 g) thinly sliced scallions
 1 cup (17 g) coarsely chopped cilantro
 1 cup (17 g) coarsely chopped mint
 1 medium carrot, julienned
 2 medium cucumbers, julienned
 12-16 rice paper wrappers
 2 cups (140 g) mixed greens
 2 cups (200 g) bean sprouts
 8 ounces (226 g) shrimp (2A/2B, cooked, peeled, and deveined)

I've made these spring rolls often during my time in Hanoi—always in the company of a wonderful group of local friends. Connecting with others and exchanging stories about yourself or food are among my favorite things to do, and spring rolls are the perfect dish to share around a table.

1. For the peanut sauce: In a medium mixing bowl, whisk together the peanut butter, honey, soy sauce, rice vinegar, garlic, ginger, sesame oil, and lime juice until mixed thoroughly. Add water, if needed, to achieve the desired consistency: smooth, creamy, and free of lumps. Transfer the sauce to a serving bowl and garnish with julienned carrot, if desired.
2. For the spring rolls: Prepare the rice noodles according to the package instructions, rinse with cold water, and set aside. In a small bowl, combine the scallions, cilantro, and mint. In a separate bowl, combine the julienned carrot and cucumber.
3. Fill a shallow bowl with warm water. Stack two rice paper sheets and submerge them in the water for a few seconds until pliable. Carefully lay them onto a flat surface. Evenly distribute the remaining ingredients, top the herbs along the bottom edge of the rice paper, leaving about 3 inch of rice paper on either side of the filling. Top the herbs with the noodles, mixed greens, sprouts, carrots and cucumbers, and whole shrimp. Roll the sheet away from you halfway, holding the ingredients compactly inside the wrapper. Fold the 3-inch sides toward over the filling and continue rolling until the spring roll is wrapped firmly. Repeat with the remaining wrappers and ingredients. Serve the spring rolls with peanut sauce on the side for dipping.

Street Food and Side Dishes 39



Yields 6 Pancakes Prep time: TK Cook time: TK

Vietnamese Pancakes Bánh Xèo

For the pancake batter:
 1 cup (140 g) rice flour
 1/2 cup (40 g) all-purpose flour
 2 1/2 tablespoons turmeric
 1/2 teaspoon salt
 3 1/2 cups (240 mL) water
 1/2 cup (120 mL) hot fat coconut milk
 3 scallions, thinly sliced

To complete:
 Anchocho, as needed
 1 medium yellow onion, thinly sliced
 1/2 pound (240 g) pork belly, sliced
 1/2 pound (227 g) shrimp (2A/2B), peeled
 6 scallions, sliced
 1/2 cup (120 g) dried night-mung-beans (soaked overnight)
 2 cups (200 g) fresh bean sprouts
 1 cup (200 g) mixed greens
 1/2 bunch perilla leaves
 1 bunch mint, stems removed
 1 bunch cilantro, stems removed
 Dipping Sauce (recipe on page 137)

The word *xèo* in this recipe's title is a nod to the sizzling sound the batter makes as it hits the hot pan. You'll find these crispier Vietnamese crêpes all over Vietnam. It's a quintessential street-food dish that's flavorful and fun to eat. There are good and bad dishes at restaurants everywhere in the world, if the first time you have this dish you don't enjoy it, keep trying it at other places until you find someone who does it well as you are sure to enjoy it!

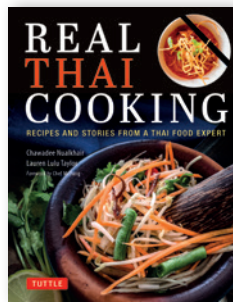
1. For the pancake batter: Sift the rice flour, all-purpose flour, turmeric, and salt together into a large mixing bowl. Add the water and coconut milk and which until no lumps remain. Stir in the scallions and set aside for 1 hour.
2. To complete: Heat 2 tablespoons of anchocho oil in a large skillet over medium-high heat until shimmering. Add the onion, pork, and shrimp and cook for 2-3 minutes, stirring occasionally, until almost cooked through. Add the scallions and cook for another 1-2 minutes. Remove from pan and set aside.
3. Pour about 1/2 cup of batter into the pan, tilting the pan quickly to create an even layer. Add more batter if there isn't enough to coat the pan. Add mixed beans and sprouts. Continue by adding 1/2 of the pork and shrimp mixture. Lower the heat to medium. Cover the skillet and cook until the batter has cooked slightly, and the edges have become translucent, 2-3 minutes. Remove the lid, lower the heat to medium-low, and continue cooking until the pancake becomes crispy, 5-7 minutes. Fold the pancake in half and transfer to a plate. Repeat with the remaining batter. Serve warm with mixed greens, herbs, and dipping sauce on the side.

Street Food and Side Dishes 41

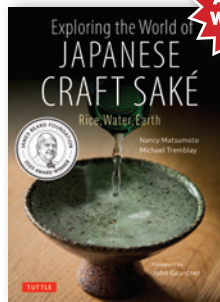
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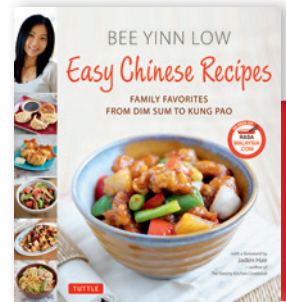
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Japanese recipes you make with your kids to get them eating more healthy meals!

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September 2024

Cooking

8 X 9 ½ • 128 pages

50 recipes; 150 color photos

Carton Quantity: 20

Selling Territory: World

- For ages 8 to 14
- Official author website: cookingatdebras.com
- Official author social media: [@cookingatdebras](https://www.instagram.com/cookingatdebras)



Japanese Cooking for Kids

50 Kid-Tested Recipes to Make Together!

By Debra Samuels and Mayumi Uejima-Carr

Photography by Yumi Komatsudaira

Japanese Cooking for Kids is the perfect way for you and your kids to learn about Japanese cooking while having fun in the kitchen. It will also teach them how to eat more healthy meals, and many of these dishes may even become their new favorites!

These 50 kid-tested recipes for ages 8 to 14 get “two thumbs up” and empty plates every time:

- Onigiri Rice Balls, Sushi Rice in Tofu Pockets and Chicken and Egg Rice Bowls
- Japanese Seaweed Sprinkles on Popcorn and Tuna Salad Sushi Rolls
- Classic Japanese Favorites like steamed Gyoza Potstickers and Miso Ramen Noodles
- Drinks & Desserts like Strawberry Soy Milk, Glazed Mochi Balls & Green Tea Matcha Cakes

Each chapter in this book contains a fun, hands-on activity like counting to 10 in Japanese while washing your hands, growing your own green onions or making your own chopstick rests! In addition to preparing delicious Japanese recipes, kids will learn the basic principles of Japanese cuisine—eating foods that are in season, and only eating until you feel 80% full—to help you live a longer and healthier life.

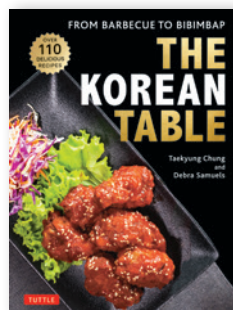
Japanese Cooking for Kids will give you and your family a whole new perspective on food and eating—the Japanese way!

Debra Samuels has written about food for over three decades and developed the popular “Kids Are Cooking” series on food, culture and nutrition for Boston’s Children’s Museum. Samuels worked for many years as a food writer and food stylist for *The Boston Globe*. She currently leads the program content and curriculum development for TABLE FOR TWO USA, traveling around the country teaching workshops on bento, the Japanese lunchbox.

Mayumi Uejima-Carr became the president of TABLE FOR TWO USA following work with Accenture and Eli Lilly and after earning an MBA. With TABLE FOR TWO USA, she has developed a program to provide healthier school meals for children across the U.S.

Yumi Komatsudaira is a recipe developer, food stylist, culinary instructor and President of K-Seaweed—a leading ocean greens provider. She is the author of *Japanese Superfoods*.

By the Same Author:



The Korean Table
From Barbecue to Bibimbap:
110 Delicious Recipes
ISBN-13: 978-0-8048-5552-5
\$19.99 HC



At last, a complete guide to preparing Asian vegetables and plant-based food products!

\$19.99 paperback

\$26.95 (CAD)

ISBN-13: 978-0-8048-5743-7

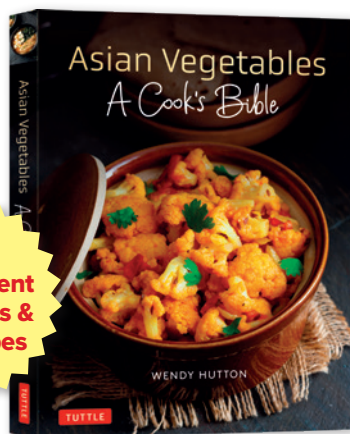
May 2024

Cooking

7 1/2 X 10 • 240 pages

with 145 recipes;
over 90 color photos
and 150 watercolor
illustrations

Covers
150 Different
Vegetables &
145 Recipes



Asian Vegetables

A Cook's Bible

By Wendy Hutton

Here at last is a book by a leading food expert presenting everything you need to know about the rapidly-expanding list of Asian vegetables found in supermarkets, farmers' markets, Asian grocers and specialty gourmet stores. With attractive watercolor illustrations and photos, *Asian Vegetables: A Cook's Bible* helps you to identify 150 different Asian vegetables and plant products and presents 145 authentic recipes that you can prepare at home using these delicious ingredients, including:

- Indian Chickpeas in Spicy Tomato Sauce
- Malaysian-style Cabbage Stewed in Coconut Milk
- Sri Lankan Breadfruit Curry
- Stir-fried Loofah with Oyster Sauce
- Thai Wild Pepper Leaf Parcels
- Chinese Garlic Chive Pancakes
- Fresh Tuna Baked in Konbu Seaweed
- Spiced Indian Cauliflower
- And many more!

From sugar peas and azuki beans to fern tips, hijiki seaweed, jackfruit and mustard cabbage—this book offers insightful background stories about the ways Asians have traditionally prepared these vegetables as well as descriptions of their appearance, nutritional content and flavor—plus tips on how to buy and store them and interesting information about their health benefits according to traditional Asian folk beliefs. Fresh, dried, fermented, pickled and preserved vegetables, tubers, herbs, mushrooms and sprouts are all described in detail as well.

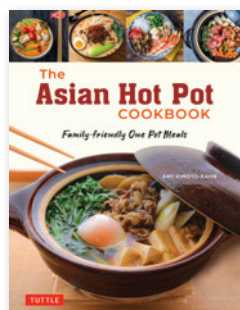
Asian Vegetables: A Cook's Bible is a much-needed reference that home cooks and professional chefs alike will want to have on their shelves!

Wendy Hutton is a writer specializing in food and travel, who lived in Southeast Asia for more than five decades. She has written widely on the cuisines of Southeast Asia, including cookbooks such as *Green Mangoes and Lemon Grass*, *Tropical Asian Cooking* and the highly acclaimed *Singapore Food*.



Indian Chickpeas in Spicy Curry

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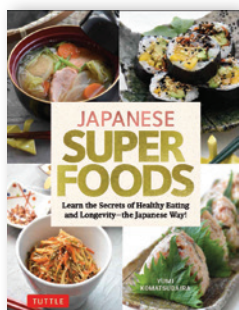


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Indian Fried Eggplant with Yogurt Sauce



“TV host Anthony Bourdain says he thinks Filipino food will be the next big thing in America, naming the dish Pork Sisig as the gateway drug.”—Eater.com

\$24.99 hardcover

\$34.95 (CAD)

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Cooking

7 ½ X 10 • 176 pages

51 recipes; 200 color photos

- Official author website: myfoodbeginnings.com
- Official author social media: [@myfoodbeginnings](https://www.instagram.com/myfoodbeginnings)



We Cook Filipino

Heart-Healthy Recipes and Inspiring Stories from 36 Filipino Food Personalities and Award-Winning Chefs

By Jacqueline Chio-Lauri

Kumain ka na? (“Have you eaten yet?”) is the greeting used by all Filipinos when they meet. This book presents the extraordinary food culture of the Philippines in stories and recipes from 36 culinary trailblazers—award-winning chefs, food writers and social media stars from around the globe. They share with us not just their favorite recipes for classic Philippine dishes like Adobo, Tokneneng, Sinangang and Ginataan, but also their personal family stories about

what Filipino cuisine and food culture mean to them. Here are just a few of the fascinating stories and recipes found in this book:

- Award-winning writer, blogger and podcaster Liren Baker explains how family recipes were passed down to her by her Tita Leah and presents her favorite recipe for “Pancit Bihon Guisado” (Vegetarian Fried Rice Noodles)
- James Beard finalist Carlo Lamagna, chef-owner of Magna Kusina in Portland, tells us how culture shock turns into culinary adventure whenever he visits the Philippines and shares his take on “Tokeneng” (Orange-coated Egg)
- Amormia Orino moved to Atlanta in 2018 and began hosting Kamayan (communal feasts); she shares a heart-wrenching story about her aging mother and an unforgettable recipe for “Ginataang Alimasag” (Coconut-stewed Crabs)
- Grace Guinto, chief baking officer of Sweet Cora, a catering business, talks of the recipes her mother left her as “love notes from heaven” and gives us a summery recipe for her classic “Food for the Gods” (Date and Walnut Balls)
- Plus recipes and stories from dozens of other well-known Filipino food celebrities!

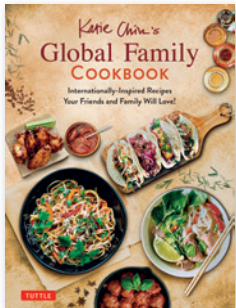
The 51 delicious recipes in this book are not just “from the heart”—they are also “good for the heart”—specifically included for their health benefits. The result is a cookbook presenting food as something central to Filipino culture and emotional well-being as well as being nutritious and amazingly tasty!

Jacqueline Chio-Lauri is the editor and lead author of this compilation. She is also the author of the highly acclaimed *The New Filipino Kitchen*. Keep an eye out for her upcoming picture books based on the lives of Filipino food icons Maria Orosa and Ma Mon Luk. She currently lives in the UK.



Meatless Tortang Giniling
Lentil & Shrimp Omelet

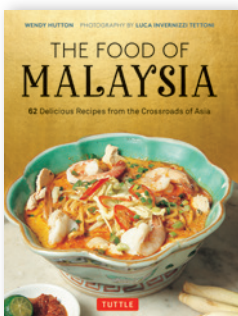
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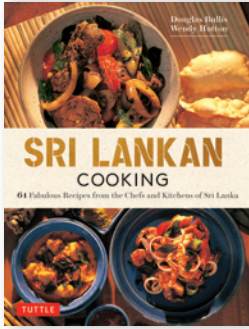


The Food of Malaysia

62 Delicious Recipes from the Crossroads of Asia

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November 2024

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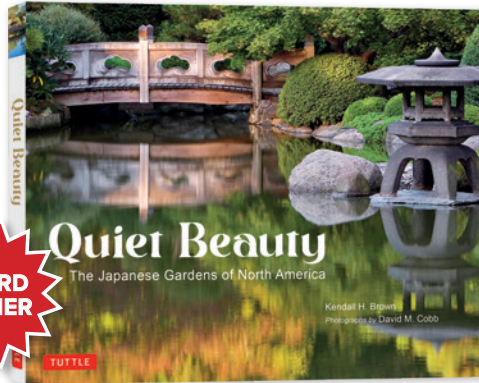
over 180 color photographs
of 26 gardens

Carton Quantity: 10

Selling Territory: World

Previously Published ISBN:

978-4-8053-1195-0



Quiet Beauty

The Japanese Gardens of North America

By Kendall H. Brown

Photography by David M. Cobb

Japanese-style gardens have been a part of North American culture for over 150 years, delighting visitors with serene landscapes that instill tranquility and calm. *Quiet Beauty: The Japanese Gardens of North America* provides an intimate look

at the 25 most notable Japanese-style public gardens in the United States and Canada. Illustrated with more than 180 stunning color photographs, this book will be a welcome addition to the library of every garden enthusiast. This revised edition includes an amended list of 75 important gardens, and it describes major new additions at the featured gardens.

The fabulous gardens presented in this book include:

- The Japanese Tea Garden in Golden Gate Park, San Francisco
- Nitobe Memorial Garden at the University of British Columbia, Vancouver
- The Japanese Garden in the Fort Worth Botanic Garden
- The Garden of the Pine Winds in the Denver Botanic Gardens
- The Japanese Garden in the Montreal Botanical Garden
- Tenshin'en (The Garden of the Heart of Heaven) in the Museum of Fine Arts, Boston
- The Morikami Museum and Japanese Gardens in Delray Beach, Florida
- The Japanese Friendship Garden of Phoenix in Margaret T. Hance Park
- The Garden of the Pine Wind in the Garvan Woodland Garden, Hot Springs, Arkansas

Kendall H. Brown is Professor of Asian Art History in the Art Department at California State University Long Beach. He also recently served as Curator of Collections, Exhibitions and Programs at Pacific Asia Museum. He received BA and MA degrees in history and art history from the University of California, Berkeley and a Ph.D. in art history from Yale University. Dr. Brown publishes actively in several areas of Japanese art. He is a leading figure in the study of Japanese gardens in North America, having authored the book, *Japanese-style Gardens of the Pacific West Coast*.

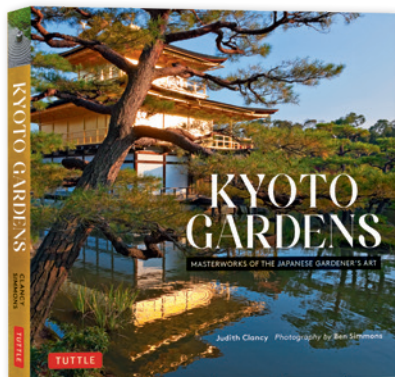
David M. Cobb is a member of NANPA (North American Nature Photography Association) and PPA (Professional Photographers of America). He is also the photographer for *Visionary Landscapes*, which he worked with author Kendall H. Brown. He lives in the Pacific Northwest.



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 Gardening
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Kyoto Gardens
Masterworks of the Japanese Gardener's Art

By Judith Clancy
 Photography by Ben Simmons

By design, Kyoto's gardens possess a unique ability to provoke deep contemplation and joy in equal measure. This book is a labor of love from master photographer Ben Simmons and longtime Kyoto-based writer Judith Clancy. It contains lyrical images and poetic essays describing Kyoto's most famous

gardens—most of them now UNESCO World Heritage Sites, including:

- **Kyoto's Old Imperial Palace Garden**—A massive walled complex filled with flowering plants, trees and buildings which served as the official residence of the Japanese emperor for over 500 years before 1868 and is now a public park.
- **Heian Jingu Shrine Garden**—Constructed on the site of the ancient capital and filled with lush greenery, ponds, rocks, bridges and pavilions which float above the water, providing a sense of tranquility and natural beauty.
- **Ginkaku-ji Pure Land Garden**—An earthly paradise featuring a massive truncated mound of packed sand that is resculpted by hand daily, this site was originally designed as private villa by one of Kyoto's rulers then turned into a Zen Buddhist temple upon his death.
- **Kinkaku-ji Estate Garden**—Perhaps Kyoto's most recognizable sight, a Golden Pavilion perched on the edge of a tranquil pond on whose smooth surface are reflected beautiful rocks and cypress trees placed all around it.
- **Ryoan-ji Zen Rock Garden**—The purest expression of a world in miniature, expressed as a sea of raked gravel with islands of natural stone and moss set in its midst, walled off from the outside world to provide a place for meditation and contemplation.
- **Plus two dozen other masterful gardens!**

Simmons' sensitive photos present a fresh, contemporary look at these timeless gardens while Clancy's graceful descriptions provides historic, aesthetic and cultural context. This new edition has been updated and revised, with many new photographs added.



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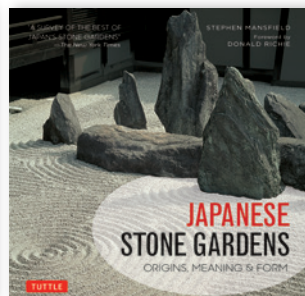


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“John Einarsen's photos capture not only the physical charm of Kyoto's Zen temples, but the philosophy and sense of beauty that underly them” —Alex Kerr, author of *Hidden Japan* and *Another Kyoto*

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April 2024

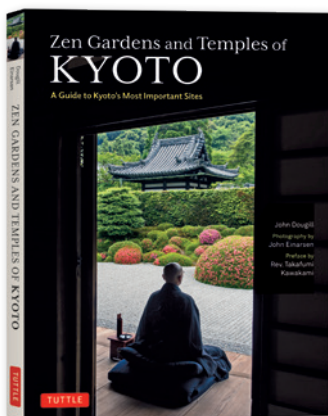
Travel

7 ½ X 10 • 144 pages

color photos throughout

Previously Published ISBN:

978-4-8053-1401-2



Zen Gardens and Temples of Kyoto

A Guide to Kyoto's Most Important Sites

By John Dougill

Photography by John Einarsen

Preface by Takafumi Kawakami

Kyoto's Zen heritage represents one of mankind's greatest achievements—recognized by the large number of temples, shrines and gardens which have been declared UNESCO World Heritage Sites. Millions of visitors travel to Kyoto yearly in search of their secrets, and here for the first time is a comprehensive overview of each major site.

Over 50 temples and gardens—including all World Heritage Sites—are captured here in sensitive photos by acclaimed Kyoto-based photographer John Einarsen. A detailed introduction to each temple by local expert John Dougill includes information about special opportunities for visitors—such as early morning meditation sessions, temple food offerings and special green tea sets provided to enhance the contemplative experience—along with other “insider” information that no other guide provides.

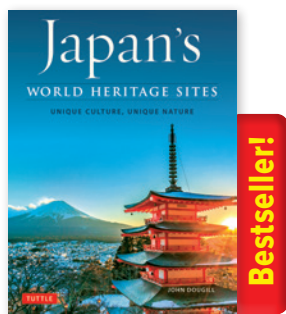
A preface by Rev Takafumi Kawakami, the deputy head priest of the Shunkoin Temple in Kyoto, serves to place the book within the context of eastern and western Buddhist thought and practice.

John Dougill is a professor emeritus at Ryukoku, Kyoto's largest Buddhist university. He has written many books about Japan including *In Search of Japan's Hidden Christians*, *Japan's World Heritage Sites* and *Kyoto: A Cultural History*. In addition to running the Green Shinto blog, he is the associate editor of *Japanese Religions* and founder of the “Writers in Kyoto” group.

John Einarsen is a photographer, designer, curator and founding editor of *Kyoto Journal*, an international magazine on Japanese and Asian culture established in 1987. His photographs have been published in numerous books.

Rev. Takafumi Kawakami is deputy head priest of Shunkoin Temple in Kyoto where he teaches Zen meditation classes in English to thousands of foreign visitors. He has developed a mindfulness smart app called Myalo and supervises JINS MEME ZEN (a mindfulness program using a wearable device). His TED Talk on mindfulness has been viewed by over 100,000 people.

By the Same Author:

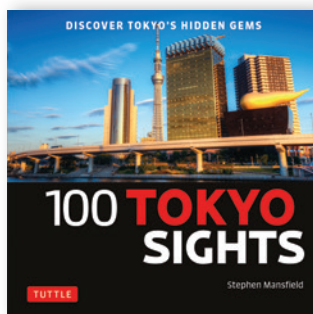


Japan's World Heritage Sites

Unique Culture, Unique Nature

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If you are traveling to Japan—this is the book you need to bring along!

\$9.99 paperback

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ISBN-13: 978-4-8053-1862-1

October 2024

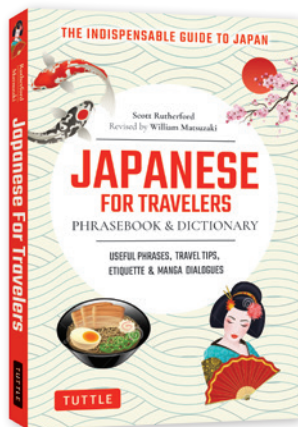
Phrasebook

5 X 7 ½ • 192 pages

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Selling Territory: World



Japanese for Travelers Phrasebook & Dictionary

*Useful Phrases, Travel Tips,
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By Scott Rutherford

Revised by William Matsuzaki

Packed with practical expressions and information for every travel situation, *Japanese for Travelers* helps you to get around and communicate effectively during your time in Japan. This book includes hundreds of tips and phrases for the following situations:

- Asking directions
- Shopping and asking about prices
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- Getting connected to the Internet
- Asking for help
- Daily conversations

Helpful illustrations demystify Japan's complicated rail and subway system and provide handy information on accommodations, dining options and ferry and air travel. Tips are included on everything from:

- Where to get a cheap and comfortable night's sleep
- Whom not to stand behind at immigration and customs counters
- How to always stay connected in Japan
- What to pack for your trip
- And hundreds of other helpful travel tips!

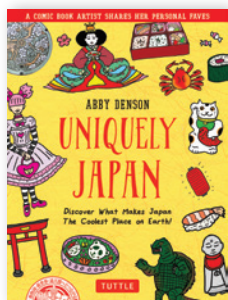
A handy Japanese-English and English-Japanese dictionary puts over 5,000 words at your fingertips!

Scott Rutherford is an experienced travel writer and editor with several books to his credit.

William Matsuzaki has been a Japanese teacher for the last 15 years. He received his BA in Japanese from Carlton College, an MSEd in Technology Education and a doctorate in education from Johns Hopkins. He is the author of several Tuttle titles including *Let's Learn Japanese* and *Japanese Hiragana and Katakana Language Practice Pad*.



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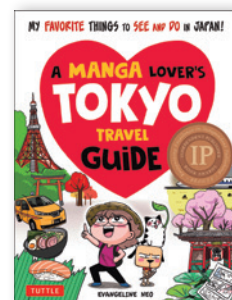
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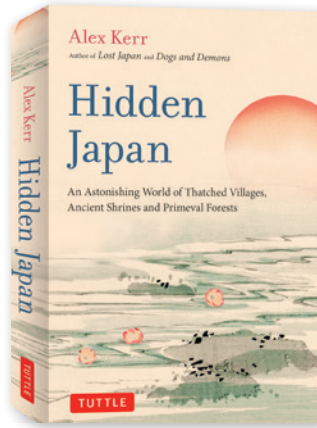
ISBN-13: 978-4-8053-1751-8

Available Now

Travel / Literature

5 ½ X 8 • 256 pages

10 maps; 57 color photos;
60 b&w photos



Hidden Japan

An Astonishing World of Thatched Villages, Ancient Shrines and Primeval Forests

By Alex Kerr

Originally published in Japanese as a call to preserve disappearing facets of Japan’s rich and ancient culture, this book takes its inspiration from the 1960s classic, *Hidden Hamlets* by Shirasu Masako. Like Shirasu, Kerr travels to remote and lesser-known places around Japan where pockets of traditional culture can still be found. Some are faraway—like Aogashima Island, 200 miles south of Tokyo—while others are easy to reach, such as Mii-dera temple just east of Kyoto. The engaging essays in this book describe surprising remnants of

Japan’s fragile physical and cultural environment including:

- **An austere but delicious kaiseki meal in Tottori composed of local herbs and meats**
- **Avant-garde Butoh dancers in the remote village of Tashiro in Akita Prefecture**
- **How shochu liquor is distilled from tropical ferns on the Pacific island of Aogashima**

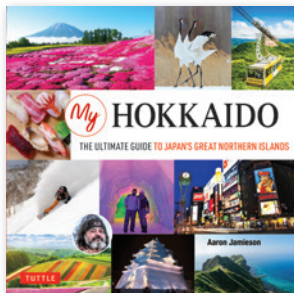
Kerr includes many anecdotes relating to his childhood growing up in Japan and his passion for restoring old houses, and discusses the damage caused by governmental infrastructure policies as well as tourism. His sharp eye for detail and exquisite descriptions of Japanese arts, architecture and foods will inspire readers who already appreciate his unique look at the “reality” of Japan beyond the romance.

Alex Kerr is a resident of Japan since 1977. He is an environmentalist, travel writer and restores old Japanese houses. He writes and speaks widely in Japanese as well as in English on rural revival and town planning, sustainable tourism, Japanese art and environmental issues. He has been appointed a “Visit Japan Ambassador” and received the “Agency for Cultural Affairs Commissioner’s Commendation.” He is the author of many books, including *Lost Japan, Dogs and Demons*, *Living in Japan* and many others. He has given several popular TED talks that are frequently viewed online.

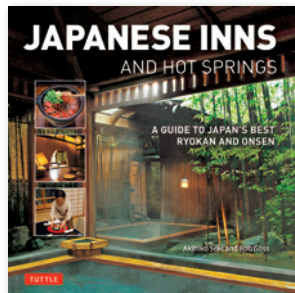


Alex Kerr

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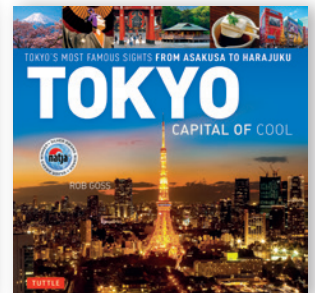
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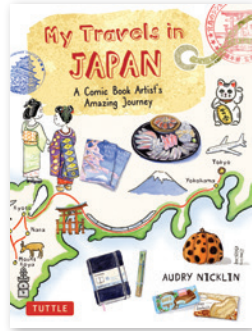
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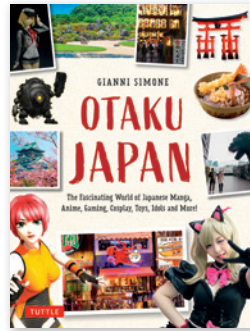
Tokyo—Capital of Cool
Tokyo’s Most Famous Sights from Asakusa to Harajuku
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Cool Tokyo Guide
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 by Abby Denson
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 128 pp. 7 1/2 X 10
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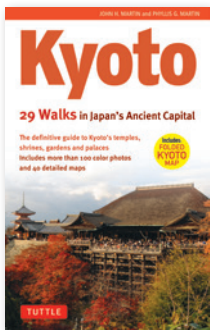
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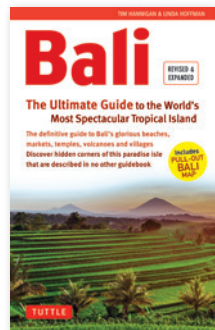
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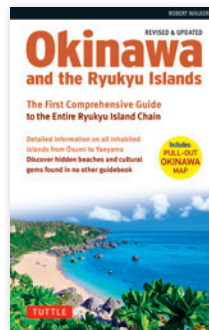
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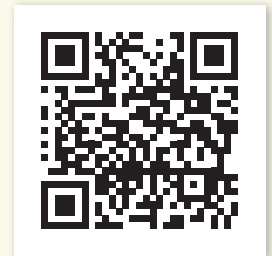
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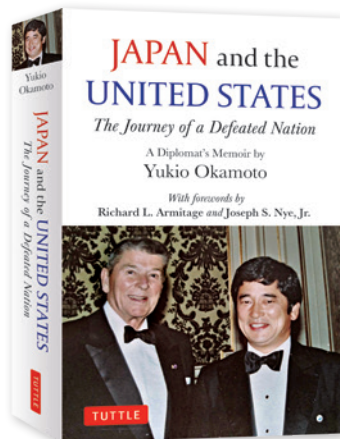
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During a 20-year career in the Japanese Foreign Ministry and after he left government, Okamoto was an indispensable advisor to several Japanese prime ministers including Ryutaro Hashimoto, Junichiro Koizumi and Shinzo Abe. He worked tirelessly to strengthen relations with the United States even as other government officials advocated for the dismantling of the U.S.-Japan Security Alliance. The survival of this alliance is due in no small part to Okamoto's influence.

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Yukio Okamoto was a career diplomat in Japan's Ministry of Foreign Affairs from 1968 to 1991 with postings in Paris (OECD), Cairo and Washington. Following his retirement, he became a political and economic consultant. He served as Special Advisor to Prime Ministers Ryutaro Hashimoto and Junichiro Koizumi, sat on the boards of several major Japanese multinationals and served as an advisor to several others. Okamoto joined the Center for International Studies at MIT in 2012 as a Robert E. Wilhelm fellow. He was a well-known commentator and author, publishing regular columns and contributing to major newspapers and magazines on Japanese diplomacy.

Richard L. Armitage is founding partner and President of Armitage International. He served as Deputy Secretary of the Department of State and as the Assistant Secretary for International Security Affairs at the Department of Defense. In addition, he has held a wide variety of high-ranking U.S. diplomatic positions.

Joseph S. Nye, Jr. is Professor Emeritus and former Dean of Harvard's Kennedy School of Government. He has served as Assistant Secretary of Defense for International Security Affairs, Chair of the National Intelligence Council, and Deputy Under Secretary of State. He is a fellow of the American Academy of Arts and Sciences, the British Academy, and the American Academy of Diplomacy. In 2011, Foreign Policy named him one of the top 100 Global Thinkers. In 2014, Japan awarded him the Order of the Rising Sun, its highest civilian honor for a non-Japanese.



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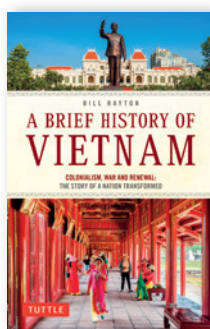
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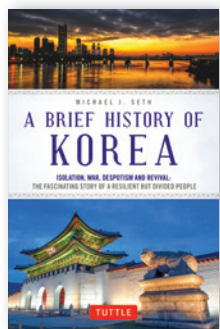
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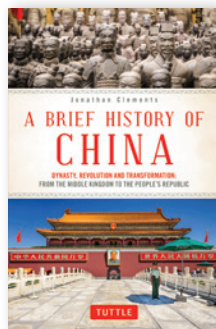
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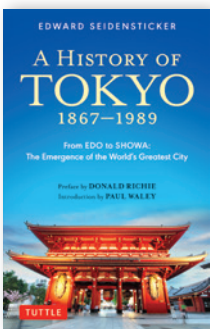
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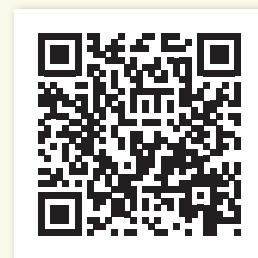
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