

# TUTTLE

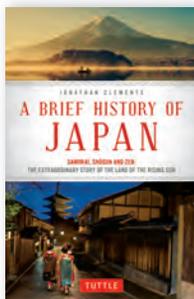
NEW TITLES & BACKLIST HIGHLIGHTS

Spring 2026

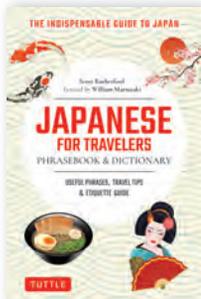


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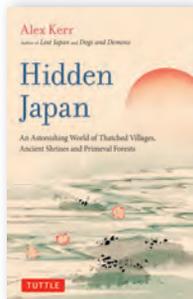
# Books to take on your trip to JAPAN



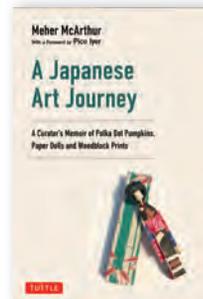
**A Brief History of Japan**  
*Samurai, Shogun and Zen: The Extraordinary Story of the Land of the Rising Sun*  
ISBN-13: 978-4-8053-1389-3  
**\$15.95/\$22.95 (CAD) PB**



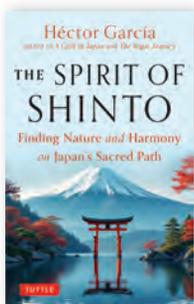
**Japanese for Travelers**  
*Phrasebook & Dictionary*  
Useful Phrases, Travel Tips & Etiquette Guide  
ISBN-13: 978-4-8053-1862-1  
**\$9.99/\$12.95 (CAD) PB**



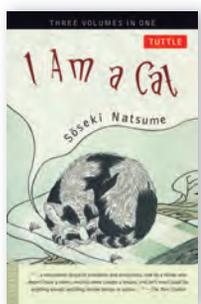
**Hidden Japan**  
*An Astonishing World of Thatched Villages, Ancient Shrines and Primal Forests*  
ISBN-13: 978-4-8053-1751-8  
**\$15.99/\$22.95 (CAD) PB**



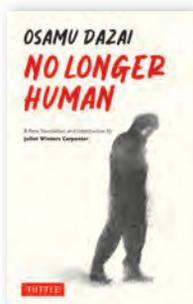
**A Japanese Art Journey**  
*A Curator's Memoir of Polka Dot Pumpkins, Paper Dolls and Woodblock Prints*  
ISBN-13: 978-4-8053-1990-1  
**\$19.99/\$24.95 (CAD) HC**



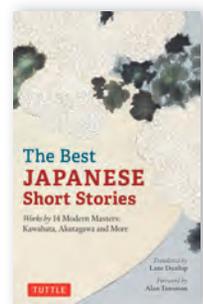
**The Spirit of Shinto**  
*Finding Nature and Harmony on Japan's Sacred Path*  
ISBN-13: 978-4-8053-1840-9  
**\$15.99/\$21.95 (CAD) HC**



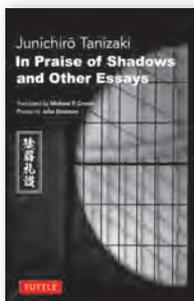
**I Am a Cat**  
ISBN-13: 978-0-8048-3265-6  
**\$19.95/\$27.95 (CAD) PB**



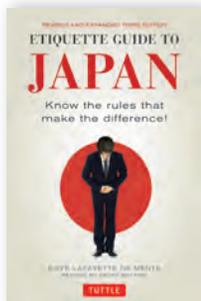
**No Longer Human**  
*A New Translation*  
ISBN-13: 978-4-8053-1742-6  
**\$14.99/\$20.95 (CAD) PB**



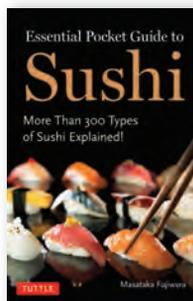
**Best Japanese Short Stories**  
*Works by 14 Modern Masters: Kawabata, Akutagawa and More*  
ISBN-13: 978-4-8053-1729-7  
**\$14.99/\$20.95 (CAD) PB**



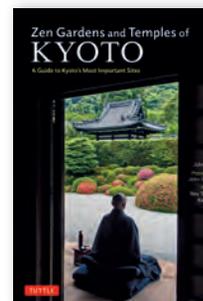
**In Praise of Shadows and Other Essays**  
ISBN-13: 978-4-8053-1935-2  
**\$15.99/\$22.95 (CAD) HC**



**Etiquette Guide to Japan**  
*Know the Rules that Make the Difference!*  
ISBN-13: 978-4-8053-1361-9  
**\$10.95/\$14.95 (CAD) PB**



**Essential Pocket Guide to Sushi**  
*More Than 300 Types of Sushi Explained!*  
ISBN-13: 978-4-8053-1992-5  
**\$16.99/\$24.95 (CAD) PB**



**Zen Gardens and Temples of Kyoto**  
*A Guide to Kyoto's Most Important Sites*  
ISBN-13: 978-4-8053-1808-9  
**\$18.99/\$26.95 (CAD) PB**

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### “Books to Span the East and West”

**Tuttle Publishing** was founded in 1832 in the small New England town of Rutland, Vermont (USA). Our core values remain as strong today as they were then—to publish best-in-class books which bring people together one page at a time. In 1948, we established a publishing outpost in Japan—and Tuttle is now a leader in publishing English-language books about the arts, languages and cultures of Asia. The world has become a much smaller place today and Asia's economic and cultural influence has grown. Yet the need for meaningful dialogue and information about this diverse region has never been greater. Over the past seven decades, Tuttle has published thousands of books on subjects ranging from martial arts and paper crafts to language learning and literature—and our talented authors, illustrators, designers and photographers have won many prestigious awards. We welcome you to explore the wealth of information available on Asia at [www.tuttlepublishing.com](http://www.tuttlepublishing.com).

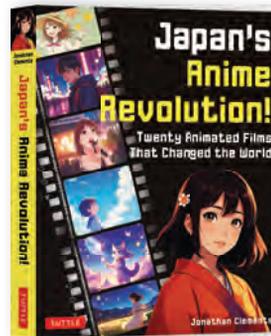
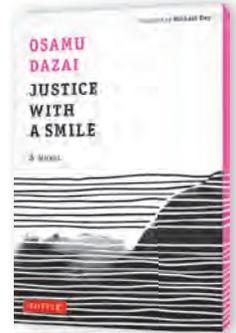
**TUTTLE**

Tokyo | Rutland, Vermont | Singapore



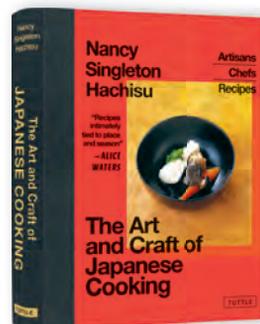
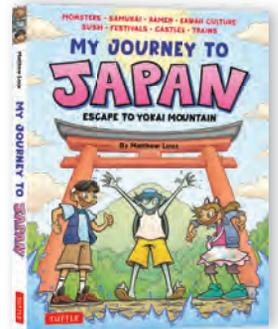
**Musashi:  
The Novel**  
page 12

**Justice with  
a Smile**  
page 16



**Japan's Anime  
Revolution!**  
page 20

**My Journey  
to Japan**  
page 24



**The Art and Craft of  
Japanese Cooking**  
page 42

This book from Japan's original decluttering guru will transform your life!

\$16.99 Jacketed Hardcover

\$24.95 (CAD)

ISBN-13: 978-4-8053-2019-8

May

Self-Help

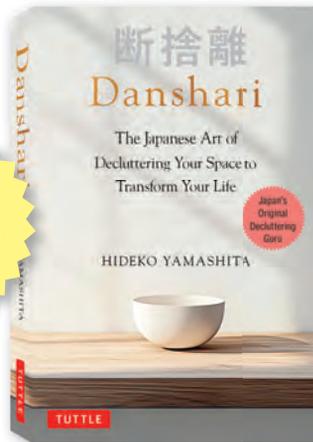
5 X 7 1/2 • 192 pages

15 b&w illustrations  
and diagrams

Carton Quantity: 36

Selling Territory: World

Over  
3 Million  
Copies Sold  
in Japan!



## Danshari

*The Japanese Art of Decluttering Your Space to Transform Your Life*

By Hideko Yamashita

Japan's original decluttering guru, Hideko Yamashita, first developed her method known as *Danshari* over two decades ago. *Danshari* is much more than just a way to tidy up. Yes, you'll feel refreshed once your surroundings are in order—but that's just the beginning!

At its heart, *Danshari* is about release. It's about removing what no longer serves you emotionally as well as physically. Discarding clutter frees you from the outdated beliefs and

emotional burdens that are holding you back. The word *Danshari* literally means “reduce, release and relieve” or, in other words: **lightness, clarity and freedom.**

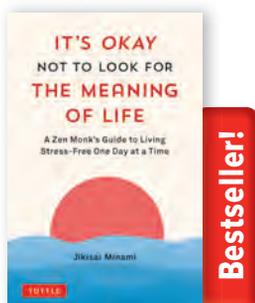
This isn't just about throwing old stuff out. It's about creating space in your life for peace and joy. Whether it's stressing about money, relationships, family expectations or the fear of aging—*Danshari* offers you a way forward!

Yamashita's many real-life case studies illustrate the life-changing power of *Danshari*:

- Kaede went through a traumatic divorce, but was only able to tell her family about it after she had thrown away the old furniture left behind by her ex.
- Yoko spent three months getting rid of accumulated junk, literally creating a space in her home for a future husband—whom she met soon after her house was ready!
- Sachi spent 20 years accepting gifts of dinnerware from her mother-in-law until her cupboards were overflowing. When she finally summoned the will to throw these items away, her resentful feelings toward her mother-in-law also vanished.
- And many more true stories of *Danshari*'s power to transform!

In a recent *New York Times* interview, Yamashita explains how her philosophy differs from that of other decluttering experts. She says the *Danshari* method encourages you to think about *why* you are attached to certain items, and to examine the impact that belongings and obsessions have on your emotional state. “For me, *Danshari* is not about tidying up, organizing or tossing away things that don't spark joy—it is about returning to a state in which parting with things feels natural.”

Also Available:



It's Okay Not to Look for the  
Meaning of Life

*A Zen Monk's Guide to Living  
Stress-Free One Day at a Time*

ISBN-13: 978-4-8053-1778-5

\$14.99/\$20.95 (CAD) HC



Hideko Yamashita was inspired by the yogic philosophy of *dan-ko* (refusal), *sha-ko* (disposal), and *ri-ko* (separation) during her student years. Drawing on this, she developed *Danshari* as a practical self-help method for decluttering your life—both physically and emotionally. Today, she shares the message of *Danshari* through books, TV appearances, radio interviews, and online media. Her books have sold over 7 million copies in Japan and have inspired people of all ages, backgrounds and walks of life to transform not only their homes, but their lives. This is her first book in English.

Author available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)

## Praise for Hideko Yamashita:

“Meet Japan’s original decluttering guru (no, not that one)! Before Marie Kondo stormed into the global consciousness, Hideko Yamashita taught Japan the art of creating tidier spaces.”

—*The New York Times*

断 Dan  
(reduce)

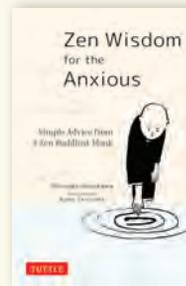
捨 Sha  
(release)

離 Ri  
(relieve)

*The unwanted items crammed into closets, cupboards and refrigerators, the clutter that piles up in our living spaces—these are not just objects. They are the residue of unhelpful beliefs, self-critical thoughts and negative emotions that are holding us back.*

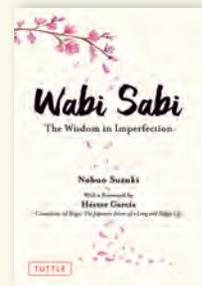
*Letting go of them is nothing less than freeing yourself and your own life...*

## Self-Help & Religion Backlist Highlights



**Bestseller!**

Zen Wisdom for the Anxious  
ISBN-13: 978-4-8053-1573-6  
\$15.99/\$22.95 (CAD) HC



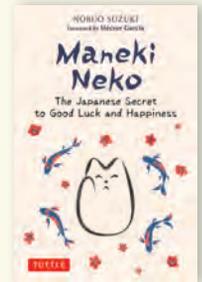
**Bestseller!**

Wabi Sabi  
ISBN-13: 978-4-8053-1631-3  
\$14.95/\$20.95 (CAD) HC

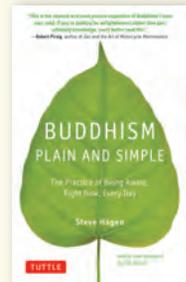


**SLIPCASE  
GIFT  
EDITION**

The Book of Tea  
ISBN-13: 978-0-8048-0069-3  
\$18.95/\$26.95 (CAD) HC

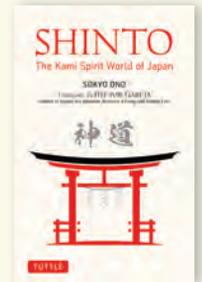


Maneki Neko  
ISBN-13: 978-4-8053-1737-2  
\$16.99/\$23.95 (CAD) HC

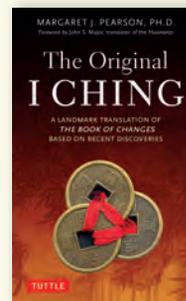


**Bestseller!**

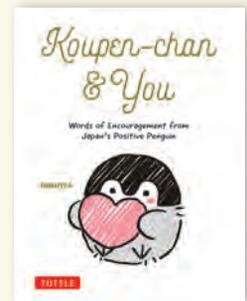
Buddhism Plain and Simple  
ISBN-13: 978-0-8048-5118-3  
\$11.99/\$16.95 (CAD) PB



Shinto  
ISBN-13: 978-4-8053-1793-8  
\$12.99/\$17.95 (CAD) PB



The Original I Ching  
*A Landmark Translation of  
The Book of Changes Based  
on Recent Discoveries*  
ISBN-13: 978-0-8048-5738-3  
\$16.99/\$22.95 (CAD) PB



Koupen-chan & You  
ISBN-13: 978-4-8053-1929-1  
\$17.99/\$24.95 (CAD) HC

Reduce stress and enrich your life through the Japanese matcha tea ritual!

\$19.99 Jacketed Hardcover

\$27.95 (CAD)

ISBN-13: 978-4-8053-1996-3

May

Self-Help

5 1/8 X 8 • 224 pages

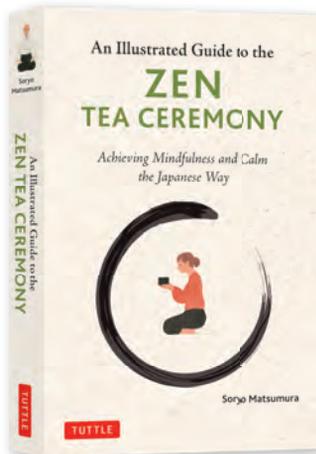
over 500 color illustrations

Carton Quantity: 36

Selling Territory: World

### Publicity & Marketing

- Digital advertising
- National trade media advertising and outreach
- Influencer outreach and social media promotion
- Partnership opportunities with brands/orgs
- E-Newsletter campaign
- Academic & library promotion and advertising
- Printed marketing materials
- Strategic author events



## An Illustrated Guide to the Zen Tea Ceremony

*Achieving Mindfulness and Calm the Japanese Way*

By Soryo Matsumura

This richly illustrated book by tea master Soryo Matsumura shows you how to use the ancient Japanese tea ceremony to reduce stress and live a more fulfilling life. It is written for complete novices and explains all aspects of the tea ceremony with a focus on three major themes:

- How to perform the tea ceremony both at home and in formal tea gatherings
- The stress reduction benefits this ritual provides through an appreciation for the little things in life
- How the tea ceremony helps to connect us with others, regardless of age, gender or creed

As well as showing you all the basics—how to sit, what to wear, the etiquette of matcha tea preparation, drinking and conversation—Matsumura explains in a warm and friendly tone how this meditative practice has wider benefits. He encourages you to reflect on the importance of things like:

- Keeping your surroundings tidy and organized
- Setting appropriate boundaries in personal relationships
- Increasing your self-esteem and communicating well

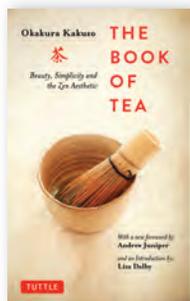


Filled with beautiful color illustrations throughout, this book is perfect for anyone seeking to bring peace and mindfulness into their everyday life.

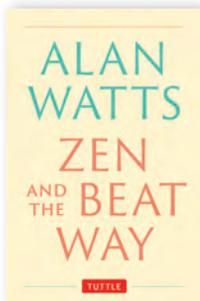
**Soryo Matsumura** is an associate professor in the Urasenke school of tea, one of the three main Japanese tea schools. He is founder of the tea practice space Shuhally, where he holds tea ceremony classes with a contemporary slant. Guided by his philosophy that “tea rituals should be more free, more joyful,” he hosts tea gatherings across Japan and internationally.

Official Author Website: [shuhally.jp](http://shuhally.jp)  [@ryotaro\\_souryou\\_matsumura](https://www.instagram.com/ryotaro_souryou_matsumura)

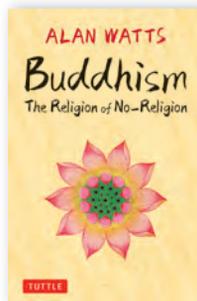
### Also Available:



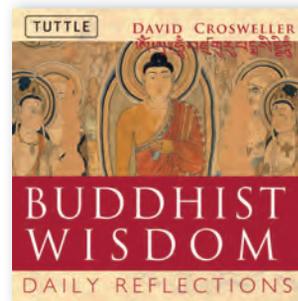
**The Book of Tea**  
*Beauty, Simplicity and the Zen Aesthetic*  
ISBN-13: 978-4-8053-1486-9  
**\$9.99/\$13.95 (CAD) PB**



**Zen and the Beat Way**  
ISBN-13: 978-4-8053-1706-8  
**\$14.99/\$20.95 (CAD) HC**



**Buddhism**  
*The Religion of No-Religion*  
ISBN-13: 978-0-8048-5608-9  
**\$14.99/\$20.95 (CAD) HC**



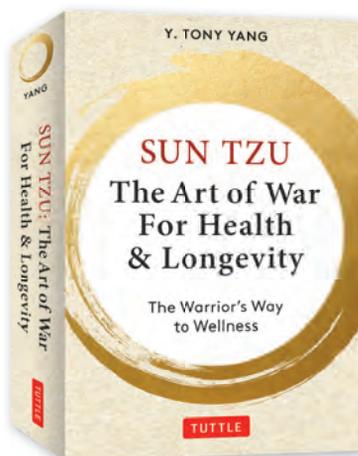
**Buddhist Wisdom**  
*Daily Reflections*  
ISBN-13: 978-0-8048-3489-6  
**\$11.95 PB**

Use Sun Tzu's timeless strategies to battle illness, promote health and sustain wellness!

**\$18.99 Jacketed Hardcover**  
 \$26.95 (CAD)  
**ISBN-13: 978-0-8048-5858-8**  
**March**  
 Self-Help  
 5 X 7 1/2 • 272 pages  
 self-assessment charts  
**Carton Quantity: 40**  
**Selling Territory: World**

**Publicity & Marketing**

- Digital advertising
- Influencer outreach and social media promotion
- Partnership opportunities with brands/orgs
- E-Newsletter campaign
- Academic & library promotion and advertising
- Local author promotion: Washington D.C.



**Sun Tzu:  
 The Art of War for  
 Health & Longevity**

*The Warrior's Way to Wellness*

By Y. Tony Yang

This innovative guide applies the ancient wisdom of Sun Tzu's *The Art of War* to personal health and wellness. Y. Tony Yang, a public health and policy expert, transforms the general's five pillars into a series of specific and practical "battle plans" centering around nutrition, exercise, self-care, work-life balance and prevention.

We all know that we should eat well and exercise, but this book goes further—engaging you to make your own health choices in the following ways:

- Improving sleep efficiency
- Reducing inflammatory markers
- Increasing your fitness levels
- Limiting stress factors in your daily life
- Consistently revising and updating your personal proactive health plan

This life-saving guide is supported throughout with case studies offering model regimens and interactive charts with milestones for self-evaluation and risk assessments.

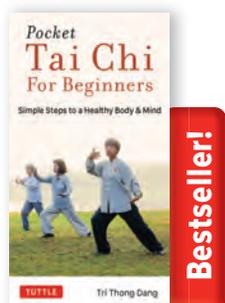
Wise generals always defend their most valuable territory—the body and its sustained health!

**Y. Tony Yang** is an endowed Professor and Associate Dean at George Washington University and holds graduate degrees from Harvard and the University of Pennsylvania. He has served as an FDA Regulatory Science Fellow, a CDC Health Policy Fellow, and a Distinguished Fellow of the National Academies of Practice. In addition to contributing over 175 articles to leading journals, he's the author of *Achieving Health Equity: The Role of Law and Policy* and co-author of *Vaccine Law and Policy*.

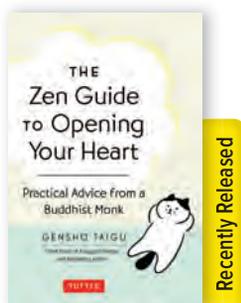
**Sun Tzu** was the ancient Chinese military strategist, philosopher and author of *The Art of War*, a timeless treatise on warfare and power. Revered for his profound understanding of tactics and human psychology, Sun Tzu and his teachings continue to be extremely influential today.

**Author available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)**

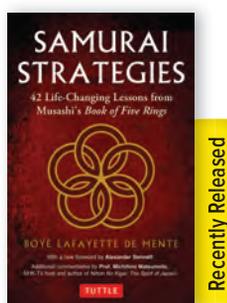
**Also Available:**



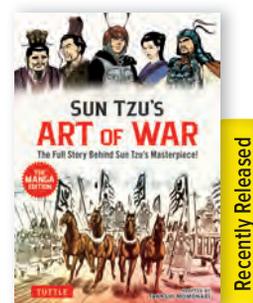
**Pocket Tai Chi for Beginners**  
*Simple Steps to a Healthy Body & Mind*  
 ISBN-13: 978-0-8048-5229-6  
**\$7.99/\$10.95 (CAD) PB**



**The Zen Guide to Opening Your Heart**  
*Practical Advice from a Zen Buddhist Monk*  
 ISBN-13: 978-4-8053-1943-7  
**\$15.99/\$22.95 (CAD) HC**



**Samurai Strategies**  
*42 Life-Changing Lessons from Musashi's Book of Five Rings*  
 ISBN-13: 978-4-8053-1980-2  
**\$12.99/\$18.95 (CAD) PB**



**Sun Tzu's Art of War: The Manga Edition**  
*The Full Story Behind Sun Tzu's Masterpiece!*  
 ISBN-13: 978-4-8053-1954-3  
**\$19.99/\$28.95 (CAD) PB**

## Balinese rituals, art and magic transport you to an unseen realm of gods, demons and spirits!

\$29.99 Hardcover

\$39.95 (CAD)

ISBN-13: 978-0-8048-5944-8

June

Religion

7 1/2 x 10 • 192 pages

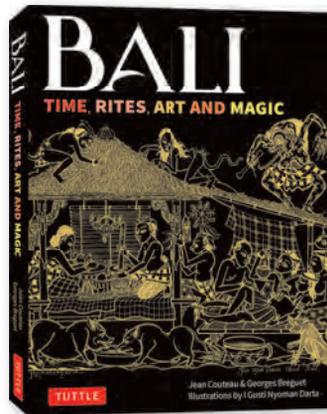
82 color photographs and  
62 b&w drawings

Carton Quantity: 10

Selling Territory: World

### Publicity & Marketing

- Digital advertising
- Influencer outreach and social media promotion
- Academic & library promotion and advertising



## Bali: Time, Rites, Art and Magic

By Jean Couteau and Georges Breguet

Illustrated by I Gusti Nyoman Darta

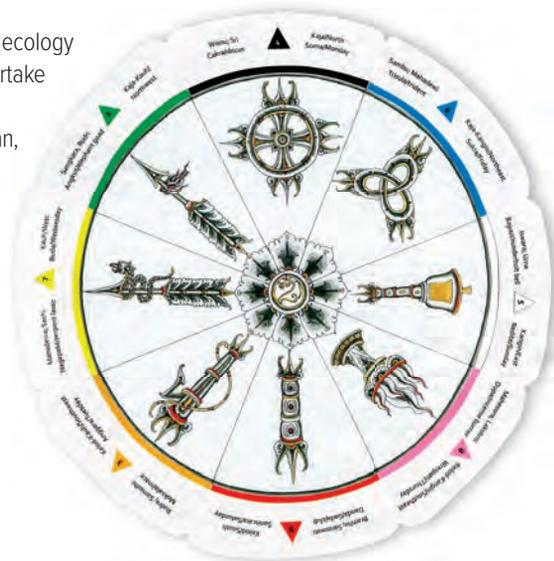
This unique book describes the concept of time in Bali and the magical significance of religious rites and festivals that are bewilderingly complex yet endlessly intriguing. Authors Jean Couteau and Georges Breguet begin by unraveling the complex Balinese calendar and making it accessible. This calendar forms the basis for an elaborate cycle of rituals held at regular intervals that help the Balinese mediate between the human realm and the unseen world of ancestors, gods, demons and spirits.

Lavish purification rites, offerings, divination, dances, music, theater, art and trance spectacles are all performed at regular intervals, and are described here in loving detail. This book is richly illustrated with 62 specially-commissioned drawings by Balinese artist I Gusti Nyoman Darta—along with color photographs and painted Balinese calendars from museum collections around the world.

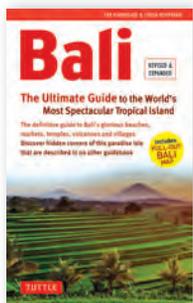
**Jean Couteau** has a doctoral degree from EHESS in Paris and has lived in Indonesia since 1980. He co-founded the magazine *Archipelago* and curated the English Corner column for the *Bali Post* for many years while contributing essays to major media outlets like *Tempo*, *Gatra* and *Jakarta Post*. He is also a regular columnist for the national newspaper, *Kompas*. Couteau has written many books about major Indonesian artists including Affandi, Srihadi Sudarsono, Walter Spies, I Gusti Nyoman Lempad and Made Wianta as well as books on the Agung Rai and Puri Lukisan art museums in Ubud. He speaks Balinese fluently and is recognized as a cultural expert on the island.

**Gusti Nyoman Darta** is the great-nephew of the renowned Balinese master artist I Gusti Nyoman Lempad. Entrusted as a child to the Ubud royal family, he was raised and immersed from an early age in the cultural traditions of the palace. His formative years were shaped by shadow puppetry and ceremonial rituals and he continues to play a key role in palace life. Today, Pak Darta is frequently called upon to lend his expertise to the construction and restoration of Balinese temples not only in Bali but across the archipelago. He is a talented artist in his own right in addition to being a respected traditional healer.

**Georges Breguet** studied biology and human ecology and first came to Bali in the late 1970s to undertake research on the genetic features of local populations, especially in the village of Tenganan, one of the rare villages to have escaped 14th century Majapahit Javanization. His interests then evolved to include the study of modern and traditional Indonesian art and culture. As a specialist in Indonesian art, he now consults for various European museums and collectors, in particular the Museum Branly in Paris. He also curates exhibitions and writes books and art exhibition catalogs.



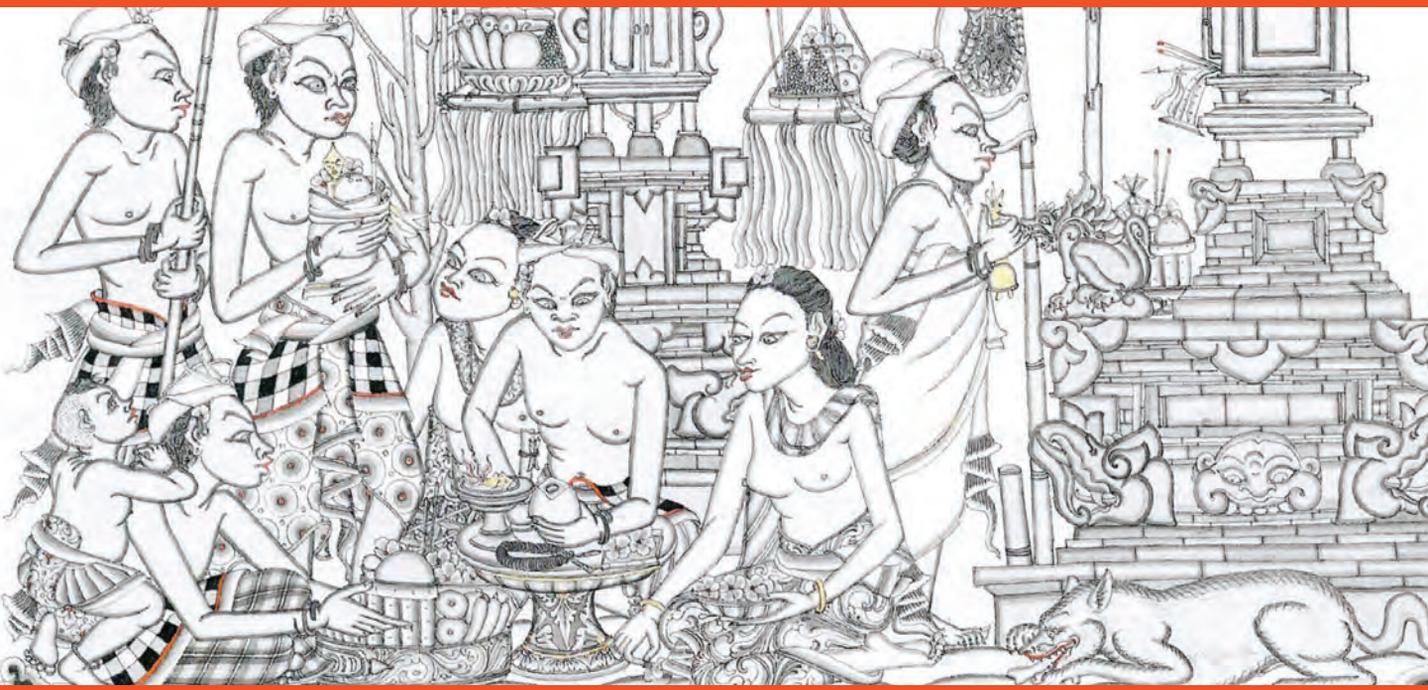
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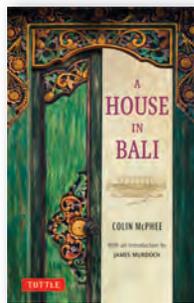
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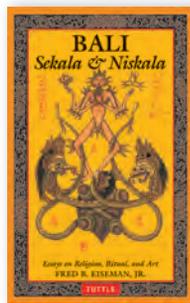
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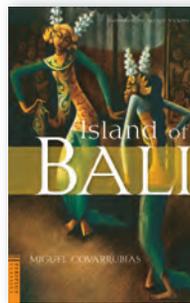
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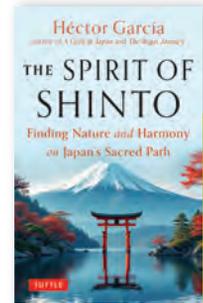
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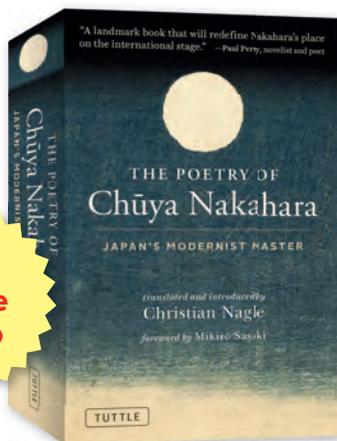
Poetry

5 1/8 X 8 • 384 pages

35 b&w photos illustrating Chūya’s life; free downloadable audio recordings in English and Japanese

Carton Quantity: 24

Selling Territory: World



## The Poetry of Chūya Nakahara

*Japan’s Modernist Master*

By Chūya Nakahara

Translated by Christian Nagle

Foreword by Mikirō Sasaki

Chūya Nakahara is widely regarded as Japan’s most important modernist poet. A relentless experimenter in form, sound and imagery, he pushed traditional poetic forms toward the freer, more colloquial style that has come to define modern Japanese poetry since his death.

This new and complete translation of Chūya’s two known collections—*Goat Songs* and *Songs of Bygone Days*—

presents the original Japanese poems alongside elegant English translations by Christian Nagle, with audio recordings of both. The book includes a detailed introduction to Chūya’s life and work by the translator and a foreword by leading Chūya scholar Mikirō Sasaki, along with rare archival photos and extensive notes. It will be treasured by all those interested in Chūya’s groundbreaking work and in Japanese literature generally.

### Publicity & Marketing

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- Goodreads campaign
- Strategic translator events



**Chūya Nakahara (1907–1937)** was the coddled eldest son of an army physician.

When he was eight, the death of his brother Tsugurō spurred him to begin writing poetry. Later he encountered the poetry of Arthur Rimbaud and other French Symbolists, which he translated and which profoundly influenced him. He soon moved to Tokyo and became active in literary circles. His first poetry collection, *Goat Songs*, was published in 1932. His second collection,

*Songs of Bygone Days*, was published in 1938, shortly after his death at age thirty from tuberculosis. His poems gained great acclaim after the war and were later published in a six-volume collection.



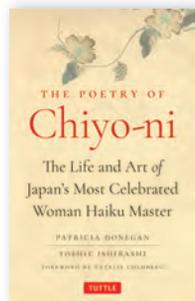
**Christian Nagle, Ph.D.** is an award-winning poet, playwright, translator and musician. His work has appeared in *Esquire*, *The Paris Review*, *The Kenyon Review* and other leading publications. Raised in Europe, he has lived for twenty years in Japan, translating the poetry of Chūya Nakahara and working as co-director of The Brothers Murasaki, an independent film group. Their forthcoming works include *The Chūya Suite*, a collection of Chūya’s poems dramatized by Japanese-American actress Rina Salmon. He divides his time between Alexandria, Virginia and Tokyo.

**Mikirō Sasaki** is a poet and the leading authority on Chūya Nakahara’s work. He is the editor of Chūya’s collected works and the author of *Chūya Nakahara: Silent Music*, as well as over a dozen other collections of poetry and essays.

**Translator available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)**

**Translator’s Website: [nagle.com](http://nagle.com)**

### Also Available:



Recently Released

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**“NO MODERN JAPANESE POET HAS BETTER REALIZED THE AUDITORY POSSIBILITIES OF LANGUAGE.”**

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**“A POET WHO DEVOTED HIS ENTIRE BEING TO POETRY.”**

—*Mikirō Sasaki,*  
*Editor of Chūya’s complete works*

### From the Book:

*I’m in search of something, constantly  
in search of something.*

*Although frozen in this terrible state of  
inertia, I’m also terribly impatient.*

*For the sake of which, appetites for food  
and sex are as nothing.*

[...]

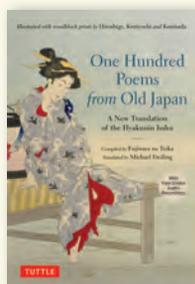
*Sometimes I ask, as though  
kidding myself,*

*Is it a woman? Something sweet?  
Or is it honor?*

*Then my heart screams, It isn’t that!  
It isn’t this! It’s neither that nor this!*

*Then is it a song of the sky—  
a sky song that echoes, mornings,  
through the stratosphere?*

## Poetry Backlist Highlights



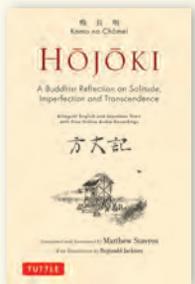
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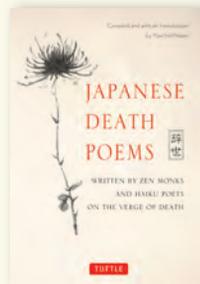


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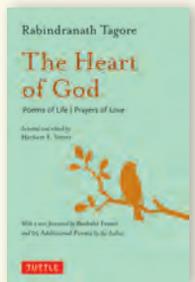


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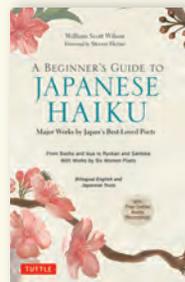


Bestseller!

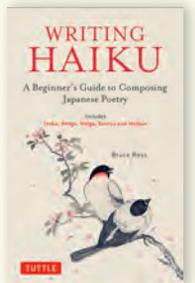
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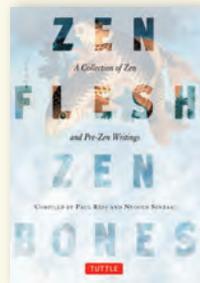
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April

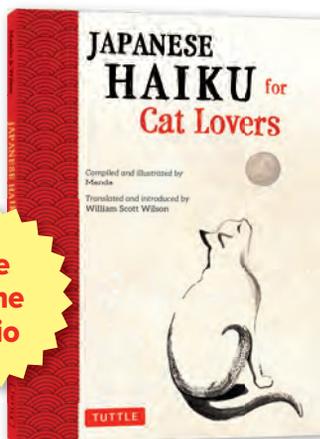
Poetry

6 X 8 ½ • 96 pages

82 poems; 31 haiga-style paintings; free online audio recordings of each poem in English and Japanese

Carton Quantity: 40

Selling Territory: World



## Japanese Haiku for Cat Lovers

Translated by William Scott Wilson

Illustrated by Manda

This beautifully illustrated collection brings together cat-themed poems by twenty-one of Japan's most celebrated poets—including Bashō, Issa, Shiki, Buson, Sōseki and many others. The lyrical translations are from world-renowned translator and author William Scott Wilson—and are accompanied by lovely watercolor illustrations from award-winning French artist Manda. Each poem is presented in Japanese and English, and free audio recordings of both versions are available online.

### Publicity & Marketing

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- Printed marketing materials



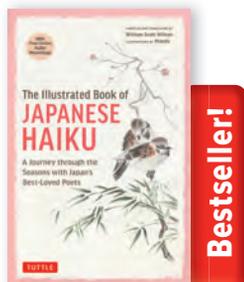
**William Scott Wilson** is the bestselling author of over twenty books including *The Lone Samurai: The Life of Miyamoto Musashi* and *The Life and Zen Haiku Poetry of Santoka Taneda*. His translation of the *Hagakure*, an 18th-century treatise on samurai philosophy, was featured in the film *Ghost Dog* by the director Jim Jarmusch. Wilson was awarded a Commendation from the Foreign Ministry of Japan and inducted into the Order of the Rising Sun by the Japanese emperor. He is also the author of *A Beginner's Guide to Japanese Haiku* and *The Illustrated Book of Japanese Haiku*.



**Manda** felt the need to free herself from the academic art world and decided to travel to Japan. Frequent stays there gave her the opportunity to adopt new perspectives. She learned from Japanese masters the “art of the line” as well as the mysteries of *haiga*—compositions where images and poetry emerge from the same brush, forming a single entity. She has published many books, notably the works of Bashō and Santoka. Her art appears in *The Illustrated Book of Japanese Haiku*, a collaboration with William Scott Wilson.

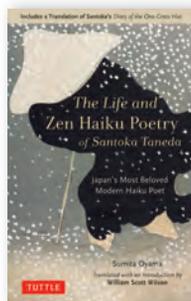
Translator available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)

### From the Same Artist:



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The passing year!  
The cat hunches down  
On my lap.

— *Sōseki Natsume*



A night of frost;  
Opening the window  
to the cries  
Of an abandoned cat.

— *Issa*



The cat scampers into the  
mulberry field.  
A morning  
Of high wind.

— *Hekigodo*

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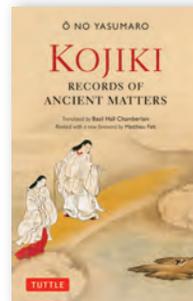


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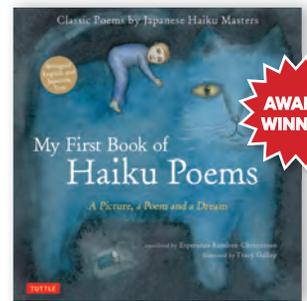
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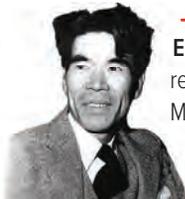
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By Eiji Yoshikawa  
Translated by Alexander Bennett

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**Eiji Yoshikawa** is Japan's bestselling novelist of all time. He published popular retellings of many Asian classics; however, his novelization of the life of Miyamoto Musashi is his most famous work, selling over 120 million copies in novel form in Japan and 100 million copies worldwide in manga. He was awarded the Cultural Order of Merit and the Order of the Sacred Treasure by the Emperor.

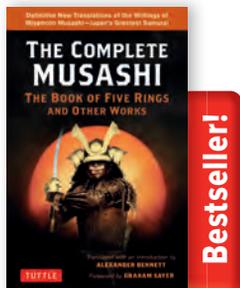


**Alexander Bennett** is a professor of Japanese history, martial arts, and Budo theory at Kansai University. He is Director General of the International Budo University's Budo Sports Research Institute. He co-founded and publishes *Kendo World*, the first English-language Kendo journal, and he holds black belts in many martial disciplines. His published works include *The Complete Musashi* and *Hagakure: The Secret Wisdom of the Samurai*.

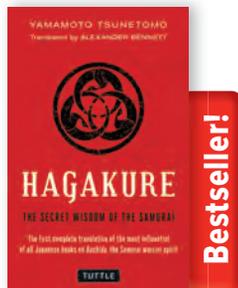
Translator available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)

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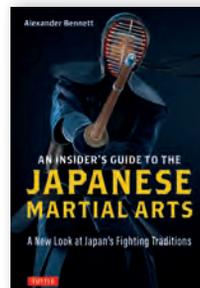
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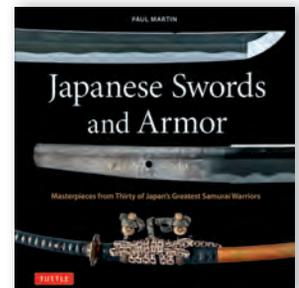


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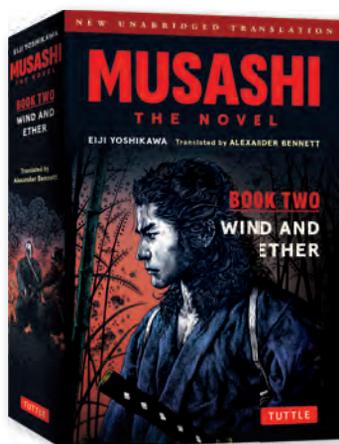
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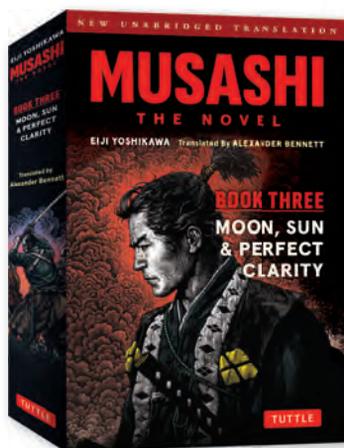
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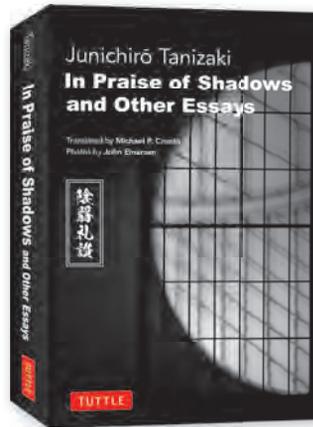
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By Junichirō Tanizaki

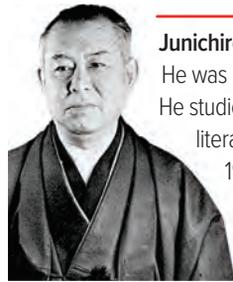
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Photographs by John Einarsen

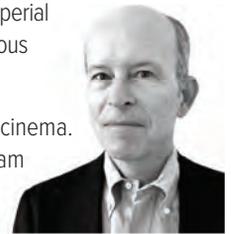
These all-new translations of four landmark essays by Junichirō Tanizaki bring fresh insights to the work of one of Japan's most acclaimed writers. The translations by Michael P. Cronin present Tanizaki's famous meditation on Japanese aesthetics with three other fascinating cultural commentaries that appear in English for the first time:

- ***In Praise of Shadows***—Tanizaki's best-known work, an ode to the subtle, refined aesthetic of Japan and the dangers posed to it by rapid modernization
- ***At Okamoto***—A reflection on Tanizaki's nostalgia for old Tokyo and his attempts at writing poetry
- ***Hanshin Observations***—An early essay revealing Tanizaki's initial disdain for the Osaka region, where he moved following the 1923 Tokyo earthquake, and later came to appreciate
- ***Osaka and Osakans as I See Them***—An account of Tanizaki's nuanced love for Japan's second city, his adopted home and the setting for his great masterpiece, *The Makioka Sisters*

Illustrated with striking images by renowned Kyoto-based photographer John Einarsen, this book is a must-have for all fans of Japanese literature and anyone interested in Japanese art and design.



**Junichirō Tanizaki** (1886–1965) is widely considered one of Japan's finest authors. He was born in the heart of Tokyo when the city was just beginning to modernize. He studied Japanese literature at Tokyo Imperial University and entered the literary scene in 1910 with the much-lauded short story, "The Tattoo." After the 1923 earthquake he moved to the Osaka region, where many of his most important works were written. He received the Imperial Prize for Literature in 1949. Japan's most prestigious literary prize is now given in his name.

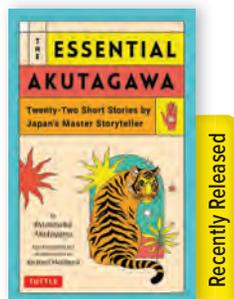


**Michael P. Cronin** is a translator and scholar of Japanese literature and cinema. He is an Associate Professor of Japanese Studies at The College of William & Mary, and the translator of Junichiro Tanizaki's final novel, *The Maids*, among other works.

**John Einarsen** is the founding editor and publisher of *Kyoto Journal* and has lived in Kyoto for over 40 years. His books include *Kyoto: The Forest Within the Gate* and *Gardens and Temples of Kyoto*.

**Translator available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)**

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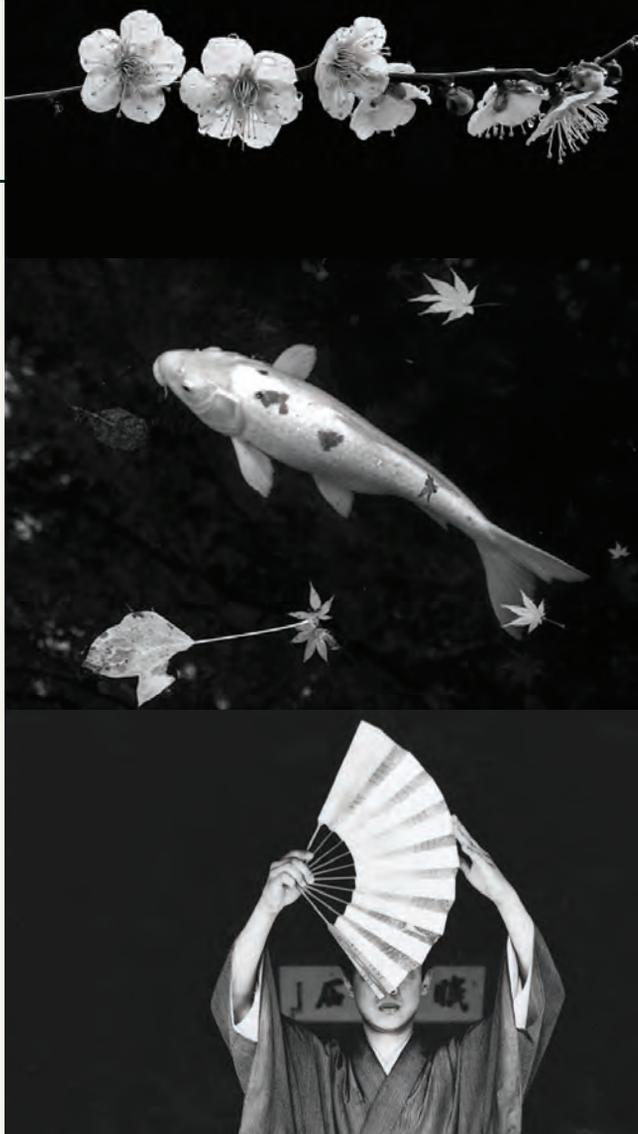
—*San Francisco Chronicle*

"It's as if David Lynch wrote a season of *Mad Men*, with an emphasis on the women. Tanizaki's a really great writer."

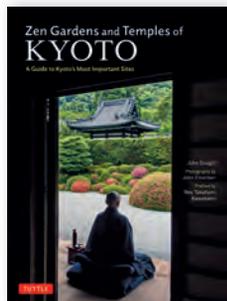
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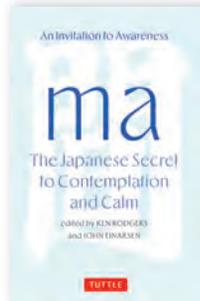
—*Haruki Murakami*



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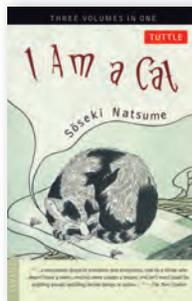
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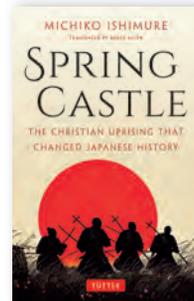
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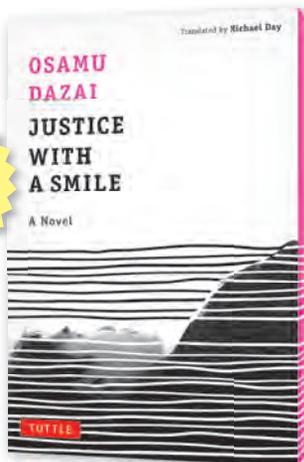
Literature

5 1/8 X 8 • 160 pages

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Selling Territory: World

Featuring  
Sprayed  
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## Justice with a Smile

A Novel

By Osamu Dazai

Translated by Michael Day

Young Susumu Serikawa is at a turning point. Should he continue his studies or chase his dream of becoming Japan's most famous actor? And how can he do that now that his father is dead, his mother is bedridden and his older brother is a dropout?

In the masterful hands of Osamu Dazai, Susumu's dilemma becomes a uniquely powerful tale of teenage angst and youthful dreams. Based on the diary of a real-life actor, Susumu's entries are full of biting judgments alternating with shame and self-reproach—tinged with a touching idealism that ultimately guides him forward.

Appearing in English for the first time, this novel probes the same self-destructive dynamics that torment the characters in Dazai's other bestselling works, but with a very different outcome. The contemporary translation by Michael Day delivers an unforgettable new protagonist for Dazai's legions of fans.

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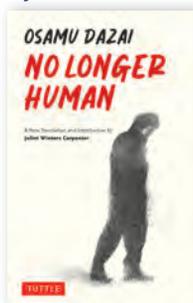


**Osamu Dazai** (1909–1948) was the pen name of Shuji Tsushima, the tenth of eleven children born to a wealthy landowner and politician in the far north of Japan. Dazai studied French literature at the University of Tokyo but never received his degree. He attracted great attention in 1933 when his first stories were published. Between 1930 and 1937, he made three suicide attempts, a subject he deals with in many of his works. Despite a troubled personal life and rebellious spirit, Dazai wrote in a simple and colloquial style, conveying his personal torments through literature. Dazai's life ended early in a double suicide with a married lover.

**Michael Day** is a translator and writer who splits his time between Los Angeles and Latin America.

Translator available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)

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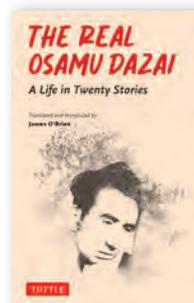


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Literature

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## Postcards from Japan

*A Novel*

By Francesc Miralles

From the author of the international bestseller *Ikigai* comes a tender and thought-provoking novel of love and self-discovery as a foreigner in a strange land.

When mysterious postcards from Japan arrive out of the blue, Samuel—a university lecturer who is profoundly disillusioned with life—doesn't know what to think. At around the same time, his girlfriend breaks up with him.

Samuel's good friend Meritxell suggests he take a holiday to Japan—to recover from his heartbreak and perhaps discover

who sent the postcards. When he arrives, he is so taken with the food, the people and the temples, that he almost forgets to look for the sender of the postcards. But when he meets the beautiful Mizuki, he finds himself on an emotional roller-coaster ride that he never could have imagined!

Written with Francesc Miralles's signature insight and wit, *Postcards from Japan* is an uplifting story about second chances, cultural connections and the Japanese philosophy of imperfection. Ideal for fans of cozy fiction such as *Before the Coffee Gets Cold* and *Days at the Morisaki Bookshop*.

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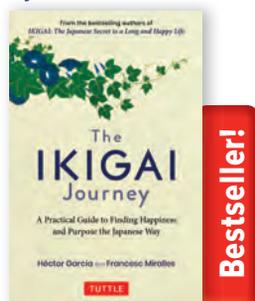


**Francesc Miralles** is an internationally acclaimed author and speaker specializing in wellness and spirituality. Based in Barcelona, he has a background in journalism, English literature and German philology, and has worked as a translator, editor, art therapist and musician. His novel *Love in Lowercase* has been translated into 28 languages and he is the coauthor—with Héctor García—of the global bestseller *Ikigai: The Japanese Secret to a Long and Happy Life*.

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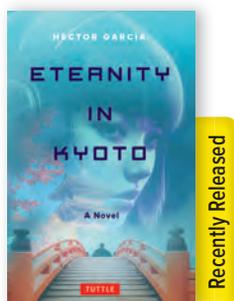
**Author's Website:** [francescmiralles.com](http://francescmiralles.com)  [@francesc\\_miralles](https://www.instagram.com/francesc_miralles)

### By the Same Author:

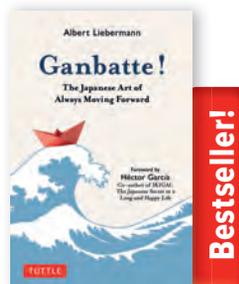


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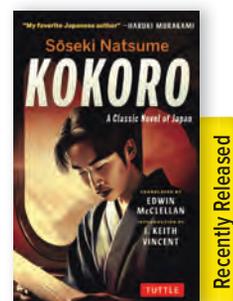
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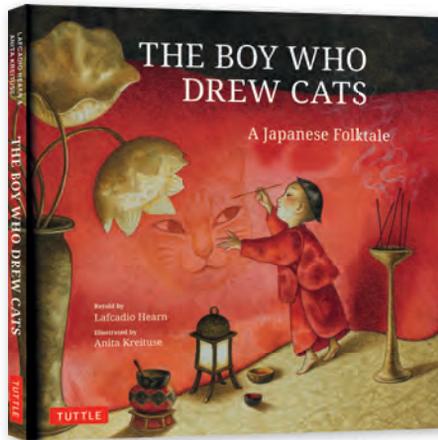
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Illustrated by Anita Kreituse

A long, long time ago, in a small village in Japan, there lived a poor farmer and his wife, who were very good people. They had many children and the youngest boy loved to draw. He drew cats everywhere, in places where they didn't belong. This is his story.

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*Cats* will delight children and adults alike. Lafcadio Hearn's classic retelling of this Japanese folktale finds the perfect pairing in Kreituse's fabulous and whimsical artwork.

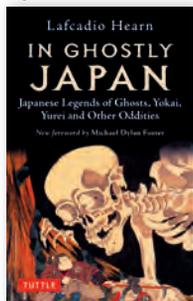


**Lafcadio Hearn** was born in Greece and lived in Dublin before eventually settling in Cincinnati, where he became the city's best-known crime reporter but was fired after it became known that he'd married a Black woman. Devastated, he moved to New Orleans, where he championed French Creole and Caribbean culture and through his writing created the city's image as a place of voodoo and debauchery. Hearn was then sent to Japan as a correspondent, arriving at a time of historic change. Over the next dozen years, he published 15 books on his adopted home and emerged as the leading writer on Japan!



**Anita Kreituse** is a Latvian artist, painter and illustrator. She has been a member of the Artists' Union of Latvia since 1992. Her illustrations for this book were nominated for the Jānis Baltvilks Prize in 2017.

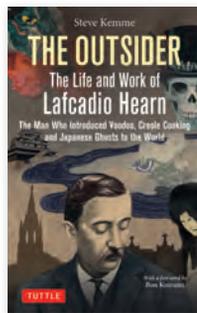
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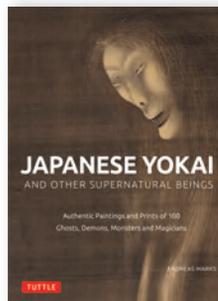
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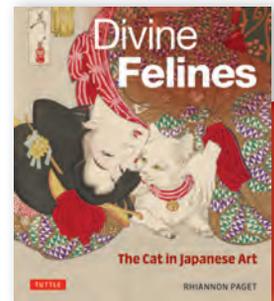


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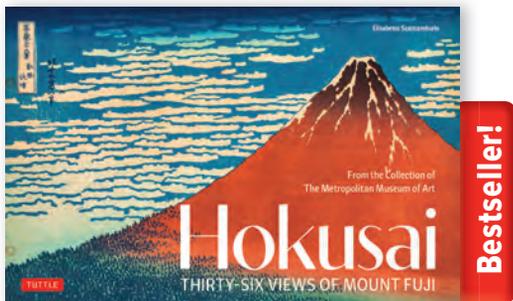


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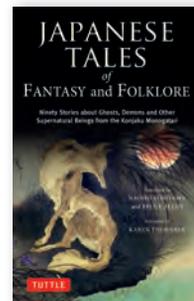
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## Japan's Anime Revolution!

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*Japan's Anime Revolution!* presents twenty pivotal moments in Japanese film history—from Japan's first black-and-white animated feature to modern blockbusters that have redefined the art form. Anime expert Jonathan Clements describes the storytelling innovations and technological advances that have made this possible—as well as the filmmakers behind the transformation, from Hayao Miyazaki to Naoko Yamada.

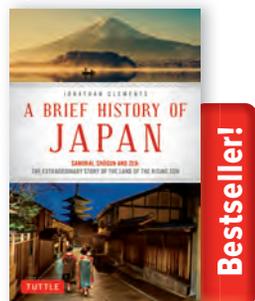
This illuminating book describes the twenty most notable films in anime history, including:

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Clements reveals behind-the-scenes decisions that changed the course of Japanese animation. Which movie was finished by a group of out-of-work waitresses? Which animator hated his work so much that he threatened to shave off his eyebrows? Which film caused a “civil war” among sci-fi fans? Which blue-chip classic nearly bankrupted its producers?

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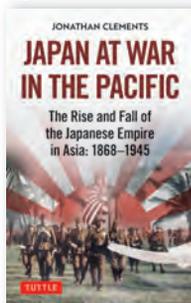


**Jonathan Clements, PhD** is the author of *Anime: A History* and *A Brief History of Japan*. He's a contributing editor of *The Encyclopedia of Science Fiction* and has worked on dozens of anime films as a translator, voice actor or dubbing director—including *Grey: Digital Target*, *Sol Bianca* and *Musashi: Dream of the Last Samurai*. He has provided commentary tracks to films including *Vexille*, *Golgo 13*, and *Weathering with You*, and has been jury chairman at the Scotland Loves Anime film festival for the last decade.

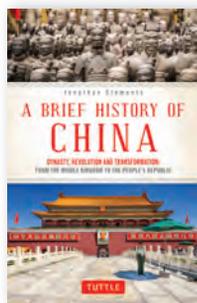
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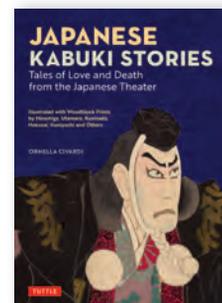
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## Japanese Urban Legends

*An Illustrated Guide to Monsters, Myths & Terrifying Mysteries*

Edited by Itsuki Asazato

These 124 spooky, scary and silly stories lift the lid on the creepy urban creatures and haunted places that have terrified and titillated Japanese teenagers for decades. These goosebump-inducing stories feature full-color illustrations on every page with a danger rating—in case you find yourself faced with one of the bizarre beings described in this book first-hand!

These spooky supernatural stories include:

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- **Hashshaku-sama**—An 8-foot-tall woman whose favorite activity is dining on children
- **Kisaragi Station**—A mysterious ghost train departing from a station not found on any map
- **Kune Kune**—The squiggly figure who wiggles and waves at you in a friendly way—but don't look at him or you'll be driven insane!
- **Plus 119 other tales of urban mayhem and magical happenings!**

*Japanese Urban Legends* visits spooky schools and haunted homes—and is sure to keep you flipping the pages for more!

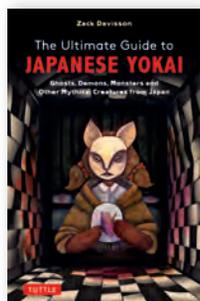
**Itsuki Asazato** grew up in Hokkaido and now lives in Tokyo, where he pursues his research on urban legends and phenomena throughout Japan. He is the author of several guides to cryptids, mythical creatures and creepy folklore. This is his first book in English.



### Publicity & Marketing

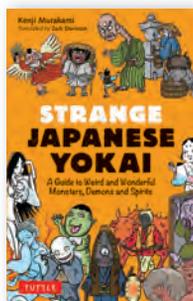
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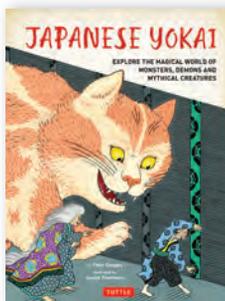
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**Urban Legend 105**

**SHE EATS SEVERED HEADS**

**BARI BARI**



There is a yokai that only appears in dreams—a girl with a short bob who devours human heads with a crunching sound. If you ever find yourself wandering into a middle school in your dream, beware. If Bari Bari attacks, your only chance of survival is to escape past the school gates. The creature cannot follow you beyond them.

However, some people dream of Bari Bari repeatedly. Each time they have the dream, Bari Bari adapts to new ways to trap them. She appears more often, and the more she becomes aware of you, the more options she has to catch you.

The escape is up, if you can find a way out.

- Location: In your dreams
- Characteristics: A yokai that eats human heads
- Danger Rating: ★★★★★

200

**Urban Legend 81**

**MAESTO'S MOVING PORTRAIT**

**BEETHOVEN AFTER HOURS**



This is a ghost story about the school music room. It's often included as one of the "Seven Mysteries" (see pp. 132-133).

If you go into the music room at midnight, any number of creepy occurrences can happen. Beethoven's portrait may have glowing eyes or moving eyeballs! It may shed tears, fire off an angry expression, vomit blood while laughing or even step out of the frame and play "Für Elise" on the piano. Those who see Beethoven's glowing eyes will most certainly die in three days.

- Location: School music room
- Characteristics: Supernatural occurrences
- Danger Rating: ★★★★★

155

**Urban Legend 10**



**A REAL SPEED DEMON**

**TURBO GRANNY**

- Location: Highways and roads
- Characteristics: Appears as an old woman moving at an unusually high speed
- Danger Rating: ★★★★★

30

**Urban Legend 31**

**HE'S LOST HIS MIND!**

**HEADLESS RIDER**



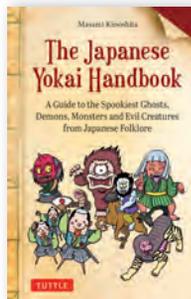
There are stories from all over Japan about a headless man speeding down a highway on a motorcycle. This headless rider is rumored to be the ghost of a man who lost his head in a traffic accident. He's now desperately searching for it, or possibly looking for the person responsible for his death. Anyone who sees the headless rider or is passed by him will end up in an accident as well. Other creepy stories involve the headless rider himself. Some say a woman has been seen riding on the back of his motorcycle, carrying a severed head. Others claim that the decapitated head itself flies through the air, screaming all the way.

- Location: Highways
- Characteristics: A headless death rider
- Danger Rating: ★★

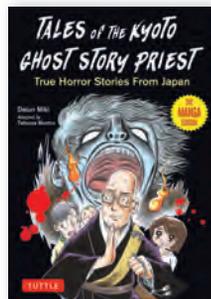
68

69

**Also Available:**



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April

Middle Grade Graphic Novel

Ages 8-13

7 ½ X 10 • 80 pages

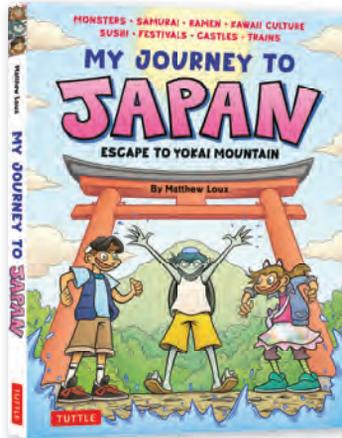
full-color graphic novel

Carton Quantity: 20

Selling Territory: World

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- Printed marketing materials
- Pre-pub consumer outreach and reviews
- Academic & library promotion and advertising
- Strategic author events
- Local author promotion: New York City



## My Journey to Japan

### Escape to Yokai Mountain

By Matthew Loux

Twins Penny and Paulie are super excited to be in Tokyo—even if they're stuck in a hotel with their boring dad while he attends "important" meetings. But when the twins meet a strange turtle-like creature named Shimesu, their trip suddenly becomes a wild adventure!

Shimesu is a yokai—a supernatural creature—and he's in big trouble. He's been kicked off Yokai Mountain and needs help getting back. Soon Penny and Paulie are diving through his magical water vortex to places all

across Japan—experiencing the country like no visitor ever has before!

Blending exciting adventure with fun facts about Japanese culture, this book explores:

- How ancient castles kept enemies out and what samurais wore into battle
- The rules for visiting a Shinto shrine and the meaning behind its sacred objects
- The trendy pop culture of Tokyo's Harajuku and Akihabara districts
- The many kinds of noodles, street food and seafood found in Japan
- And much more!

Experienced comic book artist Matthew Loux creates the perfect balance of humor, page-turning action and cultural fun. Kids, parents, teachers and librarians will all want this book on their bookshelf!

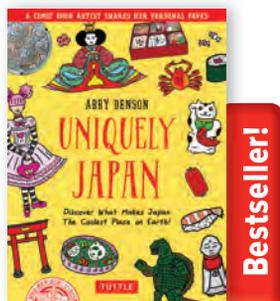


**Matthew Loux** is the artist and creator of graphic novels for kids including *Prunella and the Cursed Skull Ring*, *The Time Museum*, the *Salt Water Taffy* series and *The Spark Experiment*. Loux has studied Japanese culture for many years and visits the country often. He creates all his artwork by hand, never with AI assistance.

Author available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)

Author Official Website: [mattloux.com](http://mattloux.com)  @mattloux

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My Awesome Japan Adventure

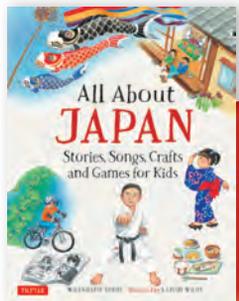
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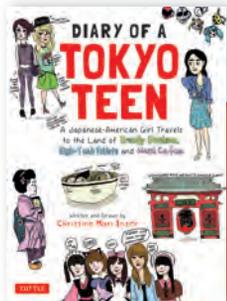


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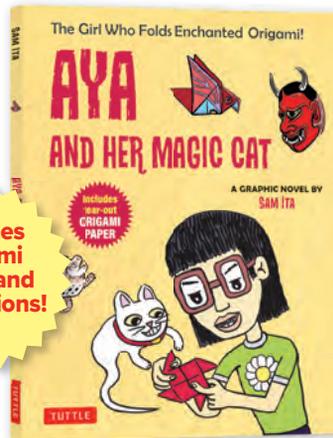
6 ½ X 8 ½ • 128 pages

manga illustrations;  
instructions for 7 origami  
models; 16 perforated  
folding sheets

Carton Quantity: 40

Selling Territory: World

**Includes  
Origami  
Paper and  
Instructions!**



## Aya and Her Magic Cat

*The Girl Who Folds Enchanted Origami!*

By Sam Ita

This exciting graphic novel tells the story of Aya Wada, a teenage girl who visits her relatives in Japan and unknowingly adopts a powerful feline kami spirit named Neko, who follows her home to America. Each chapter tells a magical story about how Neko brings Aya's folded origami models to life—literally!

Follow along as Aya and Neko create origami mayhem wherever they go:

- Aya folds a paper insect that scuttles across the school cafeteria, creating chaos!
- A paper dove pulled from a magician's hat suddenly becomes an angry demon!
- An origami fortune-teller projects wonderful images on Aya's bedroom ceiling!
- Aya and Neko use their origami magic to comfort a heart-broken child!

Each chapter includes instructions for a simple paper model that readers can fold using the tear-out origami papers that is included with the book.



**Sam Ita** studied graphic design at Pratt Institute in Brooklyn and has developed a successful career as a paper engineer and author. He worked with Robert Sabuda and Matthew Reinhart on many bestselling pop-up books including *America the Beautiful* and *Encyclopedia Prehistorica*, and has produced paper products for the Museum of Modern Art. Sam draws inspiration from comics and machines, applying his craft to animation, display and toy design.

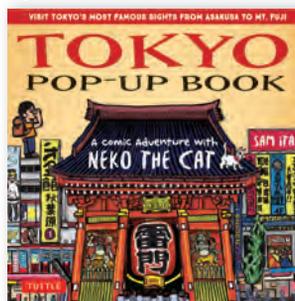
**Author available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)**

**Author Official Website: [samita-us.tumblr.com](http://samita-us.tumblr.com)  [@sammyita78](https://www.instagram.com/sammyita78)**

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- Digital advertising
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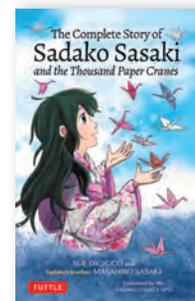


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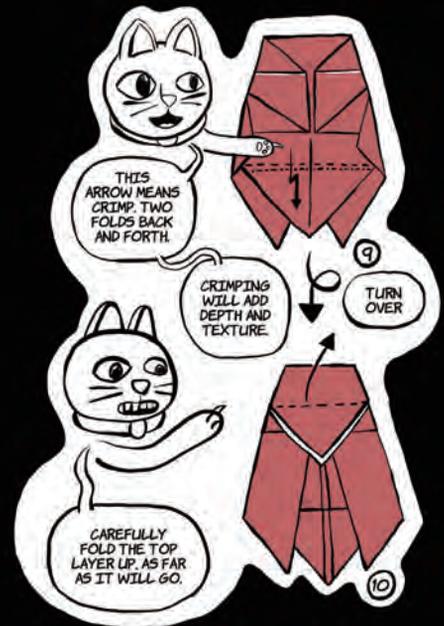
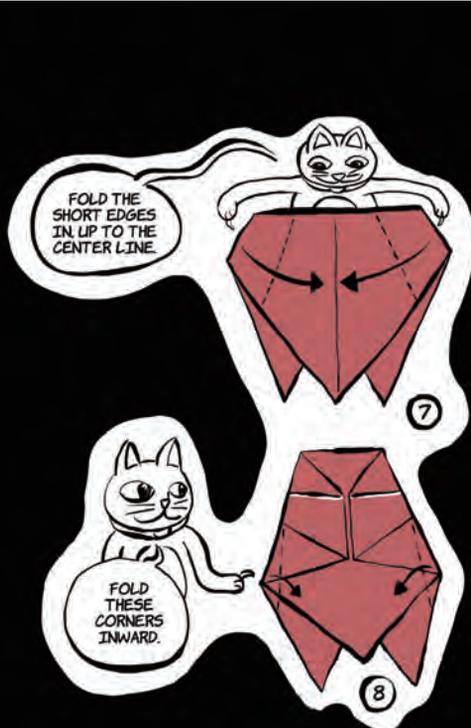
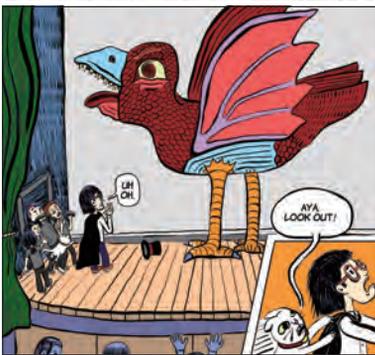


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Graphic Novels

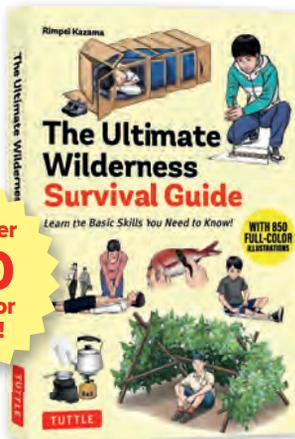
5 1/8 X 8 • 192 pages

850 full-color illustrations

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**With Over 850 Full-Color Images!**



## The Ultimate Wilderness Survival Guide

*Learn the Basic Skills You Need to Know!*

By Rimpei Kazama

This comprehensive guide combines survival know-how and wilderness savvy with over 850 easy-to-understand color illustrations and detailed notes. It walks you through all the basic steps and key points:

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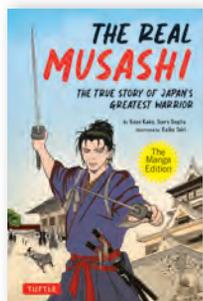
These basic techniques help you to survive in the wild and to get yourself prepared for everyday challenges and extreme situations anywhere. *The Ultimate Wilderness Survival Guide* enables you to always be fully prepared...for fun!

**Rimpei Kazama** became a writer after working as a manga editor at a major book-publishing company. He's an expert on survival skills acquired as a Boy Scout leader and outdoor enthusiast in Japan and abroad. His books include *Survival Techniques Now* and *New Adventure Handbook*. He currently writes feature articles on science and technology that are serialized in children's periodicals throughout Japan.

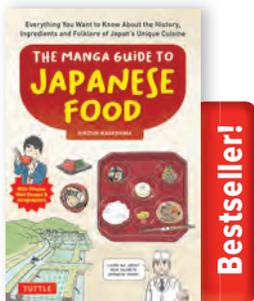
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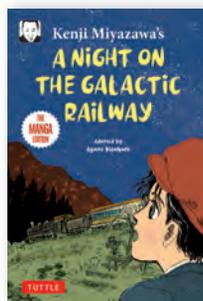


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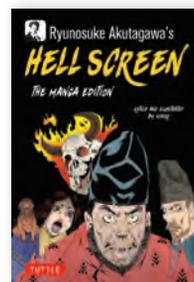


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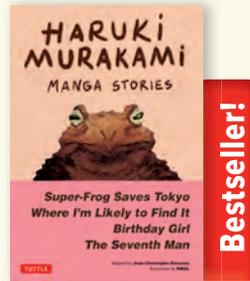
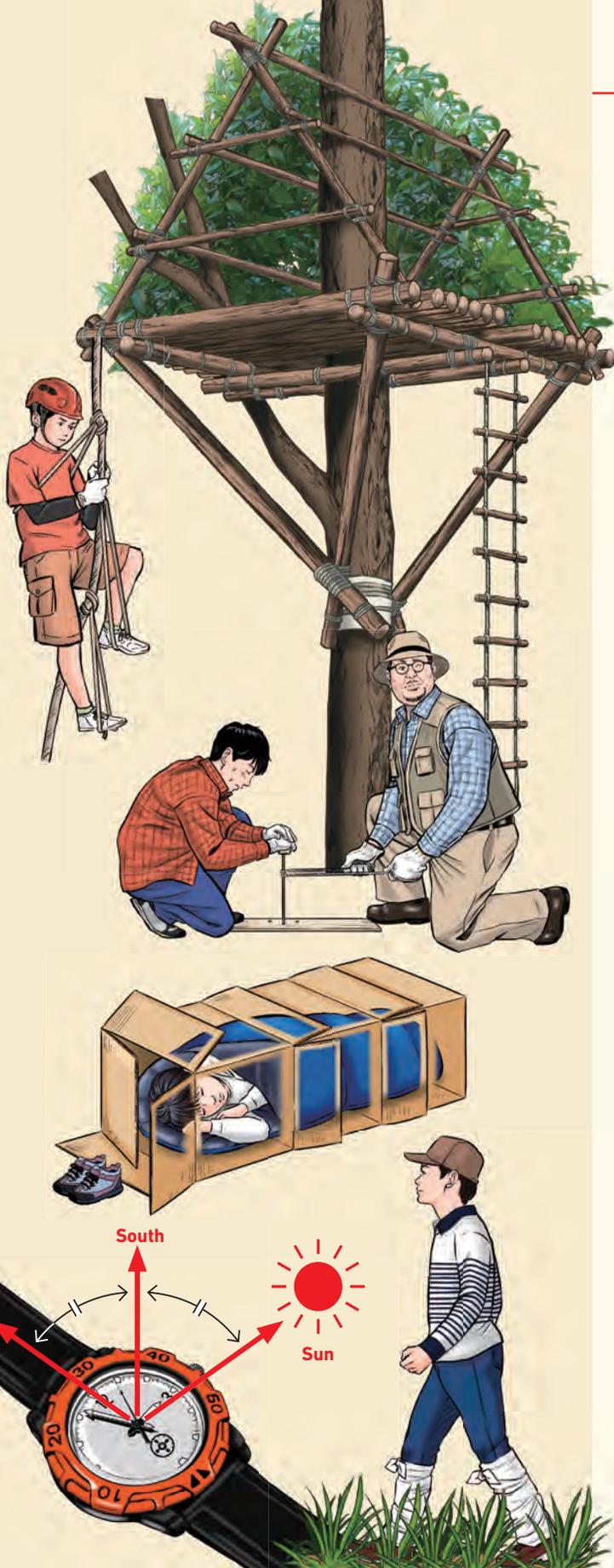
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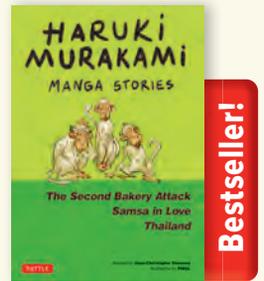
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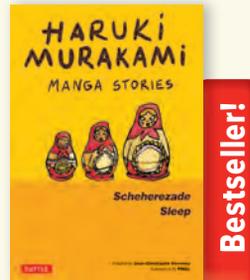
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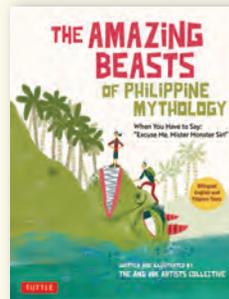
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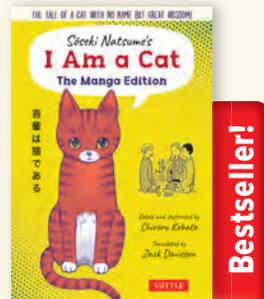
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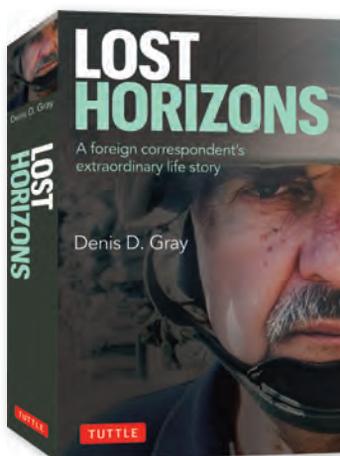
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## Lost Horizons

*A Foreign Correspondent's Extraordinary Life Story*

By Denis D. Gray

The remarkable life story and moving reflections of Denis D. Gray, who was born Zdeněk Mečíř in communist Czechoslovakia and went on to a legendary career as a foreign correspondent for the Associated Press. From the frontlines of the Vietnam War and the “Killing Fields” of Cambodia to foxholes in Iraq and Afghanistan, Gray chronicles eight decades of relentless change and turmoil—as well as abiding resilience and timeless beauty in this highly personal memoir. Through it all, Gray is

caught between an impulse to find a refuge—a haven of perpetual peace in a chaotic, madly spinning world—and the lure of living life on the edge as a war correspondent.

---

*“In Lost Horizons, I try to make sense of it all as best I can. I tell my story and those of others—not only people but cities, countries and conflicts—through imperfect eyes. I chose not to present these accounts as a strictly chronological narrative but by subject and theme. In so doing, I hope to have captured the unique period in history during which I lived, loved and lost.”*

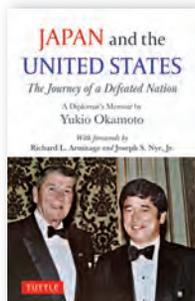
**—Denis D. Gray**

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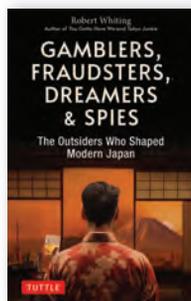
**Denis D. Gray** was born Zdeněk Mečíř in war-torn Pilsen, Czechoslovakia, and fled with his family after the communist takeover. He later studied at Yale and served as a U.S. Army officer in Japan and Vietnam—experiences that sparked his lifelong bond with Asia. In 1972 he joined the Associated Press, beginning a 40-year career reporting from Asia, the Middle East and Africa on wars, political upheavals and environmental disasters. From the battlefields of Cambodia to the streets of Baghdad, his works have appeared in leading newspapers and magazines worldwide. He now lives in northern Thailand.

**Author available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)**

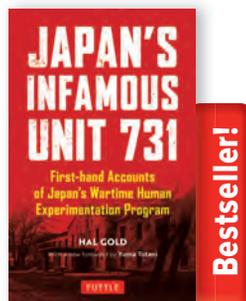
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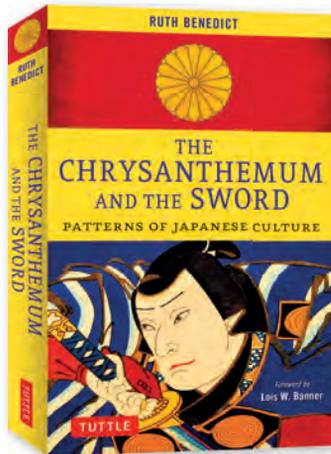
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**The Chrysanthemum and the Sword**

*Patterns of Japanese Culture*

By Ruth Benedict  
 Foreword by Lois W. Banner

*The Chrysanthemum and the Sword* is the work that has defined our understanding of Japanese culture—explaining how the culture has retained its basic elements and structure even as the nation has rapidly modernized.

This masterpiece remains unsurpassed in its keen observations about Japanese culture. By shedding light on the core values that make the Japanese unique—social

hierarchy, marriage and family, filial piety, self-discipline and many others—it reveals a great deal about culture in general and provides a lens through which to view ourselves.

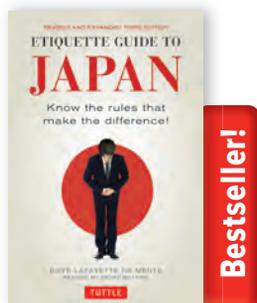
This new edition has been completely retypeset for greater readability and features a new foreword by Lois Banner, a pioneer in the field of women’s studies.

**Ruth Benedict** (1887-1948) was an American anthropologist and a key figure in the development of cultural anthropology. She earned her doctorate from Columbia University, where she remained for her entire career. She is best known for her pioneering work *Patterns of Culture* (1934), where she explores how individual societies form unique patterns of values, beliefs and practices.

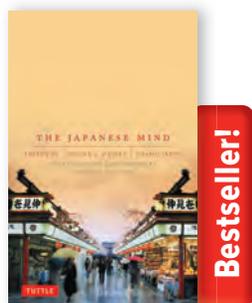
**Lois W. Banner** is professor emeritus of history at the University of Southern California and one of the first academics to concentrate on women’s studies. She has won several prestigious awards for her scholarship including a Rockefeller Fellowship. She is the author of many books and articles including *Elizabeth Cady Stanton: A Radical for Women’s Rights* and *Intertwined Lives: Margaret Mead, Ruth Benedict, and Their Circle*.

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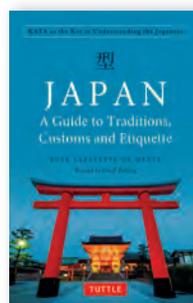
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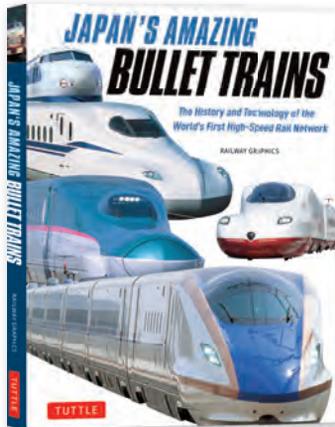
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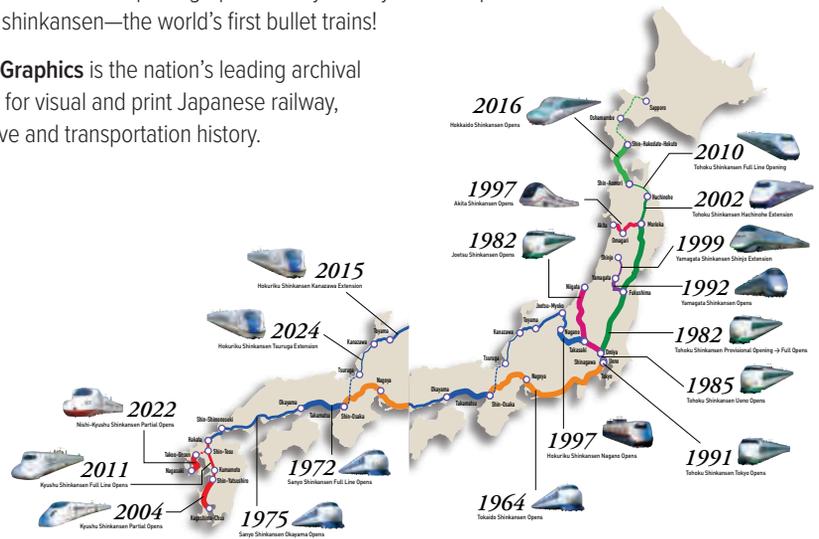
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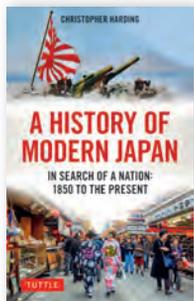
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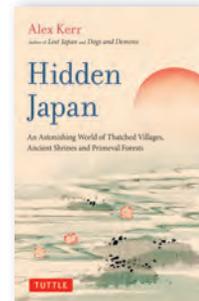
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# Tohoku Shinkansen

The Green Line develops into a major artery in the vast northern part of Honshu.

1982 Prototype Opening

2010 Full-Line Opening

**Limited Express "Hataokuri"**

**200 Series "Yamabiko" and "Aoba"**

The Shinkansen connecting the Tokyo metropolitan area with the Tohoku region, opened tentatively between Omiya and Morioka in June 1982, and fully opened between Tokyo and Shin-Aomori in December 2010.

Before the Shinkansen began service, daytime express trains such as Hibari, Yamabiko, and Hataokuri, as well as night trains such as Hokusei, Yuzuru, and Hakutsuru, were in service.

In 1985, "Yamabiko" began operating at 150 mph (240 km/h), and in 1997, the maximum speed was increased to 170 mph (275 km/h). In 2011, trains began operating at 185 mph (300 km/h), and as of 2024, they are operating at 200 mph (320 km/h), the fastest in Japan.

Station	Distance from Tokyo (km)
Tokyo	0
Maebashi	16
Utsunomiya	100
Morioka	240
Maebashi	256
Maebashi	272
Maebashi	288
Maebashi	304
Maebashi	320
Maebashi	336
Maebashi	352
Maebashi	368
Maebashi	384
Maebashi	400
Maebashi	416
Maebashi	432
Maebashi	448
Maebashi	464
Maebashi	480
Maebashi	496
Maebashi	512
Maebashi	528
Maebashi	544
Maebashi	560
Maebashi	576
Maebashi	592
Maebashi	608
Maebashi	624
Maebashi	640
Maebashi	656
Maebashi	672
Maebashi	688
Maebashi	704
Maebashi	720
Maebashi	736
Maebashi	752
Maebashi	768
Maebashi	784
Maebashi	800
Maebashi	816
Maebashi	832
Maebashi	848
Maebashi	864
Maebashi	880
Maebashi	896
Maebashi	912
Maebashi	928
Maebashi	944
Maebashi	960
Maebashi	976
Maebashi	992
Maebashi	1008
Maebashi	1024
Maebashi	1040
Maebashi	1056
Maebashi	1072
Maebashi	1088
Maebashi	1104
Maebashi	1120
Maebashi	1136
Maebashi	1152
Maebashi	1168
Maebashi	1184
Maebashi	1200
Maebashi	1216
Maebashi	1232
Maebashi	1248
Maebashi	1264
Maebashi	1280
Maebashi	1296
Maebashi	1312
Maebashi	1328
Maebashi	1344
Maebashi	1360
Maebashi	1376
Maebashi	1392
Maebashi	1408
Maebashi	1424
Maebashi	1440
Maebashi	1456
Maebashi	1472
Maebashi	1488
Maebashi	1504
Maebashi	1520
Maebashi	1536
Maebashi	1552
Maebashi	1568
Maebashi	1584
Maebashi	1600
Maebashi	1616
Maebashi	1632
Maebashi	1648
Maebashi	1664
Maebashi	1680
Maebashi	1696
Maebashi	1712
Maebashi	1728
Maebashi	1744
Maebashi	1760
Maebashi	1776
Maebashi	1792
Maebashi	1808
Maebashi	1824
Maebashi	1840
Maebashi	1856
Maebashi	1872
Maebashi	1888
Maebashi	1904
Maebashi	1920
Maebashi	1936
Maebashi	1952
Maebashi	1968
Maebashi	1984
Maebashi	2000

Starting point ● Tokyo  
 Finishing point ● Shin-Aomori  
 Number of stations ● 23  
 Opening date ● June 23, 1982 (prototype opening)  
 ● December 4, 2010 (full-line opening)  
 Operator ● Japan National Railways → East Japan Railway Operating  
 Maximum length ● 1,113.3 km  
 Maximum speed ● 200 mph (320 km/h)



### Groundbreaking Ceremonies for the New Experimental Line

The construction of the Tohoku Shinkansen was initiated by the National Shinkansen Railway Development Law enacted in 1975. At the time, the earlier Tohoku Main Line was expected to reach the limits of its track capacity by around 1975. In addition, although there were regional cities such as Sendai and Koriyama along the line, as well as important tourist destinations, development of the line had been delayed due to the delays in the development of high-speed transportation.

**Sendai 1971**

The groundbreaking ceremony in Sendai was held on the west side of Sendai Station. The photo on the right is a bird's eye view of the ceremony site.

**Omiya 1971**

In 1971, construction of the Tokyo-Morioka line was approved. Groundbreaking ceremonies were held in Tokyo, Sendai, Utsunomiya, Fukushima, Sendai, and Morioka on November 28 of that same year.

ABOVE: Although the construction of the Shinkansen was good news for local cities, some groups opposed it because of the loss of large-scale agriculture to its construction. Below is one of the movements against the construction near Omiya.

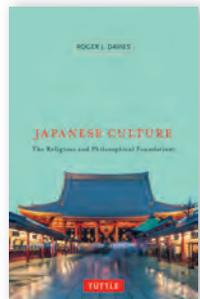


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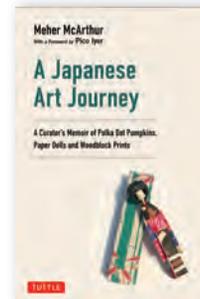


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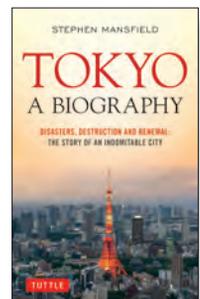


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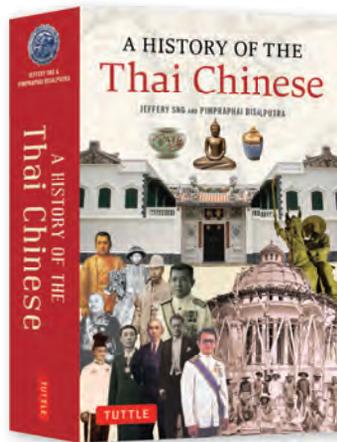
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## A History of the Thai Chinese

By Jeffery Sng & Pimpraphai Bisalputra

For many centuries, Chinese migrated to the ports, cities and provinces of Thailand. These immigrants included traders, skilled laborers, adventurers and the near destitute who dreamed of a better life. Over time, they came to form one of the largest and most influential diasporas in the world. From tin mining to railways to rice trading, their skills helped the country develop and prosper.

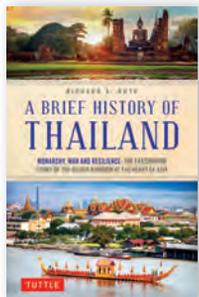
Some later came to advise Thai monarchs, intermarry, and run businesses integral to the economy. One son of a Chinese father and Thai mother even became king. This community overcame many challenges to eventually become an integral part of Thai society at every level. This book tells their extraordinary stories.

**Jeffery Sng** and **Pimpraphai Bisalputra** have dedicated much of their lives to the study of Chinese and Thai history. Sng completed his postgraduate studies at Cornell University's Institute of Southeast Asian Studies and has written about the Chinese diaspora and related topics for the past 30 years. Pimpraphai graduated from the London School of Economics and also completed her postgraduate studies at Cornell University. She has published extensively on the Chinese in Thailand in the Thai language.

*"No country in Southeast Asia has been as successful as Thailand in integrating its Chinese community. This book provides deep insights into this process and should provide illumination reading for anyone interested in Southeast Asian success stories. It is a must-read."*

**—Kishore Mahbubani, author of *The Great Convergence***

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Royal portrait of King Rama 3, wat Ratcha Orasaram, Thonburi.



Kangxi period blue and white porcelain tea bowl with Thai motif.



An 18th century enameled box made in China with Thai motif.



18th century Becharong jar, Chinese export-ware to Siam and a similar shaped brass jar made in Ayudhya.

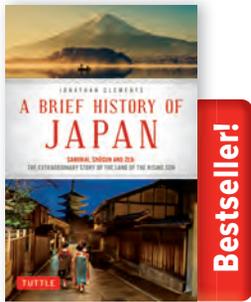


Kian An Keng or Guanyin Shrine at Kuddee Chin near King Taksin's palace.

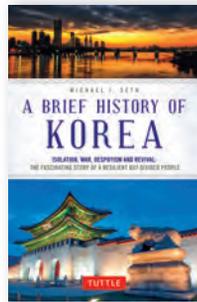


Statue of Mac Ceu, founder of Ha Tien and father of Mac Thientu.

## History Backlist Highlights



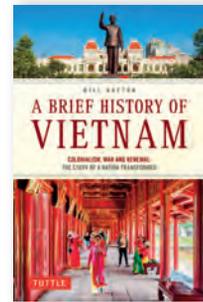
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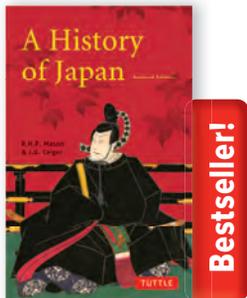
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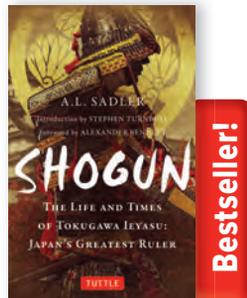
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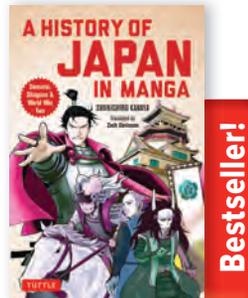
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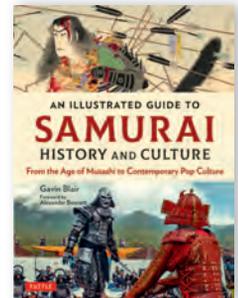
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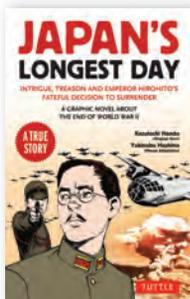
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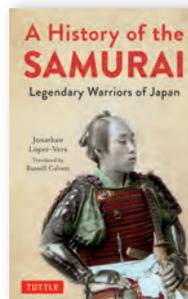
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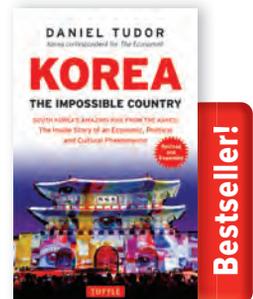
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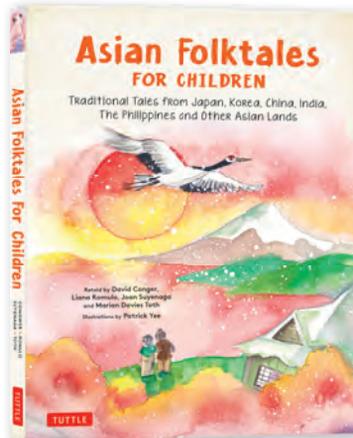
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## **Asian Folktales for Children**

*Traditional Tales from Japan, Korea, China, India, The Philippines and Other Asian Lands*

By David Conger, Liana Romulo,  
Marian Davies Toth, & Joan Suyenaga

Illustrated by Patrick Yee

For thousands of years, children around the world have been captivated by folktales—stories full of wonder, wisdom and adventure. Every culture has its own unique favorites and discovering them offers a fun and meaningful way to learn about other parts of the world.

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- **The Crane's Gratitude (Japan)**

Perfect for reading aloud or independently, this beautifully illustrated collection sparks children's imaginations and opens doors to the richness of cultures found across Asia.

**David Conger** was born in Tacoma, Washington. He studied electrical engineering and Japanese at Brigham Young University. He first became interested in Asian history and folklore while living in Japan for two years.

**Marian Davies Toth's** work has achieved national recognition in the United States. She has an abiding fascination in folklore and during her stay in Thailand, she collected and compiled enchanting tales and legends of old Siam.

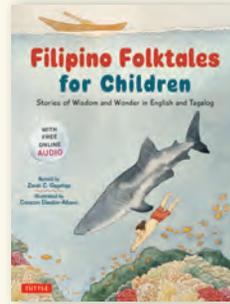
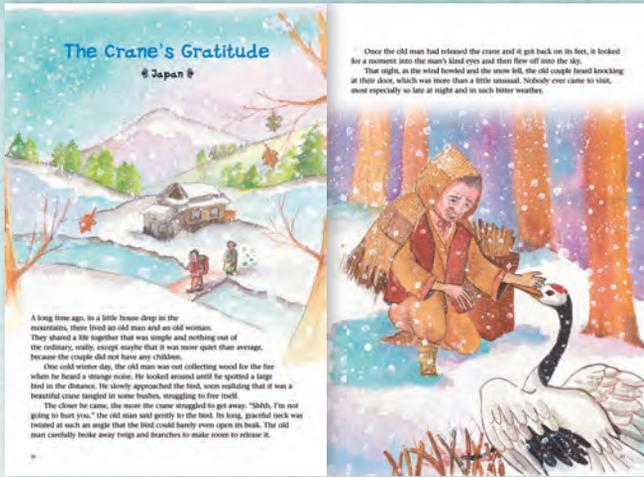
**Joan Suyenaga** has been writing, translating and editing for the past twenty years in Indonesia. She is the author of *Indonesian Children's Favorite Stories*.

**Liana Romulo** lives mostly in the Philippines but has also lived in Thailand, Belgium, and the United States. Her first picture book, *Filipino Children's Favorite Stories*, was a national best-seller in the Philippines.

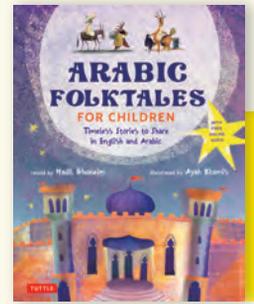
**Patrick Yee** holds a degree in Graphic Design from Camberwell College of Arts, London Institute and a Master's Degree from Brighton University. He has won the MacMillan Children's Picture Book Award twice, and has illustrated more than 100 books. Yee is a part-time lecturer in LaSalle SIA, Nayang Academy of Fine Arts, AWWA Special School and Frobel Academy.



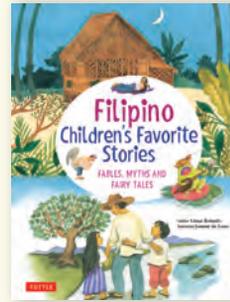
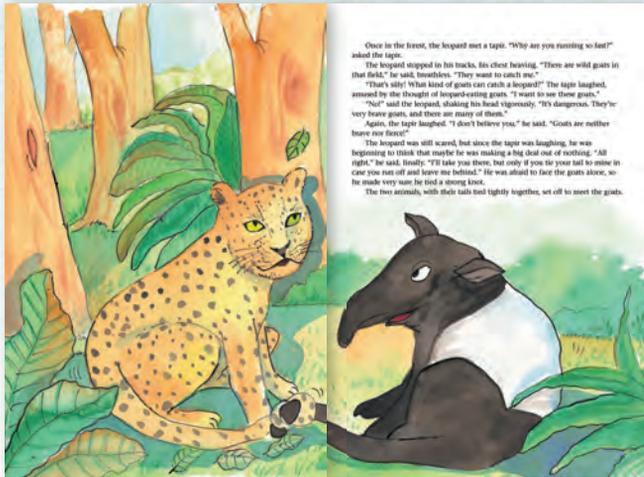
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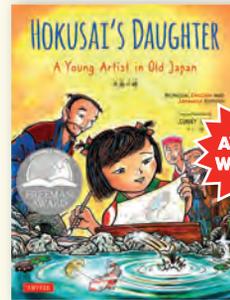


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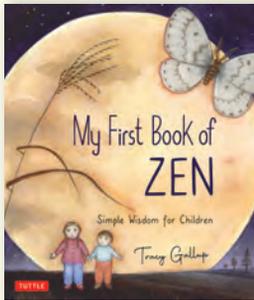
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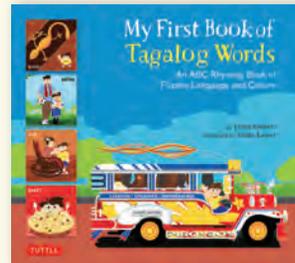
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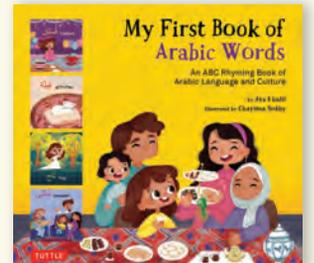
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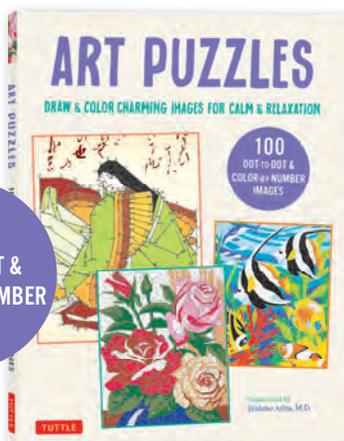
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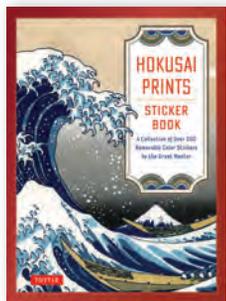
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Arita Hideho, M.D. is a leading expert in brain health and has conducted research on Zen meditation and the nervous system at Toho University's School of Medicine, where he is professor emeritus of neurophysiology. He has published several books on the subject of brain health. He is a leading expert in the expanding field of serotonin research, serving as the representative of the Serotonin Institute and is an honorary member of the Japanese Society of Autonomic Neuroscience.

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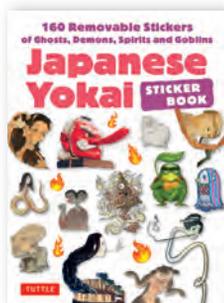
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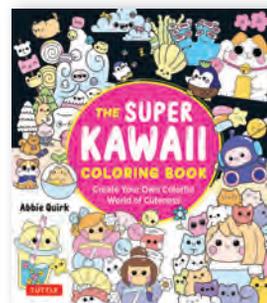


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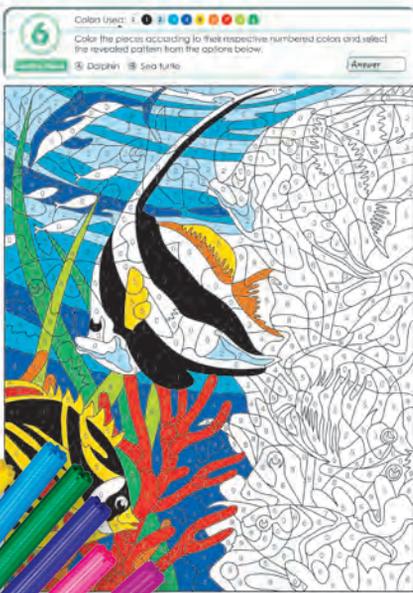


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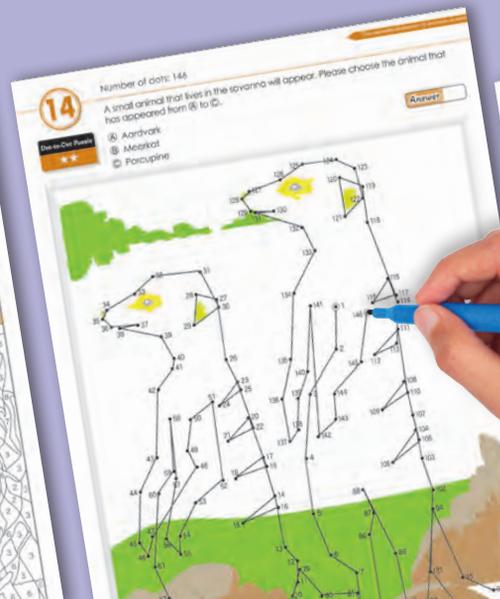
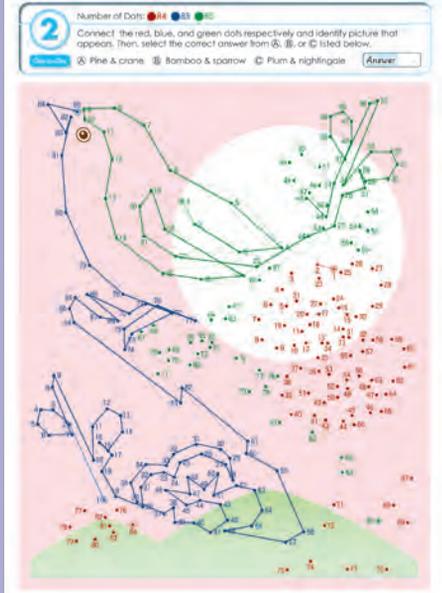
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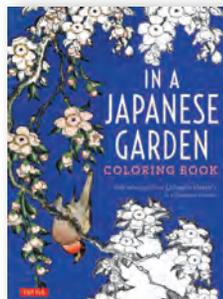


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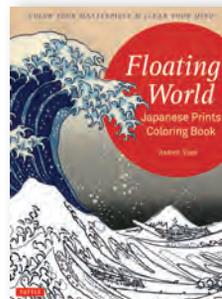


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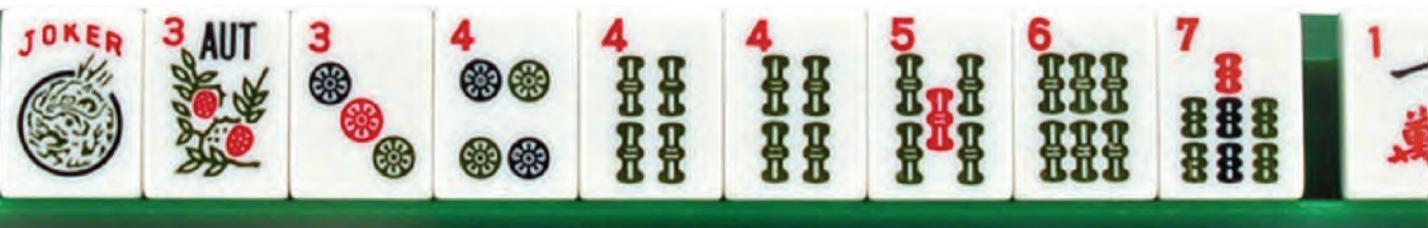
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**Elaine Sandberg** was a Mah Jongg instructor for many years. She taught American Mah Jongg for Holland America Cruise Lines and held classes in the Los Angeles area.

**Tom Sloper** is a game designer and producer who has lectured at the Smithsonian and written extensively on Mah Jongg. He lives in Los Angeles.

**Jan Egri** is one of the administrators of the Mah Jongg, That's It! group on Facebook, which has over 125,000 members. She has been a guest speaker as well as run tournaments for the Crak Your Bags Mah Jongg-themed cruises and has hosted retreats for Mah Jongg Maven for the past two years. She is the rules moderator for a monthly tournament in Venice, Florida, and a partner in the Mother of All Dragons Mah Jongg tournaments.

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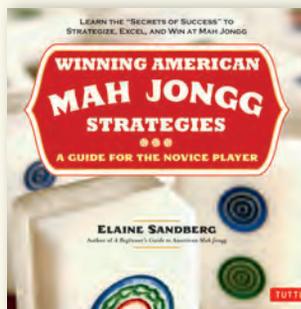


## Games Backlist Highlights

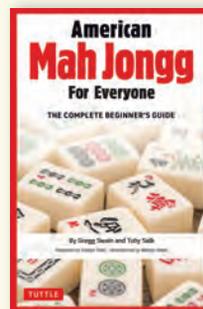


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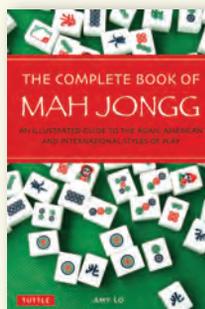
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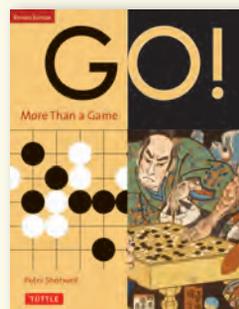
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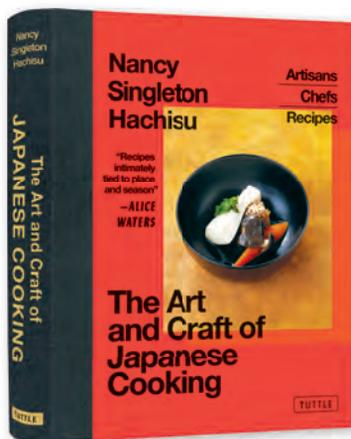
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In this striking, highly personal volume, acclaimed cookbook author Nancy Singleton Hachisu introduces readers to the regional chefs and artisans at the heart of Japan's unique food culture. Bringing to bear more than three decades of life in the Japanese countryside and over a decade as a food writer and champion of artisanal Japanese food traditions, she offers original

recipes, spectacular photographs and insightful essays about producers across Japan.

Hachisu's passion for food traditions is shared by the chefs and artisans, making this book an inspiration for anyone who appreciates food on a deeply personal level. Yet it is also a practical cookbook, enabling readers to reproduce the very best that Japanese cuisine has to offer.

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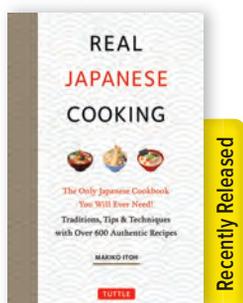
**Nancy Singleton Hachisu** is a native Californian married to a Japanese farmer who has lived in semi-rural Saitama Prefecture since 1988. She is the James Beard Award-winning author of five books including *Japan: The Cookbook* and *Japan: The Vegetarian Cookbook*. Hachisu has written for *Saveur*, *Food & Wine*, *Travel & Leisure*, *National Geographic Food* and *BBC Travel*. She participated in the “Salt” episode of the popular Netflix series *Salt Fat Acid Heat*.

**Alice Waters** is a chef, author, food activist and the founder and owner of Chez Panisse Restaurant in Berkeley, California.

**Author available for interviews; contact [publicity@tuttlepublishing.com](mailto:publicity@tuttlepublishing.com)**

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### FISHERMEN'S WIVES AND SEA GREENS

The seasonality of fruits, vegetables, meats and fungi growing in the fields and mountains around Japan is fairly obvious to most Japanese residents, but the seasonality of the sea will elude even the food-savvy. Having spent over three decades cooking in Japan, and the most recent one writing Japanese cookbooks, my education regarding the bounty of the sea is yet a work in progress. The fishermen at my local fish market are my patient yet enthusiastic teachers, and under their sage guidance my knowledge has grown exponentially. Once the purview of my Japanese husband, buying fish has become an exciting endeavor to which I look forward with great anticipation. No longer lacking in confidence, I relish the opportunity to cut down a squid and sash it with its cranially inimitable obikakuri, or gut a fish before hanging it outside for drying (this month, page 54). But even more than the creatures of the sea, the greens enthrall me for their myriad shapes, flavors and textures.

Spring is the season for fresh sea greens, and local Japanese fish markets will have a wide variety of fascinating types for sale. Fluffy, almost spongy semi-dried fresh sea greens (*umai*) can be tossed in flour and deep-fried for a tasty snack. The plated just at the base of viscous wakame (*wakame*), inflected and harmonized green from a lack of boiling water, are wonderfully shapely and delightful as a simple cold salad. Jagged small fern-like wakame (*manamori*) and horned red seaweed (*takanashi*) need only a quick dip in and out of boiling water before eating with ponzu. Badly tangled tendrils (*tenori*) are lovely in salads or stir-fries, and tiny jet black pieces of *hiki no ue* (*hiki no ue*) sea anemone (*hiki no ue*) can be used to enhance the mild flavor of the bean curd. But wakame (page 21), the humblest of all sea greens, is arguably the most versatile and appealing.



Wakame harvest

mid-aging sun. And semi-dried wakame is often served in sash and packed in plastic bags to preserve. In my own case, an insistent country woman hailing from some remote village on the Sea of Japan came door-to-door to hawk her wares to our neighborhood. I bought a 1 kilogram bag of wakame from her whenever she turned up, whether I needed it or not. But now she comes no more, and since the season passes for fresh sea greens at our local fish market, I rely on the dried wakame and other sea greens processed by the fishermen's wives of Tanabe—a remote house profession.

Tanabe, a small town on the northeast coast of Honshu, is a plucky village of 500 inhabitants. Washed over by the devastating tsunami following the Tohoku Earthquake in 2011, the line of devastation is indubitably discernible by the haphazardly slapped together small structures that dot the town several meters above sea level. Although tiny, the town is resilient, and that quality inspired me to visit multiple times recently—although never in the spring. The fishermen's wives' association dries, packs and distributes the sea greens they gather, working out of an innocuous post-earthquake building near the docks.

And, unusually for such a local product, the packaging is adorned with an extremely cool label designed by Takahashi Design in Morioka city.

I travel to the United States periodically to do collaboration dinners at like-minded restaurants on both coasts, and always bring the crucial artisanal Japanese ingredients needed: Shoyu, mirin, rice vinegar and miso with a ton, but dried sea greens such as wakame are light as a feather. Reconstituted wakame swells up an impressive five to six times its dried volume, so two 20-gram packs are enough for a 40-person dinner. And given the attractive packaging, the fishermen's wives' dried sea greens make a light and affordable gift from Japan.

Sea greens, commonly called seaweed, are perhaps the most overlooked treasure of Japanese food culture. When dried, they literally keep forever, and they take up little space in the locker. Full of nutrients, fiber and flavor, sea greens can be added at the last minute to dishes—Western or Japanese—almost as a garnish.

When traveling in far-flung areas of Japan, I recommend visiting the local JFA (Japan Agriculture) or JFA (Japan Fisheries Association) stands, because



Wakame morning market



these spots are where the locals shop. You won't find much fresh fish at a JFA stand, but there will be all sorts of dried sea-related products, including sea greens. Bring your discoveries home and experiment. The size sure thing is that there is nothing offensive about sea greens, unless you object to their slightly rubbery texture or natural algebricness. Sea greens are immensely friendly to any country's cuisine, and add a note of pungency to a healthily chosen meal. What's there not to like about that?

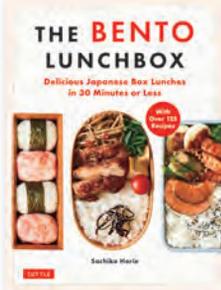


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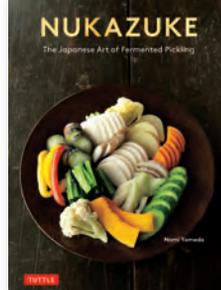
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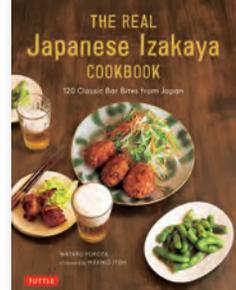
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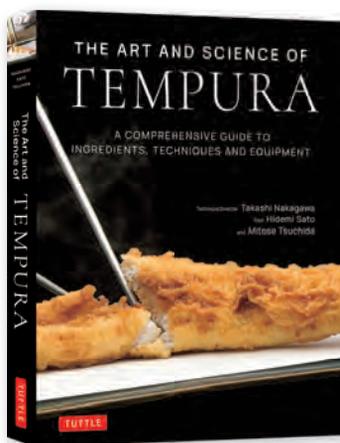
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Chef Takashi Nakagawa has devoted his life to the art of making perfect tempura. He served a 17-year apprenticeship at the renowned Tempura Mikawa restaurant in Tokyo and for the past 20 years has been at the helm of his own restaurant, Tempura Nakagawa.

In this book, Nakagawa and his two co-authors, Hidemi Sato and Mitose Tsuchida, present the full range of

tempura recipes and techniques—from the best way to make a perfect tempura batter to the correct method for cutting each ingredient and delicately frying it to perfection, to presenting your finished tempura as part of an elegant Japanese meal.

Over 400 gorgeous color photos, charts and graphics take a uniquely detailed look at the art of Japanese tempura, with sections on:

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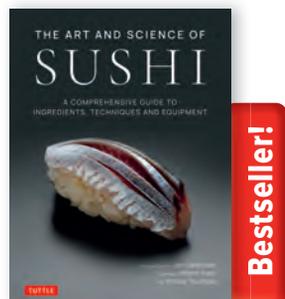
The authors explain and illustrate everything—from the ways seafood changes when fried, to the importance of carefully controlling the temperature of the frying oil. Whether you're a professional chef, an avid tempura fan, or simply a lover of Japanese cuisine, this beautiful book provides fascinating insights into the world of Japan's iconic national dish.

**Takashi Nakagawa** aspired to become a chef since he was a child and trained for 17 years at Tempura Mikawa in Tokyo. He opened his own restaurant, Tempura Nakagawa, in Tokyo's Tsukiji district in 2004. The restaurant is still going strong and recently gained a coveted entry in the *Tokyo Michelin Guide*.

**Hidemi Sato** is a trained dietician and holds a doctorate in food science. After graduating from Yokohama International University, she worked in the culinary equipment industry for nine years before completing her Masters and PhD at Ochanomizu University. She has written several books on the topic of food science.

**Mitose Tsuchida** graduated from Hiroshima University before receiving her doctorate from Ochanomizu University. She worked as an editor at the Japanese food magazines *Speciality Cooking* and *Culinary Kingdom* before becoming a freelancer. She writes and edits books and feature articles on a wide variety of food subjects.

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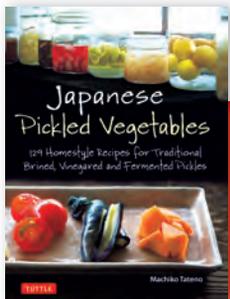
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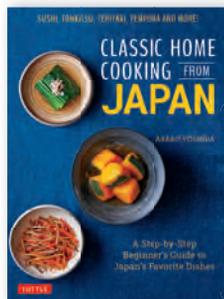


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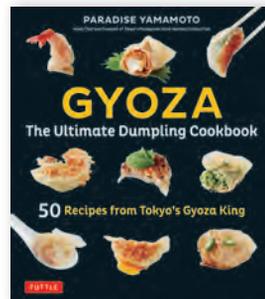
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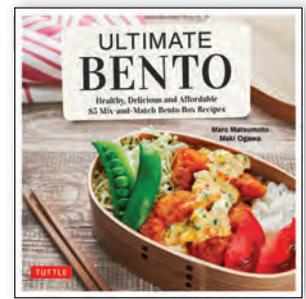
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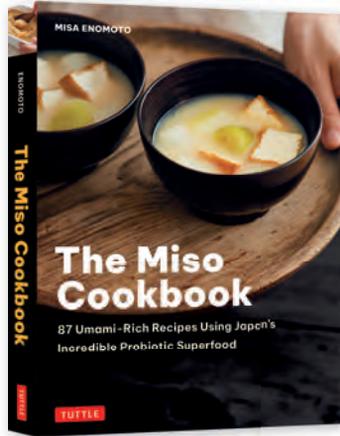
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## The Miso Cookbook

87 Umami-Rich Recipes Using Japan’s Incredible Probiotic Superfood

By Misa Enomoto

Miso is produced by fermenting soybeans with salt and rice koji. Not only is it packed with nutrition and gut-friendly probiotics—supporting immunity, digestion, anti-aging and recovery from fatigue—but it also enhances the flavor of any dish you add it to. Use it in soups, Japanese and Western-style meals, even snacks and desserts. It boosts umami, tenderizes proteins and brings a new level of deliciousness to your cooking!

In this beautifully illustrated book, Japanese fermentation expert and cookbook author Misa Enomoto shares her passion for miso—a staple of Japanese kitchens for centuries. She shows you how to make delicious and nutritious miso at home, and presents 87 delicious recipes based around this incredibly versatile ingredient, including:

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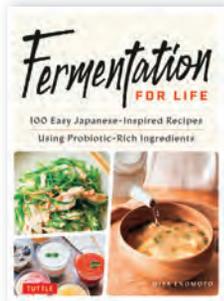


These simple recipes will transform your way of cooking and improve your health in the process!

Misa Enomoto is the author of *Fermentation for Life* (Tuttle). She specializes in making miso and seasonings using koji, with a focus on fermentation.

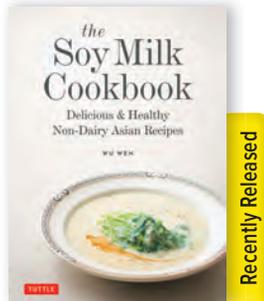
Official Author Website: [futari-gohan.jp](http://futari-gohan.jp) Misa Enomoto’s Seasonal Cooking @misa\_enomoto

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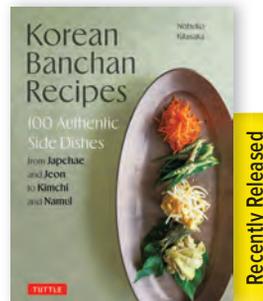


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The gyoza filling is flavored with miso, so these are delicious even without any dipping sauce. The shiso adds a delicate herbal note, balancing the rich taste with a clean, refreshing finish.

**SERVES 2**

- 2 cabbage leaves, about 3½ oz (100 g) total
- ½ teaspoon salt
- 3 oz (80 g) ground pork
- 5 green shiso leaves, minced
- 12 large gyoza wrappers
- 1 tablespoon vegetable oil
- Sesame oil, for drizzling

**A ingredients:**

- Small piece ginger, minced
- ½ garlic clove, minced
- 1½ tablespoons Overnight Miso, or white miso
- 1 teaspoon sesame oil

- Discard the core of the cabbage leaves and dice the leaves finely into ½-inch (5 mm) pieces. Put the diced cabbage in a bowl, sprinkle with the salt, leave for 5 minutes, then squeeze out the moisture. In a separate bowl, knead the ground pork and the A ingredients together, then add the cabbage and shiso leaves and mix. Divide the mixture equally between the gyoza wrappers and fold them closed (see picture below).
- Heat the vegetable oil in a frying pan over medium heat, turn off the heat, and arrange the gyoza dumplings in the pan. Turn the heat back on to medium, and cook for 4–5 minutes until the dumplings are browned on the bottom. Add 6½ tablespoons of water, cover the pan with a lid, and steam-cook for about 4 minutes.
- Take the lid off. When there is almost no moisture left in the pan, drizzle in a little sesame oil, and continue cooking the gyoza dumplings until they are crispy on the bottom.

**NOTE:** Put about a tablespoon of filling in the center of a gyoza wrapper, wet the edges, and fold the skin over, gathering the ends out to 4 or 5 places. Press the edges firmly together so that they don't come apart.

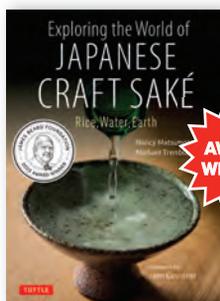


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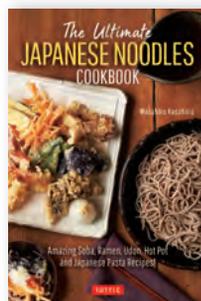
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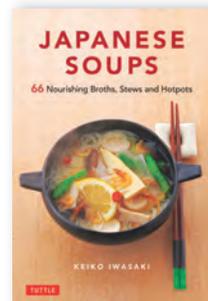


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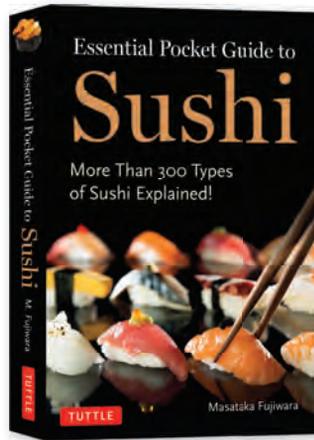
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**Essential Pocket Guide to Sushi**

*More Than 300 Types of Sushi Explained!*

By Masataka Fujiwara

Do you know the names of all the various types of sushi served at a sushi restaurant? Or the fish they use, where they come from and what they taste like?

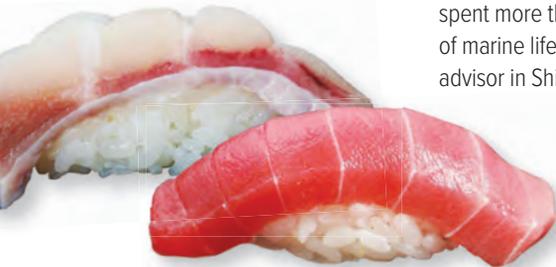
Whether you're at a budget sushi-train restaurant in Tokyo or a high-end omakase in New York, this handy pocket guide explains all the types of sushi you're likely to encounter—their names, how they are prepared, what they taste like, the ingredients used and even their relative prices!

This invaluable book presents 333 different types of sushi with color photos, descriptions and information about each one. They include:

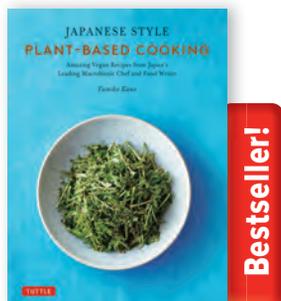
- Honmaguro Bluefin Tuna Nigiri
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Also included are a brief history of sushi, explanations of the different types of sushi restaurants found in Japan, seafood varieties and a glossary of Japanese terms. A “must-have” for all sushi lovers, professional chefs and Japanese food enthusiasts!

**Masataka Fujiwara** was born in 1956 in Japan. For over 30 years, he has researched the relationship between humans and edible aquatic life, delving deeply into food culture. He has spent more than 15 years photographing sushi and now holds an archive of over 500,000 images of marine life and more than 20,000 images of sushi. Fujiwara currently serves as a fisheries advisor in Shimane Prefecture and contributes essays to fishing magazines and other publications.



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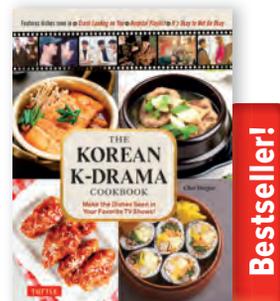
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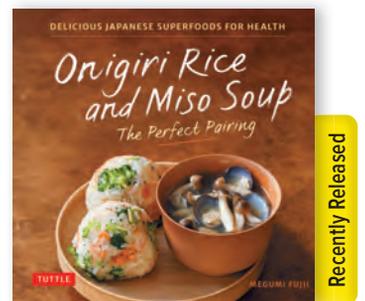
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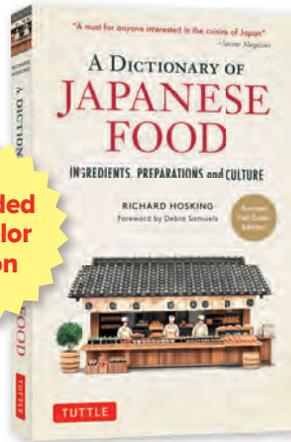
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## **A Dictionary of Japanese Food**

*Ingredients, Preparations and Culture*

By Richard Hosking  
Foreword by Debra Samuels

*A Dictionary of Japanese Food* helps food lovers around the world understand all the intricacies and nuances of Japanese food ingredients and preparations. Definitions of Japanese food terms found online and in standard dictionaries are misleading and often simply wrong. Richard Hosking eliminates this problem by giving each term a concise English definition with rich cultural and historical notes.

This new expanded edition has over 250 color photographs along with 80 black and white drawings for easy identification. These allow readers to identify everything from *abura-age* fried tofu to *zenzai* red-bean soup. A series of fascinating appendices address critical elements of Japanese cuisine—from how miso and saké are made to the key components of a Japanese meal.

Featuring a foreword by cookbook author Debra Samuels, *A Dictionary of Japanese Food* helps food lovers and visitors discover the wonders of one of the world's truly great cuisines.

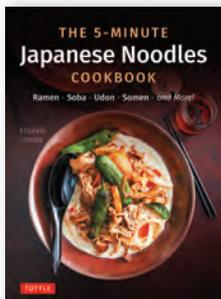
**Richard Hosking** held an M.A. from Cambridge and was Professor of Sociology and English at Hiroshima Shudo University. He lived in Japan for several decades and lectured on Japanese food at the Oxford Symposium on Food and Cookery, the Symposium of Australian Gastronomy, and elsewhere throughout the world.

**Debra Samuels** has written extensively about Italian, Indian, Korean and Japanese cuisines, with a particular focus on the latter. Samuels worked for many years as a food writer and food stylist for *The Boston Globe*. In 2020, she was awarded the *John Thayer Award* from the Japan Society in Boston, which recognizes outstanding contributions to understanding and friendship between the U.S. and Japan. She is the author of *My Japanese Table*, *Japanese Cooking with Kids* and coauthor of *The Korean Table*.

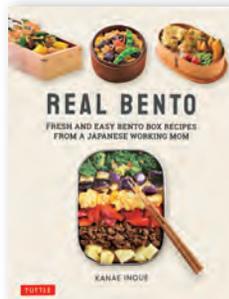
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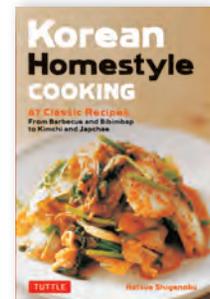
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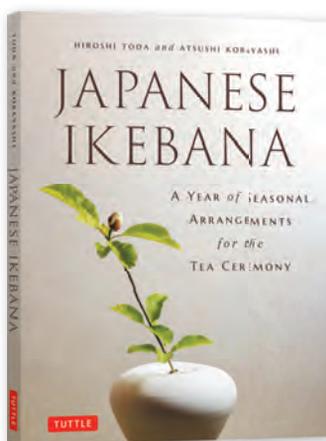
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## Japanese Ikebana

### *A Year of Seasonal Arrangements for the Tea Ceremony*

By Hiroshi Toda & Atsushi Kobayashi

Step into a world of quiet beauty through the floral artistry of Japan. Written by the director of a renowned Osaka tea utensils shop and an ikebana master, this richly illustrated book celebrates the harmony between nature, art and ritual.

Each of the twelve chapters corresponds to a month of the year, with reflections on the changing seasons, personal stories of flowers and vases, and poetic insights into the spirit of *chabana*—the art of tea flowers. Alongside these

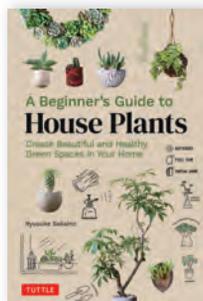
essays you'll find practical advice in the subtle art of selecting, cutting and displaying flowers.

Lavishly illustrated with over 185 color photographs, this book offers a rich visual introduction to the sensual beauty of tea ceremony flower arrangements—including the vessels, tools and painted scrolls used to complete the displays. More than a guide, it invites readers to see the world in a new way—one blossom at a time.

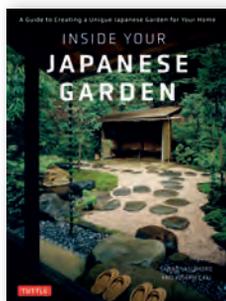
**Hiroshi Toda** is the 13th-generation head of Tanimatsuya Toda Shoten, a venerable Osaka-based tea utensil shop with a history spanning three centuries. An expert in both classical tea ware and contemporary art, he studied in the United States and apprenticed at Tokyo's Yayoi Gallery before joining the family business in 1976. Known for bringing a modern sensibility to the ancient art of tea, he served as president of the company before passing the torch to his son.

**Atsushi Kobayashi** is an ikebana master who has worked for Tanimatsuya Toda Shoten since 1998. He is known for his deeply intuitive and expressive approach to the art of floral arrangements for the tea ceremony. Drawing inspiration from traditional aesthetics, contemporary art and the rhythms of nature, Kobayashi treats each arrangement as a singular moment of creation—improvised, imperfect and deeply felt. This book is a reflection of his belief that true artistry lies in trusting one's instincts, embracing imperfection and finding quiet joy in the everyday act of placing flowers.

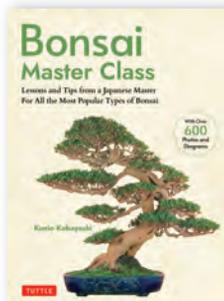
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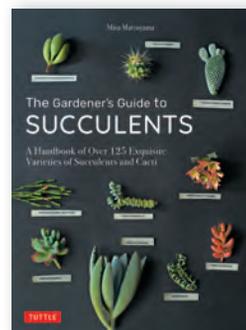


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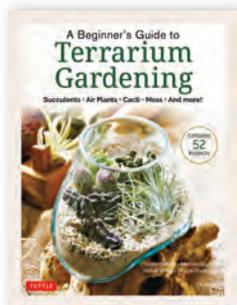


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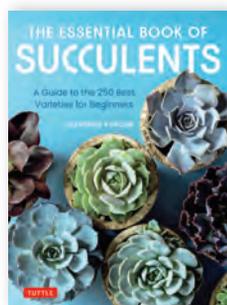
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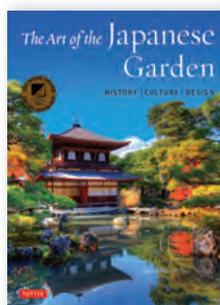


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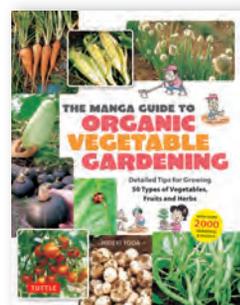
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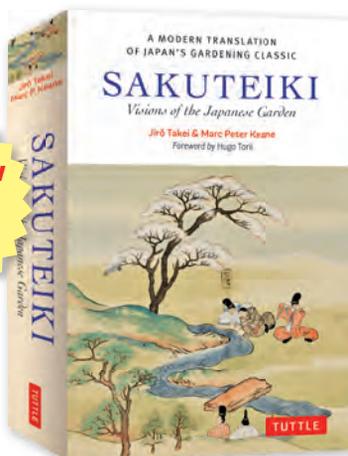
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## Sakuteiki: Visions of the Japanese Garden

*A Modern Translation of Japan's Gardening Classic*

By Jiro Takei & Marc Peter Keane

Foreword by Hugo Torii

The *Sakuteiki*, or “Records of Garden Making,” was written nearly a thousand years ago. It is the oldest existing text on Japanese gardening—or any kind of gardening—in the world. In this new edition, the authors provide an English-language translation of this classic work and an introduction to the cultural and historical context that has inspired Japanese gardeners to create some of the world’s finest gardens.

The new foreword by Japanese garden expert Hugo Torii, the Garden Curator at Portland Japanese Garden, explains the sacred importance of stones in Japanese garden design.

Written by a Japanese court noble during the Heian period (794-1184), the *Sakuteiki* includes technical advice on gardening—much of it still followed by today’s Japanese gardeners—and examines the four central threads of meaning which were central to Heian-era garden design.

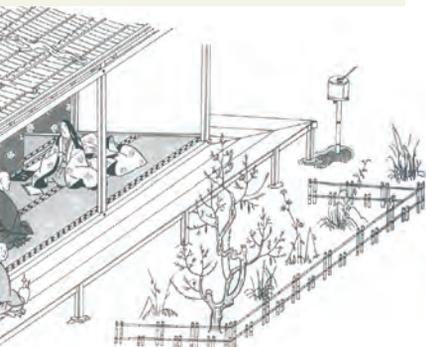
**Jiro Takei**, professor emeritus of the Kyoto College of Art, taught a course on the *Sakuteiki* for many years. Throughout his long and distinguished career, he was involved in the study of Japanese gardens as the chair of many organizations including the Japanese Garden Academic Society.

**Marc P. Keane** is an American landscape architect who has been designing gardens from his studio in Kyoto, Japan for twenty-five years. He is the author of many books on gardens and nature including *Japanese Garden Design*.

**Hugo Torii** is the Garden Curator at Portland Japanese Garden, where he oversees a dedicated team of gardeners who maintain a site that receives around 500,000 annual visitors. Prior to this, Torii worked as a garden designer and builder in both Germany and Kyoto, Japan.

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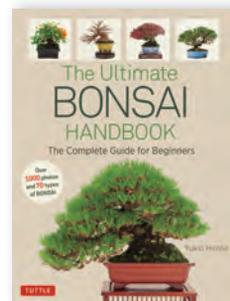


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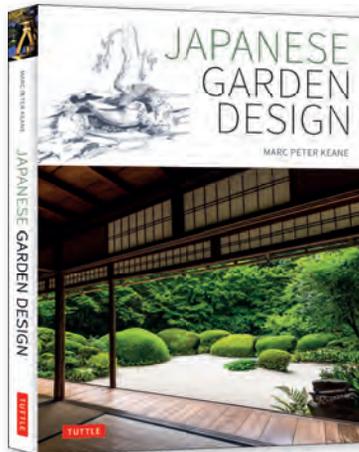
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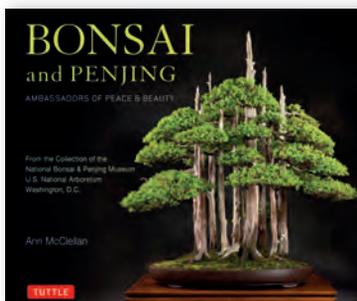
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**Marc P. Keane** is an American landscape architect who has been designing gardens in Kyoto, Japan for twenty years. He is a research fellow at the Research Center for Japanese Garden Art and the author of many books on gardens and nature including *Sakuteiki*.

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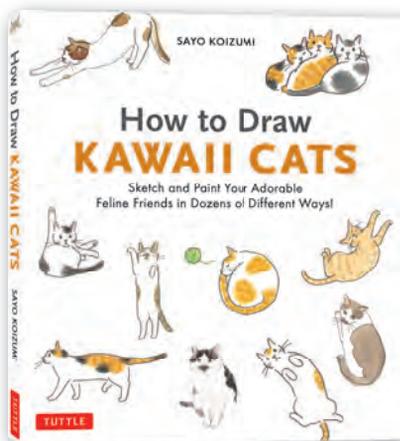
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## How to Draw Kawaii Cats

*Sketch and Paint Your Adorable Feline Friends in Dozens of Different Ways!*

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In this charming book, professional Japanese cat illustrator Sayo Koizumi shows you how to create expressively cute cat sketches, drawings and paintings using a wide variety of different styles and media. Packed with hundreds of colorful examples and helpful tips, it enables artists at all levels to sketch and paint their favorite felines in anatomically correct poses as well as adorably cute cartoons!

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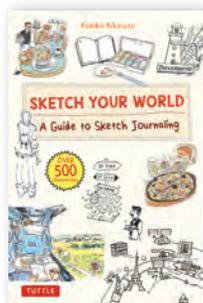
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Discover the endless joys of drawing cats right meow!

**Sayo Koizumi** is a talented illustrator and lifelong cat lover who has developed a successful career depicting cats in her native Japan. She has illustrated numerous books about cats including *I Want to Go Home to a House with Cats* and *All the Important Things, I Learned from Cats*.



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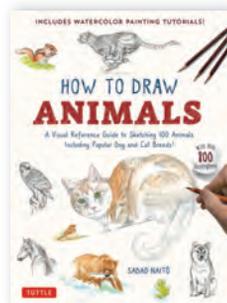


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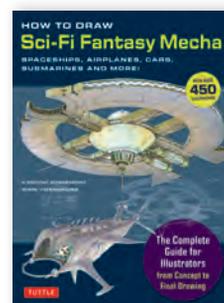


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## Painting with watercolors

Next, let's try coloring with watercolor paints. Since you'll need more tools, it's a bit more of a challenge, but it gives a different impression compared to colored pencils.



Holbein Transparent Watercolors: Transparent paper is recommended because they layer more beautifully than opaque ones.



Prepare a palette, brush-cleaning cup (anything washable is fine), and an unused cloth.



Preparation



1 Prepare the cat illustration you drew with pencil. Mix paint in the palette and apply the lightest brown. Since you'll layer it, use a lot of water to keep it very light.



2 Once step 1 is dry, add a slightly darker brown, also diluted very lightly. Just gently touch with the tip of the brush.



3 After step 2 dries, layer in the stripes of the brown tail. Think of lightly dabbing the paint with the tip of the brush.



4 While step 3 is not fully dry, layer black over it. Don't use pure black—make it a bit greyish. Let it slightly overlap the brown from step 3 and gently bleed.



5 Paint the ears and nose with pink. Use a diluted mix with more water for the ears and just lightly dab with the brush. Make the nose a bit more intense.



6 Face over the pencil lines that got faint from the layering to make them clear again, and you're done.

### POINT

The timing of whether the watercolor is dry or not is very important! If you do layers, do it before the previous layer is completely dry. The amount of water and color intensity, so make sure to adjust the moisture on an unused cloth before you



## Spring cat illustration collection

Try adding a seasonal feel to your illustration. Draw seasonal flowers or small objects in the background, or combine cats with seasonal events. Be sure to finish it in a colorful way!



## Add your signature and your seal is complete!

Once your artwork is complete, try adding a signature. You can write it out in ink, stamp it with a seal. It will give your piece a more polished look.



1 Think About Your Signature  
Try out different formats—capital or lowercase English letters, initials, hiragana, katakana. See what fits best: one line or two, oriented or curvise. Experiment until it feels right.



2 Decide Where to Place It  
Choose where to put your signature on the artwork. Look carefully at the balance with your subject. If you're unsure, go with the bottom right. This example uses pencil, but it's even better to use the same material as the artwork.



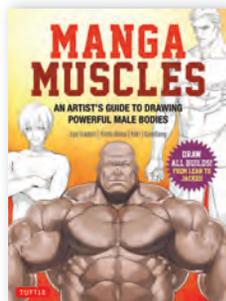
3 Add Your Signature  
Your one-of-a-kind piece is now complete! You did it! Be sure to treasure it.



You can use your regular name stamp, an initial-based seal, or even try carving your own stamp from an eraser—highly recommended.



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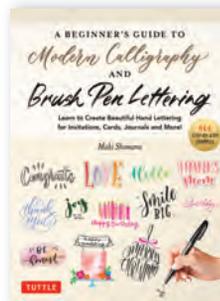


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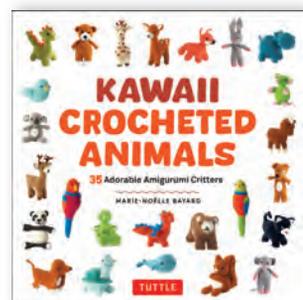
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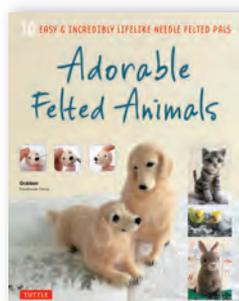
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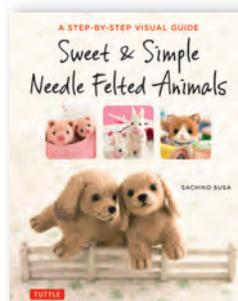
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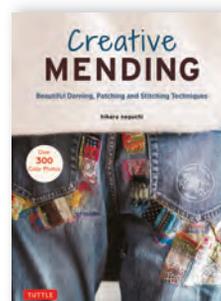
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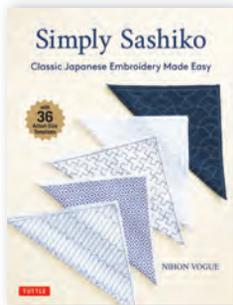
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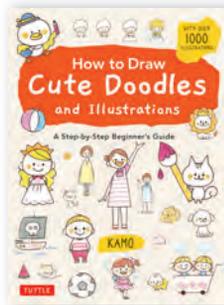
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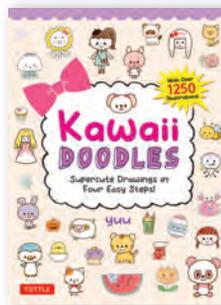


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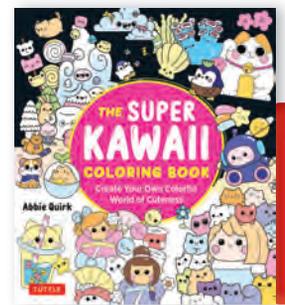


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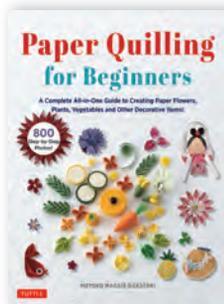


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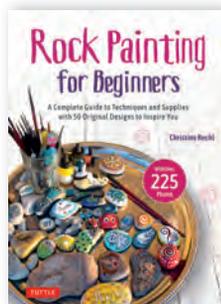
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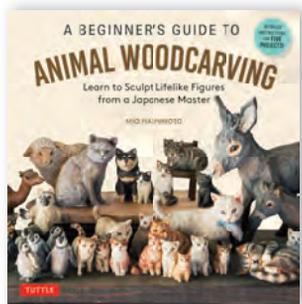
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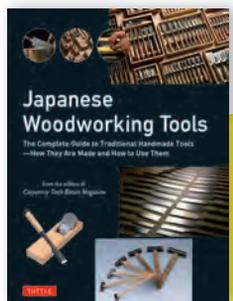
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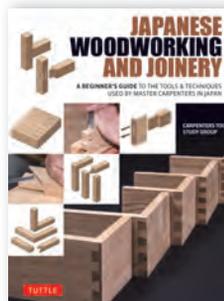


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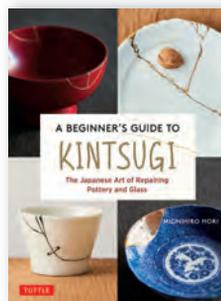
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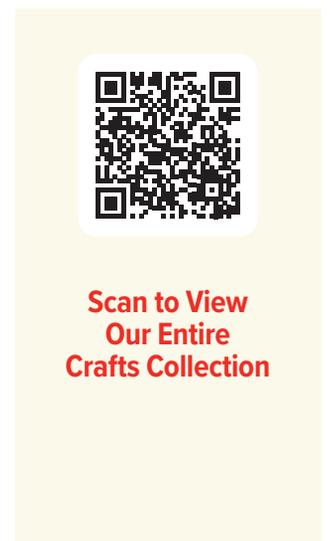


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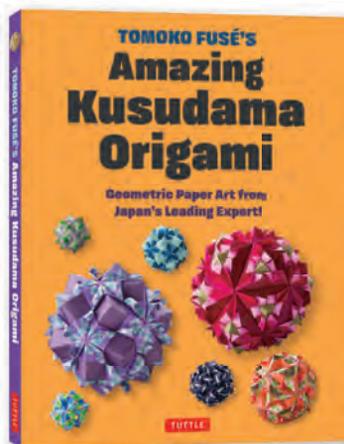
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## **Tomoko Fusé's Amazing Kusudama Origami**

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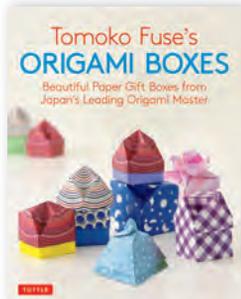
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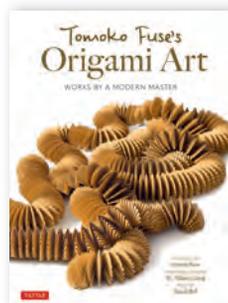


**Tomoko Fusé** is Japan's leading origami artist, teacher and author. She discovered the art of paper folding as a young child and has become known as "The Queen of Modular Origami." Her work has been exhibited around the world in solo shows in Paris, Tokyo and Dessau, Germany. She has written dozens of books on origami paper folding and was a featured artist in the PBS Nova special "The Origami Revolution." Her life as an origami artist is portrayed in the new NHK World film "Unfolding a Life with Origami."

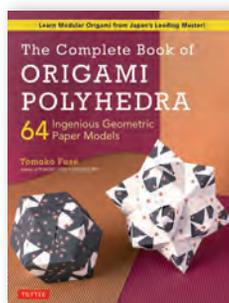
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**Bestseller!**

### A Basic Kusudama Origami

Kusudama origami is made by assembling several "units" of the same shape. In the basics, one unit is made from a single square piece of paper. Depending on the size of the paper and the shape of the unit, the finished piece will show various expressions. First, let's start by making the units.

**Macaron**

- 30-piece set
- 30 square sheets of paper

6 x 6 in (15 x 15 cm)  
See pages 10-23

**Unit**

- 1 Make fold lines
- 2 In the order of arrows 1 and 2, fold by aligning the corners marked with a circle.

- 3 Open
- 4 Fold along the diagonal
- 5 Fold the corners of the circle together.
- 6 Valley fold
- 7 Match the circles and make a fold.
- 8 Add fold lines
- 9 Plug in
- 10 Turn over
- 11 Make a fold in the center, open both ends and turn it over.
- 12 Fold both ends

**Complete**



Ripple

Soleil



Pomegranate

Pinks

Hydrangea

### Iris

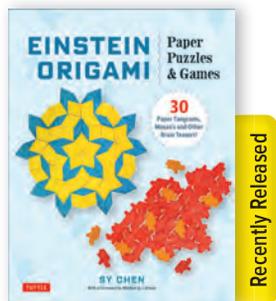
- 30-piece assembly
- 60 sheets of paper cut from squares (30 each of 2 types)
- Estimated production time: 5 hours

### Base

For a More Decorative Look

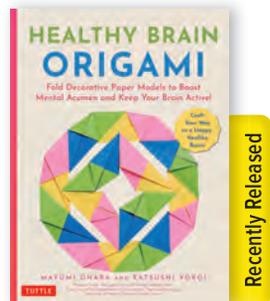
- 1 Make a crease
- 2 Valley fold
- 3 Valley fold
- 4 Make a crease, open everything, and turn it over

Also Available:



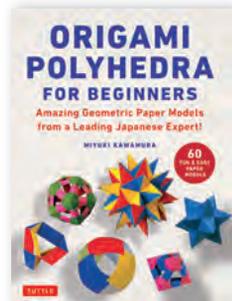
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**Einstein Origami Paper Puzzles & Games**  
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March

Origami

8 1/2 X 11 • 128 pages

20 different airplane models; 32 tear-out paper plane folding sheets; 400 diagrams and 20 color photos

Carton Quantity: 24  
Selling Territory: World



Contains  
**32**  
Tear-Out Paper  
Airplanes!

## Ultra Long Flight Paper Airplanes

20 Incredible Planes Designed for Record Breaking Flights

By Takuo Toda

This book presents the longest-flying paper airplane in the world—the Zero Fighter created by Takuo Toda, who is a living legend in Japan. He also includes 19 other high-performance paper planes that are very easy to fold and stay aloft for an amazingly long time!

The 32 tear-out planes in this book can be folded in minutes and each one is unique. They include:

- The “belly button” **Wing Ace** that requires just 9 simple steps to fold!
- The whimsical **Flying Heart**, perfect for sending airmail notes to loved ones!
- The rectangular **Four-Sider**, whose performance always defies expectations
- The **Sky King**, a previous record holder for the longest time aloft!
- The incredible **Zero Fighter**, the reigning world record holder for the past 15 years!
- And many more!

### Publicity & Marketing

- Digital advertising
- Influencer outreach and social media promotion
- E-Newsletter campaign



**Takuo Toda** has dedicated his life to designing innovative paper aircraft. His signature snub-nosed “Sky King” was the Guinness World Record holder for many years. But on December 19, 2010, he broke his own record for flight duration with his new “Zero Fighter” design, which flew for 29.2 seconds. Both of these planes are included in this book. During his long career, Toda has developed over 700 paper airplane designs and written over 30 books on the subject. He is the chairman of the Japan Origami Airplanes Association.

Author Official Website: [oriplane.com](http://oriplane.com)  @Oriplane  @OriplaneChannel

By the Same Author:



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**BELLY-BUTTON KING**



### ZERO FIGHTER

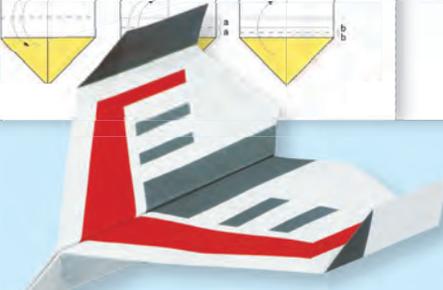
This is the Guinness World Record paper airplane with an indoor flight time of 29.2 seconds. Compared to the basic Sky King (p.45), it has a smaller holding section and vertical stabilizer.

Paper Shape - Rectangular  
Difficulty - ★★★★★

1. Fold in half, then unfold and flip it over.
2. Fold into a triangle along the centerline.
3. Fold in half at the marked position, then unfold.
4. Fold at the position shown in the diagram, then unfold.
5. Fold at the position shown in the diagram.
6. Fold into a triangle along the centerline, then unfold.
7. Fold the corner at the marked position.
8. Fold along the crease made in step 6.
9. Fold forward at the marked position.
10. Fold at half the width of c, then unfold.



**NEXUS KING MAX**



**WING ACE**



**POSEIDON 1.**



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March

Origami

8 1/2 X 11 • 96 pages

includes step-by-step instructions with 1300 color photos; free online videos and 350 eye stickers

Carton Quantity: 24

Selling Territory: World

Includes Free Online Instructional Videos!



## Unbelievably Cute Origami

*Kawaii Models with Photo & Video Instructions*

By Tatsukuri Origami

Tatsukuri Origami is a one-man folding sensation in Japan with 140,000 YouTube subscribers and over 40 million views. This book presents over 40 of his most popular animal models with incredibly clear and simple photographic instructions. He even provides a QR code for free online video how-to guides for foolproof results!

These models can be created by folders of all ages. Tatsukuri also provides tips on how to decorate your

finished models to supercharge their cuteness factor!

Here are just a few of the adorable models you can make with this unique book:

- **Adorably cute pets**—cats, bunnies and hamsters, plus a pug and a roly-poly bulldog!
- **Popular zoo animals**—lions, tigers, elephants, gorillas and a cuddly panda!
- **Aquatic creatures**—dolphins, whales, penguins, otters, frogs and polar bears!
- **Friendly forest animals**—foxes, hedgehogs, squirrels and owls, plus a cute bumblebee!
- **Practical animal-themed projects**—such as bookmarks, envelopes and note cards with seasonal holiday variations!
- **Plus much more!**

Once you fold each model, you can apply eye stickers to give the animal an expressive face!

### Publicity & Marketing

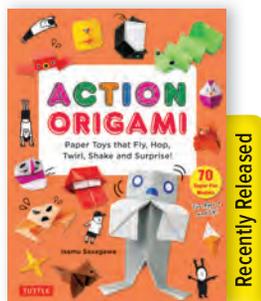
- Digital advertising
- Influencer outreach and social media promotion
- E-Newsletter campaign



**Tatsukuri Origami** is a hugely popular origami designer whose YouTube channel has over 140,000 subscribers and over 40 million views. His love of illustration and crafts led him to develop a deep passion for origami paper folding. His channel features over 600 original creations with detailed explanations showing how to fold the models. He has published many books on this subject. This is his first in English.

@tatsukuriorigami @tatsukuriorigami

Also Available:



**Action Origami**  
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ISBN-13: 978-4-8053-1944-4  
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ISBN-13: 978-0-8048-5952-3



## Tuttle's 6" Origami Paper Pack Books (256 Sheets) Backlist Highlights

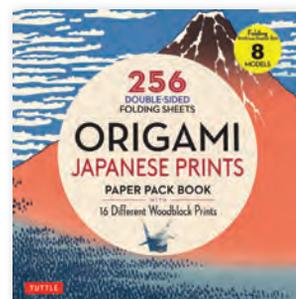
Each Paper Pack Book Contains 256 Sheets of Double-Sided Folding Paper with 16 Unique Patterns and Folding Instructions for 8 Models  
 16 different patterns & Instructions for 8 projects ● 6 X 6 ● May ● Carton Quantity: 30 ● Selling Territory: World



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Instructions for 9-12 projects • Carton Quantity: 42 • Selling Territory: World



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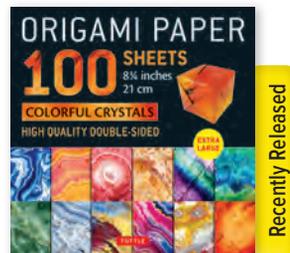
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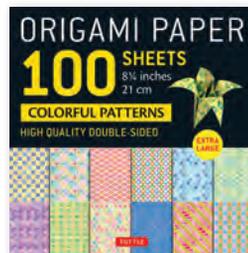
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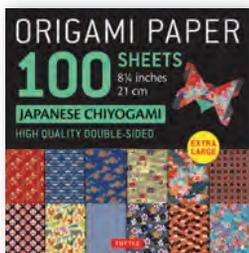
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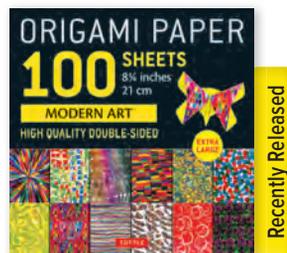
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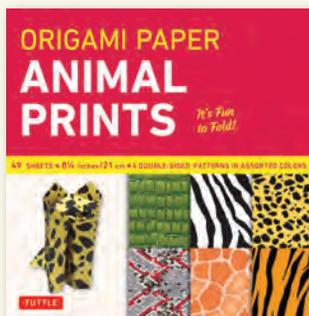


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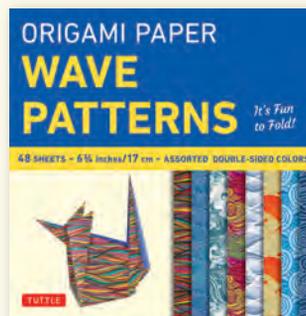


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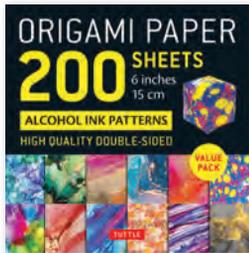


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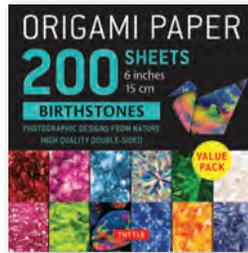
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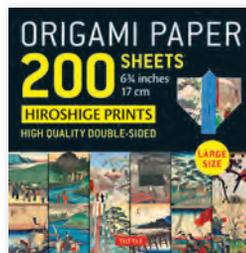
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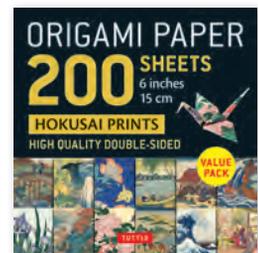
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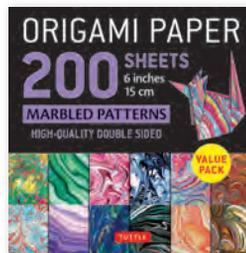
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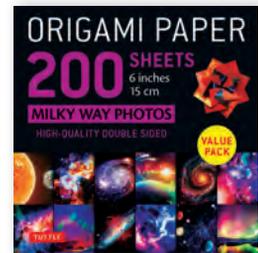
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Chiyogami Patterns  
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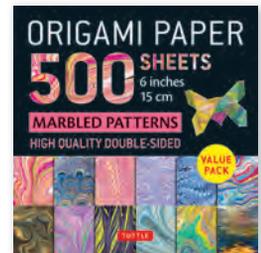
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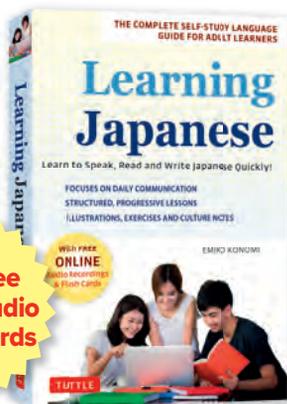
**March**

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6 X 9 • 288 pages

with 10 full-page manga stories; 25 b&w photos; downloadable audio recordings; printable flash cards

**With Free Online Audio & Flashcards**



## Learning Japanese

*The Complete Self-study Language Guide for Adult Learners*

By Emiko Konomi

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- **Numbers, counting money and telling time**
- **Going to a restaurant and ordering food**
- **Talking about your family, hobbies and personal interests**
- **Shopping, getting around and asking directions**

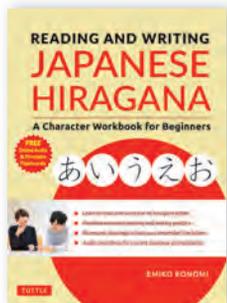
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**Emiko Konomi** received her PhD from Cornell and taught Japanese language at Portland State University for many years. She has trained Japanese-language instructors at teacher-training programs in the U.S. Her passionate teaching style and dedication earned her the John Eliot Allen Outstanding Teaching Award twice. She is the author of *Reading and Writing Japanese Hiragana* and *Reading and Writing Japanese Katakana*, both published by Tuttle.

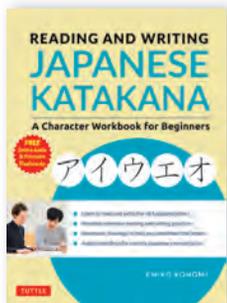
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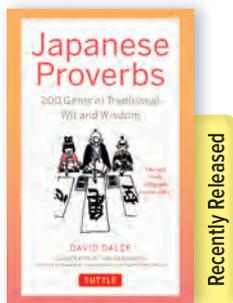


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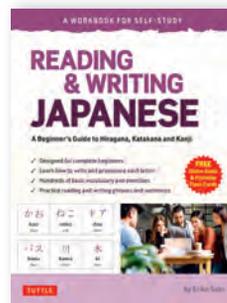


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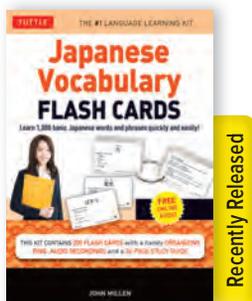
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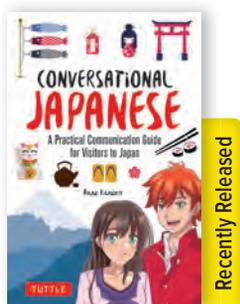
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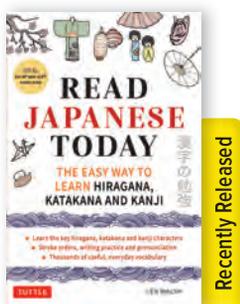


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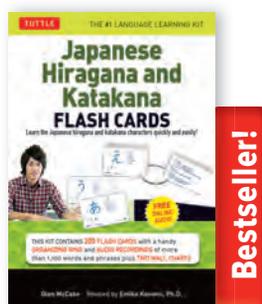
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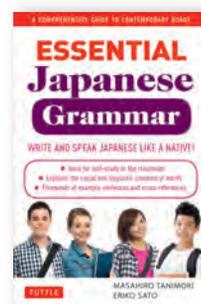
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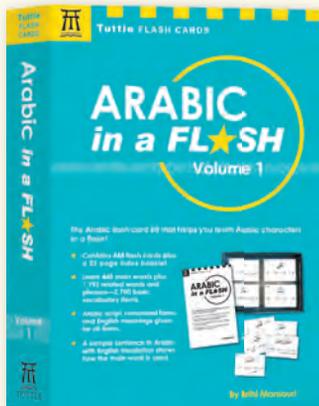
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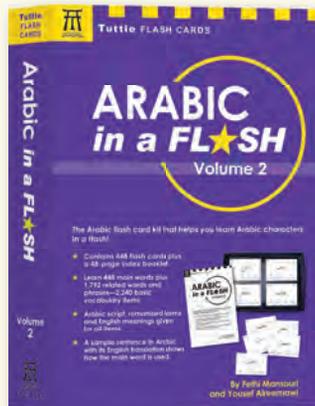
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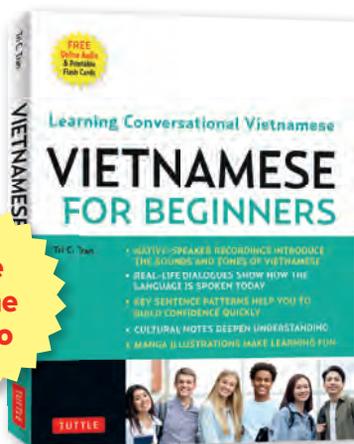
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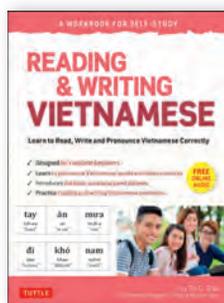
**Tri C. Tran** has taught Vietnamese for over two decades at the university level and has designed this book to enable learners to learn the language easily with or without the help of a teacher. He is the author and translator of numerous dictionaries, textbooks and short story collections, including *Vietnamese Stories for Language Learners*, *Reading and Writing Vietnamese*, and *Essential Vietnamese Grammar*. He is an advocate for heritage language education and an editorial member of the literary e-magazine *damau.org*.

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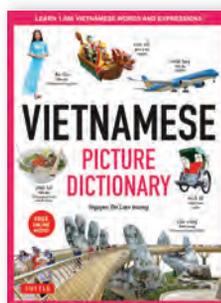
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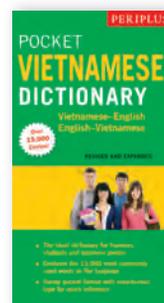
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## CHAPTER 3 Greetings and Introductions Chào Hỏi Và Giới Thiệu

### IALOGUE 1

Huy is sitting in a campus cafeteria with two international students he's just found out are classmates in his political science class. They start their first encounter by introducing themselves to one another.

**HUY:** Chào anh chị. Tôi tên là Huy. Tôi là người Việt, còn anh chị là người nước nào?  
*Chào anh/chị chào! // chào chào! chào chào! // chào! chào! chào! chào!*  
 Hello, brother/sister/ma'am!  
 Hello "brother" /sister/ "ma'am". My name is Huy. I am Vietnamese, and what about nationality are you?

**ROSA:** Chào hai bạn, tôi là Rosa, từ Tây Ban Nha đến. Còn anh, anh tên là gì?  
*Chào hai bạn! // chào hai bạn! chào hai bạn! // chào hai bạn! chào hai bạn!*  
 Hello, you two! (brother/sister), I am Rosa, from Spain. And you, what's your name?

**LAURENT:** Chào Rosa và Huy. Tên tôi là Laurent và tôi là người Pháp.  
*Chào Rosa và Huy! // chào! chào! chào! chào! // chào! chào! chào! chào!*  
 Hello, Rosa and Huy. My name is Laurent and I am French.

**HUY:** Các bạn nói tiếng Việt giỏi lắm! Rồi bạn được gặp hai bạn?  
*Các bạn nói tiếng Việt giỏi lắm! // Rồi! Rồi! Rồi! Rồi! // Rồi! Rồi! Rồi! Rồi!*  
 You guys speak Vietnamese very well! Very pleased to meet you two.

**LAURENT:** Tôi cũng vậy.  
*Tôi cũng vậy!*  
 My too.

**ROSA:** Đến giờ rồi. Chúng ta cùng vào lớp nhé.  
*Đến giờ rồi! // Chúng ta cùng vào lớp! // Chúng ta cùng vào lớp!*  
 It's time already. Let's go to our class together, eh.



### READING

#### MÙA GIÓ CHUÔNG

Việt Nam nằm trong vùng nhiệt đới gió mùa. Việc phân chia bốn mùa xuân, hạ, thu, đông không rõ rệt bằng hai mùa-mùa mưa từ tháng Sáu đến tháng Mười Hai và mùa khô từ tháng Mười Hai đến tháng Năm. Gió mùa tây nam thổi vào mùa mưa, còn gió mùa đông bắc hoạt động vào mùa khô.

Đặc biệt, ở miền Tây Nam, người ta gọi gió mùa đông bắc là gió chướng vì loại gió này gây ra nhiều thiệt hại và nông nghiệp và ngư nghiệp cho các vùng ven biển. Ở những vùng này, người dân có nhiều ao hồ nuôi các loại thủy sản và những vùng trồng nông sản. Một trong những ảnh hưởng xấu của gió chướng là làm cho việc xâm nhập mặn từ biển vào sâu hơn trong hệ thống sông ngòi ở miền này, làm tổn thất việc thu hoạch sản phẩm của người nông dân.

*Việt Nam nằm trong vùng nhiệt đới gió mùa! // Việt Nam nằm trong vùng nhiệt đới gió mùa!*  
 Vietnam lies in the tropical monsoon region!  
 Vietnam lies in the tropical monsoon region!

CHAPTER 3

ACROSS - NGANG	DOWN - DỌC
1. Spoken law	2. Father's youngest brother
4. Being single	3. Crooner's side
6. Father's oldest brother	11. Shortest term for way
8. Younger sibling	13. Mother's side
9. Romantic feeling	15. To raise to drink
12. Grandparents	16. Younger sister
13. Son of your parent's older sibling	19. Relatives
15. Antonym of "young"	11. Sibling's child
16. Parental grandchild's correct address	14. Older brother
17. Male spouse	13. Household comprising all parents and children
18. Older sister's husband	16. Maternal grandmother
21. Mother's sister (older or younger)	17. Older brother's wife
22. Wicked	19. Niece/nephew
23. Future	20. Niece/nephew(s)
24. Future	



## CHAPTER 11 Foods & Beverages Thực Ăn Và Thức Uống

### IALOGUE 1

Vũ and Hoàng are about to have lunch at a restaurant. They are looking at the menu and talking about what to eat.

**HUONG:** Vũ định gọi món gì vậy?  
*Vũ? Định gọi món gì vậy?*  
 What are you thinking of getting?

**VŨ:** Ồm, tôi đang phân vân giữa phở gà và bún bò đây. Còn Hoàng thì sao?  
*Ồm! Đang phân vân giữa phở gà và bún bò đây! // Còn Hoàng thì sao?*  
 Hmm, I'm torn between chicken noodles and beef vermicelli. How about you?

**HUONG:** Tôi thích bún bò hơn một chút. Hay là mình gọi cả hai món và chia với nhau nhé?  
*Tôi thích bún bò hơn một chút! // Hay là mình gọi cả hai món và chia với nhau nhé?*  
 I'm leaning toward the beef vermicelli. Or shall we order both, so we can share them?

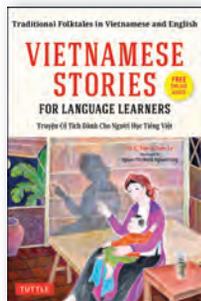
**HUONG:** Đúng 5. Như vậy chúng ta sẽ được thưởng thức cả hai món.  
*Đúng 5! // Như vậy chúng ta sẽ được thưởng thức cả hai món!*  
 Agreed. That way we'll be able to enjoy both dishes...

*À một server approaches.*

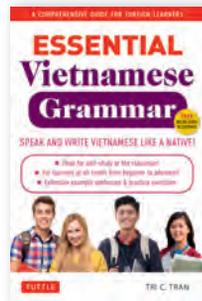
**BỒN BÀN:** Chào anh chị! Anh chị đã sẵn sàng để gọi món ăn chưa?  
*Chào anh/chị chào! // Anh/chị đã sẵn sàng để gọi món ăn chưa?*  
 Hello, good! Are you ready to order?

**HUONG:** Chào anh, anh có chiếc tô một tô phở gà và một tô bún bò.  
*Chào anh! // Anh/chị chào! // Anh/chị chào! // Anh/chị chào!*  
 Hi! Please give us one chicken noodle bowl and one beef vermicelli bowl.

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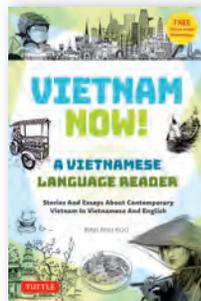


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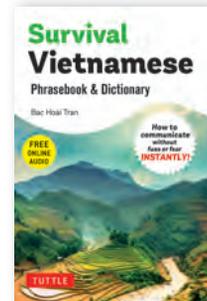


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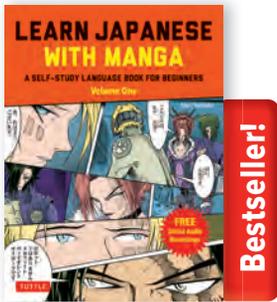


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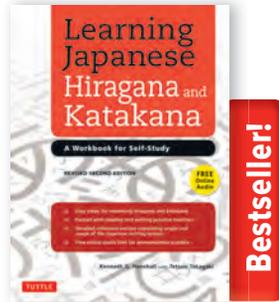
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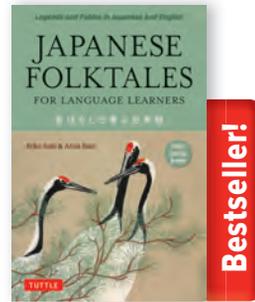
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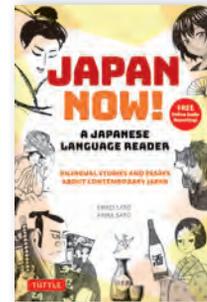
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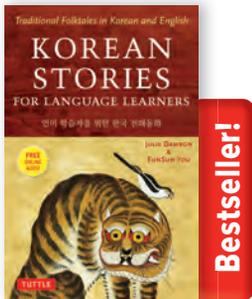


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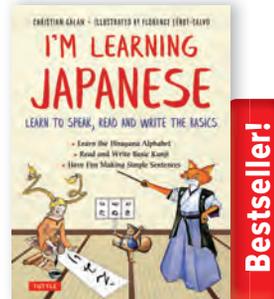
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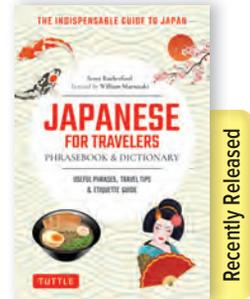
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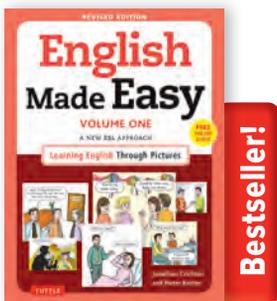
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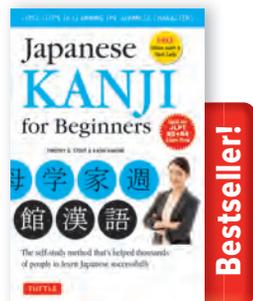
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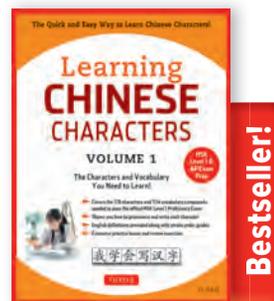
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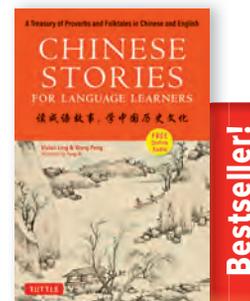
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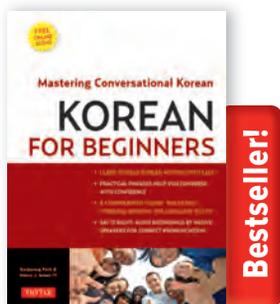
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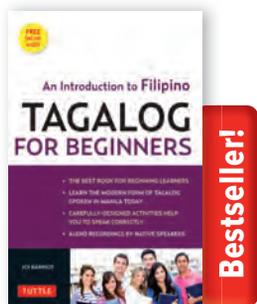


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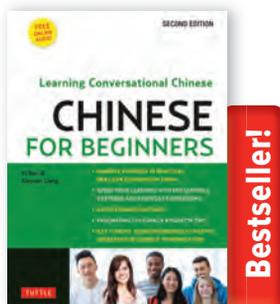
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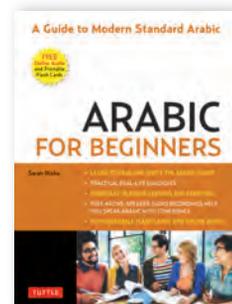
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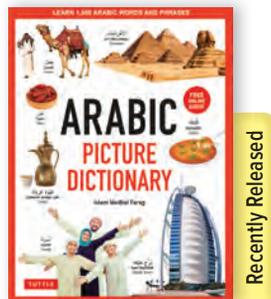
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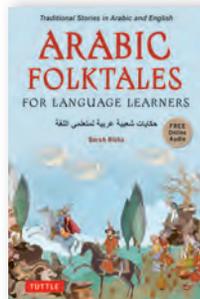
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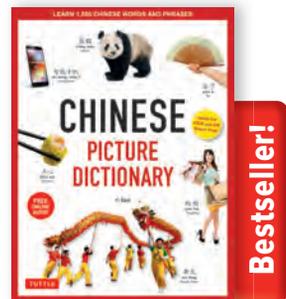
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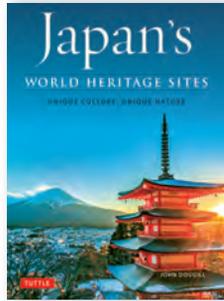
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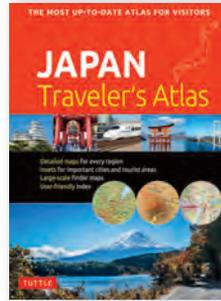


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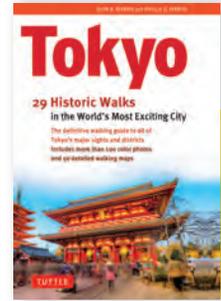


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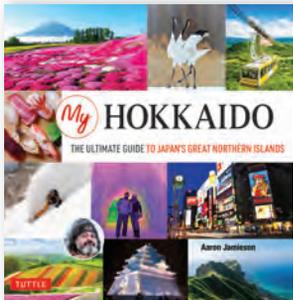


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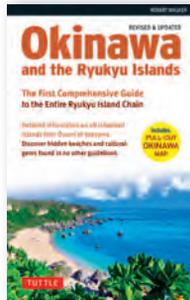


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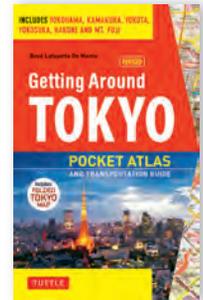


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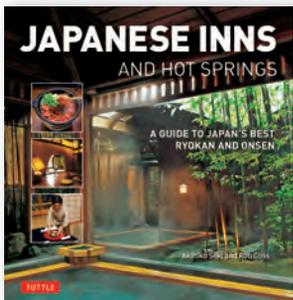


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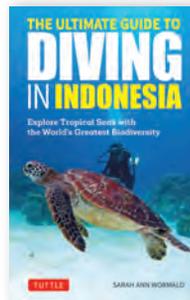
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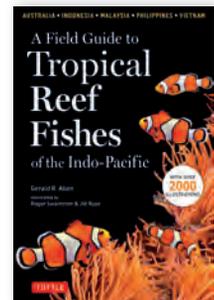


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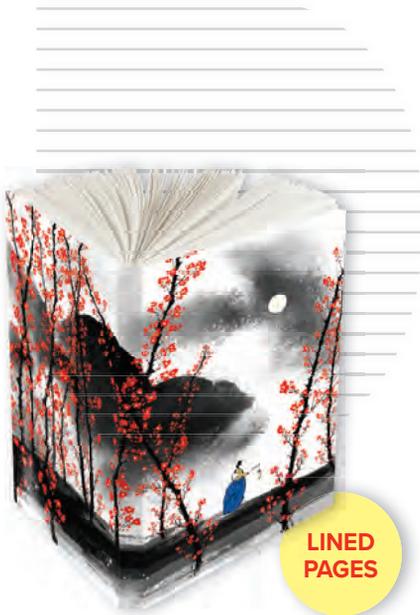


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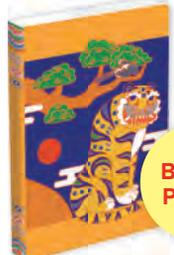
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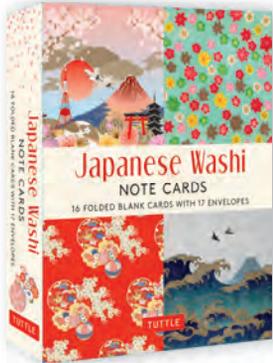


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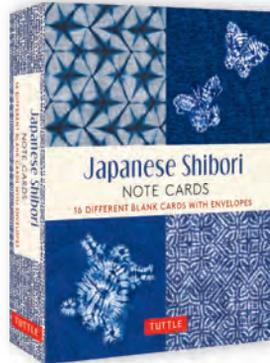


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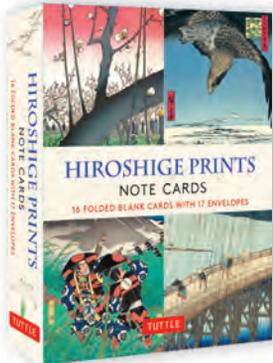


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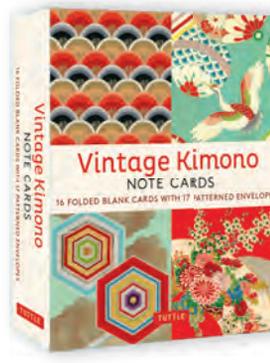


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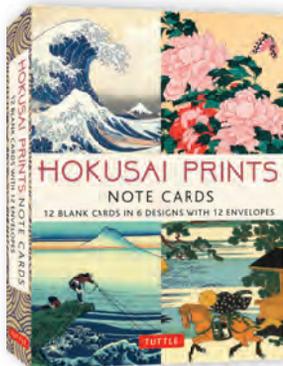


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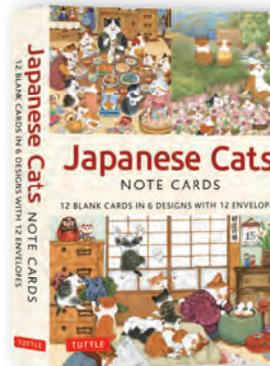


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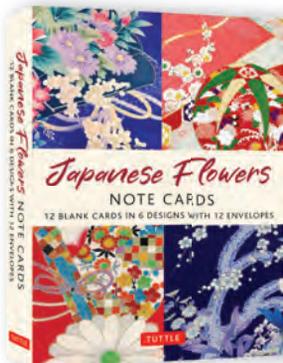


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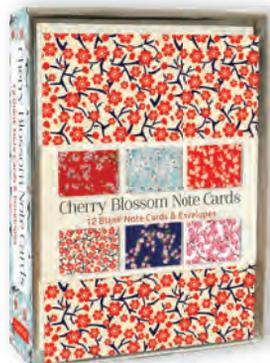


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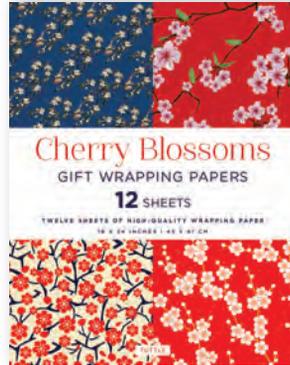
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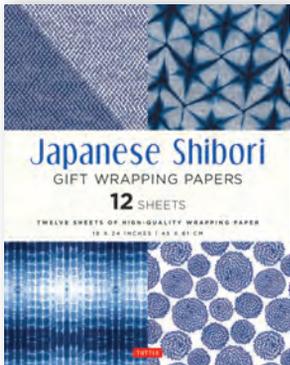
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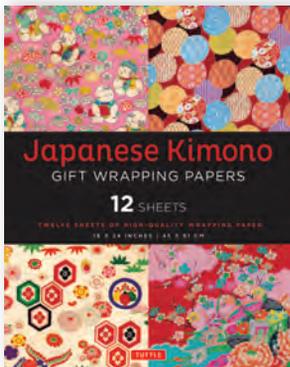
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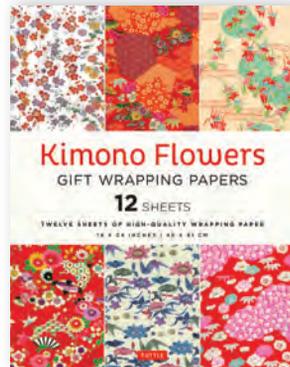
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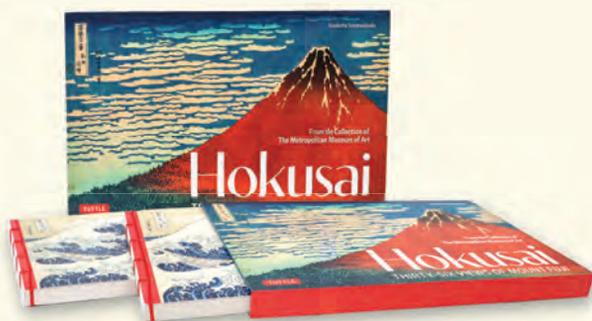


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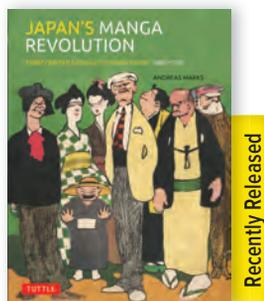


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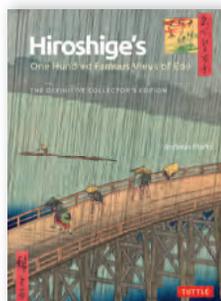
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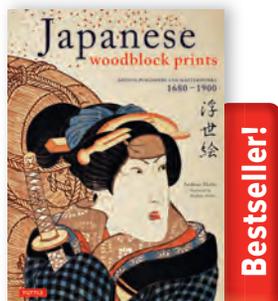
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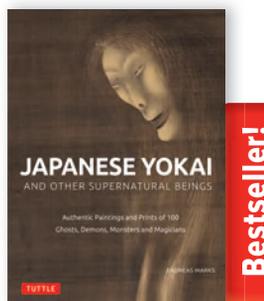
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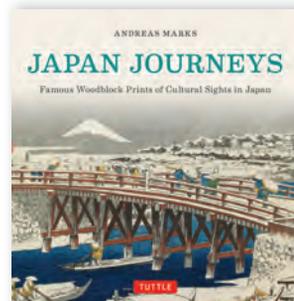
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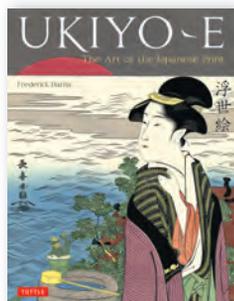
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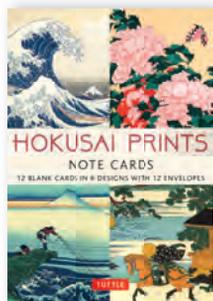
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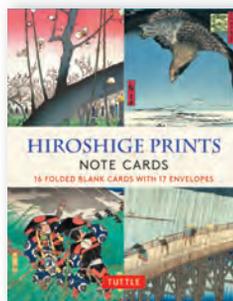
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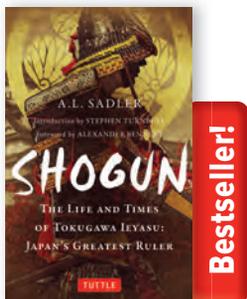


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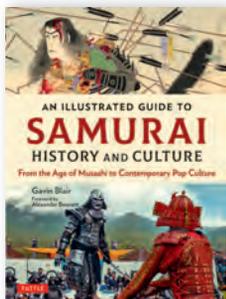
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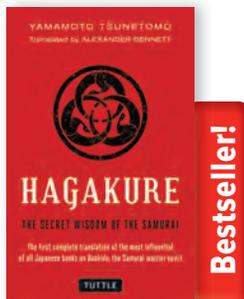


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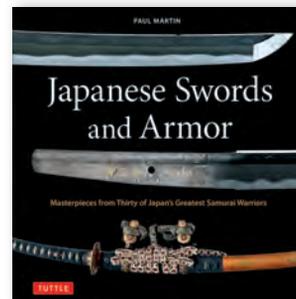


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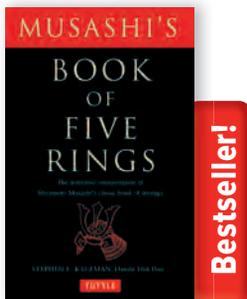


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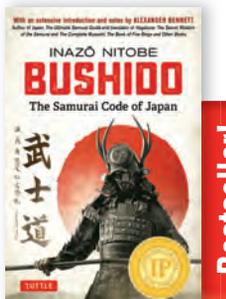


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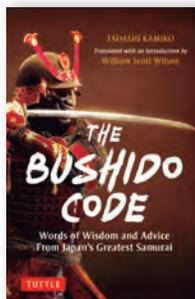
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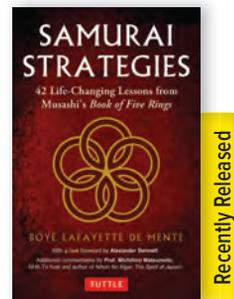


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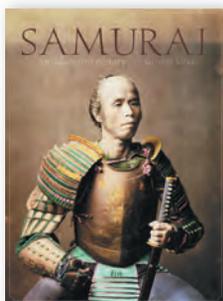


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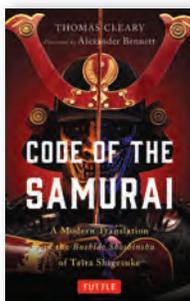


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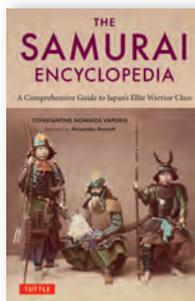
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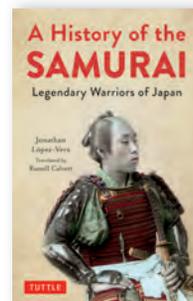
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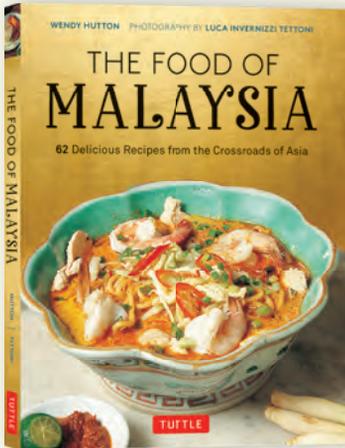
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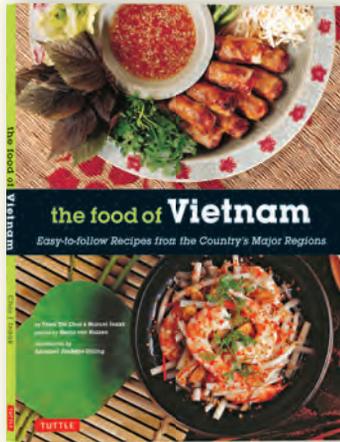


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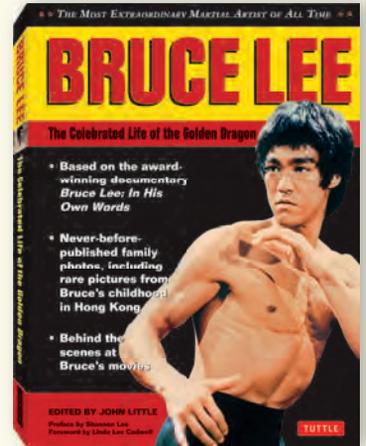
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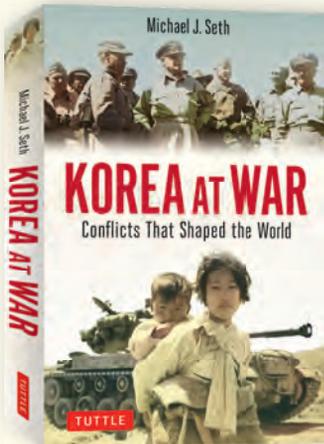
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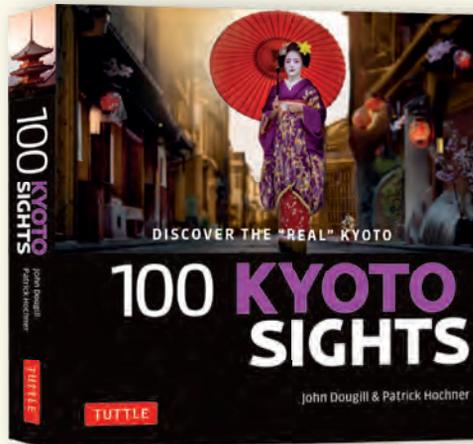
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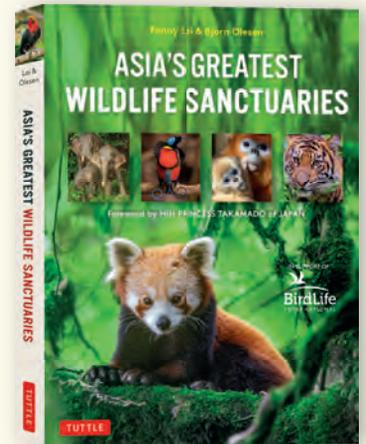
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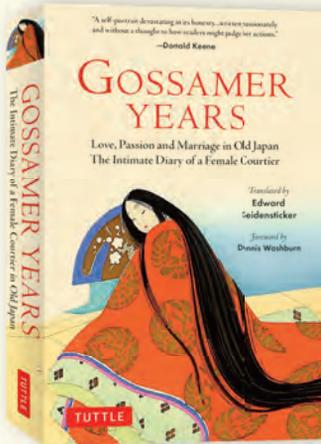
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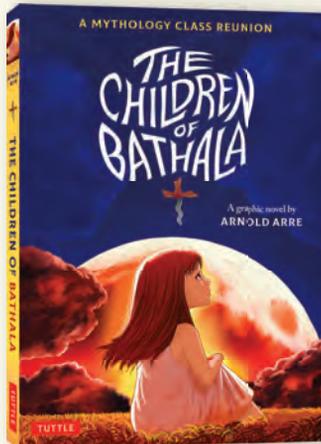
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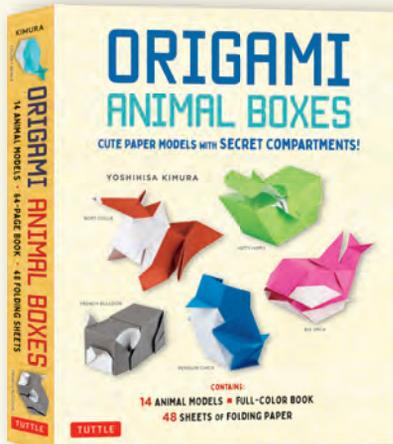
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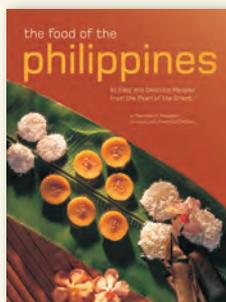
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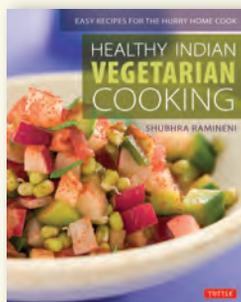
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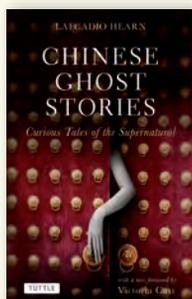
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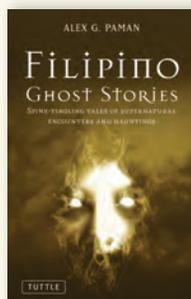
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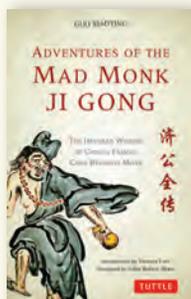
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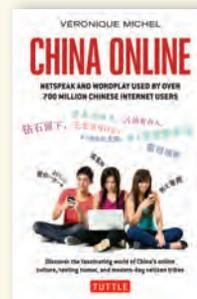
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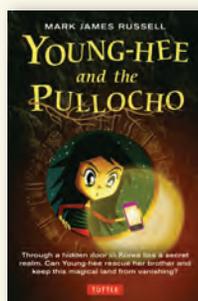
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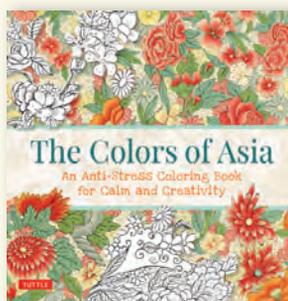
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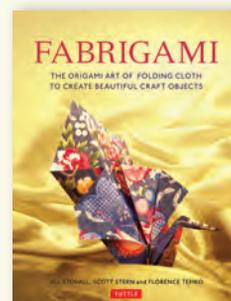
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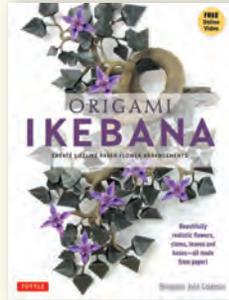


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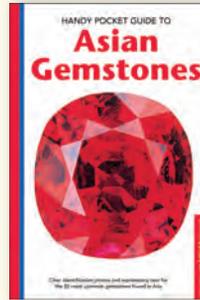
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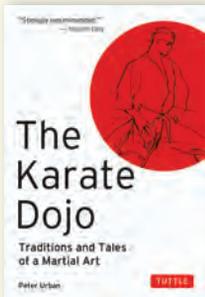
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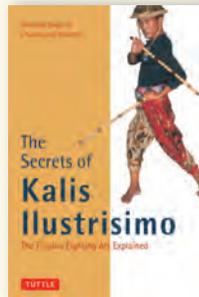
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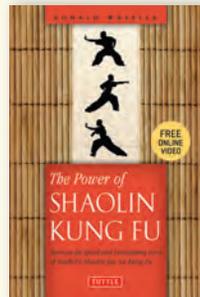
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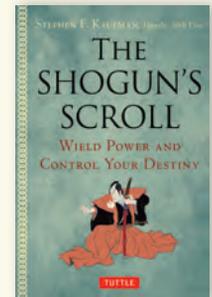
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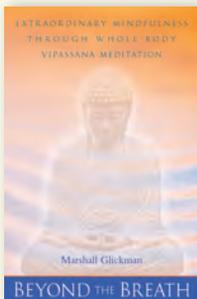
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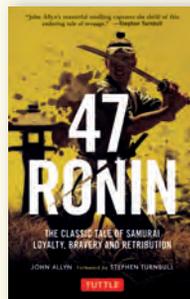
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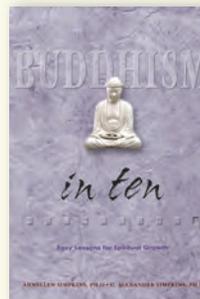
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