“In panels rich with cultural details and sensitive representation, with just enough chill-factor to ensure entertainment along the way.” —Publisher Weekly

Japanese Whisky... page 53

“The expert treatment of the long history of Japanese whisky distillation.” —The Toronto Star

My First Book of Vietnamese Words... page 62

Creative Child Magazine

• 2018 BOOK OF THE YEAR AWARD: Kids Foreign Language Books Category

Flying Dragons Paper Airplane Kit... page 38

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Onibi... page 63

“The book of five rings and other works...” page 11

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The Complete Musashi: The Book of Five Rings and Other Works...

(“a superb new edition of a classic.” —Publisher Weekly

The History of Tea... page 6

“In this stimulating history, gardening and crafts writer Martin follows tea from its medicinal origins in fourth-century China through its spread across the globe.” —Publisher Weekly

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**ABOUT TUTTLE**

“Books to Span the East and West”

Our core mission at Tuttle Publishing is to create books which bring people together one page at a time. Tuttle was founded in 1832 in the small New England town of Rutland, Vermont (USA). Our fundamental values remain as strong today as they were then—to publish best-in-class books informing the English-speaking world about the countries and peoples of Asia. The world has become a smaller place today and Asia’s economic, cultural and political influence has expanded, yet the need for meaningful dialogue and information about this diverse region has never been greater. Since 1948, Tuttle has been a leader in publishing books on the cultures, arts, cuisines, languages and literatures of Asia. Our authors and photographers have won numerous awards and Tuttle has published thousands of books on subjects ranging from martial arts to paper crafts. We welcome you to explore the wealth of information available on Asia at [www.tuttlepublishing.com](http://www.tuttlepublishing.com).

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Modern Japanese Short Stories
An Anthology of 25 Stories by Japan’s Leading Writers
Ivan Morris, editor
Seiji Lippit, foreword
Masakazu Kuwata, illustrator

Modern Japanese Short Stories is a remarkable collection of Japanese stories from the pioneers of contemporary Japanese literature. This volume's twenty-five stories by as many authors display a wide range of styles and subject matter—offering a revealing picture of modern Japanese culture and society.

The stories in this anthology include:

- “Tattoo” by Junichiro Tanizaki—a large spider tattooed on the back of a young woman results in unexpected changes
- “The Priest and His Love” by Yukio Mishima—a Buddhist priest finds his path to enlightenment challenged after falling in love
- “The Moon on the Water” by Nobel Prize winner Yasunari Kawabata—a young woman who cared for her ailing first husband through most of their marriage regrets remarrying after his death

Featuring a new foreword by Japanese literary scholar Seiji Lippit and striking woodcut illustrations by Masakazu Kuwata, the stories are translated by the editor, Ivan Morris, and Edward Seidensticker, George Saito and Geoffrey Sargent. This collection of short stories shows why Japanese literature is so highly valued today—because it teaches us not only about Japan, but about the human condition and the possibilities of art.

Authors whose works are in this volume include:

- Ogai Mori
- Haruo Sato
- Kafu Nagai
- Naoya Shiga
- Junichiro Tanizaki
- Kan Kikuchi
- Ton Satomi
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- Tatsuo Nagai
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- Fumiko Hayashi
- Taiko Hirabayashi
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- Osamu Dazai

Ivan Morris (1925-1976) was a professor at Columbia University from 1960 to 1973 where he was head of the Department of East Asian Languages and Cultures. He is known for his work on Japanese history and literature, including numerous books, articles and translations.

Seiji Lippit is Professor of Asian Languages & Cultures at the University of California, Los Angeles. He is the author of Topographies of Japanese Modernism and the editor of The Essential Akutagawa.

Masakazu Kuwata is a prolific artist who has created illustrations for many books during his long career. His greatest work, “Pieta of Japan,” is displayed in the Collection of Modern Religious Art at the Vatican Museum.
Japanese Legends and Folklore

Samurai Tales, Ghost Stories, Legends, Fairy Tales, Myths and Historical Accounts

A.B. Mitford
Michael Dylan Foster, foreword

Japanese Legends and Folklore invites English speakers into the intriguing world of Japanese folktales, ghost stories and historical eyewitness accounts. With a fascinating selection of stories about Japanese culture and history, A.B. Mitford—who lived and worked in Japan as a British diplomat—presents a broad cross-section of tales from many Japanese sources. Discover more about practically every aspect of Japanese life—from myths and legends to people and religion.

This book features 30 fascinating stories, including:

• The Forty-Seven Ronin—the famous, epic tale of a loyal band of Samurai warriors
• The Adventures of Little Peach Boy—a boy born from a peach is adopted by a childless couple
• An Account of Hara-Kiri—Mitford’s dramatic first-person account of a ritual Samurai suicide

Thirty-one reproductions of woodblock prints bring these classic tales and essays to life. A new foreword by Professor Michael Dylan Foster sheds light on the book’s importance as a groundbreaking work of Japanese folklore and literature.

A.B. Mitford (Lord Redesdale) was a British author and diplomat. He was attaché at the British legation in Edo (Tokyo) at the beginning of Japan’s turbulent Meiji Restoration and was witness to Japan’s opening to the West.

Michael Dylan Foster is Professor of East Asian Languages and Cultures at the University of California, Davis. He is the author of The Book of Yokai: Mysterious Creatures of Japanese Folklore and Pandemonium and Parade: Japanese Monsters and the Culture of Yokai.
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*Cha-no-Yu and the Zen Art of Mindfulness*

A. L. Sadler
Laura C. Martin, foreword

The Japanese Tea Ceremony is a detailed examination of the five-centuries-old tea ceremony—or Cha-no-Yu in Japanese, literally “hot water for tea”—a cornerstone of Japanese culture and a core practice of Zen Buddhism.

Framed by intricately choreographed steps, the tea ceremony is as much about the search for enlightenment as it is about serving tea. Within the serenity of the tea room, the ceremony, with its highly formal structure, becomes an object of focus for meditation. The path to mindfulness runs through the center of the tea ceremony.

Abundantly illustrated with over 160 drawings and 16 pages of color photos showing every aspect of the ceremony, this book takes readers on a fascinating tour of tea furniture and tea utensils, teahouses and tea gardens, and many other features of Cha-no-Yu. It also delves into the many related disciplines included within the broader framework of the tea ceremony—calligraphy, flower arrangement, architecture, gardening and handicrafts.

With a new foreword by award-winning author Laura C. Martin, *The Japanese Tea Ceremony* is an in-depth exploration of the ritual and Zen philosophy of one of Japan's greatest cultural treasures, truly “an epitome of Japanese civilization.”

A. L. Sadler was Professor of Oriental Studies at the University of Sydney for twenty-six years as well as Professor of Japanese at the Royal Military College of Australia. Among his works are *Shogun: The Life of Tokugawa Ieyasu*, *A Short History of Japanese Architecture*, and *The Ten Foot Square Hut and Tales of the Heike*.

Laura C. Martin served as the garden editor for *Atlanta Homes & Lifestyles* and *Georgia* magazine and has written for publications ranging from *American Horticulturist* to *Better Homes & Gardens*. She is the award-winning author of *A History of Tea: The Life and Times of the World's Favorite Beverage*. 
Edward Seidensticker’s Monumental Work—Now Available in a Single Volume!

**A History of Tokyo 1867–1989**

From EDO to SHOWA: The Emergence of the World’s Greatest City

Edward Seidensticker
Donald Richie, preface
Paul Waley, introduction

Edward Seidensticker’s *A History of Tokyo 1867-1989: From Edo to Showa* tells the fascinating story of Tokyo’s transformation from the Shogun’s capital in an isolated Japan to the largest and most modern city in the world. With the same scholarship and sparkling style that won him admiration as the foremost translator of great works of Japanese literature, Seidensticker offers the reader his brilliant vision of an entire society suddenly wrenched from an ancient feudal past into the modern world in a few short decades, and the enormous stresses and strains that this brought with it.

Originally published as two volumes, Seidensticker’s masterful work is now available in a single handy paperback volume. This edition contains a preface by Donald Richie, the acknowledged expert on Japanese culture who was a close personal friend of the author, and an introduction by geographer Paul Waley that puts the book into perspective for modern readers.

Whether you’re a history buff or a Tokyo-bound traveler looking to learn more, this insightful book offers a fascinating look at how the Tokyo that we know came to be.

**Edward Seidensticker** (1921–2007) was a distinguished translator and scholar responsible for introducing the works of many important Japanese novelists to the English-speaking world.

**Donald Richie** (1924–2013) spent nearly sixty years witnessing and reporting on the transformation of Japan from its postwar devastation to a twenty-first century economic and cultural powerhouse.

**Paul Waley** is a geographer at the University of Leeds. He has written several books on Tokyo’s history, social development and its changing dynamics in contemporary Japan.

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Bushido: The Samurai Code of Japan

With an Extensive Introduction and Notes by Alexander Bennett

Inazo Nitobe
Alexander Bennett, introduction and notes

Bushido: The Samurai Code of Japan is the most influential book ever written on the Japanese “Way of the Warrior.” A classic study of Japanese culture, this book outlines the moral code of the Samurai and the virtues every warrior holds dear. It is widely read today in Japan and around the world.

There are seven core precepts of Bushido: justice, courage, benevolence, civility, sincerity, honor and loyalty. Together, these seven values create a system of beliefs unique to Japanese philosophy and culture that is widely adhered to today, and Inazo Nitobe, one of Japan’s foremost scholars, thoroughly explores and defines each of these values.

With an extensive new introduction and notes by Alex Bennett—a respected scholar of Japanese history, culture and martial arts whose first-hand knowledge of the Japanese warrior code is unparalleled—Bushido: The Samurai Code of Japan is an essential guide to the essence of Japanese culture. Bennett’s views on this subject are revolutionizing our understanding of Bushido.

Inazo Nitobe (1862–1933) was a prolific writer and respected Japanese statesman born into a warrior family at the end of the 750-year Samurai period. Through his many writings, particularly Bushido, he became famous in the West and is widely regarded today as the leading authority on all things Japanese.


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MARTIAL ARTS 11
Archery for Beginners

The Complete Guide to Shooting Recurve and Compound Bows

Amante P. Mariñas, Sr.

Archery for Beginners is the complete instructional guide for anyone interested in taking up recreational archery. This book covers all the essentials for the beginning archer—from basic skills and equipment to effective and safe training methods. There are chapters on both recurve and compound bows, the two most popular types, as well as tips on how to track your progress.

Topics included in this book are:

- Compound and Recurve bows
- Training preparation and safety
- Fun archery practice games
- Archery equipment and accessories
- Advanced shooting methods
- How to make your own bow and arrow

With over 150 illustrations and full-color photos, step-by-step instructions and easy-to-follow directions, Archery for Beginners is the go-to guide for anyone interested in learning the basics of archery. Be the next to join more than 8 million Americans who enjoy this popular pastime.

Amante P. Mariñas, Sr. is a martial arts and archery instructor who has authored eleven other books including Amis de Mano, Pananandata Knife Fighting and The Art of Throwing, and is the most published practitioner of the Filipino martial arts.
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The 36 Deadly Bubishi Points
The Science and Techniques of Pressure Point Fighting

Rand Cardwell
Patrick McCarthy, foreword

The 36 Deadly Bubishi Points gives detailed explanations on how the pressure points of Traditional Chinese Medicine found in the venerable “Bible of Karate”—the Bubishi—are used to attack an opponent and how to defend yourself against such attacks.

While much has been written about the vital points and their medicinal importance, research on the martial aspects of the subject has been lacking. Cardwell discusses the vital points from the perspective of an experienced martial artist including how they are related to the 8 extraordinary vessels and 12 meridians which circulate energy throughout the body. The book explains that by understanding how this system works, martial artists will be able to recognize an attack on these points and to effectively defend against them.

Through detailed step-by-step instructions and 98 photographs and illustrations, The 36 Deadly Bubishi Points shows how this knowledge can be employed to respond to an attacker employing these ancient methods in modern, violent situations.

Rand Cardwell has studied numerous fighting disciplines for over 20 years and is an expert on the application of Traditional Chinese Medicine to the martial arts. He is a veteran of the U.S. Marine Corps and a certified instructor of Isshin-ryu Karate, Ryuku Kempo and Torite-Jutsu.

Patrick McCarthy is a Hanshi 9th Dan and recognized worldwide as one of the foremost authorities on the civil fighting traditions of Okinawa. He has practiced Karate-do since the 1960s and has studied a wide variety of Chinese, Southeast Asian and Western fighting arts. His translation of the Bubishi is considered the definitive version.

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Filipino Stick Fighting Techniques

The Essential Techniques of Cabales Serrada Escrima

Mark V. Wiley
Darren Tibon, foreword

Filipino Stick Fighting Techniques is the authoritative guide to Cabales Serrada Escrima—a stick fighting art with its roots in Escrima, the national martial art of the Philippines. The popularity of these techniques has dramatically increased since they were used extensively in action-packed fight scenes in the Jason Bourne films.

Developed by Grandmaster and martial arts pioneer Angel Cabales, Cabales Serrada Escrima is a distinct system emphasizing close-quarter combat using stick fighting moves in unarmed as well as knife fight situations.

Illustrated with over 300 photos and detailed step-by-step instructions, this book lays the foundation for learning the system of Cabales Serrada Escrima and understanding the traditions and philosophy of the art.

Mark V. Wiley has written for numerous martial arts and health publications. He was certified as a master of Cabales Serrada Escrima by Grandmaster Angel Cabales.

Darren Tibon is a Serrada Escrima Grandmaster and former student of Angel Cabales. An instructor of Serrada Escrima, he is a co-founder of the Angel’s Disciples Escrima Association.

Judo Formal Techniques

A Basic Guide to Throwing and Grappling

Donn F. Draeger
Tadao Otaki
Neil Ohlenkamp, foreword

A comprehensive training manual to the basic “free practice” forms of Kodokan Judo, this book provides essential step-by-step instruction in the throwing and grappling kata that every Judo practitioner needs to know.

The authors were world-class instructors at the Kodokan Judo Institute in Tokyo—the headquarters of international Judo, founded by the creator of the martial art, Jigoro Kano.

First introduced as an Olympic sport at the 1964 Tokyo Olympics, Judo is returning to its home city on the world stage at the 2020 Olympics. Practiced by more than 20 million people worldwide today, Judo is expected to grow dramatically in popularity.

Donn F. Draeger (1922–1982) is one of the world’s leading authorities on the Asian martial arts. His many publications include The Weapons and Fighting Arts of Indonesia, Shaolin Lohan Kung-fu and the Practical Karate series.

Tadao Otaki (1908–1998) was recognized for his contributions to Judo’s teaching methods and long experience as an instructor to everyone from beginners to Olympic champions.

Neil Ohlenkamp is a 7th degree black belt, member of the Kodokan Judo Institute and head instructor at the Encino (CA) Judo Club. He was head coach of the U.S. Judo squad at two Paralympic Games and is the author of Judo Unleashed.
**The seminal book by Hidetaka Nishiyama—the teacher who brought Karate to the West!**

*Nishiyama began his training under the instruction of Gichin Funakoshi, the legendary founder of Shotokan Karate. He helped establish the Japan Karate Association and was instrumental in bringing Karate to the U.S. and other Western countries.*

Highly accessible and richly illustrated with over 1,000 photographs, this book is a comprehensive manual to all the basic movements and techniques of Karate. Topics covered include:

- A brief history of Karate
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- Effective training and exercise methods
- Defenses against weapons
- Fundamental Karate techniques including stances, blocks and attacks

With a new foreword by Ray Dalke, who trained under Nishiyama and, at 8th Dan, is the highest ranking American in Shotokan Karate, *Karate: The Art of “Empty-Hand” Fighting* provides analyses from the standpoint of physics, physiology, philosophy and body dynamics. This book is an invaluable reference for any Karateka—stressing Nishiyama’s lesson that mastery of the basics is not the end but merely the beginning of a lifelong journey.

Hidetaka Nishiyama was a student of Gichin Funakoshi, the legendary founder of Shotokan Karate, and was instrumental in bringing Karate to America and other Western countries.

Richard C. Brown is a senior American member of the Japan Karate Association (JKA).

Ray Dalke is a former student of Hidetaka Nishiyama and the highest ranking American in Shotokan Karate. He worked at the University of California, Riverside, for 30 years where he coached the Shotokan Karate team to five National Championships.
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Foreword by Taky Kimura
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over 300 b&w photos and illus
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Inspiration and Insights from the World’s Greatest Martial Artist
by Bruce Lee
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Backlist Highlights • MARTIAL ARTS

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Disrupt • Damage • Destroy • Disengage
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Everything You Need to Get Started in Aikido—from Basic Footwork and Throws to Training
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Kung Fu Basics
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by Paul Eng
b&w photos
6 X 9, 192 pp. paperback
$9.99/$12.95 (CAD)

Jeet Kune Do Basics
Everything You Need to Get Started in Jeet Kune Do—from Basic Footwork to Training and Tournaments
by David Cheng
b&w photos
6 X 9, 192 pp. paperback
$9.99/$12.95 (CAD)

Taekwondo Basics
Everything You Need to Get Started in Taekwondo—from Basic Kicks to Training and Competition
by Scott Shaw
b&w photos
6 X 9, 192 pp. paperback
$9.99/$12.95 (CAD)
A Beginner’s Guide to Succulent Gardening

A Step-by-Step Guide to Growing Beautiful & Long-Lasting Succulents

Taku Furuya

Adored for their charming shapes and colors, respected for their resilience and adaptability, and just plain fun to have around—succulents are the hottest home gardening trend today. A Beginner’s Guide to Succulent Gardening is a friendly guide to over 100 popular succulents, walking novices through all the basics, like:

• Choosing the right succulents to match the intended use
• Mixing the soils and preparing the growing environment
• Easy potting and transplanting techniques
• Succulent care—including watering, fertilizing and sun exposure tips
• Understanding peak periods as well as seasonal traits and needs

Useful tips, clear diagrams and at-a-glance fact sheets for each variety, as well as inspirational photos of attractively and happily-housed succulents, fill the pages of this book.

Now is the time to give succulents a try! Let A Beginner’s Guide to Succulent Gardening be your guide to growing your indoor garden—one succulent at a time.

Taku Furuya is an experienced gardener who has performed selective breeding with seeds he has collected, cultivated and crossbred. He is also a frequent visitor to the Americas, where he photographs succulents in their natural habitats.

ALSO AVAILABLE:

Stylish Succulents
$16.99/$21.95 (CAD)

Recently Released

GARDENING

www.tuttlepublishing.com
This friendly guide is a clear and easy introduction to selecting, planting and maintaining healthy succulents!
Discover Little-Known Garden Gems in this Handy Pocket Guide

$15.99 flapped paperback
$19.95 (CAD)

March

Gardening
Tuttle Publishing

ever 600 color photos
6 X 6 240 pages

Carton Quantity: 36
Selling Territory: World
ebook available

• Outreach to gardening blogs and print media
• Outreach to Japan-centric blogs and print media
• Outreach to travel blogs
• BLADs available

100 Japanese Gardens
The Best Gardens to Visit in Japan

Stephen Mansfield

100 Japanese Gardens is an ambitious attempt to profile the finest gardens throughout Japan including those in Kyoto and Tokyo as well as many lesser-known but equally stunning landscapes in less-visited parts of the country.

A celebration of Japanese garden design, this book features gardens from the islands of Honshu, Shikoku and Kyushu as well as sub-arctic Hokkaido and semi-tropical Okinawa. Author Stephen Mansfield traveled the length and breadth of Japan in his quest to identify the most impressive gardens across this vast and culturally-varied archipelago. His erudition and love of the Japanese garden, as well as the book’s compact format, make this the perfect primer for travelers to Japan and armchair gardening enthusiasts alike.

Mansfield’s insightful descriptions of the gardens examine design concepts and principles, space management, aesthetics, compositional elements and the iconographic and metaphysical role of Shinto and Buddhist symbolism. Through exquisite visuals and engaging stories, we experience Japanese gardens not merely as landscapes, but as large-scale art installations.

Stephen Mansfield is one of the foremost photojournalists in Japan. He is the author of twenty books, including Japanese Stone Gardens, Japan’s Master Gardens and Tokyo: A Biography.

ALSO AVAILABLE:

Infinite Spaces
$16.95/$19.50 (CAD)

Japan’s Master Gardens
$15.99/$19.95 (CAD)

Zen Gardens
$39.95/$49.95 (CAD)

Quiet Beauty
$34.95/$39.95 (CAD)
Living with Air Plants
A Beginner’s Guide to Growing and Displaying Tillandsia

Yoshiharu Kashima (Protoleaf)
Yukihiro Matsuda (Brocante)

Living with Air Plants is the perfect introduction to the world of Tillandsia and the many ways they can be used to design and upgrade your home or work space.

These endearing plants are easy to grow and care for—once you know how. This reference and growing guide covers over 100 different Tillandsia varieties, and gives you all the information and tips you need to select your plants and make them thrive, including:

- The types of Tillandsia plants available
- Growth cycles and preferred environments
- Air plant care and maintenance
- Enjoying and displaying your plants in distinctive ways

Beautiful photos of air plants in personal spaces will inspire you to create your own mini indoor garden. These stylish plants pair well with succulents and terrariums—two other popular gardening trends. If you love the idea of adding quirky greenery to your life, these are the plants to try—and this is the book to get you started!

Author Yoshiharu Kashima (Protoleaf) is a botanist and media commentator on air plants, succulents and other forms of indoor gardening in his native Japan. He directs purchasing and sales at the Tamagawa branch of Protoleaf Garden Island and manages the Chofu branch of tukuribaGREEN, a specialist plant boutique.

Stylist Yukihiro Matsuda (Brocante) is a gardening and lifestyle author, landscape architect and owner of BROCANTE—a Yokohama shop selling antique furniture and home furnishings.

ALSO AVAILABLE:

Miniature Bonsai
$16.95/$24.95 (CAD)

Miniature Japanese Gardens
$19.99/$24.95 (CAD)

Miniature Moss Gardens
$19.95/$24.95 (CAD)

Miniature Terrariums
$17.99/$24.95 (CAD)
“If any one person can be credited with elevating the status of the vegetable in American gardens, it’s Rosalind Creasy.” —Garden Design

The Heirloom Vegetable Garden
A Complete Guide to Growing and Preparing Heirloom Vegetables at Home
Rosalind Creasy
In *The Heirloom Vegetable Garden*, edible landscape guru Rosalind Creasy presents a beautifully illustrated guide to growing and preparing heirloom vegetables. Readers can learn the basics of planting, caring for and preparing traditional favorites, including:

- Saving and storing seeds from year-to-year
- How to make everything from tomatoes and squash to kale and beans thrive
- Recipes for soups, main dishes and sides

Beautiful color photos and tours of notable American heirloom gardens provide inspiration for aspiring gardeners. With a little bit of yard space and the right guidance, anyone can join the “garden-to-table” movement, and *The Heirloom Vegetable Garden* will be their go-to resource.

Rosalind Creasy is the leading authority on environmentally-friendly gardening techniques. She has authored 18 books and is the three-time winner of the Garden Writer’s Best Book of the Year Award.

The Italian Vegetable Garden
A Complete Guide to Growing and Preparing Traditional Italian-Style Vegetables
Rosalind Creasy
Edible landscaping guru Rosalind Creasy does it again with *The Italian Vegetable Garden*—an invitation to grow and prepare the delicious vegetable varieties that lie at the heart of authentic Italian cuisine. From “wild” native summer greens to the prized San Marzano tomatoes, the deeply flavorful vegetables and herbs featured in this book are staples in Italy—the land of seasonal cooking and eating healthy food that is totally delicious!

Readers will find suggestions on how to grow Italian vegetables in the North American climate and how to prepare these fresh veggies in antipasti, soups, sauces and sides—from classic Marinara to Bread Pudding with Artichokes—and even preserves.

BY THE SAME AUTHOR:
Rosalind Creasy’s Recipes from the Garden
$15.95/$19.95 (CAD)
Winner of the American Horticultural Society Book Award

“This book is so roundly written that it could, if necessary, serve as the only book one had to introduce and explain to Westerners the basic components of Japanese gardens.” —The American Gardener

$24.99 jacketed hardcover
$34.95 (CAD)

March
Gardening
Tuttle Publishing

over 200 color photos, prints, maps, diagrams and specially commissioned 3D watercolors
7½ X 10  176 pages

Carton Quantity: 20
Selling Territory: World
ebook available

Previously Published ISBN: 978-4-8053-1125-7

The Art of the Japanese Garden
History | Culture | Design
David Young
Michiko Young
Tan Hong Yew, illustrator

The Art of the Japanese Garden is your comprehensive introduction to the most famous gardens in Japan—including early gravel courtyard gardens, aristocratic villa and palace gardens, meditative Zen Buddhist temple gardens, Samurai gardens, stroll gardens and tea gardens. With an impressive amount of historical information and over 150 new color images, this fully-updated edition offers an unparalleled overview of Japanese gardens as well as inspiring ideas for your next trip to Japan. There is even a section on Japanese gardens in other countries!

David Young has a Ph.D. from Stanford University and taught anthropology at the University of Alberta in Canada until he retired in 1999 and moved to Japan to continue his teaching career.

Michiko (Kimura) Young graduated from Kyoto University of Foreign Studies. She and husband David co-authored The Art of Japanese Architecture and have conducted research on Japanese aesthetics for many years.

Tan Hong Yew has contributed to several group exhibitions and books, including Tuttle’s The Art of Japanese Architecture. He works as a freelance illustrator, specializing in architectural paintings.

ALSO AVAILABLE:

Japanese Garden Design
$19.95/$24.95 (CAD)

Japanese Gardens
$34.95/$39.95 (CAD)

Visionary Landscapes
$24.95/$34.95 (CAD)

For complete backlist, visit www.tuttlepublishing.com
Japanese Paper Flowers

Elegant Kirigami Blossoms, Bouquets, Wreaths and More

Hiromi Yamazaki

Bring a Japanese aesthetic into your life with these elegant works of floral art. Japanese kirigami (cut paper) flowers are delicate and beautiful examples of paper craft that are surprisingly easy to make. This inspirational how-to guide shows you how to make 31 gorgeous blossoms that can easily pass for the real thing—except they will never wilt!

The sculptural quality of these flowers is amazing to behold and they are a creative way to add a touch of beauty to your home, or to create low-cost decorations for a wedding, a baby shower or other special events.

Simple instructions, templates and step-by-step photos show you how to create each flower, and how to gather them into stunning bouquets and wreaths. Author Hiromi Yamazaki also shows you how the designs can be used as home decorations, corsages and gifts. The flowers and projects in this book include:

- Several sunflower varieties
- Colorful springtime tulips
- A statement corsage
- A fashionable floral crown
- And much more!
- A festive poinsettia

With just some scissors, a few sheets of colorful origami paper and a few drops of craft glue—all of which can be found online and in paper stores—you can create breathtaking paper flowers in no time at all!

Hiromi Yamazaki teaches classes on paper flowers at the Boule De Neige paperart shop in Tokyo. She specializes in chic, romantic floral creations for weddings and other celebrations.

ALSO AVAILABLE:

Origami Flowers Kit
$11.99/$15.95 (CAD)

LaFosse & Alexander’s Origami Flowers Kit
$16.95/$19.95 (CAD)
The Paper Flowers

Pacino Sunflower

Materials for one flower:

1. Prepare the center.
2. Cut and fold the petals.
3. Stack and attach the petals.
4. Create the stem.
5. Color and fold the petal to create the Sunflower.
6. Final touches.

Lavender

Materials for one cluster:

1. Prepare the pieces for the petals.
2. Color and fold the petals to create the Lavender.
3. Add the stem.
4. Final touches.

Arranged

Almost Seventeen

A rose bouquet is a perfect gift. The soft colors of the arrangement invoke wonder and romance, just like love itself. Make a bouquet of flowers, like this bouquet would be a lovely small birthday present or gift.

For complete backlist, visit www.tuttlepublishing.com
Stylish Skirts
23 Easy-to-Sew Skirts to Flatter Every Figure
by Sato Watanabe
includes drafting diagrams
8 × 10, 64 pp. flapped paperback
$8.99/$11.95 (CAD) Apr 2019
NOW AVAILABLE at a LOWER PRICE!

Keiko Okamoto’s Japanese Knitting Stitches
A Stitch Dictionary with 150 Amazing Patterns
Keiko Okamoto
Gayle Roehm, translator & introduction
Keiko Okamoto’s Japanese Knitting Stitches presents 150 exquisite knitting and crochet patterns from one of Japan’s most prolific and innovative designers.

Okamoto is recognized around the world for her colorful and wonderfully textural stitches and this book features beautiful color photos showing the full potential of these patterns. An introduction by veteran Japanese knitting expert Gayle Roehm explains the ins and outs of using the Japanese-style knitting charts and executing the stitches in a way that is simple and easy to understand.

Full instructions and diagrams offer a chance to create easy projects with these stitches, including:

- A pair of funky, sculptural arm-warmers
- A charming Fair Isle knitted basket bag
- A pair of fluffy cuffed mittens
- An elegant A-line textured wool sweater
- And more!

This book will be a prized addition to every knitter’s library and a favorite reference for years to come!

Keiko Okamoto is a designer, instructor and author in her native Japan. Her numerous quilting and crochet patterns are tremendously popular in the U.S. on Ravelry.com and she already has developed an international following.

Gayle Roehm teaches at knitting gatherings all around the United States and publishes her own designs. She has knit from Japanese patterns for most of her knitting career and is the translator of the Japanese Knitting Stitch Bible and 250 Japanese Knitting Stitches by Hitomi Shida.

CRAFTS & ORIGAMI
Tuttle’s New Knitting Dictionary from Keiko Okamoto—one of Japan’s most prolific and innovative designers—contains an amazing array of patterns and projects.

ALSO AVAILABLE:

- 250 Japanese Knitting Stitches
  $18.99/$24.95 (CAD)

- Japanese Knitting Stitch Bible
  $16.95/$24.95 (CAD)

- Japanese Knitting: Patterns for Sweaters, Scarves and More
  $16.99/$21.95 (CAD)

For complete backlist, visit www.tuttlepublishing.com
The book Shizuko Kuroha’s fans have been waiting for—finally available in English!

$18.99 flapped paperback
$24.95 (CAD)
March
Crafts
Tuttle Publishing

pull-out patterns and instructions
for 19 sampler blocks;
color photos
8½ X 10  112 pages

Carton Quantity: 24
Selling Territory: World
ebook available

• Outreach to craft and quilting blogs and print media
• National advertising
• BLADs available

Shizuko Kuroha’s Japanese Patchwork Quilting Patterns
Charming Quilts, Bags, Pouches, Table Runners and More

Shizuko Kuroha

Shizuko Kuroha infuses a cherished American craft with an exquisite Japanese sense of color, detail and design. This book brings a fresh eye to classic patchwork patterns in a way that is delighting quilters all around the world today.

Step-by-step illustrations walk quilters through Kuroha’s intricate hand piecework process. The book includes 19 sampler blocks used to make hundreds of different combinations for all kinds of quilting projects. A handy pull-out pattern sheet at the back of the book takes the labor out of drawing the pieces used to build these blocks.

Detailed instructions show you how to incorporate the blocks into projects large and small, including:

• Drawstring bags and zippered pouches
• Table runners and wall hangings
• Tote bags and backpacks
• Full-sized quilts

This book is an invaluable introduction to the basics of hand-stitched piecework. Practiced quilters will also love it for the way it broadens their horizons. Kuroha fans will be happy to see this popular book finally available in English—where it’s sure to become a treasured reference for years to come!

Shizuko Kuroha’s work has been widely exhibited in many parts of the world, including the prestigious International Quilt Study Center and Museum in Lincoln, Nebraska. She has garnered a growing fan base in the US, and her books Indigo & Sarasa and Log Cabin Restructured have become favorites among lovers of Japanese quilting.
Shizuko Kuroha brings a fresh eye to classic patchwork patterns in a way that is delighting quilters around the world. Her combinations of colors, prints and stripes show how balance and flow can be achieved in any project—from the simplest to the most complex.
Cute Needle Felted Animal Friends

Adorable Cats, Dogs and Other Pets

Sachiko Susa

Create lifelike felted animal figures that look just like the pets you love—using a little wool roving and a few basic tools and techniques. *Cute Needle Felted Animal Friends* shows you how to capture their adorable expressions when they're playing hard, napping or just happy to see you. A sweety cocked head, perky ears and a tail that makes you think it's actually wagging—the charm of these miniature figures is all in the details!

Easy step-by-step instructions and photos show you how to make the basic shapes and components, then how to add details like long or curly hair, spines, stripes and little faces that are utterly irresistible. With a bit of practice, you'll be able to portray the unique poses and expressions of the beloved pets in your own life. And just like your pets, this needle felting book is so friendly that novice felters will have no trouble making the cuddly animals, which include:

- An elegant Russian Cat
- A cute Holland Lop Rabbit
- A curly Toy Poodle
- A dapper French Bulldog
- A sweet Pygmy Hedgehog
- And many more!

*Sachiko Susa* is a master felter and prolific designer of stuffed toys, specializing in expressive little faces—both realistic and novel. She is the author of *It’s a Small World Felted Friends*, *Sweet & Simple Needle Felted Animals* and *Pompom Pokémon*.

**ALSO AVAILABLE:**

- **Adorable Pom Pom Animals**
  - $12.99/$16.95 (CAD)

- **Adorable Felted Animals**
  - $14.95/$19.95 (CAD)

- **It’s a Small World Felted Friends**
  - $12.95/$16.95 (CAD)

- **Sweet & Simple Needle Felted Animals**
  - $14.95/$19.95 (CAD)
PRAISE FOR SACHIKO SUSA’S WORK:

“Susa’s approach to needle felting will give beginners the know-how to get started, but experienced felters will also appreciate her whimsical designs.” —Library Journal

For complete backlist, visit www.tuttlepublishing.com
Bead Embroidery Chinese Style

Han Yu

A delicate craft that has been handed down for thousands of years, bead embroidery was popular among the aristocrats in China’s imperial courts and is an important part of modern haute couture, wedding dresses and other accessories.

A step-by-step guide to 25 unique embroidery designs, *Bead Embroidery Chinese Style* incorporates traditional Chinese design elements, including landscape paintings, bird and flower motifs and famous poems. Projects are both beautiful and useful, and are simple enough for embroidery beginners.

Readers will learn about:

- The different bead embroidery tools, techniques and materials
- Over a dozen embroidery stitches for single-bead, multi-bead, free stitches, layered stitches and more
- Small-scale embroidery projects, including jewelry, coasters, pouches and silk scarves
- More advanced projects, including makeup bags, lamp covers and wall art

Han Yu studied bead embroidery at the embroidery school of Ecole Lesage, part of Chanel’s Métiers d’art, and the Royal School of Needlework in the U.K. She is the founder of bead embroidery studio Gracey Han, where she designs and produces haute couture garments and accessories for Shanghai and Paris Fashion Week, state dignitaries and celebrities.
**Backlist Highlights • CRAFTS**

**The Cat Lover's Craft Book**  
*Cute and Easy Accessories for Kitty's Best Friend*  
by Neko Shugei  
16 projects; color photos and diagrams  
8 X 10, 80 pp. flapped paperback  
$12.99/$16.95 (CAD)

**Chinese Brush Painting**  
*A Beginner's Step-by-Step Guide*  
by Mei Ruo  
color photos and illustrations throughout  
7½ X 10¼, 236 pp. paperback  
$19.95/$24.95 (CAD)

**Ultimate Wrap Bracelets Kit**  
*Make 12 Easy, Stylish Bracelets*  
by Patrizia Valsecchi  
Photography by Antonio Attini  
600 beads; 48-page color book; 6 charms; 3 button clasps; 3 cords with video tutorial links in a 6½ X 8½ boxed kit  
$12.95/$16.95 (CAD)

**Floating World Japanese Prints Coloring Book**  
*Color your Masterpiece & Clear Your Mind*  
by Andrew Vigar  
23 tear-out coloring pages; 23 full-color woodblock prints  
9 X 12, 96 pp. paperback  
$16.95/$22.95 (CAD)

**In a Japanese Garden Coloring Book**  
*With Reflections from Lafcadio Hearn’s ‘In a Japanese Garden’*  
by Lafcadio Hearn  
23 tear-out coloring pages; 23 full-color woodblock prints  
9 X 12, 96 pp. paperback  
$16.95/$22.95 (CAD)

**Happy Homemade: Sew Chic**  
*20 Simple Everyday Designs*  
by Yoshiko Tsukiori  
20 full-page photos, 20 sets of diagrams, 4 pull-out pattern sheets for 20 patterns  
8 X 10, 64 pp. flapped paperback  
$16.95/$19.95 (CAD)

**Stylish Dress Book**  
*Wear with Freedom*  
by Yoshiko Tsukiori  
36 pages of full-color photos, 26 multi-part diagrams (layout and construction), 3 pull-out pattern sheets including all 26 patterns  
8 X 10, 80 pp. flapped paperback  
$18.95/$19.95 (CAD)

**Stylish Wraps Sewing Book**  
*Ponchos, Capes, Coats and More—Fashionable Warmers that are Easy to Sew*  
by Yoshiko Tsukiori  
instructions for 22 wraps, 2 dual-sided pattern sheets in envelope  
8 X 10, 80 pp. flapped paperback  
$15.95/$19.95 (CAD)

For complete backlist, visit www.tuttlepublishing.com
Origami Endangered Animals Kit

Paper Models of 12 Threatened Species

Michael G. LaFosse
Richard L. Alexander

Imagine a future where nature’s most endangered creatures are happily living out their lives in their natural habitats. Appreciation and understanding are essential to this outcome!

These fun-to-fold models are an ideal way to bring attention to the plight of endangered wildlife.

The 12 origami animal models featured in this kit range from the diminutive Macaque to the massive Blue Whale, and also include:

- Rhinoceros
- Elephant
- Gorilla
- Sea Turtle
- Shark
- Giant Panda
- Leopard
- And more!

These fun-to-fold paper animals are a great way to bring a noble beast into your home or office, while highlighting the plight of endangered wildlife species. Animal figures are the most popular form of origami, and now you can use them to learn more about these threatened species.

Michael G. LaFosse is an origami artist, avid teacher and cofounder of Origamido Studio (origamido.com). A biologist by training, LaFosse is one of the most celebrated natural history origami artists. He has spent decades studying plants and animals and re-creating them in detailed folded paper projects.

Richard L. Alexander is cofounder, chief papermaker and exhibition manager at Origamido Studio. Together, Alexander and LaFosse have created more than 75 books, kits and videos.

Trash Origami

25 Paper Folding Projects Reusing Everyday Materials
by Michael G. LaFosse and Richard L. Alexander
25 projects; over 275 color photos and illustrations; includes DVD
8½ X 11, 96 pp, paperback with dvd
$7.99/$9.95 (CAD)

LaFosse & Alexander’s Essential Book of Origami
$16.95/$22.95 (CAD)
**THIS KIT INCLUDES EVERYTHING YOU NEED:**

- Includes Conservation Tips & Info
- A full-color 64-page instruction book
- 48 large sheets of double-sided folding paper
- Free online video demonstrations

**ALSO AVAILABLE:**

- **Origami Animal Sculpture**
  - $19.95/$25.95 (CAD)

- **Origami Fish and Other Sea Creatures Kit**
  - $14.99/$19.95 (CAD)

- **Origami Zoo Kit**
  - $14.95/$19.95 (CAD)
**Super Cute Origami Kit**

*Kawaii Paper Projects You Can Decorate in Thousands of Ways!*

Yuki Martin

Folders of all ages will love this super cute collection of easy origami crafts that can be customized in endless ways! Follow the chibi manga mascots Kami Kami and Orihime as they guide you through the folding steps.

Along with a full-color instruction book and 48 sheets of colorful folding paper, this kit is absolutely packed with accessories, including over 35 stickers, 100 stick-on pearls, 150 glittering sequins and 50 assorted stick-on rhinestones. Even washi tape is included!

Create adorably kawaii figures and learn fascinating facts about the countries and cultures that have inspired the designs. The projects in this kit include:

- A Wearable Tiara to dazzle your subjects!
- Adorably cute “nesting dolls”
- Maneki Neko—the Japanese waving cat who summons good fortune
- A Cupcake: cute, sweet, and almost good enough to eat
- And much more!

This kit is perfect for parties or as a gift, and provides many hours of fun away from a screen!

Origami artist, influencer, instructor and writer Yuki Martin has taught origami since 2007. She writes about her origami experiences in OrigamiUSA’s magazine, *The Paper*, and shares reviews and photos on her popular website: yukiorigami.com.

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**ALSO AVAILABLE:**

- **Japanese Origami Kit for Kids**
  - $12.95/$16.95 (CAD)

- **My First Origami Kit**
  - $14.95/$19.95 (CAD)

- **Origami Games for Kids Kit**
  - $14.99/$19.95 (CAD)

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www.tuttlepublishing.com
**The 50th Anniversary of the Moon Landing is on July 20, 2019!**

**Origami Galaxy for Kids Kit**

*An Origami Journey Through the Solar System and Beyond!*

Rita Foelker

This cosmic kit is bursting with exciting paper models that will transform young folders into intergalactic travelers as they pilot their starships through the Solar System and beyond!

Celebrate the 50th anniversary of the Apollo lunar landing with hands-on interactive paper models. Kids will learn about the moon and what it takes to get there, as each model comes with information on astronomy and space travel. Blend an interest in our Universe with the fun of paper folding!

This kit includes everything you need: a full-color instruction book, 48 sheets of folding paper, free online video tutorials and an educational wall poster. Kids will have a blast folding up these unique models, including:

- A Rocket
- The Moon
- A Flying Saucer
- A Dwarf Star
- The Sun

And much more!

Rita Foelker is a writer, journalist and teacher. Her work has been featured in the publications of the British Origami Society and in books, magazines and websites worldwide. She is the author of several origami books and kits, including *Origami Fun for Kids.*
Instant Paper Airplanes for Kids Kit

Pop-Out Airplanes Easily Assembled in Under a Minute!

Andrew Dewar

Prepare for takeoff! These high-performance paper airplanes from master designer Andrew Dewar are easier to make and fly than ever before. Everything you need is in this kit: 12 colorful pop-out planes, a full-color instruction book, transparent tape and a super-charged airplane slingshot launcher.

The instruction book provides tips on tuning the aerodynamics of each model for better performance. Plus, these planes can be assembled in under a minute—providing instant gratification for airplane enthusiasts of every age! No scissors or glue are required.

Here are just some of the amazing aircraft you can make with this kit:

• The Tritium—a Battlestar Galactica-inspired space plane
• The Flying Squid—which resembles its tentacled namesake
• The Invisible X—a cross between the B-2 stealth bomber and the F-22 Raptor
• And many more!

Andrew Dewar has lived in Japan for 30 years, where he rediscovered his childhood love of designing and flying paper airplanes. He is the former president of the Fukushima Paper Airplane Club and has published over 30 paper crafting books and kits.

$14.99 boxed kit
$19.95 (CAD)

April

Origami
Tuttle Publishing

12 precut pop-out cardstock airplanes; 32-page full-color instruction book; slingshot launcher, transparent tape & dispenser in a 10¼ X 8½ boxed kit

Carton Quantity: 12
Selling Territory: World
ebook available

• Ages 8–16
• Outreach to children’s and craft media
• Paper airplane flying consumer contest

NOW AVAILABLE at a LOWER PRICE!

Origami Model Airplanes
Create Amazingly Detailed Model Airplanes Using Basic Origami Techniques!
by Patrick Wang
23 projects; color photos and illustrations
8½ X 11, 160 pp. hardcover
$9.99/$12.95 (CAD) Apr 2019

Air and Space Origami Kit
$14.99/$19.95 (CAD)

Flying Dragons Paper Airplane Kit
$12.95/$16.95 (CAD)
Andrew Dewar made and flew paper airplanes constantly as a kid! He liked paper because it didn’t require any tools other than scissors and glue. The sense of exhilaration he felt when a new airplane soared across the room kept him excitedly designing and folding new models that would fly even better. His desire to create the “perfect” paper airplane continues until today!

Andrew has now published over 30 books on paper airplanes and he gives workshops and seminars at schools, community centers and museums throughout Japan, his home for the past 30 years.

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- **Supercool Paper Airplanes Kit**
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Illustrated by Suman Roy
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Sit down for a meal with the locals on six continents—and what they are eating may surprise you. Extreme Cuisine examines eating habits around the globe, showing once and for all that one man’s road kill is another man’s delicacy!

“I could not have written A Cook’s Tour without this book. There is so much I would have missed. And experience has shown me that no matter how frightening a dish may look on the page, in front of you, on the table, with a proud host watching your first tasting—and the accompaniment of much local beverage, it’s almost always worth the ride. For truly—how bad can it be?

“So dig in. Enjoy. Eat without fear or prejudice, secure in the knowledge that millions of people have been enjoying this fare for centuries without ill effect. Get away from your hotel dining room—and the tourist terrordomes—and range wild and free. Eat. Eat adventurously. Miss nothing. It’s all here in these pages.”

—From the foreword by Anthony Bourdain

Jerry Hopkins (1935–2018) published over 1,000 magazine articles and 37 books, including the international bestsellers: No One Here Gets Out Alive, The Biography of Jim Morrison and Elvis: The Biography. A pioneering correspondent and contributing editor for Rolling Stone magazine, Hopkins resided in Bangkok for the past 25 years, where he wrote for publications such as The New York Times and Condé Nast Traveler and many books including Bangkok Babylon and Thailand Confidential.

Anthony Bourdain (1956-2018) was host of the Travel Channel’s Anthony Bourdain: No Reservations, a 28-year veteran of professional kitchens and the executive chef at New York’s famed bistro, Les Halles. He is the author of several books, including the critically acclaimed Kitchen Confidential: Adventures in the Culinary Underbelly, an international best-seller.

Michael Freeman has published 23 books on digital photography along with over 40 books on design and architecture. His work has appeared in magazines such as National Geographic, GQ and Life.
Asian Salads
75 Classic Recipes from Vietnam, China, Korea, Thailand and India
Maki Watanabe

Asian Salads shows you how to prepare the incredible variety of Asian vegetables, herbs and seasonings found in your local supermarket, farmers’ market and world food market. It presents 75 recipes that will excite and awaken your palate—and open up new food horizons!

These healthy dishes are simple and easy to prepare—based on classic Vietnamese, Thai, Indian, Korean and Chinese recipes. Many of the salads have meat or seafood options, and are perfect as side dishes or as complete and satisfying one-dish meals!

Easy step-by-step instructions and photos provide tips to save you time. The recipes include vegetarian and seafood salads, salads with protein, and pickled and marinated salads, such as:

- Green Onion Salad with Kimchi and Pork
- Green Leaf Lettuce Salad with Indian Vegetable Samosas
- Korean Japchae Glass Noodle Salad
- Vietnamese Beef and Avocado Salad
- Tomato Salad with Korean Gochujang Dressing
- Tandori Chicken Salad

Simple enough for everyday meals and yet interesting enough for special occasions, you can’t go wrong with these delicious recipes!

Maki Watanabe is active in the natural lifestyle community in a variety of ways, including her collaboration with SHOP to produce original kitchen utensils and clothing, as well as in magazines and books, advertisements and on television. She has written many books in Japanese, including her two-time “Recipe Book Award” winner, Daily Side Salads.

Also available:

Farm to Table Asian Secrets
$15.95/$19.95 (CAD)

Silk Road Vegetarian
$16.95/$21.95 (CAD)
Korean Homestyle Cooking

87 Classic Recipes—From Barbecue and Bibimbap to Kimchi and Japchae

Hatsue Shigenobu

At last a book that demystifies Korean cooking—the cuisine everyone is talking about! Aromatic, savory, piquant and robust—the intriguing flavors and textures of Korean food are very easy to prepare at home once you know how.

With this new cookbook, home cooks everywhere can prepare healthy and satisfying meals using ingredients that are available in any supermarket, using a few simple and familiar techniques.

The recipes in this book include all the classic Korean dishes:

- Pork and Kimchi Potstickers
- Barbecued Kalbi Beef Shortribs
- Tangy Japchae Glass Noodles
- Bibimbap Mixed Beef & Vegetable Rice Bowls
- Soy Marinated Bulgogi Beef Barbeque
- Yuja Citrus Tea

With lots of fresh vegetables and many probiotic superfoods, Korean cuisine has tremendous health benefits and is perfect for anyone on a macrobiotic diet.

Hatsue Shigenobu is an innovative home chef, cookbook author and magazine contributor. She lives in Japan, but is passionate about discovering foods from every corner of the globe.

ALSO AVAILABLE:

The Korean Kimchi Cookbook
$17.99/$24.95 (CAD)

The Korean Table
$18.95/$24.95 (CAD)
A modern, easy-to-understand cookbook and guide to the Compendium of Materia and Medica—the most comprehensive book ever written about traditional Chinese medicine (TCM).

Compiled during the Ming Dynasty, the original Compendium of Materia and Medica text includes an encyclopedic level of detail, summarizing TCM’s entire history and practices through the mid-16th century. Though full of incredibly valuable information that has been studied and used for thousands of years, it can be difficult for a modern reader to distill. 100 Natural Foods has done just that, highlighting 100 common natural foods and their health benefits, including:

- More than 100 healthy recipes
- Cooking techniques and uses for grains, meats, fruits, and vegetables
- How to eat seasonally to enhance health and fitness
- Simple and effective food therapy strategies for common diseases
- Using food for health preservation (preventing illness and extending lifespan)

With at least one recipe for every featured food, full-color photos and practical tips, 100 Natural Foods is a great resource for anyone hoping to enjoy the benefits of TCM or embrace a more natural lifestyle.

Yang Li is a professor at China Academy of Chinese Medical Sciences. She had been practicing medicine for 40 years, teaching traditional Chinese medicine for 30 and has published more than 30 books on TCM.

Recipes Include:
- Rice and Sea Cucumber Porridge
- Celery with Dried Tofu Slices
- Cucumber Kiwi Juice
- Buckwheat Noodles
- Stewed Pork with Brown Sauce
- Quick-Fried Mutton Slices with Scallions
- Sweet Lotus Root with Honey
- Potato and Spanish Soup

ALSO AVAILABLE:

- Use Traditional Chinese Medicine to Manage Emotional Health
  $17.95/$23.95 (CAD)

- Your Guide to Health with Foods & Herbs
  $19.95/$24.95 (CAD)
**The Filipino-American Kitchen**

Traditional Recipes, Contemporary Flavors
by Jennifer M. Aranas
Photography by Brian Briggs and Michael Lande
100 recipes; 75 color photos
9 X 10, 176 pp. hardcover
$12.99/$16.95 (CAD) Mar 2019

Readers can tag-along on a gastronomic tour of the Philippines while transforming delicious native recipes into more than 100 easy-to-make meals. With an introduction to the basics, buying, and flavors of Filipino food, any home cook can add these exotic dishes to their repertoire.

**Vegetarian Sushi Secrets**

101 Healthy and Delicious Recipes
by Marisa Baggett
Forewords by Justin Fox Burks, Amy Lawrence and Allison Day
over 100 recipes; color photos
9 X 10, 128 pp. flapped paperback
$8.99/$11.95 (CAD) Mar 2019
Prev ISBN: 978-4-8053-1370-1

Stuffed with dozens of foolproof Asian recipes that are quick and easy to make, this cookbook is presented with an irresistible sense of humor and accessible style. Readers will learn how to roll the perfect Vietnamese Spring Roll and make Thai Curry in less time than it takes to drive to a restaurant.

**The Steamy Kitchen Cookbook**

101 Asian Recipes Simple Enough for Tonight's Dinner
by Jaden Hair
over 100 recipes; over 100 color photos
9 X 10, 160 pp. paperback
$9.99/$12.95 (CAD) Mar 2019

The ultimate farm-to-table cookbook with a light and healthy Asian flair! The innovative use of sustainable ingredients—including recipes that take full advantage of fresh vegetables, herbs and spices available at local farmers markets and co-ops—sets these apart from other sushi recipes.

**Debbie Brown’s Magical Cakes**

by Debbie Brown
20 recipes; color photos
8½ X 10¼, 96 pp. hardcover
$9.99/$12.95 (CAD) Apr 2019

Enter the fantasy world of Debbie Brown’s Magical Cakes, where 20 enchanting designs feature wizards, gnomes, dragons, dwarfs, trolls, goblins and more. Perfect for parties or other special occasions, each cake comes with step-by-step instructions and vibrant photographs.

**Beginner’s Guide to Cake Decorating**

38 recipes; color photos
8 X 9½, 112 pp. flapped paperback
$8.99/$11.95 (CAD) Apr 2019

With detailed, step-by-step instructions on equipment, recipes and techniques, anyone can craft decorations like delicate sugar flowers and modeled figures. Learn about everything from piping royal icing to whipping up the perfect buttercream.

**Exotic Sugar Flowers for Cakes**

by Alan Dunn
13 recipes; 51 projects; color photos
8¼ X 10¼, 160 pp. hardcover
$12.99/$16.95 (CAD) Apr 2019

From exotic orchids to delicate cherry blossoms, renowned cake decorating author Alan Dunn reveals the magic of creating these intricate, life-like designs. Through clear instructions and beautiful color photos, Dunn walks readers through creating dozens of sugar flower varieties.
Japanese Cooking with Manga
The Gourmand Gohan Cookbook—59 Easy Recipes Your Friends will Love!
by Alexis Aldeguer, Maiko-San and Ilaria Mauro
59 recipes; color illustrations
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Sushi Art Cookbook
The Complete Guide to Kazari Sushi
by Ken Kawasaki
over 80 projects
8 X 10, 128 pp. jacketed hardcover
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The Ultimate Guide to the World’s Most Desirable Spirit with Tasting Notes from Japan’s Leading Whisky Blogger
by Brian Ashcraft with Yuji Kawasaki
Photography by Izdzhiko Ueda
Foreword by Lew Bryson
contains hundreds of color and archival photos
7½ X 10, 144 pp. hardcover
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The Gourmand Gohan Cookbook—59 Easy Recipes Your Friends will Love!
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Foreword by Lew Bryson
contains hundreds of color and archival photos
7½ X 10, 144 pp. hardcover
$19.99/$24.95 (CAD)

Pulutan! Filipino Bar Bites, Appetizers and Street Eats
by Marvin Gapultos
over 60 recipes; color photos
8 X 8, 120 pp. jacketed hardcover
$14.99/$19.95 (CAD)

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Food and Fun in the Philippines
by Chris Urbano of “Maputing Cooking”
over 90 recipes, over 180 color photos
9 X 10, 144 pp. flapped paperback
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50 Recipes from Tokyo’s Gyoza King
by Paradise Yamamoto
Introduction by Kengo Ishiguro
50 recipes; color photos
8 X 9, 120 pp. jacketed hardcover
$16.99/$21.95 (CAD)

Easy Chinese Recipes
Family Favorites From Dim Sum to Kung Pao
by Bee Yinn Low
Foreword by Jaden Hair
over 80 recipes; 200 color photos
9 X 10, 144 pp. jacketed hardcover
$24.95/$29.95 (CAD)

Katie Chin’s Everyday Chinese Cookbook
101 Delicious Recipes from My Mother’s Kitchen
by Katie Chin
Foreword by Raghavan Iyer
Photography by Masano Kawanaka
101 recipes; more than 150 color photos
9 X 10, 160 pp. jacketed hardcover
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Everyday Bento
50 Cute and Yummy Lunches to Go
by Wendy Thorpe Copley
50 recipes; 320 color photos
8½ X 8, 120 pp. flapped paperback
$14.95/$18.95 (CAD)

For complete backlist, visit www.tuttlepublishing.com
My First Book of Haiku Poems

A Picture, a Poem and a Dream

Classic Poems by Japanese Haiku Masters

Esperanza Ramirez-Christensen
Tracy Gallup, illustrator

My First Book of Haiku Poems introduces children to inspirational works of poetry and art that speak of our connection to the natural world, and that enhance a child’s own natural ability to see an entire universe in the tiniest parts of it. Each of these 20 classic poems by Issa, Shiki, Basho and other great haiku masters is paired with a stunning original painting that portrays and inspires a child’s inner life, and opens doors to the world of their imagination.

The original Japanese poems (in Japanese script and Romanized form) are included alongside the English translations to form a complete cultural experience. Each haiku is accompanied by a “dreamscape” painting by award-winning artist Tracy Gallup that will be admired by young and old readers alike. Commentaries offer parents and teachers “food for thought” to share with young readers and stimulate a conversation about each work.

Esperanza Ramirez-Christensen is an award-winning teacher and scholar of classical Japanese literature at the University of Michigan. She has written extensively on the subjects of Japanese poets and poetry and Buddhist philosophy.

Tracy Gallup is a children’s book author, illustrator and artist. Her works include A Room Full of Questions, A Crazy Little series, and A Beastly Banquet. A portfolio of her work can be found on her website, www.tracygallupillustration.com.

ALSO AVAILABLE:

All About Japan
$14.95/$19.95 (CAD)

My First Book of Japanese Words
$10.95/$14.95 (CAD)

www.tuttlepublishing.com
This Book Features 20 Haiku by the Great Masters:

- Basho
- Buson
- Gomei
- Issa
- Onitsura
- Ryota
- Seishi
- Shiki
- Shou

Plus 20 Incredible Paintings by Award–Winning Artist Tracy Gallup

ALSO AVAILABLE:

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Asian Kites for Kids
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Origami Activities for Kids
$10.99/$14.95 (CAD)
Japanese and English Nursery Rhymes
Carp Streamers, Falling Rain and Other Favorite Songs and Rhymes

Danielle Wright
Helen Acraman, illustrator

This delightful collection of 15 beloved Japanese nursery rhymes is the perfect introduction to Japanese language and culture for young readers ages 4 to 8.

The book is beautifully illustrated and features songs and rhymes in both English and Japanese. An audio CD is included containing recordings of all the nursery rhymes by native Japanese speakers. It’s impossible not to sing along!

The popular Japanese songs and rhymes in this book include:
- My Hometown
- Bubbles
- The Rabbit Dance

“Did You Know” notes about Japanese culture are included throughout the book, with an introduction to Japanese for parents, teachers and librarians at the back.

Danielle Wright is the author of the award-winning multilingual book My Village: Rhymes from Around the World. She has taught English to children in Japan and currently runs a writing, public relations and editing business.

Helen Acraman is an artist whose whimsical graphic works reflect a passion for environmental issues, natural living and the childlike quality that lives in everyone.
Japanese Myths, Legends & Folktales
Bilingual English and Japanese Edition

Yuri Yasuda
Yoshinobu Sakakura and Eiichi Mitsui, illustrators

Japanese Myths, Legends & Folktales is a collection of 12 of the best-known folktales from Japan. These stories are lovingly retold and richly illustrated, with 100 color illustrations. The text is fully bilingual—with English and Japanese versions of each tale. The Japanese text includes simple kanji with furigana pronunciations to help learners recognize the characters.

This book is accessible to English- and Japanese-speaking children, as well as to older language learners who wish to enhance their reading ability. It will entertain, inspire and educate in equal measure.

Yuri Yasuda is a graduate of the English Department, International School of the Sacred Heart, Tokyo. Since childhood she has written stories for her own amusement and to share.

ALSO AVAILABLE:

Chinese Myths and Legends
$17.99/$24.95 (CAD)

Japanese Celebrations
$16.95/$21.95 (CAD)

Japanese Traditions
$16.95/$19.95 (CAD)
Children's

Tales of a Chinese Grandmother
30 Traditional Tales from China

Frances Carpenter
Malthe Hasselriis, illustrator

*Tales of a Chinese Grandmother* presents a collection of 30 authentic Chinese tales. These stories represent the best of the Chinese folklore tradition, and are told here by the beloved Lao Lao—a grandmother in the nineteenth-century Ling household. The result of a long and proud storytelling tradition, these Chinese stories are sure to delight adults as well as children of all ages.

Malthe Hasselriis (1888-1970) was a self-taught miniaturist whose painting subjects included Pearl Buck, Madame Chiang Kai-shek and President John F. Kennedy.

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Tales of a Korean Grandmother
32 Traditional Tales from Korea

Frances Carpenter

The Korean people possess a folktale tradition as colorful and captivating as any in the world, and yet the stories themselves are not yet widely known to Western readers. In her bestselling book for young readers, Frances Carpenter has collected 32 classic Korean children’s stories from the “Land of the Morning Calm.”

Frances Carpenter (1890-1972) had a love of foreign lands and cultures, which she observed closely during her extensive travels—first with her journalist and author father and later with her diplomat husband. During her lifetime she traveled more than 100,000 miles across a number of continents. She was a fellow for the Royal Geographical Society, Vice President of the International Society of Woman Geographers and President of the Smith College Alumnae Association.
Asian Children’s Favorite Stories
Folktales from China, Japan, Korea, India, the Philippines and Other Asian Lands

Retold by David Conger, Liana Romulo, Joan Suyenaga and Marian Davies Toth
Patrick Yee, illustrator

Asian Children’s Favorite Stories presents seven Asian folktales from as many countries—China, Japan, Korea, India, the Philippines, Thailand and Indonesia.

Each story is a classic in its native land, for example:
• Why Cats and Dogs Don’t Get Along (Korea)
• How the Mousedeer Became a Judge (Indonesia)
• Liang and His Magic Brush (China)
• And many more!

David Conger studied Japanese at Brigham Young University, and became interested in Japanese folklore while living in Japan.

Liana Romulo is the author of the bestselling Filipino Children’s Favorite Stories.

Joan Suyenaga is a writer, translator and editor based in Indonesia.

Marian Davies Toth’s work has achieved national recognition in the U.S. She taught creative writing at the International School in Bangkok.

Patrick Yee has won the MacMillian Children’s Picture Book Award twice, and has illustrated more than 100 books.

ALSO AVAILABLE:

Japanese Children’s Favorite Stories
$17.95/$22.95 (CAD)

More Japanese Children’s Favorite Stories
$17.95/$22.95 (CAD)

Chinese Fables
$16.95/$19.95 (CAD)
Papa’s Garden
A Story Told in English and Chinese
Li Jian

Join one family’s journey as they design and build an authentic Chinese garden!

Papa seems to have a grand plan for the backyard. Day by day, he transforms the little space, building walls, a bridge, and a gazebo with his own two hands. Every day he brings something new—a giant piece of stone, several big trees, a pond. No one even knows where he gets these things!

This bilingual children’s book tells a simple, but sweet story about a man, his dream and his very happy family. Written in both English and Chinese, kids can follow along as a family brings all the world’s great mountains and rivers to their own backyard.

A fun way to learn about Chinese language and culture, Papa’s Garden is sure to delight the entire family. Flip through the pages, which are full of Chinese ink painting illustrations and cutout designs, to enjoy the natural beauty of the completed garden.

Li Jian is a former middle school art teacher and children’s book editor. He owns his own illustration studio focused on children’s fairytales.

I Have a Zoo
A Story Told in English and Chinese
Xiao Mao
Liang Peilong, illustrator

Soar with swallows and butterflies, swim with fish and frogs, and walk alongside elephants and camels. This bilingual children’s book introduces kids to the Chinese language through a visit to the zoo.

Lavishly illustrated with Chinese ink paintings from renowned artist Liang Peilong, this immersive adventure is beautiful and fun, while also encouraging learning through the lens of a new culture and language.

Through this story, children can learn Chinese and more about the animal friends that populate the pages of I Have a Zoo.

Xiao Mao has won two of the four most prestigious children’s literature awards in China: Song Qinggling Children’s Literature Award and Chen Bochui International Children’s Literature Award.

Liang Peilong is the artist-in-residence at the Guangzhou Institute of Fine Arts and a committee member of the Guangdong Branch of the Chinese Artists Association. His award-winning artwork has been exhibited all over the world.
I Can Fly in the Sky

A Story of Friends, Flight and Kites
Told in English and Chinese

Lin Xin

One day, Little Mo found an injured little bird in her backyard, and she spent all her time nursing the bird back to health. They quickly became friends, so when it was time for the little bird to take flight again, he didn’t want to leave without someone to keep him company. Little Mo and her father immediately set to work, creating and painting a bamboo bird friend.

As the bamboo bird and little bird took off into the sky together, the bamboo bird seemed to have a truly magical quality. It was able to change shapes, and eventually became a kite, soaring through the sky, while always keeping the little bird company.

This bilingual kid’s book tells a story of friendship and whimsy in both English and Chinese. The kite, an important symbol in Chinese culture, introduces children to the world’s first flying object and the symbolism behind it. With a history of more than 2,000 years, and one of China’s major inventions, the kite is a perfect vessel for learning more about China and its people.

Lin Xin has authored more than ten books, including Celebrating Chinese Festivals and Chinese Zodiac Animals, which were published in both Chinese and English.
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Bac Hoai Tran is a lecturer in Vietnamese language and literature of the University of California at Berkeley and the author of Survival Vietnamese and coauthor of Colloquial Vietnamese and Living with English.

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Jan Tristan Gaspi graduated with B.A. from University of California, Berkeley and had experience as an assistant researcher in writing a Tagalog textbook with a professor. He was previously a consultant and Editor-in-Chief for UC Berkeley annual Filipino publications.

Sining Maria Rosa Lumbera-Marfori earned her B.A. in Philippine Studies from University of the Philippines. She taught Filipino language to foreign students at U.P. Diliman and Ateneo de Manila University and co-wrote Instant Tagalog and the forthcoming edition of Essential Tagalog.

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Stephen Mansfield is one of the foremost photojournalists in Japan. He is the author of twenty books, including Japanese Stone Gardens, Japan’s Master Gardens and Tokyo: A Biography.

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Tony Novak-Clifford has spent the past 35 years chasing the light as a commercial, editorial and fine-art photographer. His work has appeared in the pages of The New York Times, Travel & Leisure, Forbes, Forbes Life, National Geographic Traveler and Architectural Digest.
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Rob Goss first moved to Japan in 1999 to teach English. He writes about Japan for magazines such as Time and National Geographic Traveler and, at latest count, some 70 other magazines, book publishers and newspapers around the globe.


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Wen Zhenheng
Chen Zhi

An Elegant Life of the Chinese Literati is the first complete translation of a classic 17th century Chinese guide to the ordinary objects of everyday life—from trees and birds to windows and tea. Similar to Feng Shui, the principles laid out in this book describe how to find harmony among these ordinary objects to bring peace to your life.

With annotations by Chen Zhi, a well known modern scholar of Chinese garden design, readers gain insight into the historical and cultural context of instructions such as, “The wooden cross-piece of the door frame should have a strip of speckled bamboo nailed horizontally across it either with two or four nails, never six.”

With the pace of modern life, we often don’t stop to appreciate the little things. Everyday objects go unnoticed and are continuously underappreciated. However, these individual elements come together to form a larger picture—one that defines our lifestyle.

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Wen Zhenheng (1585–1645) was a bibliophile and expert in garden design who excelled in poetry, prose and painting. He was the grandson of noted Ming Dynasty painter, calligrapher and literary figure Wen Zhengming (1470–1559).

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March

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The Art of Japanese Architecture

History | Culture | Design

David Young
Michiko Young
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The Art of Japanese Architecture presents a complete overview of Japanese architecture in its historical and cultural context. The book begins with a discussion of ancient dwellings and concludes with a description of works by important modern Japanese architects. Along the way it discusses and presents all the iconic buildings and architectural styles for which Japan is so justly famous—from elegant Shinden and Sukiya aristocratic villas like the Kinkakuji “Golden Pavilion” in Kyoto, to imposing Samurai castles like Himeji and Matsumoto, to famous Zen Buddhist rock gardens and elegant tea houses.

Each period in the development of Japan’s architecture is described in detail and the important structures are shown and discussed—including dozens of UNESCO World Heritage Sites. The aesthetic trends in each period are presented within the context of Japanese society at the time, providing a unique in-depth understanding of the way Japanese architecture has developed over time.

The book is profusely illustrated with hundreds of hand-drawn 3D watercolor illustrations and color photos as well as prints, maps and diagrams. The new edition features over 50 new color photographs and a handy hardcover format that is perfect for travelers.

David Young taught anthropology at the University of Alberta in Canada until he retired in 1999 and moved to Japan to continue his teaching career. Together with his wife, he has conducted research on Japanese aesthetics for many years.

Michiko (Kimura) Young worked for many years in the international affairs office at the University of Alberta. The Youngs also co-authored The Art of the Japanese Garden. Visit them at www.japaneseaesthetics.com.

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