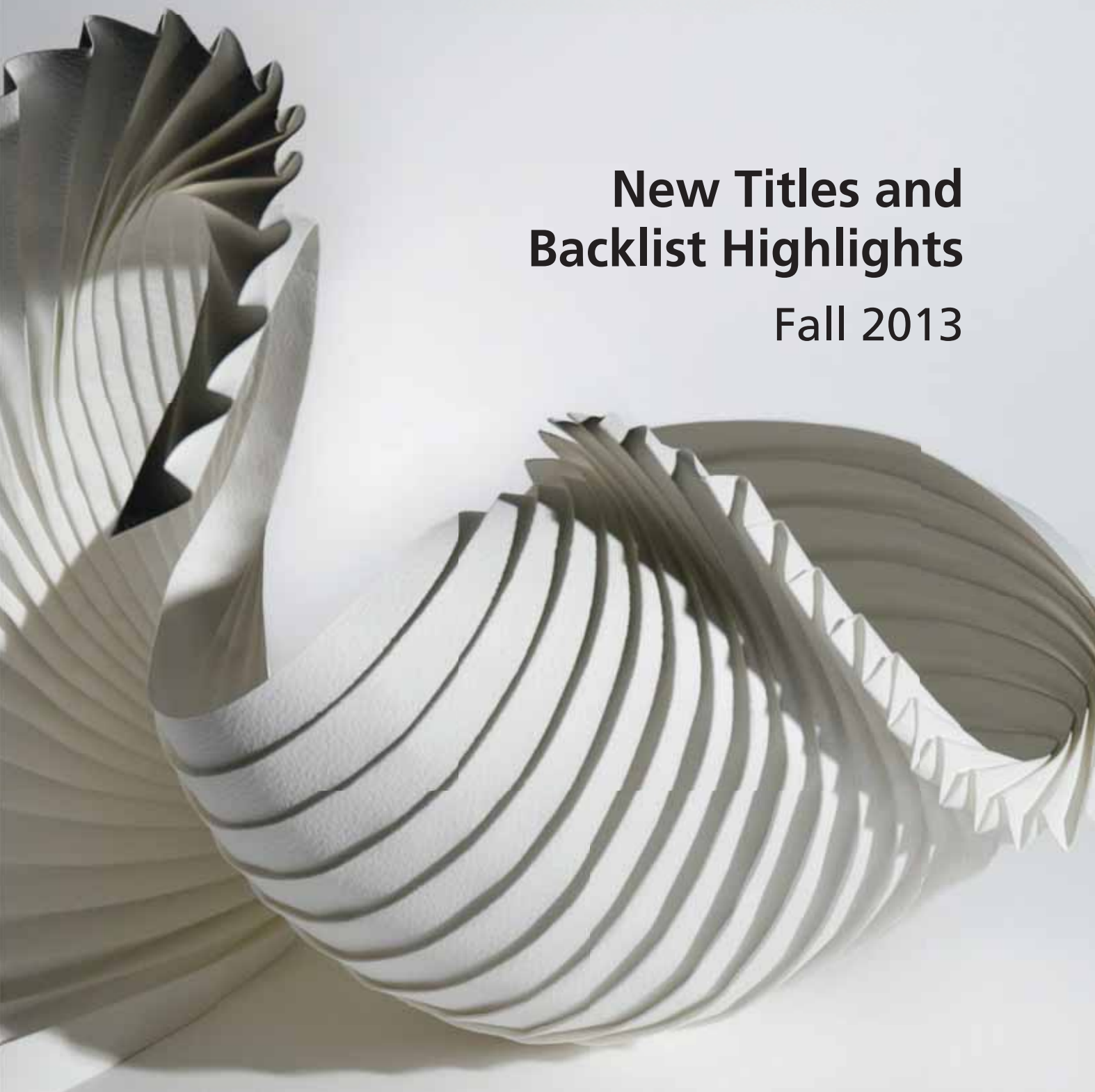


TUTTLE

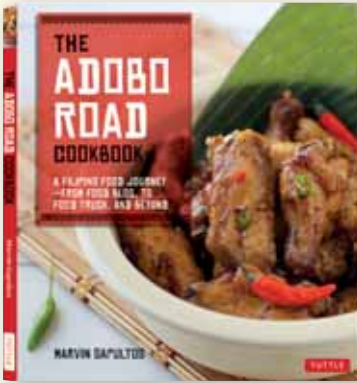
Books to Span the East and West

**New Titles and
Backlist Highlights**

Fall 2013



RECENT PUBLICITY HIGHLIGHTS

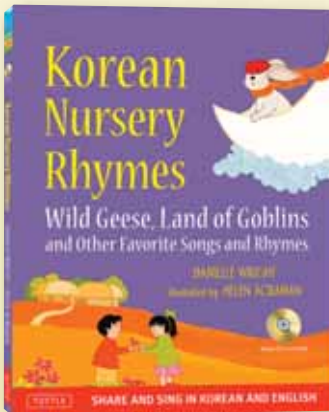


The Adobo Road Cookbook ...page 39

“Rather than exotic and difficult, the recipes are surprisingly easy. [...] And, surprise, Gapultos took the photos himself, although he had to master a complex camera and learn food styling from scratch. He’s done so well, you practically want to eat the page with the photo of his oven-baked sweet potato fries.”—*LA Weekly*

Quiet Beauty...page 65

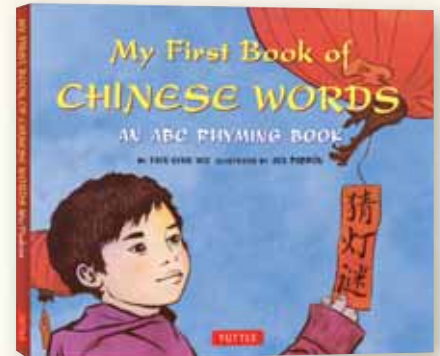
“In this lavishly illustrated book, art historian Brown and photographer Cobb act as tour guides to 26 such gardens [...] that are accessible, historically significant, and compelling physical spaces.”
—*Publishers Weekly*



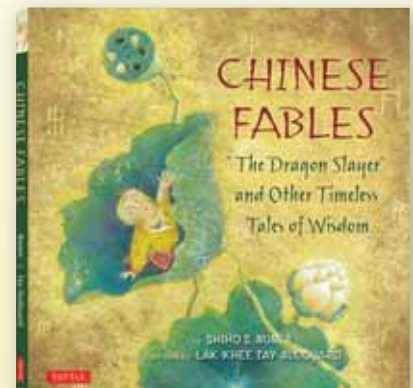
Korean Nursery Rhymes ...page 52

“Like singing in a round, there is a lot going on—it is fun and exciting and very busy. Each part deserves attention. [...] Both unusual and useful, for this ever-shrinking world.”—*Kirkus Reviews*

Chinese Fables, page 53, and My First Book of Chinese Words, page 52



“On a more instructional, but equally enjoyable level, *My First Book of Chinese Words* introduces children to the Chinese character system as well as language.”



“For slightly older kids, comes *Chinese Fables* by Shiho Nunes.... Using bamboo rag paper, they have a tactile feeling of nubby paper. The illustrations are very attractive.”
—*McClatchy News Service*

NEW DISTRIBUTION WITH SIMON & SCHUSTER, INC.

Tuttle Publishing has recently changed US fulfillment distribution to Simon & Schuster. Simon & Schuster is a global leader in the publishing industry, and their state-of-the-art tools and services enable Tuttle to meet the growing needs of the rapidly changing book publishing market.

Publishing, sales and marketing operations will remain with Tuttle Publishing and your local rep while domestic billing, shipping and credit issues will be carried out by Simon & Schuster.

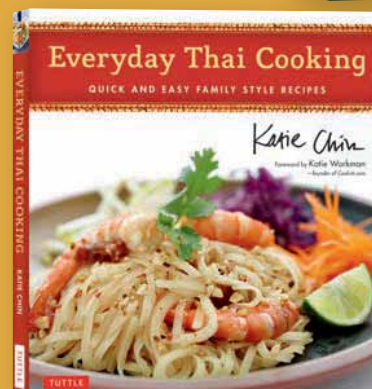
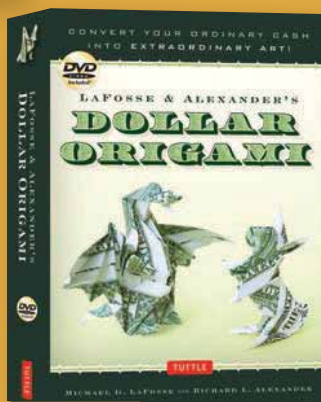
For all sales and ordering information, see inside back cover of the catalog.

Don't Miss . . .



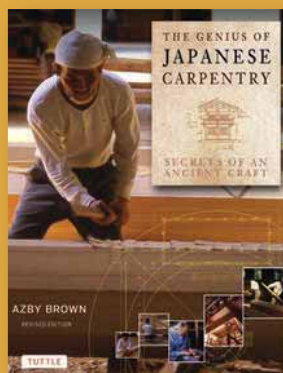
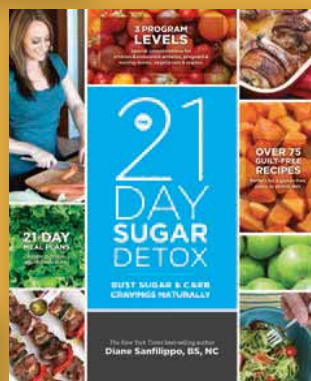
Jet Black and the
Ninja Wind...3

LaFosse & Alexander's
Dollar Origami...9



Everyday Thai
Cooking...30

The 21-Day
Sugar Detox...40



The Genius of
Japanese
Carpentry...63

Contents

New Titles and Backlist Highlights

Young Adult	2
Origami & Craft	4
Language.	20
Cooking.	30
Health	40
Children's.	48
Religion & Self-Help.	54
Art & Antiques	59
Interiors, Architecture & Gardens	62
Martial Arts	66
History, Literature, Culture & Business	70
Travel & Maps	74
Index	78-79
Credit Application	80

TUTTLE Publishing

Tokyo | Rutland, Vermont | Singapore

Can a young samurai hold back Japan's ancient evils? Time is running out...

\$17.99 jacketed hardcover
\$20.95 (CAD)

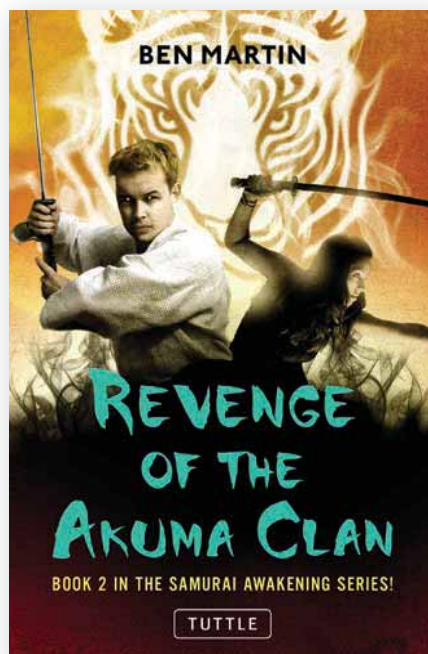
ISBN-13: 978-4-8053-1274-2
October

Young Adult
Tuttle Publishing

5¼ X 8 320 pages

Carton Quantity: 32
Selling Territory: World

ebook available



Marketing & Publicity

Advance reading copies available

National advertising

Reviews in trade magazines, children's publications and blogs

Giveaways promotion on Good Reads

- The exciting sequel to *Samurai Awakening*—continuing the story of David Matthews and the Matsumoto family and their battle to keep Japan safe from the monsters that seek to conquer mankind
- In addition to being a page-turner, the book offers key insights into Japanese culture and folklore and to being a teen in modern Japan

By the same author:

Samurai Awakening
ISBN-13: 978-4-8053-1228-5
\$17.99/\$20.95 (CAD)



Revenge of the Akuma Clan

Benjamin Martin

It's time for Revenge.

Benjamin Martin, author of the 2011 Amazon Breakthrough Novel Award semi-finalist *Samurai Awakening*, returns with another masterpiece of young adult fiction and the next installment in his riveting shapeshifter saga.

American teenager David Matthews has more to deal with than the average exchange student living in Japan—a lot more. In *Samurai Awakening*, David woke one morning to discover that he'd been empowered and possessed by the tiger god Kou. Now a Jitsugen Samurai in *Revenge of the Akuma Clan* and able to take on Kou's tiger form, David must use his new abilities to protect Japan from the terrifying evil creeping across the land—and waiting for him to fail.

As his relationships, especially with Rie his host sister, grow uncertain, he must forge deeper connections with Kou, the tiger god that resides within him, and form new alliances if he hopes to hold back the return of Japan's ancient enemies. It is up to David to stop the powerful and vengeful Akuma Clan—and time is running out.

Benjamin Martin has studied Japanese language and culture for more than ten years. In 2008, he moved to Okinawa, where he created the popular blog More Things Japanese and continues to live and teach. Visit SamuraiAwakening.com for more information.

Praise for Samurai Awakening

"An imaginative take on the triumph of the underdog."—*Booklist*

"A new entry in the young adult paranormal category, Benjamin Martin uses Japanese culture and history to build quite a compelling tale."

—*McClatchy News Service*

"Martin scrupulously details the elements of David's apprenticeship, and his familiarity with Japanese customs and myth lends verisimilitude..."
—*Publishers Weekly*

Can the world's last female ninja kill the man she loves to save her family, her home—and herself?

\$17.99 jacketed hardcover
\$19.50 (CAD)

ISBN-13: 978-4-8053-1284-1
August

Young Adult
Tuttle Publishing

5¼ X 8 320 pages

Carton Quantity: 24
Selling Territory: World

ebook available

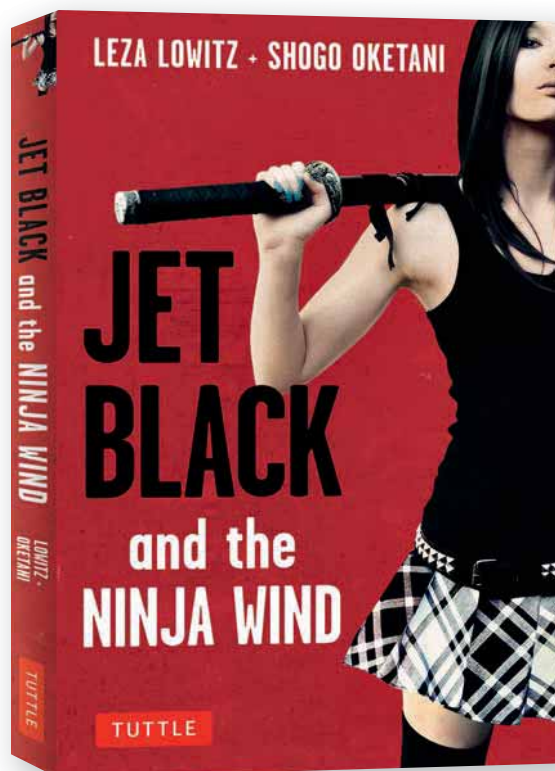
Marketing & Publicity

Advance reading copies available

National advertising

Reviews in trade magazines, children's
publications and blogs

- This first female teenage ninja YA novel!
- Based on actual history of indigenous tribes and their fight to save their history and land



Jet Black and the Ninja Wind

Leza Lowitz
Shogo Oketani

Seventeen-year-old Jet Black is a ninja. There's only one problem—she doesn't know it. Others do, however, and they're scheming to capture her and uncover her secrets.

When her mother dies, Jet knows only that she must go to Japan to protect a family treasure hidden in her ancestral land. She's terrified, but if Jet won't fight to protect her world, who will? Stalked by bounty hunters and desperately in love with the man who's been sent to kill her, Jet must be strong enough to protect the treasure, preserve an ancient culture, and save a sacred mountain from destruction.

In *Jet Black and the Ninja Wind*, multiple award-winning author, poet, and translator Leza Lowitz makes her first foray into young adult fiction with a compulsively readable tale whose teenage heroine must discover if she can put the blade above the heart—or die trying.

Leza Lowitz has published more than seventeen books, including *Yoga Heart*, *Beautiful Japan*, and *A Long Rainy Season*. Her numerous awards include the PEN/Oakland Josephine Miles Poetry Award, a PEN Syndicated Fiction Award, grants from the NEA and NEH, and the U.S.-Japan Friendship Commission Award from the Donald Keene Center at Columbia University. Her writing has appeared in the *Huffington Post*, *Shambhala Sun*, *Harpers*, and on NPR's "The Sound of Writing."

Shogo Oketani is a writer, journalist, and teacher of several martial arts, including karate, shaolinquan, kendo, and judo. Lowitz and Oketani live in Japan with their young son.

ORIGAMI & CRAFT



Folding Paper Exhibitions

- Crocker Art Museum,
Sacramento, CA
June 22, 2013 - Sept. 29, 2013
- Oregon Historical Society,
Portland, OR
October 19, 2013 - January 11, 2014
- Peoria Riverfront Museum,
Peoria, IL
January 31, 2014 - April 27, 2014
- Bellevue Arts Museum,
Bellevue, WA
May 29, 2014 - September 4, 2014
- Center for the Arts of
Bonita Springs,
Bonita Springs, FL
October 10, 2014 - January 4, 2015
- Brigham Young University
Museum of Art,
Provo, UT
January 29, 2015 - June 20, 2015
- Louisiana Art & Science Museum,
Baton Rouge, LA
July 11, 2015 - September 27, 2015

Visionary artists and scientists push the limits of origami

\$24.95 jacketed hardcover
\$28.95 (CAD)

ISBN-13: 978-0-8048-4338-6
August

Origami
Tuttle Publishing

full-color photos throughout
9 X 9 96 pages

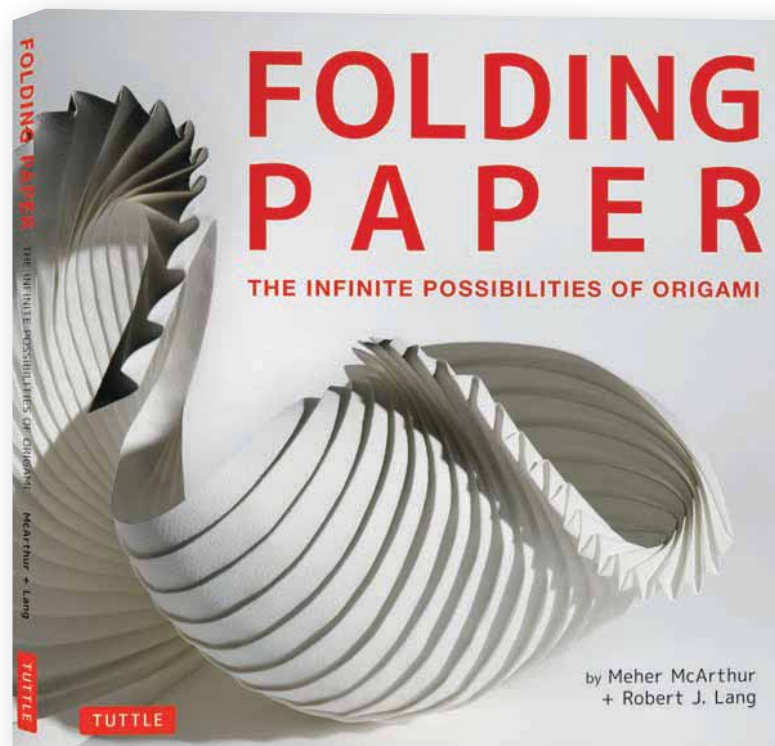
Carton Quantity: 24
Selling Territory: World

Marketing & Publicity

Reviews in paper craft magazines
and blogs

BLADs

- Features the works of 43 master folders from around the world
- Exhibit by the same name featured in NPR's "Marketplace", *LA Weekly*, *The Paper: The Magazine of OrigamiUSA*, *Science Magazine* and *National Geographic*
- The works range from lifelike and representational to mathematical and computer-generated to lyrical and abstract to social and political



Folding Paper

The Infinite Possibilities of Origami

Meher McArthur
Robert J. Lang

Thanks to pioneering masters such as Dr. Robert J. Lang, origami has transcended its humble roots as a traditional Japanese papercraft to take a place among the global fine arts. In *Folding Paper: The Infinite Possibilities of Origami*, Dr. Lang and Asian art curator Meher McArthur chronicle origami's remarkable evolution and showcase the widespread applications of paper folding solutions in the fields of contemporary mathematics, engineering, design, and the international peace movement.

Based around a groundbreaking museum show by the same name, *Folding Paper* features the work of more than forty leading origami artists from around the world, including Brian Chan, Erik Joisel, Erik and Martin Demaine, Tomoko Fuse, Daniel Kwan, Michael LaFosse, Jeannine Moseley, and Akira Yoshizawa. Combining Dr. Lang's and McArthur's illuminating narrative history with lavish color photographs of more than sixty breathtaking works—from Joel Cooper's haunting Cyrus mask to Linda Tomoko Mihara's delicate Crane Cube to Eric Joisel's life-like Pangolin model—*Folding Paper* is an enthralling introduction to the contemporary art of paper folding.

Meher McArthur is a freelance Asian art curator, author, and educator. She lives with her family in Los Angeles.

Robert J. Lang has studied origami for more than forty years. He is recognized as one of the world's leading masters of the art—and one of the pioneers of the marriage of origami with mathematics and science. Lang authored or co-authored thirteen books and lectures widely on origami and its applications.



\$17.95 kit with DVD
\$20.95 (CAD)

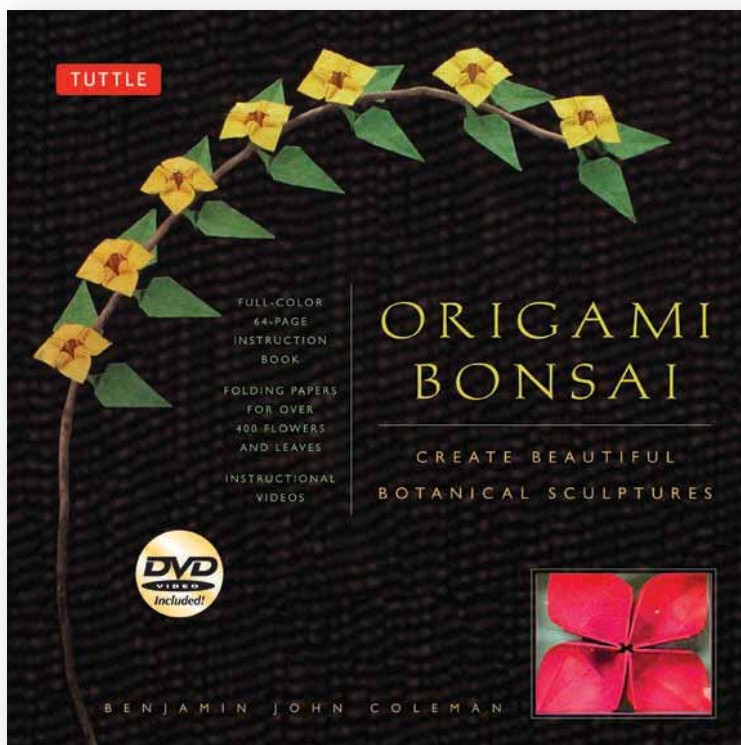
ISBN-13: 978-4-8053-1241-4
August

Origami
Tuttle Publishing

instructional DVD; 4 leaf & 8 flower models;
64-pp. full-color booklet; 48 full-color,
2-sided folding papers
8¼ X 8¼

Carton Quantity: 14
Selling Territory: World

- Includes paper specially designed with colorful patterns that will fold up into over 400 stunning and lifelike flowers and leaves
- How to DVD included



Origami Bonsai Kit

Create Beautiful Botanical Sculptures

Benjamin John Coleman

By merging two iconic Japanese art forms—origami and bonsai—Benjamin Coleman sparked an exciting evolution in paper folding, and made a name for himself in both the origami world and on the burgeoning Etsy landscape. Now, *Origami Bonsai Kit* makes it possible for paper folders at every level to create Coleman's unique botanical sculptures at home by folding delicate paper flowers and leaves and attaching them to natural branches.

Coleman uses the innovative "glow-fold" method and utilizes color to identify exactly which part of the model to fold in any given step, making it easy for beginning folders to create exquisite bonsai paper art. In addition to sharing his revolutionary paper crafting techniques, Coleman also shows you how to select natural twigs, branches, and stones—and how to assemble them into a life-like finished sculpture.

Origami Bonsai Kit includes:

- Full-color step-by-step instructions for 8 different mix-and-match flower forms and 4 different types of leaves
- Enough custom-designed folding paper (full-color on both sides) to create more than 400 flowers and leaves
- A DVD featuring more than three hours of instructional footage by Coleman himself

Benjamin John Coleman has been hooked on origami since his father brought home an origami book in 1974. His hobby kicked into high gear in 2006, when he left his teaching career and made the creation of origami bonsai his new way of life. He is the author of several books, including *Origami Bonsai*. He lives in Rhode Island.



“When you strip away the model’s materiality, the simple interface of light and shade highlights the striking beauty of the buildings’ architectural outlines.”—ARCHITECT

\$19.95 kit
\$22.95 (CAD)

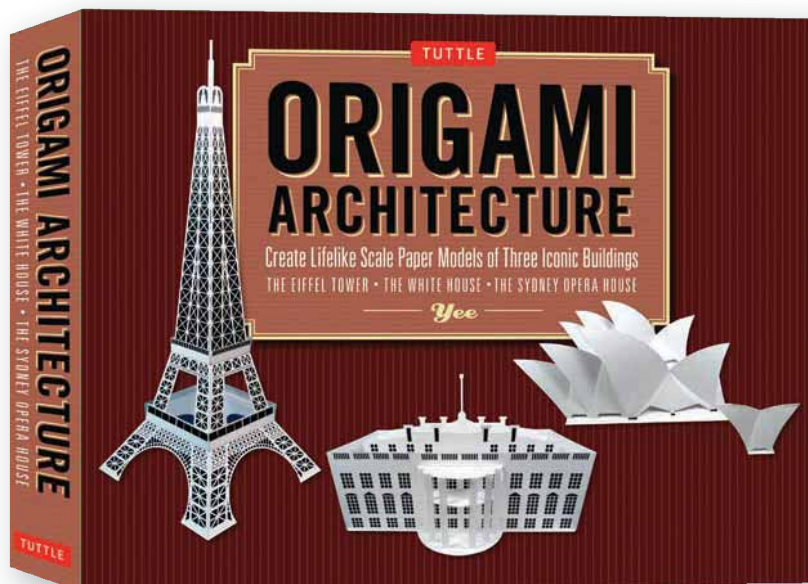
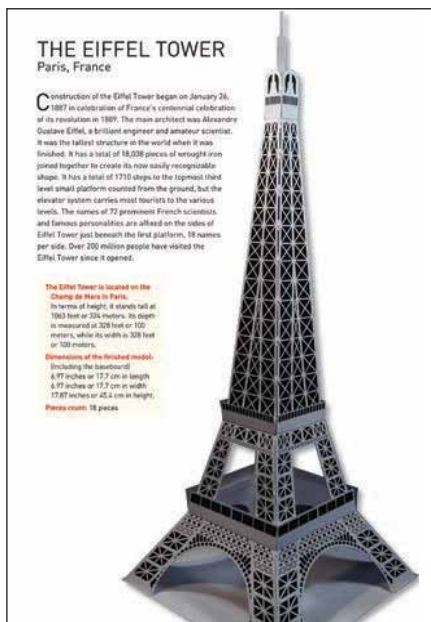
ISBN-13: 978-4-8053-1243-8
August

Origami
Tuttle Publishing

18 sheets of pre-cut cardstock,
64-page full-color booklet with over
150 instructional photos
8 X 10

Carton Quantity: 20
Selling Territory: World

- Contains 18 sheets of pre-cut cardstock
- Buildings are engineered to fold flat for transporting and storing



Origami Architecture Kit

Create Lifelike Scale Paper Models of Three Iconic Buildings

Yee

Yee is today's preeminent practitioner of origami architecture and a master paper crafter who has dedicated his life to creating scale paper models of the world's most famous buildings. *Origami Architecture Kit* features three of Yee's most popular designs, each a stunning example of architectural and engineering genius:

- The Eiffel Tower
- The White House
- The Sydney Opera House

This extraordinary origami kit contains eighteen sheets of high quality, pre-cut cardstock, allowing you the fun of punching out the more than fifty-five individual pieces and assembling these masterpieces. A detailed full-color instruction booklet with more than 150 photos guides your paper crafting adventure. Once completed, the paper models can be displayed as three-dimensional buildings or folded flat for easy storage and transport.

Yee began paper crafting at a very young age. Later, he dedicated himself to mastering the art and began to design handcrafted toys made from paper. For the past thirty-five years, he has developed his skills in paper crafting, first as a hobby and now as a career. He is the author of *Origami Architecture: Papercraft Models of the World's Most Famous Buildings*.

Create quirky, personalized projects with a fabrigami flair!

\$15.95 flapped paperback
\$18.50 (CAD)

ISBN-13: 978-4-8053-1256-8
September

Crafts
Tuttle Publishing

26 projects; 26 color photos and diagrams
8½ X 11 96 pages

Carton Quantity: 16
Selling Territory: World

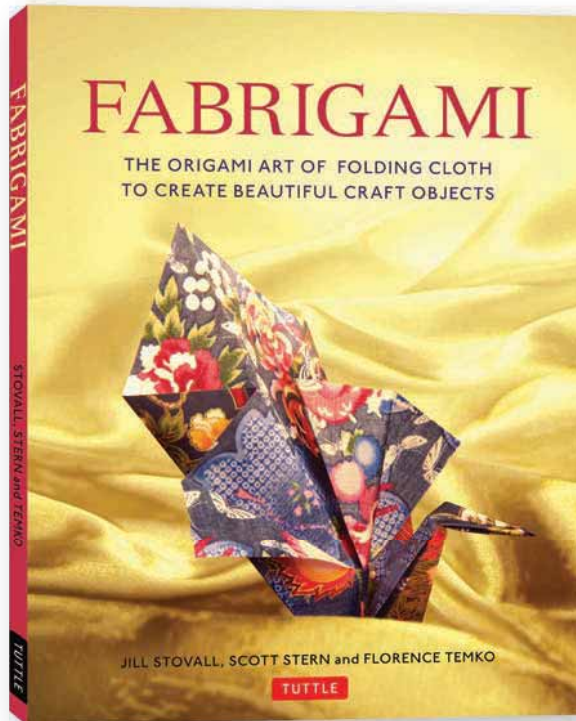
ebook available

Marketing & Publicity

Reviews in paper craft magazines
and blogs

BLADs

- The 26 projects range from beginner to more advanced skill levels



Fabrigami

The Origami Art of Folding Cloth to Create Beautiful Craft Objects

Jill Stovall
Scott Stern
Florence Temko

Fabrigami is the art of folding fabrics to create three-dimensional objects ranging from the practical to the whimsical. Like paper, there are countless beautiful fabric designs to choose from, only fabric has the virtue of being extremely durable.

Fabrigami began as origami legend Florence Temko's final project. Sadly, Temko passed away before the book was completed, but her collaborator, Jill Stovall, continued their work. Now, Stovall—with the help of Scott Stern, a rising young star of origami—brings *Fabrigami* to print for everyone to use and enjoy.

This book begins with instructions on how to treat fabric so it holds a shape when folded. Then Stovall shares a series of fun craft projects with simple origami-style diagrams that you can use to make a range of lovely objects, including:

- Fan-tastic Fold Earrings
- Evening Wine Coat
- Florence's Hexagon Box
- Cloth Kimono Card
- Cloth Couture High Heeled Shoe
- Pleated Peacock

Jill Stovall has been an educator, librarian, researcher, and writer for many years. When she's not sailing her boat across the world, Stovall lives in La Jolla, California.

Currently a student at Yale University, **Scott Stern** has been folding origami since he was three years old. He is the author of *Outside the Box Origami*.

Florence Temko (1921–2009) was the internationally acclaimed author of over fifty how-to crafts books and a leading authority on origami and kirigami. She was a founding board member of OrigamiUSA, a member of the Authors Guild, and a consultant for the Mingei International Museum.



Watch your dollar stretch—from simple money into a work of art!

\$15.95 concealed spiral binding
\$18.50 (CAD)

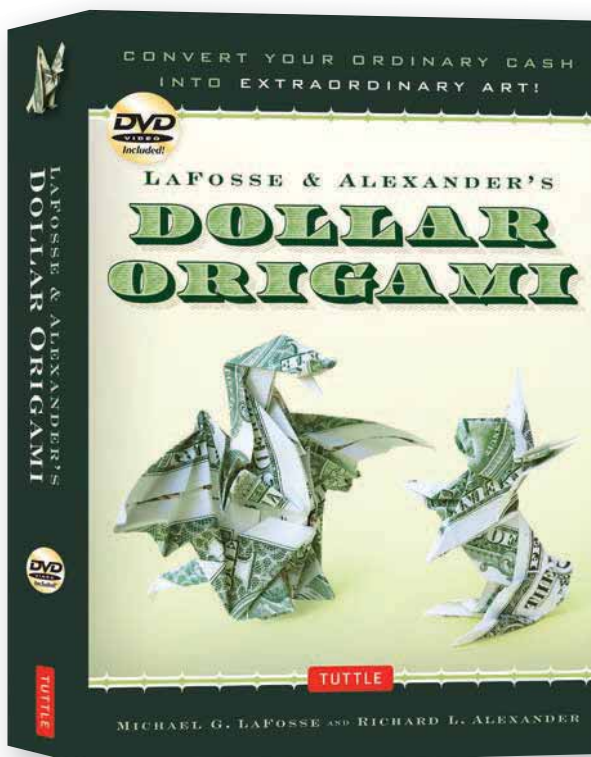
ISBN-13: 978-0-8048-4274-7
August

Origami
Tuttle Publishing

includes 3 hour DVD; 20 projects;
48 tear-out practice bills; full-color
diagrams and photos throughout
7 X 10 96 pages

Carton Quantity: 15
Selling Territory: World

• 3 hour instructional DVD included



LaFosse & Alexander's Dollar Origami

Convert Your Ordinary Cash into Extraordinary Art!

Michael G. LaFosse
Richard L. Alexander

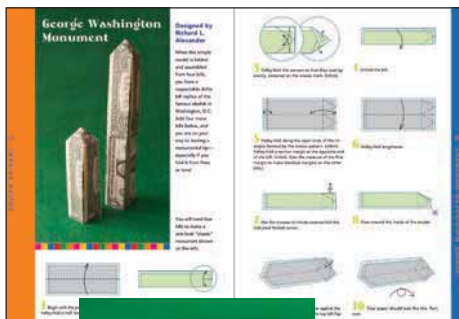
These days, a dollar won't get you very far, but—in the right hands—a dollar bill can become a work of art.

In *LaFosse & Alexander's Dollar Origami*, the world-renowned origami artists and co-founders of the eminent Origamido Studio share twenty incredible creations specifically designed to be made out of dollar bills. Folded money models are wonderful gifts and conversation pieces, and LaFosse and Alexander make it easy for you to get started with projects ranging from “very simple” to “challenging.”

It's no wonder that more and more people are realizing how fun dollar bill origami can be. Printed currency is easy to fold, remarkably durable, intricately patterned, and readily available. Whether you're making The Windmill Pillow, Prosperity Bamboo, The George Washington Knot, or Drahcir the Dragon, you—and your friends—will be delighted with the results!

Origami master **Michael G. LaFosse** is co-founder of the Origamido Studio, a learning center and design studio dedicated to the art of origami. LaFosse was prominently featured in the recent Peabody Award-winning documentary, *“Between the Folds”*.

Richard L. Alexander co-founded the Origamido Studio, where he is the chief papermaker. Together, Alexander and LaFosse have created dozens of origami exhibitions, and more than seventy books, kits, and videos about paper and paper arts. LaFosse and Alexander live in Massachusetts.



6 beautiful origami butterfly projects with easy-to-follow instructions



\$9.95 kit with DVD
\$11.50 (CAD)

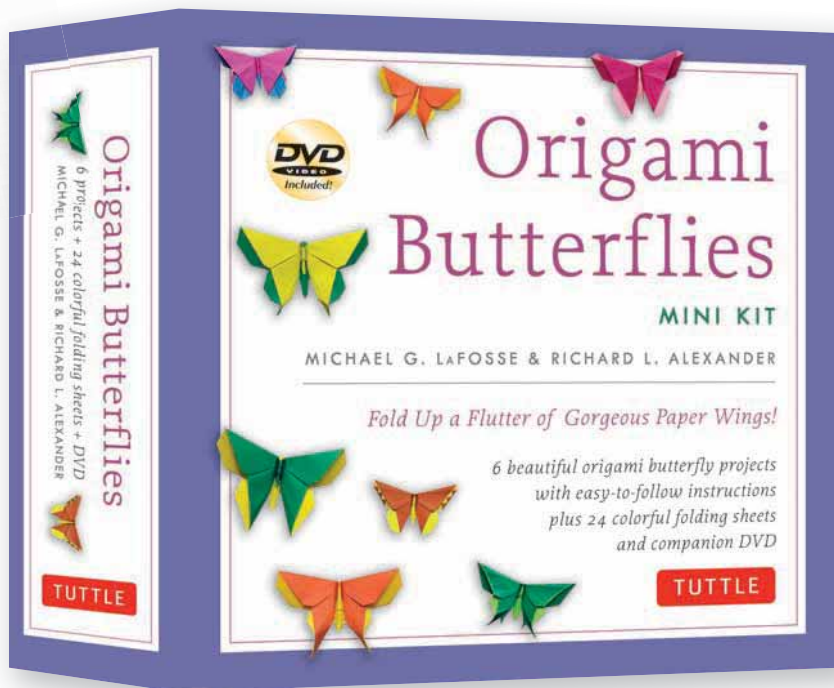
ISBN-13: 978-4-8053-1278-0
August

Origami
Tuttle Publishing

includes DVD; 6 projects; no scissors;
no glue; 32-pp. booklet; 24 folding papers
5½ X 5½

Carton Quantity: 42
Selling Territory: World

• How to DVD included



Origami Butterflies Mini Kit

Fold Up a Flutter of Gorgeous Paper Wings!

Michael G. LaFosse
Richard L. Alexander

Michael LaFosse is an acknowledged master of the paper-folding arts, but his origami butterflies have won him special acclaim. Hundreds of LaFosse's winged creations are featured in exhibitions around the world, and his iconic butterfly designs are admired by origami enthusiasts everywhere. In this collection, LaFosse presents six exclusive, all-new butterfly designs specifically created with the paper crafts novice in mind. This fun and instructive origami kit will kickstart your creativity with:

- 6 gorgeous butterfly designs, including "A Butterfly for George Morkiami" and "A Butterfly for Reiko"
- A 32-page booklet, featuring full-color, step-by-step instructions and easy-to-follow origami diagrams
- 24 brilliant, full-color, 5-inch folding papers
- An instructional DVD with more than an hour of video lessons taught by LaFosse himself

Whether you're a beginner or a more seasoned origami practitioner, you will learn to hone your folding skills and achieve consistent results while creating your own stunning collection of paper butterfly models.

Michael G. LaFosse co-founded the Origamido Studio, a learning center and design studio that produces folded art and commercial designs for a variety of international clients.

Co-founder of the Origamido Studio, **Richard L. Alexander** is the chief papermaker and is a frequent collaborator with other famous paper artists.



By the same author:

Mini Money Origami Kit
ISBN-13: 978-0-8048-4230-3
\$8.95/\$9.95 (CAD)



No scissors or glue necessary with 6 never-before-seen designs!

\$9.95 kit with DVD
\$11.50 (CAD)

ISBN-13: 978-0-8048-4345-4
September

Origami
Tuttle Publishing

6 projects; no scissors; no glue;
32-pp. booklet; 24 folding papers
5½ X 5½

Carton Quantity: 42
Selling Territory: World

• How to DVD included



Simple Origami Airplanes Mini Kit

Fold 'Em & Fly 'Em!

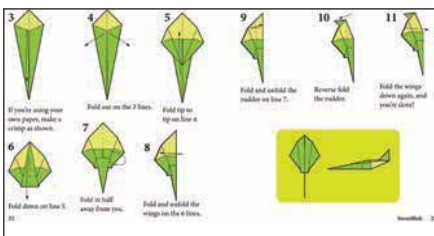
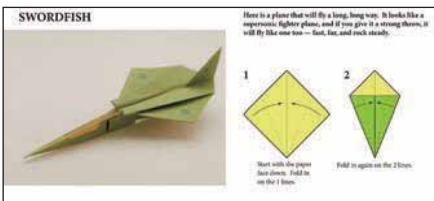
Andrew Dewar

An ace of paper aviation, author Andrew Dewar has spent decades perfecting the art of folding easy paper airplanes that both look great and fly well. In *Simple Origami Airplanes Mini Kit*, Dewar puts The Razor, The Octopus, The Starbird, The Swordfish, Frankenplane, and The Orbit at your fingertips and—after a few easy folds—they're ready for takeoff! Featuring sturdy wings and fuselages, Dewar's ingenious new designs are so perfectly balanced that a gentle throw results in amazing flights, time after time. Fun and accessible for both the paper crafts novice and the more practiced folder, this wonderfully giftable origami kit includes:

- A 32-page booklet with full-color, step-by-step instructions
- 24 full-color 5" folding papers with printed fold lines
- An instructional DVD

Dewar's high-flying designs will get your spirits soaring!

Andrew Dewar taught at Sakura no Seibo Junior College in Fukushima, Japan, where he also presided over the Fukushima Paper Airplane Club. He is the author of many papercraft books and kits, including the recent *Bible Origami Kit*. Andrew lives with his family in Japan.





Bottom Jaw



Foundation: With alligator upside down, JWSC to same stitch that you started the edging for Upper jaw.

Row 1. SC across, ending where the last stitch of edging does, Ch 1, turn. 13

Rows 2-9. SC across, Ch 1, turn. 13

Row 10. SC 1, 2SCtog, SC 7, 2SCtog, SC 1, Ch 1, turn. 11

Rows 11-20. SC across, Ch 1, turn. 11

Row 21. 2SCtog, SC 7, 2SCtog, Ch 1, turn. 11

Finish off.



Bottom Jaw



Foundation: With alligator upside down, JWSC to same stitch that you started the edging for Upper jaw.

Row 1. SC across, ending where the last stitch of edging does, Ch 1, turn. 13

Rows 2-9. SC across, Ch 1, turn. 13

Row 10. SC 1, 2SCtog, SC 7, 2SCtog, SC 1, Ch 1, turn. 11

Rows 11-20. SC across, Ch 1, turn. 11

Row 21. 2SCtog, SC 7, 2SCtog, Ch 1, turn. 11

Finish off.



Edging

Foundation: JWSC at left side of upper jaw (when upside down) and SC around edge for a total of 48 stitches, Ch 1, turn. 48

Edging

Row 1. 2SCtog, SC 42, 2SCtog, Ch 1, turn. 46

Row 2. SS 3, SC 40, SS 3.

Finish off.



Lower insert

Foundation: Begin with DMC #3328, Ch 13, turn. 12

Row 1. Beginning in second Ch from hook; SC across, Ch 1, turn. 12

Rows 2-9. SC across

Row 10. SC 5, 2SCtog, SC 5, 11

Rows 11-17. SC across, Ch 1, turn. 11

Row 18. 2SCtog, SC 7, 2SCtog, Ch 1, turn. 9

Edging

Foundation: JWSC at left side of upper jaw (when upside down) and SC around edge for a total of 48 stitches, Ch 1, turn. 48

Edging

Row 1. 2SCtog, SC 42, 2SCtog, Ch 1, turn. 46

Row 2. SS 3, SC 40, SS 3.

Finish off.



Lower insert

Foundation: Begin with DMC #3328, Ch 13, turn. 12

Row 1. Beginning in second Ch from hook; SC across, Ch 1, turn. 12

Rows 2-9. SC across

Row 10. SC 5, 2SCtog, SC 5, 11

Rows 11-17. SC across, Ch 1, turn. 11

Row 18. 2SCtog, SC 7, 2SCtog, Ch 1, turn. 9



Row 19. 2SCtog, SC 5, 2SCtog, Ch 1, turn. 7

Finish off

Edging

Join at right hand corner and SC all around edge. 39

Teeth

Foundation: With DMC White, begin on left hand side; SC around posts of edge stitches beginning at post between



Row 19. 2SCtog, SC 5, 2SCtog, Ch 1, turn. 7

Finish off

Edging

Join at right hand corner and SC all around edge. 39

Teeth

Foundation: With DMC White, begin on left hand side; SC around posts of edge stitches beginning at post between



Unlock your inner cute and knit this mini menagerie into a cuddly reality

\$15.95 paperback
\$18.50 (CAD)

ISBN-13: 978-4-8053-1251-3
August

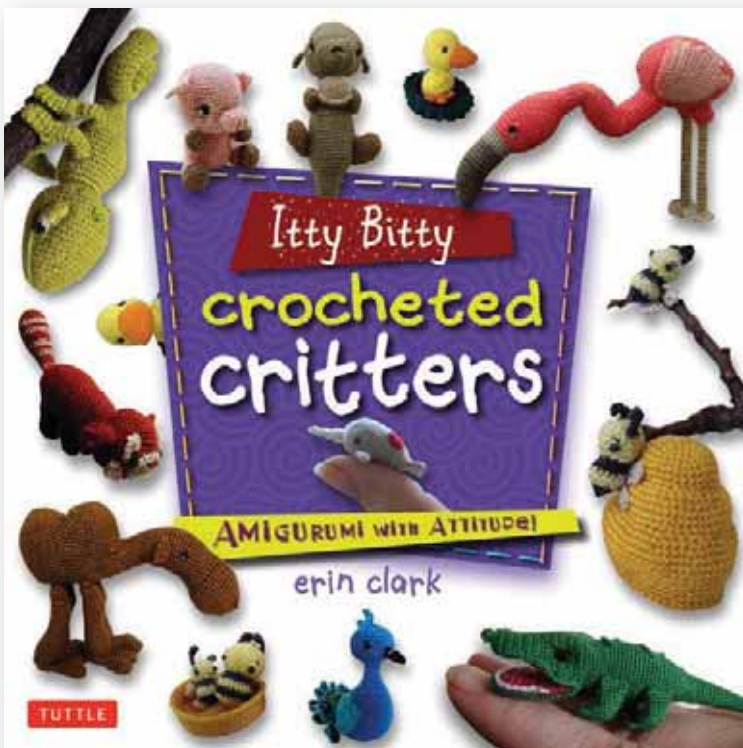
Crafts
Tuttle Publishing

337 photos and illustrations
8 X 8 112 pages

Carton Quantity: 20
Selling Territory: World

ebook available

- Includes instructions on terrarium displays
- Individual patterns can cost \$5 each so this is a \$100 value.



Itty Bitty Crocheted Critters

Amigurumi With Attitude!

Erin Clark

While the demand for Amigurumi just keeps getting bigger, these incredibly cute crocheted critters have just gotten smaller!

Voodoo Maggie (AKA Erin Clark), the author of *Voodoo Maggie's Adorable Amigurumi*, has taken her yarn craft to the micro-level and stitched together a new menagerie of mini Amigurumi that are so darn cute—and tiny—that you might not want to part with any of them. Erin's crochet patterns are so easy to follow that you'll be able to make enough to satisfy an obvious demand from your friends and family. Erin even provides instructions on how to display these tiny Japanese crochet creatures in their own crochet-decorated terrarium. *Itty Bitty Crocheted Critters* features foolproof instructions on how to make twenty of Voodoo Maggie's most popular mini Amigurumi characters, including:

- Big Eared Fennec Fox
- Slow Moving Sloth
- Red Panda
- Tusked Narwhal
- Miniature Moose
- Tiny Tapir

These irresistible little guys are guaranteed to bring a smile to anyone's face. Get ready to "Awwwww!"

Erin Clark was born into a crafty family. When she was six, Erin discovered crochet through a great grandmother, and it's been her favorite craft hobby ever since. Erin lives in Oregon with three children, a wonderful husband, and a hobby that is now her job.



By the same author:

Voodoo Maggie's Adorable Amigurumi
ISBN-13: 978-4-8053-1169-1
\$15.95/\$17.95 (CAD)



Simple classic styles sure to suit any frame

\$16.95 paperback
\$19.50 (CAD)

ISBN-13: 978-4-8053-1286-5
November

Crafts
Tuttle Publishing

20 full-page photos, 20 sets of diagrams,
4 pull-out pattern sheets for 20 patterns
8 X 10 64 pages

Carton Quantity: 30
Selling Territory: North American and Asia

Marketing & Publicity

Reviews in craft magazines and blogs

- 20 easy-to-alter full-sized paper patterns in 4 sizes, covering average sizes for kids ages 3 to 9



Happy Homemade: Sew Chic Kids

20 Designs That Are Fun and Unique—Just Like Your Kid!

Ruriko Yamada

Today's DIY generation loves to outfit their kids in stylish homemade clothes, and kids love clothes that feel good. Designer Ruriko Yamada draws from her own experiences as a mom to create designs and sewing patterns that are fun to wear, easy to make, and infused with covetable Japanese style. *Happy Homemade: Sew Chic Kids* features easy-to-follow diagrams, Japanese sewing patterns in English, and simple instructions on how to make twenty super-comfy pieces for both boys and girls, including:

- Pin-tucked blouse
- Dress with flared sleeves
- Knee-length shorts
- Tiered skirt
- Boy's stand-up collar shirt
- Pull-over parka

Yamada provides four sizes of westernized patterns, each of which can easily be adjusted to fit children from three to nine years old. Simple lines give kids room to move, and the classic styles look good on any frame. Sewing for children has never been easier. With *Happy Homemade: Sew Chic Kids*, you'll whip up a fantastic, money-saving wardrobe in practically no time at all!

Ruriko Yamada is a graduate of BunkaFukuso Gakuan (Bunka Fashion College). After graduating she worked as a pattern maker. She now runs her own online pattern store.



A step-by-step guide to the art of Chinese paper folding

\$24.95 jacketed hardcover
\$28.95 (CAD)

ISBN-13: 978-1-60220-013-5
September

Origami
Shanghai Press

more than 200 color photos and
step-by-step diagrams
7¼ X 10¼ 150 pages

Carton Quantity: 16
Selling Territory: North America,
Central America, South America, South
Africa, Europe, UK, Selected Middle East,
Asia (excluding China)



Chinese Origami

Paper Folding for Year-Round Celebrations

Chen Yuehua

The art of creating objects by folding paper is known around the world as origami, a craft popularized by Japan. But did you know that paper was invented more than 1900 years ago and the art of paper folding, also known as *zhezhi*, originated in ancient China? And paper folding is still a traditional folk art loved and practiced by Chinese people today.

In addition to the culture, *Chinese Origami* introduces many basic techniques and over 20 step-by-step studies of flowers, animals and decorations for festivals, including a plum blossom, a narcissus, a lantern, steamed rice dumplings and a magpie. This book will show you how to fold these objects and understand the Chinese cultural traditions that are deeply rooted in them. Beginners can follow the detailed diagrams and illustrations, while those who are more advance can learn from the basic techniques to create their own masterpieces.

Watch your imagination take shape in clever and inspired forms with the art of Chinese paper folding!

Chen Yuehua is a senior engineer and patent agent. After retirement, she became devoted to *zhezhi*, the art of Chinese paper folding. Her designs, such as "Palace Lantern with Dragons and Chinese Character of Happiness" (fu long gong deng) and "Five Children with Promising Futures" (wu zi deng ke), have been widely acclaimed.

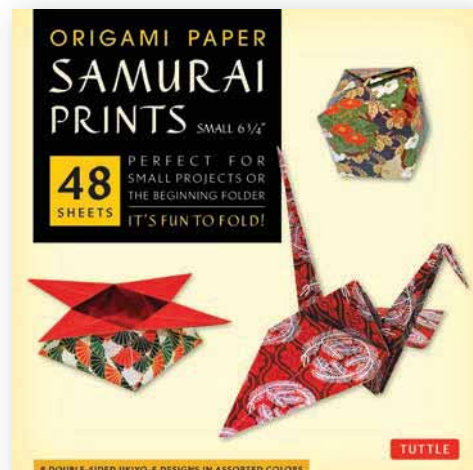
\$6.95 paper
\$7.95 (CAD)

ISBN-13: 978-0-8048-4346-1
November

Origami
Tuttle Publishing

8 projects; 48 sheets of 2-sided color
paper; 8-pp. booklet
8 1/4 X 8 1/4

Carton Quantity: 60
Selling Territory: World



\$5.95 paper
\$6.95 (CAD)

ISBN-13: 978-0-8048-4347-8
November

Origami
Tuttle Publishing

6 projects; 48 sheets of 2-sided color
paper; 8-pp. booklet
6 3/4 X 6 3/4

Carton Quantity: 60
Selling Territory: World

Origami Paper Samurai Prints Large

Origami Paper Samurai Prints Small

For the first time, origami papers feature traditional Japanese ukiyo-e prints of samurai warriors. Perfect for origami folding, gift wrapping, and scrapbooking, each origami paper pack features 8 full-color reproductions complemented by solid colors on the reverse. Plus, an 8-page insert with instructions is also included, so your folding fun can begin right away!

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ISBN-13: 978-0-8048-1755-4
\$6.95/\$9.95 (CAD)

Folding Paper for Origami Small
ISBN-13: 978-0-8048-1754-7
\$5.95/\$7.95 (CAD)

Origami Hanging Paper Bright
ISBN-13: 978-0-8048-3753-8
\$2.75/\$3.75 (CAD)

Origami Hanging Paper
Fluorescent
ISBN-13: 978-0-8048-3755-2
\$2.95/\$3.95 (CAD)

Origami Hanging Paper Pastel
ISBN-13: 978-0-8048-3754-5
\$2.95/\$3.95 (CAD)

Origami Paper Animal Prints
ISBN-13: 978-0-8048-3795-8
\$6.95/\$8.95 (CAD)

Origami Paper Bright
ISBN-13: 978-0-8048-3797-2
\$4.50 /\$6.50 (CAD)

Origami Paper Dots
ISBN-13: 978-0-8048-3798-9
\$5.95/\$7.95 (CAD)

Origami Paper Floating
World Prints Large
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\$6.95/\$7.95 (CAD)

Origami Paper Floating
World Prints Small
ISBN-13: 978-0-8048-4340-9
\$5.95/\$6.95 (CAD)

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ISBN-13: 978-0-8048-4323-2
\$5.95/\$6.95 (CAD)

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ISBN-13: 978-0-8048-3799-6
\$5.95/\$7.95 (CAD)

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\$6.95/\$9.95 (CAD)

Origami Paper Kimono Patterns
Small
ISBN-13: 978-4-8053-1040-3
\$5.95/\$8.50 (CAD)

Origami Paper Pastel
ISBN-13: 978-0-8048-3546-6
\$5.95/\$7.95 (CAD)

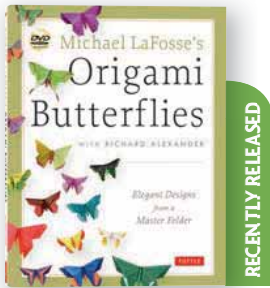
Origami Paper Pattern
ISBN-13: 978-0-8048-3800-9
\$4.95/\$6.95 (CAD)

Origami Paper Traditional
Japanese Designs Large
ISBN-13: 978-0-8048-4190-0
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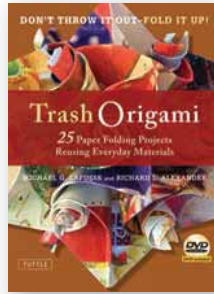
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includes 2 DVD's; 25 projects; color photos and color diagrams
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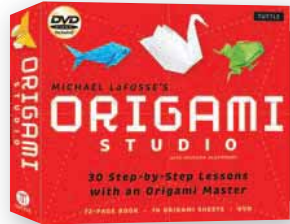
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21 projects; 60 dollar bill sized practice sheets; 64-pp. booklet; instructional DVD
8¼ X 8¼, kit with DVD (TP, W)
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\$16.95/\$23.95 (CAD)



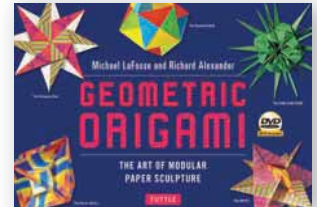
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5 projects; 40 dollar bill sized practice sheets; 32-pp. booklet; instructional DVD
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ISBN-13: 978-4-8053-1152-3
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Geometric Origami Kit

The Art of Modular Paper Sculpture
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includes DVD; 64-pp. booklet; 168 sheets of folding paper in two sizes
10 X 7, kit (TP, W)
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20 projects; 98 sheets of paper; two 32-pp. booklets
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ISBN-13: 978-0-8048-4270-9
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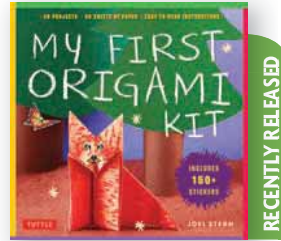


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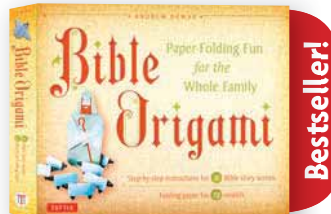


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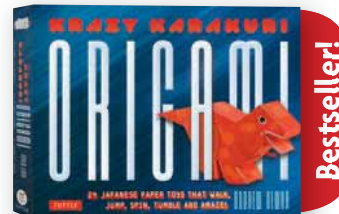


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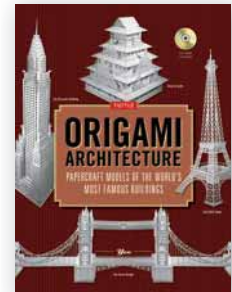


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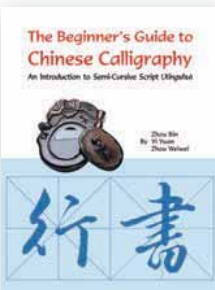


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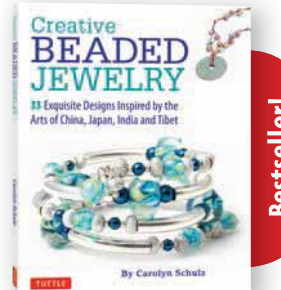


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ISBN-13: 978-4-8053-1173-8
October

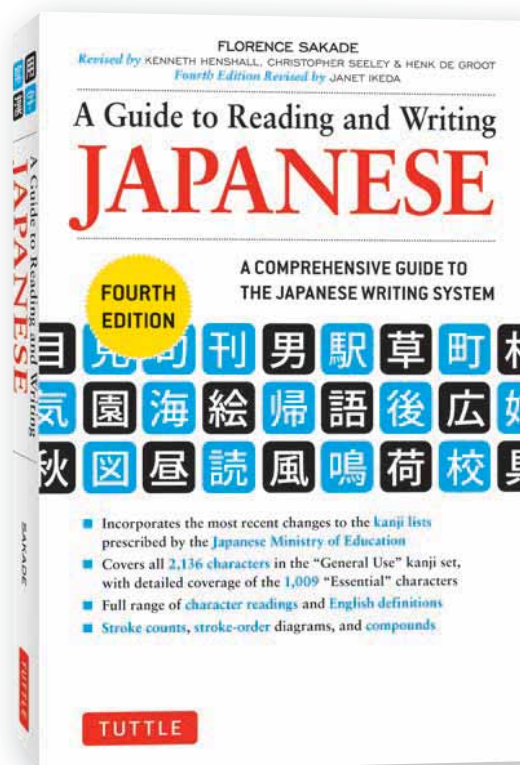
Language Learning
Tuttle Publishing

5½ X 8 352 pages

Carton Quantity: 20
Selling Territory: World

Previously Published ISBN:
978-0-8048-3365-3

- Covers all 2,136 characters on the official Japanese Government "General Use" list
- Completely revised and updated



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Fourth Edition

Florence Sakade

Revised by Janet Ikeda

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- the most recent changes prescribed by the Japanese Ministry of Education
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- The Kanji characters are based more on their frequency in everyday language than the complexity of their composition

Florence Sakade was an renowned editor and author of numerous books about Japan's language and culture, including the classic *Origami: Japanese Paper Folding* and *Japanese Children's Favorite Stories*.

Janet Ikeda is Associate Professor of Japanese at Washington and Lee University in Virginia. She served as president of the Association of Teachers of Japanese, and is currently a Director of the AATJ. Ikeda is currently on the Japanese American Leadership Delegation (JALD).

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September

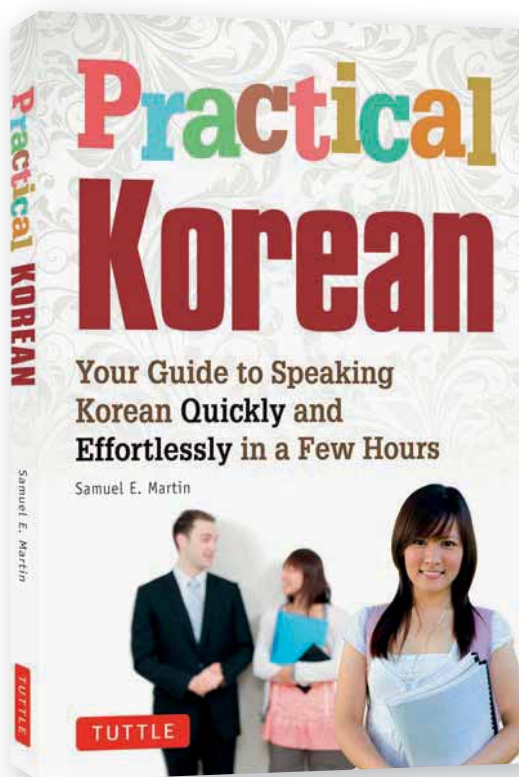
Language Learning
Tuttle Publishing

5¼ X 8 176 pages

Carton Quantity: 36
Selling Territory: World

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Samuel E. Martin
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Samuel E. Martin received his undergraduate degree and master's degree in Oriental languages from the University of California, Berkeley, and his Ph.D. in linguistics from Yale University. He is the author of numerous books and papers on Japanese and Korean, including the definitive *A Reference Grammar of Japanese* and *A Reference Grammar of Korean*.

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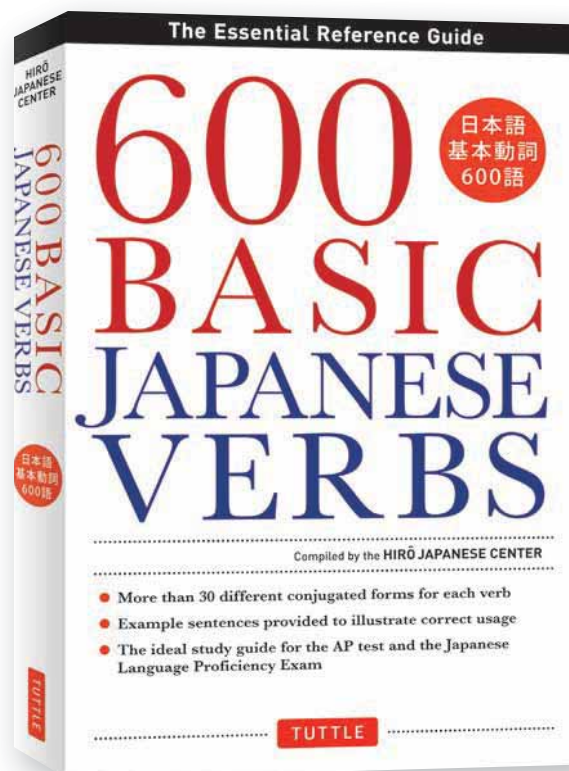
ISBN-13: 978-4-8053-1237-7
October

Language Learning
Tuttle Publishing

6 X 9 352 pages

Carton Quantity: 20
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600 Basic Japanese Verbs

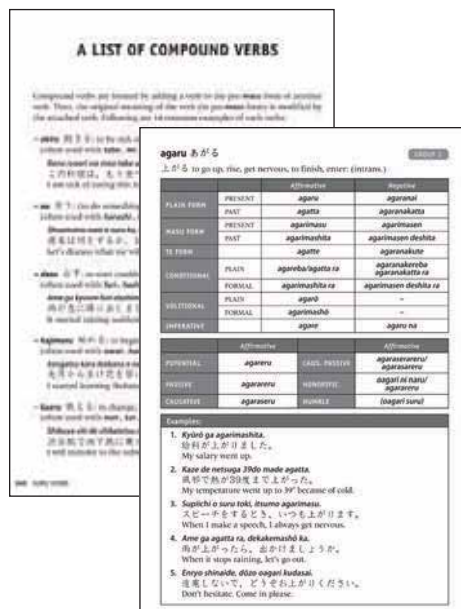
The Essential Reference Guide

Compiled by the Hirō Japanese Center

600 Basic Japanese Verbs is a handy, easy-to-use guide to one of the building blocks of language learning—verbs. This book will come to the rescue as it shows learners how to conjugate the 600 most common Japanese verbs quickly, and with very little effort. This is the only guide to list all verb forms in both Japanese script and romanized form, while giving an accurate English translation for each conjugated form, making this book far more comprehensive than any other book on the subject.

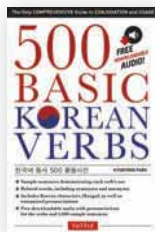
Compiled by Japanese language experts at the Hiro Japanese Center, more than 30 different verbal forms are given for each verb including all forms used in contemporary spoken, written, formal and conversational Japanese—making this the ideal reference when reading any sort of Japanese printed materials including manga, newspapers, magazines and books. *600 Basic Japanese Verbs* places an expert resource at your fingertips, giving you the information you need to speak, read, and write Japanese sentences correctly.

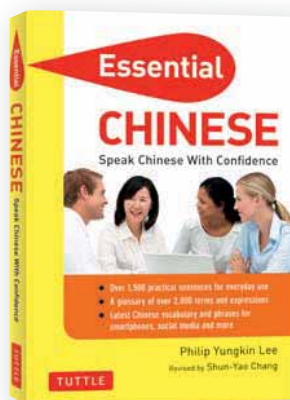
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500 Basic Korean Verbs
ISBN-13: 978-0-8048-4205-1
\$27.95/\$31.50 (CAD)





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Philip Yungkin Lee
Shun-Yao Chang, revised

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Katherine Ingham
Katherine Davidson, revised

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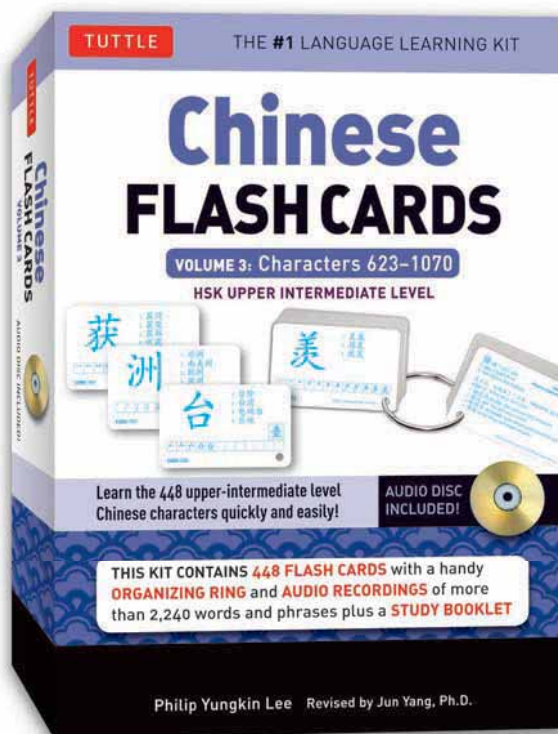
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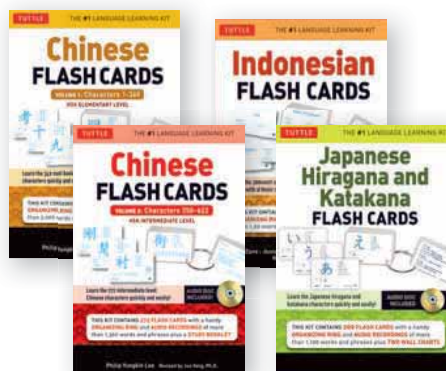
Many students who study the language understand that there are three secrets to committing these Chinese characters to memory: start with the basic characters first, then study the others in the correct order, and use constant repetition to reinforce them until they stick in your long-term memory. No other study tool is better equipped to handle this task other than flash cards, making this kit an ideal resource for practicing Chinese.

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Jun Yang, Ph.D. is a Senior Lecturer in Chinese Language in the Department of East Asian Languages and Civilizations at the University of Chicago. He holds a Ph.D. in Second Language Acquisition and Teaching.

Philip Yungkin Lee is an applied linguist with 30 years of practical experience in teaching Chinese to foreign learners. Now retired from the University of New South Wales in Sydney, Australia, he is the author of many Tuttle language books, including the four volumes of *Chinese Characters Flash Cards*.



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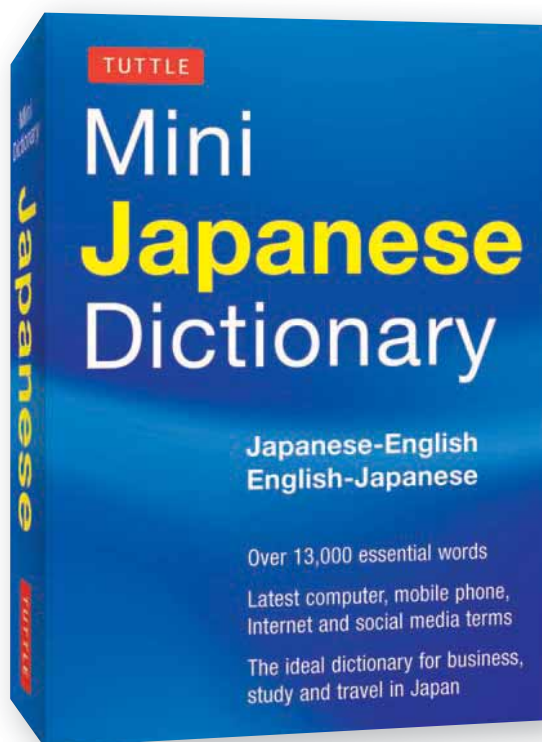
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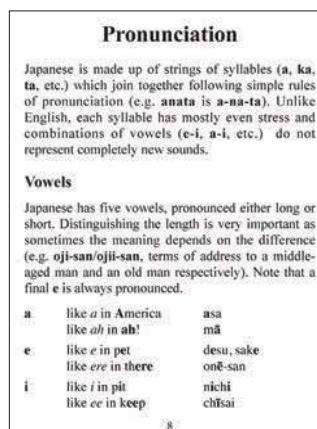
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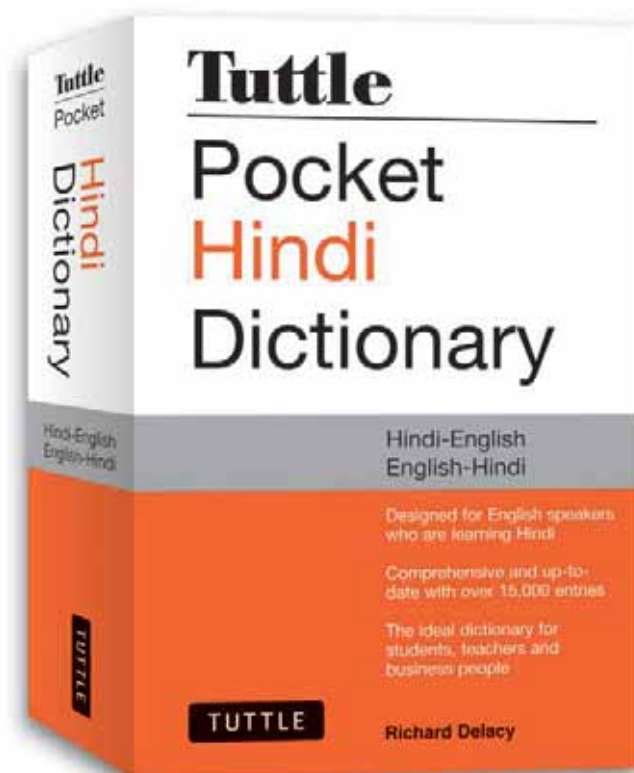
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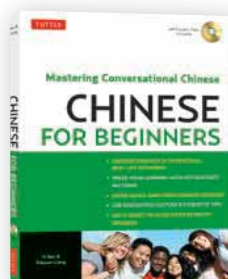
Hindi-English/English-Hindi

Richard Delacy

From the author who brought us *Hindi in a Flash*, Richard Delacy now offers his expertise in teaching Hindi with a simple and portable guide, *Tuttle Pocket Hindi Dictionary*.

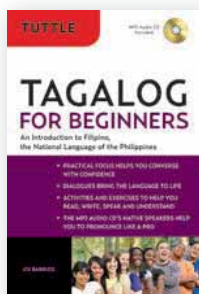
Covering the 15,000 most common Hindi and English words, in a small, compact volume, this pocket dictionary is a convenient and lightweight reference work with bi-directional Hindi-English and English-Hindi sections. Whether you use Hindi for business, in an educational setting, or while you travel to India, the entries in this dictionary cover all the contemporary terms and expressions used on a daily basis. Grammar basics and a pronunciation guide are also featured in the introduction.

Richard Delacy has taught at several universities in Australia and the U.S. and currently teaches Hindi/Urdu at Harvard University. He is the author of *Teach Yourself Beginner's Urdu Script* (McGraw-Hill) and *Hindi in a Flash* (Tuttle) and coauthor of the *Hindi, Urdu & Bengali Lonely Planet Phrasebook*.



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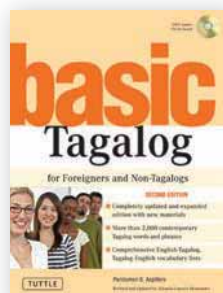
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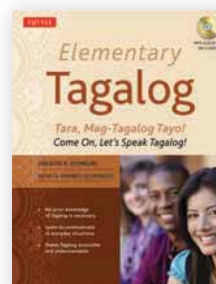
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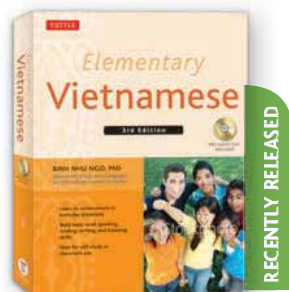


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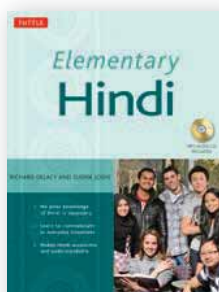
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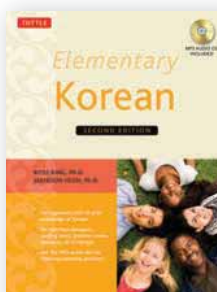


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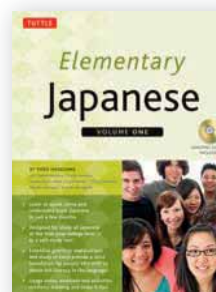


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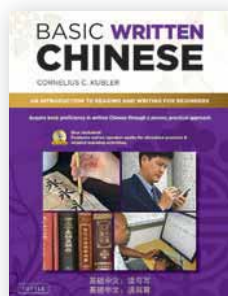
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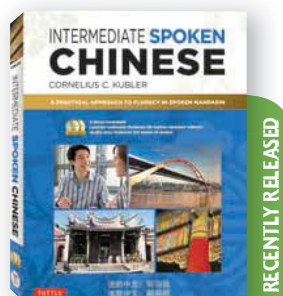
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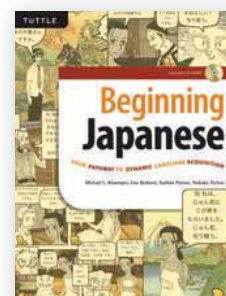
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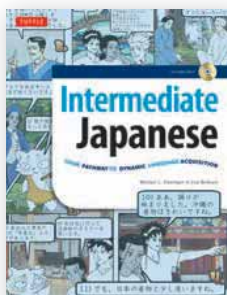
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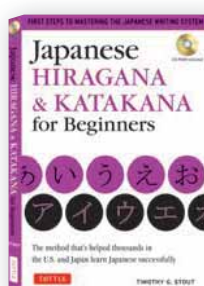
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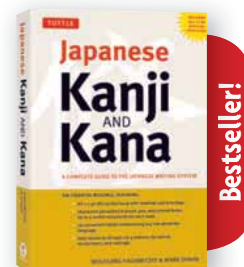
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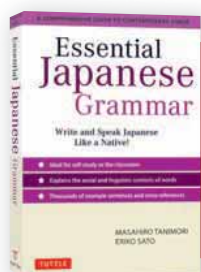
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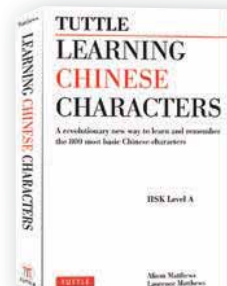
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Summer Rolls with Shrimp and Mint

These delicate herb-filled rolls are so delicious and healthy. They're great to have at parties because your friends can get into the act and make their own rolls (omit the shrimp for vegetarians). They may be called Summer Rolls but you'll want to enjoy them all year round. Rolls can be made several hours in advance and stored at room temperature in an airtight container lined with dampened paper towels.

I love to serve these rolls with a spicy soup like Tom Yum Gai for a fun girl's lunch: high in flavor, but low in fat. The Hoisin Peanut Sauce (page 25) is divine and you'll want to double the recipe just to keep some on hand.

SERVES 8 AS AN APPETIZER OR SNACK
PREPARATION TIME: 45 MINUTES

2 oz (50 g) dried rice vermicelli
1 teaspoon salt
1 teaspoon dark sesame oil
16 medium-sized raw shrimp
1 package 12 in (30 cm) round rice paper wrappers
1 cup (100 g) fresh bean sprouts, ends trimmed
1 cup (105 g) carrots cut into matchsticks
4 tablespoons fresh mint leaves
4 tablespoons fresh basil leaves
8 large or 16 small red-leaf lettuce leaves, cut in half lengthwise
4 tablespoons crushed roasted peanuts
4 tablespoons Hoisin Peanut Sauce (page 25)

1 Place the rice vermicelli in a large bowl. Pour enough hot water over them to cover. Let stand until softened, about 10 minutes. Drain and rinse with cool water. Toss with 1 teaspoon of sesame oil.

2 Add the shrimp to boiling water; reduce heat to medium. Cook shrimp until it turns pink, about 2–3 minutes. Drain. When cool, remove the shells. Cut each shrimp in half lengthwise, devein, and set aside.

3 Fill a large, flat bowl with warm water, making sure it is large enough to fit the rice paper wrappers. Lay a clean towel on the workspace in front of you. Carefully dip a round wrapper into the water, just to get it wet all over, trying not to crack it. It will still be slightly hard. Remove it from the water and lay it onto the clean towel, where it will continue to soften.

4 Layer a small amount of each of the ingredients on the bottom 1/3 of the wrap. Start with a lettuce leaf, then about 1 tablespoon of bean sprouts, then 2–3 pieces of shrimp, then some noodles, followed by some shreds of carrot, and then top with 2 leaves of basil and 2 leaves of mint. Fold up the bottom 1/3, fold in the sides and roll up the rest of the length to make an egg roll shape. Set aside and continue with the rest of the ingredients until all of the rice wrappers are used.

5 Cut rolls in half on a diagonal. Serve with Hoisin Peanut Sauce for dipping.



COOK'S NOTE: Make sure to use warm, not hot water, when soaking rice paper wrappers. I used to soak them but too long and they'd fall apart. After lots of practice, I realized that the wrappers should still be slightly stiff so don't over soak!



How to Assemble the Summer Rolls



1 After the shrimp is cooked, remove shells and cut each shrimp in half lengthwise and devein.



4 Fold in the left and right sides of the wrapper.



2 Measure the summer roll ingredients in individual bowls, and place with the shrimp in preparation for rolling.



5 Close off the ends as if making an envelope.



3 Layer a small amount of each of the ingredients on the bottom 1/3 of the wrap. Fold up the bottom 1/3 tightly.



6 Continue rolling all the way to the top and press the seam closed to resemble an envelope.

32 EVERYDAY THAI COOKING

APPETIZERS AND SNACKS 33



“[Katie Chin] presents a delicious and mouthwatering assortment of Thai recipes that are simple enough for any home cook to master.”
—Iron Chef Morimoto

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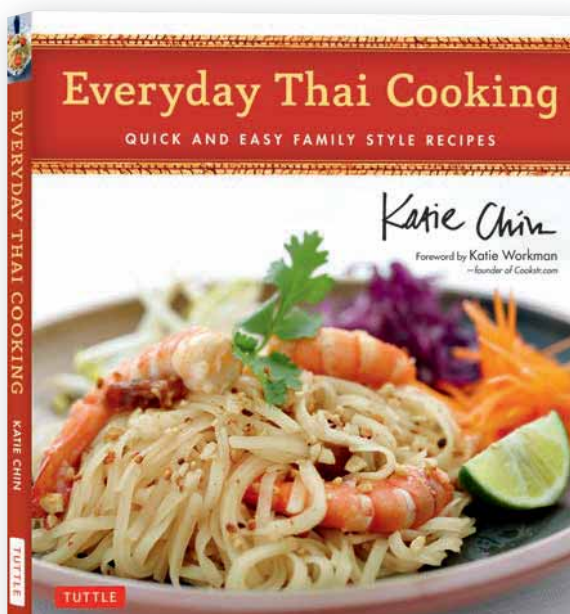
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Marketing & Publicity

National advertising
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- Katie was a recent guest judge on Food Network's Iron Chef America
- Foreword by Katie Workman, founding editor-in-chief of Cookstr.com and author of *The Mom 100 Cookbook*
- This spring, Katie was invited by the White House to do a cooking demo at the 135th Easter Egg Roll. There she made Thai Chicken Lettuce Cups from *Everyday Thai Cooking*
- Launch parties in LA and New York sponsored by Cookstr
- Author feature on Cookstr.com
- Katie was Judge at the Sutter Home Build-a-Better-Burger Contest this May
- Probable media appearances on *Good Day New York*, *Martha Stewart Radio*, *The Chew with Mario Batali*, *The Splendid Table*



Everyday Thai Cooking

Quick and Easy Family Style Recipes

Katie Chin
Katie Workman, foreword
Masano Kawana, photographer

In *Everyday Thai Cooking*, Katie Chin—a chef hailed as the “Asian Rachel Ray” by her many fans—shares her recipe secrets along with tips, tools, and techniques that enable you to easily bring delectable homemade Thai dishes to your table!

As the daughter of award-winning restaurateur Leeann Chin, Katie's heritage has been deeply rooted in the cultivation of fine Asian cuisine. Katie has since taken the culinary world by storm as a well-respected food writer, television personality, and now published author.

Katie is a success among the cooking community, however, her true reward stems from her success at home. As working mother of toddler twins, Katie realized a need for simple, easy and delicious Thai recipes that call for accessible ingredients and *Everyday Thai Cooking* delivers just that.

Everyday Thai Cooking offers basic recipes for staple dishes that include both homemade and store-bought options. From appetizers to desserts, each step-by-step recipe lists preparation times (most within thirty minutes) and alternates for less accessible ingredients. Illustrated with mouthwatering color photographs, *Everyday Thai Cooking* features more than 100 simple Thai recipes that include:

- Crunchy Siam Spring Rolls
- Tom Yum Goong
- Crispy Mango Chicken
- Shaking Beef
- Fragrant Coconut Fish in Banana Leaves
- Mee Krob

Katie Chin is a private chef, culinary consultant, co-author of *Everyday Chinese Cooking*, and author of *300 Best Rice Cooker Recipes*. She and her mother, Leanne Chinn, co-hosted the 2003 national PBS cooking series Double Happiness. Katie has made numerous appearances on The Today Show as well as on The Food Network and Fine Living. She recently served as a guest judge on Iron Chef America and will appear on the Cooking Channel's Food(ography) the summer of 2013. Born and raised in Minneapolis, Chin currently lives in Los Angeles.

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- Foreword by David Thompson, James Beard award winning chef and author of *Thai Food*



Malaysian Cooking

A Master Cook Reveals Her Best Recipes

Carol Selva Rajah
Masano Kawana, photographer
David Thompson, foreword

Carol Selva Rajah, a well respected authority and dedicated educator in the field of Asian culinary culture, honors her childhood memories of fragrant kitchen aromas in her newest Asian cookbook, *Malaysian Cooking*.

To excite both the palate and sense of smell, Carol predominantly uses Malaysia's most aromatic cooking ingredients—from sweet tamarind date chutney and cucumber mint raita to cashew nut and plum sauces—to prepare easy Malaysian and Indonesian foods that not only burst with flavor, but also overwhelm the kitchen with wonderful fragrances anyone would like to create.

Carol Selva Rajah is an award-winning chef and food writer currently based in Sydney, Australia. Her book *The Food of India* won the gold award at the prestigious Jacob's Creek World Food Media Awards.

Award-winning photographer **Masano Kawana** is one of the most exciting food, interior, and landscape photographers in Asia today. His book *Shunju: New Japanese Cuisine* won a James Beard Award for best cookbook photography.

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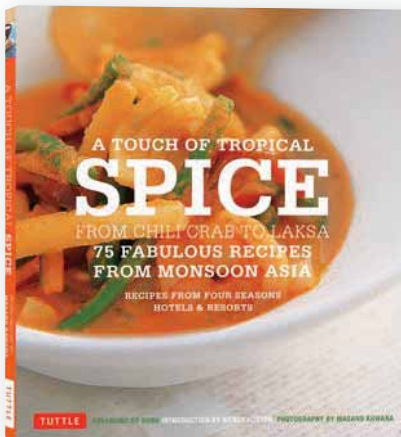
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- Introduction by Wendy Hutton, specialist in writing on travel and food in Asia
- Foreword by Nobu, the acclaimed chef proprietor of Nobu, Matsuhisa and Ubon restaurants



A Touch of Tropical Spice

From Chili Crab to Laksa: 75 Fabulous Recipes from Monsoon Asia

Recipes By Chefs of Four Seasons Hotels & Resorts

Wendy Hutton, introduction
Masano Kawana, photographer
Nobu, foreword

The foods of Bali and Singapore come alive in *A Touch of Tropical Spice*, your chef-inspired guide to the fresh, stylish and modern Asian cooking.

Wendy Hutton, longtime author and ambassador of Southeast Asian cuisine developed this compilation cookbook alongside the masterful chefs at the Four Seasons Resort hotels in Singapore and Bali. *A Touch of Tropical Spice* will bewitch your tastebuds with a host of sensational Asian recipes, including:

- Mango, Fig and Date Cake
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- Barbecued Jumbo Shrimp with Chili Dip
- Black Pepper Beef
- Coconut and Palm Sugar Ice Cream

The fabulous recipes in this book were created by the chefs of Four Seasons Resort Bali at Jimbaran Bay, Four Seasons Resort Bali at Sayan, Four Seasons Resort Maldives at Kuda Huraa, and Four Seasons Hotel Singapore—specially for the home kitchen.

Wendy Hutton first came to Southeast Asia in 1967 and has worked in the region ever since, specializing in writing on travel and food, including many cookbooks. Hutton is based in Sabah, Malaysian Borneo.

Over 125 gluten-free, grain-free & dairy-free recipes for daily life

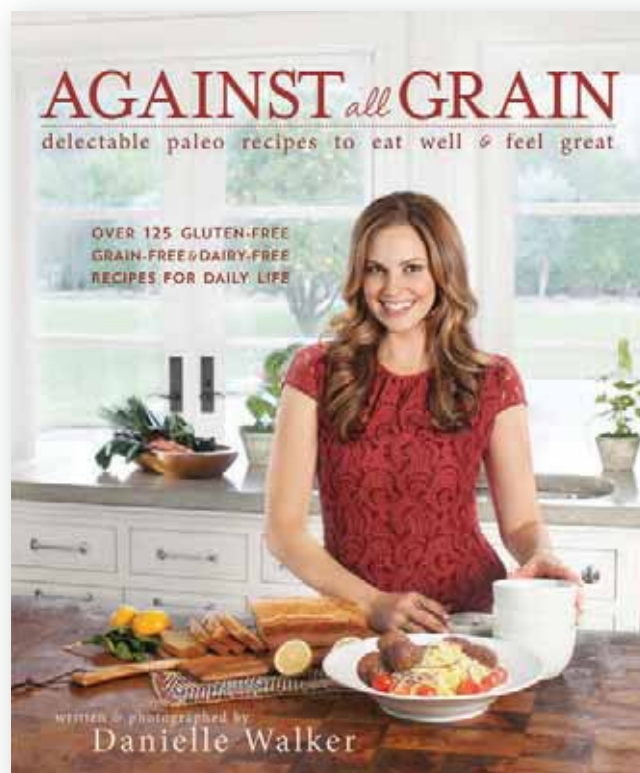
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Against All Grain

Delectable Paleo Recipes to Eat Well & Feel Great

Danielle Walker

After battling an autoimmune disease for many years, Danielle Walker took matters into her own hands and set out to achieve health through food. Following four years and countless hours in the kitchen revamping her culinary point of view, Danielle mastered the art of grain and dairy free cooking, all while improving her own well-being and eliminating her ailments.

A self-trained chef, Danielle Walker is paving the culinary way for Paleo foods that are vibrant and incredibly delectable. The new face of grain-free cooking, Danielle is luring foodies of all palates to try her innovative, accessible recipes for delicious food. Paying homage to the dishes that she loved from the past, she has successfully recreated all of her favorites by using grain and dairy free ingredients with clever techniques in her first cookbook.

Coupling her delightful recipes with elegant photography, Danielle takes you on a gluten-free and Paleo culinary journey from appetizers straight through to dessert. As she has tested many of her recipes on her persnickety toddler, Danielle included a specially formatted children's section where the dishes will appeal to the kid in all of us.

Danielle Walker is the author and creator of the popular Paleo food blog www.AgainstAllGrain.com. After being diagnosed with an autoimmune disease when she was 22 years old, she started her blog to help others suffering from similar ailments continue to enjoy food. Danielle lives with her family in the San Francisco bay area.



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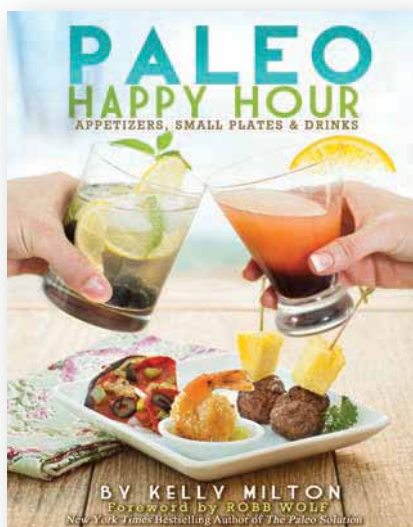
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- Foreword by Robb Wolf, *The New York Times* bestselling author of *The Paleo Solution*



Paleo Happy Hour

Appetizers, Small Plates & Drinks

Kelly Milton
Robb Wolf, foreword

Eating Paleo doesn't mean that your life stops! Despite the challenges life poses to your diet, you can still eat Paleo and have fun. With *Paleo Happy Hour* you can drink and eat along in any social situation without having to feel excluded.

Besides learning how to navigate the world beyond your home, there are tons of resources to bring the party to you. You will find over 100 recipes, from appetizers like Bacon Wrapped Jalapeno Poppers to Crispy Coconut Shrimp, or small plates like Tuna Tar Tar Towers and Apricot Balsamic Lollipop Lamb Chops. From the classic pub grub recipes to decadent desserts, *Paleo Happy Hour* provides it all, including 10 full party menus, a calendar of preparation and full grocery lists to make hosting easy.

Kelly Milton is a fulltime graphic artist. Between exercising at NorCal Strength and Conditioning, cooking healthy Paleo meals and having friends over, she finds time to run a blog called Paleo Girl's Kitchen.

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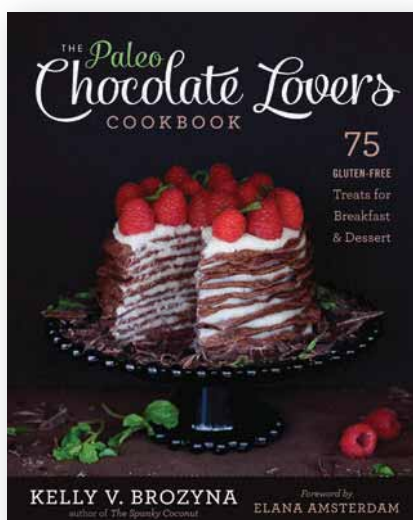
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- Foreword by Elana Amsterdam, author of *The Gluten-Free Almond Flour Cookbook* and *Gluten-Free Cupcakes*



The Paleo Chocolate Lovers Cookbook

75 Gluten Free Treats for Breakfast & Dessert

Kelly V. Brozyna
Elana Amsterdam, foreword

The Paleo Chocolate Lovers Cookbook features 75 gluten-, grain-, and dairy-free recipes for the health-conscious chocolate lover. Kelly Brozyna, host of the delightful cooking blog, The Spunky Coconut, has created delicious chocolate treats made with coconut and ground nut flours for both breakfast and dessert. And, using dates and small amounts of the herbal sweetener stevia in these nutrient-dense baked goods, she shows you how to keep the honey and coconut sugar to a minimum.

Kelly V. Brozyna, developed an interest in nutrition when her young daughters had health issues. The family saw miraculous results after working with a naturopathic doctor to radically change their diet by removing gluten, casein, and sugar. After years of research and experimentation, Kelly now creates food so similar to conventional wheat/dairy/sugar recipes that no one feels deprived. Kelly lives in Boulder County, Colorado with her husband and three daughters.

Sarah Fragoso is taking Paleo around the world, and her first stop: Italy!

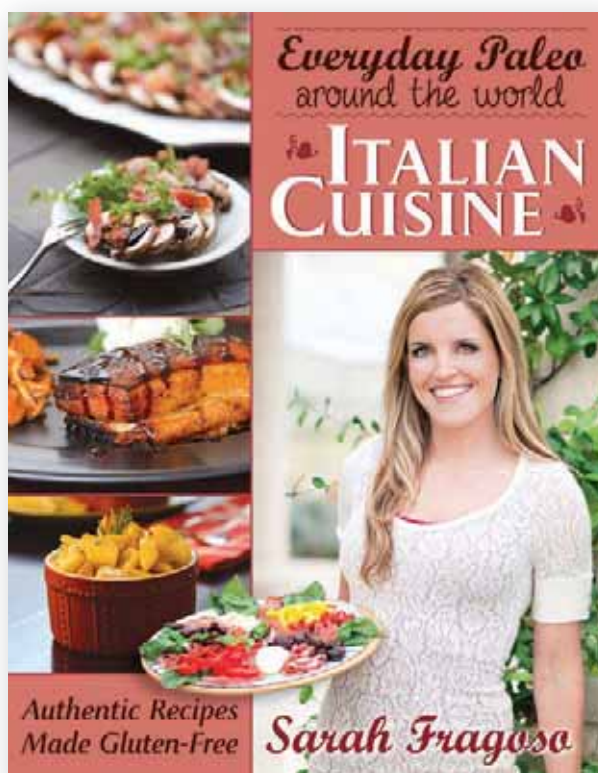
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Everyday Paleo Around the World: Italian Cuisine

Authentic Recipes Made Gluten-Free

Sarah Fragoso
Michael J. Lang, photographer
Damon Meledones, photographer

Everyday Paleo Around the World: Italian Cuisine is not just another Italian cookbook—or another Paleo cookbook! Loaded with dishes that are truly authentic, amazingly delicious and Paleo-friendly, the recipes found in this book come from Sarah's travels through Italy where she cooked and learned from top chefs, home cooks and local farmers. The best news is; all of the recipes are grain, dairy and legume-free! Sarah has done the research for you and has perfected the art of Italian cooking for the Paleo or gluten-free family.

Sarah will share with you how studying about and learning from other cultures can help us realize that there is much more to life than speeding through it and that our relationship with food has a lot more to do with slowing down and enjoying each other rather than what's actually on your plate and how fast you can eat it. Finally, if you ever have the chance to travel to Italy, Sarah shares some simple ideas that will help you navigate the country of Italy and tips for how to stay Paleo and gluten free during your travels. Come with the Fragoso family to Italy and take *Paleo Around the World!*

Sarah Fragoso, bestselling author of *Everyday Paleo* and *The Everyday Paleo Family Cookbook*, has a strong passion for helping others acclimate and succeed on the Paleo diet and has done so globally with her extremely successful Paleo recipe and advice blog. Fragoso is at the forefront of the Paleo movement and the leader in successfully helping families live Paleo. www.EverydayPaleo.com.

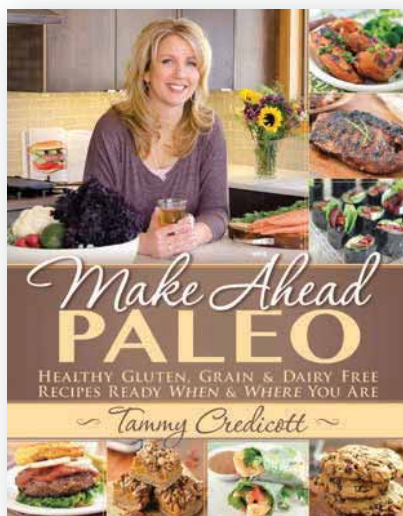
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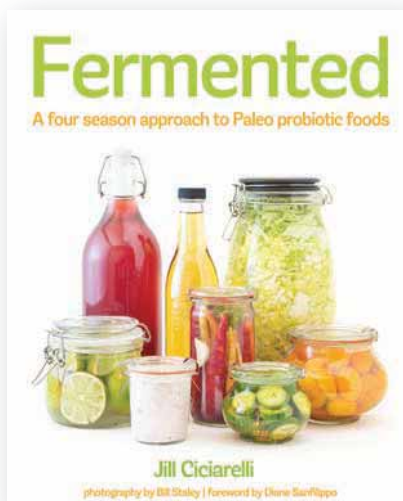
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- Foreword by Diane Sanfilippo,
The New York Times bestselling author of
Practical Paleo and founder of
BalancedBites.com



In this book, you'll learn the basic techniques of fermentation and become comfortable with how to ferment anything. Start exploring the foods that are fresh and in-season in your part of the world, and put your newly learned fermentation skills into practice! Adding fermented foods to your daily diet is an essential piece of the clean eating puzzle, and it is something that can be easily done in any kitchen with nearly any food.

Jill Ciciarelli is a food lover, kitchen adventurer, board certified holistic health coach, and keeper of the blog FirstComesHealth.com. She lives in Pittsburgh, Pennsylvania.

Make Ahead Paleo

*Healthy Gluten, Grain & Dairy Free
Recipes Ready When & Where You Are*

Tammy Credicott

We all know that in today's fast paced world, the family dinner table can easily get swallowed up by work, errands and kids' activities. But healthy, home-cooked meals don't need to be a thing of the past. In *Make Ahead Paleo* Tammy shows you how to eat well both at home and on the run, without sacrificing flavor or good nutrition. This bright, vivid cookbook will motivate you to fill your freezer and have you prepared for your next road trip, with minimal effort.

Make Ahead Paleo is filled with over 85 flavorful yet simple recipes that are ready when and where you are to keep your on-the-go family satisfied with the good stuff.

Recipes include:

- Flank Steak Roulade
- Sweet-and-Sour Chicken
- Tomato Squash Soup
- Mushroom Meatballs
- Twice Baked Sweet Potatoes
- Pumpkin Cardamom Cupcakes

Tammy Credicott has a BS from California State University, Fresno and is a current recipe developer, blogger, and author of *The Healthy Gluten Free Life*. and *Paleo Indulgences*.

Fermented

*A Four Season Approach to
Paleo Probiotic Foods*

Jill Ciciarelli

Bill Staley, photographer

Diane Sanfilippo, foreword

Fermented: A Four-Season Approach to Paleo Probiotic Foods is your guide to an essential aspect of ancestral eating—food fermentation. A centuries-old craft practiced by traditional cultures on every continent, fermenting food is a creative and inexpensive way to enhance the nutritive properties of your favorite foods, and to introduce exciting new flavors into your weekly menus.



\$34.95 hardcover
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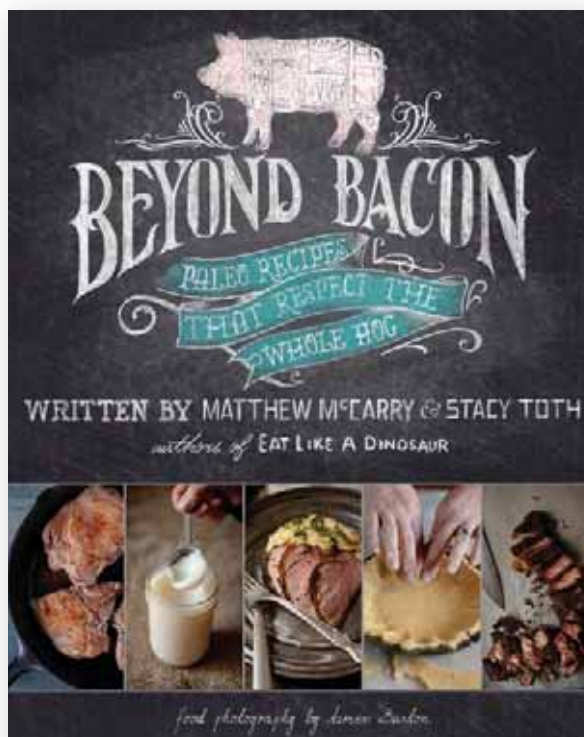
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color photographs, over 100 recipes
8 X 10 288 pages

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- Foreword by Joel Salatin, a third generation alternative farmer and author of *Folks, This Ain't Normal*, *You Can Farm*, and *Salad Bar Beef*



Beyond Bacon

Paleo Recipes that Respect the Whole Hog

Matthew McCarry

Stacy Toth

Aimee Buxton, photographer

Joel Salatin, foreword

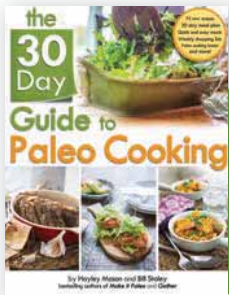
Beyond Bacon pays homage to the humble hog by teaching you how to make over one hundred recipes featuring cuts from the entire animal. While bacon might be the most popular part of the pig, there is a plethora of other delicious and nutrient-dense cuts to enjoy.

Pastured pork is rich in Omega 3 fatty acids and conjugated linoleic acid (CLA), the "good fats" our doctors want us to eat. *Beyond Bacon* breaks the myths behind this often eschewed meat and shows you how create delectable dishes that are grain-, legume-, dairy-, and refined sugar-free. Don't let the dried out pork of your youth scare you away. All the recipes in *Beyond Bacon* are elegant, yet approachable, making it the ultimate cookbook for the foodie in you. You'll find:

- Grain-free Pie Crust, made with lard,
- Perfect Pork Chops, better than most restaurant steaks,
- Swedish Meatballs with liver gravy,
- Pho Soup with chitterling "noodles",
- Instructions on how to properly BBQ and make your own sauces, and
- A guide to rendering your own CLA-rich lard and how to cook with it.

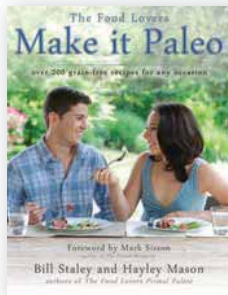
Beyond Bacon delivers mouth-watering photos for every delicious recipe. With a rustic aesthetic and appreciation for tradition, *Beyond Bacon* recreates the rich and wonderful food perfected generations ago in a healthful way.

Stacy Toth and **Matthew McCarry** are the couple behind the popular blog PaleoParents.com. Stacy and Matt also authored *Eat Like a Dinosaur*, a bestselling allergen-friendly paleo cookbook. You can also find them on their top rated podcast, The Paleo View.



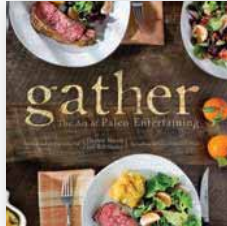
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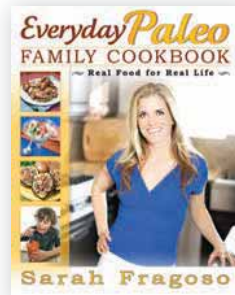
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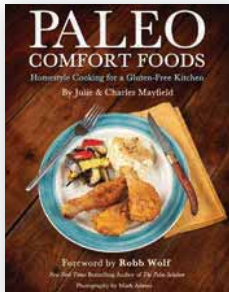
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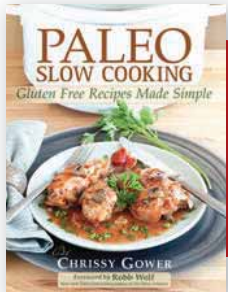
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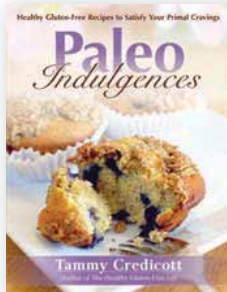
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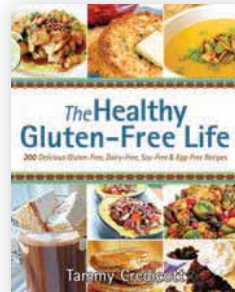
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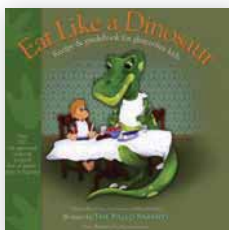
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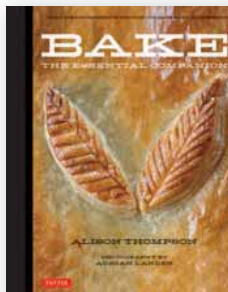
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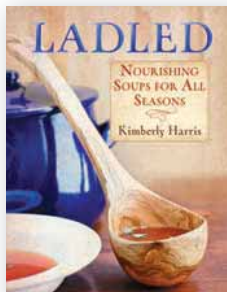
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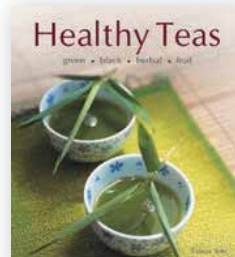
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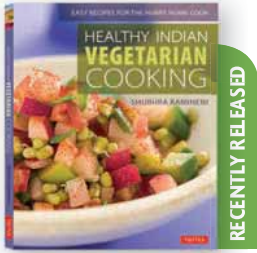
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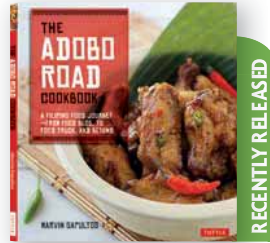


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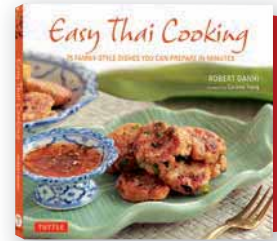
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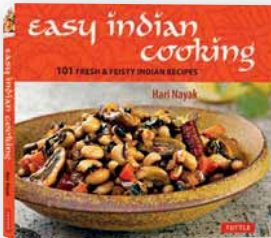
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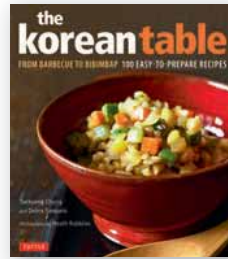
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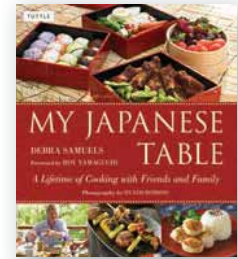
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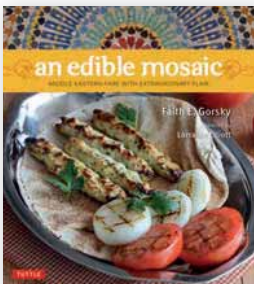
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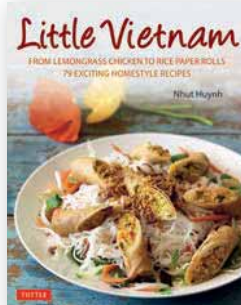
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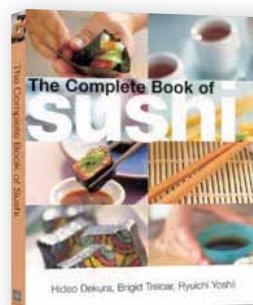
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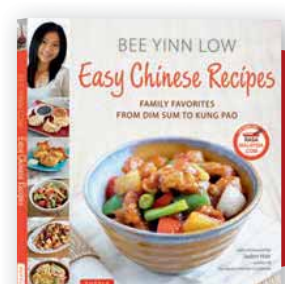
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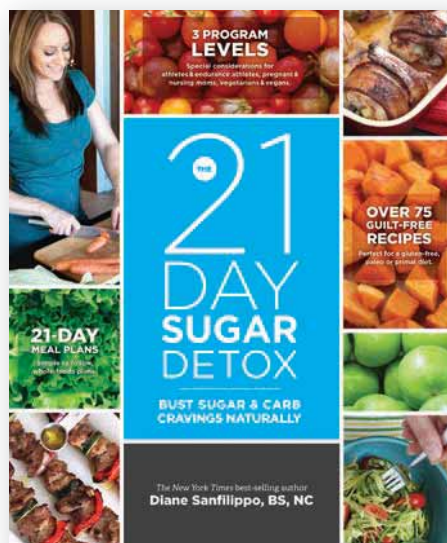
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The 21-Day Sugar Detox

Bust Sugar & Carb Cravings Naturally

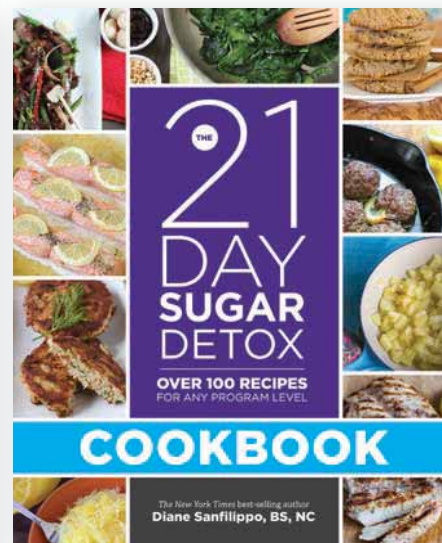
Diane Sanfilippo, BS, NC

Are you ready to get your sugar and carb cravings under control? *The 21-Day Sugar Detox* is a clear-cut, effective, whole-foods-based nutrition action plan that will naturally re-set your body and your habits! More than 10,000 people have already succeeded with this easy-to-follow plan. Now it's your turn! In just three weeks, you can free yourself from cravings, regain your energy, and feel great again.

Used in conjunction with *The 21-Day Sugar Detox Cookbook*, the simple detox plan detailed in *The 21-Day Sugar Detox* will help you break the stronghold of your worst go-to foods: the sweets, the refined grains you grab on the go. These foods taste great, but they make you look and feel terrible, robbing you of your focus and making you prop up your energy level with caffeine or, worse, even more sugar! Luckily, there are over one hundred grain-, gluten-, legume-, dairy-, and sugar-free recipes in the companion cookbook to keep you inspired as you blow your cravings for sugar and carbs to smithereens.

It's time to break the cycle. *The 21-Day Sugar Detox* and companion volume *The 21-Day Sugar Detox Cookbook* offer easy-to-follow meal plans and recipes suitable for all levels of the program, allowing you to bust a lifetime of sugar and carb cravings in just three weeks.

Diane Sanfilippo, BS, NC, is a Certified Nutrition Consultant who specializes in blood sugar regulation and digestive health, and teaches nutrition seminars nationwide. She is *The New York Times* bestselling author of *Practical Paleo: A Customized Approach to Health and a Whole-Foods Lifestyle*, writes the popular health blog *Balanced Bites* (www.balancedbites.com), and co-hosts a top-rated weekly health podcast on iTunes, "The Balanced Bites Podcast."



The 21-Day Sugar Detox Cookbook

Over 100 Recipes for Any Program Level

Diane Sanfilippo, BS, NC

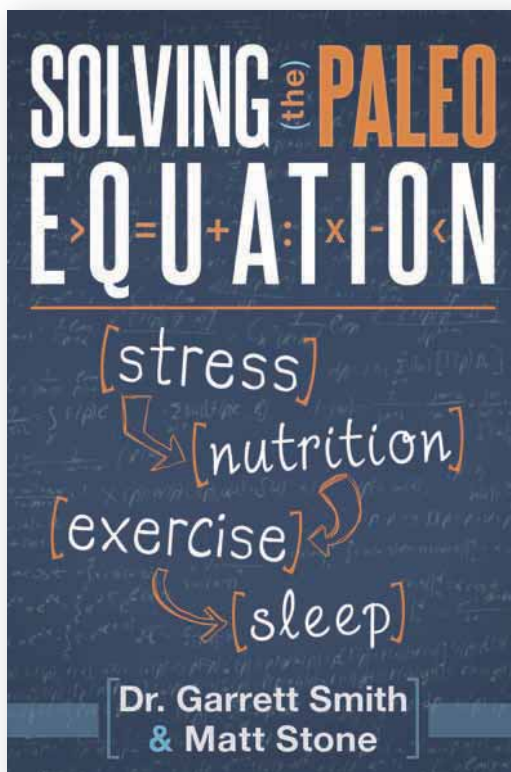
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September

Health
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Solving the Paleo Equation

Stress, Nutrition, Exercise, Sleep

Dr. Garret Smith
Matt Stone

Rising obesity rates and poor health among many Westerners has created an equal and opposite reaction in the form of a counterbalancing group, the "health seekers". With the best of intentions—and too much internet access—many of these people are unknowingly doing harm to themselves by their overzealous and unbalanced nutrition and exercise habits. In *Solving the Paleo Equation*, Dr. Garret Smith addresses the main problem areas where the "health seeker" crowd often makes mistakes. By pointing out the myriad ways damaging stress hormone loads can increase, all while general health is decreasing, Dr. Smith helps to demystify some basic health myths. Get on the road to recovery with *Solving the Paleo Equation*.

Dr. Garrett Smith, NMD, CSCS, BS, is a native of Tucson, Arizona and holds naturopathic medical licenses in both Arizona and Washington. In addition to his education in naturopathic medicine, his continuing education has run the gamut from functional medicine to sports medicine to energy medicine.

Matt Stone is an independent health researcher and author of more than 10 books on various health-related topics.

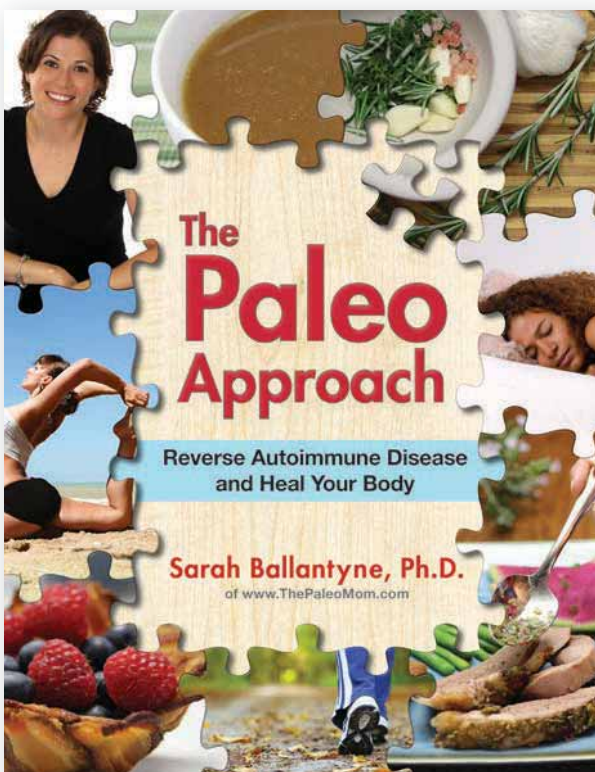
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150 recipes; color photos throughout
8½ X 10⅞ 432 pages

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The Paleo Approach

Reverse Autoimmune Disease and Heal Your Body

Sarah Ballantyne, Ph.D.

An estimated 50 million Americans suffer from some form of autoimmune disease. If you're among them, you may know all too well how little modern medicine can do to alleviate your condition. But that's no reason to give up hope. In this groundbreaking book, *The Paleo Approach*, Sarah Ballantyne, Ph.D., draws upon current medical research and her own battle with an autoimmune disorder to show how you can become completely symptom-free—the natural way.

The Paleo Approach shows you how to adapt the Paleo diet and lifestyle to bring about a full recovery. Read it to learn why foods marketed as "healthy"—such as whole grains, soy, and low-fat dairy—can contribute to the development of autoimmune conditions. Discover what you can eat to calm your immune system, resolve inflammation, and help your body heal itself. Learn which simple lifestyle changes—along with changes in diet—will make the biggest difference for your health.

Why suffer a moment longer? Reclaim your health with *The Paleo Approach*!

Sarah Ballantyne, Ph.D., earned her doctorate degree in medical biophysics at the age of 26. Inspired by her success with the Paleo lifestyle, Dr. Ballantyne created the popular health blog www.ThePaleoMom.com and became co-host of a top-rated podcast, *The Paleo View*.

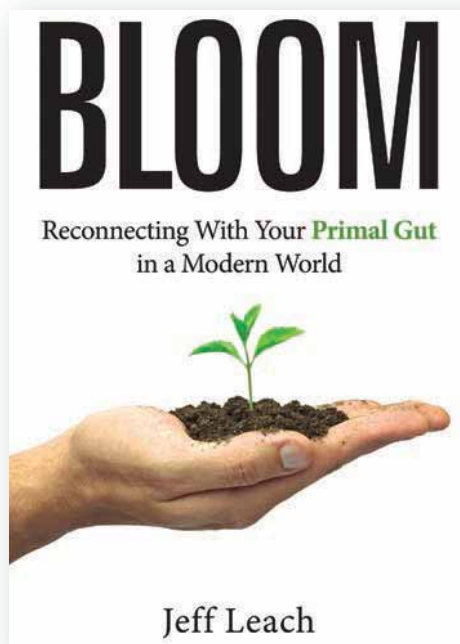
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October

Health
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Bloom

Reconnecting With Your Primal Gut in a Modern World

Jeff Leach

In *Bloom*, researcher and science writer Jeff Leach finds himself sitting around a campfire in a dry creek bed high in the rugged mountains of northern Namibia, wondering if the tribesmen on the other side of the fire, whom he had traveled 8,000 miles and to the farthest reaches of the world to find, held in their guts the microbial clues to some of the world's most devastating diseases.

Modern humans are 99.9 percent similar genetically, but the genetic content of the trillions of microbes living on and in our bodies, our microbiome, can differ by as much as 90 percent. Like a precious family heirloom, our initial population of bacteria is handed down to us from our mother during birth. This founding population soon outnumbers our own cells ten to one, making us more microbe than mammal—a veritable superorganism—and plays a critical role in our health throughout life. Just how critical is now being revealed by an explosion in powerful molecular techniques that are providing an unprecedented glimpse into the part microbes play in conditions as diverse as diabetes, cancer, obesity, autoimmune diseases, heart disease, and more.

In *Bloom*, Leach delves deep into our evolutionary past and traces forward the ecological, technological, and cultural events that have shaped the codevelopment of humans and our microbes. Modern lifestyle choices are dramatically impacting the health of our primal microbiome and, as a result, contributing to or causing many diseases. By looking backward to better understand the seasonal landscape that nurtured a normal—that is, healthy—microbiome, we just might find the clues to evolve ourselves into a better, disease-free future.

Jeff Leach is the founder of the Human Food Project. He has written for *The New York Times* and the *San Francisco Chronicle*, and his peer-reviewed research has been published in the *British Journal of Nutrition*, *European Journal of Clinical Nutrition*, *Bioscience and Microflora*, *Journal of Archaeological Science*, *Antiquity*, *Public Health Nutrition*, and many others. He is currently a gray-haired graduate student at the London School of Hygiene and Tropical Medicine, where he is busy analyzing the microbial health of hunter-foragers and pastoralists of southern and eastern Africa and chimpanzee populations throughout Africa.

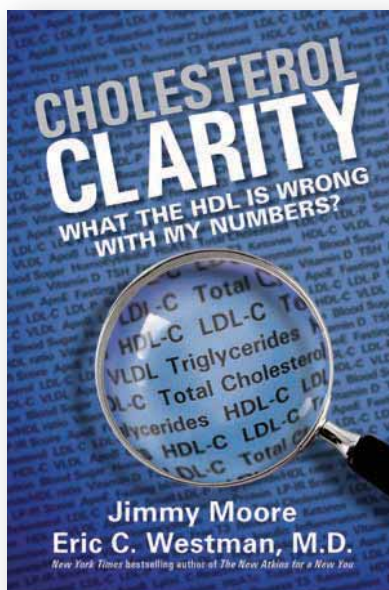
\$26.95 jacketed hardcover
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August

Health
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6 X 9 304 pages

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Cholesterol Clarity

What the HDL is Wrong with My Numbers?

Jimmy Moore
Eric C. Westman, M.D.

Are you bewildered by what all those confusing numbers on your cholesterol test results actually mean? Don't you wish somebody could help you make heads or tails of what to do about the numbers that your doctor tells you are out of whack? Can't somebody just explain in crystal clear language what to do?

Cholesterol Clarity to the rescue! Written by highly-respected and prolific health blogger and podcaster Jimmy Moore, *Cholesterol Clarity* contains, in simple language, what really matters most when it comes to reading your cholesterol test results. Jimmy has tapped into the very best doctors, researchers and genuine experts in the field of cholesterol to help you understand:

- Why your HDL needs to be above 50 and how to get there
- Why your triglycerides should be below 100 and a simple step to make that happen
- Why your LDL-C and total cholesterol probably aren't as important as your doctor thinks
- Why your doctor should be testing your LDL particle number and particle size
- Why fat is good and carbohydrates are harmful to improving your cholesterol

Improving your cholesterol test results doesn't have to come from cutting your fat intake, taking a risky statin drug or eating more "healthy" whole grains. *Cholesterol Clarity* will arm you with information about what your LDL, HDL, triglycerides and other key cholesterol markers really mean and what you can do to become as optimally healthy as you can possibly be!

Jimmy Moore catapulted on to the health scene after his phenomenal 180-pound weight loss success in 2004 that enabled him to come off of prescription medications for high cholesterol, high blood pressure and breathing issues. He is the man behind the uber-popular "Livin' La Vida Low-Carb" blog and the host of the top-ranked iTunes Health podcast called "The Livin' La Vida Low-Carb Show." He lives in Spartanburg, South Carolina.

Dr. **Eric C. Westman, M.D. MHS**, is an Associate Professor of Medicine at Duke Health Enterprise, and Director of the Duke Lifestyle Medicine Clinic. He is co-editor of *Obesity: Evaluation and Treatment Essentials* and *The New Atkins for a New You*.

\$17.95 flapped paperback
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ISBN-13: 978-1-60220-147-7
September

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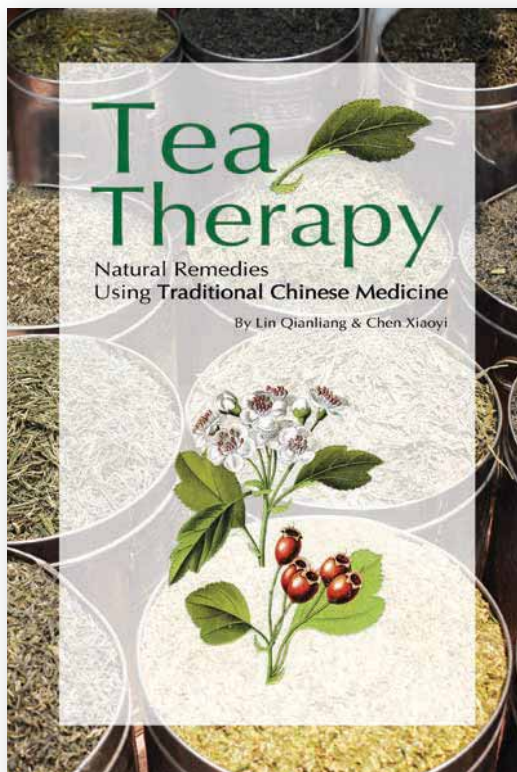
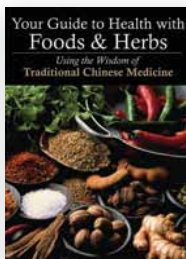
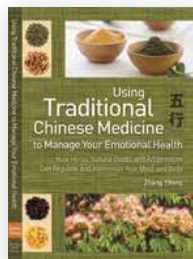
60 photos of foods and herbs
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Your Guide to Health with Foods & Herbs
ISBN-13: 978-1-60220-121-7
\$19.95/\$22.50 (CAD)



Tea Therapy

Natural Remedies Using Traditional Chinese Medicine

Lin Qianliang
Chen Xiaoyi

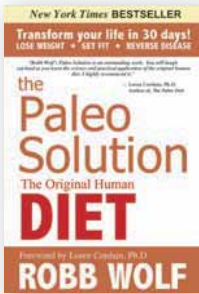
There are six categories of Chinese tea: green, black, yellow, dark, white and oolong. Tea has many beneficial ingredients, such as polyphenols and vitamin C, which help to keep the human body healthy. *Tea Therapy* explores the perfect combination of the six kinds of teas with Traditional Chinese Medicine (TCM), maintaining the original flavor and function of each tea and providing effective TCM remedies at the same time. This is a good way to alleviate the symptoms of various ailments and illnesses.

With a detailed interpretation of several aspects of tea as well as the usage of tea as therapy, this book will be a boon to anyone interested in homeopathic and traditional Chinese medicine.



For over 50 years, **Lin Qianliang** has made remarkable achievements in such fields as herbs, functional food, history of medicine, TCM culture and theories of medicine properties, with more than 30 publications in the field of medicine.

Chen Xiaoyi is the director of the TCM Teaching and Research Department as well as the Associate Director of the Integrative Medicine Department in Guangzhou Medical University.



The Paleo Solution

The Original Human Diet

by Robb Wolf

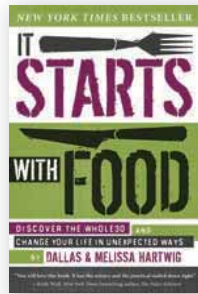
Foreword by Loren Cordain Ph.D.

b&w charts and graphs

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Discover the Whole30 and Change Your Life in Unexpected Ways

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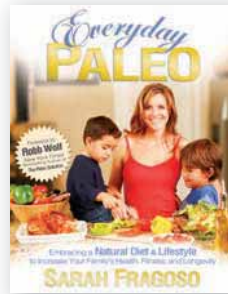
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Everyday Paleo

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Foreword by Robb Wolf

150 recipes; 30 workout exercises;

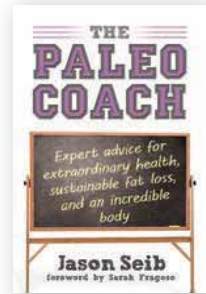
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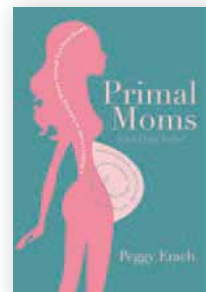
Foreword by Joel Salatin

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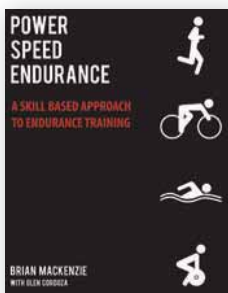
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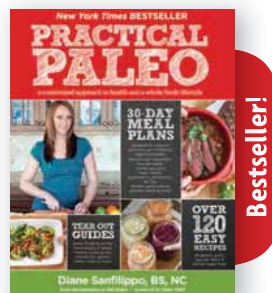
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Practical Paleo

A Customized Approach to Health and a Whole-Foods Lifestyle

by Diane Sanfilippo

Photography by Bill Staley

Foreword by Robb Wolf

more than 100 recipes and vibrant photos;

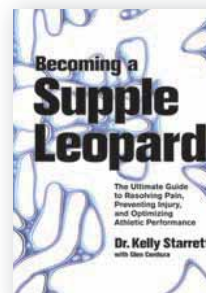
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How I ate micro sushi, played karuta and learned to bow like a Japanese!

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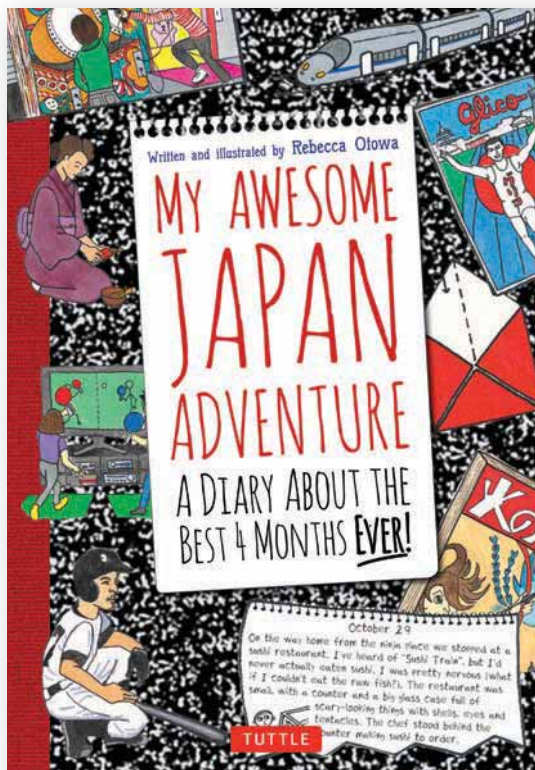
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October

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My Awesome Japan Adventure

A Diary About the Best 4 Months Ever!

Rebecca Otowa

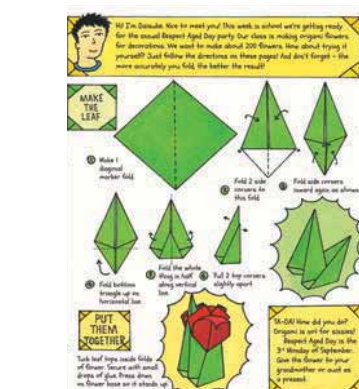
"Ever heard of micro sushi? Have you played karuta before? Neither did I, until I spent four months in Japan living with a Japanese family."

Dan, the narrator of *My Awesome Japan Adventure*, is a typical American fifth grader, who spends four months with a Japanese family as an exchange student. Although he initially finds it difficult to adjust, Dan is soon having fun wherever he goes—and recording all of his adventures in a diary. With the help of his Japanese foster brother and sister, Daisuke and Mari, Dan visits a Ninja village, tries new foods, learns brush painting, and shares the inside scoop on Japanese school life. Readers of all ages will love experiencing life in Japan from a kid's point of view!

Dan's adventures include:

- My First Week of School
- Visiting a Ninja Village
- Fun with Origami
- Practicing Aikido
- Making Mochi
- And much more...

Originally from California, **Rebecca Otowa** is a writer, painter and teacher who—during her thirty years in Japan—has become a wife, mother, grandmother, and the chatelaine of a 350-year-old farmhouse in Shiga. She is the author of *At Home In Japan*.



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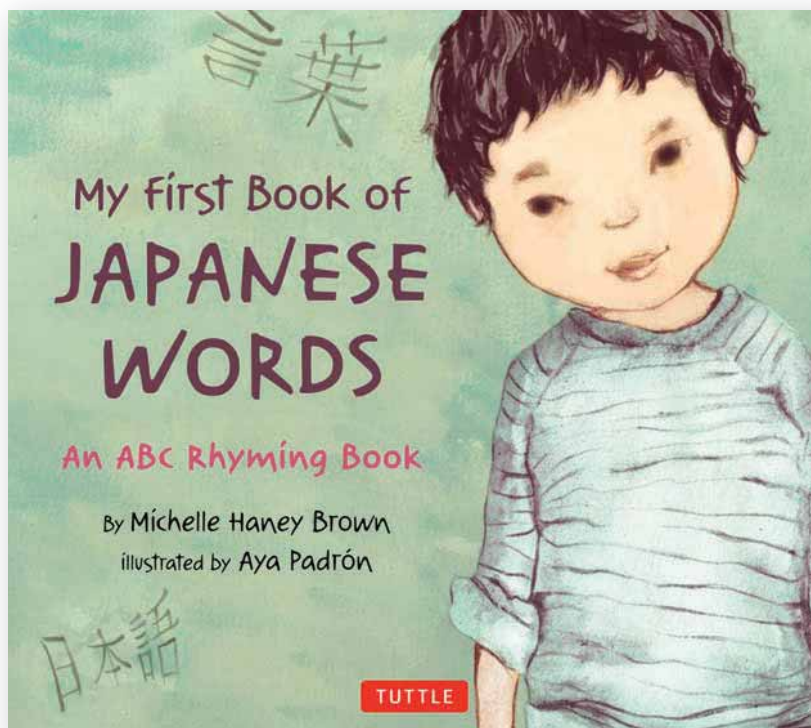
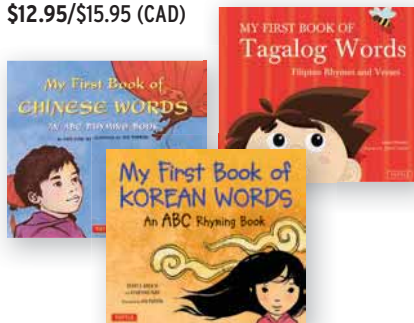
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My First Book of Japanese Words

An ABC Rhyming Book

Michelle Haney Brown
Aya Padrón, illustrator

A is for ari.

A teeny weeny ant

crawls with teeny weeny legs

on the bamboo plant.



Japanese is one of the most popular languages to learn in our multicultural society, and *My First Book of Japanese Words* introduces it in a playful and gentle way. Organized in a familiar ABC structure, everyday words and expressions—as well as words that have special significance in Japanese culture—offer even very young children an enticing glimpse into Japanese daily life. This delightfully illustrated preschool book shows each word in Kanji and Hiragana as well as in Romanized form. Teachers and parents—bilingual and English-speaking only alike—will appreciate the book's cultural and linguistic notes, while Kenji and his friends encourage young readers to join the fun!

Michelle Haney Brown is a longtime student and teacher of Japanese language and culture. Her blog, JapanThink.com, muses on everything from Japanese food to Japan's complex shoe etiquette.

Aya Padrón is a freelance artist who works in many media, including painting and photography. She is the illustrator of *My First Book of Korean Words* and *My First Book of Chinese Words*.

Both Brown and Padrón live with their families in Austin, Texas.

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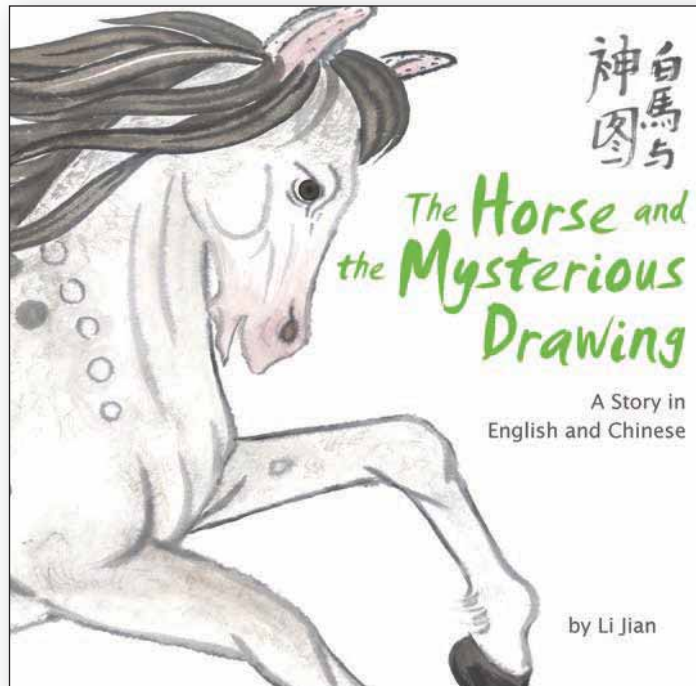
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- The Chinese New Year "Year of the Horse" begins January 31, 2014



The Horse and the Mysterious Drawing

A Story in English and Chinese

Li Jian

Long ago in China, there was a little boy who lived a nomadic life with his family. Hunger and hardship followed them wherever they went. They tried to grow food, but whenever the seeds were sown, winter came and all the seedlings froze.

One day, while passing by the Yellow River, the boy's white horse suddenly got free of the reins and plunged into the river. After a while, the horse sprang out of the water with a drawing on its back. Only the boy was clever enough to figure out what the horse was trying to tell them in the drawing: the cycle of the changing seasons. The boy and his family learned to sow seeds in the spring, water them in the summer and harvest them in the autumn, letting the earth rest during the winter. By listening to the horse and the boy, his people had bountiful harvests year after year, providing enough grain for rice and dumplings. Nomads no longer, the boy was finally able to have a home.

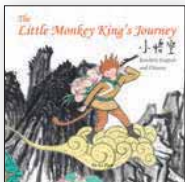
Beautifully illustrated and with both English and Chinese text, *The Horse and the Mystery Drawing* will be a coveted edition to anyone's library.

Li Jian graduated from Hebei Normal University in 2001, majoring in Chinese Painting. Mr. Li used to be a middle school art teacher, an editor for kid's books, and a partner in an illustration studio. Currently Mr. Li owns his own illustration studio focusing on illustrations for children's fairy tales. He is the author/illustrator of *The Water Dragon*, *The Little Monkey King's Journey* and *The Snake Goddess Colors the World*.

Also available:

The Little Monkey King's Journey
ISBN-13: 978-1-60220-981-7
\$16.95/\$16.95 (CAD)

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ISBN-13: 978-1-60220-982-4
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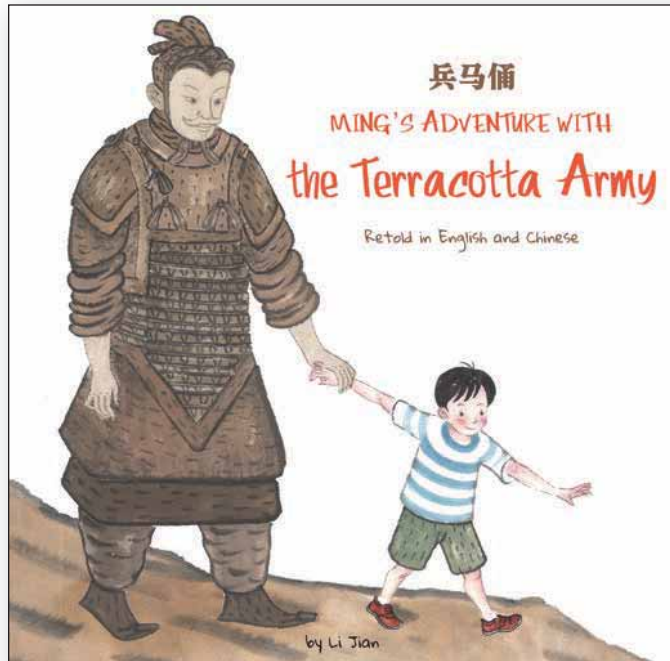
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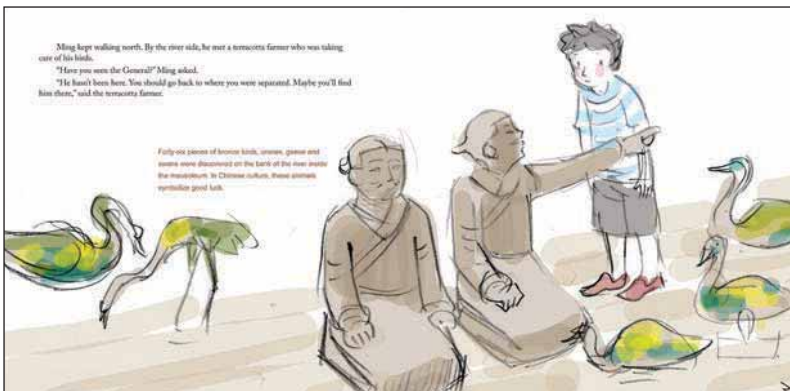
Ming's Adventure With the Terracotta Army

Li Jian

When a special exhibition of terracotta warriors comes to town, Ming and his mother go to see them at the museum. To remember this exciting event, Ming's mother buys him a little figurine of a General to keep in his room at home. But at midnight, Ming wakes up and finds the General figurine is alive and he has a copper carriage ready to take Ming to his home in Emperor Qin Shi Huang's Tomb in Xi'an, China. In this mysterious underground world over 2,000 year old, Ming meets the General's army of terracotta warriors. Read and find out more about Ming's adventures with his new friends!

Li Jian graduated from Hebei Normal University in 2001, majoring in Chinese

Painting. Mr. Li used to be a middle school art teacher, an editor for kid's books, and a partner in an illustration studio. Currently Mr. Li owns his own illustration studio focusing on illustrations for children's fairy tales. He is the author/illustrator of *The Water Dragon*, *The Little Monkey King's Journey* and *The Snake Goddess Colors the World*.



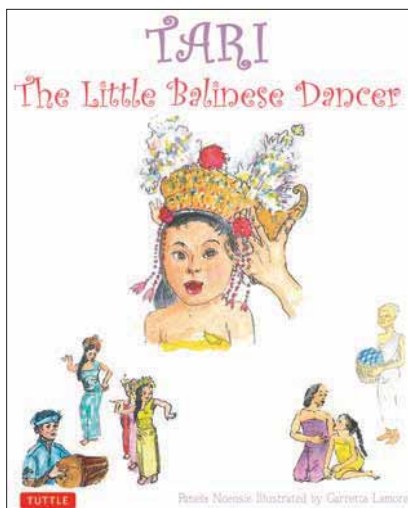
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September

Children's
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34 illustrations
8½ X 11 32 pages

Carton Quantity: 28
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Tari: The Little Balinese Dancer

Pamela Noensie
Garretta Lamore

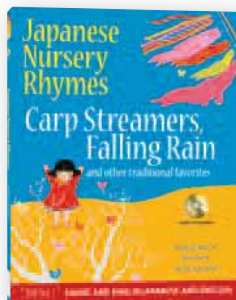
Tari lives on the beautiful island of Bali with her family and friends. She has a wonderful life, marked by all the things that make Bali special—the lively temple celebrations which occur regularly in her village, the gorgeous surroundings, the warm feelings of her Balinese neighbors, and, most importantly, dance.

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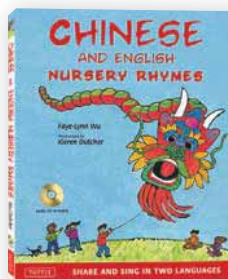
Pamela Noensie is a scholar in the fields of psychology and communications. She lives in Larkspur, CA.

Garretta Lamore has illustrated several books in the US and overseas. She lives in Crescent City, CA.

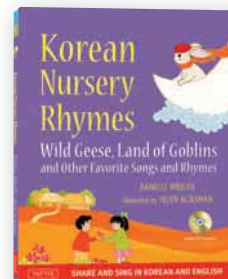
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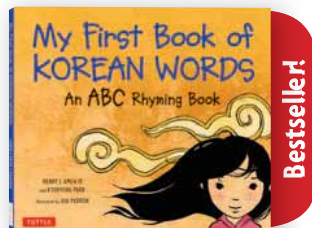
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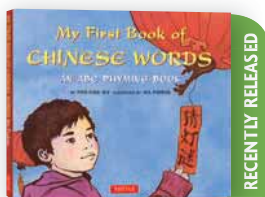
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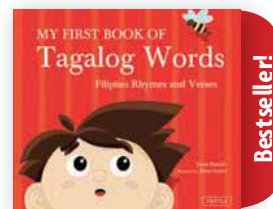
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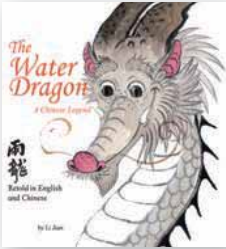
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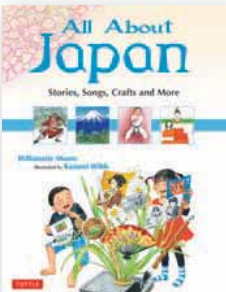
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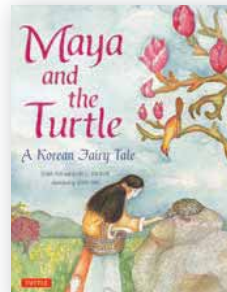
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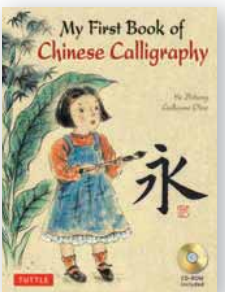
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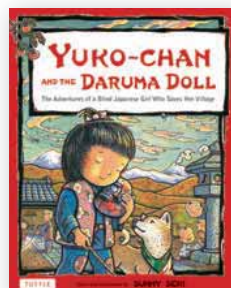
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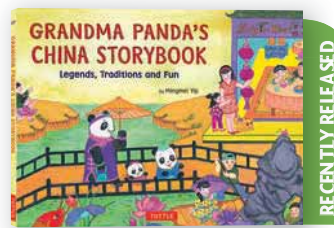
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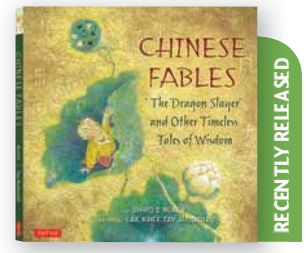
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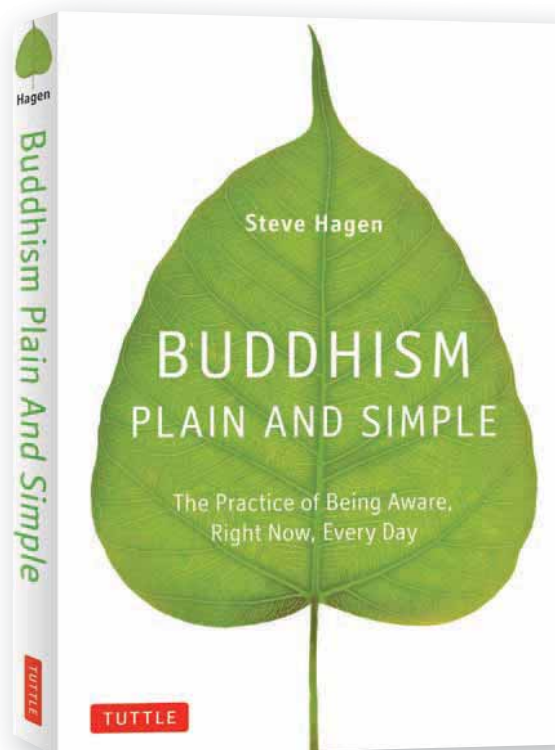
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Steve Hagen is a Zen priest, a long-time teacher of Buddhism, and the author of *How the World Can Be the Way It Is*. For fifteen years he studied with Zen Master Dainin Katagiri, from whom he received Dharma Transmission (endorsement to teach) in 1989. Steve lives in Minneapolis and teaches at Dharma Field Meditation and Learning Center in St. Paul.

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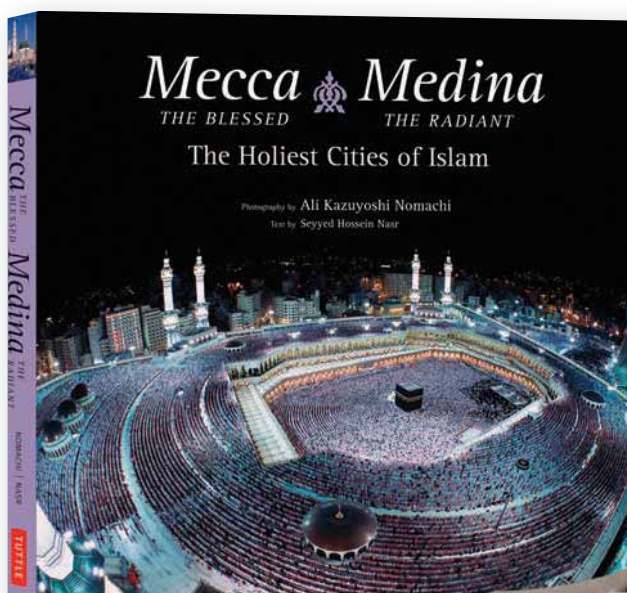
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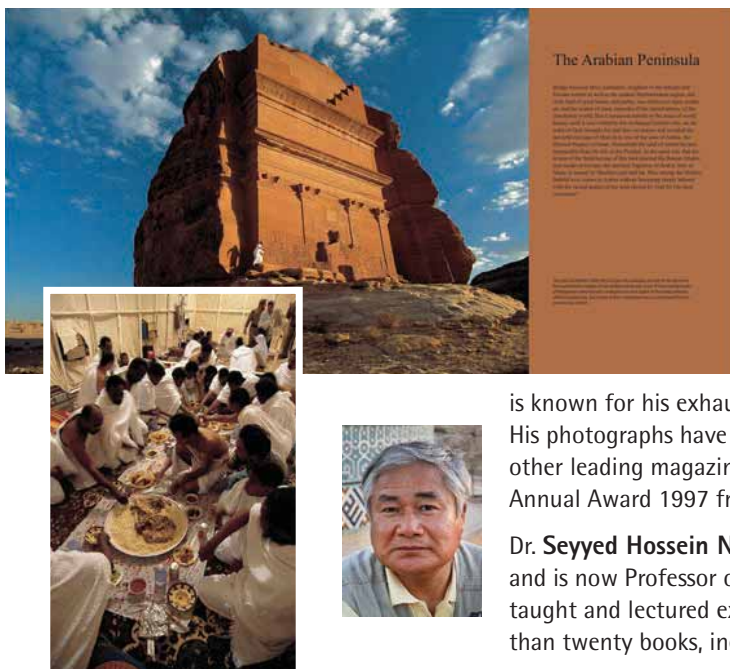
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Photographer **Ali Kazuyoshi Nomachi**, a convert to Islam, is known for his exhaustive research and field work covering the Arabian peninsula. His photographs have been featured in *Life*, *National Geographic*, and *Stern*, among other leading magazines. Nomachi is the recipient of many awards, including the Annual Award 1997 from the Photographic Society of Japan.

Dr. **Seyyed Hossein Nasr**, born in Iran, was educated at MIT and Harvard University, and is now Professor of Islamic Studies at the George Washington University. He has taught and lectured extensively throughout the world and is the author of more than twenty books, including *Traditional Islam in the Modern World*.



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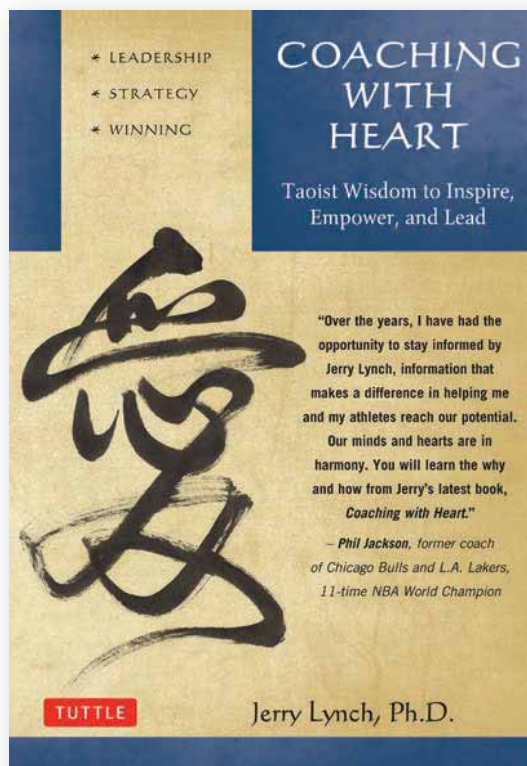
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Dr. **Jerry Lynch** has been a sports psychology consultant for the past 33 years. He is the former Sports Psychologist for several olympic athletes, and for the men's and women's Basketball, Lacrosse, and Soccer teams at the universities of North Carolina, Duke, Maryland, California, and Stanford. He continues to work with several teams nationally. He is the author of several books including *The Way of the Champion*, *Spirit of the Dancing Warrior*, and *Creative Coaching*.

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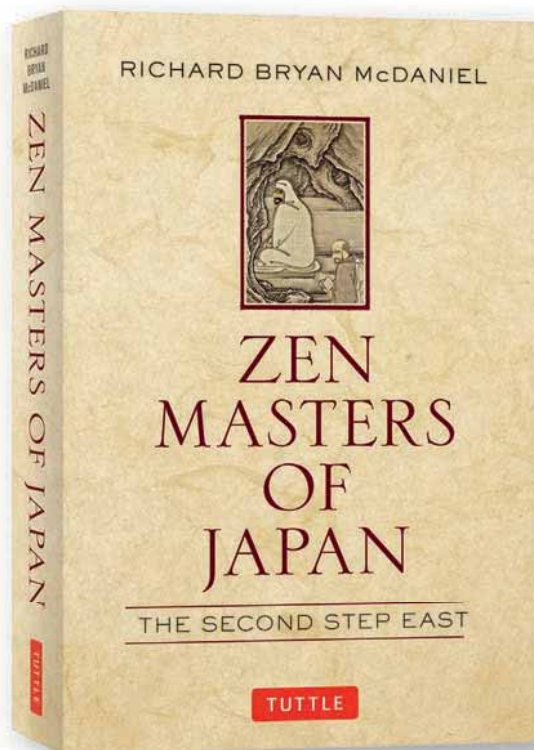
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Zen Masters of Japan

The Second Step East

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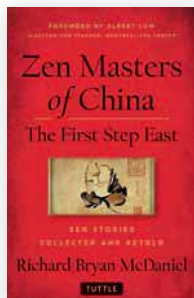
Zen Masters of Japan is the second book in a series that traces Zen's profoundly historic journey as it spread eastward from China and Japan, toward the United States. Following *Zen Masters of China*, this book concentrates on Zen's significant passage through Japan. More specifically, it describes the lineage of the great teachers, the Pioneers who set out to enlighten an island ready for an inner transformation based on compassionate awareness.

While the existing Buddhist establishment in Japan met early Zen pioneers like Dogen and Eisai with fervent resistance, Zen Buddhism ultimately persevered and continued to become further transformed in its passage through Japan. The Japanese culture and Japanese Buddhism practices further deepened and strengthened Zen training by combining it with a variety of esoteric contemplative arts—the arts of poetry, the tea ceremony, calligraphy, and archery. *Zen Masters of Japan* chronicles this journey, and shows how the new practices soon gained in popularity among all walks of life. A collection of Zen stories, meditation, and their wisdom, *Zen Masters of Japan* also explores the illusive state of “No Mind” achieved in Japan that is so fundamental to Zen practices today.

Richard Bryan McDaniel taught at the University of New Brunswick and Saint Thomas University before working in International Development with the YMCA. He is also the creator and driving force behind a five-part documentary series called '80/20: A Developing World' and coauthor of the textbook *A Two Way Approach to Understanding: Issues in Global Education*. Dr. McDaniel studies at the Montreal Zen Center with teacher Albert Low.

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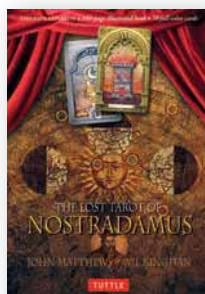
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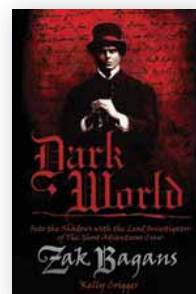
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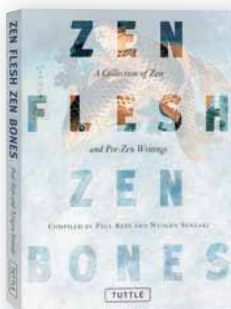
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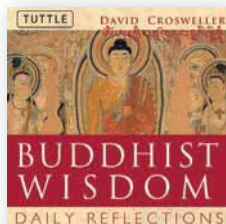
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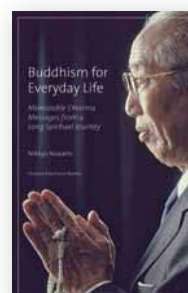
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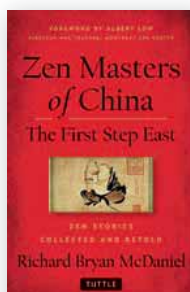
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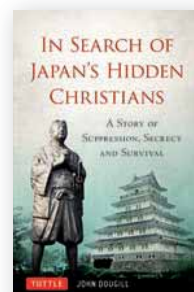
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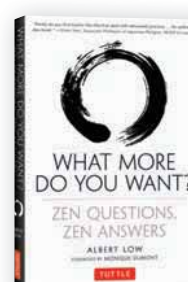
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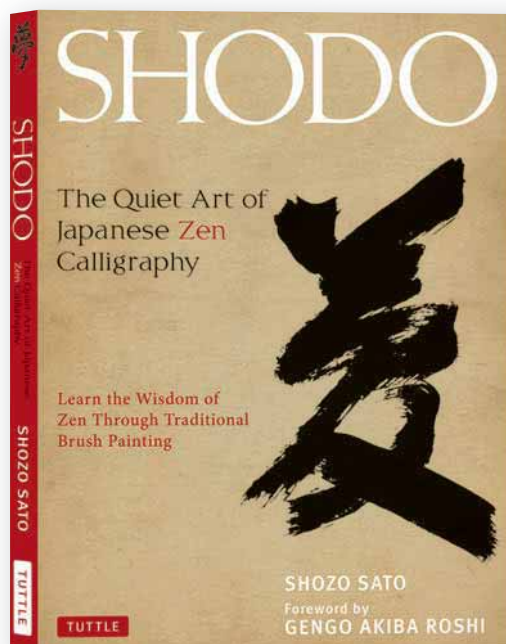
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- Author Shozo Sato is a leading Japanese brush painting teacher in the United States—the only one to have received the highly prestigious Order of Sacred Treasure award from the Japanese emperor
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Shodo

The Quiet Art of Japanese Zen Calligraphy

Shozo Sato

Gengo Akiba Roshi, foreword

In this beautiful book, Shozo Sato, an internationally recognized master of traditional Zen arts, teaches the Japanese art of calligraphy through the power and wisdom of Zen poetry.

Single-line Zen Buddhist koan aphorisms or zengo are one of the most common subjects for the traditional Japanese brush calligraphy known as shodo. Regarded as one of the key disciplines in fostering the focused, meditative state of mind so essential to Zen, shodo is practiced regularly by all students of Zen Buddhism in Japan. After providing a brief history of Japanese calligraphy and its close relationship with the teachings of Zen Buddhism, Sato explains the basic supplies and fundamental brushstroke skills that you'll need. He goes on to present thirty zengo, each with:

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A stunning volume on the intersection of Japanese aesthetics and Zen Buddhist thought, *Shodo* guides beginning and advanced students alike to a deeper understanding of this unique brush painting art form.

Shozo Sato was awarded the Order of Sacred Treasure from the Emperor of Japan for his contributions in teaching Japanese traditions. His areas of expertise include ikebana (flower arranging), chanoyu (tea ceremony), and Japanese theater, as well as sumi-e (ink painting). He is the author of numerous books including *Tea Ceremony*, *Ikebana*, and *The Art of Sumi-e*. He divides his time between Fort Bragg, California and Champaign, IL.



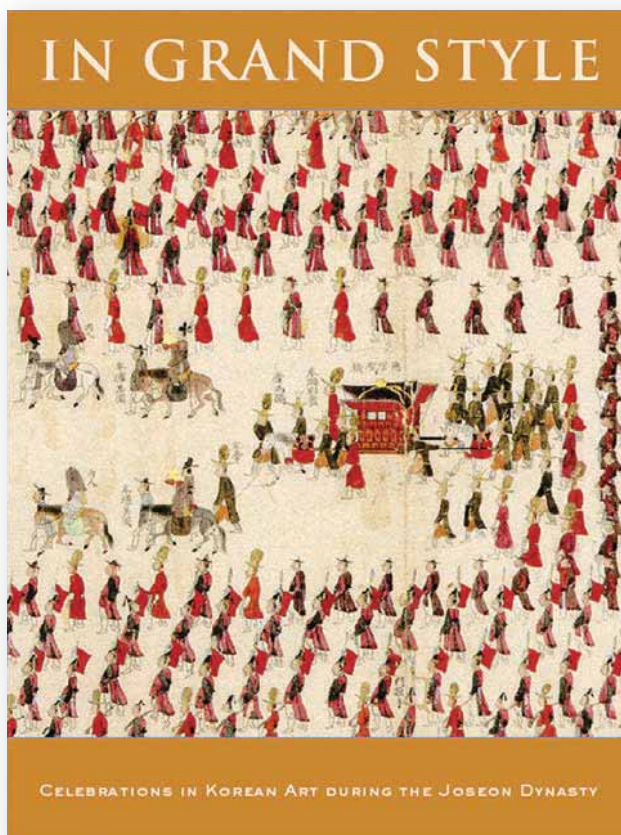
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In Grand Style

Celebrations in Korean Art During the Joseon Dynasty

Hyonjeong Kim Han, editor

In Korea, life milestones have traditionally been celebrated with festivals and feasts. Such celebrations helped to define and honor an individual's identity. Based on a 2009 exhibition at the National Museum of Korea, the exhibition at the Asian Art Museum that *In Grand Style* documents incorporates new findings and researches. Co-organized by the Asian Art Museum and the NMK, the show—which opens in San Francisco in October 2013—presents rare and exquisite objects drawn from some ten museums in Korea. Highlights include a ten-panel folding screen of Celebrations on the Crown Prince's Birth from 1874, a portrait of Emperor Gojong from 1897, a Royal Procession to the Royal Tomb at Hwaseong from 1795, and kings' thrones and palanquins. The book documents Korea's taste for splendor

and grandeur, along with exploring the meaning and obligations of kingship, the elite culture of the court and the upper class during the Joseon dynasty (1392–1910), and the complex roles of women in organizing and presenting elaborate celebrations—all in the grandest of styles.

Hyonjeong Kim Han is associate curator of Korean art at the Asian Art Museum, San Francisco.

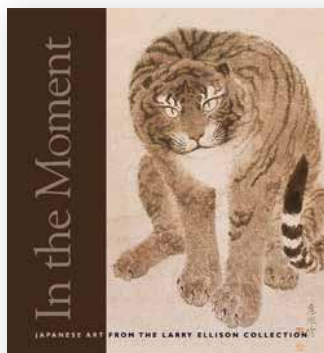
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October

Art
Asian Art Museum

approx 100 illustrations
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Carton Quantity: 10
Selling Territory: World excluding
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In the Moment

Japanese Art from the Larry Ellison Collection

Laura W. Allen
Melissa M. Rinne
Emily J. Sano

Inspired by an early love of Japanese gardens, Larry Ellison has assembled an impressive collection of Japanese art spanning some eleven hundred years of history. The current selection, which introduces the collection to the public for the first time, is organized into four areas: sculpture, painting, lacquer,

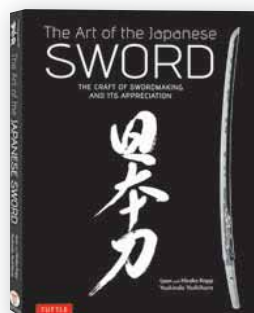
and metalwork. Highlights include a remarkable wood figure of Shōtoku Taishi at age two, dating to the late 1200s or early 1300s; painted screens showcasing the use of classical Japanese and Chinese themes by Kano school artists in the late 1500s and early 1600s; and whimsical paintings of animals by innovative masters active in Kyoto in the 1700s. *In the Moment* also features lacquers representing the Rinpa and Ritsuo traditions of craftsmanship and design; examples of the Japanese armor maker's art; and bronze vases and objects from the Meiji and Taisho periods.

Laura W. Allen is curator of Japanese art at the Asian Art Museum, San Francisco.

Melissa M. Rinne is associate curator of Japanese art at the Asian Art Museum.

Emily J. Sano, director emerita of the Asian Art Museum, works as a private curator and as art consultant to the Larry Ellison Collection of Japanese art.

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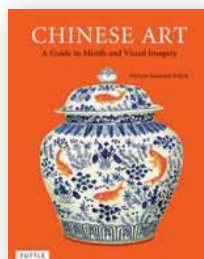
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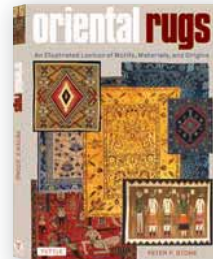
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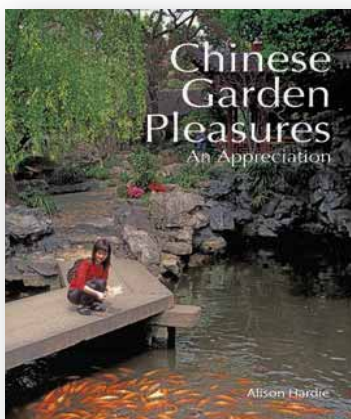
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September

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Chinese Garden Pleasures

An Appreciation

Alison Hardie

Celebrating the pleasures of garden living enjoyed by the elite of late imperial China, *Garden Pleasures* brings together poetry, prose, paintings and prints from imperial China to show the many facets of life and leisure in the Chinese garden. From music to lanterns, from chess to drama, all kinds of cultural activities could be enjoyed in a garden setting, alone or with friends and family. This anthology, compiled by a leading expert in Chinese garden history, incorporates many original translations of classical Chinese poetry and prose.

Alison Hardie is the translator of Ji Cheng's 17th-century garden manual, *The Craft of Gardens*. She has a doctorate in the history of Chinese garden design from the University of Sussex.

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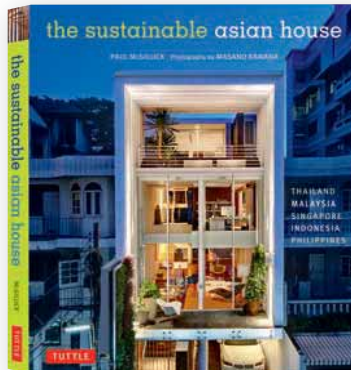
360 color photos; plans available
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BLADs



The Sustainable Asian House

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Paul McGillick

Masano Kawana, photographer

Today's byword is sustainability, and in few areas is that more evident than in architecture. *The Sustainable Asian House* celebrates the new architectural vocabulary of environmental, social, and cultural

sustainability as it is emerging in Southeast Asia, specifically Thailand, Malaysia, Singapore, Indonesia, and the Philippines.

The twenty-seven houses in this book are an exciting representation of the region's reinterpretation of tropical architecture, its growing interest in traditional materials and craftsmanship, and the new emphasis on issues such as orientation to the sun and prevailing winds to reduce energy consumption and carbon footprint.

Dr. **Paul McGillick** is a writer and editor based in Sydney. Specializing in architecture, art, and design, he has published numerous articles and essays as well as several books, including *25 Houses in Singapore*.

Based in Singapore, award-winning photographer **Masano Kawana** is one of the most exciting interior and landscape photographers at work in Asia today.

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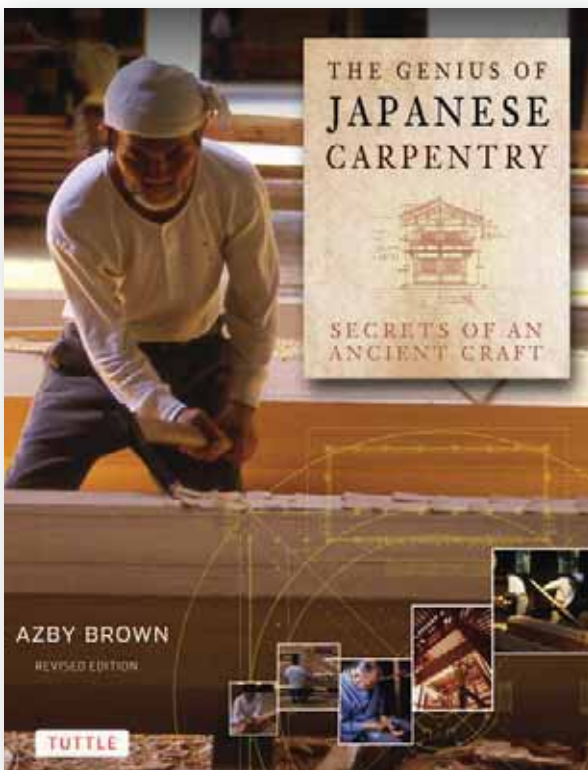
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- Features a new preface by Azby Brown



The Genius of Japanese Carpentry

Secrets of an Ancient Craft

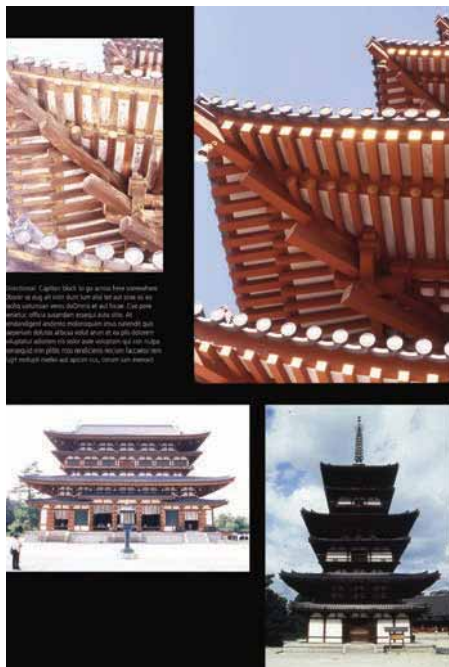
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Azby Brown is the director of KIT Future Design Institute in Tokyo. After studying architecture and sculpture at Yale College, Brown entered the Department of Architecture of the University of Tokyo. After completing his Ph.D., he became associate professor of architectural design at the Kamazawa Institute of Technology. He is the author of *Just Enough*, *Small Spaces*, *The Japanese Dream House*, and *The Very Small Home*. He lives in Tokyo.



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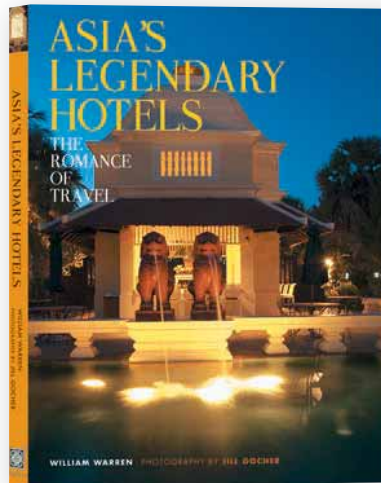
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William Warren
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Asia prides itself on being a destination. It has a rich history, and a part of that history is the magnificent travel accommodations that sprang up to cater to the western traveler.

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William Warren has lived in Thailand since 1960 and has traveled extensively throughout Asia over the years. He is the author of more than 50 books.

Renowned Australian travel photographer **Jill Gocher** has worked in Asia for many years and her photographs have been published in books and magazines in many countries around the world.



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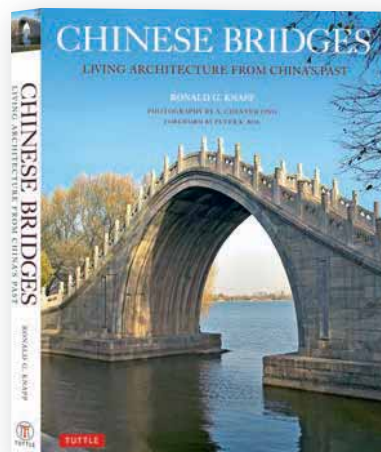
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Chinese Bridges

Living Architecture from China's Past

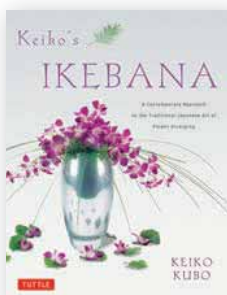
Ronald G. Knapp
Peter Bol, foreword
A. Chester Ong, photographer

Guiding readers on an erudite and enlightening tour of both famous Chinese bridges and those newly discovered by western eyes, Knapp shows that—far from merely utilitarian—the bridges of China are dramatic, majestic, and even daring. Marking the first time that many of these bridges have been documented in an English-language book, *Chinese Bridges* is a breathtaking work of architectural history and a comprehensive introduction to these often overlooked feats of architectural prowess.

Since 1965, **Ronald G. Knapp** has spent significant time carrying out research in the Chinese countryside and is the author or contributing editor of more than a dozen books, including the award-winning *Chinese Houses: The Architectural Heritage of a Nation*.

Currently based in Hong Kong, **A. Chester Ong** has photographed widely throughout Asia. His photography appears in magazines, exhibitions, as well as books, including *Chinese Houses*.

- Foreword by Peter Bol, Carswell Professor of East Asian Languages and Civilization, Director of the Center for Geographic Analysis at Harvard University



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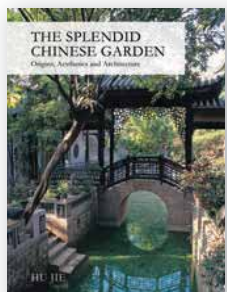
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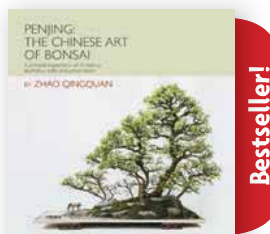
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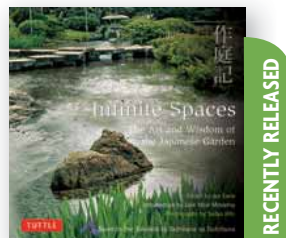
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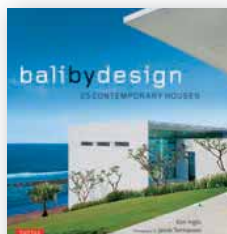
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Photography by Lee Jongkeun

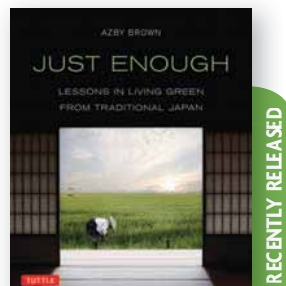
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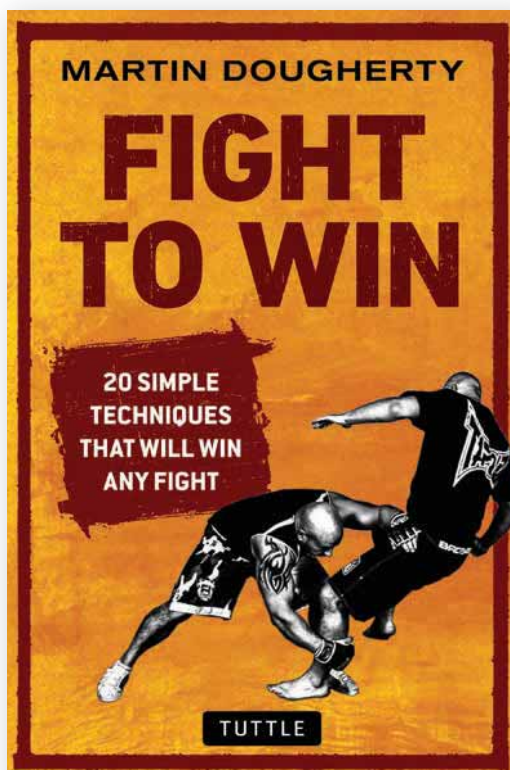
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Martin Dougherty is a Master Instructor with the Self-Defence Federation and a professionally qualified fencing coach. He has more than 20 years of experience as a sports instructor and has written or contributed to more than fifty books. He lives in the United Kingdom.

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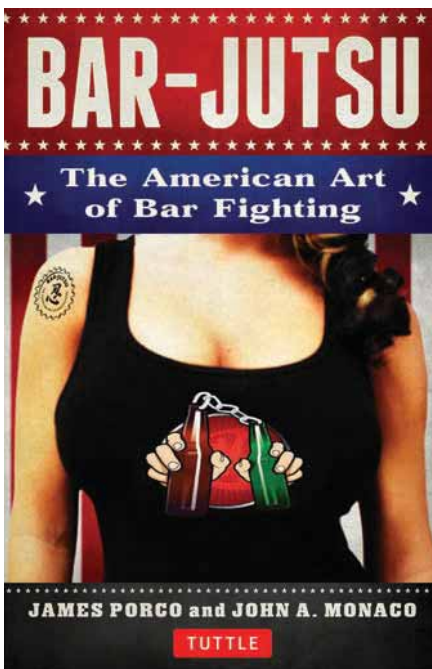
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Bar-Jutsu

The American Art of Bar Fighting

James Porco

John A. Monaco

A pounding headache, mouth dry as the desert, memory loss...and wait, a black eye and a fat lip? You have officially woken up from another night on the town. While there is no known cure for that dastardly headache and cotton mouth, there is now officially a remedy for the black eye and bruises. *Bar-Jutsu: The American Art of Bar Fighting*, is a step-by-step guide to defending yourself against those brazen pub predators.

After years spent working as a bouncer at bars and clubs, James Porco—a certified ninjitsu instructor and former professional wrestler—set out on a quest to teach every man and woman to stand tall when barroom trouble has found them. *Bar-Jutsu: The American Art of Bar Fighting* frees us from this fear of tavern tangles with a range of self-defense techniques that can easily erupt in a the bar environment. Each eye-opening chapter addresses a range of potentially volatile situations, including:

- First Contact: Oops! I Touched Him
- Up against the Wall
- Is that a Broken Beer Bottle in Your Hand or Are You Just Happy to See Me?
- I'm Not as Think As You Drunk I am
- Who is this Clown?

Thanks to *Bar-Jutsu's* simple, yet effective techniques, you can soon tote yourself as an official night spot ninja.

James Porco is a certified ninjutsu instructor with a second degree black belt and shidoshi-ho with the Bujinkan. Porco is the founder of Pittsburgh Ninjutsu and, more recently, the founder of Bar-jutsu, a movement designed to promote proper self-defense techniques suitable for bar scuffles and other confrontational situations in public. He resides in Pittsburgh with his wife and daughter.

John A. Monaco is a professional educator, trainer, freelance writer, and editor with more than fifteen years of experience writing and designing educational and training material. He currently resides in Pittsburgh.

“The journey towards grasping the needed lessons will not be easy; it will not be comfortable or quick . . . but it is worth it. We’d like to show you how”—From the foreword by Stephen K. Hayes

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August

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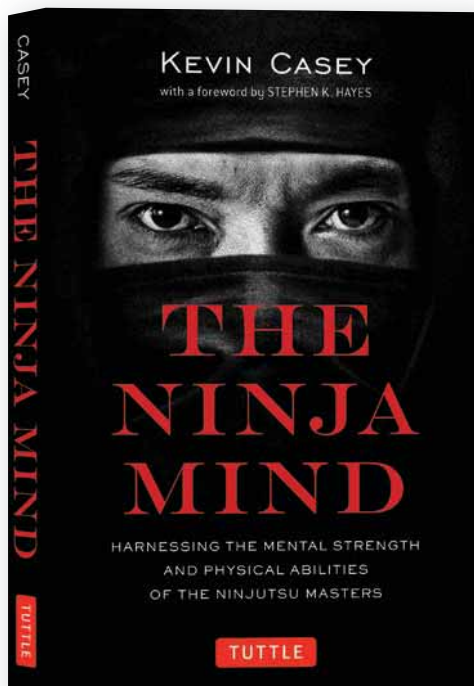
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- Foreword by Stephen K. Hayes, the most famous teacher in American ninjutsu



The Ninja Mind

Harnessing the Mental Strength and Physical Abilities of the Ninjutsu Masters

Kevin Casey

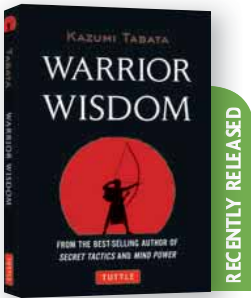
Stephen K. Hayes, foreword

Masters in the Japanese arts of Ninjitsu are legendary for their ability to access seemingly endless amounts of pure strength and mental endurance. *The Ninja Mind* documents Ninjutsu black belt Kevin Casey's journey toward mastery under the tutelage of Stephen K. Hayes, the Black Belt Hall of Fame member and the "Father of American Ninjutsu." Casey vividly describes his successes and setbacks studying with his famous teacher—as well as his growing interest in the Ninja art of Kuji-no-Ho, the most esoteric of traditional Ninja practices.

Combined with determination and discipline, Casey's techniques and exercises will guide you to cultivate and acquire a true ninja's power. Exercises such as "The Unbendable Arm" and "Manifesting Power" will develop your physical strength, while "Walking as the Hero" will hone the mindset necessary to overcome any challenge, no matter how suddenly it arises. Chapters include:

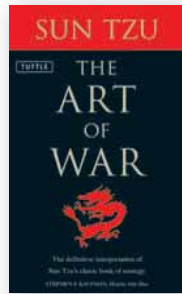
- The Nine Powers
- The Secrets Told
- Physical Strength
- Mental Strength
- Spirit Strength
- Negative Emotions

Kevin Casey became a student under Stephen K. Hayes in 1998, eventually receiving his To-Shin Do warrior name Keitoshi with his san-dan third degree black belt in 2007. Casey runs his own dojo, the Boulder Quest Center, with his wife Mary Casey, in Boulder, CO.



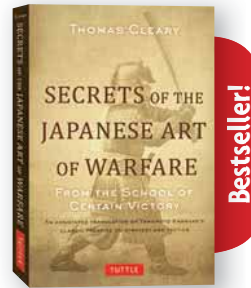
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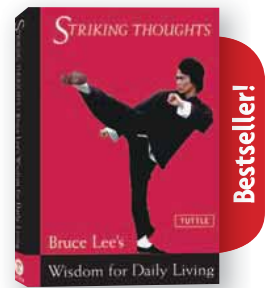
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ISBN-13: 978-0-8048-3080-5
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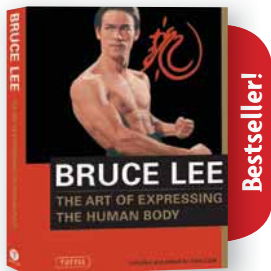
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From the School of Certain Victory
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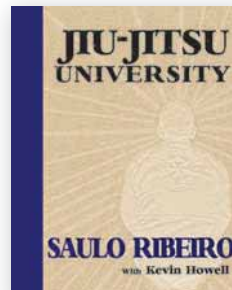
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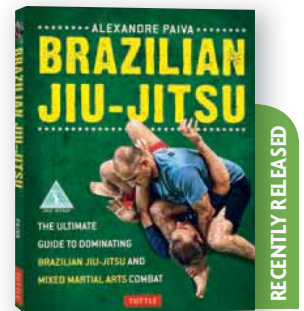
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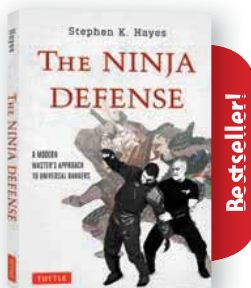
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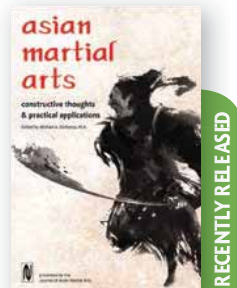
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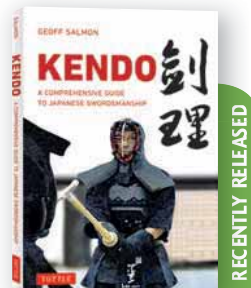
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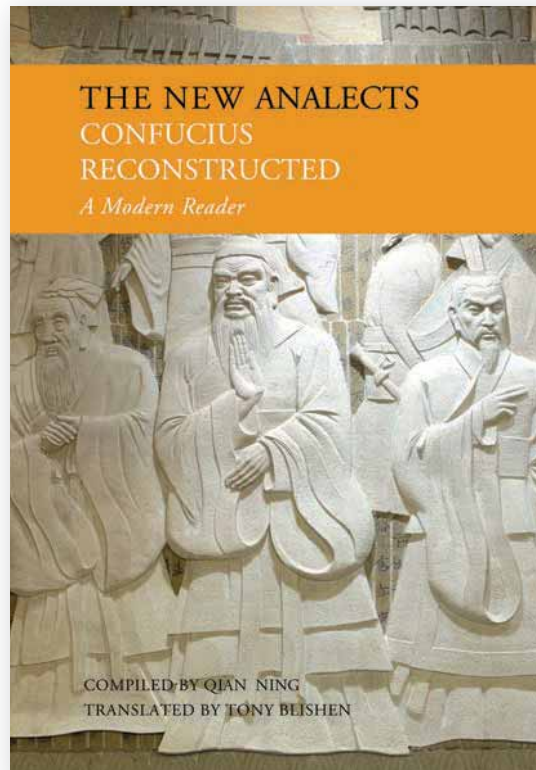
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The New Analects

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Confucius
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The author has reconstructed and rearranged the text thematically and distinguishes between what Confucius himself said and what his pupils said, *The New Analects* vividly illustrates the philosophical strands of thought that go to make up Confucianism as a whole.

Qian Ning graduated from the people's University of China with his B.A. and M.A. degrees on literature. He worked as a reporter for the *People's Daily* from 1986 to 1989 and was a Michigan Journalism Fellow (the University of Michigan) in 1989-1990. His most famous book is *Chinese Students Encounter America*, a bestseller in China.

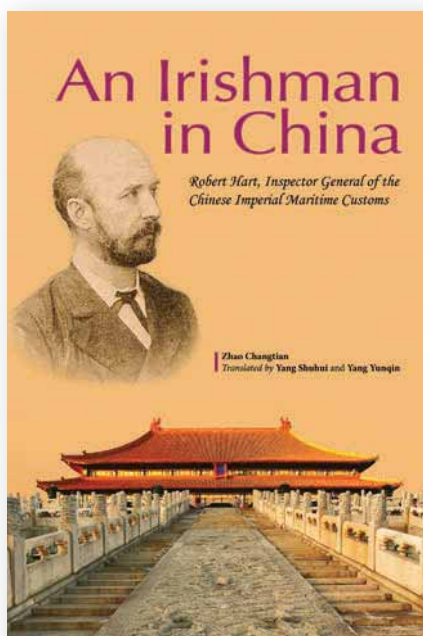
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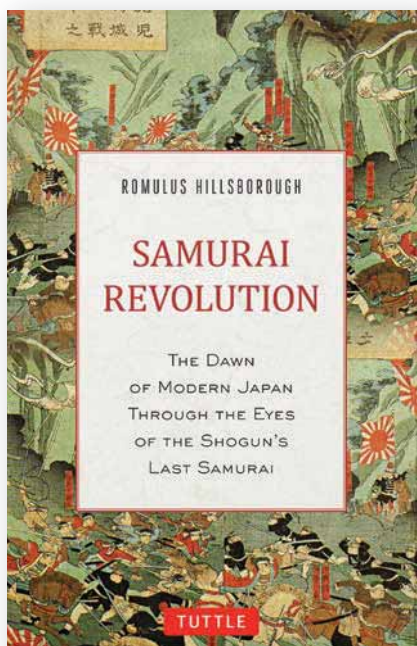
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Romulus Hillsborough lived in Tokyo for sixteen years. His books include *Ryoma: Life of a Renaissance Samurai* and *Shinsengumi: The Shōgun's Last Samurai Corps*. He lives in San Francisco.

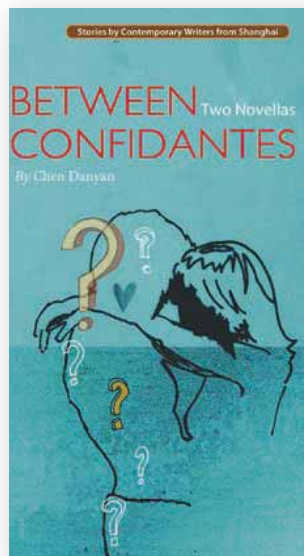
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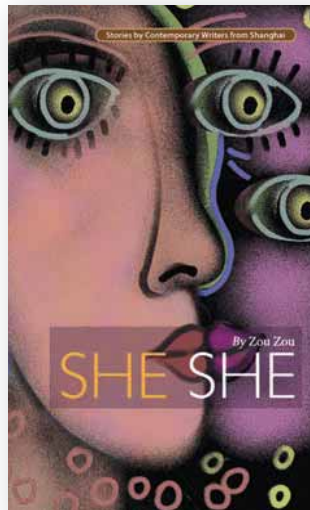
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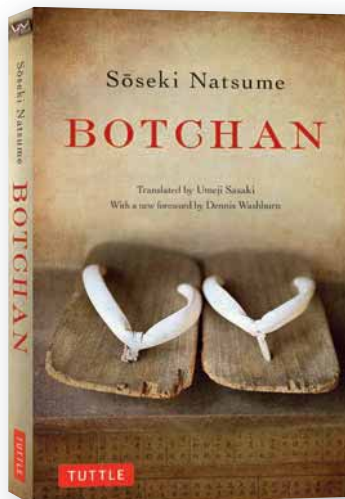
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August

Literature
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Botchan

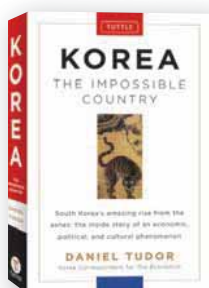
Sōseki Natsume

Dennis Washburn, foreword

Umeji Sasaki, translator

Botchan, a timeless Japanese novel written by Japan's most beloved novelist, Sōseki Natsume, is now available in a revised edition featuring a new foreword by Dennis Washburn, Professor of Asian and Middle Eastern Languages at Dartmouth College. Prof. Washburn's foreword places the importance of both the author and the book into perspective for the modern reader.

Sōseki Natsume is Japan's most beloved novelist. *Botchan* is one of his most famous works, along with *I Am a Cat* and *Kokoro*.



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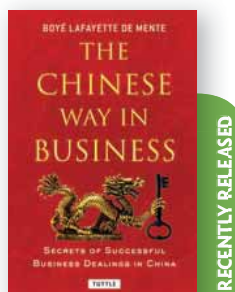
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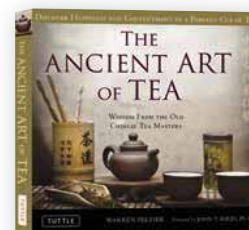
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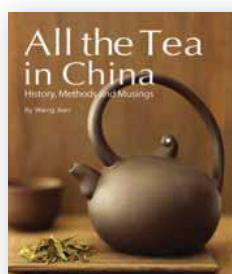
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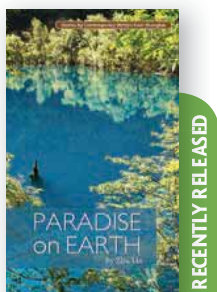
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Beautiful Days

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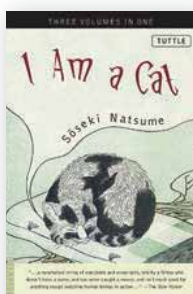
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Translated by Qiu Maoru
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I Am a Cat

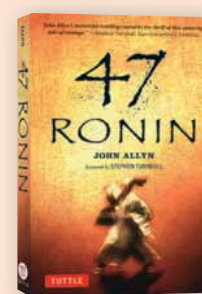
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Translated by Aiko Ito
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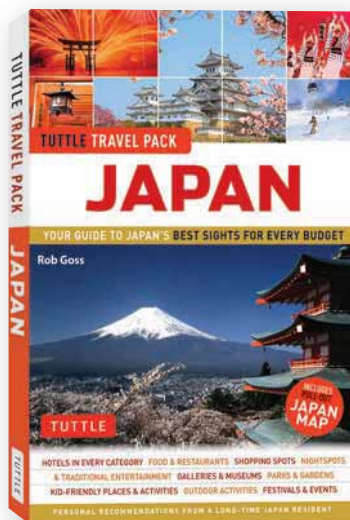
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Rob Goss is a full-time writer of Japan-related features and travel pieces for magazines ranging from *Time* and *National Geographic Traveler* to publishers from Fodors and Rough Guides to Tuttle Publishing. He lives in Tokyo with his wife and child.

Tuttle Travel Pack Indonesia

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Linda Hoffman

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Linda Hoffman has spent over 25 years living and traveling Indonesia.

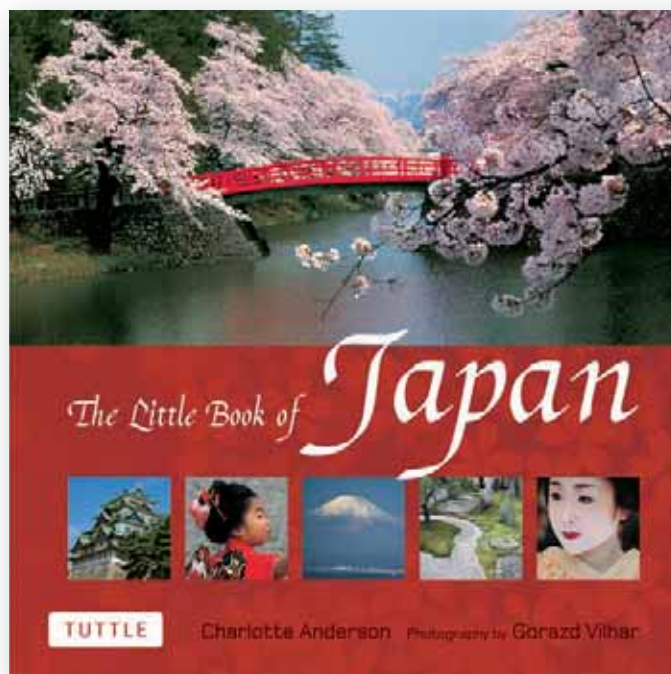
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The Little Book of Japan

Charlotte Anderson
Gorazd Vilhar, photographer

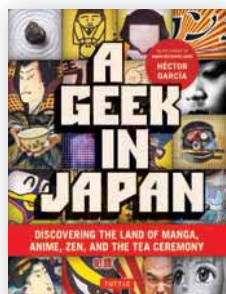
Japan is a country shrouded in mystery, even now in the 21st century. The myriad facets that, when put together, compose the whole of this nation are impossible to fully capture. But in *The Little Book of Japan*, the dynamic photographer-writer

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Gorazd Vilhar and **Charlotte Anderson** are a photographer-writer team who have resided in Japan since 1985. Vilhar is a native of Slovenia and is an art historian by education. Anderson is a cultural anthropologist by training. Together they have produced six books on Japan and its traditional culture, including *Matsuri: World of Japanese Festivals* and *Incomparable Japanese Gardens*.





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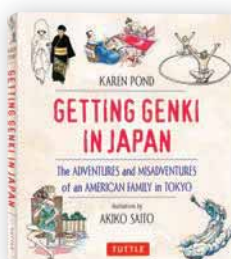
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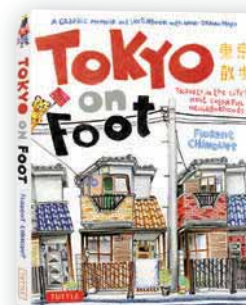
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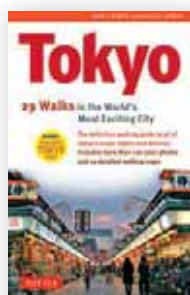
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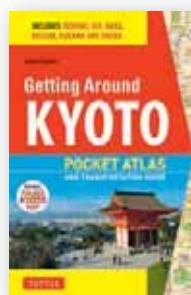
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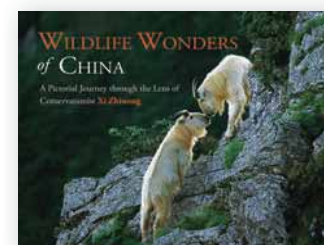
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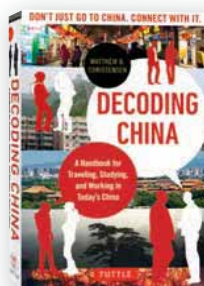
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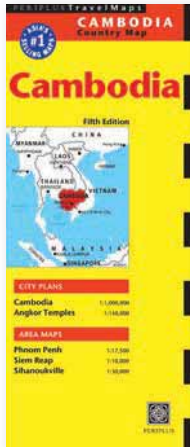
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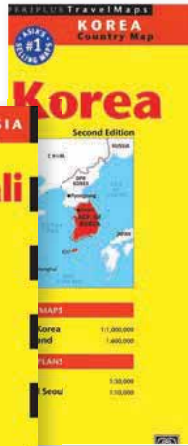


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30 Day Guide to Paleo Cooking	38
47 Ronin	73
500 Basic Korean Verbs	23
600 Basic Japanese Verbs.	23

A

Adobo Road Cookbook.	39
Advanced Origami	18
Advanced Rubber Guard	69
Against All Grain	33
All About Japan	53
All the Tea in China.	73
All Things Paper	19
Amazing Origami Kit	19
Ancient Art of Tea	73
Art of Expressing the Human Body	69
Art of Paper Folding	16
Art of the Japanese Sword	61
Art of War	69
Asian Martial Arts	69
Asia's Legendary Hotels.	64

B

Bake	38
Bali By Design	65
Bar-jutsu	67
Basic Indonesian.	28
Basic Japanese	28
Basic Spoken Chinese	29
Basic Spoken Chinese Practice Essentials	29
Basic Tagalog for Foreigners and Non-Tagalogs.	28
Basic Written Chinese	29
Basic Written Chinese Practice Essentials	29
Beautiful Babies	47
Beautiful Days	73
Becoming a Supple Leopard	47
Beginner's Guide to Chinese Calligraphy Semi-cursive script	19
Beginner's Guide to Chinese Paper Cutting	19
Beginning Japanese	29
Beginning Japanese Workbook	29
Between Confidantes	72
Beyond Bacon	37
Bible Origami Kit.	19
Bloom	44
Botchan	72
Brazilian Jiu-Jitsu	69
Buddhism for Everyday Life	58
Buddhism Plain & Simple.	54
Buddhist Wisdom.	58

C

Cambodia Travel Map Fifth Edition	77
Celebrating Chinese Festivals	53
China Living	65
Chinese and English Nursery Rhymes	52
Chinese Art.	61
Chinese Bridges	64
Chinese Fables	53
Chinese Flash Cards Kit Volume 1	25

Chinese Flash Cards Kit Volume 2	25
Chinese Flash Cards Kit Volume 3	25
Chinese for Beginners	28
Chinese Garden Pleasures	62
Chinese Way in Business.	73
Cholesterol Clarity.	45
Coaching with Heart	56
Complete Book of Sushi	39
Creative Beaded Jewelry	19

D

Dark World	58
Decoding China	76

E

Easy Chinese Recipes	39
Easy Indian Cooking	39
Easy Indonesian	28
Easy Thai Cooking	39
Eat Like a Dinosaur	38
Edible Mosaic	39
Elementary Hindi	28
Elementary Hindi Workbook	28
Elementary Japanese Volume One	28
Elementary Japanese Volume Two	28
Elementary Korean Second Edition	28
Elementary Korean Workbook	28
Elementary Tagalog	28
Elementary Tagalog Workbook	28
Elementary Vietnamese, Third Edition	28
Essential Arabic	24
Essential Chinese	24
Essential Indonesian.	24
Essential Japanese	24
Essential Japanese Grammar	29
Essential Korean	24
Essential Tagalog	24
Essential Thai	24
Essential Vietnamese	24
Everyday Paleo.	47
Everyday Paleo Around the World: Italian Cuisine	35
Everyday Paleo Family Cookbook	38
Everyday Thai Cooking.	30, 31

F

Fabrigami.	8
Fermented	36
Fight to Win	66
Folding Paper	04, 05
Folding Paper for Origami Large 8 1/4" 49 Sheets	17
Folding Paper for Origami Small 6 3/4" 49 Sheets	17

G

Gather, the Art of Paleo Entertaining	38
Geek in Japan	76
Genius of Japanese Carpentry	63
Geometric Origami Kit	18
Getting Around Kyoto	76
Getting Genki In Japan	76
Girligami Kit	19
Girls Style Book	15

Grandma Panda's China Storybook	53
Guide to Reading & Writing Japanese	20

H

Happy Homemade: Sew Chic.	15
Happy Homemade: Sew Chic Kids	14
Healthy Gluten-Free Life.	38
Healthy Indian Vegetarian Cooking	39
Healthy Teas	38
High-Performance Paper Airplanes Kit	19
Horse and the Mystery Drawing.	50

I

I Am a Cat	73
In Grand Style	60
In Search of Japan's Hidden Christians	58
In the Moment	61
Indonesian Flash Cards	25
Infinite Spaces	65
Intermediate Japanese	29
Intermediate Japanese Workbook.	29
Intermediate Spoken Chinese	29
Intermediate Spoken Chinese Practice Essentials	29
Irishman in China	71
It Starts With Food	47
Itty Bitty Crocheted Critters.	12, 13

J

Jakarta Mini Street Atlas First Edition	76
Japanese Hiragana & Katakana Flash Cards Kit	25
Japanese Hiragana & Katakana for Beginners	29
Japanese Kanji & Kana.	29
Japanese Mind	73
Japanese Nursery Rhymes	52
Japanese Woodblock Prints	61
Japan's Master Gardens	65
Java & Bali Travel Map Fourth Edition	77
Jet Black and the Ninja Wind	3
Jiu-Jitsu University	69
Just Enough	65

K

Keiko's Ikebana	65
Kendo	69
Kettlebell Rx	47
Kiki the Orangutan	53
Korea Style.	65
Korea Travel Map Second Edition	77
Korea: The Impossible Country	73
Korean for Beginners	28
Korean Nursery Rhymes	52
Korean Table	39
Krazy Karakuri Origami Kit	19
Kyoto Travel Map Fourth Edition.	77

L

Ladled	38
LaFosse & Alexander's Dollar Origami	9
Little Book of Japan	75
Little Monkey King's Journey	50, 53
Little Vietnam	39
Lost Tarot of Nostradamus.	58

M

Make it Paleo.	38
Make-Ahead Paleo	36
Malaysian Cooking	32
Maya and the Turtle	53
Mecca the Blessed, Medina the Radiant.	55
Michael LaFosse's Origami Butterflies.	18
Ming's Adventure with the Terracotta Army	51
Mini Money Origami Kit	10, 18
Modern Cave Girl.	47
Money Origami Kit	18
Monkey King's Amazing Adventures.	73
Most Beautiful Face in the World	73
My Awesome Japan Adventure	48
My First Book of Chinese Calligraphy	53
My First Book of Chinese Words	49, 52
My First Book of Japanese Words	49
My First Book of Korean Words	49, 52
My First Book of Tagalog Words	49, 52
My First Origami Kit	19
My Japanese Table.	39

N

New Analects	70
Ninja Defense	69
Ninja Mind	68

O

Oriental Rugs.	61
Origami Aquarium Kit	18
Origami Architecture	19
Origami Architecture Kit.	7
Origami Birds Kit.	18
Origami Bonsai Kit	6
Origami Bugs Kit	18
Origami Butterflies Kit.	18
Origami Butterflies Mini Kit	10
Origami Dinosaurs Kit	18
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Origami Paper Traditional Japanese Designs Large	17
Origami Paper Traditional Japanese Designs Small	17
Origami Paper Traditional Prints 8 1/4" 49 Sheets	17
Origami Studio Kit	18

P

Paleo Approach	43
Paleo Chocolate Lovers Cookbook	34
Paleo Coach	47
Paleo Comfort Foods.	38
Paleo Happy Hour	34
Paleo Indulgences	38
Paleo Slow Cooking	38
Paleo Solution	47
Paradise on Earth	73
Penjing: The Chinese Art of Bonsai	65
Philippines Travel Map Fifth Edition	77
Power Speed ENDURANCE	47
Practical Korean	22
Practical Paleo.	47
Primal Moms Look Good Naked	47
Printer's Eye	61

Q

Quiet Beauty	65
------------------------	----

R

Reading & Writing Chinese.	21
Revenge of the Akuma Clan	2
Romancing the East	76

S

Samurai Awakening	2
Samurai Revolution	71
Secrets of the Japanese Art of Warfare.	69
She She.	72
Shodo	59
Simple Origami Airplanes Kit	19
Simple Origami Airplanes Mini Kit	11
Sneak Goddess Colors the World	50
Solving the Paleo Equation	42
Splendid Chinese Garden	65
Sri Lanka Travel Map Third Edition.	77
Steampunk Tarot.	58
Steamy Kitchen Cookbook.	39
Striking Thoughts	69
Strong Curves	47
Stylish Dress Book	15
Sushi Secrets.	39
Sustainable Asian House.	62

T

Tagalog for Beginners	28
Tari: The Little Balinese Dancer	52
Tea Therapy	46
Tokyo on Foot	76
Tokyo Travel Map Fourth Edition.	77
Tokyo: 29 Walks in the World's Most Exciting City	76
Touch of Tropical Spice	32
Traditional Japanese Architecture	65
Trash Origami	18

Tuttle Chinese for Kids Flash Cards Kit Vol 1 Simplified Character	53
Tuttle Japanese for Kids Flash Cards Kit	53
Tuttle Korean for Kids Flash Cards Kit.	53
Tuttle Learning Chinese Characters	29
Tuttle Mini Chinese Dictionary.	26
Tuttle Mini Japanese Dictionary.	26
Tuttle Mini Korean Dictionary	26
Tuttle Mini Vietnamese Dictionary.	26
Tuttle Pocket Hindi Dictionary.	27
Tuttle Tagalog for Kids Flash Cards Kit	53
Tuttle Travel Pack Hong Kong	74
Tuttle Travel Pack Indonesia.	74
Tuttle Travel Pack Japan.	74
Tuttle Travel Pack Thailand	74

U

Using Traditional Chinese Medicine to Manage Your Emotional Health	46
--	----

V

Voodoo Maggie's Adorable Amigurumi	13
--	----

W

Warrior Wisdom	69
Water Dragon.	53
Way of Tea	73
What More Do You Want?	58
Wildlife Wonders of China	76
Woven Indonesian Textiles for the Home	61

Y

Your Guide to Health with Foods & Herbs	46
Yuko-chan and the Daruma Doll	53

Z

Zen Flesh, Zen Bones	58
Zen Gardens	65
Zen Masters Of China	57, 58
Zen Masters of Japan	57

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